sky Virgin media **BEST FOR SKY & VIRGIN**

MORE CHANNELS THAN ANY OTHER TV MAG!

12-18 MARCH 2022

TV&Satellite week

PLUS 5-PAGE WEEKLY GUIDE
NETFLIX prime BBC iPlayer Disney+ and more...

NEW
HOLDING
Graham Norton's novel comes to ITV

NEW
WECRASHED
Hollywood's take on a real-life scandal

LIVE!
COMIC RELIEF
Lenny Henry hosts the fun-filled fundraiser

NEW

DEEP WATER

Ben Affleck shows his raunchy side in a psychological thriller

AVAILABLE FRIDAY ON PRIME VIDEO

HotList This week's 28

Saturday 12

Six Nations

***RUGBY UNION** ITV HD*

Round four concludes with two matches today – first Scotland travel to bottom-placed Italy (kick-off 2.15pm) and then England host Ireland at Twickenham (kick-off 4.45pm).

Premier League: Man Utd v Tottenham Hotspur

***FOOTBALL** Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 5.30pm*

Spurs travel to Old Trafford as the race for a Champions League spot continues.

Queens of Mystery

***CRIME DRAMA** Channel 5 HD, 9.15pm*

First shown on Acorn TV, this murder mystery follows detective Matilda Stone (Olivia Vinall) as she joins the police force in the village of Wildemarsh, where she is 'aided' in her work by her meddling aunts.

Malignant

***HORROR** Sky Premiere HD, 10.30pm*

Annabelle Wallis stars in James Wan's horror as Madison, a woman suffering from visions of grisly murders that are actually happening. Worth watching for the twist in the tale. *See review, page 23*

Full listings start on **p35**

Sunday 13

One and Six Zeros

***QUIZ SHOW** C4 HD, 6pm*

Dara Ó Briain hosts this new quiz show in which teams are seven questions away from winning £1 million. But they lose a zero from the prize fund every time they get a question wrong. *See feature, page 8*

BAFTA Film Awards

***AWARDS** BBC1 HD, 7pm*

Hollywood star Rebel Wilson hosts from London's Royal Albert Hall. Among the nominees hoping to take home gongs are Benedict Cumberbatch (above) and Joanna Scanlan. *See feature, page 11*

Peaky Blinders

***DRAMA** BBC1 HD, 9pm*

Stephen Graham makes his much-anticipated debut tonight as Hayden Stagg, a Liverpool docker who's been skimming the Birmingham outfit's opium... *See feature, page 7*

The Misadventures of Romesh Ranganathan

***TRAVELOGUE** BBC2 HD, 9pm*

Ranganathan heads to Sierra Leone, where he visits a diamond mine, a former slave fort and meets a football team made up of amputees from both sides of the civil war.

Full listings start on **p45**

Monday 14

Fame in the Family

***REALITY** C4 HD, 5.30pm*

In this new series, a different celeb hosts a dinner party for four strangers but at least one of them is unwittingly related to the star. Can they work out who? First up is Craig Revel Horwood (above). Continues all week.

Tom Daley's Hell of a Homecoming

***DOCUMENTARY** BBC1 HD, 9pm*

Olympic diver Tom Daley tackles rowing, swimming, cycling and an ultra-marathon as he travels from London to his native Plymouth in four days. *See feature, page 8*

Holding

***CRIME DRAMA** ITV HD, 9pm*

EDITOR'S CHOICE Conleth Hill takes on the role of Sergeant PJ Collins in this Irish-set drama based on a novel by Graham Norton. *See feature, page 6*

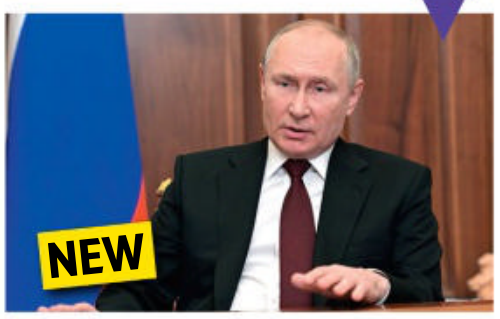
Curse of the Ancients

***DOCUMENTARY** Sky History HD, 9pm*

Professor Alice Roberts looks at some natural disasters that had a cataclysmic effect on ancient civilisations, including the flood that separated Britain from mainland Europe in around 6500 BC.

Full listings start on **p55**

Tuesday 15



What If Putin Goes Nuclear?

***DOCUMENTARY** C4 HD, 8pm*

Jon Snow explores the unthinkable – the Russian use of nuclear weapons as part of the Ukrainian conflict, and the implications for the UK and the rest of the world.

Glow Up Does Red Nose Day

***REALITY** BBC3 HD, 9pm*

Maya Jama hosts as DJ Snoochie Shy, Lady Leshurr, Roman Kemp, drag act The Vivienne and YouTuber Nikki Lilly create looks for a Red Nose Day runway show.

The Killing of PC Harper

***DOCUMENTARY** ITV HD, 9pm*

The death of PC Andrew Harper on 15 August 2019 shocked the nation, and now his widow Lissie tells her heart-wrenching story to Sir Trevor McDonald. *See documentaries, page 21*

New Lives in the Wild

***DOCUMENTARY** Channel 5 HD, 9pm*

In 2016, Ben Fogle met Lynx, a woman who was leading a Stone Age life in the American North West. In this episode, he catches up with her, and she's now living in a Norwegian forest.

Full listings start on **p65**

Facebook.com/TVSatelliteWeekMagazine

best shows

NEW SUBSCRIPTION OFFER
JUST 17p AN ISSUE
Visit magazinesdirect.com/tv-and-satellite-week-subscription

12 – 18 March 2022

4 Cover story
Ben Affleck and Ana de Armas star as a husband and wife in steamy new thriller *Deep Water*

6 TV week
Conleth Hill stars in police drama *Holding*, a round-up of *Red Nose Day*, new quiz show *One and Six Zeros* plus comedies *Bloods* and *Kate & Koji* return

9 Soap diary
This week's big stories

14 Your Watchlist
Including *WeCrashed*, *Windfall* and the return of *Top Boy*

20 Documentaries
Including *Joanna Lumley's Great Cities of the World* and *The Killing of PC Harper*

22 Films
Hugh Jackman in *Reminiscence*

28 Sport
Including the World Athletics Indoor Championships

35 TV guide
Day-by-day TV listings

105 Kids' TV

106 Coming Soon

ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: APPLE TV+, BBC, GETTY, ITV.
HOTLIST WORDS: RACHEL PRICE. HOTLIST PHOTOS: ALAMY, GETTY

Wednesday 16

This Is My House

***GAME SHOW** BBC1 HD, 8pm*

The *Through the Keyhole*-style show is back for a celebrity special in aid of Comic Relief but who is the owner of the house – Robert Rinder, Claire Richards, Deborah Meaden or Ricky Hatton?

Kate & Koji

***COMEDY** ITV HD, 9pm*

The second series of the comedy about cafe owner Kate and her regular asylum-seeker customer Koji sees Okorie Chukwu take over from Jimmy Akingbola as Koji. *See feature, page 12*

Council House Swap

***FACTUAL** Channel 5 HD, 9pm*

Revealing the world of council-house swapping. Tenants are able to swap with anyone else in the UK – as long as they can persuade the people living there to agree to switch with them.

Bloods

***COMEDY** Sky Comedy HD & Sky Showcase HD, 10pm*

Maleek (Samson Kayo) and Wendy (Jane Horrocks) are taken hostage in the first ep of a new run. Five eps will be on Sky Box Sets/NOW from 16 Mar. *See feature, p12*

■ Full listings start on **p75**

Thursday 17

The Three Drinkers in Ireland

***TRAVELOGUE** Prime Video*

Aidy Smith and Helena Nicklin are back – this time travelling around the Emerald Isle in search of the finest country pubs. Each episode features a different guest.

Perfect House, Secret Location

***FACTUAL** C4 HD, 8pm*

In this property series with a twist, Steve Jones tries to find house-hunters their perfect home without initially revealing its location. Can this approach really work?

The Apprentice

***REALITY** BBC1 HD, 9pm*

After missing most of the current series due to a cycling injury, Claude Littner returns to pick over the remaining candidates' business plans. Who will make it through to next week's final?

Joanna Lumley's Great Cities of the World

***TRAVELOGUE** ITV HD, 9pm*

In her new three-parter, Dame Joanna Lumley travels to Paris, Rome and Berlin. Episode one sees her explore the French capital. *See documentaries, page 20*

■ Full listings start on **p85**

Friday 18

WeCrashed

***DRAMA** Apple TV+*

EDITOR'S CHOICE Jared Leto is superb as Adam Neumann, the eccentric entrepreneur who founded WeWork but was forced out in 2019. *See Your Watchlist, page 14*

Top Boy

***DRAMA** Netflix*

As the drama returns for a new series, drug kingpin Dushane Hill (Ashley Walters) is in the money and dreams of a new life away from the game with Shelley but he keeps getting pulled back in...

Deep Water

***THRILLER** Prime Video*

EDITOR'S CHOICE Ben Affleck and Ana de Armas star in Adrian Lyne's steamy thriller as a wealthy married couple playing deadly mind games with one another. *See feature, page 4*

Comic Relief

***ENTERTAINMENT** BBC1 HD & BBC2 HD, from 7pm*

Sir Lenny Henry and co introduce fun sketches and live performances. Among the highlights is Kylie Minogue starring in comedy *Ghosts*. *See feature, page 8*

■ Full listings start on **p95**

DON'T MISS AN ISSUE!
Download a digital issue to your tablet or phone from your iPad or iPhone App Store
You can also subscribe to the magazine at magazinesdirect.com

PLAYING WITH FIRE

NEW FROM prime

Ana de Armas and Ben Affleck star in a steamy thriller about a married couple caught up in a deadly game of cat and mouse

NEW THRILLER

Deep Water

From Friday 18 March, Prime Video

It's been 20 years since we were last treated to an erotic thriller from renowned director Adrian Lyne, who brought us such steamy classics as *9½ Weeks* and *Fatal Attraction*.

Now, the British film-maker is back with another psychological drama, *Deep Water*, based on the 1957 Patricia Highsmith novel of the same name, but set in present-day New Orleans and starring Ben Affleck and *No Time to Die*'s Ana de Armas as wealthy couple Vic and Melinda Van Allen.

Right from the off, it's clear their marriage is nothing short of toxic, despite their picture-perfect American lifestyle, glamorous circle of friends and adorable young daughter Trixie (played by newcomer Grace Jenkins).

Melinda is a bored alcoholic who uses sex as a weapon, while Vic has a penchant for keeping snails as pets and is racked by guilt about having made his fortune by inventing a chip for combat drones that allows them to seek out human targets.

However, their mistrust and mutual mind games become all the more intense when Melinda begins indulging in extramarital affairs with younger men, including her piano teacher Charlie De Lisle (*Euphoria*'s Jacob Elordi), and starts flaunting her lovers in front of her jealous husband.

MYSTERY

Then when her lovers either die or go missing, one by one, Vic quickly becomes the prime suspect…

'Vic is a very complex role – his character is the engine of the story,' says de Armas, 33, who'll next appear as Marilyn Monroe in Netflix biopic *Blonde*. 'Ben managed to surprise me in every scene. Playing Vic required him to move between tragedy and irony or between realism and the most absurd comedy, and he did it with ease.'

Known for her psychological thrillers and tales of obsession and betrayal, Patricia Highsmith's work has been adapted for the screen several times before, including the 1951 Alfred Hitchcock film *Strangers on a Train* and 2000's *The Talented Mr Ripley*, starring Jude Law and Matt Damon, while a drama series based on her character Tom Ripley, starring *Fleabag* actor Andrew Scott, is in production.

'Patricia Highsmith is a marvellous writer and *Deep Water* is a strange, bizarre story,' says Lyne. 'Patricia had a bleak outlook on life, which is interesting to me. I've always liked relationship pieces – things about you and me. And I've always liked making movies where you can put your feet in the shoes of the actors, and live vicariously.

'I think that if you can achieve that, then you've got hold of the audience, and they won't have forgotten about your film by the time they've left the movie theatre and headed out for dinner!'

Deep Water hit the headlines during filming when it was revealed that Affleck and de Armas had started dating in real life. They've since split up (with Affleck reuniting with former partner Jennifer Lopez), but Lyne recalls the actors' instant chemistry when he invited them to his home to read lines together.

CONNECTION

'I tested Ana and Ben in my house. It's more fun to do it that way – it feels a bit more real,' he explains. 'There was banter between them. It was flirtatious but angry.'

There's flirtation and anger throughout the film, too, as well as some shocking moments of violence, an edge-of-your-seat car chase and plenty of racy sex scenes, which Lyne has never shied away from in his movies (see panel below for more details).

'I always find it difficult to detach the sex from the rest of the film,' admits Lyne, 81. 'The thing is that people tend to remember the sex.

'In *Fatal Attraction*, there's a minute of Michael Douglas and Glenn Close getting together over a sink in the kitchen. It's actually only a tiny part of the movie, but that's what people tend to take away when they leave the cinema.'

KILLERS, SEX AND RABBITS...

Now aged 81, British director Adrian Lyne made some of the most talked-about and successful movies of the 1980s and 1990s by exploring the darker side of adult relationships.

In 1986, he attracted controversy for *9½ Weeks*, starring Mickey Rourke and Kim Basinger, and followed it up with 1988's *Fatal Attraction*, which starred Glenn Close and Michael Douglas, and saw the phrase 'bunny boiler' become part of the English language.

He's also helmed *Indecent Proposal* (1993), which saw Woody Harrelson and Demi Moore's marriage rocked by Robert Redford's offer of a million dollars for her to spend the night with him.

Deep Water is Lyne's first film since 2002's *Unfaithful*, and he's delighted to be back in the limelight.

'It's nice to make a film people argue about and discuss and hate, or sometimes like,' he says. 'I enjoy movies that are controversial.'

9½ Weeks

Fatal Attraction

Indecent Proposal

WORDS: HANNAH DAVIES. PHOTOS: ALAMY, PRIME VIDEO, © 2022 20TH CENTURY STUDIOS. ALL RIGHTS RESERVED

Charlie De Lisle (Jacob Elordi) and Melinda Van Allen (Ana de Armas)

Game of BONES

Conleth Hill is a rural cop investigating the shocking discovery of human remains

NEW CRIME DRAMA
Holding
Monday, ITV HD, 9pm

Game of Thrones star Conleth Hill swaps the sprawling metropolis of King's Landing for an Irish rural community in ITV's darkly comic murder mystery *Holding*.

Hill, who played Lord Varys in Sky Atlantic's fantasy saga, stars as Sergeant PJ Collins, a gentle outsider who fills his days with comfort food and half-hearted police work in Duneen, West Cork.

However, when the bones of long-lost local Tommy Burke are discovered on a building site, PJ is catapulted into the centre of a murder enquiry and called upon to solve a serious crime for the first time in his career.

'Everything's just a bit mundane in PJ's life until these bones are discovered and then suddenly he's in charge of a major murder investigation,' says Hill, 57.

The four-parter is based on the bestselling novel by chat-show host Graham Norton, who grew up just a few miles down the road from Duneen in County Cork.

'It's called *Holding* because everyone in the story is holding on to things,' says Hill. 'It's a really interesting ensemble tale, in which everyone has their problems.'

LOVE TRIANGLE

The discovery of Tommy's bones brings memories flooding back for Bríd Riordan (*Derry Girls*' Siobhán McSweeney), who was due to marry him until he disappeared on the morning of their wedding 20 years ago. Meanwhile, Tommy was also rumoured to be in a romantic relationship with Evelyn Ross (Charlene McKenna) when he went missing…

But as PJ dreams of solving the case and earning himself some local respect, his hopes seem to be dashed when young detective Linus Dunne (Clinton Liberty) is sent from Cork to take charge of things.

'PJ isn't a native of Duneen, but he understands the community and knows how to handle the people more diplomatically than Dunne,' explains Hill, who reveals that he relished taking on the role.

'I was aware of the parallels between PJ and myself, because he's waited all his life and then in his 50s he gets his big break, which is a bit like me with *Game of Thrones*. But PJ is the best character I've ever been presented with and I've absolutely loved playing him.'

Linus Dunne (Clinton Liberty) gets to work on the case

Bríd (Siobhán McSweeney)

Conleth Hill and co-star Peter Dinklage in *Game of Thrones*

WORDS: SEAN MARLAND. PHOTOS: BBC, ITV, HBO/SKY

WHO'S WHO?

Sergeant PJ Collins
Conleth Hill

The Irish cop finds himself at the heart of a murder enquiry when local man Tommy Burke's bones are found.

DI Linus Dunne
Clinton Liberty

The promising young detective has been sent from Cork to take charge, but soon finds he needs PJ's local knowledge.

Bríd Riordan
Siobhán McSweeney

The mother-of-two has never recovered from Tommy going missing on their wedding day.

Anthony Riordan
Gary Shelford

Bríd's husband is concerned she's drinking and fears the finding of Tommy's bones could bring the past flooding back.

Evelyn Ross
Charlene McKenna

Evelyn was rumoured to be involved with Tommy when he disappeared.

Eileen O'Driscoll
Pauline McLynn

The formidable shop owner's late husband was the local sergeant before PJ took over.

'It's called *Holding* because everyone in the story is holding on to things'

CONLETH HILL

Stephen Graham makes his *Peaky Blinders* debut as a crooked Liverpool dock worker

On the waterfront

DRAMA

Peaky Blinders

Sunday, BBC1 HD, 9pm

Tommy goes in search of Esme's family, the Lees

There have been plenty of big-name guest stars in *Peaky Blinders* over the years, but few have been more anticipated by the show's fans than Stephen Graham.

His role has been shrouded in mystery ever since his casting was confirmed last year, but the wait for answers comes to an end on Sunday when he makes his first appearance in this year's sixth and final season.

Graham plays Hayden Stagg, a union convener who works in Liverpool's docks and has been stealing opium from the Peaky Blinders stockpile to sell in local pubs.

Upon hearing the news, Arthur Shelby (Paul Anderson) takes Isiah Jesus and some members of his gang to Liverpool with orders to put the frighteners on Hayden.

'I've always wanted Stephen to be in the show,' says creator Steven Knight. 'When we were developing a character in the Liverpool docks, I just thought there could be nobody else. He plays somebody who comes up against Tommy, but who isn't an enemy, really.'

CURSE?

Arthur is sent to deal with Hayden because Tommy is preoccupied with the health of his daughter Ruby. This week, she is admitted to hospital with tuberculosis – or consumption, as it was called in the 1930s. But Tommy is convinced the reason for Ruby's ill health is not medical, but due to a Gypsy curse.

When Tommy goes in search of the Lee family, a clan of Gypsies from Birmingham who he believes can help cure Ruby, his desperate wife Lizzie is furious at being left alone to watch over their sick child.

'Lizzie has stayed very loyal to Tommy,' says Natasha O'Keeffe, who plays her. 'She came from a very hard upbringing and maybe she worries about having to go back to that.

'But she's also put up with a lot over the years. She loves Tommy tremendously and she's forever hopeful that it will work out between them – but we'll see…'

Arthur Shelby (Paul Anderson) and Hayden Stagg (Stephen Graham)

Tom Daley is among the stars doing their bit for Comic Relief

Tom's Red Nose CHALLENGE

Tom Daley on his epic cycling challenge

NEW DOCUMENTARY

Tom Daley's Hell of a Homecoming

Monday, BBC1 HD, 9pm

Much-needed laughs are on their way as Red Nose Day returns on BBC1 with more comedy and charity fundraising for Comic Relief.

Sir Lenny Henry will co-host Friday's telethon live from Salford alongside Zoe Ball, Alesha Dixon, Paddy McGuinness and David Tennant, with a variety of spectacular sketches and musical performances on the bill.

Meanwhile, in BBC1 documentary *Tom Daley's Hell of a Homecoming* on Monday, the Olympic gold-medal-winning diver undertakes a gruelling Comic Relief challenge as he spends four days cycling, rowing, swimming and running from London to his home town of Plymouth in Devon.

Here, 27-year-old Daley reveals all...

An exhausted Daley takes a much-needed break

Why did you want to take part? I remember growing up and seeing the Red Nose challenges and how much money was raised. Just to be included in the list of names that have done it felt like an honour.

Was it tough? It hadn't dawned on me how far London to Plymouth was! I've never pushed myself to those extreme limits of what my body can achieve. There were moments nearly every day that I struggled.

How did it compare to your Olympics training? I've trained for four Olympics and none of it comes close in comparison. I've been completely out of my comfort zone.

What were the most memorable moments? Falling in the Thames while rowing and falling off my bike! Also, meeting amazing people and getting emotional.

So many people came out along the way to support you. Did that help? My personal highlight was cycling through towns where people were cheering. That really helped.

MIND GAMES

Dara Ó Briain hosts a tense new quiz show

NEW QUIZ SHOW

One and Six Zeros

Sunday, C4 HD, 6pm

One million pounds is up for grabs in TV's newest quiz show, hosted by Dara Ó Briain. In each episode, a team of three players start with £1 million in the bank, and must answer seven questions. But for every question they get wrong, the prize money diminishes by a zero.

TV&Satellite Week caught up with Ó Briain, 50, to hear more…

What do you like most about the format? I love the fact that there are only seven questions. And for every question, there are seven possible right answers to choose

Swimming in the Redgrave Pinsent Lake

LIVE! COMIC RELIEF Fri, BBC1 HD & BBC2 HD, from 7pm

Five highlights from Friday's telethon...

- **COMIC OPERA**
Six famous faces have just 24 hours to train as opera singers before performing at the London Coliseum.

- **ROCK PROFILE**
Matt Lucas and David Walliams send up the likes of Adele and Lady Gaga, who chat to Vernon Kay about the Comic Relief single.

- **GHOSTS**
The residents of Button House receive a visit from superstar Kylie Minogue in a fun edition of the spooky comedy.

- **THE REPAIR SHOP**
Dawn French and Jennifer Saunders resurrect their supporting-artiste characters, the Extras, who try to get a free repair from Jay Blades.

- **JACK WHITEHALL'S MINI GOLF CHALLENGE**
The comedian joins England footballers Mason Mount and Declan Rice as they compete on a mini golf course.

From left: Joel Dommett, AJ Odudu, David Tennant, Sir Lenny Henry, Alesha Dixon, Paddy McGuinness and Zoe Ball

from that come up on the screen. You see the contestants really tie themselves up in knots.

Tell us about some of the people you have on... We have three nurses from Swansea, we have a drag queen and their two mates, plus one guy who was on *The Undateables*, who is on with his girlfriend. Everyone is fantastic.

Which quiz shows did you grow up watching? There was a legendary Irish quiz show called *Quicksilver* hosted by Bunny Carr. It had light bulbs that used to go out and when you were ready with an answer, you'd go, 'Stop the lights, Bunny!' That became a massive catchphrase in Ireland.

What about current quiz shows? I watch *University Challenge*. If I get just one question correct, I've done well. If I get more, I'm unbearable!

Do you ever do pub quizzes? Yes, I used to go to one where there was a prize for best team name. One night a team called themselves, 'We don't care what we get as long as we beat Dara Ó Briain.' They didn't, I'm delighted to say!

Contestants feel the pressure

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Imran is shocked by Abi's confession

CORONATION STREET

Abi tells Imran that he's Alfie's father

» **Imran's mind races** when Toyah grills him for legal advice about an 'ex-client' with a history of drug abuse who is fighting to keep hold of her newborn son. Rightly suspecting that she's talking about Abi, he hotfoots it to the hospital, where the mechanic confirms that baby Alfie is the product of their one-night stand.

Both are panic-stricken when they spot Toyah watching on from the corridor. The kindly Battersby currently believes that Alfie's father is Abi's ex, Tez. Can Imran find a way to keep things that way?

Back on the cobbles, it's not long before Debbie finds out about the surprise arrival. She thinks that Kevin is the father and demands answers, but Abi dashes back to the hospital as Alfie is having an operation.

Abi breaks down when she sees Kevin

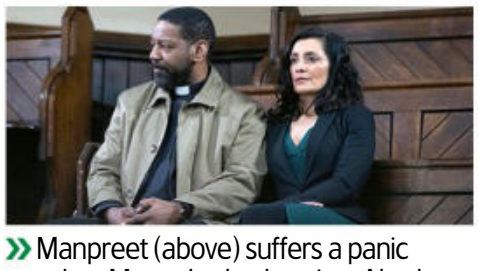
Over at Weathy General, Abi's stunned when Kev turns up. He assumes it was Tez who got her pregnant, and offers to let her stay at No.13 until she has won custody of her little lad. But how will he react when he inevitably learns the truth?

» **PLUS** Amy tells Steve and Tracy she's back with Jacob, Grace returns and demands more money from Ed and Aggie, Adam vows to prove Lydia is a liar, and Daisy's relieved when Nicky fails to get the teaching-assistant job.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

EMMERDALE



» Manpreet (above) suffers a panic attack at Meena's plea hearing, Alex has a shock proposition for Dawn, Noah uses Amelia to make Chloe jealous, Ethan and Marcus get to know each other better, and Rhona bonds with her mum Mary.

EASTENDERS

» Tiffany returns to Walford as Keegan blames himself for Chantelle's murder (above), Phil asks Kat to hide a package for him, Kat and Stacey get devastating news, Tommy is wrongly accused of stealing, and Stuart is back from his retreat.

WORDS: CAREN CLARK, TESS LAMACRAFT, ALISON SLADE. PHOTOS: BBC, BBC/COMIC RELIEF, JORDAN MANSFIELD/COMIC RELIEF, COMIC RELIEF/PLA/TODD-WHITE ART, C4, ITV

TalkTalk Fibre

It just makes
SenseSense

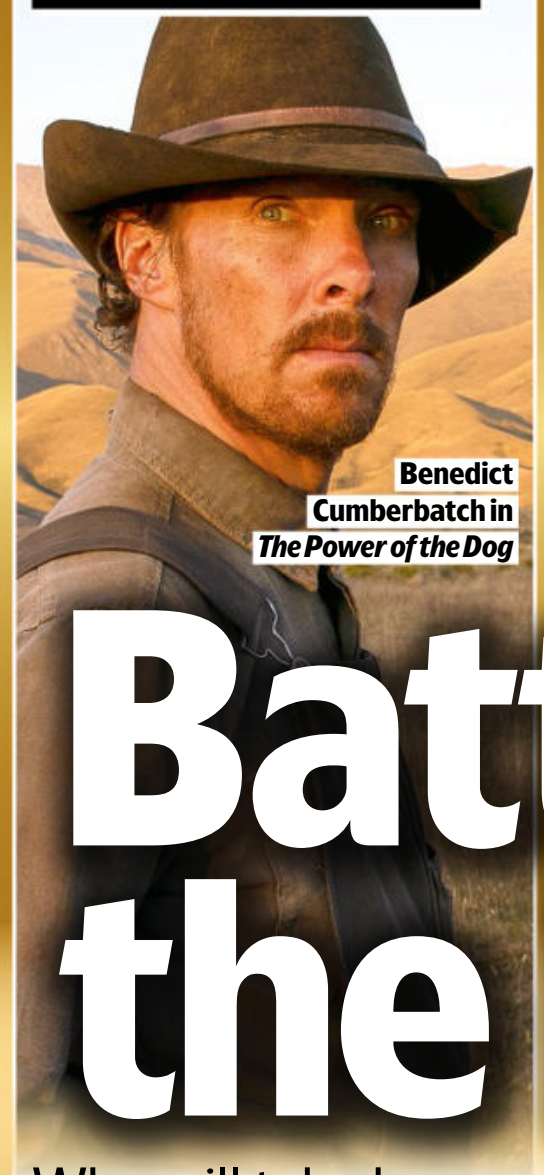
FULL FIBRE. NOT EMPTY POCKETS.

New full fibre broadband
up to 900Mb/s. Same great value.

Scan to view deals

Subject to local availability.
Terms apply.

TalkTalk
For Everyone


Benedict Cumberbatch in *The Power of the Dog*

Alana Haim in *Licorice Pizza*

Will Smith in *King Richard*

Lady Gaga in *House of Gucci*

Clockwise from left: Leonardo DiCaprio, *Belfast* and *Dune*

Battle of the BAFTAs

Who will take home a gong at this year's **Film Awards**?

NEW AWARDS
BAFTA Film Awards
Sunday, BBC1 HD, 7pm

The great and the good of the movie world will be gathering at London's Royal Albert Hall this Sunday for the 75th BAFTA Film Awards.

While last year's event was virtual, this year's ceremony, hosted by Hollywood actor Rebel Wilson, will be an in-person affair. Comedian Tom Allen and presenter AJ Odudu will be on the red carpet and their interviews with the stars will be live on the BAFTA social-media channels.

We caught up with Allen, 38, to learn more…

Are you excited to be part of the BAFTAs? Yes, after the last couple of years, we want showbiz glamour and razzle-dazzle. Everybody's so keen to celebrate everything that's been achieved in film over the past year.

What do you think Rebel Wilson will bring as this year's host? She's going to be brilliant. She's so funny and has that devil-may-care attitude, so she'll bring mischief to things.

Which stars are you looking forward to chatting to? It would be great to chat to Lady Gaga or Leonardo DiCaprio, and wouldn't it be a thrill to be able to say hello to Dame Judi Dench?

Tom Allen

Will Smith and Leonardo DiCaprio are both up for Leading Actor. That's a tough category, isn't it? There are some very strong contenders and they're all great. Stephen Graham [nominated for *Boiling Point*] is a favourite of mine – he's one of those great actors who's very natural and not aloof and starry.

Have you watched many of the Best Film nominees? I really enjoyed *Licorice Pizza* because I love director Paul Thomas Anderson and it's unusual and joyful. And *Belfast* is an incredible story that hasn't been told often enough. *The Power of the Dog* is a great film, too.

Do you have any bugbears when you go to the cinema? I'm very strict. I don't like eating, I don't like drinking, I don't want to hear any slurps! I went to see *The Personal History of David Copperfield* and some teenagers started messing around. I put on a cockney voice and shouted, 'Oi, shut it!' And they all walked out. So I won!

AND THE NOMINEES ARE…

• BEST FILM
Belfast, Don't Look Up, Dune, Licorice Pizza, The Power of the Dog

• LEADING ACTRESS
Lady Gaga *(House of Gucci)*, **Alana Haim** *(Licorice Pizza)*, **Emilia Jones** *(CODA)*, **Renate Reinsve** *(The Worst Person in the World)*, **Joanna Scanlan** *(After Love)*, **Tessa Thompson** *(Passing)*

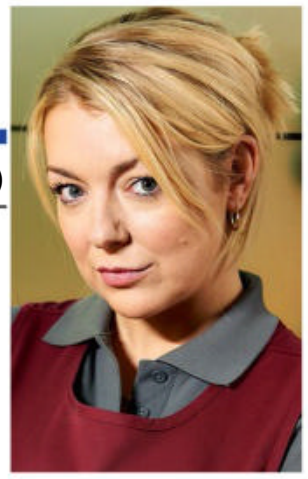
• LEADING ACTOR
Adeel Akhtar *(Ali & Ava)*, **Mahershala Ali** *(Swan Song)*, **Benedict Cumberbatch** *(The Power of the Dog)*, **Leonardo DiCaprio** *(Don't Look Up)*, **Stephen Graham** *(Boiling Point)*, **Will Smith** *(King Richard)*

WORDS: CAREN CLARK, NATASHA HOLT. PHOTOS: GETTY, ITV, NETFLIX, BAFTA/AEMEN SUKKAR, MGM, WARNER BROS, FOCUS

You liked…

Cleaning Up on ITV (currently on ITV Hub)

This 2019 drama starred Sheridan Smith as gambling addict and office cleaner Sam, who had huge debts. After overhearing a trader plotting some illegal insider trading on the stock market, she hatched a plan to get a piece of the action – only to find herself in too deep.



Now try this…

Compulsion on Channel 5

The upcoming thriller stars Leanne Best (*Young Wallander*) as Jenny, a paramedic who develops a gambling addiction as she tries to cope with her PTSD after a fatal train crash. Anna Chancellor (*Pennyworth*) plays Sasha, who offers Jenny a way out when she gets into debt to some dangerous people.

Leanne Best and Anna Chancellor

Look Who's Back...

A familiar face appearing in a new show this week

Ross Kemp

Bridge of Lies

NEW Monday-Friday, BBC1 HD, 4.30pm

1990

Born in Essex, Ross Kemp began playing notorious tough guy Grant Mitchell in *EastEnders* in 1990. He returns occasionally to the role (most recently in 2016), but is now best known for his award-winning documentaries. From 2004 to 2009, *Ross Kemp on Gangs* saw him follow street gangs from El Salvador to Moscow. Other documentaries include *Ross Kemp in Afghanistan* (2008-12), where he was embedded with British troops, and series on the NHS, dementia and exotic animals.

HIS NEW SHOW

This week, Kemp turns his hand to something completely different as he hosts BBC1's new weekday-afternoon game show *Bridge of Lies*, which sees contestants compete for cash by crossing a bridge made of stepping stones across the studio floor. The players must cross the bridge by stepping on the truths and avoiding the lies. 'I've found myself in some dangerous situations, so I'm well-prepared for the jeopardy of *Bridge of Lies*,' laughs Kemp, 57.

Game-show host Ross Kemp

Maleek (Samson Kayo) and Wendy (Jane Horrocks)

State of EMERGENCY

Jane Horrocks is on duty again as her paramedic comedy returns...

Okorie Chukwu (Koji) and Brenda Blethyn (Kate)

Cafe society

Brenda Blethyn is back in her seaside sitcom

NEW COMEDY

Kate & Koji

Wednesday, ITV HD, 9pm

There are big changes in store as opinionated cafe owner Kate and composed asylum seeker Koji return for a second run of *Kate & Koji*, ITV's comedy set on the Essex coast.

This time round, Okorie Chukwu has replaced Jimmy Akingbola as Koji after Akingbola landed a high-profile role in US drama *Bel-Air*.

'Naturally, when we heard Jimmy wasn't going to be here, we were worried how we were going to fill

WORDS: NATASHA HOLT, RICHARD MCCLURE, STEVEN PERKINS, ELAINE REILLY.
PHOTOS: BBC, C4, ITV, SKY, GETTY

NEW COMEDY

Bloods

Wed, Sky Comedy HD & Sky Showcase HD, 10pm

Jo (Lucy Punch) and George (Katherine Kelly)

Tough-talking Maleek and chatty divorcée Wendy seemed like a disastrous match when they were assigned to the same ambulance in the first season of Sky's paramedic comedy *Bloods*. But like all the best sitcom odd couples, their differences strengthened their connection as both colleagues and friends.

This week, Samson Kayo and Jane Horrocks return for a new 10-part run – which will be split in two, with the second half of the series released later in the year. As we catch up with them, the bond between the paramedics will be tested by a malpractice investigation.

MORAL DILEMMA

'Wendy and Maleek face a massive challenge,' says Horrocks, 58, who plays Wendy. 'It will be interesting to see what viewers will think about the situation. Has Wendy done the right thing? Has she let her partner down? Or has she done what's ethically right?'

The first series ended with the unexpected arrival of Wendy's adult son Spencer (Nathan Foad), who she left behind in Nottingham. To her horror, he refuses to take the hint that he isn't welcome in her newly independent life in London.

'Spencer is very annoying,' says Horrocks. 'You get to know more about Wendy's life through her son, and absolutely understand the reason she ran away to London. He's very needy, and not very self-sufficient. It doesn't say a lot for Wendy's parenting!'

There's also discontent at the depot when brusque team leader Jo (Lucy Punch) has to make room for counsellor George (Katherine Kelly) after the staff of South Hill are discovered to have a disproportionately high rate of mental-health problems.

'It's a great dynamic. George has completely opposite views about mental health to Jo,' explains Horrocks. 'Jo runs a tight ship, and it's about whether quite a deal of time should be spent on counselling and talking about people's issues, or whether that time should be spent with the paramedics being out there saving lives. It's an interesting dichotomy.'

Nathan Foad as Spencer

BOX SET

The first five eps will be on Sky Box Sets/ NOW from 16 March.

his shoes, but Okorie is perfect,' says Brenda Blethyn, 76, who plays Kate. 'We were lucky to get him.'

When we rejoin them, Koji is awaiting a decision on his asylum application, while Kate continues to wrangle with her customers, nephew Medium and her nemesis, Lavinia Bone (Barbara Flynn).

Stars Brenda Blethyn and Barbara Flynn

'In episode one, Kate and Medium are presented with a Lockdown Legends award. But their local MP gets caught in flagrante and Councillor Bone steps in to present it,' adds Blethyn.

The series is filmed at Elstree Studios, and Blethyn says the studio audience adds to the show's traditional feel.

'It is kind of old-fashioned, if you want to use that term, but for me, it works,' she smiles. 'It's like you're sharing the experience with the audience and, of course, they love it when something goes wrong.'

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Is Jenni hiding something?

NEW Snow Angels

Sunday, C4 HD, 11.45pm

As this Swedish drama begins, a five-week-old baby, Lucas, mysteriously disappears from his home in Stockholm. His mother, Jenni (*Vikings*' Josefin Asplund), who was under the influence of strong sleeping pills, claims to have no idea of what happened, but when cop Alice (Eva Melander) investigates, she discovers that a paediatric nurse once filed a complaint about Jenni with social services. 'It is a very character-driven drama,' says Asplund. 'We get to know these people – following their lives and what has happened before, after and during the incident.'

● ***All eight episodes will be on All 4 from Friday 11 March***

The Apprentice

Thursday, BBC1 HD, 9pm

After missing most of the current series due to a serious cycling injury, Lord Alan Sugar's right-hand man Claude Littner (left) returns to *The Apprentice* this week. He'll be helping to grill the final five contestants as they face the dreaded interview stage where their business plans, skills and past credentials are dissected by a panel of experts. Who will make it through to next week's final?

NEW Funeral for a Dog

Friday, Sky Atlantic HD, 9pm & 10pm

This eight-part German drama follows journalist Daniel Mandelkern (Albrecht Schuch) as he travels to Italy for an interview with famous but reclusive writer Mark Svensson. He is intrigued by a mysterious story from Mark's past, but as he delves deeper, he makes a shocking discovery...

NEW The Drop

Monday, BBC3 HD, 9pm

Clara Amfo hosts this new series that sees nine designers create their own streetwear brand in the hopes of seeing their product sold by a major UK retailer. The judging panel features Grammy-winning singer Miguel, design entrepreneur Marc Jacques Burton and skateboarder and model Blondey.

Boom and BUST

Jared Leto stars in the true story behind notorious office-space company WeWork

tv+ WeCrashed

NEW *Genre:* *Drama* *Available:* *Fri 18 March* *Season:* *1* *Episodes:* *8 (first three eps from 18 March, then weekly)* *Runs:* *55min* *TVSW says:* *Full of charismatic characters*

Billionaire Adam Neumann's earliest ventures – selling knee pads for kids and collapsible high heels for women – didn't exactly set the business world alight. But the self-styled 'serial entrepreneur' was undaunted by those setbacks, and went on to build a global company that was valued at a staggering $47 billion – before the wheels started to come off.

The real Adam and Rebekah Neumann in 2018 (below)

The true story of Israel-born Neumann, his wife Rebekah and their roller-coaster ride running the communal-workspace company WeWork is told in new Apple TV+ series *WeCrashed*, starring Jared Leto and Anne Hathaway.

Co-founded in 2010 by Neumann, WeWork leased empty office buildings and rented out desk space in them to fledgling companies and freelancers on a flexible basis. WeWork expanded rapidly across the US and Europe, and was soon seen as a 'unicorn', or highly desirable investment opportunity. And a huge factor behind its success was Neumann's ability to sell the concept to investors.

'Adam was and is a really verbose person,' says Leto, 50. 'One of his superpowers is his ability to use words.'

The series flashes back from the moment in 2019 when Neumann was voted off the board of his own company, as it traces his relationship with Rebekah, a yoga teacher and cousin of Hollywood star Gwyneth Paltrow, who became his wife and the mother of his five children.

Neumann's approach to business was certainly unconventional. From the outset, he offered free beer to his WeWork customers and, as the company grew, he hosted mass away days that were more like full-on music festivals.

A guru-like figure, he also wanted to expand his 'We' brand into areas such as merchandise, gyms, shared living spaces and even schools. His vision was that WeWork was more than a business – it was a lifestyle and a movement.

Hathaway, 39, says that Neumann and Rebekah, who allegedly asked for employees giving off 'bad energy' to be fired, had a very unusual approach to corporate life. But she believes that their initiatives, such as banning meat in the workplace,

Jared Leto and Anne Hathaway as Adam and Rebekah

came from a good place.

'They had sincere intentions,' she says. 'How they executed that is complicated, but I do think Rebekah looked at the world and wanted to leave it better than she found it.'

Although Neumann's plans to float the firm failed when it became evident that it had been hugely overvalued and was actually losing money, he still walked away a very wealthy man, with his current net worth estimated at $1.6 billion.

While *WeCrashed* is a cautionary tale for reckless investors, it is also a story that is, in Leto's eyes, about someone who believed in and achieved the American dream.

'Adam set his sights on a pretty impossible goal, and achieved something remarkable,' explains Leto. 'I love that this is the story of an immigrant who comes to America and really wrestles his dreams into reality.'

What we're watching...

A sneak peek at what's being watched by our team

Dramas

tv+ The Sky Is Everywhere

Runs: 103min

A 17-year-old musical prodigy (Grace Kaufman), grief-stricken by the sudden death of her sister, is drawn to the new guy at school while also having a complicated relationship with her late sibling's broken-hearted boyfriend in a tender and affecting movie.

NETFLIX Until Life Do Us Part

Season: 1 Episodes: 8 Runs: 43-57min

Three generations of the Paixão family run their wedding-planning business in Portugal while also dealing with their own personal troubles. The series shows how each generation has its own ideas on how to make relationships last.

Sci-fi

NETFLIX Bigbug

Runs: 111 min

Made by *Amélie* director Jean-Pierre Jeunet, this quirky futuristic satire revolves around a bunch of squabbling French suburbanites who are trapped in their homes when an android uprising causes their well-meaning household robots to lock them in for their own safety.

Documentary

tv+ Lincoln's Dilemma

Season: 1 Episodes: 4 Runs: 52-58min

Narrated by Jeffrey Wright, this fascinating docuseries reveals the complexities and flaws of one of America's most revered presidents, Abraham Lincoln, and looks at what pushed him to take on the monumental challenge of ending slavery.

True crime

NETFLIX Catching Killers

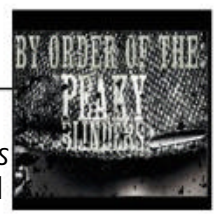
Season: 2 Episodes: 4 Runs: 35-37min

Detectives who tracked down some of North America's most infamous serial killers, including the self-named BTK (Bind, Torture, Kill) murderer, reveal the chilling details of their investigations in a series that packs everything into compact episodes.

What we're listening to...

The podcasts the *TVSW* team are tuning in to

By Order of the Peaky Blinders



The final season of *Peaky Blinders* is underway and there's plenty to talk about. Hosts Daniel Gillman and Josh Levey analyse each episode, discuss their theories for what's coming up and interview fan favourites, while also pondering what could be in store in a planned spin-off film.

Death by Conspiracy?

Gary Matthews was a well-liked man in his home town of Shrewsbury, but a few years ago, his friends noticed he was getting into conspiracy theories and COVID-19 pseudoscience. He died of the virus in 2021, and in this series BBC disinformation reporter Marianna Spring investigates what happened to Matthews – and why.

BINGEWATCH
The essential podcast for TV addicts
Download today from iTunes, Spotify or Acast

WORDS: IAN MACEWAN, JUDY EWENS, SEAN MARLAND. PHOTOS: APPLE TV+, NETFLIX, GETTY

For fans of movie remakes...

Disney+ Cheaper by the Dozen

NEW *Genre:* **Family comedy**
Available: **Friday 18 March**

The hit 2003 movie starring Steve Martin (itself a remake of a 1950 film) has been given a reboot with a new version starring Zach Braff and Gabrielle Union as Paul and Zoey Baker, the parents of 10 kids between them. Can the couple balance their hectic home life with managing their family business?

If you like Star Trek...

IMDb TV The Center Seat: 55 Years of Star Trek

NEW *Genre:* **Documentary**
Available: **Friday 18 March**
Season: **1** *Episodes:* **11**

Nichelle Nichols and the late Leonard Nimoy contribute to this documentary series for the 55th anniversary of the sci-fi franchise. Each episode focuses on a different chapter in the show's history, with behind-the-scenes stories, unseen footage, and interviews with cast and crew.

NETFLIX Rescued by Ruby

NEW *Genre:* **Drama**
Available: **Thu 17 Mar**
Runs: **90min** *TVSW says:* **Will pull at your heartstrings**

Grant Gustin returns to our screens next week in superhero series *The Flash*, but before then he stars in this drama – based on a true story – about a US state trooper, Dan, who dreams of joining the K-9 search and rescue team. When his superiors decide he doesn't have what it takes, his dreams look like being thwarted, until he takes matters into his own hands and adopts a shelter dog by the name of Ruby. Can she become the first ever shelter dog to join the K-9 team?

Disney+ STAR Fresh

NEW *Genre:* **Comedy horror** *Available:* **Friday 18 March**
Runs: **114min** *TVSW says:* **Delivers scares and laughs in equal measure**

This one-off comedy horror stars *Normal People*'s Daisy Edgar-Jones as singleton Noa. Frustrated by the world of dating apps, her romantic prospects start to look up when she meets Steve (Sebastian Stan) at the grocery store. After a magical first date, smitten Noa joins Steve on a romantic getaway – only to discover he has unusual appetites. '*Fresh* is not for the faint-hearted or the easily queasy,' says Jones. 'I really hate horror films and I'm spooked easily, but making the film was such a fun job – we were very giggly. The film is dark but it's funny too and very outrageous.'

Ashley Walters (left) returns as Dushane

NETFLIX Top Boy

NEW *Genre:* **Drama** *Available:* **Friday 18 March** *Season:* **4** *Episodes:* **8**
TVSW says: **One of the best shows on Netflix**

As the gritty urban drama makes its hotly anticipated return, we find drug dealer Dushane (Ashley Walters) making more money than ever. Life with Shelley (Simbi Ajikawo) is going well too, meaning Dushane has even started thinking about a life away from London. But when a problem from an unexpected quarter arises, it threatens to bring everything crashing down. Kane Robinson returns as Sully, who's still haunted by killing his friend, Dris, and Michael Ward is back as Jamie. 'We've got another banger. It's definitely going to be good,' promises Walters.

Jason Segel, Lily Collins and Jesse Plemons star

Lily Collins stars in a tense thriller about a bungled burglary

Home Invasion

NETFLIX Windfall

NEW *Genre: Drama Available: Fri 18 March Runs: 92min*

This Hitchcock-style thriller stars Jesse Plemons as an unnamed tech billionaire and Lily Collins as his wife, who arrive at their holiday mansion to find that it's being robbed by a lone burglar.

It soon transpires that the robber, played by Jason Segel, isn't just after their cash, but also has a personal grudge against the couple.

'The robber is a guy who is feeling how a lot of us feel – nothing makes sense and nothing is fair,' says Segel, who came up with the story. 'During the pandemic, as we're told the whole world was struggling, we were also watching billionaires get richer and richer. There was a sense of people not knowing what to grab onto. So I think that's what motivates my character.'

Segel plays a burglar with a hidden motive

The film was partly inspired by the COVID pandemic and the subsequent lockdowns.

'What's interesting about this particular story coming out of this moment is the feeling of being imprisoned in your own home,' says director Charlie McDowell. 'All of us picture our home as a haven from the outside world. What if that space doesn't feel safe any more?'

As the couple – and the robber – deal with the shocking and disturbing events, they are affected in very different ways while trying to outwit each other and survive.

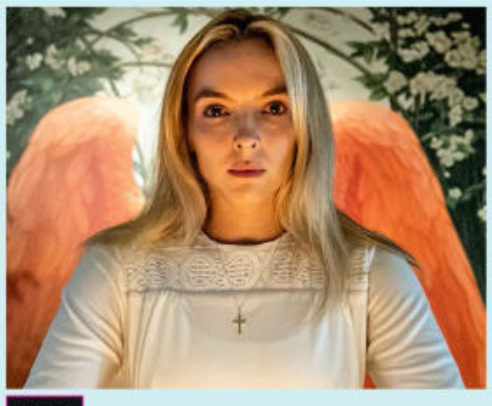
'The story really exposes all three characters,' explains Collins. 'We're all flawed, and the story starts to unearth how those flaws come about and how none of us are innocent.'

The *Emily in Paris* star is married to the film's director Charlie McDowell, but says she wasn't automatically given the part.

'He made me sweat for a little while,' she laughs. 'I didn't know if I was going to be involved. They treated me like any other actress that was vying for the role.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up



BBC iPlayer Killing Eve

Everyone's talking about...

assassin Villanelle (Jodie Comer) turning to the church as she tries to keep herself from another killing spree, in the return of the darkly comic thriller on BBC iPlayer.

BBC iPlayer Fantastic Beasts

Everyone's talking about...

BBC1's fascinating documentary about mythical creatures, in which Stephen Fry swims with manatees in Florida that may once have been mistaken for mermaids.

My5 The Holiday

Everyone's talking about...

cop Kate (Jill Halfpenny) finding out her husband is having an affair with one of her three friends, who are all on holiday with the couple, in Channel 5's torrid drama.

BBC iPlayer Rock Till We Drop

Everyone's talking about...

Martin Kemp being captivated by 95-year-old drummer Roy as he and Lady Leshurr form bands with music-loving pensioners in BBC2's off-beat talent contest.

WORDS: NICK CANNON, CAREN CLARK, RICHARD MCCLURE. PHOTOS: BBC, CHANNEL 5, © 2022 DISNEY AND ITS RELATED ENTITIES, NETFLIX, PRIME VIDEO

SAVE £10! WHEN YOU BUY TWO TREES

FLAMINGO WILLOW STANDARD TREE
JUST £14.99 EACH
WHEN YOU BUY 2 FOR JUST £29.98
SAVE £10.00!

"Flamingo Willow – The Perfect Tree! Fabulous Spring & Summer Colour, Winter Hardy & Totally Fuss Free!"

in association with TV&Satellite week

This stunning 'Standard' lollipop tree explodes with pink-blushed, white and green foliage in spring!

Platinum Trusted Service Award ★★★★★ 2021 feefo

TOTALLY WINTER HARDY

SAVE £10 TODAY!

Commonly called "Flamingo Willow" for its showy pink-blushed leaves Salix 'Hakuro-nishiki' is a striking compact tree that will delight in any garden setting adding height to a border in patio pots or either side of a gateway!

Your tree will arrive at around 80cm tall skilfully grown into a neat lollipop shape. It will erupt into colour every spring with rich green cream-white and delicate blush-pink foliage lasting through to early winter.

Totally hardy and very easy to grow this low-maintenance beauty will thrive in any garden setting and will reach just 1.5m (5ft) in total. Just a simple annual prune will keep it looking marvellous – it really is the perfect tree for any garden!

- **Fabulous colouring – pink, white and green!**
- **Glorious displays from early spring through to winter!**
- **Totally winter hardy and fuss-free!**
- **Perfect for adding height to a border or patio!**
- **Buy 1 for just £19.99 – or 2 for just £29.98, saving £10.00!**

Flamingo Willow Standard
80cm Tall Standard Tree in a 3L Pot
JUST £19.99
2 FOR £29.98 • SAVE £10.00!

An explosion of colour every spring!

Blooming Fast Super Plant Food Treatment Only £1
For just £1 extra, your plants will be treated and conditioned with Blooming Fast super high-potency plant food, making your plants. Stronger, Healthier & Guaranteed Better results.
ITEM CODE: 100107
JUST £1.00

Superior Plant Food Plus 500g

3 EASY WAYS TO ORDER NOW!

0844 502 0050 USE CODE TVSW268
Calls cost 5p per min plus your network's access charge.

www.YouGarden.com/TVSW268

or by post using coupon below to: Offer TVSW268 YouGarden, PO Box 1468, Peterborough, PE1 9XL

EXTRA BONUS OFFER

Premium Rustic Stone-Effect Planter

Exclusive style and the perfect way to display your Flamingo Willow.
Perfect for a number of different plants, shrubs and trees.
The white-washed stone effect creates a completely unique display.
Supplied as a single 37cm diameter pot, made from heavy-duty injection moulded polypropylene, frost & UV resistant.

Item Code 130286
NOW £24.99
BUY 2 FOR £22.99 EACH SAVE £4

Offer available while stocks last. © YouGarden 2021

PLEASE SEND TO: **Offer TVSW268, YouGarden, PO Box 1468, Peterborough, PE1 9XL**

YOUR ORDER DETAILS

Item	Description	Price	Qty	Subtotal
510192	Flamingo Willow Standard (Salix integra 'Hakuro-nishiki') 80cm Tall Standard Tree in a 3L Pot	£19.99		
	Buy 2 for £29.98 SAVE £10.00!	£29.98		
	These special offers go perfectly with your Flamingo Willow Trees			
130286	Premium Rustic Stone-Effect Planter	£24.99		
	2 x Premium Rustic Stone-Effect Planters SAVE £4!	£45.98		
100107	Blooming Fast Plant Pre-Treatment - ONLY £1.	£1.00		
	JOIN THE YOUGARDEN CLUB - Get £20.00 FREE vouchers & SAVE 10% on EVERY ITEM you order!			
820005	Renewal Subscription Membership*: SAVE £15.00!	£5.00		
820001	1 Year Membership: SAVE £10.00!	£10.00		
	DON'T FORGET: Deduct 10% (10p in every £1) if you joined the YouGarden Club:			
		Add PP&I		£6.99
		TOTAL ORDER VALUE		

*We'll automatically renew your membership every year, so you can keep saving - AND the price will NEVER go up. GUARANTEED! Full details at YouGarden.com/Club. Orders despatched within 7 working days. Offer subject to availability and in the event that this offer is oversubscribed, we reserve the right to send suitable substitutes. Delivery to UK only and a £6.00 surcharge will apply to the following postcode areas: AB, DD8-11, GY, HS, IM, IV, JE, KA27-28, KW, PA20-80, PH19-50, TR21-25 & ZE. See website for full terms & conditions. Following Brexit there are a number of changes that prevent us from trading in N. Ireland. For further details please visit www.yougarden.com

YOUR PAYMENT DETAILS I enclose a cheque/Postal Order payable to YouGarden (name & address on back) for £ _____

Or charge my Visa / Mastercard / Maestro card:

Card No. ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐ Issue No. ☐☐

Start Date ☐☐☐☐ Exp Date ☐☐☐☐

DELIVERY DETAILS

Mr/Mrs/Ms/Miss _____ Initial _____ Surname _____

Address _____

Postcode _____

Email _____

Tel _____

My DOUBLE GUARANTEE to you!
1 If you're not totally happy with your order, return it within 30 days and we'll replace or refund in full.
2 Should any hardy plants fail to thrive thereafter, we'll replace free of charge. You just pay the P&P.

Peter McDermott, Head Gardener

If you do not wish to receive catalogues & offers from us, please tick here [ ].
We think you'd enjoy some of the latest products and selected offers by post from other trusted retailers, charities, finance, travel, FMCG and utility companies. If you do not wish to receive these, please tick here [ ]. Full details at YouGarden.com/Privacy.
© YouGarden 2021.

AD CODE TVSW268

you garden

NEW releases

The best of the week's new shows...

NETFLIX

TUESDAY 15 MARCH

Catherine Cohen: The Twist...? She's Gorgeous
Musical comedy special from the American comedian.

Team Zenko Go
Children's animation.

Marilyn's Eyes
Italian romcom set in a hospital.

WEDNESDAY 16 MARCH

Bad Vegan: Fame. Fraud. Fugitives
Docuseries about Sarma Melngailis, the owner of a New York vegan restaurant who fell for a fraudster.

THURSDAY 17 MARCH

Rescued by Ruby
A state trooper (*The Flash*'s Grant Gustin) dreams of joining a K9 search-and-rescue team.

Soil
Belgian comedy. A Muslim entrepreneur wants to import soil to bury his community's dead.

FRIDAY 18 MARCH

Windfall
Psychological thriller. A wealthy couple (Jesse Plemons and Lily Collins) arrive at their vacation home – just as the property is being robbed by a man (Jason Segel). See feature, page 17.

Black Crab
Swedish action thriller set in a post-apocalyptic world torn apart by war.

Alessandro Cattelan: One Simple Question
The Italian presenter interviews and shares experiences with a selection of celebrity guests.

Young, Famous & African
Reality series following a group of affluent African media personalities.

Top Boy
Latest season of the crime drama starring Ashley Walters.

Human Resources
Adult animated spin-off series.

Standing Up
French comedy. A group of friends try to make it as stand-up comics.

Eternally Confused and Eager for Love
Quirky Indian comedy series.

Light the Night
Part three of the Taiwanese drama set in a red-light district in the 80s.

Without Saying Goodbye
Peruvian romcom. A workaholic and an artist meet in Peru.

Is It Cake?
Baking competition series.

ALSO AVAILABLE

Taylor Tomlinson: Look at You
Second comedy special from the US comedian. Available now.

Last One Standing
Japanese series. Comedians guest in dramas but they will be axed from the cast if their unscripted scenes flop. Available now.

An Astrological Guide for Broken Hearts
Season two of the Italian romcom about astrology. Available now.

Autumn Girl
1960s-set Polish drama about a popular performer whose career is threatened. Available now.

The Andy Warhol Diaries
Docuseries about the iconic artist. Out from Wednesday 9 March.

The Bombardment
Danish World War Two movie. Out from Wednesday 9 March.

Queer Eye Germany
German version of the US makeover show. Out from Wednesday 9 March.

Byron Baes
Australian reality series following influencers. Out from Wed 9 March.

Kotaro Lives Alone
Japanese animated manga series. Out from Thursday 10 March.

Love, Life & Everything in Between
Pan-Arab anthology series on love. Out from Thursday 10 March.

Formula 1: Drive to Survive
Season four, covering the 2021 season. Out from Friday 11 March.

Life after Death with Tyler Henry
Reality series on Hollywood's go-to medium. Out from Friday 11 March.

prime video

MONDAY 14 MARCH

MotoGP: Unlimited
Cameras go behind the scenes of the 2021 motorbike season.

THURSDAY 17 MARCH

The Three Drinkers in Ireland *(first three eps from 17 March, then weekly)*
Light-hearted travelogue series.

Noomi Rapace in *Black Crab*

FRIDAY 18 MARCH

Deep Water
Ben Affleck and Ana de Armas star in an erotic thriller. See feature, page 4.

Master
Regina Hall stars in a supernatural thriller set on a college campus.

The Center Seat: 55 Years of Star Trek IMDb TV
Docuseries celebrating the original *Star Trek* television series.

Disney+

FRIDAY 18 MARCH

Cheaper by the Dozen
Family comedy. Gabrielle Union and Zach Braff play a couple with 10 children from previous relationships.

More than Robots
Documentary on the 2020 FIRST Robotics Competition. Directed by *Community*'s Gillian Jacobs.

Fresh STAR ON DISNEY+
Normal People's Daisy Edgar-Jones and Sebastian Stan star in a darkly comic horror film.

tv+

FRIDAY 18 MARCH

WeCrashed *(first three eps from Friday 18 March, then weekly)*
Drama on the rise and fall of WeWork, starring Jared Leto and Anne Hathaway. See feature, page 14.

discovery+

MONDAY 14 MARCH

Dales for Sale *(released weekly)*
Reality series on an estate agency in the Yorkshire Dales.

Wheeler Dealers: Dream Car *(released weekly)*
Series two. Cars, vans and motorbikes are transformed.

TUESDAY 15 MARCH

Holy Heist
Documentary about one of the biggest and most surprising robberies in US history. In 1993, $7.4 million was stolen from an armoured car depot in New York.

britbox

THURSDAY 17 MARCH

Castles in the Sky
Fact-based film from 2014 about technology pioneer Robert Watson-Watt (Eddie Izzard) striving to invent radar before World War Two.

Persuasion
The 2007 adaptation of Jane Austen's novel. Sally Hawkins and Rupert Penry-Jones star.

Miss Austen Regrets
From 2007, the story of Jane Austen's final years. Olivia Williams stars.

Moving On
Last year's series of the stand-alone dramas first shown on BBC1.

Touching Evil
First two series of the 1997-99 crime drama following a rapid-response police force. Starring Robson Green and Nicola Walker.

OTHER SERVICES

MONDAY 14 MARCH

The Paradise ACORN TV
Finnish/Spanish crime drama set in a Finnish community in Malaga, Spain, as two horrific murders take place.

WORDS: JUDY EWENS. PHOTO: NETFLIX

Documentaries

Joanna's Euro stars

Dame Joanna Lumley takes behind-the-scenes city breaks in Paris, Rome and Berlin

NEW TRAVELOGUE

Joanna Lumley's Great Cities of the World

Thursday, ITV HD, 9pm

Over the past 25 years, Dame Joanna Lumley's TV travels have taken her to plenty of far-flung destinations including Japan, India, the Caribbean and Siberia.

In her new three-part travelogue, *Joanna Lumley's Great Cities of the World*, she stays closer to home as she visits European capitals Paris, Rome and Berlin to uncover the cities' hidden gems.

Here, the well-travelled 75-year-old actor and presenter tells us more about what's in store…

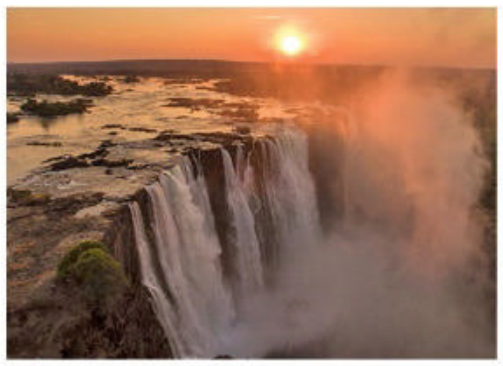
Why did you choose Paris, Rome and Berlin as your destinations? They're quite easy to get to, and there's the added advantage that I can speak fragments of their languages. For people who've never been, the series will be an exciting introduction to these three cities. And for people who have, it will be a lovely opening of a secret cupboard door, looking into different and unseen parts.

Your first destination is Paris. What did you do there? I got an exclusive peek inside Notre-Dame cathedral, which of course was ravaged by a terrible fire in 2019. Since then, very few people have been allowed inside. It was

Curse of the Ancients

Monday, Sky History HD, 9pm

Professor Alice Roberts looks at some of the natural disasters that had a cataclysmic effect on ancient civilisations, including the flood that separated Britain from continental Europe around 8,000 years ago and the volcanic eruption that wiped out Crete's Minoan civilisation during the Bronze Age.



Earth's Great Rivers II

Friday, BBC2 HD, 9pm

The documentary series returns, taking a look at the extraordinary animals and people who live alongside these mighty waterways. Episode one follows the Zambezi, Africa's wildest river, which flows over the stunning Victoria Falls and through manmade lakes to a vast delta opening into the Indian Ocean.

Murdered at First Sight

Wednesday, Sky Crime HD, 9pm

Although most killers are known to their victims, so-called 'stranger murders' are on the rise in the UK, with 177 cases recorded in England and Wales in 2021. This series tells the stories of people who were killed by someone they'd never met before, and unpacks the events leading up to each crime.

WORDS: HANNAH DAVIES, TESS LAMACRAFT, IAN MACEWAN.
PHOTOS: ALAMY, BBC, CHANNEL 5, ITV, SKY

Meeting dancers at the Moulin Rouge

fascinating to see how the rebuilding is going. President Macron has promised it will be back on the world stage in time for the 2024 Paris Olympics, and it can't come a moment too soon.

What were some of your other highlights? I loved riding with the all-girl biker group The Curves in Berlin. And going backstage at the Moulin Rouge in Paris and meeting the dancers was fabulous. A 5am visit to the Sistine Chapel in Rome was amazing, because nobody else was there. But the experience that really stayed with me was speaking to Holocaust survivor Margot Friedländer in Berlin. She's 100 years old, and it was overwhelming to hear her story.

With women's-rights campaigners The Rosies in Paris

Did you bring back any unusual souvenirs? In Paris, I stopped at the city's oldest ironmongers, which was set up before the French Revolution. I bought an absolutely beautiful little brass bee, and a small brass Roman head.

Is there any location you haven't been to yet that you'd love to explore? There's nowhere I don't want to go. I've had the travel bug since I was born. It's not always exotic places I'm longing to see – I'm far more interested in people and history. For instance, the fact that Berlin was built on a swamp. A place's history informs the character of its people.

What are your must-pack travel items? I always take a torch and a long bit of cloth that can be turned into a pillow. I like to take a book linked to the location I'm visiting – for example, on the Rome trip I took Robert Harris' book *Dictator*, about Julius Caesar and the politician Cicero. I also pack a little foreign-language dictionary because I like to mug up on extra words and phrases.

Council House Swap

Wednesday, Channel 5 HD, 9pm

The mutual-exchange scheme allows tenants in council and housing-association properties to swap homes with each other. This three-parter follows the progress of would-be swappers, starting with mother-of-four Beth, who wants to move from Mitcham in South London to somewhere more rural.

DID YOU KNOW?

Sierra Leone's capital, Freetown, was founded in 1792 as a home for freed slaves. Romesh Ranganathan travels across the West African country in **The Misadventures of Romesh Ranganathan (Sunday, BBC2 HD, 9pm).**

Andrew and Lissie Harper were married in 2019

My hero husband

PC Andrew Harper's widow Lissie on the legacy of **his shocking death**

The scene of the crime

NEW CRIME

The Killing of PC Harper: A Widow's Fight for Justice

Tuesday, ITV HD, 9pm

On 15 August 2019, PC Andrew Harper went to work as usual. But the 28-year-old, who had married his childhood sweetheart four weeks earlier, never made it home.

He'd been called out to a burglary in Sulhamstead in Berkshire. But as he tried to stop the young robbers, his feet became entangled in a tow rope attached to their getaway car, and he was dragged at speed along country lanes for more than a mile.

PC Harper's body was found lying in the road by his colleagues, but he'd been so badly injured he was unrecognisable. The shocking circumstances of his death made headline news.

'It was a blur of heart-wrenching pain,' his widow, Lissie, tells Sir Trevor McDonald in an ITV documentary about her husband's killing.

'We'd gone from the happiest day of our lives to the worst in such a short time. To know that someone you love has been taken in that way isn't something I'll ever fully accept.'

Three teenagers were charged with murder, and Harper's family expected a conviction. But following a trial at the Old Bailey, they were cleared of murder, having claimed that they hadn't realised they were dragging PC Harper behind them.

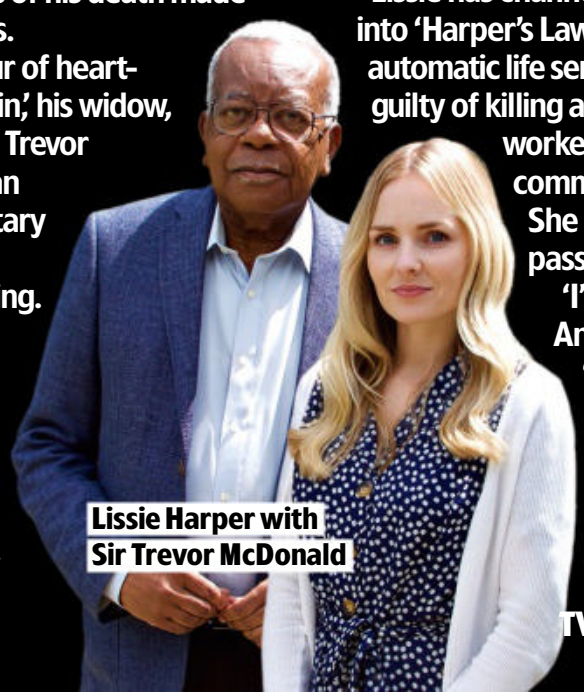
Instead they were convicted of manslaughter with the driver, Henry Long, 19, jailed for 16 years, and his passengers, Albert Bowers and Jessie Cole, both 18, sentenced to 13 years each.

FIGHTING FOR CHANGE

'I remember hearing one of the jurors read out the verdict, and thinking, this is so wrong,' says Lissie. 'They had no remorse or guilt or sympathy. I don't think they thought for one second about Andrew.'

Lissie has channelled her anger into 'Harper's Law', proposing an automatic life sentence for anyone guilty of killing an emergency worker while committing a crime. She hopes it will be passed later this year.

'I'm doing it for Andrew,' she says. 'I want to create some kind of legacy and something I know he would be proud of.'



Lissie Harper with Sir Trevor McDonald

Films *This week's*

reviewed by **Total Film Magazine**

PREMIERE OF THE WEEK

Reminiscence

Hugh Jackman delves about in the past for a murky sci-fi mystery

Hidden depths: Hugh walks on the dark side

SCI-FI MYSTERY

Friday, Sky Premiere HD, 1.05pm & 8pm ★★★

'Nothing is more addictive than the past,' mutters Nick Bannister (Hugh Jackman), the morally questionable gumshoe at the heart of this engaging and ambitious sci-fi thriller.

Living in Miami at a time when rising oceans have left large portions of the city underwater, Bannister's work revolves around plundering people's memories for the lucrative nostalgia market.

Using a bath-like device, 'the tank', Bannister and business partner Watts (Thandiwe Newton) access clients' formative experiences and project them as 3D holograms. But things change when Nick meets and falls for archetypal femme fatale Mae (Rebecca Ferguson). Her memories reveal involvement in murders and, when she disappears, he combs through her past using the tank…

With its moody cinematography and a darker-than-usual Jackman providing a robust lead, *Reminiscence* is rich in atmosphere, while the underwater scenes provide a stark expression of climate change.

Writer-director Lisa Joy's film falters mostly with its one-note female characters – Mae is something of a male fantasy figure, while Newton gets little more to do than kick ass – and some moments feel snatched from better movies (*The Matrix*, *Memento*).

It's a shame, for there are plenty of impressive ingredients floating in its murky mix. *JM* 2021, 12, 116MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

premieres

HORROR

Malignant

Saturday, Sky Premiere HD, 10.30pm ★★★★

This bloody valentine to 1970s-1980s horror sees James Wan (*Saw*, *The Conjuring*) channel the likes of horror maestros Argento, De Palma, Cronenberg and more as his hero, Madison (Annabelle Wallis), has visions of grisly murders that, gasp!, are really happening. For 80 minutes it's a serviceable riff on the John Carpenter-scripted, Irvin Kershner-directed *Eyes of Laura Mars* (1978), its biggest thrill being composer Joseph Bishara's dissonant strings and swelling synths. Then a gonzo twist and bonkers last act elevate it to must-see status. *JG* 2021, 18, 107MIN

Something wicked this way comes: Annabelle has scary visions

COMEDY DRAMA

North Hollywood

Sunday, Sky Premiere HD, 9.50am & 8pm ★★★

Michael (Ryder McLaughlin) wants to be a pro skateboarder. His dad (an excellent Vince Vaughn) thinks this is a stupid idea. And that's basically it. While the movie takes place in the modern day, writer-director Mikey Alfred chooses to portray contemporary LA through an early 1960s aesthetic, even peppering the soundtrack with doo-wop and early rock 'n' roll standards, giving the whole film a dreamy, anchorless feel. A languid yet often charming coming-of age-tale. *KM* 2021, 15, 93MIN

Board work: Ryder is living the dream

PAY-PER-VIEW PREMIERES

*The pick of the week's films on **Sky**, **Virgin** and other platforms*

Smash and grab: Patrick, Michael and Alex

CRIME DRAMA

Echo Boomers

On all week ★★★

Sex ●●● Violence ●●● Language ●●●

Patrick Schwarzenegger joins a gang of other millennials (including Alex Pettyfer) to break into homes of the wealthy in Chicago, steal the good stuff and smash the rest. Michael Shannon is the group's controller and he brings his usual intensity to the role (outshining everyone else in the movie). Almost from the outset we can see where this is heading, but even if the journey is well signposted, it's entertaining going along for the ride. *NP* 2020, 15, 94MIN

BIOPIC

The Catcher Was a Spy

On all week ★★★

Sex ●●● Violence ●●● Language ●●●

The incredible true story of Moe Berg, a baseball player recruited by the OSS during World War Two and sent on a mission to kill German scientist Werner Heisenberg. Played by Paul Rudd, Berg has degrees from Yale, Princeton and the Sorbonne in Paris, but his inscrutable personality seems opaque and elusive. It's a perfectly decent watch, but plods along without igniting, which seems a lost opportunity with such strong material and a superb cast that also includes Jeff Daniels, Guy Pearce, Paul Giamatti and Sienna Miller. *NP* 2018, 15, 94MIN

ACTION

Raging Fire

On all week ★★★★

Sex ●●● Violence ●●● Language ●●●

Moral corruption, socio-political commentary and inventively staged scraps are the keynotes of this pacy Hong Kong thriller. Martial-arts legend Donnie Yen plays a cop facing off against a gang of masked criminals led by his former protégé (Nicholas Tse). The action offers riveting compensation for occasional lapses into melodrama. *MLo* 2021, 15, 126MIN

THRILLER

The Ledge

From Monday 14 March ★★★

Sex ●●● Violence ●●● Language ●●●

Paul and Sienna

Climbing up sheer rock faces is a hair-raising prospect in itself; throw in a bunch of murderers and you've got the recipe for a nightmare. Kelly (Britanny Ashworth) finds herself trapped on a ledge up a mountain, 20 feet from a group of men who've killed her best friend and are planning the same fate for her. This survival thriller is let down by some one-note performances and a few dodgy special effects, but at its peak it conjures an impressively visceral sense of terror. *LL* 2022, 15, 86MIN

PICK OF THE MOVIES ON DISNEY+ & AMAZON PRIME VIDEO

THRILLER

Nightmare Alley

Disney+ *From Wednesday 16 March* ★★★★

Sex ●●● Violence ●●● Language ●●●

Having left behind a body and a burning house, Bradley Cooper's Stan takes refuge at Willem Dafoe's carnival, falls for an electric Rooney Mara and develops a flair for fraudulent mind-reading. This brings him fatefully into the orbit of Cate Blanchett's steely analyst. Guillermo del Toro's lavish, wonderful-looking movie boasts a fabulous cast and a gripping story with a sting in its tail. *KH* 2021, 15, 150MIN

HORROR

Master

prime video *From Friday 18 March* ★★★★

Sex ●●● Violence ●●● Language ●●●

Regina Hall is Gail, the new 'master' at an elite institution a stone's throw from Salem that feels cursed long before any ghoulish apparitions or racist abuse show up. The first black person in the role, Gail finds it hard to fit in, as does new black student Jasmine (Zoe Renee). With its effective jump frights and stylish nightmare sequences, this horror is as interested in being scary as it is smart. *LL* 2022, 15, 91MIN

FilmFinder The best of the week at a glance

Sci-Fi

Oblivion ★★★★

Sunday, Sky Sci-Fi/Horror, 4pm

Director Joseph Kosinski, here adapting his own graphic novel, borrows heavily from past sci-fi classics, but Tom Cruise in action mode holds this futuristic adventure together. 2013, 12, 125MIN

Gravity ★★★★★

Tuesday, Sky Sci-Fi/Horror, 5pm

Though the story strains credibility to breaking point, there's no denying this spacebound disaster movie starring Sandra Bullock and George Clooney is breathlessly exciting. 2013, 12, 91MIN

Terminator Salvation ★★★

Thursday, Sky Sci-Fi/Horror, 8pm

This fourth film has Christian Bale as John Connor, leading the resistance in a devastated 2018. Then Sam Worthington's mysterious stranger turns up... 2009, 12, 110MIN

Event Horizon ★★★

Friday, Sky Sci-Fi/Horror, 9.50pm

A strong cast, including Sam Neill, helps elevate this sci-fi chiller. A spacecraft gone through a black hole exerts a weird influence on the astronauts sent to retrieve it. 1997, 18, 96MIN

Comedy

Last Orders ★★★★

Monday, Film4, 9pm

This absorbing comedy drama sees four drinking pals (including Bob Hoskins and Tom Courtenay) travel to Margate to cast the ashes of the fifth (Michael Caine) into the sea. 2001, 15, 109MIN

Horrible Bosses ★★★

Monday, Sky Cinema Comedy, 11.15pm

A witty workplace farce in which downtrodden wage slaves Jason Bateman, Jason Sudeikis and Charlie Day concoct a scheme to bump off their awful employers. 2011, 15, 98MIN

The Man Who Killed Don Quixote ★★★★

Wednesday, Sky Drama, 9.40am

After an epic production, director Terry Gilliam's comic adventure stars Adam Driver and Jonathan Pryce in the lead roles. 2018, 15, 133MIN

That Awkward Moment ★★★

Friday, Sky Cinema Comedy, 11.25pm

Three guys (Zac Efron, Miles Teller and Michael B Jordan) find their resolve to stay single wavering in this raunchy romcom. 2014, 15, 94MIN

Drama

Legends of the Fall ★★★★

Sunday, GREAT! movies, 1.20pm

Anthony Hopkins is a Montana rancher in the early 1900s, Aidan Quinn, Henry Thomas and Brad Pitt are his sons, and Julia Ormond the woman who fires up this sumptuous epic. 1994, 15, 133MIN

Joe ★★★★

Wednesday, GREAT! movies, 9pm

A reckless, volatile ex-con (a superb Nicolas Cage) shows he has a decent core when he takes a downtrodden 15-year-old lad (Tye Sheridan) under his wing. 2013, 15, 117MIN

EDITOR'S CHOICE

Black and Blue ★★★

Thursday, Film4, 9pm

A gripping police thriller with a sharp political edge, this stars Naomie Harris as a war veteran-turned-rookie New Orleans police officer who inadvertently captures on her body cam the murder by two bent narcotics cops of a young black drug dealer. The film isn't particularly original, but Harris is terrific, while the renewed focus on Black Lives Matter gives the story's critique of police racism even greater cogency. 2019, 15, 108MIN

Action

Need for Speed ★★★

Saturday, AMC, 5pm

Strap yourselves in for some fast and furious B-movie fare that offers plenty of high-octane action in the company of Aaron Paul, Dominic Cooper and Imogen Poots. 2014, 12, 130MIN

Archenemy ★★★

Monday, Sky Action, 1.15am

Wannabe journalist Skylan Brooks befriends Joe Manganiello, a man of mystery claiming to be a superhero who lost his powers after coming from an alternate dimension. 2020, 15, 90MIN

Desperado ★★★

Tuesday, Sky Action, 9.45pm

Antonio Banderas and his guitar case full of guns demolishes an entire town in the cause of revenge down Mexico way, pausing to fall for bookseller Salma Hayek. Explosive fun. 1995, 18, 105MIN

RED ★★★★

Wednesday, Film4, 9pm

A splendid A-list cast, including Bruce Willis, Morgan Freeman, Helen Mirren and John Malkovich, turns what could have been just a routine actioner into something special. 2010, 12, 111MIN

Films may be edited for television. The running times given are those of the original cinema releases.

Weekend movies

Saturday 12 March

COMEDY DRAMA

Once Upon a Time... in Hollywood

C4 HD, 9pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Quentin Tarantino's juicy, not-to-be-missed take on 1960s Hollywood and the Manson family is a leisurely meditation on friendship and fame – until the explosive finale. Leonardo DiCaprio, as a fading TV Western star, and Brad Pitt, as his stunt double and best friend, are a dream team and Margot Robbie is perfect as Sharon Tate. Shot with Tarantino's customary wit and freewheeling flair, the film is bursting with star cameos (including Al Pacino, Kurt Russell and Damian Lewis). 2019, 18, 166MIN

In the spotlight: Brad and Leonardo

DRAMA

Pride & Prejudice

BBC2 HD, 4.45pm (not NI) ★★★★★

Sex ●●● Violence ●●● Language ●●●

The vivacious heart and soul of the tale, Oscar-nominated Keira Knightley is faultless as Elizabeth Bennet in this winning adaptation of Jane Austen's novel. Matthew Macfadyen as Mr Darcy is good value, too, and a stellar supporting cast includes Brenda Blethyn, Donald Sutherland, Judi Dench and Carey Mulligan. Tom Hollander has to be singled out for praise for his brilliantly understated performance as Elizabeth's diminutive, desperate suitor Mr Collins. An old favourite refined, revived and reinvigorated. 2005, U, 127MIN

HORROR

A Quiet Place

Film4, 11.25pm ★★★★

Sex ●●● Violence ●●● Language ●●●

A terrific horror film directed and co-written by its star John Krasinksi. The setting is a post-apocalyptic near future in which a couple (Krasinski and real-life wife Emily Blunt) and their children (Millicent Simmonds, Noah Jupe and Cade Woodward) struggle to stay alive in a world that has been overrun by sightless monsters that hunt by sound. The slightest noise will set them off and the most innocent of mishaps can lead to disaster. The tension is wound ever tighter until we're ready to scream, even if the characters must not. 2018, 15, 90MIN

DRAMA

Pain and Glory

BBC4, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Spanish maestro Pedro Almodóvar mines his own life and career, and even the decor of his Madrid apartment, for this visually lush, revealingly intimate drama starring Antonio Banderas and Penélope Cruz. Winner of the Best Actor prize at 2019's Cannes Festival, Banderas plays Almodóvar's on-screen alter ego, an ageing director with filmmaker's block and a variety of niggling ailments who begins to recall his childhood and first love after being invited to introduce a special screening of one of his early films. Subtitled. 2019, 15, 113MIN

Also on Saturday

Need for Speed
AMC, 5pm ★★★
See FilmFinder page 24.

Malignant
Sky Premiere, 10.30pm ★★★★
See Premieres page 23.

Ocean's Thirteen
ITV, 10.40pm ★★★
George Clooney and gang are back in this slick third caper comedy.

Let Me In
Horror Channel, 10.50pm ★★★★
Kodi Smitt-McPhee befriends odd Chlöe Grace Moretz in a gripping chiller.

The Limehouse Golem
BBC1, 11.05pm ★★★★
Detective Bill Nighy hunts a serial killer in 1880 London in a slippery, twisty tale.

Full listings start on p35

Sunday 13 March

HORROR

It: Chapter Two

Netflix, On demand ★★★

Sex ●●● Violence ●●● Language ●●●

Twenty-seven years after stopping diabolical killer clown Pennywise (Bill Skarsgård) menacing their small New England town, the troubled grown-up members of the so-called Losers' Club (James McAvoy, Jessica Chastain, Bill Hader, Isaiah Mustafa, Jay Ryan, James Ransome and Andy Bean) reunite to take on their shape-shifting foe once more. The cast is excellent and the shocks well delivered, but this chiller is too long and lacks the heart that made the 2017 original so affecting. 2019, 15, 169MIN

Clowning glory: the gang is in for a penny

ANIMATION

Kung Fu Panda 3

BBC1, 1.50pm (not Scot) ★★★★

Sex ●●● Violence ●●● Language ●●●

Roly-poly martial-arts hero Po, the bumbling, dumpling-loving panda ideally voiced by Jack Black, remains as endearingly comical as ever. His third screen outing sees him striving to step up from warrior to teacher with predictably topsy-turvy consequences for his kung-fu masters. But Po faces a far bigger challenge when supernatural villain Kai (JK Simmons) escapes from the spirit realm. The ensuing showdown lives up to the series' hugely enjoyable blend of rumbustious comedy and action – and the animation looks a treat, too. 2016, PG, 95MIN

BIOPIC

Ali

BBC2, 10pm (11.30pm NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Michael Mann's attempt to capture the spirit of boxer Muhammad Ali and the difficult times he lived through is less a conventional biopic than a scrapbook of incandescent impressions. Will Smith takes the lead role as the engrossing film covers 10 tumultuous years in Ali's life – from winning the world title by beating Sonny Liston through to the legendary 'Rumble in the Jungle' with George Foreman in 1974. Oscar-nominated Smith is amazing and Jon Voight is also magnificent as Howard Cosell, his TV pundit pal. 2001, 15, 159MIN

COMEDY

Big

Channel 5, 4.20pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

A boy makes a wish on a fairground machine to be 'big' and, next morning, he discovers he's turned into 30-year-old Tom Hanks! Much of the humour in this delightful movie is derived from Oscar-nominated Hanks' expert comic timing and his perfect depiction of the boy in an adult's body. Viewed through the eyes of a child, the complicated rules and rituals of life in the grown-up world – ambition, office politics, empty relationships – are put into perspective perfectly. Heart-warming, touching and very, very funny. 1988, PG, 102MIN

Also on Sunday

North Hollywood
Sky Premiere, 4.10am, 9.50am, 8pm & 5.55am ★★★
See Premieres page 23.

Queen of Katwe
BBC2, 10.15am ★★★
A rousing biopic of Ugandan chess prodigy Phiona Mutesi (Madina Nalwanga).

Legends of the Fall
GREAT! movies, 1.20pm ★★★★
See FilmFinder page 24.

Oblivion
Sky Sci-Fi/Horror, 4pm ★★★★
See FilmFinder page 24.

The Eagle
C4, 1am ★★★
A stirring Romans-in-Britain saga starring Channing Tatum and Jamie Bell.

Full listings start on p45

Weekday movies over page

Weekday movies

Monday 14 March

DRAMA

Nowhere Special

Sky Drama, 8.10am & 4.30am ★★★★

Sex ●●● Violence ●●● Language ●●●

James Norton stars in this utterly heartbreaking tale as John, a terminally ill window cleaner and single dad living in Northern Ireland with his little son Michael (Daniel Lamont). John is determined to find his boy a suitable foster home before he dies – a life-altering decision that he rightly agonises over. Drawing on a true story, writer-director Uberto Pasolini's film, unsurprisingly, teeters towards sentimentality, but even the stoniest of hearts will melt at Norton and super-cute Lamont's bond. 2020, 12, 92MIN

Father's way: Daniel and James share a sweet moment

COMEDY FANTASY

Bill & Ted Face the Music

Sky Cinema Comedy, 2.15pm & 9.35pm ★★★

Sex ●●● Violence ●●● Language ●●●

Back after a 28-year absence, Bill (Alex Winter) and Ted (Keanu Reeves) are no closer to writing their song that will save the world. Their plan? To travel forward in time and steal said song from their future selves. It's not quite an excellent adventure, but is light and brisk, while the duo's classic chemistry holds up and Samara Weaving and Brigette Lundy-Paine as their daughters are a delight. 2020, PG, 91 MIN

COMEDY

The Devil Wears Prada

Film4, 6.45pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Despite knowing nothing about fashion, journalist Anne Hathaway lands a dream job as an assistant to New York fashion magazine editor Meryl Streep – who turns out to be the boss from hell. This clever, riotously funny comedy is awash with hilarious lines. Oscar-nominated Streep sweeps all before her, Emily Blunt is a hoot as her stressed first assistant and Hathaway is just right. 2006, PG, 109MIN

ROMCOM

Shakespeare in Love

BBC2, 11.15pm (not N Ireland) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Joseph Fiennes plays the Bard, who finds himself unable to complete work on his new play *Romeo and Ethel the Pirate's Daughter* until an encounter with Viola De Lesseps (Gwyneth Paltrow) opens both his heart and the artistic floodgates. This charming period romantic comedy is lively and colourful, and garnered seven Oscars, including Best Picture and Best Actress for Paltrow. 1998, 15, 122MIN

Also on Monday

Shrek
Sky Animation, 9.05am ★★★★★
The ogre's first outing is a witty joy.

Black Butterfly
GREAT! action, 9pm ★★★
Antonio Banderas' writer is stuck for ideas in this engaging thriller.

Last Orders
Film4, 9pm ★★★★
See FilmFinder page 24.

Horrible Bosses
Sky Cinema Comedy, 11.15pm ★★★
See FilmFinder page 24.

Archenemy
Sky Action, 1.15am ★★★
See FilmFinder page 24.

Full listings start on p55

Tuesday 15 March

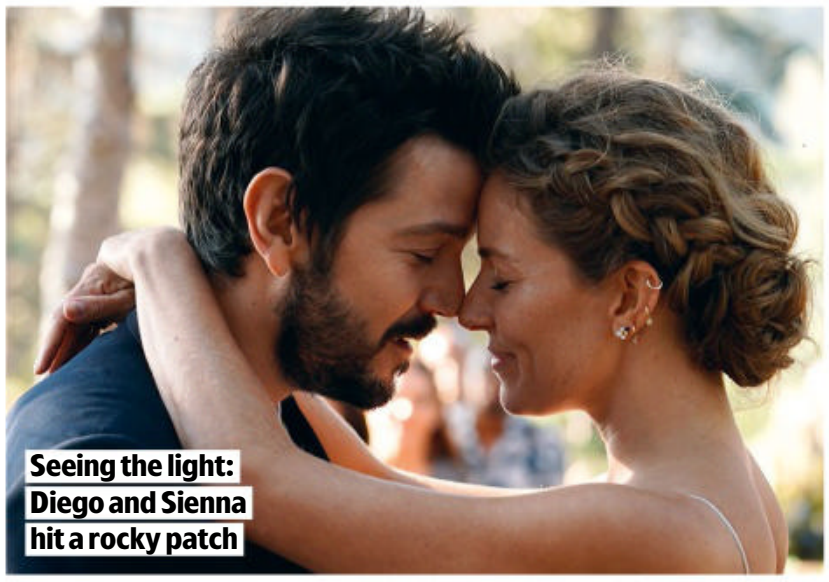
DRAMA

Wander Darkly

Sky Drama, 10.40am ★★★★

Sex ●●● Violence ●●● Language ●●●

By turns mesmerising, frustrating and achingly sad, this unsettling drama is always gripping. Sienna Miller is outstanding as stressed new mum Adrienne whose relationship with partner Matteo (Diego Luna) is buckling. But a shocking collision after a tense date night changes everything… Space and time bend and shatter in unexpected, frightening ways as Miller stumbles into a plane of confusion and trauma while the couple revisit pivotal moments in their lives. 2020, 15, 97MIN



Seeing the light: Diego and Sienna hit a rocky patch

DRAMA

The Public

Sky Drama, 6.10am & 1.55am ★★★

Sex ●●● Violence ●●● Language ●●●

In a wintry Cincinnati, with the shelters full, a bunch of homeless people turn the downtown public library into an emergency refuge. Emilio Estevez writes and directs this quietly rousing social drama and takes the leading role of the mild, unassuming librarian at the centre of the uproar that ensues. The film's prevailing mood is warm and fuzzy rather than strident, even if there is real anger just below the surface. 2017, 15, 119MIN

COMEDY DRAMA

I Used to Go Here

Sky Cinema Comedy, 4.35pm ★★★

Sex ●●● Violence ●●● Language ●●●

When mildly successful author Kate (Gillian Jacobs) is invited by a former professor (Jemaine Clement) to speak at her alma mater, she feels the trip may be the respite she needs from her struggles. While writer-director Kris Rey's comedy captures the nostalgia of revisiting college life, the characters and story are familiar. Still, Jacobs and emerging stars Hannah Marks and Forrest Goodluck make it worthwhile. 2020, 15, 80MIN

BIOPIC

Colette

BBC2, 11.15pm (not NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

A spirited Keira Knightley takes Belle Epoque Paris by storm in this lush and risqué biopic about the early career of turn-of-the-20th-century French writer Colette. Dominic West has a blast, too, turning on the blustering, larger-than-life charm as her husband, literary impresario Willy, a proper rotter who takes all the credit for his wife's early books and is a womanising spendthrift to boot. But this is Knightley's show and she's terrific. 2018, 15, 112MIN

Also on Tuesday

Knowing
Sky Sci-Fi/Horror, 9.25am & 6.45pm ★★★★
Nic Cage stars in a super sci-fi.

Speed
Sky Action, 9.45am & 6pm ★★★★★
The wheels on the bus go round...

Gravity
Sky Sci-Fi/Horror, 5pm ★★★★★
See FilmFinder page 24.

Prisoners
Sky Greats, 5.25pm ★★★★
A compelling child-kidnap thriller.

Desperado
Sky Action, 9.45pm ★★★
See FilmFinder page 24.

Full listings start on p65

Wednesday

THRILLER

Naked Singularity

Sky Thriller, 7.15pm ★★★

Sex ●●● Violence ●●● Language ●●●

A car full of drugs on an impound lot is the engine that sucks in reformed crook Olivia Cooke and public defender John Boyega in a movie that mixes a standard heist plot with comedy and

Making a move: John takes some fateful steps

THRILLER

Stray Dolls

Sky Thriller, 6am ★★★

Sex ●●● Violence ●●● Language ●●●

Two hard-pressed women working in a seedy motel – one an illegal immigrant from India (Geetanjali Thapa), the other a hard-bitten Texas runaway (Olivia DeJonge) – become unlikely partners in crime in a bid for a slice of the American dream. Stronger on mood than plot, this unusual thriller holds attention by virtue of its strong performances (Cynthia Nixon co-stars as the motel's tough Polish owner) and striking visuals. 2019, 15, 97MIN

BIOPIC

The Theory of Everything

Sky Oscars, 10.50pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Eddie Redmayne picked up awards galore for his remarkable portrayal of astrophysicist Stephen Hawking in this stirring biopic. His co-star Felicity Jones warrants equal praise for her fiercely tender portrayal of Jane Wilde, the arts student who became Hawking's first wife and whose tenacity and will arguably helped keep him alive after he was diagnosed with motor neurone disease at the age of 21. 2014, 12, 123MIN

16 March

surreal touches. As the complicated heist is underway and the villain closes in, the possibly apocalyptic *Singularity* of the title slowly reveals itself. The directorial debut of *It* screenwriter Chase Palmer, this is brisk and inventive, but makes so many tonal shifts you may need motion sickness tablets to get through it. 2021, 15, 93MIN

ROMCOM

Four Weddings and a Funeral

Film4, 11.35pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

A really funny romcom with a sparkling script by Richard Curtis and a perfect performance from Hugh Grant as a bumbling toff with a habit of putting his foot in it. Andie MacDowell is the guest he gets to know over the five big events, Kristin Scott Thomas is his friend, Simon Callow, John Hannah, James Fleet and Charlotte Coleman lend cheery support and Rowan Atkinson plays a vicar. 1994, 15, 117MIN

Also on Wednesday

The Man Who Killed Don Quixote
Sky Drama, 9.40am ★★★★
See FilmFinder page 24.

Bullitt
ITV4, 9pm ★★★★★
Steve McQueen gets one of his best roles in this classic thriller.

Joe
GREAT! movies, 9pm ★★★★
See FilmFinder page 24.

RED
Film4, 9pm ★★★★
See FilmFinder page 24.

Collateral
ITV4, 11.20pm ★★★★
Tom Cruise and Jamie Foxx star in Michael Mann's stylish thriller.

Full listings start on p75

Thursday 17 March

DRAMA

Minari

Sky Hits, 6am & 4.55am ★★★★

Sex ●●● Violence ●●● Language ●●●

A Korean-American family decamps from California to an Arkansas trailer. Dad Jacob (Steven Yeun) has big plans, but they are soon complicated, leaving wife Monica (Han Ye-ri) frustrated. Meanwhile, poorly son David (Alan S Kim) hangs out with wily granny Soon-ja (Yuh-jung Youn). Despite its portraits of compromised American dreams, Lee Isaac Chung's drama is not as sentimental as you might expect. Steeped in rich reserves of empathy, it honours the minutiae of lived-in experience. Subtitled. 2020, 12, 120MIN

Field of dreams: Steven has big plans

SCI-FI

Archive

Sky Sci-Fi/Horror, 6pm ★★★

Sex ●●● Violence ●●● Language ●●●

Gavin Rothery, VFX supervisor on 2009's excellent *Moon*, refines that film's striking aesthetic for his directorial debut, in which robotics expert George (Theo James) attempts to upgrade the technology housing the consciousness of his late wife (Stacy Martin). While Rothery's latest model isn't as sturdy as its illustrious prototype, it's a sleek, smart sci-fi thriller, offering some timely thoughts on the ethics of consent. 2020, 15, 109MIN

ROMCOM

Then Came You

Sky Cinema Comedy, 6.45am & 5.05am ★★★

Sex ●●● Violence ●●● Language ●●●

Kathie Lee Gifford's film-loving widow leaves her Nantucket home with her husband's ashes in a chocolate box (because he liked *Forrest Gump*) and an intention to travel to the 20 countries of their 20 favourite movies. However, at her first stop, a Scottish manor house in Loch Lomond, she meets Craig Ferguson's grumpy widower... It's the usual romcom fluff, but a decent cast and script make it fun. 2019, 12, 97MIN

FAMILY COMEDY

Paddington

Sky Family, 6.40pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Paddington Bear's first big-screen adventure is a warm, witty and generous-hearted family film to delight young and old alike. Winningly voiced by Ben Whishaw, the marmalade-loving bear leaves darkest Peru after an earthquake destroys his jungle home and turns up in London. Hugh Bonneville and Sally Hawkins head the kindly Brown family who take him in, while Nicole Kidman provides menace as an evil taxidermist. 2014, PG, 95MIN

Also on Thursday

Red Lights
Sky Thriller, 2pm ★★★
This twisty thriller asks if Robert De Niro's psychic is a fake...

Terminator Salvation
Sky Sci-Fi/Horror, 8pm ★★★
See FilmFinder page 24.

Black and Blue
Film4, 9pm ★★★
See Editor's Choice page 24.

Kind Hearts and Coronets
Sky Arts, 9pm ★★★★★
Alec Guinness plays eight roles in an all-time great British comedy.

The Hundred-Foot Journey
Sky Drama, 10pm ★★★
A tasty little comedy starring Helen Mirren and Om Puri.

Full listings start on p85

Friday 18 March

COMEDY

Lady Bird

BBC3, 9.15pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Saoirse Ronan is equal parts endearing and annoying as a snarky but vulnerable 17-year-old title character who longs to escape from her dull suburban roots and go to college in this beguiling coming-of-age comedy from writer-director Greta Gerwig. Set in Sacramento, California, in 2002, the film revolves around Lady Bird's prickly love-hate relationship with her mum (Laurie Metcalf). It is whip-smart, achingly honest and piercingly funny, but what will remain with you is its beautiful tender heart. 2017, 15, 94MIN

Teen spirit: Laurie has Saoirse's back

ANIMATION

The Boxtrolls

Sky Animation, 5pm ★★★★

Sex ●●● Violence ●●● Language ●●●

This delightful stop-motion animated fantasy is stuffed full of quirky details, weird characters and cockeyed humour. In the Victorian town of Cheesebridge, villain Archibald Snatcher (voiced by Ben Kingsley) has persuaded the locals to fear the harmless underground-dwelling Boxtrolls and wants to exterminate them. But, raised by the creatures, young orphan Eggs and his new friend Winnie set out to save his friends. 2014, PG, 97MIN

ACTION

Mad Max

ITV4, 9pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

With its astounding car chases and crazy stunts, this heart-pounding Australian film, directed with panache by George Miller, appeared out of nowhere in 1979 and took the world by storm. Mel Gibson has his most iconic role as vengeful cop Max Rockatansky, on the warpath in a post-apocalyptic Outback after biker gangs mow down his wife and child, and his portrayal was a key pit-stop for him on the road to international superstardom. 1979, 18, 93MIN

THRILLER

Dragged Across Concrete

Sky Thriller, 11.35pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Mel Gibson and Vince Vaughn play embittered old-school cops who attempt to hijack the loot from a bank robbery while under suspension from the force. Director S Craig Zahler's idiosyncratic thriller also tells a parallel narrative involving Tory Kittles' ex-con and his childhood best friend (Michael Jai White), both of whom are drawn into the heist, and also finds room for juicy cameos from Don Johnson and Udo Kier. 2018, 18, 159MIN

Also on Friday

Reminiscence
Sky Premiere, 1.05pm & 8pm ★★★
See Premieres page 22.

Event Horizon
Sky Sci-Fi/Horror, 9.50pm ★★★
See FilmFinder page 24.

Pain & Gain
Sky Action, 10.45pm ★★★
An amusing crime comedy.

That Awkward Moment
Sky Cinema Comedy, 11.25pm ★★★
See FilmFinder page 24.

Boyz N the Hood
BBC1, 12.05am ★★★★
A gritty drama about life in LA.

Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

World Indoor Championships

THE MAIN EVENT

Keely Hodgkinson leads Britain's charge for medals in Belgrade

LIVE ATHLETICS

Friday, BBC2 HD & BBC3 HD, from 8.15am

Great Britain's hopes will be high at this year's World Indoor Championships when the three-day meet begins in Belgrade, Serbia, on Friday.

A strong squad will be looking to better our medal haul from four years ago, in Birmingham, when Britain finished fourth in the medals table behind the USA, Ethiopia and Poland, with two golds, one silver and four bronzes.

Here, we pick six of our best chances for success...

KEELY HODGKINSON

All eyes will be on the 20-year-old, who broke her own British record over the 800m last month, clocking one minute, 57.20 seconds to move to sixth on the world indoor all-time list. It followed a superb 2021 when she became the youngest ever European indoor champion before claiming silver at the Tokyo Olympics.

ANDREW POZZI

The 29-year-old will be defending his 60m hurdles title after taking gold four years ago in Birmingham. Pozzi secured his spot by winning the event in 7.67 seconds at the UK Indoor Championships two weeks ago, and is set to go up against the USA's world champion and world indoor record holder Grant Holloway.

MARC SCOTT

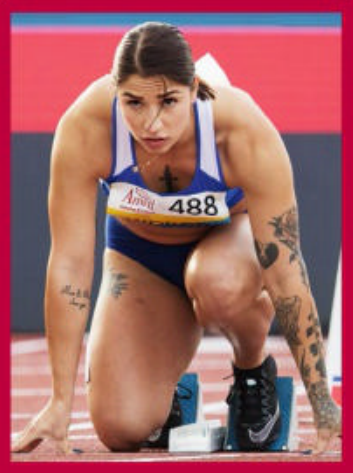
The Yorkshireman is the European indoor record holder over 5,000m, recently running below 13 minutes for the first time, and will be competing in the 3,000m in Serbia. 'I'm confident I can do well in Belgrade,' he says. 'I know the guys I'm running against and I feel I have a good chance of a medal.'

ELLIOT GILES

The 27-year-old from Birmingham – who suffered a serious motorbike crash in 2014 – will compete in the 800m after missing out on the podium in 2018 with a fourth-place finish. He's since broken Sebastian Coe's national indoor record with a time of one minute, 43.63 seconds.

WORDS: RICHARD MCCLURE. PHOTOS: ALAMY, GETTY

FRIDAY'S HIGHLIGHTS



The championships begin on Friday with medals handed out in the men's triple jump and long jump, and women's shot put, pentathlon, 3,000m and 60m, which could see a classic encounter between Poland's world-leading Ewa Swoboda and Jamaica's five-time Olympic gold medallist Elaine Thompson-Herah.

SOPHIE McKINNA
The shot-putter has set her sights on breaking the long-standing British record and was agonisingly close to doing just that when she threw a personal best of 18.82m two weeks ago. 'I've made some technical changes which will make a huge difference, so I am hoping the British record will go in Belgrade,' she says. 'I am creeping ever closer.'

LORRAINE UGEN
The 30-year-old Londoner, who claimed long-jump bronze at the 2016 World Indoor Championships, will also be in action in Belgrade. Ugen reclaimed the British title at Birmingham last month with a leap of 6.75m, putting her equal sixth on this year's world lists.

Protektorat, ridden by Harry Skelton (left)

Cheltenham Festival

Champion jockey **Harry Skelton** on his Gold Cup chances

LIVE HORSE RACING

Tuesday-Friday, ITV HD

ITV's Ed Chamberlin and Francesca Cumani present all the action from jump racing's famous four-day festival this week. We caught up with champion jockey Harry Skelton to hear more…

You have four Cheltenham winners to your name. Are you confident of adding to that total? I'd be delighted to add one more – two would be a bonus. It's just great to be back at Cheltenham in front of the crowds. This is the place you dream of having winners. The roar when the first race gets underway on Tuesday afternoon will be amazing.

Jockey Harry Skelton

How do you feel about riding in the Gold Cup for the first time? It's very exciting and the whole yard is buzzing. I ride for my brother [trainer Dan Skelton] and our Gold Cup horse, Protektorat, is in good form. Dan and I have the same attitude – we celebrate together and we get beaten together.

If you weren't a jockey, what other sport would you be involved with? Horses are everything to me, so I'd probably have been a showjumper like my dad, Nick Skelton. I could still do that one day, but for now I am focused on winning the big races.

Toyota Gazoo Racing

LIVE MOTORSPORT

World Endurance Championship

Friday, Eurosport 1 HD

British driver Mike Conway will be seeking a third successive world title as the season opens with the 1000 Miles of Sebring in Florida. Last year, Conway and his Toyota Gazoo Racing teammates Kamui Kobayashi and José María López claimed three victories, including the 24 Hours of Le Mans, as the Bromley-born driver became Britain's first two-time endurance world champion since the 1980s.

Ireland's Michael Lowry scores a try

LIVE RUGBY UNION

Six Nations

Saturday, ITV HD

Round four concludes with two matches on Saturday when Scotland travel to bottom-placed Italy (kick-off 2.15pm) before England host Ireland at Twickenham (kick-off 4.45pm) as both nations chase France at the top of the table. Michael Lowry impressed on his Ireland debut two weeks ago, scoring two tries as his side cruised past Italy 57-6, while fly-half Marcus Smith continues to be in good form for England.

LIVE FOOTBALL

Champions League

Tuesday & Wednesday, BT Sport 2 HD, kick-offs 8pm

The stage is set for an engrossing encounter on Tuesday when Manchester United host Atlético Madrid for a quarter-final place. The sides go into the game at 1-1 following Anthony Elanga's late equaliser two weeks ago. On Wednesday, Chelsea go to Lille after winning the first leg 2-0 with goals from Kai Havertz and Christian Pulisic.

Kai Havertz of Chelsea (left)

Sport A-Z and football planner »»

Travel insurance that gives you a little bit extra!

With Avanti Travel Insurance, when we say you're covered – you're covered. So if you contract **COVID-19**, either before your trip and have to cancel or when you're abroad and need medical treatment, you're covered for that too. Good to know, especially if you're travelling with pre-existing health conditions.

That's Travel Reassurance!

Trustpilot
Rated Excellent
Over 25,000 reviews

defaqto
EXPERT RATED
2014 – 2021

Call us **FREE** 7 days a week

0800 688 9093

avanti.co.uk

avanti
Travel Insurance

COVID-19 cover rated 'Superior' by an independent consumer association. Customers should be fully vaccinated. Terms, conditions and exclusions apply. Trustpilot rating correct at time of print.

Sport week A-Z GUIDE This week's sport on TV

ATHLETICS

LIVE World Indoor Championships
Fri 8.15am & 4.30pm BBC2; 7pm BBC3
The opening day from Stark Arena in Belgrade, Serbia. See p28.

AUSTRALIAN RULES

LIVE North Melbourne Women v West Coast Eagles Women
Sat 6am BT Sport/ESPN

LIVE Melbourne Women v Carlton Women
Sat 8am BT Sport/ESPN

LIVE Fremantle Women v Gold Coast Suns Women
Sun 6am BT Sport 2

LIVE Melbourne Demons v Western Bulldogs
Wed 8am BT Sport 1

LIVE Carlton Blues v Richmond Tigers
Thu 8am BT Sport 1

LIVE St Kilda Saints v Collingwood Magpies
Fri 8.30am BT Sport 2

BADMINTON

LIVE German Open
Sat 1pm BT Sport/ESPN; Sun 11am BT Sport/ESPN

LIVE All England Open Championships
Wed 9am BT Sport/ESPN & BBC Red Button; Thu 11am BT Sport 2& BBC Red Button; Fri 10am & 5pm BT Sport 3 & BBC Red Button

BASEBALL

LIVE MLB Spring Training
Mon & Tue 5pm BT Sport/ESPN

BASKETBALL

LIVE SEC Tournament
Sat 7.30pm & Sun 5pm BT Sport/ESPN

LIVE Big 12 Tournament
Sat 11pm BT Sport/ESPN

LIVE Golden State Warriors v Milwaukee Bucks
Sat 1.30am Sky Sports Arena & Sky Sports Mix

LIVE ACC Tournament
Sat 1.30am & Sun 7.15pm BT Sport/ESPN

LIVE Brooklyn Nets v New York Knicks
Sun 5pm Sky Sports Arena

Cricket
England and captain Heather Knight face two vital World Cup group games this week

LIVE Boston Celtics v Dallas Mavericks
Sun 7.30pm Sky Sports Arena

LIVE NCAA Tournament Challenge Marathon
Mon 12m't & Tue 10.30pm BT Sport/ESPN

LIVE NCAA Tournament
Tue & Wed 10.30pm & 1am BT Sport/ESPN; Thu 10pm & 1.30am BT Sport/ESPN; Fri 4pm, 6.30pm, 9pm, 11pm & 1.30am BT Sport/ESPN

LIVE Orlando Magic v Detroit Pistons
Thu 11pm Sky Sports Arena

COMBAT SPORTS

LIVE UFC Fight Night Prelims
Sat 10pm BT Sport 1

LIVE Thiago Santos v Magomed Ankalaev
Sat 12m't BT Sport 1

CRICKET

LIVE West Indies v India
Sat 6am Sky Sports Main Event & Sky Sports World Cup

LIVE Pakistan v Australia
Sat 6am Sky Sports Mix; Sat 4.50am Sky Sports Mix & 5.05am Sky Sports Main Event; Sun 4.50am Sky Sports Mix; Mon 4.50am Sky Sports Mix & 5.05am Sky Sports Main Event; Tue 4.50am Sky Sports Mix
The second Test.

LIVE India v Sri Lanka
Sat 8.20am Sky Sports World Cup; Sun 8.20am Sky Sports World Cup & 8.30am Sky Sports Main Event; Mon, Tue, Wed 8.20am Sky Sports Main Event & Sky Sports World Cup
The second Test.

LIVE West Indies v England
Sat 1.30pm BT Sport 2
The fifth and final day of the first Test.

LIVE New Zealand v Australia
Sat 9.30pm Sky Sports World Cup & 11.30pm Sky Sports Main Event

LIVE Pakistan v Bangladesh
Sun 9.30pm Sky Sports World Cup & 10.30pm Sky Sports Main Event

LIVE South Africa v England
Sun 12.30am Sky Sports Main Event & Sky Sports World Cup
The Women's World Cup match from Bay Oval in Mount Maunganui.

LIVE T10 Cricket: ECC
Mon 7.55am, 9.55am, 11.55am, 1.55pm & 3.55pm FreeSports

LIVE Australia v West Indies
Mon 9.30pm Sky Sports World Cup & 11pm Sky Sports Main Event

LIVE T10 Cricket: ECC
Tue 7.55am, 9.55am, 11.55am, 1.55pm & 3.55pm FreeSports

LIVE England v India
Tue 12.30am Sky Sports Main Event & Sky Sports World Cup
The Women's World Cup match

LIVE T10 Cricket: ECC
Wed 7.55am, 9.55am, 11.55am, 1.55pm & 3.55pm FreeSports

LIVE West Indies v England
Wed 1pm, Thu 1.30pm & Fri 1.30pm BT Sport 1
The first three days of the second Test.

LIVE New Zealand v South Africa
Wed 12.30am Sky Sports Main Event & Sky Sports World Cup

LIVE T10 Cricket: ECC
Thu 7.55am, 9.55am, 11.55am, 1.55pm & 3.55pm FreeSports

LIVE Bangladesh v West Indies
Thu 9.30pm Sky Sports World Cup & 10pm Sky Sports Main Event

LIVE T10 Cricket: ECC
Fri 7.55am, 9.55am, 12.55pm & 3.55pm FreeSports

LIVE South Africa v Bangladesh
Fri 10.30am Sky Sports World Cup
The ODI at SuperSport Park.

LIVE India v Australia
Fri 12.30am Sky Sports Main Event & Sky Sports World Cup

CYCLING

LIVE Paris-Nice
Sat 12.40pm Euro2 & Sun 2.15pm Euro1

LIVE Tirreno-Adriatico
Sat 1.45pm & Sun 12.30pm Euro1

LIVE Nokere Koerse
Wed 12noon & 2.30pm Euro1

LIVE Milano-Torino
Wed 1pm Euro1

LIVE Grand Prix de Denain
Thu 1pm Euro2

LIVE Bredene Koksijde
Fri 2pm Euro2

DARTS

LIVE Premier League
Thu 7pm Sky Sports Action

EQUESTRIAN

LIVE Dutch Masters
Sun 1.45pm Sky Sports Action

GOLF

LIVE Players Championship
Sat 12.30pm Sky Sports The Players & 8pm Sky Sports Main Event; Sun 11.30am Sky Sports The Players & 7pm Sky Sports Main Event
Coverage of days three and four.

LIVE Honda LPGA Thailand
Sun 6am Sky Sports The Players

LIVE Aramco Saudi Ladies International
Thu 10am Sky Sports Golf & Sky Sports Mix; Fri 10am Sky Sports Golf & Sky Sports Mix

LIVE Steyn City Championship
Thu 10.30am Sky Sports Golf & 11am Sky Sports Main Event; Fri 10.30am Sky Sports Golf

LIVE Valspar Championship
Thu 3.30pm Sky Sports Main Event & Sky Sports Golf; Fri 3.30pm Sky Sports Golf

HOCKEY

LIVE India v Germany
Sat 11.30am BT Sport 3

LIVE India v Germany
Sat 2pm BT Sport 3

LIVE India v Germany
Sun 11.30am BT Sport 2

HORSE RACING

LIVE ITV Racing: Sandown
Sat 1.10pm ITV4

LIVE ITV Racing
Tue, Wed, Thu & Fri 12.50pm ITV
The Cheltenham Festival. See p29.

ICE HOCKEY

LIVE Calgary Flames v Detroit Red Wings
Sat 12m't Premier Sports 1

LIVE Edmonton Oilers v Tampa Bay Lightning
Sat 3am Premier Sports 2

LIVE Los Angeles Kings v Florida Panthers
Sun 2pm Premier Sports 2

LIVE Dundee Stars v Glasgow Clan
Sun 5pm Premier Sports 2

LIVE Buffalo Sabres v Toronto Maple Leafs
Sun 8pm FreeSports

LIVE Colorado Avalanche v Calgary Flames
Sun 12m't Premier Sports 1

LIVE Ottawa Senators v Arizona Coyotes
Mon 11.30pm Premier Sports 1

LIVE St Louis Blues v Pittsburgh Penguins
Thu 12m't FreeSports

MOTORCYCLING

LIVE MotoGP: Indonesia
Thu 1am & 5.15am BT Sport 2; Fri 1am & 4am BT Sport 2

MOTORSPORT

LIVE Formula 1 Testing
Sat 6.50am Sky Sports Main Event; 6.50am & 11.50am Sky Sports F1

LIVE NASCAR
Sun 7pm Premier Sports 1

LIVE Formula 3
Fri 8.25am & 1.20pm Sky Sports Main Event, Sky Sports F1

LIVE Formula 2
Fri 9.35am & 4.20pm Sky Sports Main Event & Sky Sports F1

LIVE Formula 1
Fri 11.30am & 2.45pm Sky Sports Main Event & Sky Sports F1
The first two practice sessions from the Bahrain Grand Prix.

LIVE FIA World Endurance Championship
Fri 6pm Euro1
The 1000 Miles of Sebring. See p29.

NETBALL

LIVE Team Bath v Loughborough Lightning
Mon 5pm Sky Sports Main Event, Sky Sports Arena & Sky Sports Mix

POOL

LIVE Ultimate Pool Masters
Mon 6.30pm FreeSports

RUGBY LEAGUE

LIVE Wests Tigers v Melbourne Storm
Sat 8.30am Sky Sports Arena

LIVE Huddersfield Giants v Castleford Tigers
Sat 3pm Sky Sports Main Event & Sky Sports Arena (kick-off 3.15pm)

LIVE Catalans Dragons v Wigan Warriors
Sat 5.15pm Sky Sports Arena

LIVE Barrow Raiders v Workington Town
Sun 12.50pm BBC Red Button
The Challenge Cup clash.

LIVE Challenge Cup
Mon 7.15pm Premier Sports 2

LIVE Melbourne Storm v South Sydney Rabbitohs
Thu 9am Sky Sports Main Event & Sky Sports Arena

LIVE Wigan Warriors v Castleford Tigers
Thu 7.30pm Sky Sports Main Event & Sky Sports Arena (kick-off 8pm)

LIVE South Sydney Roosters v Manly-Warringah Sea Eagles
Fri 9am Sky Sports Arena

Sport A-Z and football planner >>>

SUBSCRIPTION OFFER
6 issues for £1*
ONLY 17p AN ISSUE

visit: www.tvandsatsubs.com/X194
Terms and Conditions: *When paying by UK Direct Debit. After six issues, your payments will continue at £23.50 every 3 months. For full terms and conditions, visit magazinesdirect.com/terms. Offer closes 31 December 2022. Lines open Mon-Fri, 9 am-5 pm (UK time).

British-Made
Riser Recliners

up to
Half Price*

Plus **£250**† **trade-in** for your old furniture

RISER RECLINERS

FIXED & RISER RECLINER MATCHING SOFAS

FIRESIDE CHAIRS

Our customers love us!

★ Trustpilot

For a brochure call **FREE** on

0800 988 2898

or visit **www.reclinerfactory.com**

RECLINER FACTORY.COM

TVSAT08/03/22c

*Up to 50% OFF and £250 trade-in applies to selected items, excludes Home Care range. Optional extras charged as per retail price list.
†£250 deducted from total price. Cannot be used in conjunction with any other offer. Offer ends 30/04/22.

LIVE **Salford Red Devils v Leeds Rhinos**
Fri 7.30pm Sky Sports Arena (kick-off 8pm)

RUGBY UNION

LIVE **Italy v Scotland**
Sat 1.30pm ITV (kick-off 2.15pm)
The Six Nations match at the Stadio Olimpico in Rome. See p29.

LIVE **Bulls v Munster**
Sat 2pm Premier Sports 1 (kick-off 2.05pm)

LIVE **England v Ireland**
Sat 4.15pm ITV (kick-off 4.45pm)
Coverage of the Six Nations match from Twickenham. See p29.

LIVE **Ulster v Leinster**
Sat 7pm Premier Sports 1 (kick-off 7.35pm)

LIVE **Montpellier v Toulon**
Sat 8pm Premier Sports 2

LIVE **Lions v Cardiff**
Sun 1.50pm S4C (kick-off 2pm)

LIVE **Northampton Saints v Wasps**
Sun 2pm BT Sport 2 & 2.30pm ITV (kick-off 3pm)

LIVE **Clermont Auvergne v Bordeaux**
Sun 8pm Premier Sports 2

LIVE **Bulls v Scarlets**
Fri 5pm BBC2 Wales (kick-off 5.10pm)

LIVE **Newcastle Falcons v Leicester Tigers**
Fri 7.30pm BT Sport 2 (kick-off 7.45pm)

SKIING

LIVE **Alpine Skiing**
Sat 8.15am, 9.30am, 11.45am & 12.30pm Euro1; Sun 8.15am & 11.30am Euro1; Wed 8.45am & 10.30am Euro1; Thu 8.45am & 10.30am Euro1; Fri 10.45am Euro1

LIVE **Cross-Country Skiing**
Sat 10.30am Euro1; Sun 9.30am Euro1 & 12.45pm Euro2

LIVE **Biathlon**
Sat 11.50am & 2.05pm Euro2; Sun 11.20am & 2.10pm Euro2; Thu 2.35pm Euro1; Fri 2.40pm Euro1

LIVE **Nordic Combined Skiing**
Sun 10.30am Euro1 & 1.35pm Euro2

SNOOKER

LIVE **Turkish Masters**
Sat 5pm & Sun 4pm Euro2

SQUASH

LIVE **Canary Wharf Classic**
Fri 7.30pm BT Sport/ESPN

TENNIS

LIVE **BNP Paribas Open**
Sat-Fri Prime Video
WTA and ATP action at Indian Wells.

WINTER PARALYMPICS

LIVE **Winter Paralympics**
Sat 6am & 12.45am C4; Sun 6am C4
Coverage of days eight and nine.

LIVE **Closing Ceremony**
Sun 11.30am C4

WINTER SPORTS

LIVE **Snowboarding**
Sat 9.50am & Sun 9.20am Euro2

LIVE **Ski Jumping**
Fri 4.10pm Euro1

Football planner

Saturday 12

LIVE **Brisbane Roar v Wellington Phoenix**
6am BT Sport 1 (kick-off 6.05am)

LIVE **Sydney FC v Western United**
6am BT Sport 2 (kick-off 6.05am)

LIVE **Melbourne City v Melbourne Victory**
8.45am BT Sport 2

LIVE **Reading v Manchester United**
11am Sky Sports Premier League & Sky Showcase (kick-off 11.30am)

LIVE **Perth Glory v Central Coast Mariners**
11am BT Sport 2

LIVE **Brighton & Hove Albion v Liverpool**
11.30am BT Sport 1 (kick-off 12.30pm)
Coverage of the Premier League match from the AMEX Stadium.

LIVE **Barnsley v Fulham**
12noon Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)

LIVE **The New Saints v Penybont FC**
12.30pm S4C (kick-off 2.30pm)

LIVE **Levante v Espanyol**
1pm La Liga TV (kick-off 1pm)

LIVE **Granada v Elche**
3.15pm La Liga TV

LIVE **Manchester United v Tottenham Hotspur**
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
Coverage of the Premier League encounter from Old Trafford.

LIVE **Boreham Wood v Chesterfield**
5pm BT Sport 1 (kick-off 5.20pm)

LIVE **Sampdoria v Juventus**
5.15pm BT Sport 3

LIVE **Borussia Monchengladbach v Hertha Berlin**
5.20pm Sky Sports Football

LIVE **Villarreal v Celta Vigo**
5.30pm La Liga TV

LIVE **New York City FC v CF Montreal**
6pm Premier Sports 2

LIVE **Inter Miami v Los Angeles FC**
6.35pm FreeSports

LIVE **Hearts v St Mirren**
7.30pm BBC Scotland (kick-off 7.45pm)

LIVE **AC Milan v Empoli**
7.30pm BT Sport 1

LIVE **Troyes v Nantes**
7.45pm BT Sport 3 (kick-off 8pm)

LIVE **Getafe v Valencia**
8pm La Liga TV (kick-off 8pm)

LIVE **Seattle Sounders v Los Angeles Galaxy**
8.50pm Sky Sports Football & Sky Sports Mix

LIVE **Houston Dynamo v Vancouver Whitecaps**
11.30pm Sky Sports Football

LIVE **Philadelphia Union v San Jose Earthquakes**
12.30am Premier Sports 2

LIVE PREMIER LEAGUE

Manchester United v Tottenham Hotspur

Saturday, Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 5.30pm

United have failed to score in five of their 14 home league games this season, but they took the points with a 3-0 win in north London in October, a result that led to the sacking of Spurs boss Nuno Espírito Santo.

LIVE PREMIER LEAGUE

Arsenal v Liverpool

Wednesday, Sky Sports Main Event HD & Sky Sports Premier League HD, kick-off 8.15pm

Arsenal have failed to score a single goal against Liverpool in their last five meetings. By contrast, Reds forward Diogo Jota has been on target six times in six matches against the Gunners, including a 4-0 home league win in November.

LIVE EUROPA LEAGUE

West Ham United v Sevilla

Thursday, BT Sport 2 HD, kick-off 8pm

Declan Rice will hope to lead the Hammers into the quarter-finals of the Europa League with victory in the second leg at the London Stadium. Rangers travel to Red Star Belgrade (kick-off 5.45pm) as they also chase a place in the last eight.

LIVE **New England Revolution v Real Salt Lake**
12.35am FreeSports

LIVE **Portland Timbers v Austin FC**
3.05am FreeSports

LIVE **Macarthur FC v Western Sydney Wanderers**
5am BT Sport 1 (kick-off 5.05am)

Sunday 13

LIVE **Luton Town v Queens Park Rangers**
11.30am Sky Sports Main Event & Sky Sports Football (kick-off 12noon)

LIVE **Fiorentina v Bologna**
11.30am BT Sport 1

LIVE **Paris Saint-Germain v Bordeaux**
12noon BT Sport 3

LIVE **Tottenham Hotspur v Manchester City**
12.15pm BBC2 (kick-off 12.30pm)

LIVE **Chelsea v Newcastle United**
1pm Sky Sports Premier League & 2pm Sky Sports Main Event (kick-off 2pm)
Coverage of the Premier League encounter from Stamford Bridge.

LIVE **Rayo Vallecano v Sevilla**
1pm La Liga TV (kick-off 1pm)

LIVE **Strasbourg v Monaco**
2pm BT Sport/ESPN (kick-off 2pm)

LIVE **Hellas Verona v SC Napoli**
2pm BT Sport 3 (kick-off 2pm)

LIVE **Cliftonville v Coleraine**
2.30pm Sky Sports Football

LIVE **Real Betis v Athletic Bilbao**
3.15pm La Liga TV

LIVE **Dundee v Rangers**
3.30pm Premier Sports 1 (kick-off 4pm)

LIVE **Arsenal v Leicester City**
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
The Premier League encounter from the Emirates Stadium.

LIVE **Lyon v Rennes**
4pm BT Sport 3 (kick-off 4.05pm)

LIVE **Borussia Dortmund v Arminia Bielefeld**
4.30pm Sky Sports Mix

LIVE **Udinese v AS Roma**
5pm BT Sport 1 (kick-off 5pm)

LIVE **Real Sociedad v Alaves**
5.30pm La Liga TV

LIVE **FC Porto v Tondela**
6pm BT Sport 3 (kick-off 6pm)

LIVE **New York Red Bulls v Minnesota United FC**
6.05pm FreeSports

LIVE **Brighton & Hove Albion v Arsenal**
6.30pm Sky Sports Football, Sky Showcase & 7.30pm Sky Sports Premier League (kick-off 6.45pm)

LIVE **SpVgg Greuther Fürth v RB Leipzig**
6.30pm Sky Sports Mix

LIVE **Brest v Marseille**
7.30pm BT Sport 2

LIVE **Torino v Inter Milan**
7.45pm BT Sport 1 (kick-off 8pm)

LIVE **Barcelona v Osasuna**
8pm La Liga TV (kick-off 8pm)

Monday 14

LIVE **Crystal Palace v Manchester City**
7pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
Coverage of the Premier League match from Selhurst Park.

LIVE **Dundee United v Celtic**
7.15pm Premier Sports 1 (kick-off 7.45pm)

LIVE **Lazio v Venezia**
7.30pm BT Sport 1

LIVE **Mallorca v Real Madrid**
8pm La Liga TV (kick-off 8pm)

Tuesday 15

LIVE **Manchester United v Atlético Madrid**
7pm BT Sport 2 (kick-off 8pm)
The Champions League last-16 second-leg at Old Trafford. See p29.

LIVE **West Brom v Fulham**
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)

LIVE **Ajax v Benfica**
7.30pm BT Sport 3 (kick-off 8pm)

Wednesday 16

LIVE **Lille v Chelsea**
7pm BT Sport 2 (kick-off 8pm)
The Champions League last-16 second-leg encounter. See p29.

LIVE **Arsenal v Liverpool**
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8.15pm)

LIVE **Millwall v Huddersfield Town**
7.30pm Sky Sports Football (kick-off 7.45pm)

LIVE **Juventus v Villarreal**
7.30pm BT Sport 3 (kick-off 8pm)

LIVE **Nottingham Forest v Queens Park Rangers**
7.40pm Sky Sports Arena (kick-off 7.45pm)

Thursday 17

LIVE **Red Star Belgrade v Rangers**
5pm BT Sport 3 (kick-off 5.45pm)
The Europa League last-16 match.

LIVE **Rennes v Leicester City**
5.15pm BT Sport/ESPN (kick-off 5.45pm)
Europa Conference League action.

LIVE **West Ham United v Sevilla**
7.15pm BT Sport 2
Europa League last-16 second leg.

LIVE **Everton v Newcastle United**
7.45pm Prime Video (kick-off 7.45pm)
The Premier League match.

LIVE **AS Roma v Vitesse**
8.15pm BT Sport/ESPN

LIVE **Eintracht Frankfurt v Real Betis**
8.15pm BT Sport 3

Friday 18

LIVE **Newcastle Jets v Wellington Phoenix**
8.45am BT Sport 1

LIVE **Wolverhampton Wanderers v Leeds United**
7pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
The Premier League match.

LIVE **VfL Bochum v Borussia Monchengladbach**
7.20pm Sky Sports Football

LIVE **Dunfermline Athletic v Greenock Morton**
7.30pm BBC Scotland (kick-off 7.45pm)

LIVE **LaLiga**
8pm FreeSports &La Liga TV

PHOTOS: GETTY

SUBSCRIBE TO TV&SATELLITE WEEK

6 ISSUES FOR £1*

GREAT SUBSCRIBER BENEFITS:

★ Every weekly issue delivered to your home ★

★ Pay less than you would in the shops ★

★ Stay in control - pause your subscription if you're going away ★

SUBSCRIBE NOW

Visit magazinesdirect.com/tvsw22

OR CALL 0330 333 1113 & quote code A23C

TERMS AND CONDITIONS: Offer closes 31 October 2022. Offer open to new UK subscribers only. *When paying £1 for six issues. After your first six issues, your subscription will continue at £25 every 3 months. Please allow up to six weeks for delivery of your first subscription issue. The full subscription rate is for 12 months (51 issues) and includes postage and packaging. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. For full terms and conditions, visit www.magazinesdirect.com/terms. For enquiries and overseas rates please call +44 (0) 330 333 1113. Lines are open Monday- Friday 9 am-5 pm UK Time or e-mail: help@magazinesdirect.com. Calls to 0330 numbers will be charged at no more than a national landline call and may be included in your phone provider's call bundle.

Saturday

12 March

Evening Planner

Rugby Union

Six Nations
ITV HD, from 1.30pm
Italy entertain Scotland (k-o 2.15pm) in Rome, before England take on Ireland (k-o 4.45pm) in the penultimate round

Football

Premier League
BT Sport HD/Sky Sports HD
Today's live top flight action features Brighton v Liverpool (k-o 12.30pm) and Man Utd v Tottenham (k-o 5.30pm)

Crime Drama

Queens of Mystery
Channel 5 HD, 9.15pm
In this comedy drama, first shown on Acorn TV, a detective is reunited with her crimebusting aunts in her old hometown

Horror

Malignant
Sky Cinema Premiere HD, 10.30pm
Former *Peaky Blinders* actor Annabelle Wallis stars as a woman with murderous visions which come true – in this horror

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The Wall	7.45 Pointless Celebrities		8.35 Casualty	9.15 Killing Eve		10.00 News	10.20 Match of the Day
102 BBC2	◂ 6.45 The Radio 2 Piano Room	7.45 TOTP: The Story of 1991		8.45 TOTP 1991: Biggest Hits		9.45 REM at the BBC		
103 ITV	7.00 Ant & Dec's Saturday Night Takeaway			8.30 Starstruck		9.40 News	10.00 Paul Sinha's TV Showdown	
104 CHANNEL 4	7.00 Crufts				9.00 Film: Once Upon a Time... in Hollywood			
105 CHANNEL 5	◂ 6.45 Victoria Wood: Funny Girl	7.45 Are You Being Served?: A Very British Comedy			9.15 Queens of Mystery			10.10 Michael Crawford: Some...
106 SKY SHOWCASE	7.00 UFO		8.00 The Equalizer		9.00 Film: Batman Begins			
ENTERTAINMENT								
117 BBC3	7.00 EastEnders	7.50 Gossip Girl			9.10 Gassed Up		10.00 Obsessed...	10.30 Mood
116 BBC4	7.00 Ireland's Treasures Uncovered		8.00 Arctic with Bruce Parry		9.00 Film: Pain and Glory			
118 ITV2	◂ 6.30 Film: Stardust				9.00 Film: Fast & Furious 6			
136 MORE4	◂ 6.55 Bettany Hughes' Treasures of...	7.55 Lost Pyramids of the Aztecs			9.00 24 Hours in A&E			
135 E4	7.05 Film: Crocodile Dundee				9.00 Celebrity Gogglebox		10.00 Gogglebox	
107 SKY WITNESS	7.00 Blue Bloods				9.00 9-1-1		10.00 The Equalizer	
108 SKY ATLANTIC	◂ 6.55 Hausen				9.00 Game of Thrones			
110 GOLD	7.00 Only Fools and Horses				9.00 All Round to Mrs Brown's			10.15 Ricky & Ralf's Very...
111 DAVE	◂ 6.40 Would I Lie to You?		8.00 Not Going Out	8.40 Not Going Out Christmas Special		9.40 Not Going Out		10.15 Mel Giedroyc: Unforgivable
119 ITV3	7.00 Midsomer Murders							
120 ITV4	7.00 Cycling: Paris-Nice Highlights		8.00 Film: The Bourne Identity					10.20 Film: The Bourne...
112 COMEDY CENTRAL	◂ 6.55 Film: Jumanji				9.00 Film: Role Models			
152 SYFY	7.00 Film: Descent				9.00 Intergalactic		10.00 Fortitude	
113 SKY MAX	7.00 Agatha Raisin				9.00 Harlan Coben's The Five			
132 ALIBI	◂ 6.00 Inspector George Gently		8.00 Death in Paradise				10.00 Traces	
130 SKY ARTS	◂ 5.30 Jeff Lynne's ELO – Wembley or Bust		8.00 Yes: Symphonic Live			9.20 Rick Wakeman: The Six Wives of Henry VIII		
DOCUMENTARY								
125 DISCOVERY	7.00 Gold Rush: White Water		8.00 Gold Rush		9.00 Building Off the Grid		10.00 Motor Mythbusters	
162 ANIMAL PLANET	7.00 Coyote Peterson: Brave the Wild		8.00 Edge of Alaska		9.00 Alaska Monsters		10.00 Finding Bigfoot	
129 NAT GEO	7.00 Airport Security: Brazil		8.00 Airport Security: Colombia		9.00 Airport Security: Rome			
123 SKY HISTORY	7.00 Digging Up Britain's Past				9.00 Nazis on Drugs: Hitler and the Blitzkrieg			
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 One Foot in the Grave				10.00 Sounds of the Sixties	
121 SKY DOCS	7.00 UFO		8.00 Veleno: The Town of Lost Children		9.00 The Go-Go's			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.05 Dream Horse		8.00 Fast & Furious 9					10.30 Malignant
303 HITS	◂ 5.45 Pain & Gain		8.00 The Matrix Reloaded					10.20 Terminator Salvation
304 GREATS	◂ 6.50 The Theory of Everything				9.00 Top Gun			
305 ANIMATION	◂ 6.30 Duck Duck Goose		8.05 Astro Kid			9.45 The Little Dragon		
306 FAMILY	◂ 6.50 The Smurfs			8.35 Peter Rabbit				10.15 Howard...A New Breed...
307 ACTION	◂ 6.30 The Lord of the Rings: The Two Towers					9.30 One Shot		
308 COMEDY	◂ 6.10 Superintelligence		8.00 Breaking News in Yuba County			9.40 Zombieland		
309 THRILLER	◂ 6.00 Prisoners			8.35 Hell or High Water				10.20 Goodfellas
310 DRAMA	◂ 5.35 In the Heights		8.00 The Pursuit of Happyness				10.00 Embattled	
311 SCI-FI	7.00 The Divergent Series: Allegiant				9.05 Freaky			
302 WOMEN IN FILM	◂ 6.15 Mean Girls		8.00 Bridesmaids					10.10 Barb & Star Go to Vista Del Mar
313 FILM4	◂ 6.50 The League of Extraordinary Gentlemen				9.00 Mission: Impossible III			
315 TCM MOVIES	7.00 Murder Ahoy				9.00 Absolute Power			
SPORT								
401 MAIN EVENT	◂ 5.00 SNF – Live		8.00 The Players Championship – Live: Coverage of the third day's play of the tournament					
402 PREMIER LEAGUE	◂ 5.00 SNF – Live: Manchester United v Tottenham Hotspur			8.30 Renault Game of the Day				10.30 SNF
403 FOOTBALL	◂ 5.20 Bundesliga...	7.30 WSL	8.00 EFL Highlights		8.50 MLS – Live: Seattle Sounders v Los Angeles Galaxy			
404 WORLD CUP	7.00 Test Cricket		8.00 Best of the ICC...	8.30 ICC Women's World Cup		9.30 ICC Women's World Cup – Live: New Zealand v Australia		
413 BT SPORT 1	◂ 5.00 Vanarama...	7.30 Serie A – Live: AC Milan v Empoli (Kick-off 7.45)					10.00 UFC – Live	
414 BT SPORT 2	◂ 1.30 Test Cricket – Live: West Indies v England						10.00 WWE Friday Night SmackDown	

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

ONLY 17p AN ISSUE
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/X194
*Terms & conditions: magazinesdirect.com/terms.

Saturday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With chef Ben Tish, Joe Wicks aka the Body Coach, and comedian Rose Matafeo. (S)
11.30 **Marcus Wareing's Tales from a Kitchen Garden** 1/10. The chef ventures into the world of farming and growing produce. (S)(R)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** (S)(R)(AD)
2.00 **Escape to the Country** (S)(R)
3.00 **Money for Nothing** Restoring a Scandi-style coffee table. (S)(R)
3.45 **Garden Rescue** An eco-friendly wildlife haven in Bristol. (S)(R)
4.30 **Final Score** Results round-up. (S)
5.15 **Superman & Lois** New episode *Fail Safe:* 13/15. Superman pays a visit to Morgan Edge. (S1) (S)(AD)

7.00 The Wall

6.00 **BBC News** (S)
6.20 **Local News** (S)
6.30 **Celebrity Mastermind** New edition 6/14. With Philippa Dunne, Phil Wang, Keith Brymer Jones and Dani Harmer. (S)
7.00 **The Wall** New edition 4/6. Danny Dyer hosts as a recently engaged couple from Aylesbury play to fund their dream wedding. (S)
7.45 **Pointless Celebrities** New edition Featuring soap stars including Adjoa Andoh, John Altman, Paul Usher, Tricia Penrose, Jennifer Ellison and Ann Marie Davies. (S)
8.35 **Casualty** Iain and Chrissie rescue a man from drowning who appears to be a victim of slavery. (S)(AD)
9.15 **Killing Eve** New episode 2/8. Villanelle's quest for change does not go to plan, while Eve locates Helene, who may prove useful in her revenge mission. (S4) (S)(AD)
10.00 **BBC News** (S)
10.20 **Match of the Day** Today's Premier League highlights, including Brighton & Hove Albion v Liverpool. (S)
■ *Match of the Day 2* is at 10.30pm tomorrow
11.05 FILM **The Limehouse Golem** Victorian-era thriller starring Bill Nighy, Douglas Booth and Olivia Cooke. A Scotland Yard inspector attempts to hunt down the killer behind a series of violent murders. With Daniel Mays, Sam Reid, Maria Valverde and Eddie Marsan. (S)(AD) (2016, 15, 105min) ★★★★
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

6 PM
7 PM
8 PM
9 PM
10 PM

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.40 AM **The Dengineers** (S)(R)
7.10 **Blue Peter** (S)(R)
7.35 **Deadly 60** (S)(R)
8.05 **Malory Towers** (S)(R)(AD)
9.00 **Forces of Nature with Brian Cox** The physicist examines the building blocks of life. (S)(R)(AD)
10.00 **Earth's Greatest Spectacles** Botswana's Okavango Delta. (S)(R)
11.00 **Your Garden Made Perfect** (S)(R)
12.00 NOON **Great British Menu** (S)(R)
2.00 PM FILM **Oz the Great and Powerful** Fantasy prequel to *The Wizard of Oz*. Stars James Franco. (S)(AD) (2013, PG, 120min) ★★★
4.00 **Flog It!** Compilation edition. (S)(R)
4.45 FILM **Pride & Prejudice** Romantic drama based on Jane Austen's novel, starring Keira Knightley and Matthew Macfadyen. (S)(AD) (2005, U, 120min) ★★★★★

6.45 The Radio 2 Piano Room

6.45 NEW **The Radio 2 Piano Room** Artists including Ed Sheeran, Anne-Marie, Stereophonics and Will Young perform with the BBC Concert Orchestra at the BBC's Maida Vale Studios. (S)
7.45 **TOTP: The Story of 1991** New edition A musical review of the year in which indie kids, ravers and Nirvana hit the charts and *Top of the Pops* moved home from Television Centre to Elstree Studios. (S)
8.45 **TOTP 1991: Biggest Hits** New edition A selection of performances from the year, including Chesney Hawkes, Seal, Mariah Carey, Nirvana, Crystal Waters and The KLF. (S)
9.45 **REM at the BBC** Performances from throughout the band's career, with songs including *Losing My Religion, Pretty Persuasion, Orange Crush* and *Half a World Away*. (S)(R)
10.45 **When Nirvana Came to Britain** The rock band's visits to the UK between 1989 and 1994. (S)(R)
11.45 FILM **Madonna: Truth or Dare** Documentary about the legendary singer, featuring off-stage revelations and on-stage coverage of the 1990 *Blonde Ambition* tour on its Paris leg – where 22 cameras captured the star from a myriad of angles. Filmed in colour with black and white sequences. (S) (1991, 18, 115min) ★★
1.40 **to 6.15** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition The chef is joined by actor Alison Steadman. (S)
11.40 **Simply Raymond Blanc** New edition The chef shares recipes involving cheese. (S)(AD)
12.45 PM **James Martin's Islands to Highlands** Peak District. (S)(R)(AD)
1.15 **ITV News** (S)
1.30 LIVE **Six Nations** Italy v Scotland: Jill Douglas introduces coverage from the Stadio Olimpico in Rome. Kick-off is at 2.15. (S)
4.15 LIVE **Six Nations** England v Ireland: Mark Pougatch presents coverage of the closing match in the fourth and penultimate round of fixtures staged at Twickenham in London. Kick-off is at 4.45. (S)

10.00 Paul Sinha's TV Showdown

6.50 **ITV News** (S)
7.00 **Ant & Dec's Saturday Night Takeaway** New edition 4/7. Actor Richard E Grant is in the Star Guest announcer booth, Stephen Mulhern returns for a Ant versus Dec challenge, Fleur East fires up the Takeaway Rainbow again, and Jordan North is out and about to deliver a Gift on a Shift. (S)
8.30 **Starstruck** New edition 5/6. Olly Murs hosts as four more teams of superfans are transformed into their music idols before stepping onto the stage to sing one of their biggest hits. (S)
9.40 **ITV News** (S)
10.00 **Paul Sinha's TV Showdown** New edition With Rachel Riley, Nihal Arthanayake, Stacey Dooley and Jon Richardson. (S)
10.40 FILM **Ocean's Thirteen** Caper thriller sequel starring George Clooney. Charismatic thief Danny Ocean and his hand-picked gang of crooks plot an elaborate revenge against a megalomaniac casino owner. (S)(AD) (2007, PG, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM **Shop: Ideal World**
3.00 **Living on the Veg** Including paella and Victoria sponge. (S)(SL)(R)
3.50 **Unwind with ITV**
5.10 **to 6.00** AM **Alphabetical** (SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM LIVE **Winter Paralympics** Day eight continues with the alpine skiing, snowboard slalom and wheelchair curling finals. (S)
8.00 **Winter Paralympics Breakfast** (S)
9.00 **The Simpsons** (S)(R)(AD)
12.25 PM **Four in a Bed** From NightSky Glamping in Abersoch. (S)(R)
12.55 The second visit is to Johnny Dough's Restaurant with Rooms in Conwy. (S)(R)
1.25 A visit to the Royal Oak in the Peak District. (S)(R)
1.55 From the Dovecote Inn in Nottinghamshire. (S)(R)
2.30 Payment day arrives. (S)(R)
3.00 **Crufts** New edition Clare Balding, Sophie Morgan and Radzi Chinyanganya present the Flyball semi-finals. Plus, the Agility and Heelwork to Music finals. (S)

9.00 Once Upon a Time...

6.00 **News** (S)
6.30 **Winter Paralympics: Today in Beijing** Ade Adepitan reviews the action from day eight. (S)
7.00 **Crufts** New edition Clare Balding presents further coverage of day three as Group Judging takes place in the Utility and Toy groups. Plus, there's the return of the always popular Scruffts, where crossbreeds have a chance to take the limelight in categories such as Child's Best Friend and Most Handsome Dog. (S)
9.00 FILM **Once Upon a Time... in Hollywood** Quentin Tarantino's drama starring Leonardo DiCaprio and Brad Pitt. A faded TV actor and his stunt-double friend strive to achieve success in the film industry during the final years of Hollywood's Golden Age. With Margot Robbie, Timothy Olyphant and Al Pacino. (S)(AD) (2019, 18, 195min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.15 AM **The Curse** *Millionaires:* 5/6. Mick and Phil decide to buy a nightclub in Soho. (S1) (S)(R)(AD)
12.45 **to 6.00** AM LIVE **Winter Paralympics** Coverage of the ninth and final day of the Beijing Winter Paralympics, where the last medal in para alpine skiing is up for grabs in the women's slalom. Plus, the gold medal match takes place in the para ice hockey. (S)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
10.00 **SpongeBob SquarePants** (S)(R)
10.25 **Entertainment News** (S)
10.30 **Friends: Best of Joey & Chandler** (S)(R)(AD)
12.30 PM **George Clarke's Build a New Life in the Country** A Grimsby couple relocate to a Scottish fishing town. (S)(R) **1.30** A couple convert a Spanish palace into a hotel. (S)(R)
2.30 **Susan Calman's Grand Day Out** Devon and Cornwall. (S)(R)
3.30 **Jane McDonald: Cruising Europe's Great Rivers** Highlights of the singer's trips around the continent. (S)(R)
5.15 **News** (S)
5.20 **Jane McDonald: Cruising Iceland** The singer witnesses the Northern Lights. (S)(R)

10.10 Michael Crawford: Some...

6.45 **Victoria Wood: Funny Girl** A profile of the writer and comedian, featuring clips of some of the funniest performances of her career and contributions from fans, friends, and co-stars. (S)(R)

7.45 **Are You Being Served?: A Very British Comedy** A celebration of David Croft and Jeremy Lloyd's 1970s department store-set sitcom, which starred Mollie Sugden, Frank Thornton, John Inman and Wendy Richard. (S)(R)

9.15 NEW SERIES **Queens of Mystery** *Murder in the Dark: First Chapter:* 1/6. Comedy crime drama starring Olivia Vinall, Julie Graham and Siobhan Redmond. (S1) (S)(AD)

10.10 **Michael Crawford: Some Mothers Do 'Ave 'Em** A profile of the actor, with contributions by Andrew Lloyd Webber, Arlene Phillips and Bill Kenwright. (S)(R)

11.45 **Greatest Hits of the 70s: Part Two** 2/2. The stories behind six songs from the decade. (S)(R)
1.15 AM **21.co.uk Live Casino Show**
3.00 **Entertainment News** (S)
3.10 **1993: Britain's Biggest Hits** The music of 1993. (S)(R)
4.20 **Casualty 24/7: Every Second Counts** A 78-year-old who has been bitten by a dog. (S)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **Wildlife Rescue New Zealand** Double bill. (S)(R)
8.00 **The Office (US)** 17/24. Andy suffers an injury. (S)(R) **8.30** 18/24. Andy learns that Erin will not be returning. (S)(R) **9.00** 19/24. Nellie moves into Andy's office. (S8) (S)(R)
9.30 **Soccer AM** Football magazine.
11.00 LIVE **WSL** Reading v Manchester United: The women's top-flight match from Select Car Leasing Stadium. Kick-off is at 11.30.
2.30 PM **Football's Funniest Moments** Comical clips. (S)(R)
3.00 **Gillette Soccer Saturday** Up-to-the-minute scores.
5.00 **Wellington v Napoleon Aftermath of Waterloo** A look at what followed the epic battle of 1815. (R)

9.00 Batman Begins

6.00 **Craig Charles: UFO Conspiracies** 9/10. Craig Charles and co-host Sarah Cruddas investigate a UFO spotted at Stephenville, Texas, in January 2008. (R)

7.00 **UFO** 3/4. Following *The New York Times* bombshell, some begin to wonder if the government are using the alien narrative to cover up something even more sinister. (S)(R)(AD)

8.00 **The Equalizer** *Shooter*: 6/12. District Attorney Grafton hires McCall to find a sniper on a killing spree, bringing Mel's past military expertise into sharp focus. (S2) (R)

9.00 FILM **Batman Begins** Dark comic-book thriller tracing the origins of the crime-fighter, starring Christian Bale. Young billionaire Bruce Wayne creates an alter-ego to strike fear into the crooks and thugs of Gotham City. Also stars Liam Neeson, Cillian Murphy, Michael Caine, Morgan Freeman and Gary Oldman (S) (2005, 12, 140min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.30 **Resident Alien** *Girls' Night:* 3/8. Harry meets a woman unlike any other and realises that she is the key to his new mission. (S2) (S)(R)
12.30 AM **Dating No Filter** One pair go line-dancing. (S)(R)
1.00 **The Force: North East** (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **to 6.00** AM **Nothing to Declare** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
4.45pm Garden Rescue (S)(R) **5.15** NEW SERIES Gardeners' World (S) **6.15-6.45pm** Beautiful Interiors Northern Ireland (S)(R)
WALES
Sky **971**, Freesat **971**
4.00pm Put Your Money Where Your Mouth Is (S)(R) **4.45** Flog It! (S)(R) **5.45** Richard Osman's House of Games New edition (S) **6.15-6.45pm** Marcus Wareing's Tales from a Kitchen Garden Series finale (S)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Gwesty Aduniad **11.00** Ty am Ddim **12.00noon** Ffermio **12.30pm** LIVE Sgorio **2.55** Cymry ar Gynfas **3.30** Cefn Gwlad (AD) **4.30** Wil ac Aeron: Taith yr Alban **5.00** Cegin Bryn **5.25** Julian Lewis Jones yn Awstralia **6.20** Cymro Cryfa' **7.15** Newyddion a Chwaraeon **7.30** Codi Hwyl (AD) **8.00** Aur y Noson Lawen **9.00** Priodas Pum Mil **10.00** Jonathan **11.00-11.35pm** Curadur

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** The police talk to Gray about Tina. **7.30** Shirley is out for revenge on Gray.
7.50 **Gossip Girl** 5/18. Jenny gets involved in a risky game of truth or dare. **8.30** 6/18. Dan's childhood friend confesses her feelings for him. (S1)
9.10 **Gassed Up** 4/6. Mist takes on fellow rapper and comedian Big Narstie.
10.00 **Obsessed with... Killing Eve** New edition 2/8. Discussion on the latest episode of *Killing Eve*.
10.30 **Mood** 2/6. Sasha is forced to sofa-surf at her drug dealer Saleem's flat. (S1)
11.15 FILM **If Beale Street Could Talk** Drama. (2018, 15, 119min) ★★★★
1.05 AM **RuPaul's Drag Race: UK Versus the World**
2.10 **The Fast and the Farmer-ish**
2.40 **Zen Motoring**
2.50 **to 3.55** AM **Life and Death in the Warehouse**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Ireland's Treasures Uncovered** Artefacts that have helped to shape Ireland.
8.00 **Arctic with Bruce Parry** 3/5. How three communities have adapted to life in Alaska.
9.00 FILM PREMIERE **Pain and Glory** Pedro Almodóvar's drama starring Antonio Banderas. A director in physical decline remembers key events from his past. With Penélope Cruz and Asier Etxeandia. Subtitled. (2019, 15, 113min) ★★★★ *See review, page 25.*
10.45 NEW **The Human Voice** Pedro Almodóvar's short film based on Jean Cocteau's play, starring Tilda Swinton.
11.15 **Wogan: The Best Of** Terry Wogan recalls some of his funniest guests.
12.00 M'T **Yes, Prime Minister**
12.30 AM **Keeping Up Appearances**
1.00 **Cornwall's Red River**
1.30 **Arctic with Bruce Parry**
2.30 **to 3.30** AM **Ireland's Treasures Uncovered**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.25 **The Great Australian Bake Off** New edition The bakers tackle Spice Week.
10.30 **A Place in the Sun**
12.35 PM **Come Dine with Me**
3.10 **Four in a Bed** From Meudon Hotel in Falmouth. **3.40** From The Royal Oak pub in Malborough, Devon. **4.15** From the Angel Guest House in Tiverton, Devon. **4.50** The guests visit the Compton Swan in Berkshire. **5.20** Payment day arrives.
5.50 **Secrets of the Royal Gardens** Behind the gates of royal parks across London.
6.55 **Bettany Hughes' Treasures of the World** Bettany visits a dig in Istanbul.
7.55 **Lost Pyramids of the Aztecs** 1/2. Archaeologists unearth the remains of the ancient civilisation from beneath Mexico City.
9.00 **24 Hours in A&E** The medical team suspect a rugby player has suffered neck and spinal injuries.. **10.00** The work of the stroke team at London's King's College Hospital.
11.05 **8 Out of 10 Cats Does Countdown**
12.05 AM **Father Ted**
1.15 **24 Hours in A&E**
3.20 **Winter Paralympics: Today in Beijing**
3.50 **to 3.55** AM **Escape to the Chateau**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Rude(ish) Tube Shorts**
6.20 **Lego Masters Australia**
7.40 **Don't Tell the Bride**
9.40 **Married at First Sight Australia** Double bill.
12.50 PM **Ramsay's Kitchen Nightmares USA**
2.45 **Ramsay's 24 Hours to Hell and Back** Gordon visits a gastropub in LA.
3.40 **The Big Bang Theory** Six episodes, including at: **6.05** 4/24. Sheldon remembers back to the days before he met Leonard. (S9)
6.35 **The Big Bang Theory** 5/24. The boys want to become more sporty. (S9)
7.05 FILM **Crocodile Dundee** Comedy adventure starring Paul Hogan and Linda Kozlowski. A New York reporter takes a legendary adventurer from the Australian Outback to the Big Apple to sample the delights and dangers of the urban jungle. (1986, 15, 102min) ★★★★★
9.00 **Celebrity Gogglebox** *Dragons' Den*, *Gok Wan's Easy Asian* and *The Yorkshire Vet* are appraised.
10.00 **Gogglebox** Double bill.
12.10 AM **First Dates** Double bill.
2.20 **Celebrity Gogglebox**
3.15 **Gogglebox** Opinions on *It's a Sin and Ant & Dec's Saturday Night Takeaway.*
4.10 **to 6.00** AM **Don't Tell the Bride**

+1 hour 235 | 146 | 30 | 123

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Border Security: Canada's Front Line**
7.00 **Stop, Search, Seize**
8.00 **Border Patrol** Six editions of the documentary series.
11.00 **Send in the Dogs** PC Whitaker and Roscoe have to tackle a man who is armed with a 12-inch knife.
12.00 NOON **Stop, Search, Seize** Double bill of the documentary following the work of Ireland's border force.
2.00 PM **Nothing to Declare** Ten editions of the documentary.

12.00 Stop, Search, Seize

7 PM

7.00 **Blue Bloods** *Bones to Pick:* 10/19. Danny and Baez investigate the death of a woman at a men-only club.

8 PM

8.00 **Blue Bloods** *Careful What You Wish For:* 11/19. Danny and Baez investigate a string of ambulance robberies. (S10)

9 PM

9.00 **9-1-1** *Peer Pressure:* 5/18. May gets an emergency call from a suicidal teenager. (S5)

10 PM

10.00 **The Equalizer** *Shooter:* 6/12. District Attorney Grafton hires McCall to find a sniper on a killing spree. (S2)
11.00 **The Rookie** 8/11. Angela and Wesley argue about their predicament. (S4)
12.00 M'T **Bull** 10/16. (S5)
1.00 AM **Station 19** (S5)
2.00 **Blue Bloods** As 7.00pm.
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Four editions.
10.00 **Six Feet Under** 8-10/13. (S2)
1.20 PM **Six Feet Under** 11/13. Nate and Brenda seek advice. **2.25** 12/13. Nate and Brenda's problems come to a head. (S2)
3.30 **The Nevers** 1/6. Frank Mundi investigates a string of murders. **4.40** 2/6. Mundi takes a stake in tracking down Maladie. **5.50** 3/6. Amalia propositions an unlikely ally. (S1)
6.55 **Hausen** 1/8. German horror series. Subtitled. (S1)

9.00 Game of Thrones

7 PM

Hausen (started at 6.55pm)

8 PM

8.00 **Hausen** *Hausregeln:* 2/8. A young couple residing in the building report that their baby missing. Subtitled. (S1)

9 PM

9.00 **Game of Thrones** *Unbowed, Unbent, Unbroken:* 6/10. Jorah and Tyrion run into slavers, and the Sand Snakes attack.

10 PM

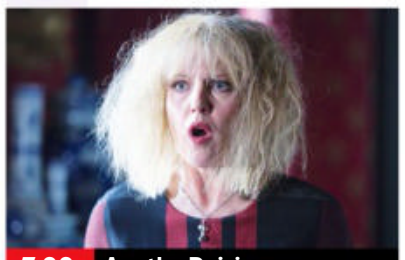
10.05 **Game of Thrones** *The Gift:* 7/10. Jon prepares for conflict, Sansa tries to talk to Theon, and Brienne waits for a sign. (S5)
11.10 **Game of Thrones** 8/10. Arya makes progress, Sansa confronts an old friend, and Cersei faces a struggle. (S5)
12.15 AM **Game of Thrones** (S5)
2.25 **In Treatment** (S4)
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stop, Search, Seize**
8.00 **The Flash** 8&9/19. (S6)
11.00 **A League of Their Own**
2.00 PM **Hawaii Five-0** 6/23. McGarrett takes part in a charity mixed martial arts fight. **3.00** 8/23. The team investigate a plane crash. **4.00** 9/23. The team finds a body in a stolen car. (S2)
5.00 **The Flight Attendant** 6/8. Megan embarks on a clandestine mission. (S1)
6.00 **Strike Back: Shadow Warfare** 10/10. (S4)


7.00 Agatha Raisin

7 PM

7.00 **Agatha Raisin** *The Witch of Wyckhaddon:* 7/8. A local witch is found bludgeoned to death.

8 PM

8.00 **Agatha Raisin** *The Murderous Marriage:* 8/8. The sleuth becomes a suspect when her first husband is killed. (S1)

9 PM

9.00 **Harlan Coben's The Five** 1/10. Thriller following four lifelong friends who are forced to revisit a tragedy from their past.

10 PM

10.00 **Harlan Coben's The Five** 2/10. Danny brings in a suspect that could lead him to Jesse and calls on Mark for help. (S1)
11.00 **Resident Alien** 3/8. Harry meets a woman unlike any other. Alan Tudyk stars. (S2)
12.00 M'T **Dating No Filter**
12.30 AM **The Force: North East**
1.30 **Road Wars** Double bill.
3.00 **Brit Cops: War on Crime**
4.00 **to 6.00** AM **Caught on Dashcam**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Totally Bonkers Guinness World Records**
6.35 **Coronation Street Omnibus**
10.20 **Love Bites**
12.20 PM **Dress to Impress**
2.25 **You've Been Framed! Gold**
2.55 FILM **The Pirates! In an Adventure with Scientists** Animated comedy adventure. (2012, U, 87min) ★★★★
4.45 FILM **Hotel Transylvania 2** Animated comedy sequel. (2015, U, 89min) ★★★
6.30 FILM **Stardust** Adventure. (2007, PG, 122min) ★★★★

4.45 Hotel Transylvania 2

7 PM

FILM **Stardust** (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9 PM

9.00 FILM **Fast & Furious 6** Action thriller sequel starring Vin Diesel. The gang of carjackers come out of retirement to stop a criminal mastermind from constructing a superweapon. (2013, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.40 **Family Guy** 28/30. Stewie tries to be nice to the family. (S4) **12.05** AM 18/22. Peter presents his own version of *The Empire Strikes Back.* (S8)
12.35 **American Dad!** (S12)
1.30 **Crossing Swords** (S2)
2.30 **to 3.30** AM **Plebs**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **George and Mildred**
7.30 **A Touch of Frost**
9.45 **Agatha Christie's Poirot**
1.05 PM **Midsomer Murders** *Last Man Out:* Barnaby and Winter investigate when Lower Pampling's star cricketer is found dead after a match. **3.00** *Red in Tooth and Claw:* DCI Barnaby and DS Winter discover a dead body. **5.00** *Picture of Innocence:* Barnaby is implicated in the murder of a photographer. Guest stars Liza Goddard.

11.05 Kate & Koji

7 PM

7.00 **Midsomer Murders** *They Seek Him Here:* When a film director is found beheaded on set, it transpires he was on poor terms with several people connected to the project – leaving Barnaby with no shortage of suspects. Guest stars Nicky Henson.

8 PM

9 PM

9.00 **Midsomer Murders** *Death in a Chocolate Box:* A sex scandal resurfaces following the murder of a former detective, and Barnaby assesses the involvement of staff at a centre for reformed criminals. Guest stars Chris Barrie.

10 PM

11.05 **Kate & Koji** 5/6. Kate's flashy ex-husband Dennis arrives in town with his new wife. **11.35** 6/6. Kate is being sued by Councillor Bone. (S1)
12.00 M'T **Law & Order: UK** (S2)
2.00 **to 2.30** AM **Man About the House**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **The Edit**
7.30 LIVE **Sportscene: Scottish Cup** Hearts v St Mirren: Coverage from the quarter-final between the top-flight sides, held at Tynecastle. Kick-off is at 7.45.
10.00 **Best of Chewin' the Fat** 2/10. Highlights of the comedy show, featuring sketches from the original series. (S1)
10.30 **#CancelKarenDunbar** The comedian investigates the new boundaries of offence.
11.30 **One More Tune** New editions Kerr Okan sits down with indie band The Snuts. **11.45** PM **to 12.00** M'T Kerr Okan chats to Self Esteem about the songs that shaped her life and career.

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **The Office (US)**
10.30 **The Mindy Project**
11.30 **Will & Grace** (S1&2)
2.00 PM **The Fresh Prince of Bel Air** 18-22/25. (S5)
4.30 **Modern Family** (S4)
7.00 **Eastbound & Down** 1/8. Kenny revives his flagging baseball career at Myrtle Beach. **7.30** 2/8. Kenny tries to free Stevie from the clutches of Ashley Schaeffer. (S3)
8.00 **Bored to Death** 5/8. Kevin Bacon wants to make a film of Ray's comic book. **8.30** 6/8. Jonathan nearly kisses Leah. (S2)
9.00 **Russell Howard Live** A 2007 show at London's Bloomsbury Theatre.
10.25 **Insecure** 3/10. (S5)
11.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.50 **Girls** (S5&6)
3.00 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 11 147 364

6.00 AM **Beethoven: Complete Piano Concertos**
6.45 **Mario Lanza: The Best of Everything**
8.30 **Tales of the Unexpected**
11.00 **The Music Videos That Shaped the 80s**
12.00 NOON **Music Videos That Defined the 90s**
1.00 PM **Music Videos That Defined the 2000s**
2.00 **Landscape Artist of the Year**
3.00 **The Art of Drumming**
5.30 **Jeff Lynne's ELO: Wembley or Bust**
8.00 **Yes: Symphonic Live**
9.20 **Rick Wakeman: The Six Wives of Henry VIII**
11.40 **The Directors**
12.40 AM **Depeche Mode: Live in Berlin**
3.10 **Discovering**
3.40 **Brian Johnson's A Life on the Road**
4.40 **to 6.00** AM **Classic Albums**

Pick

159 156 36 144

6.00 AM **Nothing to Declare**
11.00 **Stop, Search, Seize**
12.00 NOON **Air Ambulance ER** Documentary.
1.00 PM **Police Force: Australia** Double bill.
2.00 **Highway Cops**
3.00 **Police Ten 7**
4.00 **Motorbike Cops**
5.00 **Stop, Search, Seize**
6.00 **Road Wars**
8.00 **Frontline Police** Bad weather causes traffic chaos on the roads in Southend-on-Sea.
9.00 **Britcam: Emergency on Our Streets**
10.00 **Killer Neighbours**
11.00 **Ross Kemp: Extreme World** Notorious motorcycle clubs.
12.00 M'T **Night Cops**
1.00 AM **World's Most Evil Killers** Daniel Lee Siebert.
2.00 **Nothing to Declare**
4.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Friends** (S3&4)
3.10 PM FILM **Labyrinth** Fantasy adventure with David Bowie and Jennifer Connelly. (1986, U, 97min) ★★★★
5.10 FILM **Shrek Forever After** Animated comedy adventure sequel. (2010, U, 93min) ★★★★
6.55 FILM **Jumanji** Comic fantasy starring Robin Williams. (1995, PG, 104min) ★★★★★
9.00 FILM **Role Models** Comedy starring Paul Rudd and Seann William Scott. (2008, 15, 96min) ★★★★
11.00 FILM **Get Him to the Greek** Comedy starring Jonah Hill, Russell Brand and Rose Byrne. (2010, 15, 109min) ★
1.05 AM **Guessable?**
2.05 **The Ricky Gervais Show**
3.05 **South Park**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 179 28 119

7.00 AM **Masters of Flip**
9.00 **LittleBe**
12.00 NOON **Masters of Flip**
1.00 PM **The Real Housewives of Jersey**
2.00 **Billie and Greg: The Family Diaries**
4.00 **The Only Way Is Essex**
6.00 **Dinner Date**
7.00 **Celebrity Dinner Date** Singer and actor Jon Lee picks three blind dates. **8.00** *Towie* star Chloe Meadows takes part.
9.00 **Botched** Terry operates on a cancer survivor whose gynaecologist did her tummy tuck.
10.00 **Ibiza Weekender** Chloe and Jordan decide to keep their kiss a secret. **11.00** The hotel is troubled by a guilty secret as a new set of guests check in.
12.00 M'T **to 1.00** AM **Marriage Boot Camp: Reality Stars**

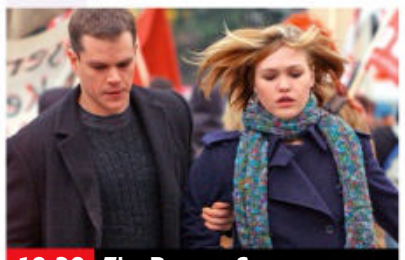
+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **River Monsters**
6.25 **MotoGP Highlights**
7.15 **Hornblower**
9.30 **ITV Racing: The Opening Show** From Sandown.
10.30 **Match Time Revisited**
12.30 PM **River Monsters**
1.00 **Nine Dart Finishes**
1.10 LIVE **ITV Racing** From Sandown and Wolverhampton.
4.00 FILM **Chisum** Western. (1970, PG, 110min) ★★
6.20 **River Monsters**
6.50 **World of Sport**


10.20 The Bourne Supremacy

7.00 **Cycling: Paris-Nice Highlights** Action from stage seven, a 155.4km route from Col de Turini to La Bollene-Vesubie.
8.00 FILM **The Bourne Identity** Spy thriller starring Matt Damon as an amnesiac man who learns that he is a highly trained assassin with deadly enemies. With Franka Potente. (2002, 12, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.20 FILM **The Bourne Supremacy** Spy thriller with Matt Damon. (2004, 12, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.35 AM **Dempsey and Makepeace** *The Prize Fighter*: An injured bare-knuckle boxer sparks off an investigation into an illegal organisation.
1.35 **Minder** *Senior Citizen Caine:* Terry protects a widow.
2.30 **to 3.00** AM **The Protectors**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Stargate SG-1** (S3)
8.00 **Teleshopping**
11.00 **Fact or Faked: Paranormal Files**
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Voyager** 2/26. Four episodes, including at: **3.00** 4/26. The ship becomes ensnared in an energy field. **4.00** 5/26. Harry Kim wakes up back on Earth. (S2)
5.00 FILM **Monster Hunters** Thriller starring Tom Sizemore and Anthony Jensen. (2020, 15, 88min) ★

7.00 Descent

7.00 FILM **Descent** Sci-fi drama starring Luke Perry. When an experiment causes the Earth's tectonic plates to shift, it's up to a team of scientists to prevent an environmental catastrophe. (2005, PG, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **Intergalactic** 1/8. A wrongly convicted space cop is caught up in a mutiny when her ship is hijacked. (S1)
10.00 **Fortitude** 1/11. Thriller starring Stanley Tucci. A murder rocks the residents of a small town in the Arctic Circle. (S1)
12.00 M'T **The Librarians** 8/10. The team head to a haunted house. **1.00** AM 9/10. The hunt for a missing person uncovers a suspected alien invasion. (S1) **3.00** **The Librarians** (S2)
5.00 **to 6.00** AM **Fact or Faked: Paranormal Files**

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries** (S8)
10.00 **Hudson & Rex** (S4)
12.00 NOON **The Coroner** (S2)
2.00 PM **Shakespeare & Hathaway – Private Investigators** 9/10. (S2)
4.00 **The Mallorca Files** 10/10. Max and Miranda investigate a theft at the home of a reality TV host. (S1)
5.00 **Father Brown** 1/10. Lady Felicia is taken hostage. (S7)
6.00 **Inspector George Gently** 2/2. A man is discovered dead in the harbour. (S7)

8.00 Death in Paradise

Inspector George Gently (started at 6.00pm)
8.00 **Death in Paradise** *Murder on the Day of the Dead:* 5/8. Guest starring John Sessions and Pippa Haywood.
9.00 **Death in Paradise** *Meditated in Murder:* 6/8. The leader of a spiritual retreat is strangled. (S7)
10.00 **Traces** 4/6. Two suspects derail the investigation as McKinven and Sarah are consumed by their feelings. (S2)
11.00 **Annika** 1/6. The team are called in to solve the murder of a man found in the Clyde. **12.00** M'T 2/6. A secret emerges and a case takes the team to the Isle of Bute. (S1)
1.05 AM **Death in Paradise** (S7)
3.10 **to 4.00** AM **Reef Break**

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.35 AM **Hi-de-Hi!**
8.10 **Citizen Khan**
9.25 **Desmond's**
10.00 **Vicar of Dibley: Inside Out**
12.00 NOON **Only Fools and Horses** Double bill.
1.20 PM **Only Fools and Horses** Seven episodes, including at: **4.00** As 8.20pm. **4.40** The brothers jet off to Monte Carlo five years after achieving their dream of becoming millionaires. **6.20** Rodney tells Del-Boy he has found a girlfriend.

10.15 Very Northern Road Trip

7.00 **Only Fools and Horses** Del decorates the local Chinese restaurant. **7.40** Del and Rodney reluctantly agree to let Grandad accompany them on holiday. **8.20** Del seizes an opportunity to improve his social standing.
9.00 **All Round to Mrs Brown's** With Clare Balding, Johnny Vegas, Jamie Laing and Spencer Matthews.
10.15 **Ricky & Ralf's Very Northern Road Trip** The duo hit South Yorkshire to join a brass band.
11.15 **The Royle Family** Nana comes to stay with the family. **11.55** Barbara decides she's had enough of Jim's laziness.
12.35 AM **French and Saunders**
1.55 **The Rebel**
3.10 **to 4.00** AM **The Royle Family**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.35 AM **Sin City Motors**
8.30 **Rick Stein's Road to Mexico**
9.30 **Rick Stein's French Odyssey**
10.00 **Top Gear**
11.00 **American Pickers**
12.00 NOON **Storage Hunters UK**
1.00 PM **Top Gear**
3.00 **Red Bull Soapbox Race**
4.00 **Top Gear** Musician Ed Sheeran takes to the test track. **5.00** A road trip across Australia's Northern Territory.
6.00 **Would I Lie to You?** With Dale Winton and Miranda Hart.

4.00 Top Gear

7 PM
7.20 **Would I Lie to You?** With Gabby Logan, Andy Hamilton, Christian Jessen and Diane Parish.
8 PM
8.00 **Not Going Out** Lee and Lucy ponder whether to have another child.
8.40 **Not Going Out Christmas Special** Lee faces a desperate search for a Christmas present.
9 PM
9.40 **Not Going Out** Geoffrey reluctantly allows Lee to help clear up the builder's mess in their new kitchen extension.
10 PM
10.15 **Mel Giedroyc: Unforgivable** With Alan Davies and Ria Lina.
11.20 **QI** With Sarah Millican.
12.00 M'T **Have I Got a Bit More...**
1.00 AM **Ultimate Worrier**
1.40 **Not Going Out**
2.15 **Comedy Against Living Miserably** Stand-up comedy.
3.00 **This Country**
3.35 **to 4.00** AM **Beat the Internet**

+1 hour 211 131 25

GREAT! tv

157 189 50 142

6.00 AM **Perception**
11.00 **Body of Proof** (S1)
1.00 PM **Body of Proof** (S1)
4.00 **Castle** *PhDead:* 3/22. The author poses as a college professor. **5.00** *What Lies Beneath:* 4/22. A famously reclusive author is murdered. **6.00** *The Nose:* 5/22. A priceless work of art is stolen. **7.00** *Cool Boys:* 6/22. One of Slaughter's informants is murdered. **8.00** *The Last Seduction:* 7/22. Beckett and Castle investigate New York's elite. (S8)
9.00 **Classic Who Wants to Be a Millionaire?**
12.00 M'T **Who Wants To Be A Millionaire Celebrity**
1.00 AM **Sue Thomas: F.B.Eye** 4-6/19. (S3)
3.45 **to 6.00** AM **Hart to Hart**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
11.30 **A New Life in the Sun: Where Are They Now?**
2.30 PM **A Place in the Sun**
3.00 **A Place in the Sun: Home or Away**
7.00 **A Place in the Sun** A couple search for a holiday home in Lake Vinuela, southern Spain.
8.00 **Devon and Cornwall** Steve and Crispin Alford gather their sheep for a speed-shearing competition.
9.00 **Catching a Killer: A Bullet Through the Window** The investigation into a fatal shooting in Milton Keynes.
10.30 **Women Who Kill** Following three women in prison in America convicted of murder.
11.30 **24 Hours in A&E**
12.35 AM **Gogglebox**
1.40 **Naked Attraction**
2.45 **to 4.45** AM **Couples Come Dine with Me**

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote**
7.00 **Entertainment News**
7.10 **Jesse Stone: Death in Paradise** Crime drama.
9.00 **Yellowstone** *Coming Home:* 5/9. As Kayce feels the pressure from tribal police, Jamie works his legal magic. **10.00** *The Remembering:* 6/9. A new partnership threatens John, while Jamie ramps up his political campaign. (S1)
11.00 **Law & Order: Special Victims Unit** 11/24. A teenager is found beaten to death on an amusement park ride. **11.55** *Possessed:* 12/24. Guest stars Taryn Manning. (S12)
12.55 AM **Law & Order: Special Victims Unit**
1.50 **Private Eyes** (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Judge Judy**
8.35 FILM **Power Rangers** Adventure. (2017, 12, 124min) ★★★
10.50 FILM **Lost in Space** Sci-fi adventure. (1998, PG, 125min) ★★
1.30 PM FILM **Jupiter Ascending** Adventure. (2015, 12, 122min) ★★
4.05 FILM **Geostorm** Thriller. (2017, 12, 109min) ★
6.10 FILM **Clear and Present Danger** Thriller. (1994, 12, 141min) ★★★
9.00 FILM **The Fifth Element** Sci-fi adventure. (1997, PG, 126min) ★★★★★
11.30 FILM PREMIERE **Replicas** Sci-fi thriller. (2018, 12, 107min) ★★★
1.35 AM **999: Critical Condition**
2.35 **Street Crime UK: Caught on Camera**
3.35 **to 4.00** AM **Last Man Standing**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.10 AM **The Bill**
11.00 **Tipping Point**
1.00 PM **Tipping Point**
5.00 **My Family** Six episodes of the series, including at: **7.00** Susan starts planning Ben's funeral. **7.40** Susan decides to hire a cleaner. **8.20** Susan tries to solve a murder mystery.
9.00 **Miranda** Stevie and Miranda compete for the attention of a friend. **9.40** Penny and Miranda are forced to see a therapist. **10.20** Miranda dreams of the perfect Christmas.
11.00 **Louis Theroux: Extreme Love – Dementia**
12.00 M'T **Stacey Dooley Sleeps Over: Body Positive Warrior**
1.00 AM **Extreme Food Phobics** Documentary.
2.00 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 190

Drama

143 130 20 158

7.10 AM **Where the Heart Is**
11.00 **Sister Boniface Mysteries** Crime drama.
12.00 NOON **Sharpe**
2.00 PM **One Foot in the Grave** Triple bill.
4.00 **Hetty Wainthropp Investigates**
6.00 **The Brokenwood Mysteries** Thriller.
8.00 **Shakespeare & Hathaway – Private Investigators** (S3)
9.00 **Rebus** *A Question of Blood:* The detective investigates the deaths of two schoolboys.
10.35 **The Heart Guy** New episodes *To Me, To You:* Hugh's plan to leave is thrown into chaos. **11.35** *It Had To Be You:* Meryl ropes in Hayley to hide evidence of her corruption.
12.35 AM **The Brokenwood Mysteries** Thriller.
2.35 **to 4.00** AM **New Tricks**

+1 hour 243 226 74

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

CBS Drama

147 197 68 134

9.00 AM **JAG** 9-13/22. (S1)
2.00 PM **Medical Detectives** Four editions.
4.00 **Judge Judy** Real-life small-claims cases.
9.00 **Psychic Private Eyes** A relative of a woman who was killed in the 1940s asks for help.
10.00 **Medium** *The One Behind the Wheel:* 12/22. Allison becomes convinced she is a different person. **11.00** *Second Opinion:* 13/22. Allison dreams that Marie has died. **12.00** M'T *We Had a Dream:* 14/22. The SOS killer escapes. **1.00** AM *The Boy Next Door:* 15/22. Allison dreams about her past. **2.00** *Whatever Possessed You:* 16/22. Allison helps Devalos investigate the death of a close friend. (S3)
3.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 41 137

8.30 AM **The Key of David**
9.00 **Diagnosis Murder**
12.00 NOON **JAG** (S1)
2.00 PM **CSI: Miami** (S3)
7.00 **JAG** *Black Ops:* 17/22. Harm investigates the death of a naval pilot. **8.00** *Survivors:* 18/22. Harm searches for a divorced Marine officer who has absconded with his son. (S1)
9.00 **NCIS** *Phoenix:* 3/24. Ducky reopens a 12-year-old case while on medical leave. **10.00** *Lost at Sea:* 4/24. Three survivors from a helicopter crash are discovered. **11.00** *The Namesake:* 5/24. The team suspect a case of mistaken identity when an officer is gunned down. (S10)
12.00 M'T **NCIS** 6&7/24. (S10)
1.55 **JAG** 17&18/22. (S1)
3.45 **to 6.00** AM **Diagnosis Murder**

Challenge

160 160 48 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune**
11.30 **Family Fortunes**
1.30 PM **All Star Family Fortunes** Double bill.
3.00 **Strike It Lucky**
4.00 **The Cube** Double bill.
5.00 **The Chase** Four editions of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Newsreader Nicholas Owen, actress Laila Rouass, TV and radio presenter Vanessa Feltz and comedian Tim Vine compete to win money for charity.
10.00 **The Chase** Bradley Walsh presents as four contestants answer general knowledge questions and work as a team to take on ruthless quiz genius The Chaser and secure a cash prize.
11.00 **Bullseye** Ten editions of the darts-based quiz.
4.00 **to 6.00** AM **The Chase**

E!

151 151 835 164 163

7.00 AM **True Hollywood Story** Documentary.
8.00 **Total Bellas**
10.00 **News: Daily Pop**
11.00 **Total Bellas**
2.00 PM **Keeping Up with the Kardashians**
7.00 **Keeping Up with the Kardashians** Kim gets attached to a girl on a visit to an orphanage. **8.00** Kourtney gives Khloe a bill for her decorating services. **9.00** Khloe starts living a secret life with her man.
10.00 **Botched** A patient surprises the doctors with her transformation.
11.00 **Temptation Island** An overnight date off the island triggers emotions.
12.00 M'T **Relatively Famous: Ranch Rules**
1.00 AM **True Hollywood Story** Documentary.
2.00 **Teleshopping**
3.00 **to 5.00** AM **Rich Kids of Beverly Hills**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Discovering**
8.00 **The Directors**
9.00 **Queen of Speed**
10.40 **Rise of the Superheroes**
12.50 PM **Mr Dynamite: The Rise of James Brown**
3.00 **Leonard Cohen I'm Your Man** Documentary.
5.00 FILM **The Beatles: Eight Days a Week – The Touring Years** Charting the band's time on the road. (2016, 12, 113min) ★★★★
7.00 **UFO** The world reels from *The New York Times* bombshell.
8.00 **Veleno: The Town of Lost Children**
9.00 **The Go-Go's**
11.00 **Crime of the Century**
1.10 AM **Meth Storm**
3.00 **PL Legends: Robert Pires**
3.30 **The Directors**
4.30 **to 6.00** AM **Nixon by Nixon: In His Own Words**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Wildlife Rescue New Zealand**
8.00 **Hope for Wildlife**
12.00 NOON **World's Most Toxic Animals**
1.00 PM **Land of the Far North** As 11.00pm.
2.00 **Great Barrier Reef**
3.00 **Animal Empires**
8.00 **Undercover in the Jungle** A diverse region of the Amazon rainforest.
9.00 **Age of the Big Cats**
10.00 **Africa's Claws and Jaws** The spiders and scorpions of Africa.
11.00 **Land of the Far North** The challenges for nature in the region north of Polar Circle.
12.00 M'T **Wild Pacific Rescue** An orphaned sea otter is adopted.
1.00 AM **Rewilding**
2.00 **The Great Elephant Tale** Elephant herds.
3.00 **Arabian Inferno**
4.00 **to 6.00** AM **Undiscovered Vistas**

HGTV

158 286 44 166

7.00 AM **Honey I Bought the House** House-hunting challenge show.
8.00 **The Great Interior Design Challenge**
9.00 **Escape to the Country**
10.00 **My Mortgage Free Home** Property series.
11.00 **DIY SOS** Four editions.
1.00 PM **Fixer Upper**
3.00 **Sarah Beeny's Renovate Don't Relocate**
5.00 **A Place in the Sun**
8.00 **Escape to the Country** A globe-trotting couple search for a sanctuary. **9.00** A couple search for a home in Hampshire.
10.00 **DIY SOS** Four editions.
12.00 M'T **Flipping 101 with Tarek El Moussa**
1.00 AM **100 Day Dream Home** Property series.
2.00 **Honey I Bought the House** Property series.
3.00 **to 4.00** AM **Bahamas Life**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Guy's Grocery Games** Double bill.
8.00 **The Pioneer Woman**
10.00 **Girl Meets Farm**
11.00 **Barefoot Contessa**
12.00 NOON **Delicious Miss Brown** Double bill.
1.00 PM **River Cottage Veg**
3.00 **Hairy Bikers' Best of British** Celebrating beef. **4.00** Celebrating Britain's taste for exotic food. **5.00** Culinary histories of Britain's many islands. **6.00** Si King and Dave Myers focus on sheep.
7.00 **Ainsley's Food We Love**
8.00 **Rick Stein's Taste of the Sea** From Brittany. **8.30** Padstow's May Day celebrations.
9.00 **Man v Food**
11.30 **Man v Food: Best Of**
12.00 M'T **Diners, Drive-Ins and Dives** Four editions.
2.00 **to 3.00** AM **Nigel Slater's Simple Suppers**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Deadliest Catch**
10.00 **Yukon Gold**
12.00 NOON **American Pickers** Triple bill.
3.00 PM **Fast N' Loud**
6.00 **G.A.S. Extreme Customs**
7.00 **Kindig Customs**
8.00 **Ant Anstead Master Mechanic**
8.30 **Motor Pickers**
9.00 **Disasters at Sea**
10.00 **Monsters Inside Me** Three people suddenly come face to face with their own mortality.
11.00 **UFOs: The Lost Evidence** Documentary.
12.00 M'T **Nasa's Unexplained Files**
1.00 AM **Monsters Inside Me**
2.00 **Naked and Afraid XL**
3.00 **Bear Grylls: Born Survivor** Indonesia.
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Criminals: Caught on Camera**
9.25 **The Gadget Show**
10.25 **Police Interceptors**
1.25 PM FILM **The Kid from Texas** Western. (1949, U, 78min) ★★
3.05 FILM **Column South** Western. (1953, U) ★★
4.55 FILM **The Gunfighter** Classic Western. (1950, b/w, U, 84min) ★★★★
6.45 FILM **Ben-Hur** Drama. (2016, 12, 130min) ★★★
9.00 FILM **Hummingbird** Revenge thriller. (2013, 15, 98min) ★★★
11.05 FILM **Unlocked** Thriller. (2017, 15, 98min) ★★★
1.05 AM **Treadstone** (S1)
2.05 **World's Wildest Holidays** A round-the-world trip on a bike.
3.05 **The Real Narcos UK: London's Bloodiest**
4.00 **Rage & Robbers: Caught on Camera**
4.50 **to 5.00** AM **Entertainment News**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Highway Patrol**
11.00 **Brit Cops: Law & Disorder** Double bill.
1.00 PM **Road Wars**
2.00 **How I Caught the Killer**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
6.00 **Killer in My Village**
7.00 **Murdered at First Sight** The case of Yingying Zhang, who is offered a lift by a man posing as a policeman.
8.00 **World's Most Evil Killers** Following the murders of Chicago killer John Wayne Gacy.
9.00 **Death on the Beach** Young travellers who have died on the Thai island of Koh Tao.
10.00 **Britain's Most Evil Killers**
4.00 **Brit Cops: Law & Disorder** London police.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
5.00 PM **World's Most Unexplained...**
7.00 **48 Hours** A young woman who vanished after a night out in Milwaukee in 2013. **8.00** A California police officer is shot dead in his home by his ex-wife.
9.00 **New Scotland Yard Files** A string of elderly people are found dead in their beds across south London. **10.00** Looking back at the case of a serial killer in Camden, London. **11.00** The case of a woman who was found badly beaten in her own home and died despite all efforts to revive her.
12.00 M'T **New Scotland Yard Files** Triple bill.
3.00 AM **Unsolved Mysteries**
5.10 **to 6.00** AM **Celebrity Damage Control**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Dublin.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Five editions.
1.00 PM **A Place in the Sun**
3.00 **The Yorkshire Auction House** Home clearances.
4.00 **Helicopter ER**
7.00 **The Big Clean**
8.00 **Saving Lives at Sea**
9.00 **The Holzer Files** New edition The team travel to Maryland to uncover the truth behind Howard Lodge.
10.00 **Haunted Hospitals** New edition A pharmacy technician confronts a dark entity from his past.
11.00 **Ghost Adventures: Top 10** Compilation series.
12.00 M'T **Kindred Spirits**
1.00 AM **Paranormal: Caught on Camera**
2.00 **Teleshopping**
4.00 **to 6.00** AM **A Place in the Sun**

Blaze

164 216 64 162

6.00 AM **The Curse of Oak Island** Documentary.
7.00 **Cities of the Underworld** Edinburgh.
8.00 **Wicked Tuna**
9.00 **The Liquidator**
10.00 **Hardcore Pawn**
3.00 PM **Ancient Aliens**
7.00 **Ancient Aliens** Evidence suggesting aliens saved humanity from great floods.
8.00 **Storm Stories**
9.00 **Court Cam**
10.00 **World's Deadliest Weather: Caught on Camera** A cruise ship sails into a hurricane.
11.00 **Paranormal: Caught on Camera**
12.00 M'T **William Shatner's Weird or What?**
1.00 AM **Monsterquest**
2.00 **Believers: Extreme Hauntings**
3.00 **to 6.00** AM **Hardcore Pawn**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
7.00 **Say Yes... Atlanta**
10.00 **Say Yes to the Dress**
12.00 NOON **Say Yes... Randy Knows Best**
1.00 PM **Curvy Brides Boutique** Four editions.
3.00 **Dr Pimple Popper**
5.00 **Say Yes... UK**
6.00 **Say Yes... The Big Day**
7.00 **Say Yes... America**
8.00 **My 600lb Life** Siblings whose bulk prevents them from socialising.
10.00 **Temptation Island** New edition Tensions boil over in the girls' villa as Chelsea accuses Blake of being fake.
11.00 **My Feet Are Killing Me**
12.00 M'T **My 600lb Life**
2.00 AM **Temptation Island**
3.00 **Sex Sent Me to the ER**
4.00 **Say Yes to the Dress: Randy Knows Best**
5.00 **to 6.00** AM **Curvy Brides Boutique**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Four editions.
1.00 PM **Great Rivers Then & Now: The Severn**
2.00 **Great Rivers Then & Now: The Avon**
3.00 **Ben Fogle: New Lives in the Wild** Five editions.
8.00 **Russia vs the World** How more than a millennium of Russian history paved the way for Vladimir Putin.
10.00 **The Chernobyl Railway with Chris Tarrant** Chris embarks on a trip across Ukraine.
11.00 **Walking Britain's Lost Railways** A disused line from Elgin to Portsoy. **12.00** M'T A line into industrial Manchester.
1.05 AM **The Bermuda Triangle Enigma**
2.05 **Tsunami: Devastation**
3.05 **The Thames at Night with Tony Robinson**
3.55 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **Massive Engineering Mistakes**
7.00 **Mega Shippers**
8.00 **Wheeler Dealers**
3.00 PM **Salvage Hunters: The Restorers**
4.00 **Jamie Cooks Italy**
6.00 **Vintage Voltage**
7.00 **Salvage Hunters** Drew Pritchard searches for valuable scrap items.
8.00 **Kings of the Wood** Robin teams up with Micaela to build a gift for a charitable hairdresser.
9.00 **EFL on Quest** Action from the latest fixtures.
11.00 **How Do They Do It?**
1.00 AM **Massive Engineering Mistakes** How an apartment block resisted demolition.
2.00 **Mega Shippers**
3.00 **Salvage Hunters**
4.00 **Mighty Cruise Ships**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Animal Cops**
8.00 **Animal Cops Detroit**
9.00 **My 600lb Life**
12.00 NOON **Hoarding: Buried Alive**
1.00 PM **Long Lost Family Australia**
2.00 **Say Yes... Lancashire**
6.00 **Long Island Medium**
8.00 **American Monster**
9.00 **Murder on CCTV** New edition
10.00 **Deadliest Kids** New edition
11.00 **The Lake Erie Murders**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files** Documentary.
3.50 **Animal Cops Philadelphia**
4.40 **Guardians of Rescue**
5.30 **to 6.00** AM **Say Yes to the Dress**

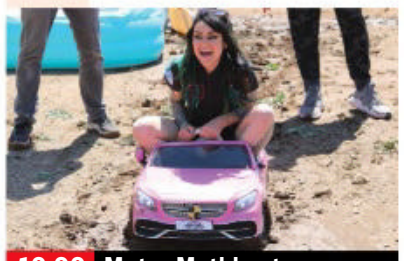
+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Building Off the Grid**
12.00 NOON **Blowing Up History: Seven Wonders** Silk Road. **2.00** PM Discoveries under the tomb of Jesus Christ.
4.00 **Alaska: Homestead Rescue** A family who are struggling on a failing homestead. **5.00** Helping two Montana residents who are being stalked by a mountain lion.
6.00 **Wheeler Dealers** Mike and Elvis wrestle an iconic Japanese rally car – a Mitsubishi Lancer Evo7.



10.00 Motor Mythbusters

7.00 **Gold Rush: White Water** Dakota Fred and his son risk their lives beneath the waters of one of Alaska's creeks.
8.00 **Gold Rush** Parker splurges big to keep his operation running. Plus, Fred's new alliance with the Claytons is tested.
9.00 **Building Off the Grid** A couple with a passion for snowboarding build a cabin in Vermont, but a harsh winter is looming.
10.00 **Motor Mythbusters** New edition The team see whether trailer sway can be corrected by accelerating a vehicle.
11.00 **Legendary Locations** Josh explores a prison in Florida where a convicted murderer went from hated to hero, and the site of a sacred Viking massacre in Ireland.
12.00 M'T **The Alaska Triangle** Six editions of the series.
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Animal Precinct**
10.00 **The Zoo**
11.00 **Alaskan Bush People**
1.00 PM **Edge of Alaska**
2.00 **Alaska Monsters**
3.00 **Restoration Wild**
4.00 **Saved By the Barn**
5.00 **How Sharks Hunt** The hunting approaches of tiger sharks and great whites.
6.00 **The Crocodile Hunter: Best of Steve Irwin** Steve Irwin and Wes Mannion island-hop around Indonesia.

5.00 How Sharks Hunt

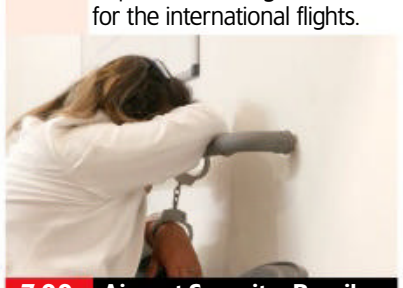
7.00 **Coyote Peterson: Brave the Wild** Searching for two of Australia's lizards. **7.30** The history behind the Tasmanian devil.
8.00 **Edge of Alaska** The last days of winter bring change, and Jason races the melting river to reach his crashed airplane.
9.00 **Alaska Monsters** The team investigate reports of a supposedly massive wolf and Todd constructs a giant jail cell to hold it.
10.00 **Finding Bigfoot** With a host of high-tech equipment, the team head to a hotspot for sasquatch activity.
11.00 **In Search of Monsters** New evidence about the Jersey Devil, a monster that prowls New Jersey's Pine Barrens.
12.00 M'T **Monsters Inside Me** An infection that eats blood.
2.00 AM **Edge of Alaska**
3.00 **Alaska Monsters** As 9.00pm.
4.00 **to 5.00** AM **Finding Bigfoot**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Disasters Engineered**
11.00 **Engineering New York Super Airport**
2.00 **Food Factory**
4.00 **Built for Mars: The Perseverance Rover** Exploring the creation of a robot designed to search for traces of life on Mars.
6.00 **Airport Mega Move** The transportation of Turkish Airlines' entire operation to a new airport with the hope of becoming a hub for the international flights.



7.00 Airport Security: Brazil

7.00 **Airport Security: Brazil** A man heading to Hong Kong has capsules taped to his body, and empty bags arouse suspicion.
8.00 **Airport Security: Colombia** At El Dorado International Airport, officers uncover luggage packed with cocaine.
9.00 **Airport Security: Rome** A suitcase with a hidden compartment is found, and there is a positive test for explosives.
10.00 **Airport Security: Rome** At Rome Fiumicino, the judicial police suspect that a man is packing narcotics below the belt.
11.00 **Trafficked with Mariana Van Zeller** A meth superhighway from Sinaloa to the US.
12.00 M'T **Trafficked with Mariana Van Zeller** Plastic surgery.
1.00 AM **Banged Up Abroad**
3.00 **Airport Security: First Class**
4.00 **to 5.00** AM **Border Wars (Compilation)**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Medieval Dead**
7.00 **WW2 Treasure Hunters: WW1 Special**
8.00 **WW2 Treasure Hunters**
9.00 **Pawn Stars**
11.00 **Storage Wars**
1.00 PM **Swamp People: Serpent Invasion**
4.00 **Crusaders**
5.00 **Wellington v Napoleon Aftermath of Waterloo**
6.00 **Craig Charles: UFO Conspiracies** Investigating a UFO spotted at Stephenville, Texas, in January 2008.

7.00 Digging Up Britain's Past

7.00 **Digging Up Britain's Past** Experts seek a lost garden planted in 1592 commemorating the defeat of the Spanish Armada.
8.00 **Digging Up Britain's Past** Raksha Dave and Alex Langlands join a team from Reading at a site in Silchester.
9.00 **Nazis on Drugs: Hitler and the Blitzkrieg** Examining the Nazi Party's reliance on drugs to power their war effort, detailing how state-sponsored drug use helped build up – and then eventually destroy – the Third Reich.
10.50 **The Proof Is Out There**
11.50 **Paranormal: Caught on Camera** A haunted hotel gives a ghost hunter a fright.
12.50 AM **Forged in Fire**
4.40 **Forged in Fire Armed Forces Tournament**
5.35 **to 6.00** AM **Forged with Steele**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **A Tale of Two Sisters**
8.00 **Trains That Changed the World** London Underground.
9.00 **Chris Tarrant: Extreme Railways** Triple bill.
12.00 NOON **The Architecture The Railways Built** Triple bill.
3.00 **Great British Railway Journeys** Eight editions of the series, including at: **5.30** A journey from Ashford to Henley-on-Thames. **6.00** Grinstead to Guildford. **6.30** Travelling from Woking to Walton-on-Thames.

8.00 One Foot in the Grave

7.00 **Great British Railway Journeys** Hampton Court to Teddington. **7.30** A visit to a steam fair in Egham, Surrey.
8.00 **One Foot in the Grave** Victor and Margaret get stuck in a traffic jam. **8.40** When the Meldrew household falls foul of an evil curse, Victor resolves that he will drive it out. **9.20** The Meldrews broaden their horizons with a visit to the BBC.
10.00 **Sounds of the Sixties** Music by Procol Harum and the Foundations. **10.30** The music of the flower power era.
11.00 **Sounds of the Seventies** Music by Carole King, Neil Young and James Taylor.
11.30 **Sounds of the Seventies** Featuring Dire Straits.
12.00 M'T **Trains That Changed the World** London Underground.
1.00 **to 3.00** AM **A Tale of Two Sisters**

+1 hour 255 200 75

Saturday

7 PM
8 PM
9 PM
10 PM

Disc. History

177 257

6.00 AM **Secret Space Escapes** Triple bill.
9.00 **Combat Dealers**
12.00 NOON **Mighty Ships**
3.00 PM **Combat Dealers**
6.00 **Mysteries of the Missing** How new technology could reveal the truth about the lost city of El Dorado. **7.00** The science behind the Bermuda Triangle phenomenon.
8.00 **Nostradamus Decoded** Examining the 16th century French apothecary's famously obscure publications.
10.00 **Cruise Ship Disaster: Inside the Concordia** The *Costa Concordia* disaster of January 2012.
11.00 **Megastorm: World's Biggest Typhoon**
12.00 M'T **Wings of War**
2.00 **to 6.00** AM **Combat Dealers**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Reindeer Family & Me** Sami culture.
10.00 **David Attenborough's Natural Curiosities**
2.00 PM **David Attenborough's Big Birds: Natural World**
3.00 **Attenborough's Birds of Paradise**
4.00 **Natural Curiosities**
8.00 **David Attenborough's Big Birds: Natural World** Examining the world of flightless birds.
9.00 **Natural Curiosities**
1.00 AM **Attenborough's Birds of Paradise**
2.00 **David Attenborough's Big Birds: Natural World** As 8.00pm.
3.00 **Attenborough's Birds of Paradise**
3.50 **Animal Social Network**
4.40 **Wild and Wonderful Denmark** Urban life.
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Snakes in the City**
2.00 PM **Monster Snakes**
3.00 **Search for King Cobra**
4.00 **America's Super Snake** Western diamondback.
5.00 **Monster Constrictors**
6.00 **King Cobra: Cannibal Snake** Experts track snakes in India.
7.00 **Cobra Mafia** Documentary examining the venomous snake.
8.00 **Snake Island: Wild & Deadly** Deadly tiger snakes on a barren Australian island.
9.00 **Exotic Animal ER** Discover Dr K's wildest encounters with snakes.
10.00 **Snakes in the City** Simon Keys' most remarkable encounters with baby snakes.
11.00 **Snake Attack-Tics**
12.00 M'T **Serpents Surprise**
1.00 AM **Viper Queens**
2.00 **to 5.00** AM **Snakes in the City**

Sky History 2

163 163 840 272

8.00 AM **Ancient Aliens**
1.00 PM **Mythical Beasts**
6.00 **Patton 360**
7.00 **Monsterquest** The team head into Midwestern forests to investigate werewolfs.
8.00 **Gators: MonsterQuest** The legend of alligators said to lurk in the sewers of New York city.
9.00 **Barbarians II** The Germanic Saxon tribe.
10.00 **Paranormal: Caught on Camera** A ghost appears on the Gettysburg battlefield.
11.00 **Ancient Aliens** Ancient stone monuments around the world. **12.00** M'T The mysterious phenomena of the Nazca Lines.
1.00 AM **Shootout**
3.00 **Patton 360**
4.00 **Monsterquest**
5.00 **to 6.00** AM **Gators: MonsterQuest**

PBS America

174 273 84 155

8.00 AM **Ancient Invisible Cities** Triple bill.
11.55 **Rome's Invisible City**
1.00 PM **Riveted: The History of Jeans**
2.15 **The Cannabis Question**
3.30 **Ancient Invisible Cities**
7.25 **Rome's Invisible City** Alexander Armstrong explores the city's underground treasures.
8.40 **Riveted: The History of Jeans** The story of the iconic US garment.
9.50 **The Cannabis Question** The potential benefits and risks of legalising cannabis and effects on communities of colour.
11.00 **Ancient Invisible Cities** The historical secrets of Cairo and Ancient Egypt.
12.15 AM **Ancient Invisible Cities** Double bill.
2.40 **Rome's Invisible City**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 837 209

6.00 AM **On the Case with Paula Zahn** Triple bill.
9.00 **Killer in Plain Sight**
12.00 NOON **Accused: Guilty or Innocent?**
2.00 PM **On the Case with Paula Zahn**
7.00 **What the Killer Did Next** Manchester mum Sian Roberts's murder. **8.00** A 79-year-old killed in her own home.
9.00 **Killer Britain with Dermot Murnaghan** The Hull man convicted of killing his neighbour.
10.00 **Mastermind of Murder** A farmer killed after finding natural gas on his property.
11.00 **Court Cam: Under Oath**
12.00 M'T **Homicide: Hours to Kill** Reconstructions.
1.00 AM **Meet, Marry, Murder**
2.00 **Green Eyed Killers**
3.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SATURDAY Films

Saturday

Sky Cinema Premiere

301 301 848 401 501 515

6.05 AM **The Desperate Hour** Thriller starring Naomi Watts. (2021, 12, 84min) ★★★★
7.45 **Old** As shown at 4.10pm.
9.50 **Dream Horse** As 6.05pm.
11.45 **The Forever Purge** (2021)
1.40 PM **Fast & Furious 9** As 8pm.
4.10 **Old** Horror with Gael García Bernal. (2021, 15, 108min) ★★
6.05 **Dream Horse** Fact-based comedy drama starring Toni Collette and Damian Lewis. (2020, PG, 113min) ★★★★

10.30 Malignant

8 PM **8.00** **Fast & Furious 9** Action sequel starring Vin Diesel, Jordana Brewster, John Cena and Michelle Rodriguez. The crew must take on an international terrorist, who turns out to be Dom and Mia's estranged brother. (2021, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM **10.30** **PREMIERE Malignant** Horror starring Annabelle Wallis. (2021, 18, 111min) ★★★★ *See review, pg 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.30 AM **The Forever Purge** Horror sequel starring Josh Lucas. (2021, 15, 103min) ★★★
2.20 **Old Henry** Western thriller. (2021, 15, 99min) ★★★★
4.10 **to 6.00** AM **PREMIERE North Hollywood** Comedy drama with Ryder McLaughlin. (2021, 15, 93min) ★★★

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

7.00 AM **The Three Musketeers** Rollicking costume adventure. (2011, 12, 110min) ★★★
9.00 **Fast & Furious 7** Action thriller sequel with Vin Diesel. (2015, 12, 137min) ★★★★
11.25 **The Matrix** Sci-fi thriller. (1999, 15, 136min) ★★★★
1.45 PM **Zack Snyder's Justice League** Superhero adventure. (2017, 15, 242min) ★★★
5.45 **Pain & Gain** Crime comedy. (2013, 15, 124min) ★★★

5.45 Pain & Gain

8.00 **The Matrix Reloaded** Sci-fi action thriller sequel starring Keanu Reeves. With only 36 hours to go before a machine army overwhelms the city of Zion, hope rests on the messiah-like Neo to save humanity. With Laurence Fishburne and Carrie-Anne Moss. (2003, 15, 137min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Terminator Salvation** Sci-fi thriller sequel starring Christian Bale and Sam Worthington. (2009, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Waiting for the Barbarians** Drama with Johnny Depp and Mark Rylance. (2019, 15, 112min) ★★★★
2.20 **Stardust** Drama with Johnny Flynn. (2020, 15, 109min) ★★
4.15 **to 6.10** AM **Words on Bathroom Walls** Romantic drama with Charlie Plummer. (2020, 12, 110min) ★★★★

Sky Cinema Family

306 306 850 406 506 520

6.05 AM **Scooby-Doo** (2002) ★★★
7.45 **Shrek the Musical** Stage show.
10.00 **The Smurfs** As 6.50pm.
11.55 **Space Jam: A New Legacy** Adventure. (2021, U) ★★★
1.55 PM **Alvin and the Chipmunks: Chipwrecked** (2011, U) ★★
3.25 **Alvin and the Chipmunks: The Road Chip** (2015, U) ★★
5.00 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
6.50 **The Smurfs** Family adventure. (2011, U, 102min) ★★

8.35 Peter Rabbit

8.35 **Peter Rabbit** Comedy based on Beatrix Potter's stories, with the voices of James Corden and Margot Robbie. A mischievous rabbit takes on a farmer in a battle of wits. (2018, PG, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

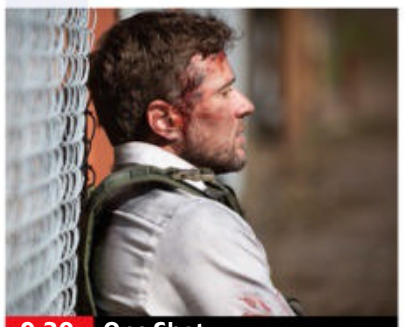
10.15 **Howard... A New Breed of Hero** Comedy fantasy based on the cult character created by Marvel Comics, starring Lea Thompson, Jeffrey Jones and Tim Robbins. (1986, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **A-X-L** Fantasy adventure. (2018, PG, 100min) ★★
2.10 **Pinocchio** Italian adaptation of the classic tale. Subtitled. (2019, PG, 125min) ★★★★
4.25 **to 6.25** AM **Magical Adventures in the Forbidden City** Fantasy. (2019, 12) ★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Mortal Kombat** Adventure. (2021, 15, 110min) ★★
7.55 **Centurion** (2009, 15) ★★★
9.35 **Rise of the Planet of the Apes**
11.25 **The Lord of the Rings: The Fellowship of the Ring** Fantasy. (2001, PG) ★★★★★
2.25 PM **Twister** (1996, PG) ★★★
4.25 **Around the World in 80 Days** Adventure. (2004, PG) ★★★
6.30 **The Lord of the Rings: The Two Towers** Epic fantasy. (2002, 12, 179min) ★★★★★


9.30 One Shot

The Lord of the Rings: The Two Towers (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

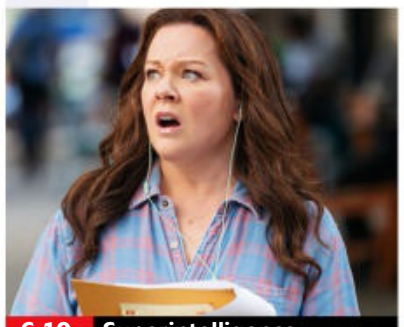
9.30 **One Shot** Thriller starring Scott Adkins. A squad of Navy SEALs, on a mission to transport a prisoner off a CIA black site island prison, become trapped when insurgents attack. (2021, 15, 96min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Crank** Thriller starring Jason Statham and Amy Smart. (2006, 18, 88min) ★★★★
12.50 AM **Rise of the Planet of the Apes** Sci-fi action thriller. (2011, 12, 104min) ★★★★
2.40 **The Man from U.N.C.L.E** Spy adventure with Henry Cavill. (2015, 12, 112min) ★★★★
4.40 **to 6.00** AM **Batman Unlimited: Animal Instincts** Animated adventure. (2015, PG, 74min) ★★

Sky Cinema Comedy

308 308 852 408 508 522

6.00 AM **We Broke Up** Comedy drama. (2021, 15, 80min) ★★★
7.25 **Alan Partridge: Alpha Papa** Comedy. (2013, 15) ★★★★
9.00 **The Longest Yard** As 1.05am.
11.00 **Superintelligence** As 6.10pm.
12.50 PM **Breaking News in Yuba County** As shown at 8.00pm.
2.30 **Zombieland** As 9.40pm.
4.00 **Bridesmaids** Comedy. (2011, 15, 124min) ★★★★
6.10 **Superintelligence** Comedy. (2020, 12, 106min) ★★★


6.10 Superintelligence

8.00 **Breaking News in Yuba County** Comedy drama with Allison Janney. When her husband goes missing, an underappreciated woman gets a taste of being a local celebrity. (2021, 15, 96min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Zombieland** Horror comedy starring Woody Harrelson, Jesse Eisenberg, Abigail Breslin and Emma Stone. (2009, 15, 84min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Barb & Star Go to Vista Del Mar** Comedy starring Kristen Wiig and Annie Mumolo. (2021, 15, 107min) ★★★
1.05 AM **The Longest Yard** Comedy remake starring Adam Sandler and Chris Rock. (2005, 12, 113min) ★★
3.15 **Masterminds** Crime comedy. (2016, 12, 95min) ★★★
5.05 **to 7.05** AM **Dr Bird's Advice for Sad Poets** Comedy drama. (2021, 12, 109min) ★★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

7.10 AM **On the Waterfront** (1954)
9.05 **Heat** Michael Mann's thriller. (1995, 15, 171min) ★★★★★
12.00 NOON **The Fugitive** As 11pm.
2.15 PM **Shutter Island** Martin Scorsese's mystery thriller starring Leonardo DiCaprio. (2010, 15, 137min) ★★★★
4.35 **First Knight** Romantic mythical drama starring Sean Connery. (1995, PG, 134min) ★★

6.50 **The Theory of Everything** Biopic of Stephen Hawking, exploring his relationship with wife Jane and groundbreaking work in the face of deteriorating health. Stars Eddie Redmayne, Felicity Jones and David Thewlis. (2014, 12, 120min) ★★★★
9.00 **Top Gun** Aerial action drama starring Tom Cruise as a hotshot young flier at the US Navy's elite air combat training school. With Kelly McGillis and Val Kilmer. (1986, 12, 110min) ★★★

11.00 **The Fugitive** Action thriller. (1993, 15, 128min) ★★★★★
1.15 AM **Almost Famous** Cameron Crowe's rock 'n' roll drama. (2000, 15, 126min) ★★★★
4.05 **to 6.00** AM **On the Waterfront** Oscar-winning drama. (1954, b/w, PG, 108min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.20 AM **The Adventures of Tom Thumb and Thumbelina** Animation. (2002, U) ★★
7.40 **Cloudy with a Chance of Meatballs** (2009, U) ★★★
9.15 **Cloudy with a Chance of Meatballs 2** (2013, U) ★★★
11.05 **Valiant** Animated adventure. (2005, U, 76min) ★★★
12.25 PM **The House of Magic** Animation. (2013, U) ★★★

1.55 **Spirit: Stallion of the Cimarron** Animated adventure. (2002, U, 84min) ★★
3.25 **The Road to El Dorado** Animated comedy adventure. (2000, U, 89min) ★★
5.00 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★★
6.30 **Duck Duck Goose** Animation. (2018, 15, 91min) ★★★
8.05 **Astro Kid** Animated adventure. (2019, PG, 89min) ★★★
9.45 **The Little Dragon** Animated fantasy. (2019, U, 87min) ★★

11.30 **Combat Wombat** Animation. (2020, U, 90min) ★★★
1.10 AM **Boonie Bears: Blast Into the Past** Animation. (2019, U) ★★
2.55 **Bobbleheads: The Movie** Animation. (2020, PG) ★★
4.30 **to 6.00** AM **The Fairy Princess & the Unicorn** (2019, U) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.45 **Off Set** With Jamie Cullum.
8.00 **Stagecoach to Dancer's Rock** Western. (1962, PG, 90min) ★★
9.30 **Dial M for Murder** Hitchcock thriller starring Ray Milland. (1954, PG, 101min) ★★★★
11.45 **Apache War Smoke** Western. (1952, b/w, U, 68min) ★★
1.20 PM **Money, Women and Guns** Western. (1958, PG, 80min) ★★

3.00 **The Bounty Hunter** Western. (1954, U, 79min) ★★
4.40 **The Hawk of Wild River** Western. (1952, b/w, U) ★★
5.50 **Lightning Guns** Western. (1950, b/w, U, 55min) ★★
7.00 **Murder Ahoy** Murder mystery. (1964, b/w, U, 93min) ★★★
9.00 **Absolute Power** Thriller directed by and starring Clint Eastwood, with Gene Hackman. (1996, 15, 121min) ★★★
11.30 **Magnum Force** Thriller sequel. (1973, 18, 117min) ★★★★

2.00 AM **Marnie** Hitchcock thriller. (1964, 15, 130min) ★★★
4.15 **Off Set** With Ben Miller.
4.30 **Close Up** Profile of Liam Neeson.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Old Mother Riley, Headmistress** (1950, b/w) ★★
7.30 **Old Mother Riley MP** Comedy. (1939, b/w, U, 77min) ★★
9.00 **Hawkeye & the Last of the Mohicans** (S1)
9.30 **Young Eagles** 11/12. (S1)
9.55 **Stories From Toytown**
10.10 **Calamity the Cow** Adventure. (1967, b/w, U, 59min) ★★
11.15 **Badger's Bend** 11/17. (S1)

11.45 **Danny the Dragon** 1/10. (S1)
12.00 NOON **From Soup to Nuts** Comedy. (1928, b/w, U) ★★★
12.25 PM **The Mark of Zorro** Swashbuckling adventure. (1940, b/w, U, 94min) ★★★★
2.20 **Danger Within** Mystery. (1959, b/w, U, 97min) ★★
4.20 **The Likely Lads** Comedy. (1976, PG, 90min) ★★
6.10 **Look at Life** Documentary.
6.20 **The Lavender Hill Mob** Comedy. (1951, b/w, U, 81min) ★★★★★
8.00 **Maigret** 10/13. (S1)

9.05 **The Passage** World War Two thriller. (1978, 18, 98min) ★★
11.10 **The Knack... and How to Get It** Comedy. (1965, b/w, 15) ★★★★
12.55 AM **Power Play** (1978, 18) ★★
3.00 **The Skull** (1965, 18) ★★★
4.40 **Desert Mesa** (1935, b/w, U) ★★
5.30 **to 6.00** AM **Honey West**

Horror

317 149 69 138

8.00 AM **Sleeping Beauty** Fantasy adventure. (2014, 15, 79min) ★
10.00 **Airwolf** 22-24/24. (S4)
1.00 PM **The Prisoner** 1-2/17. (S1)
3.00 **Mega Piranha** Creature feature. (2010, 15, 89min) ★★
4.50 **Megaconda** Horror thriller. (2010, 12, 86min) ★★
6.35 **Princess of Mars** Sci-fi adventure starring Antonio Sabato Jr. (2009, 12, 90min) ★★

8.30 **Tales from the Darkside** *Trick or Treat:* A small-town meanie gets his comeuppance.
9.00 **PREMIERE Await Further Instructions** Horror starring Grant Masters. A family discover they are trapped indoors, and receive a series of disturbing instructions through their TV. (2018, 15, 91min) ★★
10.50 **Let Me In** Vampire thriller remake with Kodi Smit-McPhee and Chloë Grace Moretz. (2010, 15, 116min) ★★★★

1.05 AM **Aquaslash** Comedy horror starring Nicolas Fontaine. (2019, 15, 71min) ★★
2.30 **to 4.30** AM **Rupture** Sci-fi horror thriller starring Noomi Rapace. (2016, 15, 102min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.00 AM **3 Days to Kill** Thriller. (2014, 12, 117min) ★★★
8.10 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★
10.30 **The Birthday Cake** Crime thriller. (2021, 15, 93min) ★★
12.15 PM **Mission: Impossible** Thriller. (1996, PG) ★★★
2.15 **The Italian Job** Thriller remake. (2003, 12, 110min) ★★★
4.15 **Salt** Thriller. (2010, 12) ★★★
6.00 **Prisoners** Gripping thriller. (2013, 15, 150min) ★★★★

4.15 Salt

8.35 **Hell or High Water** Crime drama starring Jeff Bridges and Chris Pine. A divorcee and his ex-con older brother resort to a desperate scheme in order to save their family ranch in Texas. (2016, 15, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

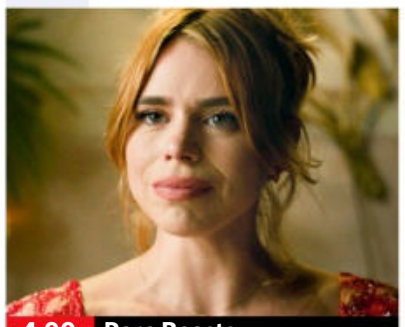
10.20 **Goodfellas** Martin Scorsese's gangster drama based on the memoirs of a real-life Mafia hood. Stars Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Panic Room** Suspense thriller starring Jodie Foster. (2002, 15, 112min) ★★★
2.40 **Salt** As shown at 4.15pm.
4.25 **to 6.20** AM **Mission: Impossible** As 12.15pm.

Sky Cinema Drama

310 310 854 410 510 524

6.25 AM **Finding Steve McQueen** Crime caper. (2019, 15) ★★★
8.00 **Kramer Vs Kramer** As 1.50am.
9.50 **Minari** As shown at 3.50am.
11.50 **The Bodyguard** Thriller. (1992, 15, 129min) ★★★
2.00 PM **Another Round** Danish comedy drama. Subtitled. (2020, 12, 117min) ★★★
4.00 **Rare Beasts** Comedy drama. (2020, 15, 87min) ★★★★
5.35 **In the Heights** Musical. (2021, PG, 143min) ★★★


4.00 Rare Beasts

8.00 **The Pursuit of Happyness** Fact-based drama starring Will Smith as a single father in early 1980s San Francisco who endures poverty and homelessness as he struggles to make the grade as a stockbroker. (2006, 12, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Embattled** Sports drama starring Stephen Dorff. A man aspires to follow in his famous MMA father's footsteps, but must figure out how to break an abusive cycle. (2020, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Notorious Nick** Sports drama starring Cody Christian. (2021, 12, 90min) ★★
1.50 **Kramer Vs Kramer** Oscar-winning drama. (1979, PG, 104min) ★★★★★
3.50 **to 6.00** AM **Minari** Romantic drama starring Steven Yeun. (2020, 12, 115min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **The Host** (2013, 12) ★★★
8.10 **Terminator 3: Rise of the Machines** (2003, 12) ★★★
10.00 **Minority Report** Sci-fi thriller. (2002, 12, 145min) ★★★★
12.30 PM **Godzilla vs Kong** Sci-fi adventure. (2021, 12) ★★★
2.30 **Divergent** (2014, 12) ★★★
5.00 **The Divergent Series: Insurgent** (2015, 12) ★★★
7.00 **The Divergent Series: Allegiant** Sci-fi adventure sequel. (2016, 12, 118min) ★★

9.05 Freaky

The Divergent Series: Allegiant (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.05 **Freaky** Comedy horror starring Vince Vaughn. After swapping bodies with a serial killer, a girl discovers she has less than 24 hours before the change becomes permanent. (2020, 15, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **I, Robot** Sci-fi thriller with Will Smith, Bridget Moynahan and Bruce Greenwood. (2004, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **The Devil's Rejects** Horror thriller sequel. (2005, 18, 109min) ★★★
2.50 **Snatchers** Comedy horror. (2019, 15, 96min) ★★★
4.30 **to 6.00** AM **Portal** Fantasy. (2021, 15, 84min) ★★★

Sky Cinema Women in Film

302 302 856 402 502 516

7.00 AM **The Colour Room** Drama. (2021, PG, 109min) ★★★★
9.00 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★
10.40 **Resident Evil: Retribution** Sci-fi thriller. (2012, 15) ★★★
12.20 PM **The High Note** Drama. (2020, 12, 113min) ★★★
2.20 **Barb & Star Go to Vista...**
4.15 **Promising Young Woman** Thriller. (2020, 15) ★★★★
6.15 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★

10.10 Barb & Star Go to Vista...

8.00 **Bridesmaids** Comedy starring Kristen Wiig, Maya Rudolph and Rose Byrne. A single woman tries to compete with a rich rival after she is asked to be her childhood best friend's maid of honour. With Melissa McCarthy. (2011, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

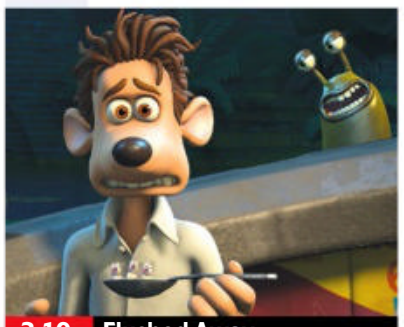
10.10 **Barb & Star Go to Vista Del Mar** Comedy starring Kristen Wiig and Annie Mumolo. Two small-town friends embark on the adventure of a lifetime. (2021, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Promising Young Woman** As shown at 4.15pm.
2.00 AM **Spinster** Comedy. (2019, 15, 87min) ★★★
3.35 **Love Sarah** Comedy drama. (2020, 12, 97min) ★★★
5.20 **to 7.00** AM **Breaking News in Yuba County** Comedy drama. (2021, 15, 96min) ★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Ice Age: Collision Course** Animated adventure sequel. (2016, U, 91min) ★★
12.50 PM **Little Women** Drama. (1994, U, 114min) ★★★
3.10 **Flushed Away** Animation. (2006, U, 85min) ★★★★
4.50 **A Dog's Purpose** Drama. (2017, PG, 100min) ★★★
6.50 **The League of Extraordinary Gentlemen** Adventure. (2003, 12, 110min) ★★


3.10 Flushed Away

The League of Extraordinary Gentlemen (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Mission: Impossible III** Action spy thriller starring Tom Cruise and Philip Seymour Hoffman. Secret agent Ethan Hunt tries to free his kidnapped wife from the clutches of an international arms dealer. (2005, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.25 **A Quiet Place** Horror thriller starring Emily Blunt and John Krasinski. A family are forced to live in silence while hiding from monsters with hypersensitive hearing. (2018, 15, 90min) ★★★★
1.10 **to 3.05** AM **The Witch** Period horror starring Anya Taylor-Joy and Ralph Ineson. (2015, 15, 91min) ★★★★

11 PM

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Split Second** (1953, PG) ★★
7.40 **Ladies Who Do** Comedy. (1963, b/w, U, 85min) ★★
9.25 **Never a Dull Moment** Musical. (1950, b/w, U, 89min) ★★
11.10 **Malachi's Cove** Period drama. (1973, U, 85min) ★★★
12.55 PM **Gideon of Scotland Yard** Drama. (1958, PG, 91min) ★★
2.45 **The Detective** Comedy thriller. (1954, b/w, U, 90min) ★★★

4.35 **The End of the Affair** Romantic drama starring Deborah Kerr. (1955, PG, 106min) ★★
6.45 **Magnificent Obsession** Glossy Hollywood melodrama starring Jane Wyman and Rock Hudson. (1954, U, 108min) ★★★★
9.00 **Girl on a Motorcycle** Erotic drama starring Marianne Faithfull and Alain Delon. (1968, 15, 91min) ★
10.55 **Callan** Spy thriller starring Edward Woodward and Eric Porter. (1974, 15, 106min) ★★★

1.00 AM **What's Eating Gilbert Grape** Drama. (1993, 15) ★★★
3.20 **Machine-Gun Kelly** Crime drama. (1958, b/w, 15) ★★
4.45 **to 6.00** AM **Operation Dames** War drama. (1959, b/w, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **A Case of Murder: Garage Sale Mystery** (2017, PG) ★★
10.50 **Murder by Text: Garage Sale Mystery** Drama. (2017, PG) ★★
12.40 PM **Garage Sale Mystery: Murder Most Medieval** Crime drama. (2017, PG, 90min) ★★
2.30 **Secret Window** Thriller. (2004, 12, 96min) ★★★
4.20 **Everest** Fact-based adventure. (2015, 12, 121min) ★★★★

6.45 **The Italian Job** Crime thriller inspired by the 1960s caper film, starring Mark Wahlberg, Charlize Theron and Edward Norton. (2003, 12, 110min) ★★★
9.00 **Eternal Sunshine of the Spotless Mind** Offbeat romantic comedy starring Jim Carrey and Kate Winslet. An estranged couple decide to have their memories of each other erased by a firm of mind specialists. With Kirsten Dunst. (2004, 15, 108min) ★★★★★

11.15 **The Cable Guy** Black comedy. (1996, 12, 96min) ★★★★
1.10 AM **21 Grams** Melodrama. (2003, 15, 124min) ★★★★
3.45 **to 6.00** AM **My Girl** Comedy drama. (1991, PG, 105min) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Paratroop Command** Adventure. (1959, b/w, PG) ★★
7.25 **Wings of Eagles** (2016, 12) ★★
9.15 **Suicide Mission** Drama. (1956, U, 69min) ★★
10.45 **Hell Below Zero** Adventure drama. (1953, U, 87min) ★★
12.40 PM **Paratrooper** Adventure. (1953, PG, 88min) ★★
2.30 **The Desert Fox** Wartime biopic. (1951, b/w, PG, 88min) ★★★

4.20 **Tank Force** Action adventure. (1958, PG, 102min) ★★★
6.10 **Tora! Tora! Tora!** World War Two epic with Martin Balsam, Jason Robards and Joseph Cotten. Partially subtitled. (1970, U, 144min) ★★★
9.00 **Age of Heroes** World War Two thriller starring Sean Bean and Danny Dyer. Future James Bond author Ian Fleming sets up a top-secret elite commando unit to operate behind enemy lines. (2011, 15, 89min) ★★★

10.55 **Diamond Dogs** Adventure. (2007, 15, 94min) ★★
12.50 AM **Assassination Games** Thriller. (2010, 18, 95min) ★★
2.50 **to 4.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **From the Heart** As 7pm.
9.00 **Sweet Mountain Christmas**
11.00 **The Chronicle Mysteries: The Wrong Man** As shown at 11pm.
1.00 PM **All Summer Long** As 1am.
3.00 **PREMIERE** **Love & Where to Find It** Romantic comedy. (2021, PG, 85min) ★★
5.00 **A Love to Remember** Romantic drama with Rhiannon Fish. (2021, PG, 90min) ★★

7.00 **From the Heart** Romance starring Galadriel Stineman. A travel guide writer goes home to settle her dad's affairs, where she's reminded of her life before she left the Amish community. (2020, PG, 90min) ★★
9.00 **Sweet Mountain Christmas** Romantic drama starring Megan Hilty. Romance blossoms when a country singer is stranded in her home town, and lends her talents to a local Christmas concert. (2019, PG, 88min) ★★

11.00 **The Chronicle Mysteries: The Wrong Man** (2019, PG) ★★
1.00 AM **All Summer Long** Drama. (2019, PG, 89min) ★★
3.00 **to 5.00** AM **Love & Where to Find It** As shown at 3pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.10 PM **Clear and Present Danger** *5STAR* Action thriller. ★★★
6.30 **Stardust** *ITV2* Comedy. ★★★★
6.45 **Ben-Hur** *5Action* Drama. ★★★
6.55 **Jumanji** *Comedy Central* Comic fantasy. ★★★★★
7.00 **Descent** *Syfy* Sci-fi. ★★
7.05 **Crocodile Dundee** *E4* Comedy adventure. ★★★★★
8.00 **The Bourne Identity** *ITV4* Spy thriller. ★★★★★
9.00 **Once Upon a Time... in Hollywood** *Channel 4* Quentin Tarantino's drama. ★★★★★
9.00 **Batman Begins** *Sky Showcase* Comic-book thriller. ★★★★★
9.00 **Fast & Furious 6** *ITV2* ★★★
9.00 **The Fifth Element** *5STAR* Sci-fi fantasy adventure. ★★★★★
9.00 **Role Models** *Comedy Central* Comedy with Paul Rudd. ★★★★
9.00 **Pain and Glory** *BBC4* ★★★★
9.00 **Hummingbird** *5Action* ★★★
10.20 **The Bourne Supremacy** *ITV4* Spy thriller. ★★★★
10.40 **Ocean's Thirteen** *ITV* ★★★
11.00 **Get Him to the Greek** *Comedy Central* Comedy. ★★★★
11.05 **The Limehouse Golem** *BBC1* Victorian-era thriller. ★★★★

SATURDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM LIVE **ICC Women's World Cup West Indies v India.** The group match from Seddon Park in Hamilton, New Zealand.
6.50 LIVE **Formula 1** The opening session on day three of the first pre-season testing in Bahrain.
11.00 **Soccer Saturday Pre-Match**
12.00 NOON LIVE **EFL Barnsley v Fulham.** The Championship game from Oakwell. Kick-off 12.30pm.
3.00 PM LIVE **Super League Huddersfield Giants v Castleford Tigers.** From John Smith's Stadium. Kick-off 3.15pm.
5.00 LIVE **Premier League Manchester United v Tottenham Hotspur.** Coverage of the top-flight clash from Old Trafford. Kick-off is at 5.30pm.
8.00 LIVE **The Players Championship** The third day's play at TPC Sawgrass in Florida.
11.30 LIVE **ICC Women's World Cup New Zealand v Australia.** The group match at Basin Reserve in Wellington, New Zealand.
5.05 **to 6.00** AM LIVE **Test Cricket Pakistan v Australia.** Coverage of day two of the second Test.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Best Goals 15/16**
8.00 **WSL** West Ham United v Chelsea.
8.30 **Saturday Social**
9.30 **Soccer AM** Football magazine.
11.00 LIVE **WSL Reading v Manchester United.** Coverage of the Women's Super League match from Select Car Leasing Stadium. Kick-off 11.30am.
2.30 PM **Gillette Soccer Saturday: Build-Up** Preview show.
3.00 **Gillette Soccer Saturday**
5.00 LIVE **SNF Manchester United v Tottenham Hotspur.** Coverage of the top-flight encounter taking place at Old Trafford. Kick-off 5.30pm.
8.30 **Renault Game of the Day** A full re-run of one of today's fixtures.
10.30 **SNF** A re-run of Manchester United v Tottenham Hotspur.
12.15 AM **Premier League**
2.00 **SNF** A re-run of Manchester United v Tottenham Hotspur.
3.45 **PL Greatest Games**
4.00 **PL Best Goals 15/16**
5.00 **Best PL Goals: Manchester United**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Greatest Games**
6.30 **Championship Review 18/19**
7.30 **EFL Greatest Games**
8.00 **SPFL Greatest Games**
8.15 **EFL Highlights**
8.30 **Saturday Social**
9.30 **Soccer AM** Football magazine.
11.00 **EFL Trophy Football**
12.00 NOON LIVE **EFL Barnsley v Fulham.** Kick-off 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.00 **EFL Highlights**
5.15 **MLS** Goals by Didier Drogba.
5.20 LIVE **Bundesliga Borussia Monchengladbach v Hertha Berlin.** Kick-off 5.30pm.
7.30 **WSL** Reading v Manchester Utd.
8.00 **EFL Highlights**
8.45 **MLS** Goals by Josef Martinez.
8.50 LIVE **MLS Seattle Sounders FC v Los Angeles Galaxy.** Coverage from Lumen Field.
11.00 **WSL** Reading v Manchester Utd.
11.30 LIVE **MLS Houston Dynamo FC v Vancouver Whitecaps.** Kick-off is at 11.30pm.
1.40 AM **MLS Greatest Games**
1.45 **EFL Highlights**
2.00 **EFL Greatest Games**
3.00 **to 6.00** AM **EFL Highlights**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

6.00 AM LIVE **ICC Women's World Cup West Indies v India.** Coverage of the group match taking place at Seddon Park in Hamilton, New Zealand.
8.05 **Women's World T20 Classics**
8.20 LIVE **Test Cricket India v Sri Lanka.** Coverage of the first day of the second Test in the series, taking place at M.Chinnaswamy Stadium in Bangalore.
4.00 PM **ICC Women's World Cup**
5.00 **Test Cricket** Pakistan v Australia.
6.00 **ICC Women's World Cup**
7.00 **Test Cricket** India v Sri Lanka.
8.00 **Best of the ICC Women's World Cup** Australia v England from the 2013 tournament.
8.15 **Best of the ICC Women's World Cup** Highlights from West Indies v Australia in 2013.
8.30 **ICC Women's World Cup**
9.30 LIVE **ICC Women's World Cup New Zealand v Australia.** Coverage of the group match taking place at Basin Reserve in Wellington, New Zealand.
5.05 AM **Women's World T20 Classics** England v Australia.
5.25 **to 6.00** AM **ICC Women's World Cup 2017**

Sky Sports The Players

405 405 863 | 515 505 | 424 444

6.00 AM **The Players Championship**
7.00 **Masterpiece Theatre**
7.15 **PGA Tour Profiles**
7.30 **The Players Championship**
8.30 **Golf Academy**
9.00 **The Players Championship**
10.00 **World Golf: Hall of Fame Induction Ceremony**
11.30 **The Players Championship** Highlights from the second day.
12.30 PM LIVE **The Players Championship** Coverage of the third day's play of the tournament, taking place at TPC Sawgrass in Ponte Vedra Beach, Florida.
11.30 **The Players Championship Official Film** The 2013 event.
12.30 AM **Best of the Sky Zone – The Players** Highlights from the event.
1.00 **The Players Championship Official Film** The 2019 staging.
2.00 **The Players Championship**
3.00 **Masterpiece Theatre**
3.15 **PGA Tour Profiles**
3.30 **Best of the Sky Zone – The Players** Highlights from the event.
4.00 **The Players Championship**
5.00 **Masterpiece Theatre**
5.15 **PGA Tour Profiles**
5.30 **to 6.00** AM **Best of the Sky Zone – The Players**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM LIVE **Isuzu UTE A-League Brisbane Roar v Wellington Phoenix.** Kick-off 6.05am.
8.00 **WWE NXT UK**
9.00 **WWE Friday Night SmackDown**
10.30 **The Football's On**
11.30 LIVE **Premier League Brighton & Hove Albion v Liverpool.** From the AMEX Stadium. Kick-off 12.30pm.
3.15 PM **BT Sport Films: Two Tribes**
4.45 **What I Wore: Andy Robertson**
5.00 LIVE **Vanarama National League Boreham Wood v Chesterfield.** Coverage from Meadow Park. Kick-off 5.20pm.
7.30 LIVE **Serie A AC Milan v Empoli.** The Italian top-flight encounter at the San Siro. Kick-off 7.45pm.
9.45 **MotoGP Rewind**
10.00 LIVE **UFC** The preliminary bouts for UFC Fight Night in Las Vegas.
12.00 M'T LIVE **UFC Thiago Santos v Magomed Ankalaev.** Coverage from UFC Apex in Las Vegas.
3.30 AM **UFC Unleashed**
4.30 **BT Sport Reload**
5.00 **to 7.00** AM LIVE **A-League Macarthur FC v Western Sydney Wanderers.** Kick-off 5.05am.

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM LIVE **Isuzu UTE A-League Sydney FC v Western United.** The Australian top-flight game at Leichhardt Oval. Kick-off 6.05am.
8.00 **Premier League Match Pack**
8.30 **MotoGP Rewind**
8.45 LIVE **Isuzu UTE A-League Melbourne City v Melbourne Victory.** Coverage of the Australian top-flight game from AAMI Park. Kick-off 8.45am.
10.45 **BT Sport Reload**
11.00 LIVE **Isuzu UTE A-League Perth Glory v Central Coast.** Coverage of the Australian top-flight match taking place at HBF Park. Kick-off 11.05am.
1.00 PM **FIM SuperEnduro World Championship**
1.30 LIVE **Test Cricket West Indies v England.** Coverage of the fifth and final day of the first Test in the three-match series, taking place at Sir Vivian Richards Stadium, North Sound.
10.00 **WWE Friday Night SmackDown**
11.30 **The Football's On**
12.30 AM **BT Sport Fight Night**
2.30 **30 for 30: No Mas**
4.00 **to 6.00** AM **Classic Boxing**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **ESPN FC** Football news.
6.30 **Premier League Preview**
7.00 **Test Cricket Highlights**
8.00 **BT Sport Fight Night**
10.00 **Rio Ferdinand's Between the Lines** Football magazine.
10.30 **Premier League Preview**
11.00 **Scottish Football Extra**
11.30 LIVE **Hockey India Women v Germany Women.** Push-back 11.30am.
1.30 PM **FIH Hockey Pro League Magazine** News and highlights.
2.00 LIVE **Hockey India v Germany.** Push-back 2.00pm.
4.00 **Fishing: On the Bank**
5.00 **MotoGP Rewind**
5.15 LIVE **Serie A Sampdoria v Juventus.** Joining coverage with the match already in progress.
7.00 **Champions League Magazine**
7.30 **BT Sport Reload**
7.45 LIVE **Ligue 1 Troyes v Nantes.** The French top-flight match at Stade de l'Aube. Kick-off 8.00pm.
10.00 **National League Highlights**
10.30 **UEFA Europa League Magazine**
11.30 **Champions League Magazine**
12.00 M'T **Serie A**
4.00 **to 6.00** AM **Ligue 1**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **Premier League Darts**
9.30 **Darts Gold**
10.00 **NFL Highlights** Dallas Cowboys v New York Giants.
11.00 **NFL Highlights** Dallas Cowboys v Washington Football Team.
12.00 NOON **NFL Highlights** Philadelphia Eagles v Dallas Cowboys at Lincoln Financial Field.
1.00 PM **Premier League Darts** The fifth night of the tournament at the Brighton Centre.
4.30 **British Basketball** Newcastle Eagles v Manchester Giants.
6.45 **Fight Night** A chance to see the catchweight bout between Amir Khan and Kell Brook at AO Arena in Manchester.
7.00 **Fight Night** Action from the middleweight bout between Chris Eubank Jr and Liam Williams at Motorpoint Arena, Cardiff, plus Claressa Shields v Ema Kozin for the women's unified Middleweight world titles.
11.15 **Top Rank Boxing Archive** Marvin Hagler v Sugar Ray Leonard from 1987.
12.30 AM **Top Rank Boxing Archive**
2.00 **Premier League Darts**
5.30 **to 6.00** AM **Darts Gold**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM LIVE **Test Cricket Pakistan v Australia.** Coverage of the opening day of the second Test at National Stadium in Karachi.
12.30 PM **ICC Women's World Cup 2017** England v India in the final.
1.00 **Drone Racing League**
3.00 **Betfred Super League Highlights** Recent action.
4.15 **Rugby League Retro**
4.30 **British Basketball**
7.00 **Top Rank Boxing Archive**
8.30 **My Icon**
8.50 LIVE **MLS Seattle Sounders FC v Los Angeles Galaxy.** The Western Conference clash taking place at Lumen Field.
11.00 **Top Rank Boxing Archive**
12.15 AM **Super League Highlights**
1.00 **NBA Heatcheck**
1.30 LIVE **NBA Basketball Golden State Warriors v Milwaukee Bucks.** Coverage from Chase Centre. Tip-off 1.30am.
4.00 **Betfred Super League Highlights** Recent action.
4.30 **My Icon**
4.50 **to 6.00** AM LIVE **Test Cricket Pakistan v Australia.** Day two of the second Test in Karachi.

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM LIVE **AFLW North Melbourne Women v West Coast Eagles Women.**
8.00 LIVE **AFLW Melbourne Women v Carlton Women.**
10.00 **Around the Horn**
10.30 **Pardon the Interruption**
11.00 **ESPN FC** Football news.
11.30 **BT Sport Reload**
12.00 NOON **Around the Horn**
12.30 PM **Pardon the Interruption**
1.00 LIVE **Badminton** Coverage of the German Open semi-finals.
7.30 LIVE **College Basketball** An SEC Tournament semi-final.
8.30 LIVE **College Basketball** A SEC Tournament semi-final.
11.00 LIVE **College Basketball** A Big 12 Championship game.
1.30 AM LIVE **College Basketball** An ACC Championship match.
4.00 **BT Sport Reload**
4.30 **to 6.00** AM **NCAA Championship**

Eurosport 1

410 410 868 | 521 | 412 435

6.05 AM **Snowboarding**
6.15 **Alpine Skiing** From Are, Sweden.
8.15 LIVE **Alpine Skiing** Coverage from Kranjska Gora, Slovenia.
9.30 LIVE **Alpine Skiing** World Cup coverage from Are, Sweden.
10.30 LIVE **Cross-Country Skiing** Coverage from Falun in Sweden.
11.45 LIVE **Alpine Skiing** Coverage from Kranjska Gora, Slovenia.
12.30 PM LIVE **Alpine Skiing** World Cup coverage from Are, Sweden.
1.45 LIVE **Cycling: Tirreno-Adriatico** Coverage of stage six.
3.30 **Cycling: Paris-Nice**
4.30 **Alpine Skiing**
6.30 **The Cycling Show**
7.00 **Freestyle Skiing**
8.00 **Cycling**
10.00 **Alpine Skiing**
12.00 M'T **Cycling**
2.00 **Alpine Skiing**
4.00 **to 6.00** AM **Olympic Games Hall of Fame – Beijing 2022**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Snooker: Turkish Masters**
8.00 **Formula E** The Diriyah ePrix.
9.50 LIVE **Snowboarding** Coverage from Reiteralm, Austria.
11.15 **Biathlon** From Otepaa, Estonia.
11.50 LIVE **Biathlon** World Cup coverage from Otepaa, Estonia.
12.40 PM LIVE **Cycling: Paris-Nice** Coverage of stage seven.
2.05 LIVE **Biathlon** World Cup coverage from Otepaa, Estonia.
3.00 **Nordic Combined Skiing**
4.00 **Freestyle Skiing**
5.00 LIVE **Snooker: Turkish Masters** Coverage of the semi-finals from Antalya.
8.30 **Snooker: Turkish Masters**
9.30 **Freestyle Skiing**
10.30 **Golf: PGA Tour Weekly**
11.00 **Motorsport: Extreme E**
12.00 M'T **Alpine Skiing**
2.00 AM **Formula E**
4.00 **Cycling: Tirreno-Adriatico**
5.00 **to 6.00** AM **Cycling: Paris-Nice**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **NBA Basketball**
8.00 **Super League Highlights**
8.30 LIVE **NRL Wests Tigers v Melbourne Storm.**
10.30 **Super League Highlights**
11.30 **Mose Masoe: Behind The Smile**
12.15 PM **NBA Basketball**
2.15 **Super League Highlights**
3.00 LIVE **Betfred Super League Huddersfield Giants v Castleford Tigers.** From John Smith's Stadium. Kick-off 3.15pm.
5.15 LIVE **Betfred Super League Catalans Dragons v Wigan Warriors.** The top-flight game.
7.45 **Super League Highlights**
9.30 **NBA Basketball**
1.30 AM LIVE **NBA Basketball Golden State Warriors v Milwaukee Bucks.** From Chase Centre. Tip-off 1.30am.
4.00 **Super League Highlights**
5.00 **to 6.00** AM **Super League's Supermen**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Highlights**
6.50 LIVE **Formula 1** The opening session on day three of the first pre-season testing in Bahrain.
11.10 **Red Bull's First Win**
11.40 **Murray Walker Remembered**
11.50 LIVE **Formula 1** The second session on day three in Bahrain.
3.10 PM **NASCAR Run**
3.20 **Danica Patrick Hot Laps**
3.30 **Duel: Hamilton v Verstappen**
5.30 **Red Bull's First Win**
6.00 **Motorsport's Black Pioneer**
7.00 **The Notebook**
7.30 **The Story of 1981**
7.40 **Abu Dhabi Hot Lap**
7.45 **Goodbye Kimi**
7.55 **Data in F1**
8.00 **F1 Classic Races**
8.45 **Martin & Damon in the FW07**
8.55 **Qatar Hot Lap**
9.00 **The Notebook**
9.30 **Duel: Hamilton v Verstappen**
11.30 **The Notebook**
12.00 M'T **to 6.00** AM **Highlights**

Sunday

13 March

Evening Planner

Quiz

One and Six Zeros
C4 HD, 6pm
Dara Ó Briain hosts this new quiz show where seven questions stand between the contestants and a £1 million jackpot

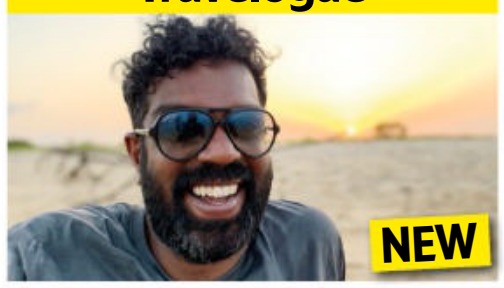
Awards

BAFTA Film Awards
BBC1 HD, 7pm
Rebel Wilson hosts from London's Royal Albert Hall. Among the nominees is *The Larkins*' Joanna Scanlan for *After Love*

Drama

Peaky Blinders
BBC1 HD, 9pm
Stephen Graham joins the long list of notable guest stars tonight, as he plays Hayden Stagg, a crooked dock worker

Travelogue



The Misadventures of Romesh Ranganathan
BBC2 HD, 9pm
Romesh travels beyond his comfort zone in another series. First stop: Sierra Leone

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 BAFTA Film Awards				9.00 Peaky Blinders		10.00 News	10.30 Match of the...
102 BBC2		7.15 Stanley Tucci: Searching...	8.00 Remarkable Places to Eat		9.00 The Misadventures of Romesh...		10.00 Film: Ali	
103 ITV	7.00 Paul O'Grady...	7.30 Dancing on Ice			9.00 The Ipcress File		10.00 News	10.20 Heathrow: Britain's...
104 CHANNEL 4	7.00 Crufts: Best in Show				9.00 Jeremy Kyle Show: Death on Daytime			10.15 The Curse
105 CHANNEL 5	◂ 6.30 When Luxury Holidays Go Wrong		8.00 Bargain-Loving Brits in the Sun		9.00 Jane McDonald: My Yorkshire		10.00 Upgrade Me: Secrets of the First...	
106 SKY SHOWCASE	◂ 6.30 WSL – Live: Brighton & Hove Albion v Arsenal (Kick-off 6.45)				9.00 Magnum P.I.		10.00 NCIS: New Orleans	
ENTERTAINMENT								
117 BBC3	7.00 EastEnders		8.00 Gassed Up		9.00 Roman Kemp: Our Silent Emergency		10.00 Life and Death in the Warehouse	
116 BBC4	7.00 The Birth of British Music		8.00 Steps of Freedom: The Story of Irish...		9.00 The White Handkerchief		10.00 Seamus Heaney and the Music of...	
118 ITV2	◂ 6.45 Film: The Proposal				9.00 Film: Pitch Perfect			
136 MORE4	◂ 6.55 Come Dine with Me		8.00 Car S.O.S.		9.00 999: On the Front Line		10.00 24 Hours in A&E	
135 E4	◂ 6.50 Film: Crocodile Dundee II				9.00 Film: Hitman: Agent 47			
107 SKY WITNESS	7.00 Blue Bloods		8.00 The Equalizer		9.00 The Rookie		10.00 9-1-1	
108 SKY ATLANTIC	◂ 6.50 Hausen				9.00 The Gilded Age			10.05 Billions
110 GOLD	7.00 Only Fools and Horses			8.40 Dad's Army			10.00 Billy Connolly Does..	
111 DAVE	7.00 Special Ops: Crime Squad UK		8.00 QI XL		9.00 Have I Got a Bit More News for You		10.00 Outsiders	
119 ITV3	◂ 6.00 Midsomer Murders		8.00 Long Lost Family		9.00 Joanna Lumley's Unseen Adventures		10.00 The Suspicions of Mr Whicher...	
120 ITV4	7.00 Cycling: Paris-Nice Highlights		8.00 Gallagher Premiership Rugby Union...		9.00 Film: The Bourne Ultimatum			
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: The Naked Gun 33⅓: The Final Insult			
152 SYFY	7.00 Film: Arctic Apocalypse				9.00 Grimm			
113 SKY MAX	7.00 A League of Their Own		8.00 Resident Alien		9.00 Magnum P.I.		10.00 NCIS: New Orleans	
132 ALIBI	7.00 Hudson & Rex				9.00 Death in Paradise		10.00 Clarice	
130 SKY ARTS	7.00 Les Miserables – The Staged Concert					9.55 Cameron Mackintosh – The First 50 Years		
DOCUMENTARY								
125 DISCOVERY	7.00 Alaska: Homestead Rescue				9.00 Blowing Up History		10.00 Wheeler Dealers	
162 ANIMAL PLANET	7.00 Alaska: Homestead Rescue		8.00 Crikey! It's the Irwins		9.00 Crocodile Hunter		10.00 Finding Bigfoot	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Dutch Caribbean Coastguards		9.00 To Catch a Smuggler		10.00 Trafficked with Mariana Van Zeller	
123 SKY HISTORY	7.00 The Strongest Man in History				9.00 The Butcher			
155 YESTERDAY	7.00 Bangers and Cash		8.00 Open All Hours				10.00 Bangers and Cash	
121 SKY DOCS	◂ 5.50 Love...	7.25 I Am Jackie O			9.00 Tina			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.10 Pil's Adventures		8.00 North Hollywood			9.40 Fast & Furious 9		
303 HITS	◂ 6.00 Terminator Salvation		8.00 The Matrix Revolutions				10.10 The Little Things	
304 GREATS	◂ 6.00 Top Gun		8.00 The Shawshank Redemption					10.25 Legends of the Fall
305 ANIMATION	◂ 6.35 Shaun the Sheep Movie		8.05 Snowflake: The White Gorilla			9.35 Vic the Viking		
306 FAMILY	◂ 6.45 The Smurfs 2			8.35 Mr Magorium's Wonder Emporium				10.25 FairyTale: A True...
307 ACTION	7.00 The Suicide Squad				9.15 The Lord of the Rings: The Return of the King			
308 COMEDY	◂ 6.10 St Trinian's 2: The Legend of...		8.00 50 First Dates			9.45 Friends with Benefits		
309 THRILLER	7.00 Unknown				9.00 Training Day			
310 DRAMA	◂ 6.00 True Grit		8.00 Eternal Sunshine of the Spotless Mind				10.00 Donnie Brasco	
311 SCI-FI	◂ 6.10 A Quiet Place Part II		8.00 Battleship					10.15 Total Recall
302 WOMEN IN FILM	◂ 6.05 Superintelligence		8.00 Wonder Woman 1984					
313 FILM4	◂ 6.45 Entrapment				9.00 2012			
315 TCM MOVIES	7.00 Murder She Said				9.00 Dirty Harry			
SPORT								
401 MAIN EVENT	7.00 The Players Championship – Live: Coverage of the fourth and final day's play of the tournament							10.30 ICC Women's...
402 PREMIER LEAGUE	◂ 4.00 Renault...	7.30 WSL – Live: Brighton & Hove Albion v Arsenal (Kick-off 6.45)				9.30 PL Greatest...	10.00 Premier League	
403 FOOTBALL	◂ 6.30 WSL – Live: Brighton & Hove Albion v Arsenal (Kick-off 6.45)					9.30 EFL Trophy Football		10.30 EFL Highlights
404 WORLD CUP	7.00 Test Cricket		8.00 Women's...	8.30 ICC Women's World Cup		9.30 ICC Women's World Cup – Live: Pakistan v Bangladesh		
413 BT SPORT 1	7.00 Golazzo Live	7.45 Serie A – Live: Torino v Inter Milan (Kick-off 8.00)					10.00 Rugby Stories	10.30 Rugby...
414 BT SPORT 2	7.00 UEFA Magazine	7.30 Ligue 1 – Live: Brest v Marseille (Kick-off 7.45)					10.00 UFC	

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

ONLY 17p AN ISSUE
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/X194
*Terms & conditions: magazinesdirect.com/terms.

Sunday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
8.10 **Match of the Day** (S)(R)
9.00 **Sunday Morning** (S)
10.00 **Politics England** (S)
10.30 NEW **Celebration Kitchen Live: Holi Special** Matt Tebbutt hosts. (S)
11.30 **Homes Under the Hammer** (S)(R)
12.30 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 FILM **Kung Fu Panda 3** Animated comedy sequel with the voices of Jack Black and Bryan Cranston. (S)(AD) (2016, PG, 85min) ★★★★
3.15 NEW TO BBC1 **Dodger** 1/10. Family drama. (S1) (S)(AD)
4.00 **Frozen Planet** (S)(R)(AD)
5.00 **BBC News** (S)
5.20 **Local News** (S)
5.30 **Countryfile** New edition A report on flooding of the River Severn. (S)

6.30 Extraordinary Portraits

6 PM

6.30 Extraordinary Portraits New edition 3/6. A mural of a man who made headlines during 2020's Black Lives Matter demonstrations. (S)(AD)

7 PM

7.00 NEW BAFTA Film Awards Rebel Wilson hosts the annual ceremony from London's Royal Albert Hall. Films in the running include *Dune, The Power of the Dog, Belfast, Licorice Pizza, No Time To Die* and *West Side Story*. Highlights of the evening will include a celebration of James Bond's 60th birthday featuring Shirley Bassey and her orchestra. Plus, a special performance from Emilia Jones. *See feature, page 11*. (S)

8 PM

9 PM

9.00 Peaky Blinders New episode *Gold*: 3/6. Ada steps up when Tommy goes on a journey to discover the origin of a curse placed on his family. With Stephen Graham. *See feature, page 7*. (S6) (S)(AD)

10 PM

10.00 BBC News (S)
10.20 Local News (S)
10.30 Match of the Day 2 A review of the day's Premier League action, including Chelsea v Newcastle United. (S)
11.55 The Women's Football Show A look back at highlights of the weekend's games in the Super League, including Brighton & Hove Albion v Arsenal, and Tottenham Hotspur v Manchester City. (S)
12.30 AM **Celebrity Mastermind** With Philippa Dunne, Keith Brymer Jones and Dani Harmer. (S)(R)
1.00 **Weather for the Week Ahead** Seven-day forecast. (S)
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.15 AM **Sunday Morning Stories** (S)(R)
6.45 **A Tale of Five Temples: The Story of Hinduism in Britain** (S)(R)(AD)
7.15 **Christine's Garden** (S)(R)
7.45 **Gardeners' World** (S)(R)
8.45 **Countryfile** (S)(R)
9.45 **Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
10.15 FILM **Queen of Katwe** Chess drama starring David Oyelowo. (S) (2016, PG, 120min) ★★★
12.15 PM LIVE **MOTD: Women's Super League** Tottenham Hotspur v Manchester City: Coverage from The Hive. Kick-off is at 12.30. (S)
2.40 **Great British Menu** (S)(R)
3.40 **Mary Berry's Fantastic Feasts** An afternoon tea. (S)(R)(AD)
4.40 **Flog It!** Best finds. (S)(R)
5.15 **Inside the Factory** Investigating the production of tea. (S)(R)(AD)

10.00 Ali

6.15 Six Nations: Rugby Special Ugo Monye introduces action from the fourth and penultimate round of fixtures, featuring Wales v France, England v Ireland, and Italy v Scotland. (S)

7.15 Stanley Tucci: Searching for Italy New edition 3/6. The actor heads to Bologna, home to the highest number of protected food products in Italy. (S)(AD)

8.00 Remarkable Places to Eat 1/4. *First Dates* star Fred Sirieix experiences the food at leading chefs' favourite restaurants. In this edition, Angela Hartnett accompanies him to Osteria Alle Testiere in Venice. (S)(R)

9.00 NEW SERIES **The Misadventures of Romesh Ranganathan** 1/3. The comedian returns to visit another selection of unusual destinations, beginning in Sierra Leone in West Africa. (S)(AD)

10.00 FILM **Ali** Biopic starring Will Smith as legendary heavyweight boxing champion Muhammad Ali. With Mario Van Peebles. (S) (2001, 15, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.25 AM **What We Do in the Shadows** 3/10. An old flame returns. (S)(R)
12.50 4/10. The vampires embark on a road trip. (S)(R)
1.15 5/10. Justice is served in small-claims court. (S)(R)
1.40 6/10. An ancient beast threatens the existence of all vampires everywhere. (S3) (S)(R)
2.05 **Sign Zone: Question Time** (S)(R)
3.05 **Sign Zone: Holby City** (S)(R)(AD)
3.45 **to 6.45** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
9.25 **ITV News** (S)
9.30 NEW SERIES **The Pier** 1/4. Life on Llandudno Pier. (S)(AD)
10.00 **Love Your Weekend with Alan Titchmarsh** New edition With Kate Garraway and Paula Wilcox. (S)
11.55 **Love Your Garden** (S)(R)(AD)
12.25 PM **The Pet Show** (S)(R)(AD)
1.25 **ITV News** (S)
1.35 **The Masked Singer US** (S)(R)
2.30 LIVE **Gallagher Premiership Rugby Union** Northampton Saints v Wasps: Hugh Woozencroft hosts coverage of the top-flight match from cinch Stadium at Franklin's Gardens. Kick-off is at 3.00. (S)
5.30 **The Chase Celebrity Special** With *Emmerdale* actors Mark Charnock, Charley Webb, Matthew Wolfenden and Amy Walsh. (S)(R)

9.00 The Ipcress File

6.30 ITV News (S)
6.45 Local News (S)
7.00 Paul O'Grady: For the Love of Dogs Series finale 10/10. Paul meets a cockapoo pup. (S)(AD)
7.30 Dancing on Ice New edition Phillip Schofield and Holly Willoughby co-host the semi-final as the remaining celebrities and their partners take to the ice twice as they fight for a place in the final. Judges Oti Mabuse, Ashley Banjo, Christopher Dean and Jayne Torvill give their verdicts. (S)
9.00 The Ipcress File New episode 2/6. Harry and Jean are tailed by a suspicious stranger, while the chance arrest of one of Dawson's colleagues hands them a lead. (S1) (S)(AD)
■ Entire series on ITV Hub
10.00 ITV News (S)
10.20 Heathrow: Britain's Busiest Airport A propeller plane arrives. (S)(R)
10.45 Kate & Koji 1/6. Comedy starring Brenda Blethyn. (S1) (S)(R)(AD)
11.15 **Kate & Koji** 2/6. The pair have an unwelcome visitor. (S)(R)(AD)
11.45 3/6. Kate is sued following an accident. (S1) (S)(R)(AD)
12.15 AM **Gallagher Premiership Rugby Union Highlights** (S)
1.05 **Shop: Ideal World**
3.00 **Million Pound Pawn** (S)(SL)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** Arcade-themed quiz. (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM LIVE **Winter Paralympics** The last gold medals of the Games are decided in para alpine skiing and para ice hockey. (S)
8.00 **Winter Paralympics Breakfast** (S)
9.00 **Sunday Brunch** New edition With guests Al Murray, Alexander Vlahos and Bryan Adams. Plus, music from Franz Ferdinand. (S)
11.30 LIVE **Winter Paralympics: Closing Ceremony** Ade Adepitan presents coverage of the closing ceremony of the Games held at the Beijing National Stadium. (S)
1.30 PM **Winter Paralympics: Today in Beijing** The final day in China. (S)
2.00 **A Place in the Sun** (S)(R)
3.00 **Crufts** New edition Clare Balding presents the final day of the event at the NEC in Birmingham. (S)
5.30 **News** (S)

10.15 The Curse

6.00 NEW SERIES **One and Six Zeros** 1/6. Dara O Briain hosts the quiz show in which a team of three players are just seven questions away from winning £1,000,000. *See feature, page 8*. (S)

7.00 Crufts: Best in Show Series finale Clare Balding presents coverage of the Best in Show final, where one dog will win the prestigious prize – and become the 84th winner of the title. Commentary will be provided by Frank Kane, Alison Mitchell and Laura Crombie. Plus, a review of all the best moments and biggest stories from this year's show. (S)

9.00 NEW SERIES **Jeremy Kyle: Death on Daytime** 1/2. Documentary about the downfall of the show, featuring accounts of those whose lives were affected by appearances on the programme. (S)(AD)
■ Concludes tomorrow
10.15 The Curse Series finale *Somewhere Over the Rainbow*: 6/6. Albert hatches a plan. (S1) (S)(AD)
■ Entire series on All4
10.45 Gogglebox (S)(R)
11.45 NEW **Walter Presents: Snow Angels** 1/6. Swedish crime drama starring Josefin Asplund. Subtitled.
■ Entire series available on All4
1.00 AM FILM **The Eagle** Action adventure starring Channing Tatum. (S)(AD) (2011, 12, 115min) ★★★
2.55 **Grand Designs** (S)(R)(AD)
3.50 **Location, Location, Location** (R)
4.45 **Come Dine with Me** (S)(SL)(R)
5.40 **to 6.00** AM **Find It, Fix It, Flog It**

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
10.00 **SpongeBob SquarePants** (R)
10.25 **Entertainment News** (S)
10.30 **Friends: Best of Joey & Chandler** (S)(R)(AD)
12.30 PM **Miss Willoughby Mysteries** Drama starring Nathalie Cox and Kelsey Grammer. (S)(R)
2.25 FILM **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley, and featuring the voice of Bruce Willis. A single mother-to-be looks for the perfect father for her child. (S) (1989, 12, 115min) ★★★
4.20 FILM **Big** Comedy about a 12-year-old boy who turns into a 30-year-old man overnight. Stars Tom Hanks, Elizabeth Perkins and Robert Loggia. (S) (1988, PG, 130min) ★★★★★

8.00 Bargain-Loving Brits in the...

6.30 NEW **When Luxury Holidays Go Wrong** Glynis Barber narrates a documentary featuring interviews with people whose holidays ended in disaster, including a man whose plan to propose to his girlfriend on a Cape Verde beach was shattered by an injury that left him in agony. (S)

8.00 **Bargain-Loving Brits in the Sun** Series finale 10/10. Andrea and Paul host a fundraiser at their nightclub for a young girl who requires special medical attention. (S)

9.00 **Jane McDonald: My Yorkshire** New edition 4/6. The singer journeys to Scarborough, a resort town she used to visit on family day trips when she was growing up. (S)

10.00 **Upgrade Me: Secrets of the First Class Flight** 2/2. A look at the future of ultra-exclusive air travel, and how the introduction of the Boeing 747 shaped first-class flying. (S)(R)

11.00 **Most Shocking TV Moments** (R)
12.20 AM **Wonderful World of Chocolate** Documentary. (S)(R)
12.50 **Entertainment News** (S)
1.00 **21.co.uk Live Casino Show**
3.00 **Entertainment News** (S)
3.10 **Never Teach Your Wife to Drive** Documentary. (S)(R)
4.00 **Get Your Tatts Out: Kavos Ink**
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **Hour of Power** (S)(R)
7.00 **Dragons Rescue Riders: Heroes of the Sky**
9.05 **The Simpsons** (S)(R)
11.00 **Magnum P.I.** (S4) (S)(R)(AD)
12.00 NOON **NCIS: New Orleans** (R)
1.00 PM **Duel: Hamilton v Verstappen** 1&2/2. (R)
3.00 **Fast & Furious' Greatest Moments** Highlights. (S)(R)
4.00 **The Simpsons** *The War of Art:* Lisa's guinea pig destroys a painting in the living room. (S)(R) **4.30** *You Don't Have to Live Like a Referee:* Homer is recruited as a World Cup referee. (S)(R) **5.00** *Go Big or Go Homer:* A 35-year-old intern asks Homer to be his mentor. (S)(R) **5.30** *The Fat Blue Line:* A pickpocket causes panic. (S)(R)

9.00 Magnum P.I.

6.00 **The Simpsons** New episode *Mothers and Other Strangers:* Homer searches for his mother. (S)

6.30 LIVE **Football: WSL** Brighton & Hove Albion v Arsenal: The Women's Super League match staged at The People's Pension Stadium. Kick-off is at 6.45.

9.00 **Magnum P.I.** New episode *If I Should Die Before I Wake:* A nun hires Thomas and Higgins to investigate a mysterious and large cash donation made to a parishioner. (S4) (S)

10.00 **NCIS: New Orleans** New episode *Stashed:* 11/16. A criminal that Sebastian put behind bars escapes police custody, and Carter must keep the forensic scientist safe. (S7) (S)

11.00 **Saturday Night Live** American sketch show. (R)
12.30 AM **SEAL Team** *Man on Fire:* 6/14. The members of Bravo manage to escape their burning SUV. (S5) (S)(R)
1.30 **The Force: North East** Police face a flood of 999 calls. (R)
2.30 **Road Wars** (S)(R)
3.00 **Nothing to Declare** (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
10.00-10.30am The Sunday Show (S) **11.30** Bargain Hunt (S)(R)(AD) **12.00noon** LIVE Sportscene: Scottish Cup (S) **2.40pm** Dodger (S)(R) (AD) **3.25-4.00** Songs of Praise New edition (S) **11.55** Sportscene (S) **12.40am** The Women's Football Show (S) **1.15** Celebrity Mastermind (S) (R) **1.45** Weather for the Week Ahead (S) **1.50-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00pm FILM Doineann (S) (2021, 15, 90min) ★★★ **11.30** FILM Ali (S) (2001, 15, 150min) ★★★★ **2.00-2.05am** Penguin Post Office: Natural World (S)(R)

WALES
Sky **971**, Freesat **971**
2.40pm Nature's Weirdest Events (S)(R) **2.55** Great British Menu (S)(R) **3.55** Mary Berry's Fantastic Feasts (S)(R)(AD) **4.55** Remarkable Places to Eat (S)(R)(AD) **6.00** Scrum V Six Nations Special **7.00-7.15** The Hairy Bakers (S) (R) **8.00-9.00pm** Wonders of the Celtic Deep Series finale (S)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw New edition **9.00** Clwb Rygbi Rhyngwladol **10.45** Yr Ocsiwniar **11.15** Dechrau Canu Dechrau Canmol **11.45** Yr Wythnos **12.20pm** Bwrdd i Dri (AD) **12.50** 3 Lle **1.20** 47 Copa: Her Huw Jack Brassington **1.50** LIVE Clwb Rygbi **4.00** Yn y Fan A'r Lle (AD) **4.30** Ty am Ddim **5.25** Ffermio **5.55** Pobol y Cwm Omnibws (AD) **7.00** Newyddion a Chwaraeon **7.15** Dechrau Canu Dechrau Canmol New edition **8.00** Côr Cymru 2022 New edition **9.00** Stad New episode (AD) **10.00** Meic Stevens: Dim Ond Cysgodion **11.15-11.50pm** Y Byd ar Bedwar

TV&Satellite week
Best for Sky and Virgin

BBC3

117/141/173 | 107/157 | 23 109 | 179 107

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Karen hides Gray in her flat. **7.30** Gray realises his options are running out.
8.00 **Gassed Up** 4/6. Mist takes on Big Narstie.
8.50 **Zen Motoring** 4/6. On the hunt for a new car, Ogmios explores life as a scooter-boy.
9.00 **Roman Kemp: Our Silent Emergency** The presenter explores the mental health and suicide crisis affecting young men.
10.00 **Life and Death in the Warehouse** Drama telling the story of a pregnant warehouse worker. (S1)
11.00 **RuPaul's Drag Race: UK Versus the World**
12.05 AM **Corey Baker's Dance Race** Documentary.
12.10 AM **Starstruck**
12.35 **Nail Bar Boys**
1.05 **Roman Kemp: Our Silent Emergency**
2.05 **This Girl's Changed**
2.35 **The Fast and the Farmer-ish**
3.05 **to 3.55** AM **Gassed Up**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **The Birth of British Music** The legacy of German composer Felix Mendelssohn.
8.00 NEW **Steps of Freedom: The Story of Irish Dance** The story how Irish dance evolved over centuries.
9.00 NEW **The White Handkerchief** Behind the scenes on a musical marking the 50th anniversary of Bloody Sunday.
10.00 **Seamus Heaney and the Music of What Happens** Documentary about the life of Irish poet Seamus Heaney, with his widow and three children talking about their family life and his brothers discussing their childhood.
11.30 **Songs of Ireland** A 2012 concert featuring Brian Kennedy, Cara Dillon, Finbar Furey and Eleanor McEvoy.
12.30 AM **The Beauty of Diagrams** Documentary.
1.30 **The Birth of British Music**
2.30 **to 4.00** AM **Seamus Heaney and the Music of What Happens**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **Kirstie's Handmade Treasures** Binding books.
9.15 **The Great Australian Bake Off** New edition The five remaining bakers take on Hybrid Week.
10.20 **George Clarke's Amazing Spaces**
11.05 **George Clarke's Old House, New Home**
12.05 PM **Come Dine with Me**
2.40 **Four in a Bed** Five editions of the B&B challenge.
5.20 **Come Dine with Me** Triple bill from Middlesbrough.
6.55 **Come Dine with Me** Vintage shop owner Jane serves up a retro menu. **7.25** On the last night in Middlesbrough, Julie's Indian menu gets mixed reviews.
8.00 **Car S.O.S** Tim and Fuzz head to Leicester to pick up a Mk 3 Ford Cortina.
9.00 **999: On the Front Line** Chaos reigns in a hotel as one person is accused of assaulting another.
10.00 **24 Hours in A&E** A 74-year-old man arrives after falling backwards down a full flight of stairs.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **8 Out of 10 Cats Does Countdown**
2.15 **24 Hours in A&E**
3.20 **Winter Paralympics: Today in Beijing**
3.50 **to 4.00** AM **Escape to the Chateau**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks Omnibus**
8.30 **Rude(ish) Tube Shorts**
8.45 **Married at First Sight Australia** Double bill.
11.50 **The Real Dirty Dancing**
1.55 PM **Teen First Dates**
3.00 **The Big Bang Theory** Six episodes of the sitcom.
5.50 NEW SERIES **Lego Masters USA** Will Arnett returns with the competition in which teams of two take on Lego-building challenges, beginning by creating floats for a parade.
6.50 FILM **Crocodile Dundee II** Comedy adventure sequel starring Paul Hogan and Linda Kozlowski. Aussie trapper Mick 'Crocodile' Dundee tackles a Colombian drug gang after they kidnap his journalist girlfriend. (1988, PG, 111min) ★★
9.00 FILM **Hitman: Agent 47** Action thriller starring Rupert Friend. A genetically engineered assassin fights against a corporation that plans to create an army of superhuman killers. With Hannah Ware, Zachary Quinto and Ciarán Hinds. (2015, 15, 92min) ★★
10.55 **Naked Attraction**
1.00 AM **Gogglebox**
2.05 **Below Deck: Mediterranean**
3.00 **Mike & Molly**
3.20 **to 6.00** AM **Hollyoaks Omnibus**

+1 hour 235 | 146 | 30 | 123

SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
9.00 **Border Patrol**
11.00 **The Real A&E**
12.00 NOON **999 Frontline** Police in Ipswich evict trouble-makers from the football ground. **12.30** PM Essex police deal with a road accident in Harlow.
1.00 **UK Border Force** Officers in Calais search UK-bound lorries for illegal immigrants, while police investigate the workforce of a factory.
2.00 **Nothing to Declare** Ten editions of the documentary.

7.00 Blue Bloods

7 PM

7.00 **Blue Bloods** *Where the Truth Lies:* 12/19. A widow blames Frank for her officer husband's recent suicide. (S10)

8 PM

8.00 **The Equalizer** *Shooter:* 6/12. District Attorney Grafton hires McCall to find a sniper on a killing spree. (S2)

9 PM

9.00 **The Rookie** *Hit and Run:* 8/11. The officers come up against a citizen who believes they are above the law. (S4)

10 PM

10.00 **9-1-1** *Peer Pressure:* A groundkeeper has a chainsaw accident and May gets a call from a suicidal teenager. (S5)
11.00 **Grey's Anatomy** Dr Addison Forbes Montgomery returns to Grey Sloan. (S18)
12.00 M'T **Blue Bloods** (S10)
2.00 AM **How to Get Away with Murder** 6/15. (S5)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Four editions.
10.00 **Six Feet Under** (S2&3)
3.30 PM **The Nevers** 4/6. Amalia and her most trusted advisers make a list of enemies. **4.35** 5/6. Penance grapples with a moral calling at odds with Amalia's plan. **5.40** 6/6. A long-awaited reunion cements the Orphans' mission. (S1)
6.50 **Hausen** 3/8. Juri is caught by the gang when he finds their drug lab. Subtitled. (S1)

10.00 Six Feet Under

7.55 **Hausen** 4/8. Juri breaks away from Ninja and his gang. Later, while trying to save his father, Juri is pushed into the elevator shaft. Subtitled. (S1)

9.00 **The Gilded Age** *Irresistible Change:* 7/9. Edison's illuminating electricity demonstration sparks conversation. (S1)

10.05 **Billions** *Napoleon's Hat:* 7/12. Prince must decide how far he is willing to go to secure his bid. (S6)
11.10 **Succession** 2/10. Roman and Kendall compete to fix new media brand, Vaulter. (S2)
12.15 AM **The Fear Index** (S1)
1.20 **In Treatment** 10-12/24. (S4)
3.00 **Billions** New episode *The Big Ugly*: 8/12. (S6)
4.05 **to 6.00** AM **Storm City**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Hour of Power**
7.00 **Stop, Search, Seize**
8.00 **Highway Cops**
8.30 **Supergirl** 17-19/20. (S6)
11.30 **Magnum P.I.** (S4)
12.30 PM **NCIS: New Orleans** (S7)
3.30 **Fast & Furious' Greatest Moments**
4.30 **Dating No Filter**
5.00 **A League of Their Own** With Jonathan Ross, Joe Marler, David Walliams, Joel Dommett and Kelly Somers. **6.00** Unseen moments.

10.00 NCIS: New Orleans

7.00 **A League of Their Own** The best outtakes with Romesh Ranganathan, Jamie Redknapp and Andrew Flintoff.

8.00 **Resident Alien** *Girls' Night:* 3/8. Harry meets a woman and realises that she is the key to his new mission. (S2)

9.00 **Magnum P.I.** New episode *If I Should Die Before I Wake:* A nun hires Thomas to investigate a cash donation. (S4)

10.00 **NCIS: New Orleans** New episode *Stashed:* 11/16. A criminal Sebastian put in jail escapes custody. (S7)
11.00 **Brassic** 2/8. Vinnie's friend Gideon calls to say his mother has passed away. **12.00** M'T 3/8. Ashley's cousin is kidnapped. (S3)
1.00 AM **SEAL Team** 6/14. (S5)
2.00 **The Force: North East**
3.00 **Road Wars**
4.00 **to 6.00** AM **Highway Cops**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Totally Bonkers Guinness World Records**
6.30 **Love Bites**
8.25 **Dress to Impress**
11.25 **Celebrity Supermarket Sweep**
12.30 PM **Celebrity Catchphrase**
1.35 **You've Been Framed!**
2.35 FILM **Liar Liar** Comedy. (1997, 12, 86min) ★★★★
4.20 FILM **Marley & Me** Drama. (2008, PG, 115min) ★★★
6.45 FILM **The Proposal** Romantic comedy with Sandra Bullock. (2009, 12, 108min) ★★★

6.45 The Proposal

FILM The Proposal (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **Pitch Perfect** Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. (2012, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **Family Guy** 1/18. Stewie's teddy bear is ruined. (S5)
11.40 **Family Guy** 20/22. (S8)
12.10 AM **American Dad!** (S12)
1.05 **The Stand Up Sketch Show**
1.35 **Shopping with Keith Lemon**
2.05 **Don't Hate the Playaz**
2.50 **to 3.30** AM **CelebAbility**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Emmerdale Omnibus**
8.50 **A Touch of Frost**
1.00 PM **Agatha Christie's Poirot**
2.05 **Midsomer Murders** *Death by Persuasion*: A woman is stabbed to death during a Jane Austen re-enactment. **4.00** *The Curse of the Ninth*: A performer at a music festival is killed and a priceless violin stolen. Guest stars James Fleet and Simon Callow. **6.00** *The Sword of Guillaume*: Barnaby investigates a dubious land deal in Brighton.

10.00 Suspicions of Mr Whicher

Midsomer Murders (started at 6.00pm)

8.00 **Long Lost Family** A woman whose discovery changed her life, and a mother longing to find the son she felt she let down.

9.00 **Joanna Lumley's Unseen Adventures** Unseen footage from Joanna's travels in Iran, Haiti and Cuba.

10.00 **The Suspicions of Mr Whicher: The Ties That Bind** 2/2. A seemingly straightforward adultery case takes a twist. (S3)
12.00 M'T **Maigret Sets a Trap** 1/2. The Parisian detective comes under pressure to trap the killer of four women before he strikes again. (S1)
2.00 AM **Law & Order: UK** (S2&3)
3.45 **Agatha Christie's Poirot**
5.40 **to 6.00** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Sportscene** Action from the quarter-finals.
8.00 **The Mart** 4/6. Thainstone plays host to a rare breeds sale.
8.30 **Sink or Skim** Documentary about the future of the World Stone Skimming Championships.
9.00 **Still Game** 4/6. A TV crew visit the Clansman, while Navid struggles through a mid-life crisis. (S5)
9.30 **Two Doors Down** *Beth's Flu:* 2/6. Beth has flu and wants some peace and quiet. (S5)
10.00 **The Mystery of Anthrax Island** How Scots activists got Gruinard Island decontaminated.
11.00 PM **to 12.00** M'T **Seven Days**

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **The Office (US)**
10.00 **The Mindy Project**
11.30 **Will & Grace** (S2)
2.00 PM **The Fresh Prince of Bel Air** (S5&6)
4.30 **Modern Family** (S4)
7.00 **Eastbound & Down** 3/8. Stevie moves to Myrtle Beach with Maria to help care for Toby. **7.30** 4/8. Kenny imposes himself on Shane's bereaved family. (S3)
8.00 **Bored to Death** 7/8. The friends get entangled in a bizarre caper at a health spa. **8.30** 8/8. Jonathan is distracted from an awkward moment with Nina by Ray. (S2)
9.00 **Saturday Night Live** New edition Satirical American sketch show.
10.30 **Flight of the Conchords**
11.00 **Saturday Night Live**
12.30 AM **Girls** 5-9/10. (S6)
3.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Beethoven: The Complete Symphonies**
6.45 **Lang Lang: New York Rhapsody**
8.30 **Tales of the Unexpected**
11.00 **Landscape Artist of the Year**
12.00 NOON **André Rieu: Welcome to My World**
2.00 PM **The Big Design Challenge**
3.00 FILM **Kind Hearts and Coronets** Black comedy starring starring Dennis Price. (1949, b/w, U, 106min) ★★★★★
5.05 **Frank Sinatra: The Voice of America**
7.00 **Les Misérables: The Staged Concert**
9.55 **Cameron Mackintosh: The First 50 Years**
12.00 M'T **Miss Saigon: 25th Anniversary Performance**
3.00 AM **Ivor Cutler by KT Tunstall** Documentary.
4.00 **The Sixties**
5.00 **to 6.00** AM **Discovering**

Pick

159 | 156 | 36 | 144

6.00 AM **Border Patrol**
8.00 **Police Force: Australia**
10.00 **Highway Patrol**
11.00 **Road Wars**
1.00 PM **UK Border Force**
2.00 **Nothing to Declare**
4.00 **Highway Cops**
5.00 **Caught Red Handed**
7.00 **Motorbike Cops**
8.00 **Brit Cops: Law & Disorder** Crowd control at football matches.
9.00 **The Good Doctor** *Trampoline:* 18/18. A bar fight forces Shaun to seek treatment at the hospital. (S2)
10.00 **The Killer Within** The story of murderer Wilbern Cooper.
11.00 **Britain's Most Evil Killers** Christopher Halliwell.
12.00 M'T **Killer Colleagues**
1.00 AM **Killer Neighbours**
2.00 **Police Force: Australia**
4.00 **to 6.00** AM **Border Patrol**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Friends** (S4)
1.00 PM **Friends** (S4)
7.00 **Friends** 24/24. Rachel tries to get to London for Ross's wedding. (S4) **7.30** 1/24. Ross faces the music. **8.00** 2/24. Rachel returns from Greece. **8.30** 3/24. Phoebe goes into labour. (S5)
9.00 FILM **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel starring Leslie Nielsen. Lt Frank Drebin goes undercover to foil a terrorist attack on the Oscars ceremony. (1994, 12, 83min) ★★★
10.45 **Britain's Favourite 80s TV Comedy** Jo Brand presents a celebration of great sketches from the decade.
12.45 AM **Ricky Gervais Show**
1.45 **South Park** (S16)
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **Masters of Flip**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **The Real Housewives of Orange County** Five editions.
5.00 **Chrisley Knows Best**
6.00 **Mummy Diaries Extra**
7.00 **Celebrity Dinner Date** With DJ and former *Towie* star Charlie King. **8.00** Five singletons try to woo former *Towie* star Amy Childs.
9.00 **Botched** Terry Dubrow helps a Texas chef with jarring pain from her breast implants.
10.00 **For Real: The Story of Reality TV** Andy Cohen reunites four original cast members of *The Real World*.
10.55 **The Real Housewives of Jersey** The Housewives are brought together.
12.00 M'T **to 1.00** AM **Groundhog Date**

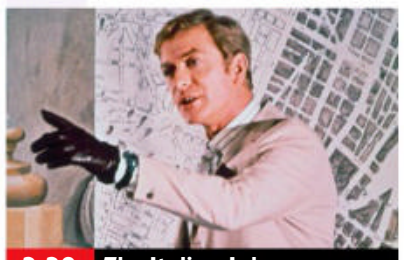
+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **Hot Shots**
6.05 **Motorsport Mundial**
6.30 **Auto Mundial**
6.55 **Hornblower**
9.00 FILM **Chisum** Western. (1970, PG, 110min) ★★
11.15 FILM **Cheyenne Autumn** Epic John Ford Western. (1964, U, 170min) ★★★
2.20 PM FILM **The Italian Job** Classic crime caper. (1969, PG, 100min) ★★★★★
4.25 FILM **The Man with the Golden Gun** Adventure. (1974, PG, 125min) ★★


2.20 The Italian Job

7.00 **Cycling: Paris-Nice Highlights** Action from the eighth and final stage, a 1115.6km route starting and finishing in Nice.
8.00 **Gallagher Premiership Rugby Union Highlights** David Flatman and Topsy Ojo present action from the latest top-flight games.
9.00 FILM **The Bourne Ultimatum** Spy thriller sequel with Matt Damon. An ex-CIA assassin strives to outsmart cops, killers and his former bosses in his quest to discover his true identity. (2007, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **Against the Odds** The inspirational story of England rugby union international Kyle Sinckler.
12.20 AM **The Professionals**
1.20 **Minder**
2.15 **The Protectors**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Stargate SG-1** (S3)
8.30 **Teleshopping**
11.00 **Stargate SG-1** 6/22. (S3)
12.00 NOON FILM **Descent** Sci-fi disaster movie with Luke Perry. (2005, PG, 90min) ★★
2.00 PM **Quantum Leap** Five episodes, including at: **4.00** 2/22. Sam becomes a macho stuntman on the set of a low-budget disaster movie. **5.00** 3/22. Sam occupies the body of a sailor. **6.00** 4/22. Sam suffers sexual harassment. (S2)

7.00 Arctic Apocalypse

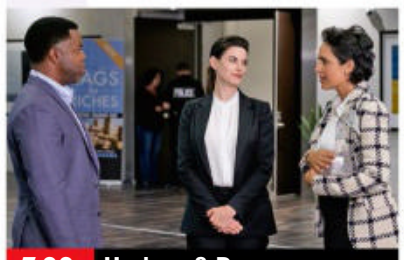
7.00 FILM **Arctic Apocalypse** Disaster movie starring Lauren Esposito and Eric Paul Erickson. A family make a journey to safety after the northern hemisphere is plunged into a new ice age. (2018, PG, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **Grimm** *Mr Sandman:* 15/22. Nick and Hank encounter an insect-like Wesen that feeds on human misery.
10.00 **Grimm** *Nameless:* 16/22. Nick and Hank try to track a Wesen killer who marks his victims using an online game. (S2)
11.00 **Grimm** 17&18/22. (S2)
1.00 AM **Intergalactic** 1/8. (S1)
2.00 FILM **Guardian** Horror thriller starring Mario Van Peebles. (2000, 15, 86min) ★
4.00 **to 6.00** AM FILM **Ba'al: The Storm God** Sci-fi action. (2008, 15, 97min) ★★

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries** (S8)
10.00 **Frankie Drake Mysteries**
12.00 NOON **Death in Paradise**
2.00 PM **The Mallorca Files** (S1)
3.00 **Father Brown** 1/10. (S7)
4.00 **Reef Break** 9/13. Cat gets an offer from a newcomer that seems too good to refuse. **5.00** 10/13. Cat works to free Petra after she is caught up in illegal activity involving Doug O'Casey's sister. (S1)
6.00 **Murdoch Mysteries** 7/12. An inmate is killed at a women's reformatory. (S15)


7.00 Hudson & Rex

7.00 **Hudson & Rex** New episode *Rex To Riches:* 5/16. The duo look into the theft of a finance guru's fortune. (S4)
8.00 **Hudson & Rex** *The Graveyard Shift:* 14/16. Charlie interrogates criminal kingpin Rupert Mankiewicz. (S2)
9.00 **Death in Paradise** *Dark Memories:* 7/8. Someone from JP's past is caught red-handed at a murder scene. (S7)
10.00 **Clarice** *Achilles Heel:* 11/13. ViCAP try to prevent the purging of any evidence by Alastor Pharmaceuticals. (S1)
11.00 **Pretty Hard Cases** 8/10. Sam and Kelly track a new MDMA source. (S1)
12.00 M'T **Traces** 4/6. McKinven and Sarah are consumed by their feelings. (S2)
1.00 AM **Rizzoli & Isles** (S2)
3.00 **to 4.00** AM **Reef Break** (S1)

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.15 AM **Citizen Khan**
8.20 **Only Fools and Horses** Seven episodes including at: **3.00** PM Christmas special from 1986. Rodney dates an aristocrat's daughter.
4.20 **Ricky & Ralf's Very Northern Road Trip** The duo hit South Yorkshire to join a brass band, and visit a cave in Derbyshire.
5.20 **Only Fools and Horses** Christmas special from 2002. The Trotters embark on a booze cruise to France.

7.00 Only Fools and Horses

7.00 **Only Fools and Horses** Christmas special from 1990. Rodney leaves home after a fight with Cassandra and arranges a date with receptionist Tanya in an effort to make his wife jealous.
8.40 **Dad's Army** Godfrey discovers the War Office is planning to demolish his cottage to make way for a new airstrip. **9.20** Wilson joins the aristocracy – much to Mainwaring's annoyance.
10.00 **Billy Connolly Does...** Billy reveals all including why you should never buy a house with mattresses in the garden.
11.00 **Lenny Henry's Race Through Comedy** Black and Asian stand-up comedy over the past five decades.
12.00 M'T **French and Saunders**
1.15 AM **Henry IX** Triple bill.
3.00 **to 4.00** AM **French and Saunders**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.10 AM **Sin City Motors**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **Expedition with Steve Backshall** The Eastern Pacific.
11.00 **Top Gear**
12.00 NOON **American Pickers**
1.00 PM **Special Ops: Crime Squad UK** A wild bird-trading gang.
2.00 **Fast Justice**
3.00 **Top Gear** A road trip across Australia's Northern Territory.
4.00 **Would I Lie to You?**
6.00 **Top Gear** A Yorkshire road trip.

7.00 Special Ops: Crime Squad

7.00 **Special Ops: Crime Squad UK** New edition The real-life criminal investigations of the UK's most talented sleuths.
8.00 **QI XL** Daliso Chaponda, Cariad Lloyd and Phill Jupitus join host Sandi Toksvig and regular panellist Alan Davies.
9.00 **Have I Got a Bit More News for You** Jo Brand hosts the satirical quiz, with Reginald D Hunter and Charlene White.
10.00 **Outsiders** The comedians face a hunting challenge, and try to convert David Mitchell to their wacky new religion.
11.00 **QI XL** With Jenny Eclair, Johnny Vegas and Bill Bailey
12.00 M'T **Alan Davies: As Yet Untitled** With Phil Wang.
1.00 AM **Live at the Apollo**
2.00 **Mock the Week**
2.45 **to 4.00** AM **Comedy Against Living Miserably 2**

+1 hour 211 131 25

7 PM **8 PM** **9 PM** **10 PM**

GREAT! tv

157 189 50 142

6.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **3.00** *Amsterdam Kill:* Jessica looks into an old friend's disappearance. **4.00** *To Kill a Legend:* Cabot Cove's history is called into question. **5.00** *Death in Hawaii:* Jessica investigates a killing in Hawaii. **6.00** *Dear Deadly:* A reporter is killed. **7.00** *The Murder Channel:* An actual killing takes place on a TV drama. **8.00** *Fatal Paradise:* Jessica's friend is accused of murder.
9.00 **Who Wants to Be a Millionaire?**
1.00 AM **Sue Thomas: F.B.Eye** 7&8/19. (S3)
3.00 **Crazy Like a Fox**
4.30 **to 6.00** AM **Hart to Hart**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Come Dine with Me**
11.30 **Four in a Bed**
1.00 PM **Four in a Bed**
2.00 **Ramsay's Kitchen Nightmares USA**
4.00 **A Place in the Sun**
5.00 **A Place in the Sun: Home or Away**
6.00 **A Place in the Sun**
8.00 **Kirstie and Phil's Love It or List It: Brilliant Builds** Renovations and house hunts that helped settle the squabbles of warring couples.
9.00 **Gogglebox** Opinions on *Britain's Got Talent* and *Caravanner of the Year.*
10.00 **First Dates**
11.05 **Sex Actually with Alice Levine** Documentary.
12.10 AM **Jeremy Kyle Show: Death on Daytime**
1.25 **Naked Attraction**
2.30 **Catching a Killer: A Bullet Through the Window** Documentary.
3.55 **to 5.00** AM **24 Hours in A&E**

5USA

141 141 153 21 129

9.00 AM **Criminals: Caught on Camera**
9.25 **Columbo** Double bill..
1.20 PM **Columbo** Five further episodes of the drama, including at: **7.35** *Publish or Perish:* The sleuth tries to prove that a publisher hired a hitman to kill an author.
9.00 **NCIS** *Watchdog:* 10/16. A case involving a dog-fighting ring sends Gibbs past his breaking-point. (S18)
10.00 **Law & Order: Special Victims Unit** *Mask:* 13/24. Stabler goes undercover while on the trail of a rapist. **11.00** *Dirty:* 14/24. An assistant district attorney falls to her death. (S12)
11.55 **Law & Order: Special Victims Unit** (S12)
1.50 AM **Private Eyes** (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Criminals: Caught on Camera**
8.20 **Caught on Camera: Funniest Moments**
9.10 **Judge Judy**
12.00 NOON **Filthy House SOS**
2.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions of the series, including at: **8.00** Presenter Rick Edwards is taken through interceptor training.
9.00 FILM **Fifty Shades Freed** Romantic thriller starring Dakota Johnson and Jamie Dornan. (2018, 18, 105min) ★
11.05 FILM **V for Vendetta** Action thriller starring Natalie Portman and Hugo Weaving. (2005, 15, 132min) ★★★
1.40 AM **Embarrassing Sex Story of the Year**
3.05 **Countdown to Murder**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.10 AM **Tipping Point**
2.00 PM **My Family**
6.00 **Inside the Ambulance**
7.00 **Never Seen a Doctor**
8.00 **Inside the Operating Theatre** A patient finds out if she has cancer.
9.00 **Louis Theroux: Extreme Love – Dementia** Louis meets dementia sufferers in Phoenix, Arizona.
10.00 **Stacey Dooley Sleeps Over: Body Positive Warrior** A sleepover with body-positive Harnaam Kaur.
11.00 **Manhunting with My Mum** TV presenter AJ Odudu tries to find herself a husband – with help from her mum.
12.00 M'T **One Born: What Happened Next?**
1.00 AM **Extreme Food Phobics**
2.00 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 190

Drama

143 130 20 158

7.20 AM **The Bill**
11.20 **Last of the Summer Wine** Classic comedy.
12.00 NOON FILM **Persuasion** Period drama starring Amanda Root. (1995, U, 102min) ★★★★★
2.10 PM **Catherine Cookson's The Moth**
5.30 **Sister Boniface Mysteries** 1/10. A woman's body is found during a festival. (S1)
6.30 **Call the Midwife** 2/8. Lucille treats an elderly hoarder. (S8)
7.50 **Miss Marple** *A Caribbean Mystery:* The spinster investigates a double murder in Barbados.
10.10 **Happy Valley** 5/6. Catherine's life hangs in the balance, while the net finally closes in on Kevin and Ashley. (S1)
11.30 **New Tricks**
12.50 **to 4.00** AM **Kavanagh QC**

+1 hour 243 226 74

CBS Drama

147 197 68 134

7.30 AM **The Key of David**
9.00 **The Fugitive** (S4)
2.00 PM **Unsolved Mysteries**
6.00 **Matlock** *The Parents.* 15/22. A surrogate mother is murdered. **7.00** *Man of the Year:* 16/22. The attorney receives an award. **8.00** *The Arsonist:* 17/22. A man plotting insurance fraud is killed. **9.00** *The Formula:* 18/22. The attorney represents a painter. **10.00** *The Trial – Part One:* 19/22. The lawyer investigates a case of corruption. (S5)
11.00 **Scorpion** *Wreck the Halls:* 11/25. The team encounter gunrunners on Christmas Eve. **12.00** M'T *Ice Ca-Cabes:* 12/25. Cabe is seriously wounded during a desert mission. (S3)
1.00 AM **Scorpion** (S3)
4.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
12.00 NOON **JAG** (S1)
2.00 PM **NCIS** (S10)
7.00 **JAG** *Recovery:* 19/22. The death of a pilot is investigated. **8.00** *The Prisoner:* 20/22. Harm is taken prisoner during a trip near Hong Kong. (S1)
9.00 **CSI: Miami** *Murder in a Flash:* 4/24. The body of a student is found on a golf course. **9.55** *Legal:* 5/24. An 18-year-old girl is killed at a nightclub. **10.50** *Hell Night:* 6/24. A baseball player charged with killing his wife is also murdered. **11.45** *Crime Wave:* 7/24. Horatio uncovers a plan to rob a bank during a tsunami. (S3)
1.00 AM **CSI: Miami** (S3)
1.55 **JAG** 19&20/22. (S1)
3.45 **to 6.00** AM **Diagnosis Murder**

Challenge

160 160 48 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune**
11.30 **The Price Is Right**
12.30 PM **Blockbusters** Triple bill of the quiz show hosted by Simon Mayo.
2.00 **Family Fortunes** Double bill of the game show with Les Dennis.
3.00 **Catchphrase** Four editions of the game show with Nick Weir.
5.00 **The Chase** Four editions of the general knowledge quiz hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Impressionist Jon Culshaw, actress Tina Malone, TV medic Hilary Jones and sports presenter Charlotte Jackson compete to win thousands of pounds for charity by pitting their general knowledge against a trivia expert.
10.00 PM **to 6.00** AM **The Chase**

E!

151 151 835 164 163

7.00 AM **Kourtney and Khloé Take Miami**
12.00 NOON **Botched** Ten editions, including at: **5.00** PM A transgender man hopes Dr Dubrow can fix his dented chest. **6.00** A botched breast augmentation. **7.00** A patient whose surgeon poked a hole through her nose. **8.00** A former patient surprises the doctors with her transformation. **9.00** New edition Help for a couple on the brink of divorce.
10.00 **Relatively Famous: Ranch Rules** Eight celebrity offspring work on a ranch in a bid to prove they're more than their last names.
11.00 **Temptation Island**
1.00 AM **Botched**
2.00 **Teleshopping**
3.00 **to 5.30** AM **Rich Kids of Beverly Hills**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Discovering**
8.00 **The Directors**
9.00 FILM **Ice on Fire** Documentary. (2019, PG, 88min) ★★★★
11.00 **Six by Sondheim**
12.40 PM **My Icon**
1.00 **Duel: Hamilton v Verstappen** 1&2/2.
3.00 **Ferrari: Race to Immortality**
4.40 **Stirling**
5.50 **Love Means Zero** Documentary about famed tennis coach Nick Bollettieri.
7.25 **I Am Jackie O** Exploring the life of Jackie Kennedy Onassis.
9.00 **Tina** A celebration of singer Tina Turner's life and career.
11.10 **The Crime of the Century** Documentary.
1.20 AM **Reopening Night**
3.00 **My Icon**
3.20 **The Directors**
4.20 **to 6.00** AM **Midnight Family**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Volcanic Odysseys**
9.00 **Wildlife Rescue New Zealand** Double bill.
11.00 **The Great Elephant Tale** Elephant herds.
12.00 NOON **Dogs: An Amazing Animal Family**
3.00 PM **Into the Wild: India**
8.00 **Land of the Far North** New edition Life in the Arctic Circle during the harsh winter months.
9.00 **David Attenborough's Conquest of the Skies** Insects capable of flight.
10.00 **Age of the Big Cats** The cheetah, snow leopard and jaguar.
11.00 **The Great Elephant Tale**
12.00 M'T **Land of the Far North** As 8.00pm.
1.00 AM **David Attenborough's Conquest of the Skies**
2.00 **Africa's Claws and Jaws**
3.00 **Age of the Big Cats**
4.00 **to 6.00** **Undiscovered Vistas**

HGTV

158 286 44 166

7.00 AM **Honey I Bought the House** House-hunting challenge show
8.00 **My Lottery Dream Home** Four editions.
10.00 **Flip or Flop**
11.00 **Flipping 101 with Tarek El Moussa**
12.00 NOON **Selling Houses with Amanda Lamb**
2.00 PM **100 Day Dream Home** Property series.
3.00 **A Place in the Sun**
5.00 **Love Your Garden**
6.00 **My Mortgage Free Home** Property series.
7.00 **No Demo Reno** Jennifer has three weeks to renovate a bungalow.
8.00 **A Place in the Sun**
10.00 **Celebrity IOU**
11.00 **Good Bones**
12.00 M'T **My Lottery Dream Home** Four editions.
2.00 AM **Honey I Bought the House**
3.00 **to 4.00** AM **Mexico Life**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Guy's Grocery Games** Double bill.
8.00 **The Pioneer Woman**
10.00 **Man v Food**
1.00 PM **River Cottage Veg**
2.00 **The Great British Bake Off** Five editions.
7.00 **Nigel Slater's Simple Cooking** Double bill.
8.00 **Michel Roux's French Country Cooking** The unique cuisine of Southern France.
9.00 **Mary Berry's Absolute Favourites** Recipes using ingredients sourced from the allotment. **9.30** Dishes inspired by the cook's family.
10.00 **Chopped** Chefs must make an appetiser using steak, fish skin chips and dandelion greens.
11.00 **Man v Food**
12.00 M'T **Mystery Diners**
2.00 **to 3.00** AM **Nigel Slater's Simple Suppers**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Fast N' Loud**
9.00 **G.A.S. Extreme Customs** Documentary.
10.00 **American Pickers**
12.00 NOON **Alaskan Bush People** Triple bill.
3.00 PM **Aussie Gold Hunters**
6.00 **Gold Divers**
7.00 **Jade Fever**
8.00 **Alaska: The Last Frontier** Otto, Charlotte and August find themselves marooned.
9.00 **Naked and Afraid XL** A successful hunt ends up backfiring.
10.00 **Ed Stafford: First Man Out** In Bashan, China.
11.00 **Monsters Inside Me**
12.00 M'T **Disasters at Sea**
1.00 AM **Building Alaska**
3.00 **Bear Grylls: Born Survivor** Baja, Mexico.
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Police Interceptors**
10.00 **WWE – SmackDown Highlights**
11.00 **WWE – Raw Highlights**
12.00 NOON **Entertainment News** Showbiz news.
12.15 PM **Police Interceptors**
2.15 **Trucking Hell**
3.20 FILM **My Darling Clementine** John Ford Western. (1946, b/w, U, 100min) ★★★★★
5.15 FILM **The Lawless Breed** Western. (1952, PG, 83min) ★★
7.00 FILM **Young Guns II: Blaze of Glory** Western. (1990, 15, 104min) ★★★
9.00 FILM **The Glimmer Man** Thriller. (1996, 18) ★
10.55 FILM PREMIERE **Night Hunter** Thriller. (2018, 15, 88min) ★★★
12.55 AM **999: Criminals Caught on Camera**
2.55 **Banged Up Abroad**
3.50 **Car Crash TV**
4.35 **to 5.00** AM **Criminals: Caught on Camera**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Road Wars**
7.00 **Motorway Patrol**
10.00 **Highway Cops**
11.30 **Caught Red Handed**
1.00 PM **Send in the Dogs**
2.00 **World's Most Evil Killers**
3.00 **An Unexpected Killer**
4.00 **Killer in My Village**
6.00 **When Life Means Life**
7.00 **Britain's Most Evil Killers** Ian Huntley.
8.00 **Murdered at First Sight** Yingying Zhang.
9.00 **Death on the Beach** New edition 2/3. Young travellers who have died on the backpacking Thai island of Koh Tao.
10.00 **New York Homicide** The discovery of a pregnant woman's body in the Hudson River.
11.00 **World's Most Evil Killers** Four editions.
3.00 AM **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

8.00 AM **The Key of David**
8.30 **The Lord's Challenge**
9.00 **Judge Judy**
5.00 PM **World's Most Unexplained...**
7.00 **48 Hours** The death of a Hollywood therapist. **8.00** Two children vanish and a mother won't say where they are.
9.00 **Snapped: Killer Couples** A Toronto bookkeeper is found dead inside his home. **10.00** A polygamist and his wives fall under suspicion when his sister and niece are killed. **11.00** An aspiring preacher and his wife become suspects in a disappearance.
12.00 M'T **Snapped: Killer Couples** Triple bill.
3.00 AM **Unsolved Mysteries**
5.10 **to 6.00** AM **Celebrity Damage Control**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** Donegal.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Homes in Crete.
9.00 **The Big Clean**
10.00 **A Place in the Sun**
3.00 PM **The Hotel Inspector**
4.00 **Antiques Road Trip**
7.00 **The Yorkshire Auction House** House clearances.
8.00 **My Mortgage Free Home** Families explore different ways to live mortgage free.
9.00 **Dr Pimple Popper** Twins with matching bumps on their heads.
10.00 **The Detectives: My Killer Case** The investigation into the serial killer Steve Wright.
11.00 **Ghost Adventures**
12.00 M'T **The Holzer Files**
1.00 AM **Haunted Hospitals**
2.00 **Teleshopping**
4.00 **to 6.00** AM **A Place in the Sun**

Blaze

164 216 64 162

6.00 AM **Storm Stories**
7.00 **Alone**
8.00 **Monsterquest**
9.00 **Search for the Lost Giants** Documentary.
10.00 **Top Secret UFO Projects Declassified**
11.00 **UFO Europe: The Untold Stories**
12.00 NOON **Strangest Things**
1.00 PM **Bigfoot Files**
2.00 **Ancient Superstructures**
7.00 **Cities of the Underworld** Edinburgh.
8.00 **The Curse of Oak Island**
9.00 **Wicked Tuna**
10.00 **Storm Stories**
11.00 **Alone**
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Court Cam**
2.00 **World's Deadliest Weather** Documentary.
3.00 **Wicked Tuna**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
7.00 **Say Yes... Atlanta**
10.00 **Say Yes to the Dress**
2.00 PM **Say Yes... UK**
4.00 **Something Borrowed, Something New**
5.00 **Dr Pimple Popper**
6.00 **I am Shauna Rae**
7.00 **Dr Pimple Popper** Double bill of editions.
9.00 **Body Bizarre** A man suffering from a rare bone eating disease shares his story.
10.00 **Temptation Island** New edition Seven singletons are sent home from the island.
11.00 **Say Yes to the Dress: Lancashire**
12.00 M'T **Dr Pimple Popper**
1.00 AM **Dr. Pimple Popper: Pop Ups**
2.00 **Temptation Island**
3.00 **Say Yes... Lancashire**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **The Gadget Show**
10.00 **GPs: Behind Closed Doors** Four editions.
2.00 PM **Secret History of WW2** Six editions.
8.00 **The Dambusters** Dan Snow relives the famous 1943 bombing raid to destroy German dams. **9.00** Scientist Barnes Wallis's attempts to get his revolutionary new bouncing bomb to work. **10.00** Dan Snow concludes with the story of the raid on Germany's dams.
11.00 **Sean Connery: In His Own Words**
12.30 AM **Britain's Greatest Bridges** Tyne Bridge.
1.30 **Lighthouses: Building the Impossible**
2.30 **Digging Up Britain's Past** Visits to Lindisfarne and the Isle of Man.
3.25 **The Yorkshire Vet**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **Combat Dealers**
7.00 **Iron Resurrection**
8.00 **Vintage Voltage**
9.00 **Salvage Hunters**
10.00 **EFL on Quest**
12.00 NOON **The Repair Shop**
3.00 PM **Shed and Buried**
6.00 **Salvage Hunters: The Restorers**
7.00 **Kings of the Wood**
8.00 **Salvage Hunters**
9.00 **The Repair Shop** A ceramic soldier, a dilapidated clock and a magnifying glass.
10.00 **Outback Opal Hunters**
11.00 **Hunting Atlantis**
12.00 M'T **Roswell: The Final Verdict** Documentary.
1.00 AM **Aliens In Alaska**
2.00 **Jeremy Wade's Dark Waters**
3.00 **Vintage Voltage**
4.00 **Mighty Cruise Ships**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Animal Cops Detroit**
9.00 **My 600lb Life**
1.00 PM **My Extreme Excess Skin**
2.00 **Say Yes to the Dress: Bridesmaids**
6.00 **Long Island Medium**
8.00 **Faking It: Tears of a Crime** The murder of Shana Grice by her ex-boyfriend, Michael Lane.
9.00 **Deadliest Kids** A 52-year-old found dead in his trailer.
10.00 **Too Large**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Guardians of Rescue**
5.30 **to 6.00** AM **Say Yes to the Dress**

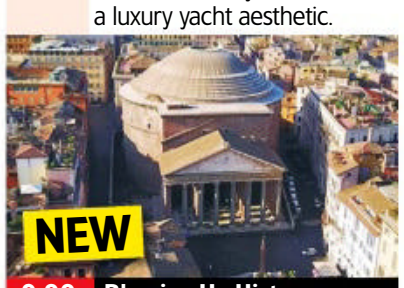
+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
12.00 NOON **Gold Rush: White Water** Six editions, including at: **3.00** PM Kayla's operation is on track to hit paydirt. **4.00** Dakota Fred and his son Dustin risk their lives to find a fortune in gold nuggets. **5.00** The crew dive in the most dangerous conditions they have ever faced.
6.00 PM **Building Off the Grid** A couple of builders attempt a catamaran-style home with a luxury yacht aesthetic.



9.00 Blowing Up History

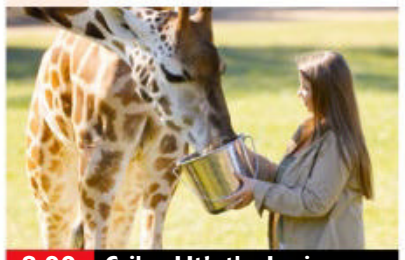
7.00 **Alaska: Homestead Rescue** New edition The Raneys help a Texas family who have dreams of a horse rescue.
8.00 **Alaska: Homestead Rescue** New edition The Raneys race the clock in their rescue of a Texas homestead.
9.00 NEW SERIES **Blowing Up History** Revealing why a 2000-year-old Pantheon was built and how it has survived.
10.00 **Wheeler Dealers** An iconic Japanese rally car – a Mitsubishi Lancer Evo7 – needs a total engine rebuild.
11.00 **Moonshiners** Mark and Digger attempt to turn a tank of fresh milk into moonshine.
12.00 M'T **Yukon Men** Triple bill.
3.00 AM **Wheeler Dealers: Dream Car** Mike and Elvis try to trade their way to a Audi Q7.
4.00 **Yukon Men**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Animal Precinct**
10.00 **The Zoo**
11.00 **Alaskan Bush People**
12.00 NOON **Treehouse Masters**
1.00 PM **Crikey! It's the Irwins**
2.00 **Crocodile Hunter**
3.00 **Born Mucky: Life on the Farm**
4.00 **Scaled**
5.00 **Shark Week Immersion** The crew answer a wide range of shark-fuelled questions.
6.00 **Predators Up Close with Joel Lambert** Polar bears.


8.00 Crikey! It's the Irwins

7.00 **Alaska: Homestead Rescue** The Raneys tackle a treehouse cabin on the verge of collapse in Missouri.
8.00 **Crikey! It's the Irwins** New edition Terri responds when wallaby Daniel is severely injured and cannot walk.
9.00 **Crocodile Hunter** Steve Irwin visits the Macal River in Belize, where he researches a colony of morelet crocodiles.
10.00 **Finding Bigfoot** The four experts travel to Pocatello, Idaho, where students claim to have shot a video of Bigfoot.
11.00 **The Lost Kingdom of the Yeti** Mark Evans follows up on new evidence about the mythical creature.
1.00 AM **I Was Prey** An engineer attacked by a grizzly bear.
2.00 **Crikey! It's the Irwins**
3.00 **to 5.00** AM **The Lost Kingdom of the Yeti**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Disasters Engineered**
11.00 **Megastructures**
12.00 NOON **Megafactories** The making of Coca-Cola. **1.00** PM The Lego factory. **2.00** Behind the scenes at furniture company Ikea. **3.00** The Illy coffee factory.
4.00 PM **Mars: One Day on the Red Planet** Documentary capturing a single day on the surface of Mars.
6.00 **New Air Force One: Flying Fortress** The overhaul of the two presidential planes.

8.00 Dutch Caribbean...

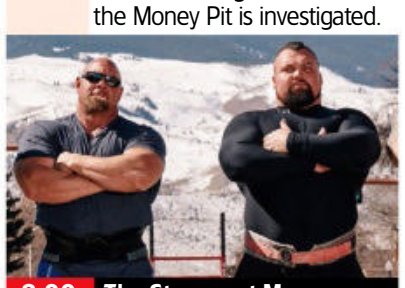
7.00 **Air Crash Investigation** Investigators uncover the two key factors that led to an Illinois turboprop's horrific crash.
8.00 NEW SERIES **Dutch Caribbean Coastguards** The Coastguards perform a routine drug check on a party boat.
9.00 **To Catch a Smuggler** CBP responds to the Covid-19 crisis on the southern border, seizing over 800lbs of meth.
10.00 **Trafficked with Mariana Van Zeller** Mariana sets off on a wild journey through California's black market for weed.
11.00 **Airport Security: Peru and Brazil** A couple want to travel to Mexico with an unusual pet. **12.00** M'T Police officers in Lima race to locate a suspect, who is found in an unlikely location.
2.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Blown Away**
7.00 **Storage Wars**
9.00 **History's Greatest Mysteries**
11.00 **Pawn Stars**
1.00 PM **Lost Gold of World War II** Four editions, including at: **4.00** The team reach the void space under the waterfall.
5.00 **Mystery Weapons** The power to use extreme weather as a weapon of war.
6.00 **The Curse of Oak Island** A theory that could explain the silver and gold detected in the Money Pit is investigated.


8.00 The Strongest Man...

7.00 **The Strongest Man in History** The strong men take up the challenge of performing a famous 2,700lb carousel hip lift.
8.00 **The Strongest Man in History** The guys head to Las Vegas to match the feats of famous strongman Monte Saldo.
9.00 **The Butcher** Four butchers are tasked with filling a turkey's inside with several layers of other small birds.
10.00 **The Butcher** The butchers must break down a lamb using a kopis blade, tackle an elk, and complete an order without a scale.
11.00 **Great Escapes with Morgan Freeman** Drug cartel kingpin El Chapo, whose audacious escapes from maximum-security prisons in Mexico has become the stuff of legends.
12.00 M'T **Pawn Stars**
5.00 **to 6.00** AM **Mystery Weapons**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **The Great War in Numbers** Documentary.
7.10 **Impossible Railways**
8.00 **Narrow Escapes of World War Two** Four editions.
12.00 NOON **Steam Train Britain** Four editions, including at: **3.00** PM In East Lancashire, volunteer Chandra Law takes on the role of Stationmaster.
4.00 **Bangers and Cash** Triple bill of the series, including at: **6.00** Paul and Dave uncover a Ford Escort that's been untouched for 30 years.

12.00 Steam Train Britain

7.00 **Bangers and Cash** A 1970s Bond Bug three-wheeler divides opinion among Mathewsons customers.
8.00 **Open All Hours** Arkwright decides to make his own product. **8.40** Arkwright has a rival for Nurse Gladys' attention when an old flame of hers returns. **9.20** Granville changes his image with the help of some trendy clothes.
10.00 **Bangers and Cash** The experts uncover some remarkably rare vehicles in the picturesque village of Thornton-le-Dale.
11.00 **Bangers and Cash** Derek heads out to pick up a Saab 96L and a Volvo P1800ES.
12.00 M'T **Secrets of the Transport Museum** A father and son get vintage buses ready for a show.
1.00 AM **The Great War in Numbers**
2.00 **to 3.00** AM **Impossible Railways**

+1 hour 255 200 75

7 PM

8 PM

9 PM

10 PM

Disc. History

177 257

6.00 AM **Mysteries at the Museum** Triple bill.
9.00 **Combat Dealers**
12.00 NOON **Expedition Unknown** Triple bill.
3.00 PM **Combat Dealers**
6.00 **Greatest Events of World War II** The story of the Battle of Midway. **7.00** The infamous Battle of Stalingrad. **8.00** The story of the D-Day invasion.
9.00 **Deadly Legacy** The case of serial killer John Wayne Gacy.
10.00 **The First Kill** The murders of Brenda Parsh and her mother Mary in August 1977. **11.00** A woman is murdered ruthlessly with no apparent motive or rationale.
12.00 M'T **Bloody Britain**
2.00 **to 6.00** AM **Combat Dealers**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Outback Vet**
1.00 PM **China's 10 Deadliest Snakes with Nigel Marven**
2.00 **Empire of the Desert Ants** As 8.00pm.
3.00 **Outback Vet**
7.00 **China's 10 Deadliest Snakes with Nigel Marven** Examining the country's snakes.
8.00 **Empire of the Desert Ants** The epic story of one honeypot ant queen's dramatic rise to power and her brutal fall from grace.
9.00 **Outback Vet**
1.00 AM **China's 10 Deadliest Snakes with Nigel Marven**
2.00 **Empire of the Desert Ants** As 8.00pm.
3.00 **Bahama Blue**
4.40 **Animal Social Network**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Ten Deadliest Snakes with Nigel Marven** Four editions.
12.00 NOON **Monster Constrictors**
1.00 PM **World's Deadliest Snakes** Triple bill.
4.00 **Africa's Super Snake**
5.00 **Exotic Animal ER**
6.00 **Snakes in the City**
7.00 **Snake Attack-Tics**
8.00 **Serpents Surprise**
9.00 **Snake Island: Wild & Deadly** Deadly tiger snakes on a barren Australian island.
10.00 **Snakes in the City: Simon Goes Wild**
11.00 **Snakes In The City: Lady & The Mamba**
12.00 M'T **Africa's Super Snake**
1.00 AM **America's Super Snake** Documentary.
2.00 **Ten Deadliest Snakes with Nigel Marven**
3.00 **Monster Constrictors**
4.00 **to 5.00** AM **World's Deadliest Snakes**

Sky History 2

163 163 840 272

8.00 AM **Lost Secrets of the Pyramid** Double bill.
10.00 **Lost Worlds**
1.00 PM **Ancient Aliens**
6.00 **Digging for Britain**
7.00 **Concorde** Part one of two. The story of the passenger airliner.
8.00 **History's Greatest Aircraft** New edition An examination of the Supermarine Spitfire.
9.00 **Paranormal: Caught on Camera** A UFO spotted over Mongolia. **10.00** An Oregon man shoots some incredible Bigfoot footage.
11.00 **Private Lives**
12.00 M'T **Shootout**
2.00 AM **Britain's War of Thrones: The Hundred Years War, with Dan Jones**
3.00 **Digging for Britain**
4.00 **Concorde** As 7.00pm.
5.00 **to 6.00** AM **History's Greatest Aircraft**

PBS America

174 273 84 155

8.00 AM **Rothko: Pictures Must Be Miraculous**
9.15 **Elizabeth I's Secret Agents** Triple bill.
1.00 PM **In Search of Medieval Britain**
4.50 **Elizabeth I's Secret Agents** Double bill.
7.15 **Elizabeth I's Secret Agents** Robert Cecil learns of a plot to blow up Parliament.
8.25 **Rebellion: The Stuarts in Exile** 1/2. Prince James Francis Stuart's bid to reclaim his throne from George I. **9.45** 2/2. How the Jacobite campaign took place on a European-wide stage.
11.00 **In Search of Medieval Britain** Six editions.
2.40 AM **Rothko: Pictures Must Be Miraculous**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 834 209

6.00 AM **Meet, Marry, Murder**
11.00 **Homicide: Hours to Kill**
1.00 PM **Snapped Behind Bars** Four editions.
5.00 **Cruise Ship Killers**
7.00 **Cruise Ship Killers** A high-school reunion cruise turns deadly when a student turns up dead. **8.00** Stories of people who never returned home from a cruise.
9.00 **Green Eyed Killers** New edition A 17-year-old who stabbed a fellow classmate to death in a jealous rage.
10.00 **Ivan Milat: Backpacker Murderer** Australia's most prolific killer. **11.00** The killer's possible body count.
12.00 M'T **Sex, Lies and Murder** Documentary.
1.00 AM **Fear Thy Neighbour**
4.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SUNDAY Films

Sunday

Sky Cinema Premiere

301 301 848 401 501 515

6.00 AM **The World to Come** Romantic drama starring Katherine Waterston. (2020, 15, 105min) ★★★★
8.00 **Pil's Adventures** As 6.10pm.
9.50 **PREMIERE North Hollywood** As shown at 8.00pm.
11.40 **Old** As shown at 3.55am.
1.40 PM **Escape Room: Tournament of Champions**
3.30 **Fast & Furious 9** As 9.40pm.
6.10 **Pil's Adventures** Animation. (2021, U, 89min) ★★

8.00 North Hollywood

8 PM

8.00 **PREMIERE North Hollywood** Comedy drama starring Ryder McLaughlin, Vince Vaughn and Miranda Cosgrove. (2021, 15, 93min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.40 **Fast & Furious 9** Action sequel starring Vin Diesel, Jordana Brewster and John Cena. The crew must take on an international terrorist. (2021, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

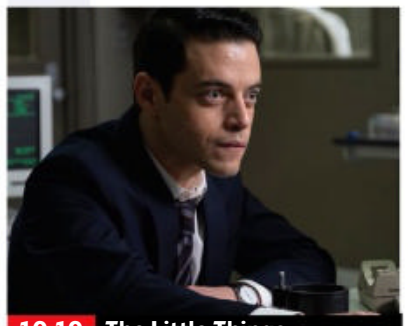
12.10 AM **Escape Room: Tournament of Champions** Horror sequel starring Taylor Russell. (2021, 15, 88min) ★★
1.50 **Malignant** Horror thriller starring Annabelle Wallis. (2021, 18, 111min) ★★★★
3.55 **Old** Horror with Gael García Bernal. (2021, 15, 108min) ★★
5.55 **to 7.35** AM **PREMIERE North Hollywood** As 8.00pm.

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.10 AM **Two by Two: Overboard**
7.40 **Zack Snyder's Justice League** Superhero adventure. (2017, 15, 242min) ★★★
11.40 **The Matrix Reloaded** Sci-fi action thriller sequel. (2003, 15, 137min) ★★★★
2.00 PM **The Little Things** (2021)
4.10 **The Witches** Fantasy remake. (2020, PG, 106min) ★★★
6.00 **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★


10.10 The Little Things

8.00 **The Matrix Revolutions** Sci-fi action thriller starring Keanu Reeves. As the machine army advance on the underground city of Zion, messiah-like hero Neo remains trapped between the Matrix and the machine world. (2003, 15, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Little Things** Crime drama starring Denzel Washington and Rami Malek. (2021, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Let Him Go** Crime drama starring Kevin Costner. (2020, 15, 113min) ★★★
2.20 **The Surrogate** Drama. (2020, 15, 93min) ★★★★
3.55 **Real** Romantic drama. (2019, 15, 78min) ★★★
5.25 **to 6.55** AM **Two by Two: Overboard** Animation. (2020, U, 85min) ★★

Sky Cinema Family

306 306 850 406 506 520

6.25 AM **FairyTale: A True Story**
8.10 **Howard... A New Breed of Hero** (1986, PG) ★★★
10.05 **The Smurfs 2** As 6.45pm.
11.55 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
1.50 PM **Peter Rabbit** Comedy. (2018, PG, 95min) ★★★
3.30 **Woody Woodpecker** Adventure. (2017, PG) ★
5.00 **Arthur and the Great Adventure** (2010, PG) ★★★
6.45 **The Smurfs 2** (2013, U) ★★

5.00 Arthur and the Great...

8.35 **Mr Magorium's Wonder Emporium** Fantasy starring Natalie Portman and Dustin Hoffman. The 243-year-old owner of a magical New York toy store prepares to hand the shop over to his young manager. (2007, U, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **FairyTale: A True Story** Fantasy drama starring Florence Hoath, Elizabeth Earl, Peter O'Toole and Harvey Keitel. (1997, U, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Come Away** Fantasy. (2020, PG, 94min) ★★★
1.45 **Hero Mode** Sci-fi comedy. (2021, PG, 88min) ★★
3.25 **My Friend the Dolphin** Adventure. (2019, U) ★★
5.20 **to 7.00** AM **C.I.Ape** Family comedy. (2021, PG, 82min) ★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Twister** (1996, PG) ★★★
8.00 **One Shot** (2021, 15) ★★
9.40 **Around the World in 80 Days** Adventure. (2004, PG) ★★★
11.45 **The Lord of the Rings: The Two Towers** Epic fantasy. (2002, 12, 179min) ★★★★★
2.45 PM **American Sniper** Biopic. (2014, 15, 132min) ★★★★
5.00 **San Andreas** Disaster movie. (2015, 12, 114min) ★★★
7.00 **The Suicide Squad** Adventure. (2021, 15, 132min) ★★★★

7.00 The Suicide Squad

The Suicide Squad (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

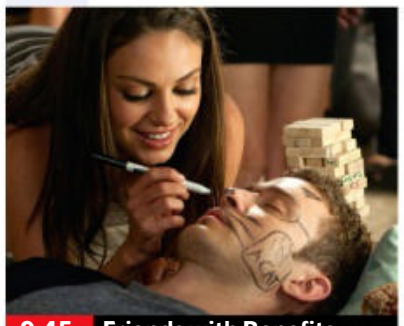
9.15 **The Lord of the Rings: The Return of the King** Epic fantasy adventure concluding Peter Jackson's trilogy based on JRR Tolkien's mythical saga, starring Elijah Wood, Ian McKellen and Viggo Mortensen. (2003, 12, 201min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Punisher** Action thriller starring Tom Jane. (2004, 18, 123min) ★
2.40 **Crouching Tiger, Hidden Dragon** Director Ang Lee's romantic adventure starring Chow Yun-Fat. Subtitled. (2000, 12, 120min) ★★★★★
4.45 **to 6.05** AM **Wonder Woman** Animated action adventure. (2009, PG, 74min) ★★★

Sky Cinema Comedy

308 308 852 408 508 522

7.05 AM **Are We There Yet?**
8.55 **Are We Done Yet?** (2007)
10.40 **Barb & Star Go to Vista Del Mar** Comedy starring Kristen Wiig. (2021, 15, 107min) ★★★
12.40 PM **50 First Dates** As 8pm.
2.25 **Friends with Benefits**
4.25 **St. Trinian's** Comedy. (2007, 12, 96min) ★★★
6.10 **St Trinian's 2: The Legend of Fritton's Gold** Comedy sequel starring Rupert Everett. (2009, PG, 106min) ★★


9.45 Friends with Benefits

8.00 **50 First Dates** Romantic comedy drama starring Adam Sandler and Drew Barrymore. A philandering Hawaii vet falls for a woman with short-term memory loss. (2004, 12, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Friends with Benefits** Comedy starring Justin Timberlake. Two New Yorkers decide to have a sexual relationship with no strings attached. (2011, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Are We There Yet?** Comedy starring Ice Cube and Nia Long. (2005, PG, 95min) ★
1.20 AM **Are We Done Yet?** Comedy sequel starring Ice Cube and Nia Long. (2007, PG, 91min) ★★
3.00 **Carry On Sergeant** The first Carry On comedy, with William Hartnell and Bob Monkhouse. (1958, b/w, U, 83min) ★★★
4.40 **to 6.30** AM **St. Trinian's** As shown at 4.25pm.

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.00 AM **Speed 2: Cruise Control**
8.15 **Willy Wonka and the Chocolate Factory** As 4.15pm.
10.00 **Legends of the Fall** (1994)
12.15 PM **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
2.15 **Grease 2** Musical sequel. (1982, PG, 109min) ★
4.15 **Willy Wonka and the Chocolate Factory** Fantasy. (1971, U, 100min) ★★★★

6.00 **Top Gun** Aerial action drama starring Tom Cruise as a hotshot young flier at the US Navy's elite air combat training school. (1986, 12, 110min) ★★★
8.00 **The Shawshank Redemption** Prison drama starring Tim Robbins and Morgan Freeman. A banker convicted of murder forms an unlikely friendship with a fellow convict. (1994, 15, 142min) ★★★★★
10.25 **Legends of the Fall** Drama. (1994, 15, 133min) ★★★★

12.40 AM **Behind the Candelabra** Biopic. (2013, 15) ★★★★
2.50 **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron. (2019, 15, 108min) ★★★★
4.45 **to 7.00** AM **Speed 2: Cruise Control** Action thriller sequel. (1997, PG, 125min) ★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Snowflake: The White Gorilla** As shown at 8.05pm.
7.30 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★★
9.00 **Duck Duck Goose** Animation. (2018, 15, 91min) ★★★
10.35 **The Road to El Dorado** Animated comedy adventure. (2000, U, 89min) ★★
12.10 PM **Hotel Transylvania** Animation. (2012, U) ★★★

1.50 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
3.25 **Shrek** Animated adventure. (2001, U, 90min) ★★★★★
5.00 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
6.35 **Shaun the Sheep Movie** Animated comedy adventure. (2015, U, 85min) ★★★★
8.05 **Snowflake: The White Gorilla** Animated fantasy adventure. (2011, U, 81min) ★★
9.35 **Vic the Viking** Animation. (2019, U, 77min) ★★

11.05 **Space Dogs: Return To Earth** Animation. (2020, U, 80min) ★★
12.40 AM **Boonie Bears: The Wild Life** Animation. (2021, U) ★★
2.35 **Jack and the Cuckoo-Clock Heart** Animation. (2013, PG) ★★
4.25 **to 6.05** AM **Henchmen** Animation. (2018, PG) ★★

TCM Movies

315 415 416

6.00 AM **Off Set** With Jamie Cullum.
6.25 **Imitation of Life** Classic drama. (1959, 12, 124min) ★★★★
8.55 **Meet Me in St Louis** Musical. (1944, U, 113min) ★★★★
11.20 **Murder Most Foul** Mystery. (1964, b/w, U, 91min) ★★★
1.20 PM **The Walking Hills** Western. (1949, b/w, PG, 78min) ★★
3.00 **Chuka** Western starring Rod Taylor. (1967, PG, 105min) ★★

5.15 **Cow Country** Western. (1953, b/w, U, 81min) ★★
7.00 **Murder She Said** Comedy thriller with Margaret Rutherford. (1961, b/w, PG, 86min) ★★★
8.45 **Off Set** With Jamie Cullum.
9.00 **Dirty Harry** Thriller starring Clint Eastwood. Maverick San Francisco cop Harry Callahan pursues a psychotic sniper. (1971, 18, 103min) ★★★★★
11.10 **The Dead Pool** Action thriller starring Clint Eastwood. (1988, 18, 91min) ★★

1.00 AM **The Last Hunt** Western. (1955, PG, 108min) ★★
3.10 **Off Set** With Jamie Cullum.
3.30 **Close Up** Triple bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Beauty and the Barge** Comedy. (1937, b/w, U) ★★
7.30 **Flight: An Anthology**
7.55 **Traveller's Joy** Comedy. (1951, b/w, U, 78min) ★★
9.30 **One Good Turn** Comedy. (1954, b/w, U, 90min) ★★★
11.20 **The Black Swan** Adventure. (1942, PG, 85min) ★★★
1.05 PM **Broken Lance** Western. (1954, U, 96min) ★★★★

3.00 **Doctor in Love** Hospital comedy. (1960, PG, 97min) ★★
5.00 **The Footage Detectives**
6.00 **Upstairs, Downstairs** (S5)
7.00 **Look at Life** Documentary.
7.20 **Passport to Pimlico** Ealing comedy with Stanley Holloway and Margaret Rutherford. (1949, b/w, U, 80min) ★★★★★
9.00 **Secret Army** 9/13. (S2)
10.05 **Carry On Columbus** Costume caper starring Jim Dale, Bernard Cribbins and Julian Clary. (1992, PG, 88min) ★

11.50 **Harlow** Biopic starring Carroll Baker. (1965, PG, 120min) ★★
2.25 AM **The Lady is a Square** Musical starring Anna Neagle. (1958, b/w, U, 94min) ★★
4.30 **Fear and Desire** Drama. (1953, b/w, 12, 61min) ★★
5.45 **to 6.00** AM **The Farm 1938**

Horror

317 149 69 138

8.00 AM **Princess of Mars** Adventure. (2009, 12, 90min) ★★
10.00 **Star Trek** 15-19/26. (S2)
3.00 PM **Firequake** Sci-fi disaster drama. (2014, 12, 90min) ★
4.45 **Stonehenge Apocalypse** Sci-fi thriller. (2010, 15, 90min) ★
6.45 **2012: Supernova** Sci-fi action thriller starring Brian Krause and Heather McComb. (2009, 12, 87min) ★★

8.30 **Tales from the Darkside** *The New Man:* Recovering alcoholic Alan meets a young man who claims to be his son, but Alan insists he can't be.
9.00 **Extraterrestrial** Sci-fi horror thriller starring Brittany Allen, Freddie Stroma, Melanie Papalia and Jesse Moss. Five college friends spending a weekend in a remote cabin face a battle for survival when an alien crash lands nearby. (2014, 15, 98min) ★★

11.00 **Shed of the Dead** Comic horror. (2019, 15, 82min) ★★
12.45 AM **Cabin Fever** Horror remake. (2016, 15, 99min) ★
2.40 **to 4.30** AM **Nightworld** Horror thriller. (2017, 15, 92min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.20 AM **Kindred** (2021, 15) ★★★
8.05 **Prisoners** (2013, 15) ★★★★
10.40 **Hell or High Water** Drama. (2016, 15, 102min) ★★★★★
12.25 PM **Mission: Impossible II** Action thriller sequel. (2000, 15, 124min) ★★★★
2.30 **Panic Room** Suspense thriller. (2002, 15, 112min) ★★★
4.30 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
7.00 **Unknown** Conspiracy thriller. (2011, 12, 113min) ★★★

9.00 Training Day

Unknown (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

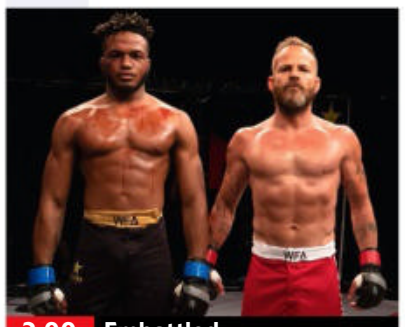
9.00 **Training Day** Police thriller starring Denzel Washington and Ethan Hawke. The proposed new recruit to an elite Los Angeles narcotics squad discovers that the unit's leader is involved in the drugs underworld. (2001, 18, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Before I Go to Sleep** Thriller starring Nicole Kidman and Colin Firth. A woman who cannot retain her memories tries to piece together her past. (2014, 15, 90min) ★★★
1.00 AM **Dragged Across Concrete** Crime drama starring Mel Gibson, Vince Vaughn and Tory Kittles. (2018, 18, 158min) ★★★★
3.50 **to 6.00** AM **Mission: Impossible II** As 12.25pm.

Sky Cinema Drama

310 310 854 410 510 524

6.00 AM **Breakfast at Tiffany's**
8.00 **Mahalia** As shown at 4.10am.
10.00 **The Last Bus** Drama. (2021, 12, 86min) ★★★
11.35 **In the Heights** Musical. (2021, PG, 143min) ★★★
2.00 PM **Embattled** Sports drama. (2020, 15, 117min) ★★★
4.00 **The Pursuit of Happyness** Rags-to-riches drama. |(2006, 12, 117min) ★★★
6.00 **True Grit** Western remake. (2010, 15, 110min) ★★★★


2.00 Embattled

8.00 **Eternal Sunshine of the Spotless Mind** Offbeat romantic comedy starring Jim Carrey and Kate Winslet. An estranged couple decide to have their memories of each other erased by a firm of mind specialists. (2004, 15, 108min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Donnie Brasco** Fact-based crime drama starring Al Pacino and Johnny Depp. An ageing gangster takes a young man under his wing, unaware that he is an undercover FBI agent. (1997, 18, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Shirley Valentine** Romantic comedy drama. (1989, 15, 108min) ★★★★
2.10 **Breakfast at Tiffany's** Classic romantic comedy. (1961, PG, 106min) ★★★★★
4.10 **to 6.00** AM **Mahalia** Biopic. (2021, PG, 90min) ★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **Snatchers** Comedy horror. (2019, 15, 96min) ★★★
7.40 **Divergent** (2014, 12) ★★★
10.00 **The Divergent Series: Insurgent** (2015, 12) ★★★
12.00 NOON **The Divergent Series: Allegiant** (2016, 12) ★★
2.10 PM **Freaky** Comedy horror. (2020, 15, 102min) ★★★★
4.00 **Oblivion** Epic sci-fi adventure. (2013, 12, 124min) ★★★★★
6.10 **A Quiet Place Part II** Horror sequel. (2020, 15) ★★★★

6.10 A Quiet Place Part II

8.00 **Battleship** Sci-fi action adventure starring Taylor Kitsch and Rihanna. A hot-headed US Navy lieutenant leads the fight back against alien invaders. With Alexander Skarsgård, Brooklyn Decker and Liam Neeson. (2012, 12, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Total Recall** Sci-fi action thriller starring Arnold Schwarzenegger, Rachel Ticotin and Sharon Stone. A construction worker discovers that he is really an intergalactic spy. (1990, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Dark** Supernatural horror. (2005, 15, 93min) ★★
2.00 **Great White** Horror thriller. (2021, 15, 91min) ★★
3.45 **Voyagers** Sci-fi thriller. (2020, 15, 108min) ★★★
5.45 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Women in Film

302 302 856 402 502 516

7.00 AM **The Glorias** Biopic. (2020, 12, 139min) ★★★
9.35 **The High Note** Romantic drama with Dakota Johnson. (2020, 12, 113min) ★★★
11.35 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
1.20 PM **Wonder Woman 1984**
3.55 **Bridesmaids** Comedy. (2011, 15, 124min) ★★★★
6.05 **Superintelligence** Sci-fi comedy with Melissa McCarthy. (2020, 12, 106min) ★★★

8.00 Wonder Woman: 1984

8.00 **Wonder Woman 1984** Superhero action sequel starring Gal Gadot, Chris Pine and Pedro Pascal. Diana Prince must contend with Maxwell Lord, whose desire for extreme wealth sends the world down a path of destruction. (2020, 12, 151min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Those Who Wish Me Dead** Crime drama starring Angelina Jolie, Aidan Gillen, Nicholas Hoult and Finn Little. (2021, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Where'd You Go, Bernadette** Comedy drama starring Cate Blanchett. (2019, 12, 109min) ★★★
2.15 **Superintelligence** As shown at 6.05pm.
4.10 **to 6.00** AM **Those Who Wish Me Dead** As 10.35pm.

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Carry On Regardless** Comedy. (1961, PG) ★★★
12.50 PM **The Book of Life** Animation. (2014, U) ★★★★
2.40 **How to Train Your Dragon** Animated fantasy adventure. (2010, PG, 93min) ★★★★
4.35 **Night at the Museum 2** Fantasy comedy sequel. (2009, PG, 104min) ★★★
6.45 **Entrapment** Romantic thriller. (1999, 12, 112min) ★★★

9.00 2012

Entrapment (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **2012** Epic disaster movie starring John Cusack. A struggling writer strives to get his family to safety after he learns of an impending global catastrophe. With Chiwetel Ejiofor and Woody Harrelson. (2009, 12, 151min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **47 Metres Down** Horror, starring Mandy Moore. Two sisters vacationing in Mexico become trapped in a shark cage at the bottom of the ocean. (2017, 15, 89min) ★★★
2.00 **to 3.55** AM **Me and You and Everyone We Know** Offbeat comedy drama starring John Hawkes. (2005, 15, 91min) ★★★★

+1 hour 314 430 47 301

Sunday

8 PM
9 PM
10 PM
11 PM

GREAT! movies classic

319 424 52 303

6.00 AM **The Orient Express**
7.10 **The Traitors** Espionage drama. (1962, b/w, PG, 70min) ★★★
8.35 **Our Man in Havana** Spy drama. (1959, b/w, PG) ★★★★★
10.45 **Bullet to Beijing** Espionage thriller. (1995, 15, 101min) ★★
12.50 **The Jigsaw Man** Cold War drama. (1983, 15, 91min) ★★
2.45 PM **Midnight in Saint Petersburg** Thriller sequel. (1995, 15) ★★
4.35 **Gambit** Suspense caper. (1966, U, 109min) ★★★
6.50 **Funeral in Berlin** Spy thriller starring Michael Caine and Eva Renzi. Rebellious cockney spy Harry Palmer travels to Berlin to organise a Russian's defection. (1966, PG, 100min) ★★★
9.00 **The Romantic Englishwoman** Comedy drama starring Glenda Jackson and Michael Caine. (1975, 15, 116min) ★★★
11.25 **Eyes of Laura Mars** Thriller. (1978, 15, 104min) ★★★
1.25 AM **If You Meet Sartana – Pray for Your Death** Western. (1968, 15, 95min) ★★
3.15 **Strongroom** (1961, b/w, PG) ★★
4.35 **to 6.00** AM **Candlelight in Algeria** (1943, b/w, PG) ★★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.10 AM **Stand Your Ground** Drama. (2013, PG, 107min) ★★
11.25 **Til Death Do Us Part** Thriller. (2014, PG, 85min) ★★
1.20 PM **Legends of the Fall** Epic period drama starring Brad Pitt. (1994, 15, 133min) ★★★★
3.50 **First Knight** Romantic mythical drama starring Sean Connery, Richard Gere and Julia Ormond. (1995, PG, 134min) ★★
6.30 **Vertical Limit** Thriller starring Chris O'Donnell, Bill Paxton and Robin Tunney. A nature photographer leads a perilous rescue mission to save a group of stranded mountaineers. (2000, 12, 124min) ★★
9.00 **Donnie Brasco** Fact-based crime drama starring Al Pacino and Johnny Depp. An ageing gangster takes a young man under his wing, unaware that he is an undercover FBI agent. (1997, 18, 126min) ★★★★
11.35 **Flatliners** Sci-fi thriller. (1990, 15, 114min) ★★★
1.50 AM **Bronson** Prison drama. (2009, 18, 92min) ★★★
3.40 **to 6.00** AM **Stand Your Ground** As shown at 9.10am.

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **The Last Days of Frank and Jesse James** Western. (1985, PG, 99min) ★★★
8.00 **Fort Apache** Western. (1948, b/w, U, 127min) ★★★★
10.35 **Wyatt Earp's Revenge** Western. (2012, 12, 88min) ★★
12.30 PM **Utah Blaine** (1957, U) ★★
2.10 **Fort Ti** Western. (1953, U) ★★
3.45 **Battle of Rogue River** Western. (1954, PG, 90min) ★★
5.15 **Man in the Saddle** Western starring Randolph Scott, Joan Leslie and Alexander Knox. (1951, PG, 87min) ★★★
7.05 **Arizona Raiders** Western starring Audie Murphy and Ben Cooper. (1965, PG, 88min) ★★
9.00 **A Time for Killing** Western starring Glenn Ford and George Hamilton. A Union Army Major pursues a band of Confederate soldiers who have escaped from a Utah stockade. With Inger Stevens. (1968, 15, 83min) ★★
10.50 **Second in Command** Action thriller. (2006, 15, 91min) ★★
12.40 AM **Extortion** Drama. (2016, 15, 108min) ★★
2.50 **to 4.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **How to Train Your Husband**
9.00 **Raise a Glass to Love** As 9pm.
11.00 **The Vines That Bind: Chronicle Mysteries 3** As 11pm.
1.00 PM **Garage Sale Mystery: Searched & Seized** As 1am.
3.00 **PREMIERE** **Taking the Reins** Romantic comedy starring Nikki Deloach. (2021, PG, 84min) ★★
5.00 **Two For The Win** Romantic drama. (2021, PG, 85min) ★★
7.00 **How to Train Your Husband** Comedy starring Julie Gonzalo. A marriage therapist attempts to fix her own marriage by focusing on how to change her husband. (2018, PG, 85min) ★★
9.00 **Raise a Glass to Love** Romance starring Laura Osnes and Juan Pablo Di Pace. An ambitious, academically minded sommelier clashes with the instinctive new manager of her parents' vineyard. With Matthew James Dowden. (2021, PG, 84min) ★★
11.00 **The Vines That Bind: Chronicle Mysteries 3** Crime drama. (2019, PG, 89min) ★★
1.00 AM **Garage Sale Mystery: Searched & Seized** (2020) ★★
3.00 **to 5.00** AM **Taking the Reins**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.25 PM **The Lawless Breed** *5Action* Western. ★★
6.45 **The Proposal** *ITV2* Comedy starring Sandra Bullock. ★★★
6.50 **Crocodile Dundee II** *E4* Comedy adventure sequel. ★★
7.00 **Arctic Apocalypse** *Syfy* Disaster thriller. ★★
7.00 **Young Guns II: Blaze of Glory** *5Action* Western sequel. ★★★
9.00 **Pitch Perfect** *ITV2* Comedy starring Anna Kendrick. ★★★★
9.00 **The Bourne Ultimatum** *ITV4* Spy thriller sequel starring Matt Damon and Julia Stiles. ★★★★
9.00 **Hitman: Agent 47** *E4* Action thriller with Rupert Friend. ★★
9.00 **Fifty Shades Freed** *5STAR* Romantic thriller sequel. ★
9.00 **The Naked Gun 33⅓: The Final Insult** *Comedy Central* Spoof comedy sequel starring Leslie Nielsen. ★★★
9.00 **The Glimmer Man** *5Action* Action thriller. ★
10.00 **Ali** *BBC2 (NI 11.30pm)* Biopic starring Will Smith. ★★★★
10.55 **Night Hunter** *5Action* ★★★
11.05 **V for Vendetta** *5STAR* ★★★
1.00 AM **The Eagle** *Channel 4* ★★★
2.00 **Guardian** *Syfy* Horror thriller. ★
4.00 **Ba'al: The Storm God** *Syfy* ★★

Sunday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **LIVE Test Cricket Pakistan v Australia.** Coverage of day two of the second Test in Karachi.
8.30 **LIVE Test Cricket India v Sri Lanka.** Coverage of day two of the second Test from Bangalore.
11.30 **LIVE EFL Luton Town v Queens Park Rangers.** The Championship clash at Kenilworth Road. Kick-off 12.00noon.
2.00 PM **LIVE Renault Super Sunday Chelsea v Newcastle United.** Coverage of the Premier League match from Stamford Bridge. Kick-off 2.00pm.
4.00 **LIVE Renault Super Sunday Arsenal v Leicester City.** Coverage of the Premier League encounter from the Emirates Stadium. Kick-off 4.30pm.
7.00 **LIVE The Players Championship** The fourth and final day's play in Florida.
10.30 **LIVE ICC Women's World Cup Pakistan v Bangladesh.** The group match at Seddon Park.
12.30 **to 6.00** AM **LIVE ICC Women's World Cup South Africa v England.** Coverage of the group match at the Bay Oval.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Gary Neville's Soccerbox**
7.30 **WSL** Reading v Manchester Utd.
8.00 **Premier League**
9.45 **Matchday Plus**
10.00 **WSL** Reading v Manchester Utd.
10.30 **Premier League 100 Club**
11.00 **Matchday Plus**
11.15 **SNF** Manchester Utd v Spurs.
1.00 PM **LIVE Super Sunday Chelsea v Newcastle United.** Coverage of the top-flight encounter staged at Stamford Bridge. Kick-off 2.00pm.
4.00 **LIVE Super Sunday Arsenal v Leicester City.** The top-flight game at the Emirates Stadium. Kick-off 4.30pm.
7.30 **LIVE WSL Brighton & Hove Albion v Arsenal.** Coverage of the Women's Super League match at The People's Pension Stadium. Kick-off 6.45pm.
9.30 **PL Greatest Games**
9.45 **Matchday Plus**
10.00 **Premier League**
5.00 AM **Best PL Goals: Liverpool v Man Utd**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Goals: Leagues 1 & 2**
6.30 **EFL Highlights**
8.00 **EFL Goals: Leagues 1 & 2**
8.30 **EFL Highlights**
10.00 **EFL Goals: Leagues 1 & 2**
10.30 **EFL Highlights**
11.30 **LIVE EFL Luton Town v Queens Park Rangers.** From Kenilworth Road. Kick-off 12noon.
2.30 PM **LIVE Irish Football Cliftonville v Coleraine.** Kick-off 3.00pm.
5.00 **EFL Highlights**
6.00 **EFL Goals: Leagues 1 & 2**
6.30 **LIVE WSL Brighton & Hove Albion v Arsenal.** The top-flight encounter. Kick-off 6.45pm.
9.30 **EFL Trophy Football**
10.30 **EFL Highlights**
11.00 **WSL** Two editions.
12.00 M'T **SPFL Greatest Games**
1.30 AM **SPFL Highlights**
2.00 **SPFL** Rangers v Celtic.
2.30 **SPFL Highlights**
4.30 **Best Moments From The L1 & 2 Play-Off Final (1993-2019)**
5.00 **Best Goals of the Carabao Cup 2020/21**
5.30 **to 6.00** AM **Best Goals: EFL Cup 2021-22**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

6.00 AM **25 Years of Women's Cricket on Sky**
6.20 **ICC Women's World Cup**
7.20 **Test Cricket** India v Sri Lanka.
8.20 **LIVE Test Cricket India v Sri Lanka.** Coverage of the second day of the second Test in the two-match series, which is taking place at M.Chinnaswamy Stadium, Bangalore.
4.00 PM **ICC Women's World Cup** New Zealand v Australia.
5.00 **Test Cricket** Pakistan v Australia.
6.00 **ICC Women's World Cup** Action from New Zealand v Australia.
7.00 **Test Cricket** India v Sri Lanka.
8.00 **Women's World T20 Classics**
8.15 **Women's World T20 Classics**
8.30 **ICC Women's World Cup** Action from New Zealand v Australia.
9.30 **LIVE ICC Women's World Cup Pakistan v Bangladesh.** Coverage of the group match staged at Seddon Park in Hamilton, New Zealand.
12.30 **to 6.00** AM **LIVE ICC Women's World Cup South Africa v England.** Coverage of the group match from Bay Oval in Mount Maunganui, New Zealand.

Sky Sports The Players

405 405 863 | 515 505 | 424 444

6.00 AM **LIVE LPGA Tour Golf** The fourth and final day of the Honda LPGA Thailand held at Pattaya Old Course in Thailand.
8.30 **The Players Championship**
9.30 **Masterpiece Theatre**
9.45 **PGA Tour Profiles** A look at the rise of Rory McIlroy and his record-breaking 2019.
10.00 **Golf Academy** Tips and advice.
10.30 **The Players Championship** Action from the third day of the tournament from TPC Sawgrass.
11.30 **LIVE The Players Championship** Coverage of the fourth and final day's play of the tournament, taking place at TPC Sawgrass in Ponte Vedra Beach, Florida.
10.30 PM **LPGA Tour Golf** Action from the fourth and final day of the Honda LPGA Thailand.
1.00 AM **The Players Championship Official Film** A look back at the 2019 staging of the tournament.
2.00 **The Players Championship**
3.00 **The Players Championship Official Film** A look back at Jack Nicklaus's final round in 1974.
4.00 **The Players Championship**
5.00 **to 6.00** AM **Golf Academy**

BT Sport 1

413 413 870 | 527 | 408 430

7.00 AM **Rio Ferdinand's Between the Lines**
7.30 **Premier League**
9.00 **WWE Raw Highlights**
10.00 **WWE SmackDown Highlights**
11.00 **ESPN FC** The latest news.
11.30 **LIVE Serie A Fiorentina v Bologna.** The Italian top-flight encounter at Stadio Artemio Franchi. Kick-off 11.30am.
1.30 PM **BT Sport Score**
4.30 **Rio Ferdinand's Between the Lines**
5.00 **LIVE Serie A Udinese v AS Roma.** All the action from the Italian top-flight encounter at Stadio Friuli. Kick-off 5.00pm.
7.00 **Golazzo Live**
7.45 **LIVE Serie A Torino v Inter Milan.** The Italian top-flight encounter at Stadio Olimpico di Torino. Kick-off 8.00pm.
10.00 **Rugby Stories**
10.30 **Premiership Rugby Highlights**
12.00 M'T **Rio Ferdinand's Between the Lines**
12.30 AM **Ligue 1**
4.30 **Fishing: On the Bank**
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **LIVE AFLW: Fremantle Women v Gold Coast Suns Women.** Bounce-up 6.10am.
8.00 **Serie A** Triple bill.
11.00 **FIH Hockey Pro League Magazine** News and action.
11.30 **LIVE Women's Hockey India v Germany.** From Bhubaneswar. Push-back 11.30am.
1.30 PM **MotoGP Rewind**
1.45 **Sport in Focus**
2.00 **LIVE Gallagher Premiership Rugby Union Northampton Saints v Wasps.** Coverage from cinch Stadium at Franklin's Gardens. Kick-off 3.00pm.
5.15 **Rugby Tonight**
6.00 **The Cricket's On**
7.00 **Champions League Magazine**
7.30 **LIVE Ligue 1 Brest v Marseille.** Kick-off 7.45pm.
9.45 **Europa League Goals Reload**
10.00 **UFC** Santos v Ankalaev.
1.00 AM **UFC Unleashed**
2.00 **FIM SuperEnduro World Championship**
2.30 **WSL Presents**
3.30 **Champions League Tonight**
4.30 **Europa League Highlights**
5.30 **to 6.00** AM **Classic MOTD**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Europa League Magazine**
7.00 **Test Cricket Highlights**
8.00 **Champions League Tonight**
9.00 **Ligue 1** Double bill.
11.00 **The Football's On**
12.00 NOON **LIVE Ligue 1 Paris Saint-Germain v Bordeaux.** Coverage from Parc des Princes. Kick-off 12.00noon.
2.00 PM **LIVE Serie A Hellas Verona v SC Napoli.** Coverage from Stadio Marc'Antonio Bentegodi. Kick-off 2.00pm.
4.00 **LIVE Ligue 1 Lyon v Rennes.** Coverage from Groupama Stadium. Kick-off 4.05pm.
6.00 **LIVE Primeira Liga FC Porto v Tondela.** From Estadio do Dragao. Kick-off 6.00pm.
8.00 **Isuzu UTE A-League**
9.00 **WWE NXT UK**
10.00 **WWE SmackDown Highlights**
11.00 **WWE NXT**
12.45 AM **BT Sport Reload**
1.00 **Europa League Magazine**
2.00 **Isuzu UTE A-League**
3.00 **Badminton Unlimited**
3.30 **BT Sport Reload**
4.00 **The Cricket's On**
5.00 **to 6.00** AM **MotoGP Highlights**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **Top Rank Boxing Archive**
9.30 **British Basketball**
12.00 NOON **High Tops** A look back at Vince Carter's best plays.
12.30 PM **My Icon** Former NBA star John Amaechi talks about the individuals that have inspired him.
12.45 **Equestrian** A look back at highlights from the CHI Geneva.
1.45 **LIVE Equestrian Rolex Grand Slam** Coverage of the Dutch Masters, taking place at Brabanthallen in Hertogenbosch.
6.00 **Equestrian** A look back at highlights from the CHI Geneva.
7.00 **My Icon** Former world champion boxer Johnny Nelson discusses the individuals that have inspired him during his life.
7.30 **Darts Gold** A look back at action from the PDC World Darts Championship finals of 2001.
8.00 **NFL Highlights** Dallas Cowboys v Washington Football Team.
9.00 **NFL Highlights** Cincinnati Bengals v Los Angeles Chargers.
10.00 **NFL Highlights** Green Bay Packers v Chicago Bears.
11.00 **NFL Highlights** Cincinnati Bengals v Cleveland Browns.
12.00 M'T **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **LIVE Test Cricket Pakistan v Australia.** Coverage of day two of the second Test in the three-match series, held at National Stadium in Karachi.
12.30 PM **Drone Racing League**
2.30 **Top Rank Boxing Archive**
4.30 **LIVE Bundesliga Borussia Dortmund v Arminia Bielefeld.** Coverage of the German top-flight match from Signal Iduna Park. Kick-off 4.30pm.
6.30 **LIVE Bundesliga SpVgg Greuther Furth v RB Leipzig.** The German top-flight clash from Sportpark Ronhof Thomas Sommer. Kick-off 6.30pm.
8.30 **Drone Racing League**
10.30 **Premier League World** The 2021-22 Premier League.
11.00 **Premier League Years** Classic games from the 2014/15 season.
1.00 AM **NFL Highlights**
4.00 **ICC Women's World Cup 2017**
4.30 **My Icon**
4.50 **to 6.00** AM **LIVE Test Cricket Pakistan v Australia.** Day three of the second Test in the three-match series, held at National Stadium in Karachi.

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC**
6.30 **Freeride World Tour**
7.30 **College Basketball**
11.00 **LIVE Badminton** Coverage of the German Open Finals.
2.00 PM **LIVE Ligue 1 Strasbourg v Monaco.** From Stade de la Meinau. Kick-off 2.00pm.
4.00 **NHRA Drag Racing Highlights**
5.00 **LIVE College Basketball** The SEC Championship Game.
7.15 **LIVE College Basketball** The AAC Championship Game.
9.15 **BT Sport Reload**
9.30 **ESPN SportsCenter**
10.00 **LIVE NCAA Basketball Tournament** Selection Sunday.
12.00 M'T **LIVE NCAA Basketball Tournament** Selection Show.
1.00 AM **College Basketball**
2.45 **BT Sport Reload**
3.00 **NHRA Drag Racing Highlights**
4.00 **College Basketball**
5.45 **to 6.00** AM **BT Sport Reload**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Alpine Skiing**
8.15 **LIVE Alpine Skiing** Coverage from Kranjska Gora, Slovenia.
9.30 **LIVE Cross-Country Skiing** Coverage from Falun in Sweden.
10.30 **LIVE Nordic Combined Skiing** World Cup coverage from Schonach, Germany.
11.30 **LIVE Alpine Skiing** Coverage from Kranjska Gora, Slovenia.
12.30 PM **LIVE Cycling: Tirreno-Adriatico** Stage seven.
2.15 **LIVE Cycling: Paris-Nice** Coverage of stage eight.
4.00 **Alpine Skiing**
6.00 **Olympic Games: Hall of Fame**
8.00 **Cycling: Paris-Nice**
9.00 **Cycling: Tirreno-Adriatico**
10.05 **Alpine Skiing**
12.00 M'T **Cycling: Paris-Nice**
1.00 AM **Cycling: Tirreno-Adriatico**
2.00 **Alpine Skiing**
4.00 **Cycling: Paris-Nice**
5.00 **to 6.00** AM **Cycling**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Olympic Games**
8.00 **Golf: PGA Tour Weekly**
8.30 **Freestyle Skiing**
9.20 **LIVE Snowboarding** In Austria.
10.45 **Biathlon** Action from Estonia.
11.20 **LIVE Biathlon** From Estonia.
12.45 PM **LIVE Cross-Country Skiing** From Falun in Sweden.
1.35 **LIVE Nordic Combined Skiing** From Germany.
2.10 **LIVE Biathlon** From Estonia.
3.05 **Alpine Skiing** From Are, Sweden.
4.00 **LIVE Snooker: Turkish Masters** The final in Antalya.
4.55 **Eurosport News**
5.00 **LIVE Snooker: Turkish Masters** Further coverage.
8.10 **Snooker: Gibraltar Open Final**
9.05 **Alpine Skiing**
10.00 **Cycling: Paris-Nice**
11.00 **FIA World Endurance C'ship**
12.00 M'T **Alpine Skiing**
1.00 AM **Biathlon**
2.00 **to 6.00** AM **Highlights**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Netball Superleague**
8.00 **Drone Racing League**
10.00 **Super League's Supermen**
11.00 **Betfred Super League Highlights** Recent action.
12.00 NOON **Drone Racing League**
2.00 PM **Betfred Super League Highlights** Recent action.
3.00 **NBA Basketball**
5.00 **LIVE NBA Basketball Brooklyn Nets v New York Knicks.** Coverage of the Eastern Conference clash from Barclays Centre. Tip-off 5.00pm.
7.30 **LIVE NBA Basketball Boston Celtics v Dallas Mavericks.** The inter-conference clash from TD Garden. Tip-off 7.30pm.
10.00 **NBA Heatcheck**
10.30 **NBA Basketball**
12.30 AM **NBA Heatcheck**
1.00 **Betfred Super League Highlights** Recent action.
2.00 **British Basketball**
4.30 **to 6.00** AM **Muggsy**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Formula One: Best of 2021**
9.30 **The Notebook**
10.00 **The Race to Perfection**
12.55 PM **Data in F1**
1.00 **The Race to Perfection**
5.40 **Data in F1**
5.45 **The Race to Perfection**
6.50 **Danica Patrick Hot Laps**
7.00 **Duel: Hamilton v Verstappen** 1&2/2. The rivalry between Formula One drivers Lewis Hamilton and Max Verstappen, which culminated in a nail-biting end to the 2021 season
9.00 **The Notebook** News from pre-season testing in Bahrain ahead of the 2022 F1 season.
9.30 **Formula 1** Action from the 2021 Abu Dhabi Grand Prix.
9.40 **Ferrari: Race to Immortality**
11.45 **Duel: Hamilton v Verstappen**
1.45 AM **Mick Schumacher Drives The Jordan**
2.00 **to 6.00** AM **Formula One: Best of 2021**

SKY HD SD | VIRGIN HD | BT HD

Monday

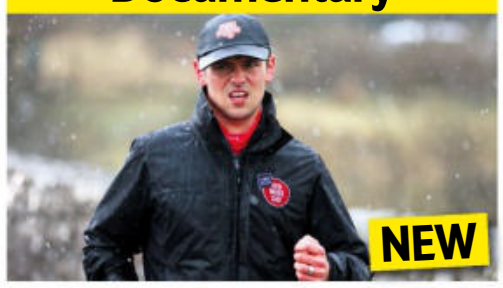
14 March

Evening Planner

Reality

Fame in the Family
C4 HD, 5.30pm
Strangers have to guess which of them is related to their celebrity host, in this new genealogy-meets-dinner party show

Documentary

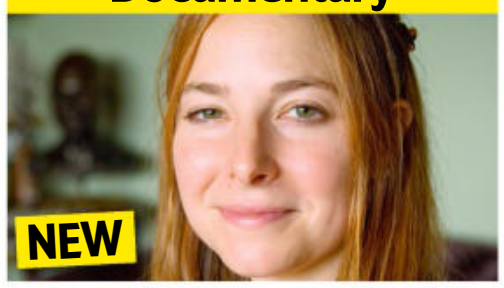


Tom Daley's Hell of a Homecoming
BBC1 HD, 9pm
Olympic diver Tom Daley swims, cycles and runs to Plymouth for Comic Relief

Crime Drama

Holding
ITV HD, 9pm
Four-part drama based on Graham Norton's debut novel, starring Conleth Hill as a small-town copper in Cork

Documentary



Curse of the Ancients
Sky History HD, 9pm
Professor Alice Roberts investigates how our ancestors believed natural disasters occurred due to humankind being cursed

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 We Are... †	9.00 Tom Daley's Hell of a Homecoming		10.00 News	10.30 Weather
102 BBC2	7.00 Grand Tours of...	7.30 Nigella's Cook...	8.00 Mastermind	8.30 University...	9.00 The Real Peaky Blinders		10.00 Couples...	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Holding		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Great Cookbook Challenge...		9.00 Jeremy Kyle Show: Death on Daytime			10.15 Catching a Killer: A Knock...
105 CHANNEL 5	7.00 Police Interceptors		8.00 Traffic Cops		9.00 Police: Night Shift 999		10.00 Casualty 24/7: Every Second Counts	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Dragons and...		9.00 The Great Debate...		10.00 Death on the Beach	
ENTERTAINMENT								
117 BBC3	7.05 MasterChef Australia			8.30 Meet the...	9.00 The Drop		10.00 Starstruck	10.20 Rose Matafeo...
116 BBC4	7.00 Fred Dibnah's...	7.30 Canal Boat...	8.00 Britain's Lost Masterpieces		9.00 The Golden Age of Canals		10.00 Ian Hislop's Stiff Upper Lip...	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Family Guy		10.00 The Stand Up...	10.30 Family Guy
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Devon and Cornwall		9.00 Wondrous Wales		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 The Real Dirty Dancing		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Air Ambulance ER		8.00 Blue Bloods		9.00 9-1-1		10.00 Law & Order: Special Victims Unit	
108 SKY ATLANTIC	◂ 6.50 The Sopranos		7.55 Game of Thrones		9.00 Billions			10.05 The Night Of
110 GOLD	◂ 6.35 The Cockfields		8.00 Dad's Army			9.20 Fawlty Towers	10.00 Men Behaving Badly	
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?	9.00 QI XL		10.00 Have I Got a Bit More News for You	
119 ITV3	7.00 Heartbeat		8.00 Lewis				10.00 Law & Order: UK	
120 ITV4	◂ 5.25 Film: The Man with the Golden Gun		8.00 The Great British Treasure Hunt		9.00 Against the Odds		10.00 Film: Death Wish II	
112 COMEDY CENTRAL	7.00 Friends				9.00 Guessable?		10.00 Impractical...	10.30 Impractical...
152 SYFY	7.00 Quantum Leap		8.00 Fringe		9.00 Fortitude			
113 SKY MAX	7.00 Stargate SG-1		8.00 Freddie Fries Again		9.00 Agatha Raisin			
132 ALIBI	7.00 Rizzoli & Isles		8.00 Death in Paradise		9.00 Clarice		10.00 Traces	
130 SKY ARTS	7.00 André Rieu: Welcome to My World		8.00 The Big Design Challenge			9.30 André Rieu: Magic of Maastricht		10.30 Cézanne...
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Iron Resurrection		9.00 Wheeler Dealers		10.00 Texas Metal	
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Coyote Peterson: Brave the Wild		9.00 Alaska: Homestead Rescue		10.00 I Was Prey	
129 NAT GEO	7.00 Car S.O.S.		8.00 Air Crash Investigation		9.00 Trafficked with Mariana Van Zeller		10.00 America's Hardest Prisons	
123 SKY HISTORY	7.00 Forged in Fire Armed Forces...		8.00 American Pickers		9.00 Curse of the Ancients		10.00 Lost Cities of the Trojans	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Underground Worlds		9.00 Smoke & Steel		10.00 Bangers and Cash	
121 SKY DOCS	7.00 The Eighties		8.00 JFK: Destiny Betrayed		9.00 McLaren			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.10 North Hollywood		8.00 Fast & Furious 9					10.30 Malignant
303 HITS	◂ 5.50 The Matrix Revolutions		8.00 Inception					10.30 Ted
304 GREATS	◂ 5.30 The Shawshank Redemption		8.00 No Country for Old Men					10.05 The Green Mile
305 ANIMATION	◂ 6.35 Barbie: Star Light Adventure		8.00 Dreambuilders			9.35 The Swan Princess		
306 FAMILY	◂ 6.45 Little Manhattan			8.20 Molly Moon and the Incredible Book of Hypnotism				10.05 Thunderpants
307 ACTION	◂ 5.30 Fast & Furious 7	7.50 xXx					10.00 Rambo	
308 COMEDY	◂ 6.00 Military Wives		8.00 Gambit			9.35 Bill & Ted Face the Music		
309 THRILLER	◂ 6.15 The Transporter		8.00 Vantage Point			9.40 Antebellum		
310 DRAMA	◂ 6.10 Long Story Short		8.00 Moneyball					10.15 Django Unchained
311 SCI-FI	7.00 Elysium				9.00 Urban Legend			
302 OSCARS	◂ 6.10 The Truman Show		8.00 Top Gun				9.50 Promising Young Woman	
313 FILM4	◂ 6.45 The Devil Wears Prada				9.00 Last Orders			
315 TCM MOVIES	◂ 6.30 Ocean's Eleven				9.00 The Lost Boys			
SPORT								
401 MAIN EVENT	7.00 MNF – Live: Crystal Palace v Manchester City (Kick-off 8.00)							
402 PREMIER LEAGUE	7.00 MNF – Live: Crystal Palace v Manchester City (Kick-off 8.00)							
403 FOOTBALL	7.00 Bundesliga Highlights Show		8.00 WSL		9.00 EFL Highlights	9.30 Bundesliga Highlights Show		10.30 MLS...
404 WORLD CUP	7.00 ICC Women's World Cup		8.00 ICC Women's...	8.30 ICC Women's World Cup		9.30 ICC Women's World Cup – Live: Australia v West Indies		
413 BT SPORT 1	◂ 6.30 Football's On	7.30 Serie A – Live: Lazio v Venezia (Kick-off 7.45)					9.45 BT Sport Goals Reload	10.30 The Aussie...
414 BT SPORT 2	◂ 6.15 Rugby Highlights	7.45 Rugby Tonight		8.30 Aussie Rules...	9.00 Fishing: On the Bank		10.00 Test Cricket Highlights	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

ONLY 17p AN ISSUE
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/X194
*Terms & conditions: magazinesdirect.com/terms.

Monday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.50 **Local News** (S)
2.00 LIVE **A Service of Celebration for Commonwealth Day** Coverage of a special service for Commonwealth Day from Westminster Abbey in London. (S)
3.45 NEW SERIES **The Repair Shop** Restoring a leather handbag, a wooden toy and a wartime doll. (S)
4.30 NEW SERIES **Bridge of Lies** Quiz show hosted by Ross Kemp. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

5.15 Pointless

7 PM

7.00 **The One Show** Alex Jones and Jermaine Jenas present the topical show. (S)
7.30 **EastEnders** Tommy tries to think of a way to get Kat off his back about the stolen money. (S)(AD)

8 PM

8.00 **Panorama** New edition In-depth current affairs report covering a story behind the headlines. (S)
8.30 **We Are England** New edition Regional current affairs reports. (S)

9 PM

9.00 NEW **Tom Daley's Hell of a Homecoming** The diver takes on an epic challenge for Comic Relief as he rows, cycles, swims and runs his way from London to his home town of Plymouth. *See feature, page 8.* (S)(AD)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Extraordinary Portraits** 3/6. Dale Grimshaw paints a mural of a man who made headlines during the Black Lives Matter demonstrations. (S)(R)
11.05 **The Apprentice** 10/14. The remaining candidates are tasked with creating, branding and selling a new baby food. (S)(R)
12.05 AM **The Wall** A recently engaged couple from Aylesbury play to fund their dream wedding. (S)(R)
12.50 **Killing Eve** 2/8. Villanelle's quest for change does not go to plan, Eve locates Helene, and Carolyn is pushed aside by MI6. (S4) (S)(R)
1.35 **Weather for the Week Ahead** (S)
1.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.45 AM **Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
7.15 **Bargain Hunt** (S)(R)(AD)
8.00 **Sign Zone: Great Coastal Railway Journeys** (S)(R)(AD)
8.30 **Sign Zone: Inside Culture with Shahidha Bari** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Ready Steady Cook** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **Put Your Money Where Your Mouth Is** From Somerset. (S)(R)
3.00 **The Heights** (S1) (S)(R)(AD)
3.30 **Murder, Mystery and My Family** (R)
4.15 **The Real Marigold Hotel** (S)(R)
5.15 **Flog It!** Series highlights. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 NEW SERIES **Lightning** Quiz show hosted by Zoe Lyons. (S)

6.30 Lightning

7.00 **Grand Tours of Scotland's Lochs** Paul Murton travels around the firths of Easter Ross. (S)(R)(AD)
7.30 **Nigella's Cook, Eat, Repeat** 5/6. Nigella makes a caramel custard dessert. (S)(R)(AD)

8.00 **Mastermind** New edition The third semi-final, with specialist subjects including *The X-Files*. (S)
8.30 **University Challenge** New edition The quarter-final matches reach a conclusion. (S)

9.00 **The Real Peaky Blinders** Series finale 2/2. Historian Carl Chinn explores the evolution of the gang from a mass movement interested in territory and fighting into the first organised crime group in Britain. (S)(AD)

10.00 NEW SERIES **Couples Therapy** 1/9. A new batch of couples. (S)
10.25 **Raising Sancho: Natural World** A giant otter cub. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 FILM **Shakespeare in Love** Oscar-winning romantic comedy starring Joseph Fiennes, Gwyneth Paltrow and Geoffrey Rush. (S)(AD) (1998, 15, 120min) ★★★★
1.15 AM **Sign Zone: Countryfile** Matt Baker and Charlotte Smith head to the High Weald. (S)(R)
2.10 **Sign Zone: Mary Berry's Fantastic Feasts** (S)(R)(AD)
3.10 **Sign Zone: Fraud Squad** (S)(R)
4.40 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the experts are in Llandudno, north Wales, where Alison Chapman falls for a silver tea set and ends up paying over the odds, and Mark Stevens buys a bronze pen tray. (S)(R)
3.00 **Lingo** Word-based quiz show presented by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Holding

7.30 **Emmerdale** Billy takes steps to secure his family, and Chloe turns her attention to Jacob. (S)(AD)

8.00 **Coronation Street** Imran begins to suspect that he is the father of Abi's baby, Daisy forms a plan to scupper Nicky's career ambitions, and the Baileys are surprised by a visit from Grace. (S)(AD)

9.00 NEW SERIES **Holding** 1/4. Comedy crime drama starring Conleth Hill and Brenda Fricker. When human remains are found in a sleepy Irish village, Sgt PJ Collins finally has a genuine mystery to solve. *See feature, page 6.* (S1) (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 NEW **Rachael Blackmore: A Grand Year** Documentary looking at the jockey's rise to the pinnacle of horse racing in 2021. (S)
11.45 **All Elite Wrestling: Dynamite** Hard-hitting action from the world of All Elite Wrestling, featuring all of the biggest stars on the roster, including Adam Page, Chris Jericho, CM Punk and Jon Moxley. (S)
1.25 AM **Shop: Ideal World**
3.00 **Loose Women** Celebrity interviews and studio discussion. (S)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** Arcade-themed quiz. (S)(SL)(R)

+1 hour | 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **Countdown** (S)(R)
6.40 **Cheers** 12&13/22. (S1) (S)(R)
7.35 **Everybody Loves Raymond** Triple bill. (S7&8) (S)(R)(AD)
9.00 **Frasier** 3-5/24. (S5) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** From California. (S)(R)
11.25 **News** (S)
11.30 **Coast vs Country** (S)(R)(AD)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition (S)
5.30 NEW SERIES **Fame in the Family** 1/15. Celebrity dinner party game show, with Craig Revel Horwood. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** A mix-up causes heartbreak for Cindy. (S)(AD)

8.00 The Great Cookbook Challenge

7.00 **News** (S)

8.00 **The Great Cookbook Challenge with Jamie Oliver** Series finale 7/7. The chef hosts the grand final of the quest to find the next big name in cookery, with the three contenders cooking a feast of six very different dishes. (S)(AD)

9.00 **Jeremy Kyle: Death on Daytime** Series finale 2/2. Concluding part of the documentary charting the downfall of the show after 14 years, when guest Steve Dymond took his own life after failing a lie detector test on the programme. (S)(AD)

10.15 **Catching a Killer: A Knock at the Door** Following Thames Valley Police's investigation into the murder of Hang Yin Leung, who died after being violently assaulted during a burglary. (S)(R)(AD)
11.45 **Women Who Kill** 2/2. Two so-called black widow killers who murdered for money. (S)(R)(AD)
12.40 AM **Ramsay's Kitchen Nightmares USA** A bistro in the Chicago suburbs. (S)(R)
1.30 **The Great Cookbook Challenge with Jamie Oliver** (S)(SL)(R)(AD)
2.25 **Come Dine with Me** (S)(SL)(R)
3.20 **Hollyoaks Omnibus** (S)(SL)(R)(AD)
5.20 **Bidding Wars** (S)(R)
5.45 **to 6.00** AM **Find It, Fix It, Flog It**

+1 hour | 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Build a New Life in the Country** Lincolnshire. (S)(R)
1.10 **News** (S)
1.15 **Home and Away** (S)(R)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM PREMIERE** **Sinister Stepfather** Thriller starring Anna Marie Dobbins. (S) (2021, PG, 105min) ★★
4.00 **Filthy House SOS** Richard and Brennan help a woman who has not unpacked two years after moving into her flat. (S)(R)
5.00 **News** (S)
6.00 **Neighbours** Reeling from a tragedy, David struggles to contain his guilt when he returns to Erinsborough. (S)(R)(AD)
6.30 **Eggheads** New edition Quiz. (S)

9.00 Police: Night Shift 999

7.00 Police Interceptors Officers chase a car going the wrong way down the M62, a pursuit that ends in three arrests and the seizure of a van full of generators. (S)(R)
7.55 **News** (S)
8.00 Traffic Cops New edition 5/10. A police camera alert is issues for a wanted criminal and after a 130mph pursuit along the M1, officers manage to stop a 20-year-old driver and his passengers. (S)
9.00 Police: Night Shift 999 New edition 5/6. Officers confront a nuisance rider who refuses to go quietly after his electric scooter collided with a car, and police are stretched to the limit dealing with a number of fights. (S)
10.00 Casualty 24/7: Every Second Counts Paramedics rush in a teenager who has suffered major trauma when his car struck a tree. Plus, an 86-year-old man is suffering complications from flu. (S)(R)
11.05 **A&E After Dark** (S)(R)
12.05 AM **30 Inches Tall and Turning 18** Documentary. (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.10 **Dream Kitchens & Bathrooms with Mark Millar** (S)(R)
4.00 **Get Your Tatts Out: Kavos Ink** Documentary. (S)(SL)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Wildlife Rescue New Zealand** Documentary series. (S)(R)(AD)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 13/19. (S6) (S)(R)
11.00 **NCIS: New Orleans** (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **S.W.A.T.** 21/22. (S1) (S)(R)(AD)
3.00 **Modern Family** (S4) (S)(R)
4.00 **Will & Grace** (S4) (S)(R)(AD)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 3/24. Will tries to cure Hilary's cold with medicine. (S)(R) **6.00** 4/24. Carlton suffers a series of job rejections and sinks into depression. (S6) (S)(R)
6.30 **The Simpsons** *Gorillas on the Mast:* Lisa sets Springfield's most vicious animals free. (S)(R)

9.00 The Great Debate

7.00 The Simpsons *Marge the Lumberjill:* Homer is not happy when Marge takes up lumberjacking. (S)(R) **7.30** *Livin La Pura Vida:* Marge becomes obsessed with getting the perfect holiday photograph. (S)(R)
8.00 David Attenborough's Dragons and Damsels The broadcaster looks at dragonflies and damselflies, which have existed since the dinosaurs and whose behaviours are as complex as mammals. (S)(R)(AD)
9.00 The Great Debate New edition Trevor Phillips chairs the weekly discussion programme, tackling the biggest issues as a virtual audience puts questions to leaders and decision-makers.
10.00 Death on the Beach 2/3. Documentary telling the stories of young travellers who have died under mysterious circumstances on the remote backpacking Thai island of Koh Tao. (S)(R)(AD)
11.00 **Last Week Tonight with John Oliver** The comedian takes a satirical look at a range of news and pop culture topics from the previous seven days. (R)
11.40 **The Force: North East** (S)(R)
12.35 AM **Road Wars** (R)
2.00 **Brit Cops: War on Crime** (R)
3.00 **Hawaii Five-0** (S2) (S)(R)
4.00 **S.W.A.T.** 21/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
8.30-9.00pm Loggerheads **10.35** Sportscene **11.05** Sportscene: SWPL Highlights **11.35** Extraordinary Portraits **12.05am** The Apprentice **1.05** Killing Eve **1.50** Weather for the Week Ahead **1.55-6.00am** BBC News

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
8.00pm Beautiful Interiors Northern Ireland **8.30-9.00** Panorama **10.35** Murder in the Badlands **11.35** Extraordinary Portraits **12.05am** The Apprentice **1.05** The Wall **1.55-6.00am** BBC News

WALES
Sky **952**, Virgin **864**, Freesat **964**
8.00pm X-Ray **8.30-9.00** Legends of Welsh Sport: Steve Robinson **10.35** Panorama **11.05** Extraordinary Portraits **11.35** The Apprentice **12.35am** The Wall **1.20** Killing Eve **2.05-6.00am** BBC News

BBC1 North
Sky **956**, Freesat **966**
10.35-11.05 Lambing Life – Our Lives **12.05-12.50am** The Super League Show

BBC1 North East/ Yorkshire & Lincolnshire
Sky **955/957**, Freesat **956/967**
12.05-12.50am The Super League Show

BBC1 North West
Sky **958**, Freesat **955**
10.35-11.05 Finding My Family – Our Lives **12.05-12.50am** The Super League Show

BBC1 East
Sky **101/961**
10.35-11.05pm Life on a High Wire – Our Lives

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm Buachaillí ón Éirne **11.15** NIFL Premiership Highlights **11.45** Couples Therapy **12.10am** Raising Sancho: Natural World **12.20** What We Do in the Shadows **1.10-1.15am** Suzie Lee's Home Cook Heroes

WALES
Sky **971**, Freesat **971**
No variations

ITV

WALES
10.45pm Sharp End **11.15-11.45pm** Fishlock's Choice

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion **12.05pm** Pobl a'u Gerddi **12.30** Heno Aur **1.00** Y Sioe Fwyd **1.30** Gerddi Cymru **2.00** Newyddion **2.05** Prynhawn Da **3.00** Newyddion **3.05** Côr Cymru 2022 **4.00** Awr Fawr **5.00** Stwnsh **6.00** Dau Gi Bach **6.30** Rownd a Rownd S4C **7.00** Heno **7.30** Newyddion **8.00** Cymry ar Gynfas **8.25** Yn y Fan A'r Lle **8.55** Newyddion **9.00** Ffermio **9.30** Sgorio **10.00** Y Gyfrinach **10.30-11.35pm** Llanw

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Laugh Lessons**
7.05 **MasterChef Australia** New edition Chef Gordon Ramsay sets the chefs a Mystery Box challenge using a range of British ingredients.
8.25 **The Catch Up**
8.30 **Meet the Khans: Big in Bolton** Amir gives the Bolton lads a wedding hall tour.
9.00 **NEW SERIES The Drop** 1/8. Young entrepreneurs compete to land a contract with a streetwear retailer.
10.00 **Starstruck** Series finale 6/6. Steve and Sarah's celebrations bring Tom back into Jessie's life. (S2)
10.20 **Rose Matafeo: Horndog** Stand-up comedy show.
11.15 **Life and Death in the Warehouse** (S1)
12.15 AM **Meet the Khans: Big in Bolton**
12.45 **Starstruck**
1.05 **Rose Matafeo: Horndog**
2.00 **My Mate's a Bad Date**
2.25 **Fast and the Farmer-ish**
2.55 **Gassed Up**
3.45 **to 4.00** AM **Zen Motoring**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's World of Steam, Steel and Stone**
7.30 **NEW SERIES Canal Boat Diaries** 1/4. Robbie Cumming begins a journey across the north of England.
8.00 **Britain's Lost Masterpieces** 1/3. A visit to Brighton Museum.
9.00 **The Golden Age of Canals** The changing face of Britain's canals.
10.00 **Ian Hislop's Stiff Upper Lip: An Emotional History of Britain** 1/3. How the British have expressed their feelings throughout history.
11.00 **Imagine: Louise Bourgeois, Spiderwoman**
11.50 **James May's Cars of the People** Documentary.
12.50 AM **Canal Boat Diaries**
1.20 **Fred Dibnah's World of Steam, Steel and Stone**
1.50 **The Golden Age of Canals**
2.50 **to 3.50** AM **Ian Hislop's Stiff Upper Lip: An Emotional History of Britain**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun**
10.35 **Find It, Fix It, Flog It**
12.35 PM **Heir Hunters**
1.35 **Four in a Bed**
4.15 **The Hotel Fixers** New edition Restoring the clubhouse of the Wolfe Tones na Sionna GAA Club in Co Clare.
4.50 **Find It, Fix It, Flog It** Henry Cole and Simon O'Brien find milk churns and an old munitions shell.
5.55 **Car S.O.S** Fuzz and Tim restore a Vauxhall Astra.
6.55 **Escape to the Chateau: DIY** Erin and JB host a 90th birthday party.
7.55 **Devon and Cornwall** 1/8. Life in the two counties in south-west England.
9.00 **Wondrous Wales** New edition The work of conservationists to preserve breeding pairs of ospreys, including one with a nest that was accidentally destroyed with a chainsaw. Plus, the Sea Watch team monitor bottlenose dolphins.
10.00 **24 Hours in A&E** A woman is found to have lost five pints of blood.
11.05 **Emergency Helicopter Medics** A paraglider crashes.
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **24 Hours in A&E**
2.15 **Location, Location, Location** From London.
3.20 **to 3.45** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Big Bang Theory**
11.00 **Young Sheldon**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Young Sheldon**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes, including at: **6.30** 14/23. Sheldon takes a job at a diner to try to revive his creativity. Guest stars Yeardley Smith. (S3)
7.00 **Hollyoaks** Warren throws himself into his fitness.
7.30 **Married at First Sight Australia** New edition Tensions are at an all-time high for Tamara and Brent.
9.00 **The Real Dirty Dancing** New edition 7/8. The celebrities have one last chance to impress and there is a terrifying twist that will truly put the couples' bonds to the test.
10.00 **Naked Attraction** Singletons from Norfolk and London hope to find love.
11.05 **Gogglebox**
12.10 AM **First Dates**
1.15 **Married at First Sight Australia** As 7.30pm.
2.45 **The Real Dirty Dancing**
3.40 **Below Deck: Mediterranean**
4.30 **Ramsay's Kitchen Nightmares USA**
5.20 **to 6.00** AM **Mike & Molly**

+1 hour 235 | 146 | 30 | 123

MONDAY Entertainment

Monday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **Air Ambulance ER**
11.00 **Law & Order** 16/24. (S15)
12.00 NOON **Bull** 2/22. (S2)
1.00 PM **Blue Bloods** (S11)
3.00 **Private Eyes** 11/12. Danica and Kate's wedding is thrown into chaos when a storm traps the wedding guests on a Muskoka island. (S4)
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**.

9.00 9-1-1

7 PM

7.00 **Air Ambulance ER** A boy is knocked down by a car, causing a head injury, and a motorcyclist gets trapped in a ditch.

8 PM

8.00 **Blue Bloods** *Ripple Effect:* 13/22. A medium claims to know what happened to a woman who appears to have killed herself. (S9)

9 PM

9.00 **9-1-1** New episode *Brawl in Cell Block 9-1-1:* 6/18. The 118 get trapped in a riot while responding to a fire at a prison. (S5)

10 PM

10.00 **Law & Order: Special Victims Unit** *Undercover:* 15/19. Benson goes undercover in a prison to investigate a rape. (S9)
11.00 **Law & Order: SVU** (S12)
12.00 M'T **The Rookie** 1/20. (S1)
1.00 AM **The Equalizer** 6/12. (S2)
2.00 **Criminal Minds** 6/10. (S15)
3.00 **Bull** 2/22. (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Urban Secrets**
8.00 **CSI** 6/24. (S6)
9.00 **The Newsroom** 6/9. (S2)
10.05 **The Sopranos** (S3)
12.25 PM **Game of Thrones** (S5)
1.30 **Totti: One Captain** (S1)
3.30 **Ray Donovan** 2/12. Ray unearths a secret. **4.35** 3/12. The family are forced closer together. (S4)
5.40 **The Sopranos** 5/13. Artie Bucco faces up to his feelings. **6.50** 6/13. Meadow's social life at college takes a sudden turn for the worse. (S3)

9.00 Billions

7.55 **Game of Thrones** *The Red Woman:* 1/10. Ramsay sends his dogs after Theon and Sansa, while Ellaria and the Sand Snakes make their move. (S6)

9.00 **Billions** New episode *The Big Ugly:* 8/12. Prince encourages his team to find new investments. (S6)

10.05 **The Night Of** *Subtle Beast:* 2/8. Detective Box finds a way to use Naz's parents to his advantage in the investigation. (S1)
11.10 **Gangs of London** 3/9. (S1)
12.15 AM **Gomorrah** 5/12. (S1)
1.20 **In Treatment** 13/28. (S3)
2.00 **The Gilded Age** New episode 8/9. Peggy reveals the truth about her past. (S1)
3.05 **Babylon Berlin** 7/8. (S1)
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S4)
8.00 **Arrow** 1/22. (S7)
9.00 **DC's Legends of Tomorrow**
10.00 **The Flash** 13/19. (S6)
11.00 **NCIS: New Orleans** (S5)
1.00 PM **Hawaii Five-0** (S2)
2.00 **S.W.A.T.** 21/22. (S1)
3.00 **DC's Legends of Tomorrow**
4.00 **Arrow** 2/22. (S7)
5.00 **The Flash** 13/19. (S6)
6.00 **Stargate SG-1** 4/22. A Jaffa priestess from Teal'c's past brings some unexpected news. (S4)

6.00 Stargate SG-1

7.00 **Stargate SG-1** *Divide and Conquer:* 5/22. Major Graham becomes a victim of Goa'uld mind control. (S4)

8.00 **Freddie Fries Again** Andrew Flintoff and Rob Penn head to the south coast of England, where a snake hunt goes awry.

9.00 **Agatha Raisin** *The Wizard of Evesham – Part One:* 1/6. The sleuth's hairstylist becomes the centre of a maelstrom.

10.00 **Agatha Raisin** *The Wizard of Evesham – Part Two:* 2/6. Agatha digs deeper into her stylist's supposed crimes. (S2)
11.00 **NCIS: New Orleans** 11/16. A dangerous criminal escapes from police custody. (S7)
12.00 M'T **The Force: North East**
1.00 AM **Road Wars**
2.00 **The Blacklist** 11/22. (S8)
3.00 **Hawaii Five-0** 11/23. (S2)
4.00 **S.W.A.T.** 21/22. (S1)
5.00 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Dress to Impress**
7.00 **The Ellen DeGeneres Show**
8.00 **You've Been Framed!**
9.00 **Secret Crush**
10.00 **Dress to Impress**
11.00 **Love Bites**
12.00 NOON **Supermarket Sweep**
1.00 PM **Tipping Point: Lucky Stars**
2.00 **Rolling in It**
3.00 **The Ellen DeGeneres Show** New edition Talk show.
4.00 **The Masked Singer US**
5.00 **You've Been Framed! Gold**
6.00 **Celebrity Catchphrase**

10.00 The Stand Up Sketch Show

7.00 **Superstore** 7/11. The staff are given a chance to win a cash bonus. **7.30** 8/11. Bo makes lavish purchases. (S1)

8.00 **Bob's Burgers** 6/9. Bob kisses Linda's sister. **8.30** 7/9. A food critic gives the restaurant a bad review. (S2)

9.00 **Family Guy** 2/18. Peter is devastated when his parents get divorced. (S5) **9.30** 15/18. Brian goes to obedience classes. (S13)

10.00 **The Stand Up Sketch Show** New edition With Russell Kane, Michael Stranney and Chloe Petts.
10.30 **Family Guy** 22/22. (S3)
11.00 **Family Guy** (S8)
11.30 **American Dad!** (S12)
12.25 AM **Bob's Burgers** (S2)
1.25 **Superstore** (S2&1)
2.20 **Iain Stirling's CelebAbility**
3.00 **Totally Bonkers Guinness World Records**
3.25 **to 3.30** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Man About the House**
9.40 **A Touch of Frost**
11.50 **Heartbeat**
2.00 PM **Classic Emmerdale**
3.00 **Classic Coronation Street**
4.05 **Midsomer Murders** *The Made-to-Measure Murders:* A woman is stabbed to death in a churchyard.
6.00 **Heartbeat** *Nowt But a Prank:* Kate puts her own life at risk to save a dying man.

8.00 Lewis

7.00 **Heartbeat** *Old, New, Borrowed, Blue:* Nick tackles a tidy burglar who insists on clearing up the houses he robs.

8.00 **Lewis** *What Lies Tangled:* A parcel bomb claims the life of genius mathematician Adam Capstone, and as Lewis and Hathaway investigate, suspicion falls on the victim's spurned wife Elizabeth.

10.00 **Law & Order: UK** *Defence:* 3/7. Steel finds himself pitted against a brilliant defence lawyer. With Rupert Graves. (S3)
11.00 **Scott & Bailey** 1/6. The detectives investigate the case of a pregnant woman who was killed in her bedroom. (S1)
12.00 M'T **A Touch of Frost** *Private Lives:* A hit-and-run has devastating repercussions.
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
1.30 PM **Sign Zone: Inside the Zoo** Documentary.
2.30 **Sign Zone: The Mart**
3.00 **Sign Zone: Iain Robertson Rambles**
3.30 **Sign Zone: Grand Tours of Scotland's Lochs**
4.00 **This Is BBC Scotland**
7.00 **Sportscene: SWPL Highlights** The latest action, including Glasgow City v Celtic.
7.30 **The Mart** 4/6. Thainstone plays host to a rare breeds sale.
8.00 **Born to Be Wild** Rescue officer Bob has to deal with a bat caught in a light fitting.
9.00 **The Nine**
10.00 **River City** New episode Lenny puts his plan into action with time running out to find Lydia.
11.00 PM **to 12.00** M'T **Getting Hitched Asian Style**

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Parks and Recreation** (S5)
9.00 **Fresh Prince of Bel Air**
10.00 **The Office (US)** (S8&9)
12.00 NOON **Mindy Project**
1.00 PM **Miracle Workers**
2.00 **A.P. Bio** (S1)
3.00 **Modern Family** (S4)
4.00 **Will & Grace** (S4)
5.00 **The Office (US)** (S9)
5.30 **The Fresh Prince of Bel Air** 3&4/24. (S6)
6.30 **Will & Grace** (S6)
8.00 **Parks and Recreation** 22/22. Tom considers a lucrative offer. (S5) **8.30** 1/22. Leslie goes to London. (S6)
9.00 **Last Week Tonight with John Oliver** New edition
9.45 **Saturday Night Live**
11.00 **Last Week Tonight with John Oliver** Talk show.
11.45 **Real Time with Bill Maher** New edition
1.00 AM **Miracle Workers: Oregon Trail** (S3)
2.00 **Room 104** (S4)
4.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **The South Bank Show Originals**
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Landscape Artist of the Year**
4.00 **Billy Wilder: Nobody's Perfect** Documentary.
5.00 **Tales of the Unexpected**
6.00 **Discovering**
7.00 **André Rieu: Welcome to My World**
8.00 **The Big Design Challenge** Series finale
9.30 **André Rieu: Magic of Maastricht**
10.30 **Cézanne: Portraits of a Life** Documentary.
11.30 **Tate Britain's Great Art Walks**
12.30 AM **The Conductor**
2.30 **I Hate Jane Austen By Giles Coren**
3.25 **Why Do We Dance?**
4.35 **Inside Art**
5.00 **to 6.00** AM **The Art of Architecture**

Pick

159 | 156 | 36 | 144

7.00 AM **America's Front Line**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Highway Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Border Patrol**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S2)
5.00 **Star Trek: The Next Generation** (S3)
6.00 **Quantum Leap** (S5)
7.00 **Hawaii Five-0** (S1)
8.00 **Killer in My Village**
9.00 **The Killer Within**
10.00 **Grimm** 4/22. (S2)
11.00 **Killer Families**
12.00 M'T **Britain's Most Evil Killers** Mark Hobson.
1.00 AM **The Force: Manchester**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Will & Grace**
9.00 **My Wife and Kids**
11.00 **Younger** 1-4/12. (S5)
1.00 PM **Friends** (S5&6)
7.00 **Friends** 7/25. Rachel is embarrassed by Phoebe's jogging. **7.30** 8/25. Ross bleaches his teeth. **8.00** 9/25. Ross and Monica's parents arrive for Thanksgiving. **8.30** 10/25. Joey plans to kiss Janine. (S6)
9.00 **Guessable?** New edition With David Baddiel, Olga Koch, Donna Preston and Ranvir Singh.
10.00 **Impractical Jokers: Inside Jokes** New edition
10.30 **Impractical Jokers**
12.00 M'T **Rhod Gilbert's Growing Pains**
1.00 AM **Ricky Gervais Show**
2.00 **The Alternative Comedy Experience**
3.00 **South Park** (S11)
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **The Real Housewives of Potomac**
1.25 **The Real Housewives of Cheshire** Reality series.
2.25 **The Only Way Is Essex**
3.10 **Little Women: LA**
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Orange County**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched: Most Outrageous Patients**
9.30 **Botched: Most Outrageous Rejects**
10.00 **Botched**
11.00 **Atlanta Plastic**
11.55 **The Only Way Is Essex**
12.40 **to 1.00** AM **Unwind with ITV**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **The Protectors**
6.25 **The Champions**
7.15 **Cadfael**
8.45 **Dempsey and Makepeace**
9.50 **The Champions**
10.55 **Cadfael**
12.40 PM **Minder**
1.45 **Dempsey and Makepeace**
2.45 **The Professionals**
3.50 **Minder**
4.55 **River Monsters**
5.25 FILM **The Man with the Golden Gun** Adventure. (1974, PG, 125min) ★★

5.25 Man with the Golden Gun

FILM The Man with the Golden Gun (film started at 5.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 NEW SERIES **The Great British Treasure Hunt** 1/5. Henry Cole takes five teams of metal detectorists to Ardington House.

9.00 **Against the Odds** New edition The story of racehorse Desert Orchid, who captivated the world of racing and beyond.

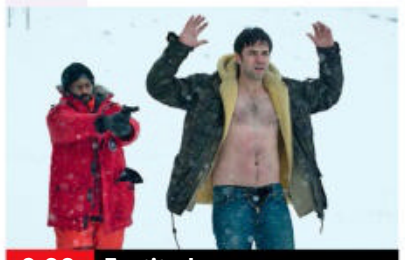
10.00 FILM **Death Wish II** Action thriller sequel starring Charles Bronson. (1981, 18, 93min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.55 **Auto Mundial** McLaren's latest convertible track car and the Mercedes EQE.
12.25 AM **Motorsport Mundial** Behind-the-scenes footage.
12.55 **The Professionals**
2.00 **Minder**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Quantum Leap** (S2)
7.00 **Star Trek: Enterprise** (S4)
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **The Librarians** 3/10. (S2)
2.00 **V** 3/19. (S3)
3.00 **Fringe** 5/22. (S4)
4.00 **Stargate Atlantis** (S3)
5.00 **Stargate SG-1** 7/22. (S3)
6.00 **Star Trek: Enterprise** *Borderland:* 4/22. Part one of three. Enhanced humans hijack a Klingon ship. (S4)


9.00 Fortitude

7.00 **Quantum Leap** *Blind Faith:* 5/22. Sam materialises as a blind pianist and must stop his assistant's murder. (S2)

8.00 **Fringe** *Novation:* 5/22. The translucent shapeshifters return. Elsewhere, Nina visits Walter in the lab. (S4)

9.00 **Fortitude** 2/11. Sheriff Anderssen shuts his rival out of the investigation, so Morton proceeds with his own inquiries. (S1)

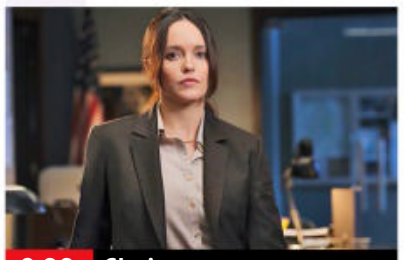
10.00 **Fortitude** 3/11. Dan and Frank search for a suspect, but the sheriff's feelings for Elena threaten to overwhelm him. (S1)
11.00 FILM **Speed Kills** Adventure starring John Travolta. (2018, 15, 102min) ★★
1.00 AM **Stargate SG-1** (S3)
2.00 **Stargate Atlantis** 12/20. (S3)
3.00 **Star Trek: Enterprise** (S4)
4.00 **Star Trek: Voyager** (S2)
5.00 **to 6.00** AM **Fringe**

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries** (S13)
9.00 **Unforgettable** 1/13. (S2)
10.00 **Major Crimes** 17/19. (S3)
11.00 **Rizzoli & Isles** 6/16. (S4)
12.00 NOON **Hudson & Rex** (S3)
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S9)
4.00 **Unforgettable** 2/13. (S2)
5.00 **Major Crimes** 18/19. (S3)
6.00 **Hudson & Rex** 14/16. After Jesse's close friend vanishes, Charlie and Rex discover the man was living two separate lives. (S3)


9.00 Clarice

7.00 **Rizzoli & Isles** *Somebody's Watching Me:* 6/16. The squad investigate a murder involving a conspiracy theorist. (S4)

8.00 **Death in Paradise** *Dark Memories:* 7/8. Someone from JP's past is caught red-handed at a murder scene. (S7)

9.00 **Clarice** New episode *Father Time:* 12/13. Clarice punches another agent in anger, then turns in her badge and gun. (S1)

10.00 **Traces** 4/6. Two suspects derail the investigation as McKinven and Sarah become consumed by their feelings. (S2)
11.00 **Rizzoli & Isles** 8/13. Jane goes undercover in prison to befriend a possible witness to a double murder. (S7)
12.00 M'T **Why Women Kill** (S2)
1.00 AM **Evil** 11/13. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.35 AM **Highlights**
8.50 **Hi-de-Hi!**
9.30 **Last of the Summer Wine**
10.50 **The Green Green Grass**
11.30 **The Cockfields**
12.50 PM **Chef!**
1.25 **Hi-de-Hi!**
2.05 **Desmond's**
2.40 **The Green Green Grass**
3.20 **Dad's Army**
4.00 **Last of the Summer Wine**
5.20 **Hi-de-Hi!**
6.00 **Desmond's**
6.35 **The Cockfields**

6.35 The Cockfields

7.20 **The Cockfields** Simon and Esther decide to keep their news a secret from his parents.

8.00 **Dad's Army** Jones decides to make an honest woman of Mrs Fox. **8.40** The older members of the platoon try to look younger to avoid being made air-raid wardens.
9.20 **Fawlty Towers** Sybil walks out on Basil on their wedding anniversary.

10.00 **Men Behaving Badly** Gary makes a drunken proposal to Dorothy.
10.40 **Not Going Out** A stranger wanders into Lucy's flat.
11.20 **Peep Show** Jeremy organises a magic mushroom party.
11.55 **Peep Show**
12.30 AM **French and Saunders**
1.10 **Chef!**
1.50 **Men Behaving Badly**
2.35 **Not Going Out**
3.05 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.10 AM **Highlights**
10.00 **Top Gear**
11.00 **World's Most Dangerous Roads** The Dalton Highway.
12.00 NOON **Top Gear**
1.00 PM **Border Force: America's Gatekeepers**
2.00 **World's Most Dangerous Roads** A drive through Nepal.
3.00 **Rick Stein: From Venice to Istanbul** Greek Peloponnese.
4.00 **Red Bull Soapbox Race**
5.00 **Rick Stein's Road to Mexico**
6.00 **Taskmaster** With Phil Wang.

6.00 Taskmaster

7.00 **Richard Osman's House of Games** Contestants include Samira Ahmed.
7.40 **Room 101** With Heston Blumenthal, Kirsty Wark and James Acaster.
8.20 **Would I Lie to You?** With Fern Britton, Reginald D Hunter, Ken Livingstone and Stephen Mangan.

9.00 **QI XL** Chris McCausland, Justin Moorhouse and Holly Walsh join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **Have I Got a Bit More News for You** Adil Ray hosts the satirical quiz, with Nicky Morgan and Kiri Pritchard-McLean.
11.00 **Mel Giedroyc: Unforgivable**
12.00 M'T **Hypothetical**
12.40 AM **QI**
1.20 **Would I Lie to You?**
2.00 **Live at the Apollo**
2.45 **to 4.00** AM **The 'Christmas' Misadventures of Romesh Ranganathan**

+1 hour 211 131 25

Monday

7 PM
8 PM
9 PM
10 PM

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 FILM **Power and Beauty** Biopic. (2002, 15, 90min) ★★
11.50 **GREAT! Movie News**
12.00 NOON **Sue Thomas: F.B.Eye** 9/19. (S3)
1.00 PM **Perception** (S2)
2.00 **Body of Proof** 7/9. (S1)
3.00 **Castle** 8/22. (S8)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 13/26. Father Mulcahy is forced to play the black market. **8.30** 14/26. Father Mulcahy proves his heroism. (S7)
9.00 **Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H** (S7)
3.00 **Hart to Hart** (S2)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** From the Wirral.
10.30 **A New Life in the Sun: Where Are They Now?**
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun**
7.00 **A Place in the Sun** Jasmine Harman helps a couple who want to move to the Central Loire Valley in France.
8.00 **George Clarke's Amazing Spaces** George Clarke and Will Hardie build their own observatory.
9.00 **Gogglebox** Double bill.
11.05 **Naked Attraction**
12.10 AM **Jeremy Kyle Show: Death on Daytime**
1.30 **Moors Murders: The Trial** Documentary.
2.35 **Women Who Kill**
3.40 **to 4.40** AM **Michael Mosley: Who Made Britain Fat?**

5USA

141 141 153 21 129

9.00 AM **NCIS** 1-3/24. (S7)
11.55 **Entertainment News**
12.00 NOON **Law & Order**
2.55 PM **Entertainment News**
3.00 **Law & Order** (S17)
6.00 **NCIS** *Double Identity:* 17/24. The team make a surprising discovery. **7.00** *Jurisdiction:* 18/24. The agents team up with the coast guard. **8.00** *Guilty Pleasure:* 19/24. Guest stars Dina Meyer. (S7) **9.00** *Gut Punch:* 11/18. Vance assigns McGee, Torres and Bishop to COVID compliance duties. (S18)
10.00 **Law & Order: Special Victims Unit** *Flight:* 15/24. A model claims she was raped. (S12)
10.55 **Law & Order: Special Victims Unit** (S12)
1.50 AM **Private Eyes** (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Last Man Standing**
8.20 **Shoplifters & Scammers...**
9.10 **Filthy House SOS**
10.10 **Judge Judy**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **Caught on Camera: Funniest Moments**
8.00 **Nick Knowles' Better Homes**
9.00 **Skin A&E** New edition
10.00 **Adults Only: Kinky for Cash** Documentary.
11.00 **Adults Only: Sex Dolls Delight** Documentary.
12.00 M'T **Call the Bailiffs: Time to Pay Up**
1.00 AM **Million Pound Motorhomes**
2.00 **Tattoo Disasters UK**
3.05 **Judge Judy**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.15 AM **MasterChef Australia** A challenge at a Perth restaurant.
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **MasterChef Canada** New edition The cooks are asked to elevate a favourite dish from their teenage years.
8.00 **Cops on the Rock** The drug squad arrest three men for dealing coke.
9.00 **Jo Frost: Nanny on Tour**
10.00 **The Undateables**
11.00 **Cops on the Rock**
12.00 M'T **999 Rescue Squad**
1.00 AM **The Shift: Women on the Force**
2.00 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 190

Drama

143 130 20 158

7.00 AM **Brush Strokes**
7.40 **Where the Heart Is**
8.35 **The Bill**
9.35 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Hetty Wainthropp Investigates**
3.20 **Lovejoy**
4.20 **Peak Practice**
5.20 **Brush Strokes**
6.00 **Are You Being Served?**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Inspector George Gently** *Blue for Bluebird:* The duo investigate a death in a holiday camp.
10.00 **New Tricks** *Ducking and Diving:* The team reopen a murder case from 17 years previously.
11.20 **Silent Witness**
1.20 AM **Kavanagh QC**
2.50 **to 4.00** AM **Monarch of the Glen**

+1 hour 243 226 74

MONDAY

Documentaries

CBS Drama
147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 19/22. (S5)
12.00 NOON **Medium** (S3)
1.00 PM **JAG** 17&18/25. (S5)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Joe Day Afternoon:* 17/22. Joe is taken hostage at work, leaving Allison and Ariel plagued by a sense of dread as police try to bring the crisis to a speedy end. (S3)
10.00 **Unsolved Mysteries** The murder of Martin Luther King, and a police officer describes his encounter with aliens. **11.00** Researchers who claim to have found Noah's Ark.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **Something's Killing Me**
4.55 **to 6.00** AM **Matlock**

CBS Justice
148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 24&25/26. (S5)
3.00 **CSI: Miami** 4/24. (S3)
4.00 **NCIS** 3/24. (S10)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger** 2&3/25. (S7)
9.00 **CSI: Miami** *Murder in a Flash:* 4/24. Horatio and the team link a schoolmaster's daughter to the murder of a student. (S3)
10.00 **NCIS** *Phoenix:* 3/24. Ducky reopens a 12-year-old case while on medical leave. (S10)
11.00 **Diagnosis Murder**
1.00 AM **Walker, Texas Ranger** 2&3/25. (S7)
2.55 **JAG** 12/15. (S2)
3.55 **Click for Murder**
4.45 **to 6.00** AM **Medical Detectives**

Challenge
160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **The Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Blankety Blank**
5.00 **Bullseye** Double bill of the dart-based quiz.
6.00 **Tenable** A pub quiz team answer questions about top 10 lists.
7.00 **Pointless Celebrities** Alexander Armstrong and Richard Osman host a celebrity version of the quiz show seeking the most obscure answers to general knowledge questions.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Who Wants to Be a Millionaire?** Quiz show.
11.00 **Bullseye** Double bill of the dart-based quiz.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!
151 151 835 164 163

7.00 AM **Kourtney and Khloé Take Miami**
8.00 **Keeping Up with the Kardashians**
10.00 **Relatively Famous: Ranch Rules**
11.00 **Total Bellas**
12.00 NOON **Keeping Up with the Kardashians**
7.00 PM **Botched** A former reality TV star seeks a breast reduction. **8.00** A woman who almost died from a nightmarish tummy tuck.
9.00 **Hollywood Medium with Tyler Henry** The medium shares his supernatural gift.
10.00 **Botched** A couple on the brink of divorce.
11.00 **Relatively Famous: Ranch Rules**
12.00 M'T **Total Bellas**
1.00 AM **Kourtney and Khloé Take Miami**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Rich Kids of Beverly Hills**

Sky Documentaries
121 121 819 278 277 352 367

6.00 AM **The Ibiza Affair: Uncovered**
8.00 **Urban Secrets**
9.00 **Discovering: Tom Hanks**
10.00 **The Directors**
11.00 **The Story of Late Night**
12.00 NOON **The Eighties**
1.00 PM **JFK: Destiny Betrayed** As 8pm.
2.00 **Hawking: Can You Hear Me?** As 10.40pm.
4.00 **Discovering: Tom Hanks**
5.00 **The Directors**
6.00 **The Story of Late Night**
7.00 **The Eighties** A look at the evolution of TV.
8.00 **JFK: Destiny Betrayed** 1/4. Oliver Stone's documentary.
9.00 **McLaren** Documentary.
10.40 **Hawking: Can You Hear Me?** The life of Stephen Hawking.
12.40 AM **I Am Evidence**
2.20 **The Wolfpack**
4.05 **Discovering: Tom Hanks**
5.00 **to 6.00** AM **Urban Secrets**

Sky Nature
124 124 822 280 279 354 369

6.00 AM **Volcanic Odysseys**
7.00 **Monkey Life**
8.00 **Wildlife Rescue New...**
9.00 **Undiscovered Vistas**
10.00 **Waterworld Africa**
11.00 **Animal Empires**
12.00 NOON **Hope for...**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue New Zealand**
3.00 **Undiscovered Vistas**
4.00 **Waterworld Africa**
5.00 **Animal Empires**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **David Attenborough's Dragons and Damsels**
9.00 **Wild Rockies**
10.00 **Animal Empires**
11.00 **Hope for Wildlife**
12.00 M'T **Secret Life of the Wombat**
1.00 AM **Lemur Island**
2.00 **David Attenborough's...**
3.00 **Wild Rockies**
4.00 **Wildlife Rescue New...**
5.00 **to 6.00** AM **Undiscovered Vistas**

HGTV
158 286 44 166

7.00 AM **Homes Under the Hammer** From Derby.
8.00 **Fantasy Homes by the Sea** A home in Italy.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer Upper**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **DIY SOS**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **The Great Interior Design Challenge**
9.00 **My Mortgage Free Home** New edition
10.00 **No Demo Reno** New edition
11.00 **Fixer Upper**
12.00 M'T **Escape to the...**
1.00 AM **DIY SOS**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **Mexico Life**
+1 hour 258 290

Food Network
140 285 43 148

6.00 AM **Highlights**
8.00 **Guy's Grocery Games** New edition
9.00 **Bikers' Best of British**
10.00 **French Country Cooking**
11.00 **Nigel's Simple Suppers**
12.00 NOON **Great British...**
1.00 PM **Friday Night Feast**
2.00 **James Martin's United Cakes of America**
3.00 **Rachel Allen: Bake!**
4.00 **River Cottage**
5.00 **The Pioneer Woman** New edition
5.30 **Delicious Miss Brown** New edition
6.00 **Barefoot Contessa** New edition
6.30 **Girl Meets Farm** New edition
7.00 **Great British Bake Off**
8.00 **Bikers' Best of British**
9.00 **Tom's American Feast**
10.00 **French Country Cooking**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery...**
1.00 **to 3.00** AM **Highlights**
+1 hour 240 149

DMAX
172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Treehouse Masters**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Life Below Zero**
12.00 NOON **Ice Lake Rebels**
1.00 PM **Edge of Alaska**
2.00 **Lone Star Law**
3.00 **Helicopter ER**
4.00 **Disasters at Sea**
5.00 **Alaskan Bush People**
6.00 **Outback Truckers**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **UFOs: Lost Evidence**
10.00 **Nasa's Unexplained Files** Mercury's surface.
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid**
2.00 **Kindig Customs**
3.00 **Born Survivor**
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**
+1 hour 272 214 151

5Action
150 187 150 33 132

9.00 AM **Criminals: Caught on Camera**
9.25 **Traffic Cops**
11.25 **I Survived a Sinkhole**
12.25 PM **FILM Chief Crazy Horse** Western. (1955, PG, 88min) ★★
2.10 **FILM Apache** Western. (1954, U, 91min) ★★★
4.00 **Sinkholes**
5.00 **Traffic Cops**
7.00 **Police Interceptors** Kev pepper-sprays a suspect resisting arrest.
8.00 **Trucking Hell** A 38-ton mail lorry crashes on a London street.
9.00 **FILM We Were Soldiers** Fact-based war drama starring Mel Gibson. (2002, 15, 137min) ★★★
11.50 **FILM The Rookie** Thriller starring Clint Eastwood. (1990, 18, 116min) ★
2.10 AM **Fights, Camera, Action!** Double bill.
4.00 **Outrageous Stunts**
4.50 **to 5.00** AM **Entertainment News**

Sky Crime
122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **Caught Red Handed**
8.30 **999 Frontline**
9.00 **Nothing to Declare**
10.00 **Brit Cops**
11.00 **Road Wars**
12.00 NOON **When Life Means Life**
1.00 PM **Britain's Most Evil...**
2.00 **How I Caught the Killer**
3.00 **World's Most Evil Killers**
4.00 **Killer in My Village**
5.00 **Killer Families**
6.00 **World's Most Evil Killers**
7.00 **How I Caught the Killer**
8.00 **Britain's Most Evil Killers** Philip Austin.
9.00 **The Real Manhunter**
10.00 **Death on the Beach**
11.00 **Britain's Most Evil...**
12.00 M'T **World's Most Evil...**
1.00 AM **Inside the Mind of a Serial Killer**
2.35 **How I Caught the Killer**
3.30 **Brit Cops**
4.30 **to 6.00** AM **Motorway Patrol**
+1 hour 222 207

CBS Reality
146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** The hunt for a rapist. **7.30** A family contract deadly illnesses.
8.00 **Written In Blood** Mason Cross invites Simon Toyne to Glasgow.
9.00 **Murder By the Sea** The case of a killer whose violent fantasies lead him to pray on vulnerable people.
10.00 **Cold Justice** Investigating a cold-blooded killing in Texas.
11.00 **Fatal Vows**
12.00 M'T **The Mind of a Murderer** The crimes of Matthew Cushing.
1.00 AM **Murder By the Sea**
2.00 **Cold Justice**
3.00 **Written In Blood**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Celebrity Damage Control**
+1 hour 246 201 136

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Italy.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A wine bottle.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Phoenix**
4.00 **Pit Bulls & Parolees**
5.00 **Ambulance**
6.00 **The Yorkshire Auction House** Angus Ashworth and his team perform house clearances.
7.00 **Antiques Road Trip**
9.00 **Dales for Sale** People looking for homes in the Yorkshire Dales.
10.00 **The Repair Shop** The restoration of a grandfather clock. **10.30** A rocking chair.
11.00 **Ghost Adventures**
1.00 AM **Kindred Spirits**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Phoenix**

Blaze
164 216 64 162

6.00 AM **Hardcore Pawn**
7.25 **The Liquidator**
7.55 **American Restoration**
8.25 **Ancient Aliens**
10.20 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
3.30 **The Liquidator**
4.00 **Ancient Aliens**
6.00 **The Curse of Oak Island**
7.00 **Dickinson's Real Deal**
9.00 **The Curse of Oak Island**
10.00 **Cities of the Underworld** The fall of the Hittite empire.
11.00 **Ancient X Files** Mystifying ancient artefacts and creatures.
12.00 M'T **The Liquidator**
12.30 AM **Storage Wars**
1.00 **Storage Wars Canada**
2.00 **Mountain Men**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**
+1 hour 81

TLC
133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Extreme Cheapskates**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Good Bones**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **Germophobia**
6.00 **Love After Lock Up**
7.00 **I am Shauna Rae** New edition
8.00 **NEW SERIES Doubling Down with the Derricos**
9.00 **Sister Wives**
10.00 **Temptation Island** New edition
11.00 **Seeking Sister Wife**
12.00 M'T **Doubling Down with the Derricos**
1.00 AM **Sister Wives**
2.00 **Temptation Island**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**
+1 hour 233 172

5SELECT
153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Documentary.
10.00 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **The Yorkshire Vet**
7.00 **The Highland Vet**
9.00 **The Highland Midwife** Morven faces some difficult decisions when a patient is in labour for 30 hours.
10.00 **Walking Britain's Lost Railways** Rob Bell follows the former Plymouth-to-Exeter line across Dartmoor. **11.00** Rob revisits decommissioned railway lines in the Lake District.
12.00 M'T **Secret History of WW2** Triple bill.
3.00 AM **Walking Tudor England** The Midlands.
3.50 **to 4.00** AM **Entertainment News**

Quest
144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Jimmy's Dream Builds on Wheels**
8.00 **The Repair Shop**
9.00 **Combat Dealers**
10.00 **Chasing Classic Cars**
11.00 **Fantomworks**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **The Repair Shop**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Outback Opal Hunters** New edition
10.00 **Hunting Atlantis** New edition
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Arctic Ice Railroad**
2.00 **Iron Resurrection**
3.00 **Fantomworks**
4.00 **to 6.00** AM **Highlights**
+1 hour 244 213 70 168

Quest Red
149 170 40 169

6.00 AM **Say Yes... UK**
7.00 **Say Yes... Atlanta**
8.00 **My Cat from Hell**
9.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Perfect Murder**
2.00 **Disappeared**
3.00 **Evil Online**
4.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr. Pimple Popper: Pop Ups** A back lump.
9.00 **World's Tiniest Brothers: Body Bizarre**
10.00 **Emergency**
11.00 **Deadliest Kids**
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Philadelphia**
4.40 **Guardians of Rescue**
5.30 **to 6.00** AM **Say Yes to the Dress**
+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Gold Rush: White Water**
3.00 **Rise of the Machines**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers** A rare 1976 Mercury Capri MK2.
6.00 **Fast N' Loud** The team face one of their biggest challenges.

10.00 Texas Metal

7.00 **Outback Truckers** As bush fires threaten his local community, Mick volunteers to help others in need of supplies.
8.00 **Iron Resurrection** Joe and his team scour Texas for unpolished mechanical gems and restore them to their best.
9.00 **Wheeler Dealers** Elvis convinces Mike to buy a bargain VW Golf convertible – but its bright colour is divisive.
10.00 **Texas Metal** New edition Bill and the guys begin to customise John Cena's small 1969 MGC to be a perfect fit.
11.00 **Combat Dealers** Artefacts from the fall of Berlin.
12.00 M'T **Wheeler Dealers**
1.00 AM **Texas Metal**
2.00 **Moonshiners**
3.00 **Wheeler Dealers**
4.00 **Fast N' Loud**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Dogs 101: Specials**
10.00 **Animal Precinct**
11.00 **Extinct or Alive**
12.00 NOON **Saved By the Barn**
1.00 PM **Scaled**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **Bad Dog!** A cat burglar that steals fish from the freezer.
5.00 **Animal Precinct** An example of cruelty to live poultry.
6.00 **Edge of Alaska** The future of the town lies in the balance.

5.00 Animal Precinct

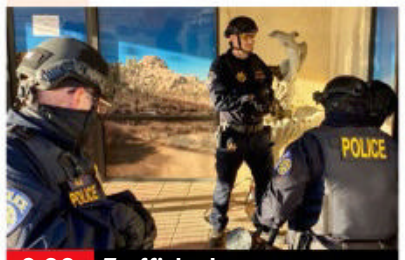
7.00 **How Do Animals Do That?** Exploring the life of the hagfish. **7.30** What a dog is saying when it wags its tail.
8.00 **Coyote Peterson: Brave the Wild** The Sydney funnel web spider. **8.30** Australia's more adorable creatures.
9.00 **Alaska: Homestead Rescue** In Northern California, the Raneys give a masterclass on rebuilding from scratch.
10.00 **I Was Prey** A woman is attacked by a shark on a diving trip and her husband and friends must race to save her.
11.00 **Treehouse Masters** A bear observation treehouse.
12.00 M'T **Finding Bigfoot** The team heads to a hotspot for supposed sasquatch activity.
1.00 AM **How Do Animals Do That?**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **to 5.00** AM **Bad Dog!**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Lost Treasures of Egypt**
9.00 **Time Scanners**
10.00 **Ancient X Files**
11.00 **Plane Wreck: Draining the Ocean** The case of Malaysia Airlines Flight 370.
12.00 NOON **Hitler Youth**
1.00 PM **World War II: The Apocalypse** Slave labour in Nazi-occupied France.
2.00 **Nazi Megastructures**
3.00 **Air Crash Investigation**
5.00 **To Catch a Smuggler**
6.00 **Car S.O.S** Tim and Fuzz take on a 1988 Fiat Uno Turbo.



9.00 Trafficked

7.00 **Car S.O.S** Tim Shaw and Fuzz Townshend work on a 1924 Austin 7 Chummy that doesn't belong to its owner.
8.00 **Air Crash Investigation** Series finale The death of basketball star Kobe Bryant in a helicopter crash in Los Angeles.
9.00 **Trafficked with Mariana Van Zeller** New edition The reporter investigates outlaw motorcycle gangs known as 1% clubs.
10.00 **America's Hardest Prisons** Life behind the bars of some of America's maximum-security prisons.
11.00 **Air Crash Investigation** An aeroplane that slammed into a hillside in Canada.
12.00 M'T **Alaska: The Next Generation**
1.00 AM **Ice Road Rescue: Highway Havoc!**
2.00 **Lawless Island**
3.00 **to 5.00** AM **Drain the Oceans**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **The UnXplained with William Shatner**
8.00 **Pawn Stars**
9.00 **American Pickers**
11.00 **Winston Churchill's War**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire Armed Forces Tournament**
2.00 **American Pickers**
4.00 **The UnXplained with William Shatner**
6.00 **Pawn Stars** A jacket from the set of movie *Pulp Fiction*. **6.30** A guitar pedal used by Nirvana's Kurt Cobain.

10.00 Lost Cities of the Trojans

7.00 **Forged in Fire Armed Forces Tournament** Four airmen from the US Air Force are tasked with forging a bolo knife.
8.00 **American Pickers** New edition The Wolfes visit a home that was custom-built around a Texas-size collection.
9.00 NEW SERIES **Curse of the Ancients** Exploring the notion that man's ancestors believed they were cursed.
10.00 NEW SERIES **Lost Cities of the Trojans** New evidence uncovered in Turkey that may reveal more about the Trojans.
11.00 **Ancient Discoveries**
12.00 M'T **Craig Charles: UFO Conspiracies**
1.00 AM **American Pickers**
2.00 **Forged in Fire Armed Forces Tournament**
3.00 **Ancient Discoveries**
4.00 **River Hunters**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Antiques Roadshow**
8.00 **Forbidden History**
9.00 **Abandoned Engineering**
11.00 **Great Continental Railway Journeys** Bordeaux to Bilbao.
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Abandoned Engineering**
4.00 **The Buildings That Fought Hitler** Pill boxes.
5.00 **World War Weird**
6.00 **Himalaya with Michael Palin** The adventurer journeys into China, where he meets Mosuo singer Namu.

9.00 Smoke & Steel

7.00 **Great British Railway Journeys** Michael Portillo visits Canterbury. **7.30** A tidal defence barrier in Peterborough.
8.00 **Underground Worlds** New edition Exploring caves in Italy built by the Etruscans long before the Roman Empire.
9.00 **Smoke & Steel** New edition Examining how a mountain railway in New Hampshire inspired its passengers.
10.00 **Bangers and Cash** A widow reluctantly parts with her husband's collection of Rolls-Royces and Bentleys.
11.00 **Bangers and Cash** Derek dives into the lost Jowett marque, as a Bradford-built 1952 Javelin finds an unexpected home.
12.00 M'T **Abandoned Engineering** Exploring a fairy-tale castle.
1.00 **to 3.00** AM **Antiques Roadshow**

+1 hour 255 200 75

7 PM **8 PM** **9 PM** **10 PM**

Disc. History

177 257

6.00 AM **Wings of War**
7.00 **Codes and Conspiracies**
8.00 **Devonport: Inside the Royal Navy**
9.00 **NASA's Unexplained...**
10.00 **Mighty Ships**
11.00 **Codes and Conspiracies**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Wings of War**
3.00 **Blowing Up History**
4.00 **Mysteries at the...**
5.00 **Devonport: Inside the Royal Navy**
6.00 **Killers of the Cosmos**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **UFOs: Lost Evidence**
10.00 **NASA's Unexplained...**
11.00 **Edge of War**
12.00 M'T **Combat Dealers**
2.00 AM **NASA's Unexplained Files**
3.00 **Edge of War**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Frontier Borneo**
10.00 **Echo – An...**
11.00 **Earth: The Nature...**
12.00 NOON **Empire of the Desert Ants**
1.00 PM **Gordon Buchanan...**
2.00 **Frontier Borneo**
3.00 **Echo – An...**
4.00 **The Ganges with Sue Perkins**
5.00 **Earth: The Nature of Our Planet**
6.00 **Echo – An Unforgettable Elephant: Natural World**
7.00 **Gordon Buchanan: Elephant Family & Me**
8.00 **Frontier Borneo**
9.00 **The Ganges with Sue...**
10.00 **Gordon Buchanan...**
11.00 **Echo – An...**
12.00 M'T **Earth: The Nature...**
1.00 AM **It's a Wild Christmas**
2.00 **Life in the Great Wetlands**
3.50 **Bahama Blue**
4.40 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Cesar Millan: Better Human Better Dog**
9.00 **Yukon Vet**
10.00 **Exotic Animal ER**
11.00 **Bizarre Animal Friends**
12.00 NOON **Snakes in the City** A black mamba.
1.00 PM **Secrets of Wild India: Kings of the...**
2.00 **Wild China: Giant Pandas** Documentary.
3.00 **Wild Japan**
4.00 **Komodo Dragons**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Animal Fight Club**
8.00 **Dinner with Big Cats**
9.00 **Eternal Enemies: Lions and Hyenas**
10.00 **World's Deadliest**
11.00 **Caught in the Act**
12.00 M'T **Swamp Men**
1.00 AM **Animals Gone Wild**
2.00 **Bizarre Animal Friends**
3.00 **Snakes in the City**
4.00 **to 5.00** AM **Secrets of Wild India: Kings of the Jungle**

Sky History 2

163 163 840 272

8.00 AM **Lost Worlds**
9.00 **Mythical Beasts**
10.00 **The Colour of War**
11.00 **Dogfights**
12.00 NOON **Ancient Aliens**
3.00 PM **Mythical Beasts**
4.00 **Hitler's War**
5.00 **Combat Machines**
6.00 **Deep Sea Detectives**
7.00 **Top Secret UFO Projects Declassified**
8.00 **Shaun Ryder on UFOs** Shaun meets a man who claims aliens cured his cancer.
9.00 **UFOs Declassified** Silvery objects above Los Angeles in 1942. **10.00** Objects spotted above military bases during the Cold War.
11.00 **Ancient Aliens**
1.00 AM **Deep Sea Detectives**
2.00 **UFOs Declassified**
4.00 **Shaun Ryder on UFOs**
5.00 **to 6.00** AM **Top Secret UFO Projects Declassified**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.35 **Hitler's Secret Weapon Manager**
9.40 **Hitler's Circle of Evil**
10.50 NEW SERIES **Plane Crash Recreated** Aviation disasters.
11.55 **Born in the Wild: Elephants**
1.00 PM **The Silk Road**
2.15 **Hitler's Secret Weapon Manager**
3.30 **Hitler's Circle of Evil**
4.35 **Plane Crash Recreated**
5.40 **Beautiful Serengeti**
6.15 **The Silk Road**
7.30 **Hitler's Secret Weapon Manager**
8.40 **Hitler's Circle of Evil**
9.55 **Plane Crash Recreated**
11.00 **The Silk Road**
12.20 AM **Hitler's Secret Weapon Manager**
1.35 **Hitler's Circle of Evil**
2.35 **Plane Crash Recreated**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 837 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **Killer in Plain Sight**
12.00 NOON **Homicide Hunter**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** Stephen Wright.
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Meet, Marry, Murder**
9.00 **Killer Britain with Dermot Murnaghan** New edition
10.00 **Murdertown**
11.00 **Court Cam**
12.00 M'T **Snapped**
1.00 AM **Killer Britain with Dermot Murnaghan**
2.00 **Nightmare in Suburbia**
3.00 **Unusual Suspects**
4.00 **On the Case with...**
5.00 **to 6.00** AM **Snapped**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

MONDAY Films

Monday

Sky Cinema Premiere

301 301 848 401 501 515

7.35 AM **Sky Cinema Preview**
8.00 **Pil's Adventures** As 5.45am.
9.50 **North Hollywood** As 6.10pm.
11.40 **Fast & Furious 9** As 8.00pm.
2.15 PM **The World to Come** Drama starring Katherine Waterston. (2020, 15, 105min) ★★★★
4.15 **Old Henry** Western thriller starring Tim Blake Nelson. (2021, 15, 99min) ★★★★
6.10 **North Hollywood** Comedy drama with Ryder McLaughlin. (2021, 15, 93min) ★★★

4.15 Old Henry

8 PM

8.00 **Fast & Furious 9** Action sequel starring Vin Diesel, Jordana Brewster, John Cena and Jordana Brewster. The crew must take on an international terrorist, who turns out to be Dom and Mia's estranged brother. (2021, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.30 **Malignant** Horror thriller starring Annabelle Wallis. A woman is paralysed by shocking visions of grisly murders. (2021, 18, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.25 AM **Old Henry** As 4.15pm.
2.10 **Malignant** As 10.30pm.
4.05 **The Desperate Hour** Thriller starring Naomi Watts. (2021, 12, 84min) ★★★★
5.45 **to 7.35** AM **Pil's Adventures** Animation. (2021, U) ★★

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.55 AM **To the Stars** As 4.10am.
8.50 **The Craft: Legacy** As 4.10pm.
10.30 **The Witches** Fantasy remake. (2020, PG, 106min) ★★★
12.20 PM **Ted** As shown at 10.30pm.
2.10 **Ted 2** As shown at 12.20am.
4.10 **The Craft: Legacy** Horror. (2020, 15, 97min) ★★★★
5.50 **The Matrix Revolutions** Sci-fi action thriller starring Keanu Reeves, Laurence Fishburne and Carrie-Anne Moss. (2003, 15, 129min) ★★★

10.30 Ted

8.00 **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. With Ken Watanabe and Joseph Gordon-Levitt. (2010, 12, 149min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Ted** Offbeat buddy comedy starring Mark Wahlberg and Mila Kunis, and featuring the voice of Seth MacFarlane. (2012, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Ted 2** Comedy sequel. (2015, 15, 112min) ★★★
2.25 **Save Yourselves!** Sci-fi comedy starring Sunita Mani. (2020, 15, 93min) ★★★
4.10 **to 6.10** AM **To the Stars** Drama starring Kara Hayward. (2019, 12, 109min) ★★★

Sky Cinema Family

306 306 850 406 506 520

7.00 AM **Daphne & Velma** (2018)
8.30 **Aliens Stole My Body** (2020)
10.15 **Arthur and the Great Adventure** (2010, PG) ★★★
12.10 PM **The Adventures of Sharkboy and Lavagirl** Fantasy. (2005, U) ★★★
1.50 **Woody Woodpecker** (2017) ★
3.30 **Thunderpants** As 10.05pm.
5.00 **Tom & Jerry: The Movie** Comedy. (2021, PG) ★★
6.45 **Little Manhattan** Comedy. (2005, PG, 86min) ★★★★

8.20 Molly Moon and the...

8.20 **Molly Moon and the Incredible Book of Hypnotism** Fantasy starring Raffey Cassidy. An orphan faces off against a bank robber who wants a book she stole from a library. (2015, U, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Thunderpants** Family comedy starring Bruce Cook and Rupert Grint. (2002, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Daphne & Velma** Crime comedy starring Sarah Jeffery. (2018, PG, 72min) ★★
1.10 AM **Aliens Stole My Body** Comedy starring Ty Consiglio. (2020, PG, 88min) ★
2.50 **The Secret Garden** Drama starring Colin Firth, Julie Walters and Dixie Egerickx. (2020, PG, 99min) ★★★★
4.40 **to 6.45** AM **The Runaways** Drama starring Mark Addy. (2019, 12, 113min) ★★★

Sky Cinema Action

307 307 851 407 507 521

6.05 AM **San Andreas** Thriller. (2015, 12, 114min) ★★★
8.05 **The Suicide Squad** Adventure. (2021, 15, 132min) ★★★★
10.20 **The Lord of the Rings: The Return of the King** Fantasy. (2003, 12, 201min) ★★★★★
1.40 PM **Crouching Tiger, Hidden Dragon** Ang Lee's adventure. (2000, 12, 120min) ★★★★★
3.45 **Catwoman** (2004, 12) ★★
5.30 **Fast & Furious 7** Thriller sequel. (2015, 12) ★★★★

7.50 xXx

7.50 **xXx** Espionage action thriller starring Vin Diesel as a rebellious extreme sports fanatic who is recruited by America's secret services and sent to Prague on a dangerous mission. With Asia Argento and Samuel L Jackson. (2002, 12, 124min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Rambo** Action drama sequel starring Sylvester Stallone and Julie Benz. (2008, 18, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Finding Steve McQueen** Crime caper starring Travis Fimmel and Rachael Taylor. (2019, 15, 91min) ★★★
1.15 AM **Archenemy** Action adventure starring Joe Manganiello and Skylan Brooks. (2020, 15, 90min) ★★★
2.50 **Catwoman** As 3.45pm.
4.40 **to 6.00** AM **Batman Unlimited: Animal Instincts** Animated adventure. (2015, PG, 74min) ★★

Sky Cinema Comedy

308 308 852 408 508 522

6.30 AM **St Trinian's 2: The Legend of Fritton's Gold** Family comedy sequel. (2009, PG, 106min) ★★
8.30 **Madea's Family Reunion**
10.30 **Military Wives** As 6.00pm.
12.30 PM **Gambit** As 8.00pm.
2.15 **Bill & Ted Face the Music**
4.00 **The Bounty Hunter** Romantic comedy thriller. (2010, 12, 110min) ★★★
6.00 **Military Wives** Comedy drama. (2019, 12, 112min) ★★★★

6.00 Military Wives

8.00 **Gambit** Heist comedy remake with Colin Firth and Cameron Diaz. An art curator recruits a Texas rodeo queen to help him con a brash media tycoon. (2012, 12, 85min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Bill & Ted Face the Music** Comedy sequel starring Keanu Reeves and Alex Winter. Bill and Ted learn that they must compose a new song to save the human race. (2020, PG, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Horrible Bosses** Farcical comedy with Jason Bateman, Charlie Day and Jason Sudeikis. (2011, 15, 93min) ★★★
1.05 AM **Madea's Family Reunion** Comedy starring Tyler Perry. (2006, 12, 107min) ★★★
3.05 **Carry On Nurse** Comedy with Kenneth Connor, Kenneth Williams and Hattie Jacques. (1959, b/w, PG, 85min) ★★★
4.50 **to 6.50** AM **The Bounty Hunter** As shown at 4.00pm.

Sky Cinema Greats

304 304 849 404 504 518

7.00 AM **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
9.00 **Grease 2** Musical sequel. (1982, PG, 109min) ★
11.05 **No Country for Old Men** (2007)
1.15 PM **Indecent Proposal** Drama. (1993, 15, 117min) ★★
3.25 **Three Days of the Condor**
5.30 **The Shawshank Redemption** Prison drama with Tim Robbins. (1994, 15, 142min) ★★★★★

primetime

8.00 **No Country for Old Men** The Coen Brothers' dark crime thriller starring Tommy Lee Jones, Javier Bardem and Josh Brolin. A dogged lawman and a ruthless contract killer pursue a Texan who has made off with $2million in drug money. (2007, 15, 117min) ★★★★
10.05 **The Green Mile** Supernatural prison drama based on a novel by Stephen King, with Tom Hanks and Michael Clarke Duncan. (1999, 18, 189min) ★★★★

1.10 AM **Three Days of the Condor** Thriller starring Robert Redford. (1975, 15, 118min) ★★★★
3.10 **Indecent Proposal** As 1.15pm.
5.10 **to 6.55** AM **Miracle on 34th Street** Classic festive fantasy starring Edmund Gwenn. (1947, b/w, U, 93min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.05 AM **The Swan Princess** (1994)
7.40 **Barbie: Star Light Adventure**
9.05 **Shrek** Animated adventure. (2001, U, 90min) ★★★★★
10.50 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
12.35 PM **Shaun the Sheep Movie** Animated comedy adventure. (2015, U, 85min) ★★★★
2.15 **Happily N'Ever After** Animation. (2005, U, 85min) ★★

3.45 **Happily N'Ever After 2** Animated spoof fairy tale sequel. (2009, U, 68min) ★★
5.00 **Mr Peabody & Sherman** Animated comedy adventure. (2014, U, 97min) ★★★★
6.35 **Barbie: Star Light Adventure** Animated sci-fi adventure. (2016, U, 75min) ★★
8.00 **Dreambuilders** Animation. (2020, U, 81min) ★★★
9.35 **The Swan Princess** Children's animated musical adventure. (1994, U, 89min) ★★★

11.20 **Fantastica: A Boonie Bears Adventure** (2017, U) ★★
1.00 AM **Dogtanian and the Three Muskehounds** (2021, U) ★
2.45 **Bobbleheads: The Movie** Animation. (2020, PG) ★★
4.25 **to 6.00** AM **The Snow Queen** Animation. (2013, U, 74min) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **Off Set** With Jamie Cullum.
7.20 **The VIPs** (1963, PG) ★★★
9.50 **Easter Parade** Musical. (1948, U, 99min) ★★★★★
12.00 NOON **Badman's Country** Western. (1958, b/w, PG) ★★
1.30 PM **Funeral in Berlin** Thriller. (1966, PG, 100min) ★★★
3.40 **Laramie Mountains** Western. (1952, b/w, U, 53min) ★★

4.50 **Murder at the Gallop** Mystery. (1963, b/w, U, 81min) ★★★
6.30 **Ocean's Eleven** Caper thriller with George Clooney and Brad Pitt. (2001, 12, 116min) ★★★★
9.00 **The Lost Boys** Vampire tale starring Jason Patric and Corey Haim. Two teenagers discover vampire bikers in a Californian town. (1987, 15, 98min) ★★★★
11.00 **Interview with the Vampire** Gothic horror thriller starring Tom Cruise and Brad Pitt. (1994, 18, 122min) ★★★★

1.35 AM **Meet Me in St Louis** Musical. (1944, U, 113min) ★★★★
3.35 **Off Set** With Michael Caine.
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **The Time of His Life** Comedy. (1955, b/w, U) ★★
7.30 **One Jump Ahead** Drama. (1955, b/w, PG, 66min) ★★
8.50 **Look at Life** Documentary.
9.00 **Glad Tidings** (1953, b/w, U) ★★
10.20 **Gaolbreak** (1961, b/w, U) ★★
11.35 **It's All Over Town** Musical. (1964, 12, 54min) ★★
12.45 PM **Painted Boats** Drama. (1945, b/w, U, 57min) ★★

2.00 **Rooms** (S2)
3.00 **Our Heritage** Documentary.
3.20 **Green Fingers** Drama. (1947, b/w, PG, 87min) ★★
5.00 **The Footage Detectives**
6.00 **The Woman in Green** Mystery thriller starring Basil Rathbone. (1945, b/w, PG, 70min) ★★
7.20 **The Stable Door** Short crime drama, starring Harry Fowler. (1966, b/w, PG, 35min) ★★
8.00 **The Main Chance** 11/13. (S4)
9.00 **Equus** Drama starring Richard Burton. (1977, 15, 132min) ★★★

11.45 **Morons from Outer Space** Sci-fi comedy. (1985, PG) ★
1.30 AM **Let's Make Love** Comedy. (1960, U, 118min) ★★★
3.45 **Copacabana** Comedy musical. (1947, b/w, U, 92min) ★★
5.30 **to 6.00** AM **The Adventures of Sir Lancelot**

Horror

317 149 69 138

8.00 AM **First Wave** 6/22. (S1)
9.00 **Battlestar Galactica** 5/24. (S1)
10.00 **The Prisoner** 2/17. (S1)
11.00 **2012: Supernova** Sci-fi action thriller. (2009, 12, 87min) ★★
1.00 PM **Meteor Apocalypse** Sci-fi adventure. (2010, 15, 90min) ★
3.00 **Andromeda** 11/22. (S5)
4.00 **The Philadelphia Experiment** Thriller remake. (2012, 15) ★★
6.00 **The Prisoner** 3/17. (S1)

7.00 **Battlestar Galactica** *The Lost Warrior:* 6/24. Apollo crashes on a remote planet. (S1)
8.00 **Star Trek** *Return to Tomorrow:* 20/26. Kirk and Spock take leave of their senses. (S2)
9.00 **Legion** Action fantasy thriller starring Paul Bettany and Lucas Black. A rogue angel comes down to Earth to save a pregnant waitress when God launches an apocalyptic campaign against humankind. (2010, 15, 100min) ★★★

11.00 **The Burning** Horror thriller. (1981, 18, 91min) ★★★
12.50 AM **Freaks Of Nature** Horror comedy. (2015, 15, 92min) ★★
2.40 **to 4.30** AM **Morlocks** Sci-fi thriller. (2011, 15, 110min) ★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.00 AM **Coyote Lake** Thriller. (2018, 15, 93min) ★★
7.45 **Antebellum** As 9.40pm.
9.45 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
12.15 PM **Before I Go to Sleep** Thriller. (2014, 15) ★★★
2.00 **The Whole Truth** Drama. (2015, 15, 93min) ★★★
3.50 **The Manchurian Candidate** Thriller. (2004, 15) ★★★★
6.15 **The Transporter** Thriller. (2002, 15, 88min) ★★★

9.40 Antebellum

8.00 **Vantage Point** Thriller about an assassination attempt on the US president, seen from multiple points of view. Stars Dennis Quaid, Forest Whitaker and Matthew Fox. (2008, 12, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

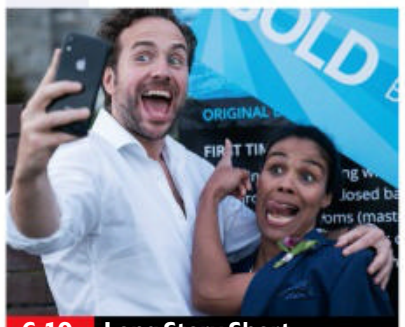
9.40 **Antebellum** Horror mystery starring Janelle Monae. Author Veronica Henley finds herself trapped in a horrifying reality. With Eric Lange. (2019, 15, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Bay of Silence** Thriller starring Claes Bang, Olga Kurylenko and Brian Cox. (2020, 18, 93min) ★★★
1.10 AM **Rise of the Footsoldier** Gangster drama starring Ricci Harnett and Terry Stone. (2007, 18, 119min) ★
3.10 **The Whole Truth** As 2.00pm.
4.45 **to 6.10** AM **Masquerade** Horror thriller starring Bella Thorne and Alyvia Alyn Lind. (2021, 18, 80min) ★★

Sky Cinema Drama

310 310 854 410 510 524

6.00 AM **The Last Full Measure**
8.10 **Nowhere Special** As 4.30am.
10.00 **Miss Marx** Biopic of Eleanor Marx. (2020, 15, 107min) ★★★
12.05 PM **True Grit** Western remake. (2010, 15, 110min) ★★★★
2.05 **Shirley Valentine** Romance. (1989, 15, 108min) ★★★★
4.05 **Eternal Sunshine of the Spotless Mind** Comedy. (2004, 15, 108min) ★★★★★
6.10 **Long Story Short** Comedy. (2021, 15, 90min) ★★★


6.10 Long Story Short

8.00 **Moneyball** Fact-based sports drama starring Brad Pitt and Jonah Hill. A baseball manager discovers an unexpected method of turning around the fortunes of his losing team. With Philip Seymour Hoffman. (2011, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

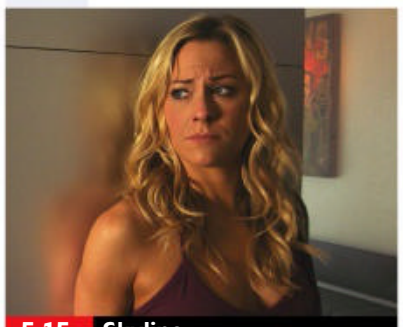
10.15 **Django Unchained** Quentin Tarantino's Oscar-winning Western starring Jamie Foxx, Christoph Waltz, Leonardo DiCaprio and Samuel L Jackson. (2012, 18, 162min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Luxor** Romantic drama. (2019, 12, 85min) ★★★
2.30 **The Last Full Measure** War drama starring Sebastian Stan. (2019, 15, 116min) ★★★
4.30 **to 6.10** AM **Nowhere Special** Drama starring James Norton. (2020, 12, 96min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **Robot & Frank** As 2.35am.
7.35 **Oblivion** Epic sci-fi adventure. (2013, 12, 124min) ★★★★★
9.45 **Battleship** (2012, 12) ★★★
12.00 NOON **The Hole** Teen horror. (2009, 12, 91min) ★★★
1.35 PM **A Quiet Place Part II** Horror. (2020, 15) ★★★★
3.15 **Gattaca** As 12.40am.
5.15 **Skyline** Sci-fi action thriller. (2010, 15, 92min) ★★★
7.00 **Elysium** Sci-fi action thriller. (2013, 15, 107min) ★★★★


5.15 Skyline

Elysium (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Urban Legend** Horror thriller starring Alicia Witt, Jared Leto and Rebecca Gayheart. A serial killer terrorises a New England college by recreating grisly urban legends. (1998, 18, 99min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

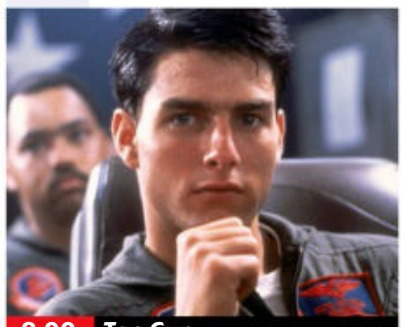
10.50 **Sorority Row** Campus slasher movie with Briana Evigan and Rumer Willis. (2009, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Gattaca** Sci-fi drama starring Ethan Hawke. (1997, 15, 106min) ★★★★
2.35 **Robot & Frank** Offbeat comedy with Frank Langella. (2012, 12, 85min) ★★★★
4.15 **to 6.00** AM **Minor Premise** Thriller with Sathya Sridharan. (2020, 15, 95min) ★★★

Sky Cinema Oscars

302 302 856 402 502 516

6.00 AM **2001: A Space Odyssey** Stanley Kubrick's sci-fi epic. (1968, U, 136min) ★★★★★
8.40 **Love Story** As 4.45am.
10.35 **The Guns of Navarone**
1.25 PM **Clear and Present Danger** As shown at 11.45pm.
3.55 **Dreamgirls** Musical with Jamie Foxx and Beyoncé Knowles. (2006, 12, 130min) ★★★
6.10 **The Truman Show** Satirical comedy starring Jim Carrey. (1997, PG, 99min) ★★★★


8.00 Top Gun

8.00 **Top Gun** Aerial action drama starring Tom Cruise as a hotshot young flier at the US Navy's elite air combat training school. With Kelly McGillis and Val Kilmer. (1986, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

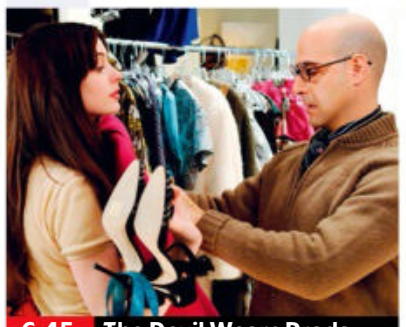
9.50 **Promising Young Woman** Crime thriller starring Carey Mulligan, Bo Burnham, Alison Brie and Clancy Brown. (2020, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Clear and Present Danger** Action thriller with Harrison Ford and Willem Dafoe. (1994, 12, 141min) ★★★
2.05 AM **The Guns of Navarone** World War Two adventure starring Gregory Peck, David Niven and Anthony Quinn. (1961, PG, 150min) ★★★★
4.45 **to 6.30** AM **Love Story** Romantic melodrama starring Ryan O'Neal and Ali MacGraw. (1970, PG, 100min) ★★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Arabian Nights** Fantasy. (1942, PG, 86min) ★★★
12.45 PM **Attack!** Drama. (1956, b/w, PG, 107min) ★★★
2.55 **The Duel at Silver Creek** Western. (1952, U) ★★
4.30 **The Black Shield of Falworth** Medieval adventure. (1954, U, 99min) ★★
6.45 **The Devil Wears Prada** Satirical comedy. (2006, PG, 109min) ★★★★


6.45 The Devil Wears Prada

The Devil Wears Prada (film started at 6.45pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Last Orders** Ensemble comedy drama starring Michael Caine, Bob Hoskins and Helen Mirren. A group of men in their sixties travel from south London to Margate to scatter a friend's ashes into the sea. (2001, 15, 109min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 NEW **They Heard Him Shout Allahu Akbar** Sci-fi drama starring Scott Karim. **11 PM**
11.25 **The Ritual** Horror with Rafe Spall and Robert James-Collier. (2017, 15, 94min) ★★★
1.15 **to 3.40** AM **White God** Hungarian drama starring Zsofia Psotta and Sandor Zsoter. Partly subtitled. (2014, 15, 121min) ★★★★

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Machine-Gun Kelly** (1958)
7.40 **The Racket** Crime thriller. (1951, b/w, PG, 88min) ★★★
9.25 **Farewell, My Lovely** Thriller. (1945, b/w, PG) ★★★★★
11.15 **They Live by Night** Melodrama. (1948, b/w, PG, 96min) ★★★
1.10 PM **The End of the Affair** Drama. (1955, PG, 106min) ★★
3.20 **Every Time We Say Goodbye** Drama. (1986, 15, 98min) ★★
5.15 **The Swimmer** Offbeat drama. (1967, PG, 94min) ★★★★★
7.10 **All My Sons** Drama starring Edward G Robinson. A family discover the truth about their father's suspect business dealings during World War Two. (1948, b/w, PG, 94min) ★★
9.00 **Buster** Comedy drama starring Phil Collins and Julie Walters. (1988, 15, 102min) ★★
11.10 **The Hatton Garden Job** Fact-based crime drama. (2017, 15, 93min) ★★
1.00 AM **The Key** Wartime ddrama. (1958, b/w, 12, 134min) ★★★
3.25 **The Traitors** Espionage drama. (1962, b/w, PG, 70min) ★★★
4.35 **to 6.00** AM **Machine-Gun Kelly** Crime drama. (1958, b/w, 15) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **The Art of Murder: Garage Sale Mystery** (2017, PG) ★★
11.00 **Deadly Vows** Crime drama. (2017, PG, 84min) ★★
1.00 PM **Garage Sale Mystery: Murder in D Minor** Crime drama. (2018, PG, 90min) ★★
2.50 **Abducted Love** Crime thriller. (2016, PG, 86min) ★
4.35 **Biggles** Fantasy adventure. (1986, PG, 108min) ★★
6.30 **Stepmom** Melodrama with Julia Roberts and Susan Sarandon. A young woman struggles to overcome the hostility of her boyfriend's ex-wife and win acceptance from his children. (1998, 12, 121min) ★★★
9.00 **As Good As It Gets** Comedy starring Jack Nicholson. A neurotic novelist gradually rediscovers his humanity through his encounters with a painter and a single mother. (1997, 15, 138min) ★★★★
11.40 **The Social Network** Drama. (2010, 12, 120min) ★★★★★
2.05 AM **Into the Ashes** Thriller. (2018, 15, 98min) ★★★
4.00 **to 6.00** AM **Jack and Jill** Comedy. (2011, PG, 91min) ★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **The War Lover** Melodrama. (1962, b/w, PG, 105min) ★★★
8.05 **Sahara** World War Two drama. (1943, b/w, PG, 97min) ★★★
10.05 **Hell Below Zero** Adventure drama. (1953, U, 87min) ★★
12.00 NOON **Brother Outlaw** Western. (1971, 12, 84min) ★★
1.45 PM **Utah Blaine** Western. (1957, U, 90min) ★★
3.25 **The Blitz on the Midlands**
4.40 **The Caine Mutiny** Naval drama starring Humphrey Bogart. (1954, U, 119min) ★★★★
7.10 **Stonados** Disaster movie starring Paul Johansson, Miranda Frigon and Sebastian Spence. (2013, PG, 90min) ★
9.00 **Black Butterfly** Thriller starring Antonio Banderas, Jonathan Rhys Meyers and Piper Perabo. A reclusive writer and a drifter begin a deadly game of one-upmanship. With Vincent Riotta. (2017, 15, 90min) ★★★
10.55 **Sniper: Legacy** Action thriller sequel. (2014, 15, 94min) ★★
12.55 AM **Futuresport** Sci-fi action thriller. (1998, 15, 97min) ★★
2.40 **to 4.00** AM **Strongroom** Thriller. (1961, b/w, PG, 80min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Rome in Love** Romantic drama. (2019, PG, 90min) ★★
9.00 **Glamping in Love** As 9.00pm.
11.00 **Winter Castle** As 11.00pm.
1.00 PM **Dead Over Diamonds: Picture Perfect Mysteries**
3.00 **The Wedding Ring** Romantic drama. (2020, PG, 85min) ★★
5.00 **Sweet Autumn** Romantic drama starring Nikki DeLoach. (2020, PG, 84min) ★★
7.00 **One Summer** Drama starring Sam Page and Sarah Drew. A widower returns to his wife's home town and decides to restore the local lighthouse to its former glory. With Gavin Borders. (2021, PG, 84min) ★★
9.00 **Glamping in Love** Romantic comedy starring Emilie Ullerup and Christopher Russell. A magazine writer penning a feature on a glamping resort gets help from a nature guide. (2019, PG, 89min) ★★
11.00 **Winter Castle** Romantic drama. (2019, U, 83min) ★★
1.00 AM **Dead Over Diamonds: Picture Perfect Mysteries** Drama. (2020, PG, 90min) ★★
3.00 **to 5.00** AM **The Wedding Ring**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **We Were Soldiers** *5Action* War drama starring Mel Gibson. A US army battalion finds itself surrounded by 2000 North Vietnamese soldiers during the Vietnam War. ★★★
10.00 **Death Wish II** *ITV4* Action thriller sequel starring Charles Bronson as a vigilante who is drawn back into a bloody vendetta against muggers after his daughter is killed. ★
11.00 **Speed Kills** *Syfy* Action adventure starring John Travolta. A multi-millionaire speedboat racing champion leads a double life that lands him in trouble with the police and drug lords. ★★
11.15 **Shakespeare in Love** *BBC2 (Not NI)* Oscar-winning romantic comedy starring Joseph Fiennes and Gwyneth Paltrow. Struggling playwright William Shakespeare is inspired to write *Romeo and Juliet* by a headstrong young lady who yearns to act. ★★★★★
11.50 **The Rookie** *5Action* Thriller directed by and starring Clint Eastwood, with Charlie Sheen. ★

MONDAY Sport

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **LIVE ICC Women's World Cup South Africa v England.** The group match from Bay Oval in Mount Maunganui, New Zealand.
8.05 **My Icon** Ebony Rainford-Brent.
8.20 **LIVE Test Cricket India v Sri Lanka.** Coverage of the third day of the second Test in the two-match series, taking place at M.Chinnaswamy Stadium.
4.00 PM **Sky Sports News**
5.00 **LIVE Netball Superleague Team Bath v Loughborough Lightning.** Coverage of the match from Team Bath Arena. Centre-pass is at **5.30pm**.
7.00 **LIVE MNF Crystal Palace v Manchester City.** Coverage of the Premier League clash from Selhurst Park. Kick-off **8.00pm**.
11.00 **LIVE ICC Women's World Cup Australia v West Indies.** Coverage of the group match from Basin Reserve in Wellington, New Zealand.
5.05 **to 6.00** AM **LIVE Test Cricket Pakistan v Australia.** Day four of the second Test in the three-match series, held at National Stadium in Karachi.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
6.30 **Premier League**
1.30 PM **Premier League** A replay of Leeds United v Norwich City.
3.15 **Premier League** A re-run of Southampton v Watford.
5.00 **Premier League 100 Club** A look at some of Raheem Sterling's Premier League goals.
5.30 **Premier League 100 Club** Focusing on Mo Salah.
6.00 **Premier League 100 Club** A look at Wayne Rooney's goals.
6.30 **Soccer AM: The Best Bits** Jimmy Bullard and John Fendley are joined by guests from the world of sports and entertainment.
7.00 **LIVE MNF Crystal Palace v Manchester City.** Coverage of the top-flight clash from Selhurst Park. Kick-off **8.00pm**.
11.00 **Soccer AM: The Best Bits**
11.30 **Premier League 100 Club**
12.00 M'T **MNF** A re-run of Crystal Palace v Manchester City.
1.45 AM **Premier League Years**
3.45 **PL Greatest Games**
4.00 **Best PL Goals 1999/2000**
5.00 **Best PL Goals: Man City**
5.30 **to 6.00** AM **PL 100 Club: Harry Kane**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **WSL** Double bill of action.
8.00 **EFL Greatest Games**
8.15 **SPFL Greatest Games**
9.00 **EFL Rivalries**
9.30 **EFL Highlights**
10.00 **WSL** Double bill of action.
11.00 **EFL Cup Retro 13**
1.00 PM **Retro C'Ship 12**
3.00 **C'ship Season Review 13/14**
4.00 **Play Off Finals C'Ship 05/06**
5.00 **WSL** Double bill of action.
6.00 **Soccer AM: The Best Bits**
6.30 **EFL Highlights**
7.00 **Bundesliga Highlights Show**
8.00 **WSL** Action from Brighton & Hove Albion v Arsenal.
8.30 **WSL** Action from Reading v Manchester United.
9.00 **EFL Highlights**
9.30 **Bundesliga Highlights Show**
10.30 **MLS Round-Up Show**
11.00 **Soccer AM: The Best Bits**
11.30 **EFL Greatest Games**
12.00 M'T **Retro: C'Ship Playoff Final 98** Charlton Athletic v Sunderland.
2.45 AM **One2Eleven**
3.00 **EFL Cup Final 08**
4.00 **EFL Cup Final 09**
5.00 **to 6.00** AM **EFL Cup Final 12**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

6.00 AM **LIVE ICC Women's World Cup South Africa v England.** Coverage of the group match from Bay Oval in Mount Maunganui, New Zealand.
8.05 **My Icon** Ebony Rainford-Brent.
8.20 **LIVE Test Cricket India v Sri Lanka.** Coverage of the third day's play of the second Test in the two-match series, taking place at M.Chinnaswamy Stadium, Bangalore.
4.00 PM **ICC Women's World Cup**
7.00 **ICC Women's World Cup** Highlights of the match between Pakistan and Bangladesh.
8.00 **ICC Women's World Cup 2017** Action from the 2017 final between England and India.
8.30 **ICC Women's World Cup** Highlights of the match between South Africa and England.
9.30 **LIVE ICC Women's World Cup Australia v West Indies.** Coverage of the group match staged at the Basin Reserve in Wellington, New Zealand.
5.05 AM **ICC Women's World Cup 2017** England v India in the final.
5.40 **to 6.00** AM **25 Years of Women's Cricket on Sky**

Sky Sports The Players

405 405 863 | 515 505 | 424 444

6.00 AM **Best of the Sky Zone – The Players** Highlights.
6.30 **The Players Championship** The fourth and final day of the tournament from TPC Sawgrass.
5.30 PM **Best of the Sky Zone – The Players** Highlights from the Players Championship.
6.00 **PGA Tour Classic** The 2001 Players Championship.
7.00 **The Players Championship** Highlights from TPC Sawgrass.
8.00 **World Golf: Hall of Fame Induction Ceremony** Tiger Woods headlines the Class of 2021 to be inducted into the World Golf Hall of Fame.
9.30 **The Players Championship** Highlights from the final day of the tournament from TPC Sawgrass.
10.30 **The Players Championship Official Film** From 2013.
11.30 **The Players Championship**
12.30 AM **Masterpiece Theatre**
12.45 **PGA Tour Profiles**
1.00 **The Players Championship**
2.00 **The Players Championship Official Film** From 2019.
3.00 **The Players Championship**
4.00 **to 6.00** AM **The Players Championship Official Film**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Premier League Review**
7.00 **WWE NXT Highlights**
8.00 **Premier League**
9.30 **Premier League World**
10.00 **Europa League Goals Reload**
10.15 **What I Wore: Andy Robertson**
10.30 **Vanarama National League**
12.00 NOON **Vanarama National League Highlights**
12.30 PM **ESPN FC**
1.00 **Premier League Review**
2.00 **Ligue 1 Highlights**
3.00 **Champions League Magazine**
3.30 **Europa League Magazine**
4.30 **Premier League World**
5.00 **ESPN FC**
5.30 **Premier League Review**
6.30 **The Football's On**
7.30 **LIVE Serie A Lazio v Venezia.** The Italian top-flight match at Stadio Olimpico. Kick-off **7.45pm**.
9.45 **BT Sport Goals Reload**
10.15 **Europa League Goals Reload**
10.30 **The Aussie Rules Show**
11.00 **WWE Raw Highlights**
12.00 M'T **LIVE WWE Monday Night Raw** Wrestling coverage.
3.15 AM **WWE SmackDown**
4.15 **UFC Unleashed**
5.15 **BT Sport Goals Reload**
5.30 **to 6.00** AM **Classic MOTD**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **Vanarama National League Highlights**
6.30 **UEFA Champions League Magazine** News and action.
7.00 **UEFA Europa League Magazine** News and action.
8.00 **Hockey** FIH Pro League action.
12.00 NOON **UEFA Europa League Magazine** News and action.
1.00 PM **The Football's On**
2.00 **Badminton** The German Open.
4.00 **V8 Supercars Highlights**
6.00 **UEFA Europa League Goals Reload** The pick of the goals from the latest round of fixtures.
6.15 **Gallagher Premiership Rugby Highlights** The latest action.
7.45 **Rugby Tonight**
8.30 **The Aussie Rules Show**
9.00 **Fishing: On the Bank** With Rob Hughes and Andy Ford.
10.00 **Test Cricket Highlights** A look back at action from the first Test between West Indies and England.
12.00 M'T **The Cricket's On**
1.00 AM **Badminton**
3.00 **UEFA Champions League Magazine** News and action.
3.30 **BT Sport Goals Reload**
4.00 **to 6.00** AM **V8 Supercars Highlights**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Serie A** Back-to-back action.
12.00 NOON **Serie A** Action from Udinese v AS Roma.
1.00 PM **Serie A** Atalanta v Genoa.
2.00 **Serie A** Torino v Inter Milan.
3.00 **WSL Presents** A look at the Billabong Pro Pipeline.
4.00 **The Cricket's On**
5.00 **Ligue 1 Highlights** A look back at recent action from French Ligue 1.
6.00 **Vanarama National League** Boreham Wood v Chesterfield.
7.30 **Vanarama National League Highlights** The latest action.
8.00 **FIM X-Trial World Championship Highlights**
9.00 **BT Sport Fight Night** Chris Bourke v Marc Leach.
11.00 **BT Sport Films** The story of Frank Warren's life and how the boxing promoter rose from humble beginnings in North London to multimillion pound deals in Las Vegas.
12.45 AM **Gallagher Premiership Rugby Highlights**
2.15 **Rugby Tonight**
3.00 **Hockey** FIH Pro League action.
5.00 **to 6.00** AM **Fishing: On the Bank**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **Darts Gold** Action from 1995.
7.30 **Premier League Darts**
11.00 **Good Morning Football**
2.00 PM **NFL Highlights**
3.00 **NFL Bitesize Highlights**
3.30 **Top Rank Boxing Archive**
6.30 **NFL Bitesize Highlights** Green Bay Packers v Detroit Lions.
6.45 **NFL Bitesize Highlights** Action from Los Angeles Rams v Tampa Bay Buccaneers.
7.00 **NBC's Pro-Football Talk**
9.00 **Top Rank Boxing Archive** Sugar Ray Leonard v Roberto Duran from 1980.
10.30 **Top Rank Boxing Archive** Action from Ayub Kalule v Sugar Ray Leonard from 1981.
11.30 **Top Rank Boxing Archive** Marvin Hagler v Thomas Hearns from 1985.
12.00 M'T **Total Access**
1.00 AM **Super Bowl LVI Highlights** Extended highlights of Cincinnati Bengals v Los Angeles Rams.
3.00 **Super Bowl LV Highlights** Action from Tampa Bay Buccaneers v Kansas City Chiefs.
5.00 **to 6.00** AM **NFL: America's Game**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **LIVE Test Cricket Pakistan v Australia.** Day three of the second Test in the three-match series, which takes place at National Stadium in Karachi.
12.30 PM **ICC Women's World Cup**
1.30 **ICC Women's World Cup 2017**
2.00 **ICC Women's World Cup**
3.00 **Netball Superleague**
5.00 **LIVE Netball Superleague Team Bath v Loughborough Lightning.** Coverage of the match from Team Bath Arena. Centre-pass is at **5.30pm**.
7.15 **My Icon** With Pam Cookey.
7.30 **Test Cricket** Pakistan v Australia.
8.30 **Test Cricket** India v Sri Lanka.
9.30 **Show Jumping** Dutch Masters.
10.30 **The Players Championship**
11.30 **Show Jumping** Dutch Masters.
12.30 AM **The Players Championship**
1.30 **The Players Championship Official Film** From 2019.
2.30 **Show Jumping** Dutch Masters.
3.30 **My Icon** Double bill.
3.50 **Test Cricket** Pakistan v Australia.
4.50 **to 6.00** AM **LIVE Test Cricket Pakistan v Australia.** Coverage of day four of the second Test in the three-match series.

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **ESPN SportsCenter**
6.45 **College Basketball**
8.30 **ESPN FC** Football news.
9.00 **NHRA Drag Racing Highlights**
10.00 **ESPN SportsCenter**
10.15 **College Basketball**
12.00 NOON **ESPN FC**
12.30 PM **ESPN SportsCenter**
12.45 **College Basketball**
4.15 **ESPN SportsCenter**
4.30 **ESPN FC Presents: Gab & Juls**
5.00 **LIVE MLB** Action from Major League Baseball Spring Training.
8.00 **LIVE MLB** Action from Major League Baseball Spring Training.
11.30 **ESPN FC Presents: Gab & Juls**
12.00 M'T **LIVE NCAA** Coverage of the NCAA college basketball Tournament Challenge Marathon.
3.00 AM **Freeride World Tour**
5.00 **BT Sport Reload**
5.30 **to 6.00** AM **ESPN FC Presents: Gab & Juls**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Australian Open Tennis**
8.00 **Alpine Skiing**
10.00 **Masters Snooker**
12.00 NOON **Biathlon**
1.00 PM **Ibiza Marathon**
1.30 **Cycling: Tour of Drenthe**
3.00 **Olympic Games Hall of Fame: Beijing 2022 Ski Jumping**
4.00 **Olympic Games Hall of Fame: Beijing 2022 Alpine Skiing**
5.00 **Cycling: Strade Bianche**
6.00 **Snooker: Turkish Masters**
8.00 **Cycling: Tour of Drenthe** Action from the women's one-day race.
9.30 **Australian Open Tennis** Rafael Nadal v Daniil Medvedev in this year's men's singles final.
11.00 **Biathlon** Action from the men's 10km sprint in the World Cup meeting from Otepaa, Estonia.
12.00 M'T **Cycling: Paris-Nice**
1.00 AM **Cycling: Tirreno-Adriatico**
2.00 **Alpine Skiing**
4.00 **to 6.00** AM **Cycling: Strade Bianche**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Cycling: Paris-Nice**
7.00 **Cycling: Tirreno-Adriatico**
8.00 **Formula E**
10.00 **World Superbikes: Race of 2021** The race of the season.
11.00 **Cycling: Paris-Nice**
12.00 NOON **Cycling: Tirreno-Adriatico**
1.00 PM **Freestyle Skiing**
2.00 **Snooker: Turkish Masters**
4.00 **Extreme E: Season Review**
5.00 **FIA World Endurance Championship**
6.30 **Motocross World Championship**
7.00 **Alpine Skiing** World Cup action from Kranjska Gora, Slovenia.
8.00 **Olympic Games Hall of Fame: Beijing 2022 Alpine Skiing**
9.00 **Motorsport: ETCR**
10.00 **Cycling: Paris-Nice**
11.00 **Cycling: Tirreno-Adriatico**
12.00 M'T **Alpine Skiing**
2.00 AM **Snooker: Turkish Masters**
4.00 **to 6.00** AM **Alpine Skiing**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Betfred Super League Highlights** Recent action.
7.00 **S/Lge Retro: Magic Weekend**
9.00 **Betfred Super League Highlights** Recent action.
10.00 **NBA Basketball**
2.00 PM **Betfred Super League Highlights** Recent action.
3.00 **Netball Superleague**
5.00 **LIVE Netball Superleague Team Bath v Loughborough Lightning.** Coverage from Team Bath Arena. Centre-pass **5.30pm**.
7.15 **NBA GameTime**
7.45 **NBA Basketball** A replay of Brooklyn Nets v New York Knicks.
9.45 **NBA Basketball** A replay of Boston Celtics v Dallas Mavericks.
11.45 **Betfred Super League Highlights** Recent action.
12.00 M'T **Netball Superleague**
4.00 AM **Betfred Super League Highlights** Recent action.
5.00 **to 6.00** AM **Super League's Supermen**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Formula One: Best of 2021**
11.00 **Formula 1**
3.20 PM **The Inside Line**
3.50 **The Story of 1981**
4.00 **Formula 1**
7.20 **Danica Patrick Hot Laps**
7.30 **The Notebook**
8.00 **Willy T. Ribbs Motorsport's Black Pioneer**
9.00 **Any Driven Monday**
9.30 **The Notebook** Ahead of the 2022 Formula 1 season, Ted Kravitz shares his thoughts on pre-season testing.
10.00 **Duel: Hamilton v Verstappen** 1&2/2. Documentary looking at the intense rivalry between Formula One drivers Lewis Hamilton and Max Verstappen.
12.00 M'T **Any Driven Monday**
12.30 AM **Formula 1**
1.30 **Mick Schumacher Drives The Jordan**
1.45 **to 6.00** AM **Formula One: Best of 2021**

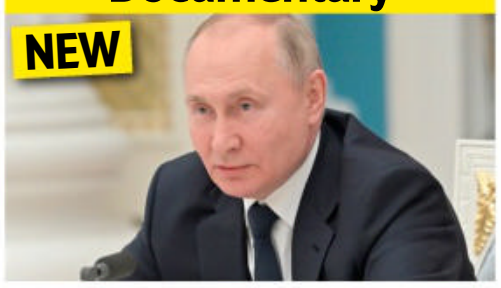
SKY HD SD | VIRGIN HD | BT HD

Tuesday

15 March

Evening Planner

Documentary

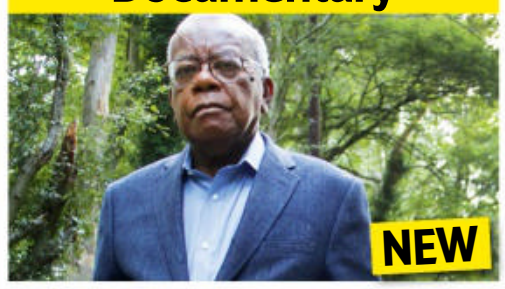


What If Putin Goes Nuclear?
C4 HD, 8pm
Exploring Russia's possible use of nuclear weapons as part of the Ukrainian conflict

Reality

Glow Up Does Red Nose Day
BBC3 HD, 9pm
Celebs create looks for a fashion show with judges including Zandra Rhodes

Documentary



The Killing of PC Harper
ITV HD, 9pm
The death of PC Andrew Harper in 2019 shocked the nation. His widow, Lissie, tells her story to Sir Trevor McDonald

Documentary

New Lives in the Wild
Channel 5 HD, 9pm
Ben Fogle catches up with Lynx, who he first met in 2016, and who is now leading a Stone Age life in a Norwegian forest

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show †	7.30 EastEnders †	7.50 Holby City †	8.30 Clean It, Fix It †	9.00 This Is Going to Hurt		10.00 News; Local News	
102 BBC2	7.00 Doctors	7.30 Nigella's Cook...	8.00 Great British Menu		9.00 Rock Till We Drop		10.00 The Witchfinder	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale	8.00 Love Your Garden: Grow Your Own... †		9.00 The Killing of PC Harper		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 What If Putin Goes Nuclear?		9.00 24 Hours in A&E		10.00 Gogglebox	
105 CHANNEL 5	7.00 Dream Kitchens & Bathrooms with...		8.00 Dogs Behaving (Very) Badly		9.00 New Lives in the Wild		10.00 The Disappearance of Shannon...	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Film: The Dark Knight			
ENTERTAINMENT								
117 BBC3	7.00 MasterChef Australia		8.00 Meet the...	8.30 Rowing Home...	9.00 Glow Up Does Red Nose Day		10.00 Mood	
116 BBC4	7.00 Fred Dibnah's...	7.30 Canal Boat...	8.00 Keeping Up...	8.30 Yes, Prime...	9.00 Britain's Most Fragile Treasure		10.00 The Treasure Hunters	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Family Guy		10.00 Plebs	
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Devon and Cornwall		9.00 Car S.O.S.		10.00 Guy's Road to Chernobyl	
135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 The Real Dirty Dancing			10.20 Naked Attraction
107 SKY WITNESS	7.00 Air Ambulance ER		8.00 Blue Bloods		9.00 The Equalizer		10.00 Criminal Minds	
108 SKY ATLANTIC	◂ 6.50 The Sopranos		7.55 Game of Thrones		9.00 The Gilded Age			10.05 Raised by Wolves
110 GOLD		7.20 The Green Green Grass	8.00 Dad's Army			9.20 Fawlty Towers	10.00 Men Behaving Badly	10.40 Billy...
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?	9.00 QI XL		10.00 Mel Giedroyc: Unforgivable	
119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Law & Order: UK	
120 ITV4	◂ 6.55 The Chase Celebrity Special		8.00 The Great British Treasure Hunt		9.00 Film: The Bourne Legacy			
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Meet the Parents			
152 SYFY	7.00 Quantum Leap		8.00 Fringe		9.00 Grimm		10.00 Film: Guardian	
113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own		9.00 Strike Back: Retribution		10.00 SEAL Team	
132 ALIBI	7.00 Rizzoli & Isles		8.00 Father Brown		9.00 Traces		10.00 Smother	
130 SKY ARTS	7.00 The Big Design Challenge			8.30 Exhibition on Screen		9.30 John Lennon – Imagine		
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Bad Chad Customs		9.00 Gold Rush		10.00 Gold Rush: White Water	
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 The Crocodile Hunter: Best of Steve...		9.00 Predators Up Close with Joel Lambert		10.00 I Was Prey	
129 NAT GEO	7.00 Car S.O.S.		8.00 Lost Tombs of the Pyramids		9.00 Lost Cities: The Great Flood		10.00 King Solomon's Treasures	
123 SKY HISTORY	7.00 Forged in Fire Armed Forces...		8.00 Roswell: The First Witness		9.00 Craig Charles: UFO Conspiracies		10.00 The Proof Is Out There	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Secrets of the Transport Museum		9.00 Train Truckers		10.00 Bangers and Cash	
121 SKY DOCS	7.00 The Eighties		8.00 JFK: Destiny Betrayed		9.00 The Zen Diaries of Garry Shandling			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Old		8.00 Fast & Furious 9					10.30 The Forever...
303 HITS	◂ 6.20 Final Destination		8.00 Tenet					10.30 The Raid
304 GREATS	◂ 5.25 Prisoners		8.00 Apollo 13					10.25 Kramer Vs Kramer
305 ANIMATION	◂ 6.50 Monster Family			8.25 Barbie: Video Game Hero		9.55 Go Fish		
306 FAMILY	◂ 6.45 Marmaduke		8.15 Stuart Little		9.45 The Water Horse			
307 ACTION	◂ 6.00 Speed		8.00 xXx: State of the Union		9.45 Desperado			
308 COMEDY	◂ 6.15 Irresistible		8.00 Grown Ups		9.45 Bad Teacher			
309 THRILLER	◂ 6.30 Transporter 2		8.00 Those Who Wish Me Dead		9.45 Carlito's Way			
310 DRAMA	◂ 6.00 Finding the Way Back		8.00 Mass				10.00 Judas and the Black Messiah	
311 SCI-FI	◂ 6.45 Knowing				9.00 Blade			
302 OSCARS	7.00 The Godfather Part II							10.20 The Godfather Part III
313 FILM4	◂ 6.05 Transformers: Revenge of the Fallen				9.00 Taken 3			
315 TCM MOVIES	7.00 Murder Ahoy				9.00 Magnum Force			
SPORT								
401 MAIN EVENT	7.00 Gillette Soccer...	7.30 EFL – Live: West Bromwich Albion v Fulham (Kick-off 8.00)						10.30 Soccer Special...
402 PREMIER LEAGUE	7.00 Gillette Soccer Special						10.00 Premier League Review	
403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: West Bromwich Albion v Fulham (Kick-off 8.00)						10.30 Soccer AM...
404 WORLD CUP	7.00 Test Cricket		8.00 ICC Women's World Cup		9.00 Test Cricket		10.00 Women's...	10.30 Test Cricket
413 BT SPORT 1	◂ 6.00 Test Cricket Highlights		8.00 The Cricket's On		9.00 WWE Monday Night Raw			
414 BT SPORT 2	7.00 UEFA Champions League – Live: Manchester United v Atletico Madrid (Kick-off 8.00)							10.30 BT Sport Films

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

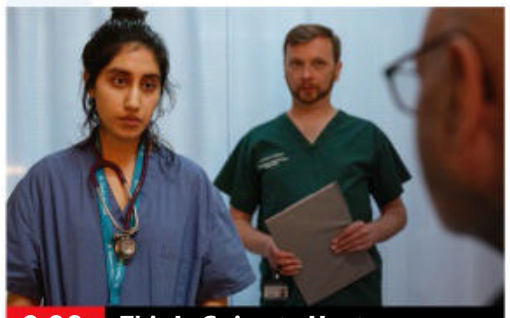
ONLY 17p AN ISSUE
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/X194
*Terms & conditions: magazinesdirect.com/terms.

Tuesday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition From Swansea. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Shakespeare & Hathaway: Private Investigators** (S)(R)(AD)
3.00 **Escape to the Country** New edition The Lothians. (S)(AD)
3.45 **The Repair Shop** New edition Restoring a grandfather clock. (S)
4.30 **Bridge of Lies** New edition Game show hosted by Ross Kemp. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)



9.00 This Is Going to Hurt

7.00 **The One Show** Lauren Laverne and Jermaine Jenas host the topical show. (S)
7.30 **EastEnders** Mitch tells Mack and Mia the truth about their father. (S)(AD)
7.50 **Holby City** Fletch asks an old friend to perform Jac's surgery, while Jac and Kylie try to find why Madge betrayed her friends. (S)(AD)
8.30 **Clean It, Fix It** The team help a mother and daughter with a small amount of storage space. (S)(R)
9.00 **This Is Going to Hurt** New episode 6/7. Adam works as a locum at a posh private hospital. (S1) (S)(AD)
■ Entire series on BBC iPlayer
9.50 **Cheaters** New episode 16/18. Josh tries to salvage his relationship. (S1)
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **The Apprentice** New edition *The Final Five:* The remaining entrepreneurs go under the microscope. (S)
11.35 **Starstruck** 6/6. Steve and Sarah's pre-wedding celebrations bring Tom back into Jessie's life. With Tom's imminent departure to America, Jessie contemplates why they broke up. (S2) (S)(R)(AD)
11.55 **Interior Design Masters with Alan Carr** 1/8. Ten aspiring designers compete to get their big break in the world of interior design. (S)(R)
12.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Bargain Hunt** (S)(R)(AD)
7.15 **The Repair Shop** (S)(R)
8.00 **Sign Zone: Antiques Roadshow** From Northumberland. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **The Super League Show** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **Put Your Money Where Your Mouth Is** From Villeneuve-lès-Avignon in France. (S)(R)
3.00 **The Heights** (S1) (S)(R)(AD)
3.30 **Murder, Mystery and My Family** The killing of a pub landlady in an Oxfordshire hamlet. (S)(R)(AD)
4.15 **The Real Marigold Hotel** (S)(R)
5.15 **Flog It!** From Althorp. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Lightning** New edition Quiz show hosted by Zoe Lyons. (S)

10.00 The Witchfinder

7.00 **Doctors** Luca discovers a bombshell from Winnie. (S)(R)(AD)
7.30 **Nigella's Cook, Eat, Repeat** 6/6. Macaroni cheese with a sauce containing crab, gruyère and Aleppo pepper. (S)(R)(AD)
8.00 **Great British Menu** New edition Four chefs from the South West present their canapés, starters and fish dishes, inspired by 100 years of British Broadcasting. (S)
■ Continues tomorrow
9.00 **Rock Till We Drop** New edition 3/4. Rehearsals intensify so that the bands can perfect the tracks they have learnt so far, before they take to the stage for their first live performances in Manchester and Birmingham. (S)
10.00 **The Witchfinder** New episode 2/6. Bannister must put on a show trial for the Witchfinder General. (S1) (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 FILM **Colette** Drama starring Keira Knightley. A woman is pushed by her husband to write novels under his name, but she fights to make her talents known. (S) (2018, 15, 105min) ★★★★
1.00 AM **Sign Zone: Dragons' Den** (R)
2.00 **Sign Zone: Rise of the Nazis: Dictators at War** (S)(R)(AD)
3.00 **Sign Zone: Great Coastal Railway Journeys** (S)(R)(AD)
3.30 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **ITV News** (S)
12.40 **Local News** (S)
12.50 LIVE **ITV Racing: Cheltenham Festival** Ed Chamberlin and Francesca Cumani present the opening day of the prestigious festival, including feature race the 3.30 Champion Hurdle, plus races at 1.30, 2.10, 2.50 and 4.10. (S)
4.30 NEW SERIES **Tipping Point: Best Ever Finals** A compilation of some of the show's most dramatic endgames on the game show. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** Dawn has a decision to make, Samson's crush on Amelia deepens, and Noah plans to make Chloe jealous. (S)(AD)
8.00 NEW **Love Your Garden: Grow Your Own Special** Cameras follow Alan Titchmarsh across the seasons as he transforms his bare backyard into a stunning kitchen garden, filled with over 60 varieties of delicious produce. (S)
9.00 NEW **The Killing of PC Harper: A Widow's Fight for Justice** Presenter Trevor McDonald looks into the investigation of the death of police officer Andrew Harper in August 2019. *See feature, page 21.* (S)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 NEW TO ITV **Against the Odds** The story of racehorse Desert Orchid, who captivated the world of racing and beyond. (S)
11.45 **Kate & Koji** 4/6. A storm is headed for the town. (S)(R)(AD)
12.10 AM 5/6. Kate's ex-husband Dennis arrives in town. (S)(R)(AD)
12.35 6/6. Kate is being sued by Councillor Bone. (S1) (S)(R)(AD)
1.00 **Shop: Ideal World**
3.00 **Masterpiece with Alan Titchmarsh** From Hever Castle in Kent. (S)(SL)(R)(AD)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** (SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **Countdown** (S)(R)
6.40 **Cheers** 14&15/22. (S1) (S)(R)
7.35 **Everybody Loves Raymond** 3-5/23. (S8) (S)(R)(AD)
9.00 **Frasier** 6-8/24. (S5) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** From Atlanta, Georgia. (S)(R)
11.25 **News** (S)
11.30 **Coast vs Country** (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition (S)
5.30 **Fame in the Family** New edition Shaun Ryder hosts a dinner party for four strangers. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Warren throws himself into his fitness. (S)(AD)

5.00 Four in a Bed

7.00 **News** (S)
8.00 NEW **What If Putin Goes Nuclear?** Documentary in which Jon Snow explores the possible Russian use of nuclear weapons as part of the Ukrainian conflict, asking what it means for the UK and the rest of the world. (S)
9.00 **24 Hours in A&E** New edition A 15-year-old boy is rushed in after going over the handlebars of his bike, a 73-year-old woman dislocates her shoulder, and a man arrives with a swollen hand after falling while dog walking. (S)(AD)
10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(R)(AD)
11.05 **Gogglebox** Opinions on *Line of Duty* and *Beat the Chasers*. (S)(R)
12.10 AM **First Dates** (S)(R)(AD)
1.05 **Ramsay's Kitchen Nightmares USA** From California. (S)(R)
1.55 **The Great Cookbook Challenge with Jamie Oliver** (S)(SL)(R)(AD)
2.50 **Come Dine with Me** (S)(SL)(R)
3.45 **Grayson's Art Club** (S)(SL)(R)(AD)
4.40 **Ugly House to Lovely House with George Clarke** (S)(SL)(R)(AD)
5.35 **to 6.00** AM **Bidding Wars** (S)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Build a New Life in the Country** Property series. (S)(R)
1.10 **News** (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM PREMIERE **Stolen By My Mother: The Kamiyah Mobley Story** Fact-based drama starring Niecy Nash. (S) (2020, PG, 105min) ★★
4.00 **Filthy House SOS** Richard and Brennan help a teacher from Grimsby whose bungalow has fallen into a dreadful state. (S)(R)
5.00 **News** (S)
6.00 **Neighbours** Lost in the bush, Ned and Harlow huddle together until help arrives. (S)(R)
6.30 **Eggheads** New edition Quiz. (S)

7.00 Dream Kitchens

7.00 **Dream Kitchens & Bathrooms with Mark Millar** New edition 3/8. The DIY expert helps create a dream kitchen in Lincolnshire. (S)
7.55 **News** (S)
8.00 **Dogs Behaving (Very) Badly** Series finale Trainer Graeme Hall tries to solve dog behavioural problems, using his experience to find quick but long-lasting solutions. (S)
9.00 **Ben Fogle: New Lives in the Wild** New edition Ben meets previous contributors who turned their back on the rat race and set up home in some of the most remote locations on Earth. (S)
10.00 **Disappearance of Shannon Matthews** Documentary about the disappearance of Shannon Matthews in Yorkshire in 2008, which turned out to be a hoax kidnapping plotted by her mother. (S)(R)
12.05 AM **Rachel Nickell: 16 Year Hunt for Justice** The murder of Rachel Nickell in 1992. (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.10 **Nightmare Tenants, Slum Landlords** (S)(R)
4.00 **Get Your Tatts Out: Kavos Ink** A Mike Tyson tattoo. (S)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 155 46 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Wild Tales from the Farm** 1/4. Life on a British farm. (S)(R)(AD)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 14/19. (S6) (S)(R)
11.00 **NCIS: New Orleans** (S5) (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **S.W.A.T.** 22/22. (S1) (S)(R)(AD)
3.00 **Modern Family** (S4) (S)(R)
4.00 **Will & Grace** (S4) (S)(R)(AD)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 5/25. Will books an unwelcome guest for Hilary's show. (S)(R)
6.00 6/24. Will is caught with his trousers down. (S6) (S)(R)
6.30 **The Simpsons** *Todd, Todd, Why Hast Thou Forsaken Me?* The Simpsons help Todd Flanders rediscover his faith. (S)(R)

9.00 The Dark Knight

7.00 **The Simpsons** *Hail to the Teeth:* Lisa gets more than she bargained for from her new braces. (S)(R)
7.30 *The Miseducation of Lisa Simpson:* The sea captain finds the treasure he has spent his life searching for. (S)(R)
8.00 **A League of Their Own** 10/10. The best pranks, jokes and outtakes that were never meant for the air, courtesy of Jamie Redknapp, Romesh Ranganathan and Andrew Flintoff. (S)(R)(AD)
9.00 FILM **The Dark Knight** Dark comic-book action thriller starring Christian Bale, Heath Ledger, Aaron Eckhart and Maggie Gyllenhaal. Masked vigilante Batman encounters a dangerous new adversary when fiendish criminal mastermind The Joker unleashes a wave of violent anarchy on the streets of Gotham City. (S)(AD) (2008, 12, 152min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.45 **Resident Alien** *Girls' Night:* 3/8. Harry meets a woman unlike any other. (S2) (S)(R)
12.45 AM **Frayed** 3/6. Sammy comes face-to-face with her husband's mistress Bambi. (S2) (S)(R)(AD)
1.40 **Road Wars** Double bill. (R)
3.05 **Hawaii Five-0** 12/23. Three youths find a body. (S2) (S)(R)
4.00 **S.W.A.T.** 22/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
7.00pm River City **8.00** EastEnders **8.20-9.00** Holby City **11.55** The Edit **12.10am** Interior Design Masters with Alan Carr **1.10** Weather for the Week Ahead **1.15-6.00am** BBC News

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
8.30-9.00pm The Fast and the Farmer-ish **10.35** Spotlight **11.05** Crime NI **11.45** The Apprentice **12.45am** Starstruck **1.10-6.00am** BBC News

WALES
Sky **952**, Virgin **864**, Freesat **964**
10.45am Homes Under the Hammer **11.45am-12.15pm** X-Ray **8.35-9.00pm** Nightshifters **10.35** What Just Happened? **11.05** The Apprentice **12.05am** Starstruck **12.25** Interior Design Masters with Alan Carr **1.25-6.00am** BBC News

BBC1 North/North East/North West/East/South West/Yorkshire & Lincolnshire
Sky **956/955/958/101/961/967/957**, Freesat **966/956/955/962/967**
8.30-9.00pm Villages by the Sea

BBC2

N. IRELAND
Sky **972**, Freesat **969**
11.15pm What We Do in the Shadows **12.00m't** Live at the Apollo **12.35-1.00am** BBC News

WALES
Sky **971**, Freesat **971**
1.45pm First Minister's Questions **2.35** Eggheads **3.05** The Heights **3.35** Murder, Mystery and My Family **4.20** The Real Marigold Hotel **5.20-6.00pm** Flog It!

ITV

As main ITV except:
WALES
8.00-9.00pm Richard Parks: Climbing Out of Lockdown **10.45-11.45pm** Love Your Garden: Grow Your Own Special

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** 04 Wal Gwestai'r Byd **12.30** Heno **1.00** Wil ac Aeron: Taith yr Alban **1.30** Ffermio **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Drych **4.00** Awr Fawr **5.00** Stwnsh **6.00** Celwydd Noeth **6.30** Cymry ar Gynfas **6.57** Newyddion S4C **7.00** Heno **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion S4C a'r Tywydd **9.00** Cynefin **10.00** Y Gyfrinach **10.30** Undod Marwol **11.30pm-12.05am** Y Ditectif

BBC3

117/141/173 | 107/157 | 23 109 | 179 107

BBC3 programmes start at 7.00pm

7.00 PM **MasterChef Australia** New edition The hopefuls must cook alongside Gordon Ramsay in a pressure test.
7.55 **The Catch Up**
8.00 **Meet the Khans: Big in Bolton** Amir opens up about his mental health.
8.30 NEW **Rowing Home with Jordan North** The Radio 1 DJ rows 100 miles between London and Burnley.
9.00 NEW **Glow Up Does Red Nose Day** Snoochie Shy, Lady Leshurr, Nikki Lilly, Roman Kemp and The Vivienne take part.
10.00 **Mood** New episode 3/6. Sasha makes a decision she never thought she would. (S1)
10.50 FILM **The Big Sick** Romantic comedy starring Kumail Nanjiani and Zoe Kazan. (2017, 15, 120min) ★★★★
12.45 AM **The Drop**
1.45 **Glow Up Does Red Nose Day** As shown at 9pm.
2.45 **Mood** As shown at 10pm.
3.35 **to 3.55** AM **My Mate's a Bad Date**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's World of Steam, Steel and Stone** Life in the 19th century.
7.30 **Canal Boat Diaries** New edition 2/4. Robbie Cumming travels down the Leeds and Liverpool Canal.
8.00 **Keeping Up Appearances** Daddy loses control while dressed as a spaceman.
8.30 **Yes, Prime Minister** MI5 reveals its former head was a double agent.
9.00 **Britain's Most Fragile Treasure** The history of York Minster's Great East Window.
10.00 **The Treasure Hunters** 1/2. Dallas Campbell and Ellie Harrison seek out the Earth's natural treasures.
11.00 **The Treasure Hunters**
12.00 M'T **James May's Cars of the People** The presenter explores the strange world of the microcar.
2.00 AM **Canal Boat Diaries**
2.30 **Fred Dibnah's World of Steam, Steel and Stone**
3.00 **to 4.00** AM **Britain's Lost Masterpieces**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun**
10.35 **Find It, Fix It, Flog It**
12.35 PM **Heir Hunters**
1.35 **Four in a Bed**
4.15 **The Hotel Fixers** New edition Francis and John Brennan restore a riverside restaurant.
4.50 **Find It, Fix It, Flog It** Simon O'Brien finds a collection of replica Rolls-Royce cars.
5.50 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a former rally driver's Mini.
6.55 **Escape to the Chateau: DIY** Tim and Margreeth launch a foodie weekend.
7.55 **Devon and Cornwall** 2/8. A former miner returns to the Cornish colliery where he used to work.
9.00 **Car S.O.S** Series finale Fuzz and Tim restore a Bond Bug, a wedge-shaped three-wheel car from the 1970s belonging to 69-year-old Ian, who has Parkinson's disease.
10.00 **Guy's Road to Chernobyl** 3/3. Guy Martin visits the site of the Chernobyl disaster to explore the engineering solutions designed to make the area safe.
11.05 **24 Hours in A&E**
12.10 AM **8 Out of 10 Cats Does Countdown**
1.10 **Car S.O.S**
2.05 **Location, Location, Location** From Suffolk.
3.10 **to 3.40** AM **Father Ted**

+1 hour 236 196 86 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Married at First Sight Australia**
10.30 **The Big Bang Theory**
11.00 **Young Sheldon**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Young Sheldon**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes. (S9&3)
7.00 **Hollyoaks** Zara and Tony prepare for their debate, but a blast from the past could ruin things for Zara.
7.30 **Married at First Sight Australia** New edition The experts introduce two new couples to the experiment who will be walking down the aisle – Kate and Matt, and Carolina and Dion.
9.00 **The Real Dirty Dancing** Series finale 8/8. The Grand Final sees two celebrity couples battle it out to be the last Baby and Johnny standing.
10.20 **Naked Attraction**
12.30 AM **Gogglebox**
1.30 **Married at First Sight Australia** As 7.30pm.
2.55 **The Real Dirty Dancing**
4.05 **Below Deck: Mediterranean**
4.55 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hour 235 146 30 123

Tuesday primetime

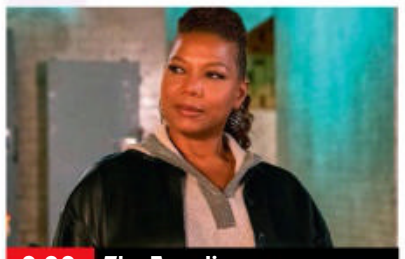
TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **Air Ambulance ER**
11.00 **Law & Order** 17/24. (S15)
12.00 NOON **Bull** 3/22. The DA's office asks Jason for assistance in the prosecution of a fraternity. (S2)
1.00 PM **Blue Bloods** (S11)
3.00 **Private Eyes** 12/12. A carnival worker's body is found. (S4)
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**


9.00 The Equalizer

7 PM

7.00 **Air Ambulance ER** The emergency team go to the rescue of a lumberjack who has fallen from a great height.

8 PM

8.00 **Blue Bloods** *My Brother's Keeper:* 14/22. Danny goes against Jamie's orders during a hostage negotiation. (S9)

9 PM

9.00 **The Equalizer** New episode *When Worlds Collide:* 7/12. Bishop asks for help when a terrorist targets his son. (S2)

10 PM

10.00 **Criminal Minds** *Rusty:* 7/10. Prentiss evaluates her relationship with Special Agent Andrew Mendoza. (S15)
11.00 **Law & Order: SVU** (S12)
12.00 M'T **The Rookie** 2/20. (S1)
1.00 AM **Bull** 10/16. (S5)
2.00 **Transplant** 10/13. (S1)
3.00 **Bull** 3/22. (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Fish Town**
8.00 **CSI** 7/24. (S6)
9.00 **The Newsroom** 7/9. (S2)
10.05 **The Sopranos** (S3)
12.25 PM **Game of Thrones** (S6)
1.30 **Totti: One Captain** (S1)
3.30 **Ray Donovan** 4/12. Ray discovers a secret Ezra. **4.35** 5/12. Ray and Mickey go on a road trip to Primm. (S4)
5.40 **The Sopranos** 7/13. Junior undergoes surgery for cancer. **6.50** 8/13. Meadow and Jackie Jnr find they have more in common. (S3)

9.00 The Gilded Age

7.55 **Game of Thrones** *Homeward Bound:* 2/10. Bran trains with the Three-Eyed Raven, while at Castle Black, the Night's Watch stands behind Alliser Thorne. (S6)

9.00 **The Gilded Age** New episode *Tucked Up in Newport:* 8/9. Peggy reveals the truth about her past. (S1)

10.05 **Raised by Wolves** *Faces:* 7/10. Campion is forced to choose whether to resist the Mithraic or ally himself with them. (S1)
11.10 **Big Love** 7/12. Margene's mother comes to visit. **12.15** AM 8/12. Lois runs out of options as Frank pressures her for money. (S2)
1.20 **Get Shorty** 3&4/7. (S3)
3.30 **In Treatment** 14/28. (S3)
4.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S4)
8.00 **Arrow** 2/22. (S7)
9.00 **DC's Legends of Tomorrow**
10.00 **The Flash** 14/19. (S6)
11.00 **NCIS: New Orleans** (S5)
1.00 PM **Hawaii Five-0** (S2)
2.00 **S.W.A.T.** 22/22. (S1)
3.00 **DC's Legends of Tomorrow**
4.00 **Arrow** 3/22. (S7)
5.00 **The Flash** 14/19. Kid Flash returns to Central City. (S6)
6.00 **Stargate SG-1** 6/22. O'Neill and Teal'c are exposed to a strange alien device. (S4)

3.00 DC's Legends of Tomorrow

7.00 **Stargate SG-1** *Watergate:* 7/22. The team are asked to help when the Russians encounter problems. (S4)

8.00 **A League of Their Own** The best pranks, jokes and outtakes that were never meant for the air.

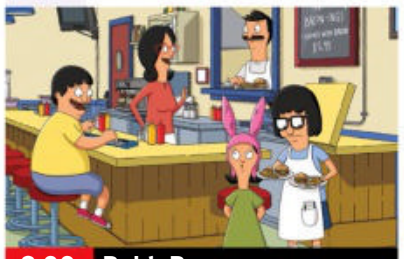
9.00 **Strike Back: Retribution** 1/10. The disbanded Section 20 unit are reinstated after a terrorist escapes from prison. (S6)

10.00 **SEAL Team** *Man on Fire:* 6/14. Jason is forced to make decisions that put the team's jobs and lives at risk. (S5)
11.00 **Resident Alien** 3/8. (S2)
12.00 M'T **Frayed** 3/6. Sammy comes face-to-face with her husband's mistress. (S2)
1.00 AM **The Blacklist** (S8)
3.05 **Hawaii Five-0** 12/23. (S2)
4.00 **S.W.A.T.** 22/22. (S1)
5.00 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Dress to Impress**
7.00 **The Ellen DeGeneres Show**
8.00 **You've Been Framed! Gold**
9.00 **Secret Crush**
10.00 **Dress to Impress**
11.00 **Love Bites**
12.00 NOON **Supermarket Sweep**
1.00 PM **Tipping Point: Lucky Stars**
2.00 **Rolling in It**
3.00 **The Ellen DeGeneres Show** New edition Talk show.
4.00 **The Masked Singer US**
5.00 **You've Been Framed! Gold**
6.00 **Celebrity Catchphrase**


8.00 Bob's Burgers

7.00 **Superstore** 1/22. Olympic fever hits the store. **7.30** 9/11. The staff get locked in overnight due to a computer error. (S1)

8.00 **Bob's Burgers** 8/9. Tina befriends a mean girl at school. **8.30** 9/9. Gene upstages Bob on a TV show. (S2)

9.00 **Family Guy** 6/18. Lois becomes a teacher. **9.30** 8/18. Peter volunteers to join the police force. (S5)

10.00 **Plebs** 5/8. A crime wave sweeps the city. **10.30** 6/8. Marcus and Stylax help invent a new office-based sport. (S3)
11.00 **Family Guy** 4/30. Meg becomes convinced she is unattractive to boys. (S4)
11.30 **American Dad!** (S12)
12.25 AM **Bob's Burgers** (S3)
1.25 **Superstore** (S1)
2.20 **Hey Tracey!** (S2)
3.15 **to 3.30** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Man About the House**
9.40 **A Touch of Frost**
11.50 **Heartbeat**
2.00 PM **Classic Emmerdale**
3.00 **Classic Coronation Street**
4.05 **Midsomer Murders** *Blood on the Saddle:* A land dispute leads to murder.
6.00 **Heartbeat** *Face Value:* A CND rally at the Early Warning Installation creates chaos in Aidensfield.

11.00 Scott & Bailey

7.00 **Heartbeat** *Outsiders:* Village life is disrupted by a circus family who are accused of corrupting the vicar's daughter.

8.00 **Midsomer Murders** *Shot at Dawn:* A new war memorial in Midsomer Parva stirs up an old feud between the Hammonds and their neighbours the Hickses, whose ancestor was shot for cowardice at the Somme. Guest stars Donald Sinden

10.00 **Law & Order: UK** *Confession:* 4/7. An old friend of Devlin is murdered. Guest stars Matthew Marsh. (S3)
11.00 **Scott & Bailey** 2/6. Rachel's life becomes more complicated, and Janet reopens the investigation into Veronica's murder. Guest stars Sally Lindsay. (S1)
12.00 M'T **A Touch of Frost**
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
2.15 PM **BBC Scotland News Special – Coronavirus Update**
3.15 **This Is BBC Scotland**
7.00 **Born to Be Wild** Rescue officer Bob has to deal with a bat caught in a light fitting.
8.00 **This Farming Life** New edition 11/12. In Orkney, Sean draws one step closer to his dream. Plans for the farm shop are halted by a dramatic birth in Loch Ness.
9.00 **The Nine**
10.00 **Return to Real Kashmir FC** Documentary following Davie Robertson in his time as manager of Real Kashmir FC.
11.00 PM **to 12.00** M'T **The Fort** Documentary following Scottish Highland League side Fort William.

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Parks and...**
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S6)
11.30 **The Office (US)** (S9)
12.00 NOON **Mindy Project**
1.00 PM **Miracle Workers**
2.00 **A.P. Bio** 3&4/13. (S1)
3.00 **Modern Family** (S4)
4.00 **Will & Grace** (S4)
5.00 **The Office (US)** (S9)
5.30 **Fresh Prince of Bel Air**
6.30 **Will & Grace** (S6)
8.00 **Parks and Recreation**
9.00 **Somebody Somewhere** New episode 3/8. (S1)
9.30 **Pen15** 11&12/15. (S2)
10.45 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.45 **The Late Late Show with James Corden** New edition Talk show.
12.45 AM **A Black Lady Sketch Show** (S2)
2.00 **NEW SERIES Bloods**
2.30 **Russell Howard Live**
4.00 **Sick of It** (S2)
4.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Schumann: The Complete Symphonies**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **World War II & Cinema** Documentary.
1.00 PM **Tales of the Unexpected**
2.00 **Discovering**
3.00 **Too Young to Die**
4.00 **Gene Tierney: A Forgotten Star**
5.00 **Tales of the Unexpected**
6.00 **Discovering**
7.00 **Big Design Challenge** Paul and Phil Hartnoll of Orbital set a challenge.
8.30 **Exhibition on Screen**
9.30 **John Lennon: Imagine** The making of the 1971 album.
11.00 **Jane Fonda In Five Acts**
1.30 AM **Margaret Atwood: A Word After a Word After a Word Is Power**
3.30 **Off Camera**
4.45 **Arts Uncovered**
5.00 **to 6.00** AM **The Art of Architecture**

Pick

159 156 | 36 | 144

7.00 AM **Border Security**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Highway Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Border Patrol**
2.00 **Border Security**
3.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S2)
5.00 **Star Trek: The Next Generation** 20/26. (S3)
6.00 **Quantum Leap** (S5)
7.00 **Hawaii Five-0** (S1)
8.00 **Killer in My Village**
9.00 **FBI** 4/22. (S1)
10.00 **Grimm** 5/22. (S2)
11.00 **Killer Families**
12.00 M'T **Britain's Most Evil Killers** Harold Shipman.
1.00 AM **The Force: Manchester**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Will & Grace**
9.00 **My Wife and Kids**
11.00 **Younger** (S5)
1.00 PM **Friends** (S6)
7.00 **Friends** 17/25. Chandler's gift for Monica lands him in trouble. **7.30** 18/25. Chandler gives Joey career advice. **8.00** 19/25. Rachel longs for a date. **8.30** 20/25. Joey auditions for a big role.
9.00 **FILM Meet the Parents** Comedy starring Robert De Niro. (2000, 12, 108min) ★★★★
11.00 **Kevin Hart Live: Seriously Funny**
12.00 M'T **Rhod Gilbert's Growing Pains**
1.00 AM **Ricky Gervais Show**
2.00 **The Alternative Comedy Experience**
3.05 **South Park** (S11)
3.35 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **The Real Housewives of Potomac**
1.25 **The Real Housewives of Cheshire** Reality series.
2.25 **The Only Way Is Essex**
3.10 **Little Women: LA**
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Orange County**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched**
10.00 **For Real: The Story of Reality TV** The four original cast members of *The Real World* reunite.
11.00 **Bridezillas**
11.55 **The Only Way Is Essex**
12.45 **to 1.00** AM **Unwind with ITV**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **World of Sport**
6.10 **Cadfael**
7.30 **Dempsey and Makepeace**
8.25 **The Protectors**
9.00 **ITV Racing: Opening Show**
10.05 **The Derby Through the Years**
10.20 **River Monsters**
10.50 **Minder**
11.55 **The Champions**
1.00 PM **Cadfael**
2.40 **Dempsey and Makepeace**
3.45 **The Professionals**
4.50 **Minder**
5.55 **Made in Britain**

9.00 The Bourne Legacy

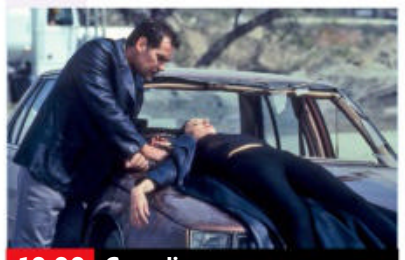
6.55 **The Chase Celebrity Special** With Sam Quek, Basil Brush, Andi Peters and Charlie Higson.
8.00 **The Great British Treasure Hunt** New edition 2/5. Henry Cole takes five teams to Layer Marney in Essex.
9.00 **FILM The Bourne Legacy** Thriller sequel with Jeremy Renner. A genetically enhanced secret agent goes on the run with his supervisor when his life is threatened from within his organisation. (2012, 12, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **All Elite Wrestling: Rampage** Hard-hitting wrestling action.
12.45 AM **The Professionals** *Man Without a Past:* Bodie is suspended from duty.
1.45 **Dempsey and Makepeace** *Bird of Prey:* A child is abducted.
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Quantum Leap** (S2)
7.00 **Star Trek: Enterprise** (S4)
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **The Librarians** (S2)
2.00 **V** 4/19. (S3)
3.00 **Fringe** 6/22. (S4)
4.00 **Stargate Atlantis** (S3)
5.00 **Stargate SG-1** 8/22. (S3)
6.00 **Star Trek: Enterprise** 5/22. Having escaped from Archer, Soong returns to the medical facility. (S4)


10.00 Guardian

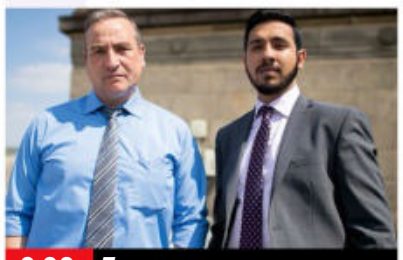
7.00 **Quantum Leap** *Good Morning, Peoria:* 6/22. Sam materialises as a DJ whose radio station is under threat. (S2)
8.00 **Fringe** 6/22. Olivia and the team try to establish the pattern between a series of tragic time-loop anomalies. (S4)
9.00 **Grimm** *Endangered:* 19/22. Nick wonders if a series of attacks on cattle are the work of aliens rather than Wesen. (S2)
10.00 **FILM Guardian** Horror with Mario Van Peebles and James Remar. (2000, 15, 86min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Stargate SG-1** 8/22. The team members are mistaken for demons. (S3)
1.00 AM **Stargate Atlantis** (S3)
2.00 **Star Trek: Enterprise** (S4)
3.00 **Star Trek: Voyager** (S2)
4.00 **Fringe** 6/22. (S4)
5.00 **to 6.00** AM **V**

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries** (S13)
9.00 **Unforgettable** 2/13. (S2)
10.00 **Major Crimes** 18/19. (S3)
11.00 **Rizzoli & Isles** 7/16. (S4)
12.00 NOON **Hudson & Rex** (S3)
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S9)
4.00 **Unforgettable** 3/13. Carrie investigates a lethal poisoning in a hotel. (S2)
5.00 **Major Crimes** 19/19. (S3)
6.00 **Hudson & Rex** 15/16. A magician dies during a practice-run of her latest routine. (S3)


9.00 Traces

7.00 **Rizzoli & Isles** *All for One:* 7/16. Jane and Maura investigate when an apparently popular teacher is killed. (S4)
8.00 **Father Brown** *The Angel of Mercy:* The priest is suspicious when Mrs McCarthy's friend dies in her sleep.
9.00 **Traces** New episode 5/6. Another deadly explosion occurs, and Kathy suspects Jean of having a secret to hide. (S2)
10.00 **Smother** 5/6. Events spiral out of control at Anna's birthday lunch despite Val's attempts to keep the family together. (S1)
11.10 **Rizzoli & Isles** 9/13. Evidence that connects a suspect to a double homicide goes missing. (S7)
12.10 AM **Why Women Kill** (S2)
1.10 **Evil** 12/13. (S2)
2.10 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.30 AM **Highlights**
8.35 **Hi-de-Hi!**
9.20 **Last of the Summer Wine**
10.40 **The Green Green Grass**
11.20 **Dad's Army**
12.40 PM **Chef!**
1.20 **Hi-de-Hi!**
2.00 **Desmond's**
2.35 **The Green Green Grass**
3.15 **Fawlty Towers**
4.00 **Last of the Summer Wine**
5.20 **dinnerladies**
6.00 **Desmond's**
6.35 **Hi-de-Hi!**

6.00 Desmond's

7.20 **The Green Green Grass** The family await the arrival of Tyler's French exchange student.
8.00 **Dad's Army** Mainwaring dreams he is Napoleon. at the Battle of Waterloo. **8.40** Mainwaring camps the platoon in the middle of a firing range, forcing Corporal Jones to raise the alarm.
9.20 **Fawlty Towers** Manuel's pet rat escapes.
10.00 **Men Behaving Badly** Dorothy tells Gary she wants to start a family.
10.40 **Billy Connolly Does...** The subject of fatherhood.
11.45 **Peep Show** Double bill.
12.50 AM **French and Saunders** A parody of *Misery*.
1.30 **Chef!** Everton makes a dish that is so good, Gareth is forced to put it on the menu.
2.05 **Men Behaving Badly**
2.35 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.10 AM **Sin City Motors**
8.00 **Timber Kings**
9.00 **Storage Hunters UK**
10.00 **Top Gear**
11.00 **World's Most Dangerous...**
12.00 NOON **Red Bull Soapbox Race** Action from Barcelona.
1.00 PM **Border Force**
2.00 **World's Most Dangerous Roads** The Peruvian Andes.
3.00 **Rick Stein's Road to Mexico**
4.00 **Red Bull Soapbox Race**
5.00 **Rick Stein's Secret France**
6.00 **Taskmaster**

10.00 Mel Giedroyc: Unforgivable

7.00 **Richard Osman's House of Games** With Samira Ahmed and Dom Joly.
7.40 **Room 101** With Shaun Ryder, Meera Syal and Sam Simmons.
8.20 **Would I Lie to You?** With Jimmy Carr, Marcus Brigstocke, Terry Christian and Jamelia.
9.00 **QI XL** Host Sandi Toksvig and regular panellist Alan Davies are joined by Tom Allen, Ed Gamble and Maggie Aderin-Pocock.
10.00 **Mel Giedroyc: Unforgivable** New edition 6/8. With Keith Lemon, Sara Cox and Nabil Abdulrashid.
11.00 **Meet the Richardsons**
11.40 **QI** With Jack Dee.
12.20 AM **Hypothetical**
1.00 **QI** With Julian Clary.
1.40 **Would I Lie to You?**
2.15 **Mel Giedroyc: Unforgivable**
3.15 **Famalam**
3.40 **to 4.00** AM **Indestructibles**

+1 hour 211 131 25

Tuesday

7 PM
8 PM
9 PM
10 PM

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 **FILM The Seven Year Hitch** Romantic comedy. (2012, PG, 88min) ★★
11.50 **GREAT! Movie News**
12.00 NOON **Sue Thomas: F.B.Eye** 10/19. (S3)
1.00 PM **Perception** (S2)
2.00 **Body of Proof** 8/9. (S1)
3.00 **Castle** 9/22. (S8)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 18/26. Potter's horse goes AWOL. **8.30** 19/26. The surgeons update their skills. (S7)
9.00 **Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **M*A*S*H** (S7)
3.00 **Hart to Hart** (S2)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** In Nottingham.
10.30 **A New Life in the Sun: Where Are They Now?**
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun**
7.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer head to Edinburgh.
8.00 **Kirstie and Phil's Love It or List It: Brilliant Builds** Helping to settle the squabbles of warring couples.
9.00 **FILM Once Upon a Time... in Hollywood** Quentin Tarantino's drama starring Leonardo DiCaprio. (2019, 18, 161min) ★★★★★
12.15 AM **Naked Attraction**
1.20 **24 Hours in A&E**
3.25 **First Dates**
4.30 **to 5.00** AM **A Place in the Sun**

5USA

141 141 153 21 129

9.00 AM **NCIS** 4&5/24. (S7)
10.55 **Entertainment News**
11.00 **NCIS** 6/24. (S7)
12.00 NOON **Law & Order**
2.55 PM **Entertainment News**
3.00 **Law & Order** (S17)
6.00 **NCIS** *Moonlighting:* 20/24. An NCIS polygraph specialist comes under suspicion. **7.00** *Obsession:* 21/24. Tony becomes obsessed with a case. **8.00** *Borderland:* 22/24. The agents track down a serial killer. (S7)
9.00 **Law & Order: Criminal Intent** *Blind Spot:* 1/22. A former ambassador's daughter is killed. **10.00** *Tru Love:* 2/22. A surgeon's death is investigated. (S6)
11.00 **Law & Order: Special Victims Unit** (S12)
1.50 AM **Private Eyes** (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Last Man Standing**
8.20 **Shoplifters & Scammers: At War with the Law**
9.10 **Filthy House SOS**
10.10 **Judge Judy**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **Caught on Camera: Funniest Moments**
8.00 **Riots & Robbers: Caught on Camera**
9.00 **FILM Gone in Sixty Seconds** Thriller starring Nicolas Cage. (2000, 15, 117min) ★★★
11.25 **Broadmoor: Serial Killers & High Security**
1.00 AM **Casualty 24/7: Every Second Counts**
2.00 **100% Hotter**
3.05 **Judge Judy**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **MasterChef Canada** New edition The home cooks go back to school for a team challenge.
8.00 **Cops on the Rock**
9.00 **Louis Theroux: Surviving America's Most Hated Family**
10.00 **999 Rescue Squad** New edition
11.00 **Cops on the Rock**
12.00 M'T **One Born Every Minute** Documentary.
1.00 AM **Extreme Food Phobics** A chef who can't stomach his own food.
2.00 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 190

Drama

143 130 20 158

7.00 AM **Brush Strokes**
7.40 **Hetty Wainthropp Investigates**
8.35 **The Bill**
9.35 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Hetty Wainthropp Investigates**
3.20 **Lovejoy**
4.20 **Peak Practice**
5.20 **Brush Strokes**
6.00 **Are You Being Served?**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *Bones and Silence:* A husband is suspected of shooting his wife.
10.00 **New Tricks** *Nine Lives:* The team look into an elderly woman's death.
11.20 **Silent Witness**
1.35 AM **Kavanagh QC**
2.55 **to 4.00** AM **Where the Heart Is**

+1 hour 243 226 74

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

CBS Drama

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 20/22. (S5)
12.00 NOON **Medium** (S3)
1.00 PM **JAG** 19&20/25. (S5)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *1-900-Lucky:* 18/22. Allison's brother Michael gets a job on a telephone hotline as a psychic, and finds himself talking to a distressed caller linked to a murder case his sister is investigating. (S3)
10.00 **Unsolved Mysteries** Featuring stories of pets that saved lives. **11.00** The story of how a serial killer was brought to justice.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **Something's Killing Me**
4.55 **to 6.00** AM **Matlock**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 2&3/25. (S7)
3.00 **CSI: Miami** 5/24. (S3)
4.00 **NCIS** 4/24. (S10)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger**
9.00 **CSI: Miami** *Legal:* 5/24. An 18-year-old girl is killed at a nightclub and a suspicious man shows up at the crime scene the next day – with a dead body in his car. (S3)
10.00 **NCIS** *Lost at Sea:* 4/24. Survivors from a helicopter crash are discovered. (S10)
11.00 **Diagnosis Murder**
1.00 AM **Walker, Texas Ranger** 4&5/25. (S7)
2.55 **JAG** 13/15. (S2)
3.55 **Click for Murder**
4.45 **to 6.00** AM **Medical Detectives**

Challenge

160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **The Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Blankety Blank**
5.00 **Bullseye** Double bill the darts-based quiz.
6.00 **Tenable** Five friends from Wales take part.
7.00 **Pointless Celebrities** Alexander Armstrong and Richard Osman host a celebrity version of the quiz show seeking the most obscure answers to general knowledge questions.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?** Quiz show.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!

151 151 835 164 163

7.00 AM **Kourtney and Khloé Take Miami**
7.30 **10 Things You Don't Know** Jennifer Lawrence.
8.00 **Keeping Up with the Kardashians**
10.00 **News: Daily Pop**
11.00 **Total Bellas**
12.00 NOON **Keeping Up with the Kardashians**
7.00 **Botched**
8.00 **Relatively Famous: Ranch Rules**
9.00 **Hollywood Medium with Tyler Henry** With Khloe Kardashian, Kylie Jenner and Ru Paul.
10.00 **Nightly Pop**
10.30 **The Bradshaw Bunch**
11.00 **Dr 90210**
12.00 M'T **Total Bellas**
1.00 AM **Kourtney and Khloé Take Miami**
1.30 **10 Things You Don't Know** Kevin Hart.
2.00 **Teleshopping**
3.00 **to 5.00** AM **Rich Kids of Beverly Hills**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Framing John DeLorean** Documentary.
8.00 **Urban Secrets**
9.00 **Discovering: Denzel Washington**
10.00 **The Directors**
11.00 **The Story of Late Night**
12.00 NOON **The Eighties**
1.00 PM **JFK: Destiny Betrayed** As 8pm.
2.00 **The Crime of the Century** Documentary.
4.10 **Discovering: Denzel Washington**
5.00 **The Directors**
6.00 **The Story of Late Night**
7.00 **The Eighties**
8.00 **JFK: Destiny Betrayed** 2/4. Oliver Stone's documentary.
9.00 **The Zen Diaries of Garry Shandling** 1&2/2.
1.50 AM **Dying to Divorce**
3.30 **PL Legends: Gary Neville**
4.00 **Discovering: Denzel Washington**
5.00 **to 6.00** AM **Urban Secrets**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Volcanic Odysseys**
7.00 **Monkey Life**
8.00 **Wild Tales from the Farm** Life on a farm.
9.00 **Undiscovered Vistas**
10.00 **Waterworld Africa**
11.00 **Deadly Australians**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Wild Tales from the Farm** Life on a farm.
3.00 **Undiscovered Vistas**
4.00 **Waterworld Africa**
5.00 **Deadly Australians**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Seasons of the Wild**
9.00 **Gangs of Lemur Island**
10.00 **Deadly Australians**
11.00 **Hope for Wildlife**
12.00 M'T **Africa's Wild Horizons** The Okavango.
1.00 AM **Ocean Parks**
2.00 **Seasons of the Wild**
3.00 **Gangs of Lemur Island**
4.00 **Wild Tales from the...**
5.00 **to 6.00** AM **Undiscovered Vistas**

HGTV

158 286 44 166

7.00 AM **Homes Under the Hammer** In Surrey.
8.00 **Fantasy Homes by the Sea** From Weymouth.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer Upper**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **DIY SOS**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **The Great Interior Design Challenge**
9.00 **My Dream Home: Brother v Brother**
10.00 **100 Day Dream Home** New edition
11.00 **Fixer Upper**
12.00 M'T **Escape to the...**
1.00 AM **DIY SOS**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **Mexico Life**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Highlights**
8.00 **Guy's Grocery Games** New edition
9.00 **Bikers' Best of British**
10.00 **Tom's American Feast**
11.00 **Nigel's Real Food Show**
12.00 NOON **Great British...**
1.00 PM **Friday Night Feast**
2.00 **James Martin's United Cakes of America**
3.00 **Rachel Allen: Bake!**
4.00 **Tom's American Feast**
5.00 **The Pioneer Woman** New edition
5.30 **Delicious Miss Brown** New edition
6.00 **Barefoot Contessa** New edition
6.30 **Girl Meets Farm** New edition
7.00 **Great British Bake Off**
8.00 **Bikers' Best of British**
9.00 **Tom's American Feast**
10.00 **French Country Cooking**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery...**
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Treehouse Masters**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Life Below Zero**
12.00 NOON **Ice Lake Rebels**
1.00 PM **Edge of Alaska**
2.00 **Lone Star Law**
3.00 **Helicopter ER**
4.00 **Disasters at Sea**
5.00 **Alaskan Bush People**
6.00 **Outback Truckers**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
10.00 **Deadliest Catch**
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid**
2.00 **Kindig Customs**
3.00 **Bear Grylls: Born Survivor** In Ireland.
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **999: Criminals Caught on Camera**
9.25 **Traffic Cops**
11.30 **FILM Bite the Bullet** Western. (1975, PG, 131min) ★★★★
2.10 PM **FILM The Spoilers** Western. (1942, b/w, PG, 87min) ★★
4.00 **Sinkholes**
5.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 **Motorway Cops: Catching Britain's Speeders** A van wheel spins off and strikes an oncoming car.
10.00 **Police: Hour of Duty**
11.00 **Fights, Camera, Action!**
12.00 M'T **The Real Narcos**
UK: Liverpool's Most Feared Family
1.00 AM **999: Criminals Caught on Camera**
3.00 **Seconds from Death: Caught on Camera**
4.00 **Car Crash TV**
4.50 **to 5.00** AM **Entertainment News**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **Caught Red Handed**
8.30 **Road Wars**
9.00 **Nothing to Declare**
10.00 **Brit Cops**
11.00 **Road Wars**
12.00 NOON **When Life Means Life**
1.00 PM **Britain's Most Evil...**
2.00 **How I Caught the Killer**
3.00 **World's Most Evil Killers**
4.00 **Killer in My Village**
5.00 **Killer Families**
6.00 **World's Most Evil Killers**
7.00 **How I Caught the Killer**
8.00 **Britain's Most Evil Killers** Jason Marshall.
9.00 **Private Confessions of a Serial Killer**
10.35 **Snapped**
11.30 **Britain's Most Evil...**
12.30 AM **World's Most Evil...**
1.30 **Murdered at First Sight**
2.30 **How I Caught the Killer**
3.30 **Brit Cops**
4.30 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A renowned surgeon is found murdered. **7.30** A woman is accused of murder.
8.00 **Written In Blood** The case of a stabbing victim.
9.00 **Murder By the Sea** Deadly tales from the coastlines of the UK.
10.00 **Murder: First on Scene** New edition A community is distraught when a 16-year-old is murdered in an alleyway in Burlington, Iowa.
11.00 **Fatal Vows**
12.00 M'T **The Mind of a Murderer** Milton Gobert.
1.00 AM **Murder By the Sea**
2.00 **Murder: First on Scene**
3.00 **Written In Blood**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Celebrity Damage Control**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In Dorset.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** A filing cabinet.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Phoenix**
4.00 **Pit Bulls & Parolees**
5.00 **Ambulance**
6.00 **The Yorkshire Auction House** A team perform house clearances.
7.00 **Antiques Road Trip**
9.00 **The Hotel Inspector** Alex visits North Devon to help get Yeoldon House back on track.
10.00 **Cops UK: Bodycam Squad** Annie and Dave are sent to investigate a disturbance in a garden.
11.00 **Ghost Adventures**
1.00 AM **Kindred Spirits**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Phoenix**

Blaze

164 216 64 162

6.00 AM **Hardcore Pawn**
7.25 **The Liquidator**
7.55 **American Restoration**
8.25 **Ancient Aliens**
10.20 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
3.30 **The Liquidator**
4.00 **Ancient Aliens**
6.00 **The Curse of Oak Island**
7.00 **Dickinson's Real Deal**
9.00 **Monsterquest**
10.00 **Search for the Lost Giants** Two game-changing discoveries are made in the Ozarks.
11.00 **Alaska: Mysteries Unsolved**
12.00 M'T **The Liquidator**
12.30 AM **Storage Wars**
1.00 **Storage Wars Canada**
2.00 **Mountain Men**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Extreme Cheapskates**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Good Bones**
2.00 **Sister Wives**
3.00 **Nate & Jeremiah by...**
4.00 **Dr Pimple Popper**
5.00 **So Freakin Cheap**
6.00 **Love After Lock Up**
7.00 **Say Yes... Atlanta**
8.00 **Celebrity IOU**
9.00 **Katie Price: My Crazy Life**
10.00 **Temptation Island** New edition
11.00 **Dr Pimple Popper**
12.00 M'T **Celebrity IOU**
1.00 AM **Katie Price: My Crazy Life**
2.00 **Temptation Island**
3.00 **Say Yes...UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **Entertainment News**
9.10 **GPs: Behind Closed Doors** Documentary.
10.05 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **The Yorkshire Vet**
7.00 **Britain's Greatest Bridges** The story of the Humber Bridge.
8.00 **The Thames at Night with Tony Robinson** Tony reveals how the River Thames plays a vital role in keeping London on the move.
9.00 **Walking Tudor England** Royal locations in London.
10.00 **Ben Fogle: New Lives in the Wild** Double bill.
12.00 M'T **Secret History of WW2** Triple bill.
3.00 AM **Walking Britain's Lost Railways**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Jimmy's Dream Builds on Wheels**
8.00 **The Repair Shop**
9.00 **Combat Dealers**
10.00 **Chasing Classic Cars**
11.00 **Fantomworks**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **The Repair Shop**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Kings of the Wood** New edition
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Arctic Ice Railroad**
2.00 **Iron Resurrection**
3.00 **Fantomworks**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes... UK**
7.00 **Say Yes... Atlanta**
8.00 **My Cat from Hell**
9.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Perfect Murder**
2.00 **Disappeared**
3.00 **Forbidden: Dying for Love** A man's illicit affair.
4.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr. Pimple Popper: Pop Ups** A serious bump.
9.00 **Too Large** New edition Meghan works to keep Vanessa's diet on track.
10.00 **My Extreme Excess Skin**
11.00 **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Phoenix**
4.40 **Guardians of Rescue**
5.30 **to 6.00** AM **Say Yes to the Dress**

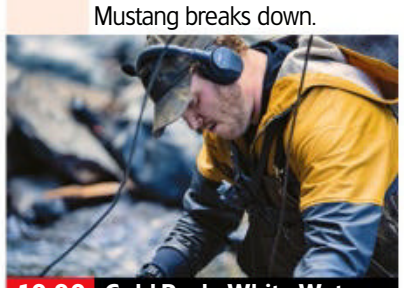
+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Gold Rush: White Water**
3.00 **Rise of the Machines** The construction of freight trains.
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud** Richard's Mustang breaks down.



10.00 Gold Rush: White Water

7.00 **Outback Truckers** Trucker Brian dodges high-tech solar cars and battles heavy-haulage blow-outs.
8.00 **Bad Chad Customs** Custom car artist Chad Hiltz and his team make an elegant one-of-a-kind coupe in the shop.
9.00 **Gold Rush** New edition Rick finally hits the rich pay layer, Tony prospects new ground, while tensions rise on California Creek.
10.00 **Gold Rush: White Water** New edition Dakota Fred and his son Dustin risk their lives to find a fortune in gold.
11.00 **Combat Dealers** Gear from the Battle of Arnhem.
12.00 M'T **Gold Rush**
1.00 AM **Gold Rush: White Water**
2.00 **Moonshiners**
3.00 **Gold Rush**
4.00 **Fast N' Loud**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Dogs 101: Specials**
10.00 **Animal Precinct**
11.00 **Extinct or Alive**
12.00 NOON **Restoration Wild**
1.00 PM **Born Mucky: Life on the Farm** Thieves strike before harvest in Herefordshire.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **Bad Dog!**
5.00 **Animal Precinct**
6.00 **Alaska Monsters** Reports of a supposedly massive wolf.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** How cats can detect an imminent earthquake. **7.30** Exploring why elephants have trunks.
8.00 **The Crocodile Hunter: Best of Steve Irwin** Steve meets chameleons, snakes and crocodiles on the island of Madagascar.
9.00 **Predators Up Close with Joel Lambert** Joel takes a dip in the shark-infested waters off the Cape of Good Hope.
10.00 **I Was Prey** The experiences of a canoeist dragged into the water by a hippo near Victoria Falls in southern Africa.
11.00 **Treehouse Masters** Pete Nelson builds a butterfly-themed treehouse.
12.00 M'T **In Search of Monsters** An alleged monster in New Jersey.
1.00 AM **How Do Animals Do That?**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **to 5.00** AM **Bad Dog!**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Lost Treasures of Egypt**
9.00 **Time Scanners**
10.00 **Ancient X Files**
11.00 **D-Day Revealed: Drain the Ocean** Sonar technology is used to explore the wreckage of ships sunk on D-Day.
12.00 NOON **Hitler Youth**
1.00 PM **World War II: The Apocalypse** Stalingrad.
2.00 **Nazi Megastructures**
3.00 **Air Crash Investigation**
5.00 **To Catch a Smuggler**
6.00 **Car S.O.S** Tim and Fuzz take on a Jensen Interceptor.

9.00 Lost Cities: Great Flood

7.00 **Car S.O.S** Tim and Fuzz take on possibly their most obscure car to date, a little-known 1964 trials competition car.
8.00 **Lost Tombs of the Pyramids** In the shadow of the pyramids, a team of archaeologists embark on a huge excavation.
9.00 **Lost Cities: The Great Flood** Albert Lin is on a global adventure, searching for the origins of Great Flood stories.
10.00 **King Solomon's Treasures** Experts join the hunt for King Solomon's mines and evidence of his existence.
11.00 **Air Crash Investigation**
12.00 M'T **Alaska: The Next Generation**
1.00 AM **Ice Road Rescue: Highway Havoc!**
2.00 **Lawless Island**
3.00 **Mega Volcano**
4.00 **to 5.00** AM **Nazi Secrets Revealed: Draining the Ocean**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **The UnXplained with William Shatner**
8.00 **Pawn Stars**
9.00 **American Pickers**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire Armed Forces Tournament**
2.00 **American Pickers: Lost Tapes** Double bill.
4.00 **The UnXplained with William Shatner**
6.00 **Pawn Stars** Works thought to be by Vincent van Gogh. **6.30** A Remington Arms gun pops up in the shop.

10.00 The Proof Is Out There

7.00 **Forged in Fire Armed Forces Tournament** The Marines step up to forge iconic combat knife, the KA-BAR.
8.00 **Roswell: The First Witness** Part two of two. Ben Smith shares his findings with Major Jesse Marcel's family.
9.00 **Craig Charles: UFO Conspiracies** Series finale Examining the very first observed visitor from interstellar space.
10.00 **The Proof Is Out There** New editions Footage of the Dogman creature. **10.30** A mysterious creature spotted in China.
11.00 **Paranormal: Caught on Camera** A cursed cabin.
12.00 M'T **The Curse of Oak Island**
1.00 AM **Roswell: The First Witness**
2.00 **Forged in Fire Armed Forces Tournament**
3.00 **Paranormal: Caught on...**
4.00 **River Hunters**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Antiques Roadshow**
8.00 **Forbidden History**
9.00 **Abandoned Engineering**
11.00 **Himalaya with Michael Palin**
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Abandoned Engineering**
4.00 **The Buildings That Fought Hitler** The impact of an integrated defence system.
5.00 **World War Weird** Crossword puzzles in a national newspaper begin to attract the attention of MI5.
6.00 **Himalaya with Michael Palin**

8.00 Secrets of the Transport...

7.00 **Great British Railway Journeys** Michael Portillo explores the Great Eastern Line. **7.30** From Epping.
8.00 **Secrets of the Transport Museum** New edition Volunteer Mark chooses models for Brooklands Motorcycle day.
9.00 **Train Truckers** Expert hauliers Eric Harrison and Chris Case move an iconic Deltic diesel to the Telford Steam Fair.
10.00 **Bangers and Cash** Derek heads out to pick up a pair of Swedish models – a Saab 96L and a Volvo P1800ES.
11.00 **Bangers and Cash** A 1970s Bond Bug three-wheeler divides opinion among Mathewsons customers.
12.00 M'T **Abandoned Engineering** Investigating what happened to a pirate city in Jamaica.
1.00 **to 3.00** AM **Antiques Roadshow**

+1 hour 255 200 75

Tuesday

7 PM
8 PM
9 PM
10 PM

Disc. History

177 257

6.00 AM **Wings of War**
7.00 **Codes and Conspiracies**
8.00 **Devonport: Inside the...**
9.00 **Killers of the Cosmos**
10.00 **Mighty Ships**
11.00 **Codes and Conspiracies**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Wings of War**
3.00 **Blowing Up History**
4.00 **Mysteries at the...**
5.00 **Devonport: Inside the Royal Navy**
6.00 **Killers of the Cosmos**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **UFOs: Lost Evidence**
10.00 **NASA's Unexplained...**
11.00 **Edge of War**
12.00 M'T **Combat Dealers**
2.00 AM **NASA's Unexplained Files**
3.00 **Edge of War**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Frontier Borneo**
10.00 **Life on Earth**
11.00 **The Hidden River**
12.00 NOON **Gordon Buchanan: Elephant...**
2.00 PM **Frontier Borneo**
3.00 **The Ganges with...**
5.00 **The Hidden River**
6.00 **Life on Earth**
7.00 **Gordon Buchanan: Elephant Family & Me**
8.00 **Frontier Borneo**
9.00 **The Ganges with Sue Perkins** In Varanasi.
10.00 **Gordon Buchanan: Elephant Family & Me**
11.00 **The Hidden River**
12.00 M'T **Frontier Borneo**
1.00 AM **Life on Earth**
2.00 **Life in the Great Wetlands** East Malaysia.
3.00 **Snow Leopards and Friends**
3.50 **Bahama Blue**
4.40 **Animal Social Network**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Cesar Millan: Better Human Better Dog**
9.00 **Yukon Vet**
10.00 **Exotic Animal ER**
11.00 **Bizarre Animal Friends**
12.00 NOON **Snakes in the City** Hunting cobras.
1.00 PM **Wild Bhutan...**
2.00 **An Elephant's World**
3.00 **Frozen Kingdom of the Snow Leopard**
4.00 **Wild Indochina**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Animal Fight Club**
8.00 NEW SERIES **Secrets of the Zoo: North Carolina**
9.00 **The Incredible Dr Pol** New edition
10.00 **Dog: Impossible**
11.00 **Caught in the Act**
12.00 M'T **Swamp Men**
1.00 AM **Animals Gone Wild**
2.00 **Bizarre Animal Friends**
3.00 **Snakes in the City**
4.00 **to 5.00** AM **Wild Bhutan: Last Shangri-La**

Sky History 2

163 163 840 272

8.00 AM **Lost Worlds**
9.00 **Mythical Beasts**
10.00 **The Colour of War**
11.00 **Dogfights**
12.00 NOON **Ancient Aliens**
3.00 PM **Mythical Beasts**
4.00 **Hitler's War**
5.00 **Combat Machines**
6.00 **Deep Sea Detectives**
7.00 **Top Secret UFO Projects Declassified**
8.00 **Battle Stations** The US bomber B26 Marauder.
9.00 **The Boer War** *White, Black and Gold:* 1/4. An examination of the first conflict of modern times.
10.00 **Last Days of the Nazis** The story of the Nazi concentration camps.
11.00 **Ancient Aliens**
1.00 AM **Deep Sea Detectives**
2.00 **The Boer War**
3.00 **Last Days of the Nazis**
4.00 **Battle Stations**
5.00 **to 6.00** AM **Top Secret UFO Projects Declassified**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.35 **The Codebreaker**
9.40 **Hitler's Circle of Evil**
10.50 **Plane Crash Recreated** New edition The plane forced to land on the Hudson River.
11.55 **Born in the Wild: Kangaroo**
1.00 PM **The Silk Road**
2.15 **The Codebreaker**
3.30 **Hitler's Circle of Evil**
4.35 **Plane Crash Recreated**
5.40 **Beautiful Serengeti**
6.15 **The Silk Road**
7.30 **The Codebreaker** The story of groundbreaking cryptanalyst Elizebeth Smith Friedman.
8.40 **Hitler's Circle of Evil**
9.55 **Plane Crash Recreated**
11.00 **The Silk Road**
12.20 AM **The Codebreaker**
1.35 **Hitler's Circle of Evil**
2.35 **Plane Crash Recreated**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 837 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **Killer in Plain Sight**
12.00 NOON **Homicide Hunter**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** Craig Freer.
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Meet, Marry, Murder**
9.00 **Mastermind of Murder** New edition
10.00 **The Real Murders of Orange County** New edition
11.00 **Court Cam**
12.00 M'T **Snapped**
1.00 AM **Mastermind of...**
2.00 **The Real Murders of...**
3.00 **Unusual Suspects**
4.00 **On the Case with...**
5.00 **to 6.00** AM **Snapped**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

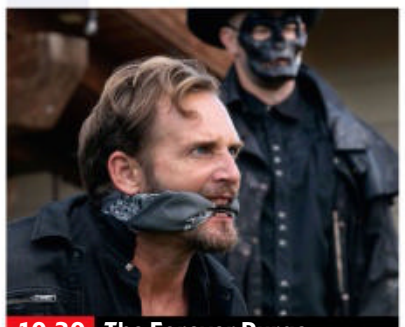
TUESDAY Films

Tuesday

Sky Cinema Premiere

301 301 848 401 501 515

7.35 AM **The World to Come**
9.25 **Old** As shown at 6.00pm.
11.30 **The Forever Purge** (2021)
1.30 PM **Fast & Furious 9** As 8pm.
4.10 **North Hollywood** Comedy drama starring Ryder McLaughlin, Vince Vaughn and Miranda Cosgrove. (2021, 15, 93min) ★★★
6.00 **Old** M Night Shyamalan's horror with Gael García Bernal, Vicky Krieps and Rufus Sewell. (2021, 15, 108min) ★★


10.30 The Forever Purge

8 PM

8.00 **Fast & Furious 9** Action sequel starring Vin Diesel, Jordana Brewster, John Cena and Michelle Rodriguez. The crew must take on an international terrorist, who turns out to be Dom and Mia's estranged brother. (2021, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.30 **The Forever Purge** Horror sequel with Josh Lucas and Ana de la Reguera. (2021, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.15 AM **Malignant** Horror thriller starring Annabelle Wallis. (2021, 18, 111min) ★★★★
2.10 **Sky Cinema Preview**
3.10 **The World to Come** Drama. (2020, 15, 105min) ★★★★
5.00 **to 6.55** AM **Old Henry** Western with Tim Blake Nelson. (2021, 15, 99min) ★★★★

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.10 AM **To Olivia** As 5.30am.
8.05 **Every Breath You Take**
10.05 **Final Destination** As 6.20pm.
12.00 NOON **Serenity** Thriller. (2019, 15, 106min) ★★★
2.00 PM **Inception** Sci-fi thriller. (2010, 12, 149min) ★★★★★
4.30 **The Kid Detective** Comedy drama starring Adam Brody. (2020, 15, 100min) ★★★★
6.20 **Final Destination** Horror thriller starring Devon Sawa. (2000, 15, 97min) ★★★★

8.00 Tenet

8.00 **Tenet** Christopher Nolan's fantasy action thriller, starring John David Washington, Robert Pattinson and Elizabeth Debicki. Fighting for the survival of the world, a troubleshooter journeys through a twilight world of international espionage. (2020, 12, 150min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

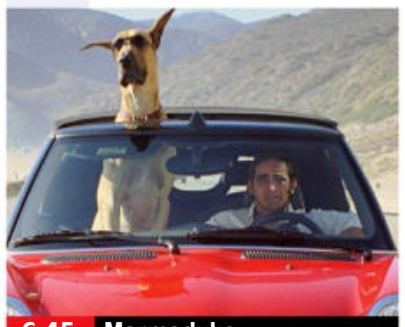
10.30 **The Raid** Martial arts action drama starring Iko Uwais and Joe Taslim. (2011, 18, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Kid Detective** (2020)
2.00 **Every Breath You Take** Thriller starring Casey Affleck. (2021, 15, 105min) ★★★
3.50 **Happily** Dark romantic comedy starring Joel McHale. (2021, 15, 96min) ★★★
5.30 **to 7.20** AM **To Olivia** Drama starring Hugh Bonneville. (2021, PG, 90min) ★★★★

Sky Cinema Family

306 306 850 406 506 520

6.45 AM **The Adventures of Sharkboy and Lavagirl**
8.20 **The Water Horse** As 9.45pm.
10.20 **Molly Moon and the Incredible Book of Hypnotism**
12.00 NOON **Little Manhattan** Comedy. (2005, PG) ★★★★
1.35 PM **Tom & Jerry: The Movie** Comedy. (2021, PG) ★★
3.20 **The Tiger Rising** (2022) ★★★
5.00 **Zathura: A Space Adventure** Fantasy. (2005, PG) ★★★★
6.45 **Marmaduke** (2010, U) ★★


6.45 Marmaduke

8.15 **Stuart Little** Fantasy with the voice of Michael J Fox. A New York family adopt a talking mouse as a brother for their nine-year-old son. (1999, U, 84min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Water Horse** Fantasy adventure starring Alex Etel. A lonely young boy finds a mysterious egg that hatches into the Loch Ness monster. (2007, PG, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Runaways** Drama starring Mark Addy, Tara Fitzgerald and Molly Windsor. (2019, 12, 113min) ★★★
1.35 AM **Think Like a Dog** Comedy drama starring Josh Duhamel. (2020, PG, 91min) ★
3.10 **Pups Alone** Family comedy with the voice of Jennifer Love Hewitt. (2021, PG, 107min) ★
5.00 **to 6.40** AM **Joey & Ella: A Kangaroo Tail** Adventure. (2021, U, 89min) ★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **The Battle of Jangsari** War drama starring Megan Fox. (2019, 15, 104min) ★★
7.45 **Dragon: The Bruce Lee Story**
9.45 **Speed** As 6.00pm.
11.45 **xXx** Espionage action thriller. (2002, 12, 124min) ★★
1.50 PM **Hulk** Sci-fi fantasy. (2003, 12, 138min) ★★
4.10 **Limitless** Action thriller. (2011, 15, 104min) ★★★★
6.00 **Speed** Action thriller. (1994, 15, 105min) ★★★★★

9.45 Desperado

8.00 **xXx: State of the Union** Action sequel starring Ice Cube. A spymaster recruits an imprisoned soldier to prevent a military organisation overthrowing the US government. (2005, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Desperado** Action thriller starring Antonio Banderas. A stranger arrives in a Mexican town to avenge his girlfriend's death at the hands of a drugs lord. (1995, 18, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Darkman** Fantasy thriller starring Liam Neeson. (1990, 18, 95min) ★★★
1.15 AM **Dragon: The Bruce Lee Story** Action biopic starring Jason Scott Lee. (1993, 15, 114min) ★★★
3.20 **The Rifleman** Latvian war drama starring Oto Brantevics and Martins Vilsons. Subtitled. (2019, 15, 104min) ★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 852 408 508 522

6.50 AM **Rams** As 5.00am.
9.05 **Madea's Witness Protection**
11.05 **Irresistible** As 6.15pm.
1.00 PM **Grown Ups** As 8.00pm.
2.50 **Bad Teacher** As 9.45pm.
4.35 **I Used to Go Here** Comedy drama starring Gillian Jacobs and Jemaine Clement. (2020, 15, 100min) ★★★
6.15 **Irresistible** Political comedy starring Steve Carell, Chris Cooper and Mackenzie Davis. (2020, 15, 102min) ★★★

4.35 I Used to Go Here

8.00 **Grown Ups** Comedy starring Adam Sandler. Five former high-school friends get together at a lakeside house for a holiday weekend with their families. (2010, 12, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Bad Teacher** Comedy starring Cameron Diaz and Justin Timberlake. A gold-digging teacher will stop at nothing to find a rich husband. (2011, 15, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Horrible Bosses 2** Comedy sequel with Jason Bateman, Jason Sudeikis and Charlie Day. (2014, 15, 104min) ★★
1.25 AM **Madea's Witness Protection** Crime comedy directed by and starring Tyler Perry. (2012, 12, 114min) ★★
3.25 **Carry On Teacher** Comedy. (1959, b/w, U, 86min) ★★★
5.00 **to 7.05** AM **Rams** Comedy drama starring Sam Neill. (2020, 12, 118min) ★★★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.55 AM **Miracle on 34th Street**
8.40 **Kramer Vs Kramer** As 10.25pm.
10.30 **Apollo 13** As shown at 8.00pm.
12.50 PM **As Good As It Gets** (1997)
3.10 **Legends of the Fall** Period drama starring Brad Pitt Aidan Quinn and Anthony Hopkins. (1994, 15, 133min) ★★★★
5.25 **Prisoners** Thriller starring Hugh Jackman and Jake Gyllenhaal. (2013, 15, 150min) ★★★★

8.00 **Apollo 13** Gripping drama telling the story of the near-disastrous Apollo 13 space mission in 1970. Stars Tom Hanks, Kevin Bacon, Bill Paxton, Gary Sinise and Ed Harris. (1995, PG, 140min) ★★★★
10.25 **Kramer Vs Kramer** Oscar-winning drama starring Dustin Hoffman and Meryl Streep as a divorced couple fighting for custody of their child. With Justin Henry. (1979, PG, 104min) ★★★★★

12.15 AM **As Good As It Gets** Comedy starring Jack Nicholson, Helen Hunt and Greg Kinnear. (1997, 15, 138min) ★★★★
2.40 **Prisoners** As shown at 5.25pm.
5.20 **to 7.10** AM **Miracle on 34th Street** Festive comedy fantasy remake. (1973, U, 104min) ★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **The Swan Princess: The Secret of the Castle** (1997)
7.20 **Barbie: Video Game Hero**
8.40 **Happy Feet** As 5.00pm.
10.35 **Happily N'Ever After** Animation. (2005, U, 85min) ★★
12.05 PM **Happily N'Ever After 2** Animated spoof fairy tale sequel. (2009, U, 68min) ★★
1.35 **Mr Peabody & Sherman** Animation. (2014, U) ★★★★

3.15 **Scoob!** Animated comedy. (2020, PG, 93min) ★★★
5.00 **Happy Feet** Animated musical comedy adventure. (2006, U, 108min) ★★★★
6.50 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
8.25 **Barbie: Video Game Hero** Animation. (2017, U, 69min) ★★
9.55 **Go Fish** Animated adventure. (2019, U, 85min) ★★
11.25 **The Swan Princess: The Secret of the Castle** Animated sequel. (1997, U, 89min) ★★

12.55 AM **Curious George: Go West, Go Wild** Animated adventure. (2020, U, 85min) ★★★
2.25 **Weathering With You** Animation. (2019, 12) ★★★★
4.25 **to 6.00** AM **A Dragon's Adventure** Animated fantasy. (2019, U, 80min) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
6.35 **Off Set** With Jamie Cullum.
7.00 **Casablanca** Classic romance. (1942, b/w, U, 102min) ★★★★★
9.05 **The Last Hunt** Western. (1955, PG, 108min) ★★
11.20 **Dial M for Murder** Hitchcock thriller starring Ray Milland. (1954, PG, 101min) ★★★★
1.30 PM **Beau Geste** Adventure remake. (1966, PG, 105min) ★★

3.40 **Colt .45** Western with Randolph Scott. (1950, U, 74min) ★★★
5.20 **The Bounty Hunter** Western. (1954, U, 79min) ★★
7.00 **Murder Ahoy** Murder mystery. (1964, b/w, U, 93min) ★★★
9.00 **Magnum Force** Thriller sequel to *Dirty Harry*, starring Clint Eastwood. Inspector Harry Callahan investigates underworld killings in San Francisco. (1973, 18, 117min) ★★★★
11.35 **Get Carter** Gangster thriller. (1971, 18, 112min) ★★★★★

1.50 AM **Duel in the Eclipse** Western. (1968, 12, 98min) ★★
3.35 **Off Set** With Michael Caine.
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Road to Happiness** Musical. (1941, b/w, U) ★★
7.20 **A Trip into Wharfedale**
7.30 **Forces' Sweetheart** (1953) ★★
9.00 **Stagecoach West** 9/38. (S1)
10.00 **Saints and Sinners** (1949) ★★
11.45 **Twenty-One Days** (1937) ★★
1.15 PM **The Hunters** Korean War drama. (1958, PG, 108min) ★★
3.25 **Derek Fowlds: A Part Well Played** The actor reminisces.

4.05 **Went the Day Well?** Thriller. (1942, b/w, PG, 92min) ★★★★★
5.55 **Shirley Eaton: Memories of The Saint** A chat with the actor.
6.00 **Dial 999** (S1)
6.30 **Cover Girl Killer** Crime thriller. (1959, b/w, PG, 61min) ★★
7.50 **Look at Life** Folk dancing.
8.00 **Maigret** 3/13. (S1)
9.05 **Van der Valk** 3/6. (S1)
10.05 **Public Eye** 2/7. (S4)
11.05 **The Champions** 2/30. (S1)
12.00 M'T **The Outer Limits** (S1)
1.00 AM **Cellar Club with Caroline...**

1.05 **The Devil Rides Out** Horror thriller. (1967, 15, 91min) ★★★
3.00 **Cellar Club with Caroline Munro**
3.05 **He Walked by Night** Thriller. (1948, b/w, PG, 80min) ★★★★
4.45 **Cellar Club with Caroline Munro**
4.50 **Haunted Palace**
5.30 **to 6.00** AM **Sherlock Holmes**

Horror

317 149 69 138

8.00 AM **First Wave** 7/22. (S1)
9.00 **Battlestar Galactica** 6/24. (S1)
10.00 **The Prisoner** 3/17. (S1)
11.00 **The Philadelphia Experiment** Thriller remake. (2012, 15) ★★
1.00 PM **The Last Sharknado: It's About Time** (2018, 15) ★★
3.00 **Andromeda** 12/22. (S5)
4.00 **Hawk the Slayer** Fantasy. (1980, PG, 93min) ★
6.00 **The Prisoner** 4/17. (S1)

7.00 **Battlestar Galactica** *The Long Patrol:* 7/24. Starbuck is stranded on a mysterious planet. (S1)
8.00 **Star Trek** *Patterns of Force:* 21/26. Kirk searches for a missing historian. (S2)
9.00 **Mary Shelley's Frankenstein** Kenneth Branagh's horror co-starring Robert De Niro. Victor Frankenstein builds a living being from stolen body parts, but when he rejects his creation, the creature vows revenge. (1994, 15, 123min) ★★★

11.20 **Beyond the Gates** Thriller. (2016, 15, 95min) ★★
12.55 AM **Witches In The Woods** Horror. (2019, 15, 90min) ★★
2.45 **to 4.30** AM **When a Stranger Calls** Chiller. (2006, 15) ★

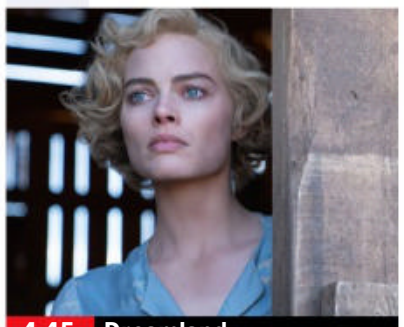
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.10 AM **The Wolf Hour** Drama. (2019, 15, 99min) ★★
8.00 **Unhinged** As 4.20am.
9.40 **The Manchurian Candidate** Thriller. (2004, 15) ★★★★
12.00 NOON **Heat** Crime thriller. (1995, 15, 171min) ★★★★★
3.00 PM **Vantage Point** Thriller. (2008, 12, 90min) ★★★
4.45 **Dreamland** Romantic drama. (2019, 15, 98min) ★★★★
6.30 **Transporter 2** Thriller sequel. (2005, 15, 88min) ★★★


4.45 Dreamland

8.00 **Those Who Wish Me Dead** Crime drama starring Angelina Jolie. A teenage murder witness finds himself pursued by twin assassins in the Montana wilderness. (2021, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

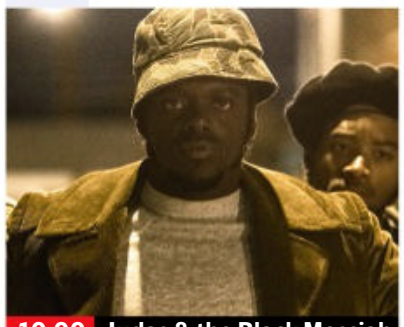
9.45 **Carlito's Way** Crime thriller starring Al Pacino as an ex-jailbird who is pulled back into the violent drugs underworld by his sleazy lawyer. With Sean Penn, Viggo Mortensen and Penelope Ann Miller. (1993, 18, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Legend** Biopic of the Kray twins, starring Tom Hardy. (2015, 18, 128min) ★★★
2.35 **The Secrets We Keep** Thriller starring Noomi Rapace. (2020, 15, 97min) ★★★
4.20 **to 6.00** AM **Unhinged** Thriller starring Russell Crowe. (2020, 15, 90min) ★★★

Sky Cinema Drama

310 310 854 410 510 524

6.10 AM **The Public** As 1.55am.
8.10 **The Eight Hundred** (2019)
10.40 **Wander Darkly** Drama. (2020, 15, 97min) ★★★★
12.25 PM **Long Story Short** Romantic comedy drama. (2021, 15, 90min) ★★★
2.15 **Luxor** Romantic drama. (2019, 12, 85min) ★★★
3.45 **Moneyball** Sports drama. (2011, 12, 133min) ★★★★
6.00 **Finding the Way Back** Drama. (2020, 15, 108min) ★★★★


10.00 Judas & the Black Messiah

8.00 **Mass** Drama starring Jason Isaacs, Martha Plimpton, Reed Birney and Ann Dowd. Two sets of grieving parents sit down together in a room to digest the terrible tragedy that tore their lives apart. (2021, 12, 111min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Judas and the Black Messiah** Drama starring Daniel Kaluuya. Offered a plea deal, a career criminal infiltrates the Illinois chapter of the Black Panther Party to gather intelligence on its chairman. (2021, 15, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Summerland** Romance. (2020, 12, 99min) ★★★
1.55 **The Public** Emilio Estevez's drama. (2017, 15, 119min) ★★★
3.55 **to 6.25** AM **The Eight Hundred** Period drama. (2019, 15, 149min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **Tremors: Shrieker Island**
7.45 **The Hole** Teen horror thriller. (2009, 12, 91min) ★★★
9.25 **Knowing** As 6.45pm.
11.30 **Skyline** (2010, 15) ★★★
1.15 PM **Sorority Row** Horror. (2009, 15, 100min) ★★
3.00 **Outlander** Sci-fi adventure. (2008, 15, 115min) ★★★
5.00 **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
6.45 **Knowing** Mystery thriller. (2009, 15, 116min) ★★★★

6.45 Knowing

Knowing (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Blade** Action adventure chiller based on the Marvel Comic character, starring Wesley Snipes as the half-human, half-vampire warrior Blade. With Stephen Dorff, Kris Kristofferson and N'Bushe Wright. (1998, 18, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Blade 2** Action horror sequel starring Wesley Snipes. (2002, 18, 117min) ★★★★
1.05 AM **Blade: Trinity** Adventure sequel starring Wesley Snipes. (2004, 15, 113min) ★★
3.00 **Tremors: Shrieker Island** Action comedy with Michael Gross. (2019, 15, 103min) ★★
4.45 **to 6.20** AM **12 Hour Shift** Horror comedy with Angela Bettis and Chloe Farnworth. (2020, 15, 86min) ★★★

Sky Cinema Oscars

302 302 856 402 502 516

6.30 AM **Sunset Boulevard**
8.20 **Roman Holiday** As 1.10am.
10.20 **Charlie and the Chocolate...**
12.20 PM **The Truman Show** Comedy. (1997, PG) ★★★★
2.05 **Promising Young Woman** Thriller. (2020, 15) ★★★★
4.00 **The Godfather** Francis Ford Coppola's epic gangster drama. (1971, 15, 167min) ★★★★★
7.00 **The Godfather Part II** Epic gangster drama sequel. (1974, 18, 200min) ★★★★★

4.00 The Godfather

The Godfather Part II (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Godfather Part III** Concluding chapter of Francis Ford Coppola's grand gangster epic starring Al Pacino. (1990, 15, 162min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **Roman Holiday** Classic romantic comedy. (1953, b/w, U, 118min) ★★★★★
3.10 **Charlie and the Chocolate Factory** Tim Burton's fantasy. (2005, PG, 115min) ★★★★
5.05 **to 7.00** AM **Sunset Boulevard** Classic melodrama. (1950, b/w, PG, 110min) ★★★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Anne of the Thousand Days** Historical drama. (1969, PG, 145min) ★★★
2.05 PM **Captain Scarlett** Period adventure. (1952, U) ★★
3.40 **The Man Who Knew Too Much** Suspense drama. (1956, PG, 120min) ★★★★
6.05 **Transformers: Revenge of the Fallen** Sci-fi adventure sequel starring Shia LaBeouf. (2009, 12, 149min) ★★★

9.00 Taken 3

Transformers: Revenge of the Fallen (film started at 6.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Taken 3** Action thriller sequel starring Liam Neeson, Forest Whitaker, Maggie Grace and Dougray Scott. Ex-CIA agent Bryan Mills fights to clear his own name after being framed for his ex-wife's murder. (2015, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 NEW **X US** Sci-fi drama starring Farouk Agoro.
11.25 **Monsters and Men** Thriller with John David Washington and Anthony Ramos. (2018, 15, 96min) ★★★★
1.15 **to 3.35** AM **Billy Lynn's Long Halftime Walk** War drama starring Joe Alwyn and Garrett Hedlund. (2016, 15, 113min) ★★★

11 PM

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Tomorrow We Live** (1942)
7.40 **Cornered** Film noir thriller. (1945, b/w, PG, 102min) ★★★
9.40 **We'll Meet Again** Musical. (1943, b/w, U, 83min) ★★
11.20 **The Reckless Moment** Thriller. (1949, b/w, 12, 79min) ★★★
1.05 PM **Journey into Fear** Thriller. (1942, b/w, U, 71min) ★★★
2.35 **Scarlet Street** Film noir thriller. (1945, b/w, PG, 101min) ★★★★

4.45 **Sirocco** Romantic thriller. (1951, b/w, PG, 98min) ★★
6.50 **Our Man in Havana** Satirical spy drama with Alex Guinness. A vacuum cleaner salesman is recruited as a spy. (1959, b/w, PG, 112min) ★★★★★
9.00 **84 Charing Cross Road** Bitter-sweet drama starring Anne Bancroft, Anthony Hopkins and Judi Dench. (1986, U, 97min) ★★★★
11.05 **Who Was That Lady** Comedy. (1960, U, 109min) ★★

1.20 AM **I Am Sartana, Your Angel of Death** (1969, 15) ★★
3.20 **Operation Dames** War drama. (1959, b/w, PG, 74min) ★★
4.35 **to 6.00** AM **Tomorrow We Live** War drama. (1942, b/w, U) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Garage Sale Mystery: The Mask Murder** (2018, PG) ★★
11.00 **Ex-Wife Killer** Crime thriller. (2017, 12, 90min) ★★
1.00 PM **Garage Sale Mystery: Picture a Murder** Crime drama. (2018, PG, 90min) ★★
2.50 **Evidence of Truth** Crime drama. (2016, 12, 90min) ★★
4.35 **My Girl** Bitter-sweet comedy. (1991, PG, 105min) ★★

6.35 **Inferno** Thriller starring Tom Hanks and Felicity Jones. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions. (2016, 12, 121min) ★★★
9.00 **Disturbing the Peace** Thriller starring Guy Pearce and Devon Sawa. A small-town marshal who has not carried a gun since a tragic shooting must pick up his weapon again to take on a gang of outlaw bikers. (2019, 15, 91min) ★

10.50 **Alpha Dog** Crime drama. (2006, 15, 117min) ★★
1.10 AM **Donnie Brasco** Crime drama. (1997, 18, 126min) ★★★★
3.45 **to 6.00** AM **Vertical Limit** Thriller. (2000, 12, 124min) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Wyatt Earp's Revenge** Western. (2012, 12, 88min) ★★
7.50 **Strongroom** Crime thriller. (1961, b/w, PG, 80min) ★★
9.25 **Hellfighters** Adventure. (1969, PG, 120min) ★★
11.50 **Arizona Raiders** Western. (1965, PG, 88min) ★★
1.45 PM **Gun Fury** Western. (1953, U, 83min) ★★★
3.30 **Prelude to War** Documentary.

4.40 **The Odessa File** Suspense thriller starring Jon Voight. (1974, PG, 129min) ★★★
7.15 **Deadly Voltage** Adventure with Alaina Huffman and Mimi Kuzyk. (2015, PG, 84min) ★★
9.00 **Second in Command** Action thriller starring Jean-Claude Van Damme and Julie Cox. A Navy SEAL commander springs into action when insurgents beseige the US embassy in an unstable Eastern European country. (2006, 15, 91min) ★★

10.55 **Diamond Dogs** Adventure. (2007, 15, 94min) ★★
12.50 AM **Assassination Games** Thriller. (2010, 18, 95min) ★★
2.50 **to 4.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **Her Pen Pal** As 7pm.
9.00 **Rise and Shine, Benedict Stone** As shown at 9pm.
11.00 **Baby, It's Cold Inside** As 11pm.
1.00 PM **Chronicle Mysteries** As 1am.
3.00 **A Wedding to Remember** Romance starring Cristina Rosato. (2020, PG, 85min) ★★
5.00 **Blueprint to the Heart** Romance with Laura Mitchell. (2020, PG, 90min) ★★

7.00 **Her Pen Pal** Romantic drama starring Mallory Jansen and Joshua Sasse. An event planner persuades her French childhood pen pal to pose as her boyfriend for her friend's wedding. (2021, PG, 84min) ★★
9.00 **Rise and Shine, Benedict Stone** Drama with Tom Everett Scott and Ella Ballentine. A man receives a visit from his estranged niece, who tries to reunite him with his separated wife. (2021, PG, 84min) ★★

11.00 **Baby, It's Cold Inside** Romantic drama. (2020, PG, 84min) ★★
1.00 AM **Chronicle Mysteries** *The Deep End:* Crime drama.
3.00 **to 5.00** AM **A Wedding to Remember** As 3.00pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **The Dark Knight** *Sky Showcase* Dark comic-book action thriller starring Christian Bale and Heath Ledger. ★★★★
9.00 **The Bourne Legacy** *ITV4* Spy thriller sequel starring Jeremy Renner and Rachel Weisz. ★★★
9.00 **Gone in Sixty Seconds** *5STAR* Action thriller starring Nicolas Cage and Angelina Jolie. ★★★
9.00 **Meet the Parents** *Comedy Central* Comedy starring Robert De Niro and Ben Stiller. A neurotic male nurse's efforts to impress his girlfriend's father disastrously backfire. ★★★★
9.00 **Once Upon a Time... in Hollywood** *4Seven* Drama starring Leonardo DiCaprio. A faded TV actor and his stunt double strive to achieve success in the film industry during the final years of Hollywood's Golden Age. ★★★★★
10.00 **Guardian** *Syfy* Horror thriller. ★
10.50 **The Big Sick** *BBC3* Romantic comedy with Kumail Nanjiani and Zoe Kazan. ★★★★
11.15 **Colette** *BBC2 (Not NI)* Drama starring Keira Knightley and Fiona Shaw. ★★★★

TUESDAY Sport

15 March

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **LIVE Test Cricket Pakistan v Australia.** Coverage of day four of the second Test in the three-match series, taking place at National Stadium in Karachi.
8.20 **LIVE Test Cricket India v Sri Lanka.** Coverage of day four of the second Test in the two-match series staged at M. Chinnaswamy Stadium, Bangalore.
4.00 PM **Sky Sports News** Round-up of the latest sports news.
7.00 **Gillette Soccer Special** Julian Warren keeps viewers up to date on all of tonight's games.
7.30 **LIVE EFL West Bromwich Albion v Fulham.** Coverage of the Championship clash from The Hawthorns. Kick-off **8.00pm**.
10.30 **Soccer Special Post-Match** All the reaction from tonight's football fixtures, featuring interviews with the managers and players after the full-time whistle.
11.00 **Sky Sports News**
12.30 **to 6.00** AM **LIVE ICC Women's World Cup England v India.** Coverage of the group match from Bay Oval in Mount Maunganui, New Zealand.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends: Michael Owen**
7.30 **PL Legends: Gary Neville**
8.00 **PL Greatest Games**
8.15 **MNF** As shown at 4pm.
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **MNF** As shown at 4pm.
2.45 **PL Greatest Games**
4.00 **MNF** A replay of Crystal Palace v Manchester City at Selhurst Park.
5.45 **PL Greatest Games** Action from Tottenham Hotspur v Chelsea.
6.00 **Premier League Review** A look back at the weekend's action in the Premier League.
7.00 **Gillette Soccer Special** Julian Warren keeps viewers up to date on all of tonight's games.
10.00 **Premier League Review** A look back at the weekend's action in the Premier League, featuring all of the goals, news and major talking points from around the top flight.
11.00 **PL Retro** Archive action.
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 05/06**
5.00 **Best PL Goals: Newcastle**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **Football Years**
7.30 **EFL Greatest Games**
8.15 **SPFL Greatest Games**
9.00 **Soccer AM: The Best Bits**
9.30 **EFL Highlights**
10.30 **SPFL Greatest Games**
11.00 **EFL Cup Retro 14**
1.00 PM **Retro C'Ship 13**
3.00 **Championship Season Review 14/15** The 2014/15 season.
4.00 **EFL Play Off Finals C'Ship 07/08** Bristol City v Hull City.
5.00 **EFL Greatest Games**
5.45 **SPFL Greatest Games**
6.00 **MLS Round-Up Show**
6.30 **Soccer AM: The Best Bits**
7.00 **EFL Highlights**
7.30 **LIVE EFL West Bromwich Albion v Fulham.** Coverage of the Championship clash from The Hawthorns. Kick-off **8.00pm**.
10.30 **Soccer AM: The Best Bits**
11.00 **EFL Greatest Games**
12.00 M'T **Retro: League 1 Playoff Final 99** Gillingham v Man City.
2.45 AM **One2Eleven**
3.00 **EFL Cup Final 13**
4.00 **EFL Cup Retro 14**
5.00 **to 6.00** AM **EFL Cup Final 15**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

6.00 AM **Women's World T20 Classics** Archive action.
6.20 **ICC Women's World Cup**
7.20 **Test Cricket** As 9.00pm.
8.20 **LIVE Test Cricket India v Sri Lanka.** Coverage of day four of the second Test in the two-match series staged at the M. Chinnaswamy Stadium, Bangalore.
4.00 PM **ICC Women's World Cup** Highlights of Australia v West Indies.
5.00 **Test Cricket** Action from Pakistan v Australia.
6.00 **ICC Women's World Cup** Highlights of South Africa v England.
7.00 **Test Cricket** India v Sri Lanka: Action from day four of the second Test in the two-match series, taking place at M. Chinnaswamy Stadium, Bangalore.
8.00 **ICC Women's World Cup**
9.00 **Test Cricket** India v Sri Lanka.
10.00 **Women's World T20 Classics**
10.15 **My Icon** Charlotte Edwards.
10.30 **Test Cricket** Pakistan v Australia.
11.30 **ICC Women's World Cup**
12.30 **to 6.00** AM **LIVE ICC Women's World Cup England v India.** Coverage of the group match from Bay Oval in Mount Maunganui, New Zealand.

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **Best of the Open Zone 2016** From Royal Troon.
7.00 **British Masters Masterclass**
8.00 **Golf Academy** Double bill.
9.00 **School of Golf** Double bill.
10.00 **The Players Championship**
11.00 **LPGA Tour Golf**
1.30 PM **Golf Academy**
2.00 **School of Golf** Double bill.
3.00 **Best of the Open Zone 2016**
4.00 **Golf Academy** Double bill.
5.00 **Nick Dougherty's Tee Time Tips**
5.30 **European Challenge Tour Golf**
6.00 **The Players Championship** The best of the action from the tournament at TPC Sawgrass.
7.00 **DP World Tour Golf** Highlights of the Pecanwood Classic.
8.00 **European Challenge Tour Golf**
8.30 **How the 2014 Ryder Cup Was Won** A chance to relive the event.
10.30 **DP World Tour Golf**
11.30 **European Challenge Tour Golf**
12.00 M'T **British Masters Masterclass**
1.00 AM **Nick Dougherty's Tee Time Tips** Double bill.
2.00 **British Masters Masterclass**
3.00 **Golf Academy** Double bill.
4.00 **School of Golf** Double bill.
5.00 **to 6.00** AM **Best of the Open Zone 2016**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Inside AFL**
6.30 **The Aussie Rules Show**
7.00 **WWE NXT UK**
8.00 **Premier League Review**
9.00 **Champions League Magazine**
9.30 **Europa League Magazine**
10.30 **ESPN FC** Football news.
11.00 **BT Sport Goals Reload**
11.30 **Vanarama National League Highlights** Recent action.
12.00 NOON **Premier League Review**
1.00 PM **Premier League World**
1.30 **Europa League Goals Reload**
1.45 **Gallagher Premiership Rugby Highlights** Recent action.
3.15 **Rugby Tonight**
4.00 **The Aussie Rules Show**
4.30 **Premier League**
6.00 **Test Cricket Highlights**
8.00 **The Cricket's On**
9.00 **WWE Monday Night Raw**
11.30 **The Aussie Rules Show**
12.00 M'T **LIVE WWE NXT** Wrestling action from America as the next generation showcase their talents.
2.15 AM **BT Sport Films**
3.15 **Europa League Goals Reload**
3.30 **Ligue 1 Highlights**
4.30 **Primeira Liga**
5.30 **to 6.00** AM **In Depth with Graham Bensinger**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **Badminton**
8.00 **Test Cricket Highlights**
10.00 **The Cricket's On**
11.00 **A-League** Action from Adelaide United v Newcastle Jets.
12.00 NOON **A-League** Brisbane Roar v Wellington Phoenix.
1.00 PM **A-League** Action from Sydney FC v Western United.
2.00 **Fishing: On the Bank** Angling magazine show.
3.00 **Ligue 1 Highlights**
4.00 **A-League Highlights**
5.00 **Champions League Magazine**
5.30 **UEFA Champions League**
6.30 **ESPN FC** Football news.
7.00 **LIVE UEFA Champions League Manchester United v Atletico Madrid.** Coverage of the last-16 second-leg clash from Old Trafford. Kick-off **8.00pm**.
10.30 **BT Sport Films** The story of UFC star Molly McCann.
11.30 **V8 Supercars Highlights**
12.30 AM **V8 Supercars Highlights**
1.30 **Inside AFL** Recent action.
2.00 **The Aussie Rules Show**
2.30 **A-League Highlights**
3.30 **BT Sport Goals Reload**
4.00 **to 6.00** AM **Test Cricket Highlights**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Serie A** Lazio v Venezia.
7.00 **Ligue 1** Back-to-back action.
12.00 NOON **Ligue 1** Lyon v Rennes.
1.00 PM **Ligue 1** Brest v Marseille.
2.00 **Primeira Liga** Action from FC Porto v Tonedela.
3.00 **Serie A** Lazio v Venezia.
4.00 **Vanarama National League Highlights** The latest action.
4.30 **BT Sport Fight Night** Chris Bourke v Marc Leach.
6.30 **UEFA Champions League** Action from Benfica v Ajax.
7.30 **LIVE UEFA Champions League Ajax v Benfica.** Coverage of the last-16 second-leg clash from the Johan Cruyff Arena. Kick-off **8.00pm**.
10.15 **Premier League Reload** A catch-up from the weekend's Premier League matches.
10.30 **Ligue 1 Highlights** Recent action from French Ligue 1.
11.30 **Classic Ligue 1** Lyon v Marseille from the 2009/10 season.
12.00 M'T **UEFA Champions League** Manchester Utd v Atletico Madrid.
1.00 AM **UEFA Champions League** Action from Ajax v Benfica..
2.00 AM **Hockey** Double bill.
4.00 **to 6.00** AM **Fight Night**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **Premier League Darts**
10.30 **Top Rank Boxing Archive**
11.00 **Good Morning Football** The morning show destination for NFL fans, with discussion and news.
2.00 PM **Fight Night** As 9.00pm.
3.00 **Premier League Darts** A replay of the fifth night of the 2022 tournament at the Brighton Centre.
6.30 **NFL Bitesize Highlights** Double bill of NFL action.
7.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present the NFL talk show, as they discuss and debate the biggest stories from around the league.
9.00 **Fight Night** Amir Khan v Kell Brook: A re-run of the catchweight bout at AO Arena in Manchester.
10.00 **Fight Night** A replay of Josh Taylor v Jack Catterall.
11.00 **Fight Night International** Terence Crawford v Shawn Porter.
12.00 M'T **Total Access** A round-up of the latest NFL talking points.
1.00 AM **NFL Highlights**
2.00 **Premier League Darts** A replay of the fifth night of the 2022 tournament at the Brighton Centre.
5.30 **to 6.00** AM **Darts Gold**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **LIVE Test Cricket Pakistan v Australia.** Day four of the second Test in the three-match series, which takes place at National Stadium in Karachi.
12.30 PM **ICC Women's World Cup 2017** England v India: Action from the 2017 final.
1.00 **Drone Racing League**
3.00 **Fighting Fit 2020** Double bill.
4.00 **Fit In 5**
4.30 **My Icon** Moeen Ali.
5.00 **Show Jumping** As 9.00pm.
6.00 **Netball Superleague**
8.00 **Formula 1** The 2021 British Grand Prix: Highlights of the 10th round of the season at Silverstone.
9.00 **Show Jumping** A replay of the Rolex Grand Slam Dutch Masters.
10.00 **Drone Racing League**
12.00 M'T **Formula 1** The 2021 Belgian Grand Prix: Highlights of the 12th round of the season.
12.30 AM **Netball Superleague**
2.30 **Drone Racing League**
4.30 **My Icon** Moeen Ali.
4.50 **to 6.00** AM **LIVE Test Cricket Pakistan v Australia.** The fifth and final day of the second Test in the three-match series, held at National Stadium in Karachi.

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **ESPN SportsCenter**
6.45 **Around the Horn**
7.15 **Pardon the Interruption**
7.45 **ESPN SportsCenter**
8.00 **ESPN FC** Football news.
8.30 **ESPN FC Presents: Gab & Juls**
9.00 **The Aussie Rules Show**
9.30 **College Basketball**
11.15 **BT Sport Reload**
11.30 **Around the Horn**
12.00 NOON **ESPN FC**
12.30 PM **ESPN SportsCenter**
12.45 **Pardon the Interruption**
1.15 **The Aussie Rules Show**
1.45 **ESPN SportsCenter**
2.00 **Freeride World Tour**
4.00 **Around the Horn**
4.30 **Pardon the Interruption**
5.00 **LIVE MLB** Spring Training.
8.30 **NCAA Championship**
10.30 **LIVE NCAA Basketball Tournament** First Four coverage.
3.30 AM **ESPN SportsCenter**
3.45 **to 6.00** AM **Highlights**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Australian Open Tennis**
7.30 **Ibiza Marathon**
8.00 **Alpine Skiing**
10.00 **Snooker: Turkish Masters**
12.00 NOON **Biathlon**
1.00 PM **Snowboarding**
1.15 **The Cycling Show**
1.45 **Cycling: Tour of Flanders**
2.00 **Cycling: Milan-San Remo**
3.00 **Olympic Games Hall of Fame**
5.00 **Cycling: Strade Bianche**
6.00 **Snooker: Welsh Open**
8.00 **The Cycling Show**
8.30 **Cycling: Kuurne-Brussels-Kuurne** The one-day race.
9.30 **Australian Open Tennis**
11.00 **Biathlon** Women's 7.5km sprint.
12.00 M'T **Cycling: Milan-San Remo**
1.00 AM **Cycling: Kuurne-Brussels-Kuurne** The one-day race.
2.00 **Biathlon** Double bill.
4.00 **Cycling: Kuurne-Brussels-Kuurne** The one-day race.
5.00 **to 6.00** AM **Cycling: Milan-San Remo**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Cycling: Kuurne-Brussels-Kuurne** The one-day race.
7.00 **Cycling: Milan-San Remo**
8.00 **Extreme E: Season Review**
9.00 **FIA World Endurance Championship**
10.00 **Bennetts British Superbikes: Race of 2021**
11.00 **Cycling: Strade Bianche**
12.00 NOON **Cycling: Strade Bianche**
1.00 PM **Snowboarding**
2.00 **Snooker: European Masters**
4.00 **FIA World Endurance Championship** Double bill.
6.00 **Motocross World Championship** Double bill.
7.00 **Alpine Skiing** World Cup action from Are in Sweden.
8.00 **Olympic Games: Hall of Fame**
9.00 **Motorsport: WTCR**
10.00 **Cycling: Strade Bianche**
12.00 M'T **Alpine Skiing**
2.00 AM **Snooker: German Masters**
4.00 **Freestyle Skiing**
5.00 **to 6.00** AM **Snowboarding**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Drone Racing League**
8.00 **Netball Superleague**
10.00 **NBA Basketball**
12.00 NOON **Netball Superleague**
2.00 PM **Show Jumping**
3.00 **Drone Racing League**
4.00 **Betfred Super League Highlights** Recent action.
4.30 **Netball Superleague**
6.30 **NBA GameTime** Analysis of all the big stories from the league.
7.00 **NBA Basketball** A replay of Brooklyn Nets v New York Knicks.
9.00 **Show Jumping** A replay of the Rolex Grand Slam Dutch Masters.
10.00 **Ahead of the Game** A team of former Rugby League stars open up about their battles with mental health, and discuss their mission to educate the next generation.
11.00 **Betfred Super League Highlights** Recent action.
12.00 M'T **NBA Basketball**
4.00 **to 6.00** AM **Rugby League Retro**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Formula One: Best of 2021**
11.00 **Formula 1** The first testing session of day two from Bahrain.
3.20 PM **F1: The Championship Begins** A look back at the start of the 2019 Formula 1 Championship.
3.50 **Goodbye Kimi**
4.00 **Formula 1** The second testing session of day two from Bahrain.
7.20 **Golf With Carlos & Lando**
7.30 **The Notebook**
8.00 **F1: The Championship Begins**
8.30 **Formula 1** Action from the 2021 Abu Dhabi Grand Prix.
9.30 **The Notebook**
10.00 **Any Driven Monday**
10.30 **Box Box Box: Red Bull's First Win** The 2009 Chinese GP.
11.00 **Formula 1** Action from the 2017 Bahrain Grand Prix.
12.00 M'T **Any Driven Monday**
12.30 AM **F1: The Championship Begins** As shown at 3.20pm.
1.00 **to 6.00** AM **Formula One: Best of 2021**

SKY HD SD | VIRGIN HD | BT HD

Wednesday 16 March

Evening Planner

Game Show

This Is My House
BBC1 HD, 8pm
Who owns the house in this Comic Relief special – Rob Rinder, Claire Richards, Deborah Meaden or Ricky Hatton?

Comedy

Kate & Koji
ITV HD, 9pm
Return of the comedy about cafe owner Kate (Brenda Blethyn) and asylum seeker Koji (now played by Okorie Chukwu)

Factual

Council House Swap
Channel 5 HD, 9pm
Looking at the world of council house swapping, where tenants are able to swap their homes with anyone in the UK

Comedy

Bloods
Sky Comedy & Sky Showcase HD, 10pm
Paramedics Maleek (Samson Kayo) and Wendy (Jan Horrocks) are taken hostage in the first episode of a new series

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 This Is My...	8.30 The Repair Shop	9.00 Interior Design Masters with Alan Carr		10.00 News; Local News	10.35 Mood
102 BBC2	7.00 Doctors	7.30 Rick Stein's...	8.00 Your Body Uncovered...		9.00 Great British Menu		10.00 The Office	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Kate & Koji	9.30 Bradley &...	10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Kirstie and Phil's Love It or List It		9.00 Michael Mosley: Who Made Britain Fat?		10.00 Naked Attraction	
105 CHANNEL 5	7.00 The Gadget Show		8.00 Police Interceptors		9.00 Council House Swap		10.00 Film: Rambo: Last Blood	
106 SKY SHOWCASE	7.00 The Simpsons				9.00 SEAL Team		10.00 Bloods	10.30 Frayed
ENTERTAINMENT								
117 BBC3	7.00 MasterChef Australia		8.00 Computer Says No	8.50 Becoming...	9.10 Gassed Up		10.00 The Fast and the Farmer-ish	
116 BBC4	7.00 Fred Dibnah's...	7.30 Canal Boat...	8.00 Secret Life of Farm Animals		9.00 Princess Margaret: The Rebel Royal		10.00 Undercover OAP: The Mole Agent...	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Family Guy			
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Devon and Cornwall		9.00 Secrets of the Royal Gardens		10.00 24 Hours in Police Custody...	
135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Teen First Dates		10.00 Celebrity Gogglebox	
107 SKY WITNESS	7.00 Air Ambulance ER		8.00 Blue Bloods		9.00 Bull		10.00 Transplant	
108 SKY ATLANTIC	◂ 6.55 The Sopranos		7.55 Game of Thrones		9.00 Yellowjackets			
110 GOLD		7.15 The Green Green Grass	8.00 Dad's Army			9.20 The Good Life	10.00 Men Behaving Badly	
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?	9.00 QI		10.00 Outsiders	
119 ITV3	7.00 Heartbeat		8.00 Maigret – Dead Man				10.00 Law & Order: UK	
120 ITV4	◂ 6.55 The Chase Celebrity Special		8.00 The Great British Treasure Hunt		9.00 Film: Bullitt			
112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre: Live & Laughing		10.00 Kevin Bridges Live: The Story Continues	
152 SYFY	7.00 Quantum Leap		8.00 Fringe				10.00 Intergalactic	
113 SKY MAX	7.00 Stargate SG-1		8.00 There's Something About Movies		9.00 SEAL Team		10.00 Dating No Filter	10.30 Frayed
132 ALIBI	7.00 Rizzoli & Isles		8.00 Father Brown		9.00 Pretty Hard Cases		10.00 Deception	
130 SKY ARTS	7.00 Portrait Artist of the Year 2018		8.00 Discovering: Audrey Hepburn		9.00 Audrey			
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Gold Divers				10.00 Moonshiners	
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Cuba's Secret Shark Lair		9.00 Shark Alley: Legend of Dynamite		10.00 I Was Prey	
129 NAT GEO	7.00 Car S.O.S.		8.00 Colossal Machines		9.00 Air Crash Investigation		10.00 Car S.O.S.	
123 SKY HISTORY	7.00 Forged in Fire Armed Forces...		8.00 World's Greatest Treasure Mysteries		9.00 The Curse of Oak Island		10.00 Great Escapes with Morgan Freeman	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 The Architecture The Railways Built		9.00 Hornby: A Model World		10.00 Full Steam Ahead	
121 SKY DOCS	7.00 The Eighties		8.00 JFK: Destiny Betrayed		9.00 Wework: How to Lose $30b in Two Weeks			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.10 North Hollywood		8.00 Kimi			9.45 Fast & Furious 9		
303 HITS	◂ 5.25 Tenet		8.00 John Wick				10.00 The Raid 2	
304 GREATS	◂ 5.40 Zulu		8.00 Oblivion					10.10 Bad Boys II
305 ANIMATION	◂ 6.45 Gnomeo & Juliet			8.15 Hey Arnold! The Movie		9.35 Curious George: Go West, Go Wild		
306 FAMILY	◂ 6.40 Peter Rabbit			8.20 Peter Rabbit 2			10.00 Casper	
307 ACTION	◂ 5.45 Sherlock Holmes: A Game of...		8.00 Daredevil				10.00 48 Hrs	
308 COMEDY	◂ 6.15 Dad's Army		8.00 Grown Ups 2			9.45 Hitch		
309 THRILLER		7.15 Naked Singularity			9.00 The Green Mile			
310 DRAMA	◂ 5.45 Milk		8.00 Enemy at the Gates					10.15 Goodfellas
311 SCI-FI	◂ 6.00 Star Trek: Nemesis		8.00 Edge of Tomorrow				10.00 I, Robot	
302 OSCARS	◂ 5.05 The Godfather Part III		8.00 Interstellar					
313 FILM4	◂ 6.00 Exodus: Gods and Kings				9.00 RED			
315 TCM MOVIES	◂ 6.40 The Goonies				9.00 V for Vendetta			
SPORT								
401 MAIN EVENT	7.00 Gillette Soccer...	7.30 Premier League – Live: Arsenal v Liverpool (Kick-off 8.15)						10.30 Duel...
402 PREMIER LEAGUE	7.00 PL World	7.30 Premier League – Live: Arsenal v Liverpool (Kick-off 8.15)						10.30 Premier League
403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Millwall v Huddersfield Town (Kick-off 7.45)						10.30 EFL Goals...
404 WORLD CUP	7.00 Test Cricket				9.00 ICC Women's World Cup		10.00 Best of the...	10.30 Test Cricket
413 BT SPORT 1	◂ 1.00 Test Cricket – Live: West Indies v England						10.00 WWE NXT	
414 BT SPORT 2	7.00 UEFA Champions League – Live: Lille v Chelsea (Kick-off 8.00)							10.30 UEFA...

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

ONLY 17p AN ISSUE
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/X194
*Terms & conditions: magazinesdirect.com/terms.

Wednesday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Shakespeare & Hathaway: Private Investigators** (S)(R)(AD)
3.00 **Escape to the Country** New edition Searching for a home in Buckinghamshire. (S)(AD)
3.45 **The Repair Shop** New edition A copper jewellery box. (S)
4.30 **Bridge of Lies** New edition Game show hosted by Ross Kemp. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

1.45 Doctors

7 PM

7.00 **The One Show** Alex Jones and Jermaine Jenas present the topical show. (S)
7.30 **EastEnders** Keegan is angry with himself for not picking up on Gray's abuse of his sister. (S)(AD)

8 PM

8.00 NEW **This Is My House for Red Nose Day** Celebrity special, with Claudia Winkleman, Chris Eubank, Harry Hill and Nina Wadia. (S)
8.30 **The Repair Shop** Restoring family heirlooms and treasured possessions. (S)(R)

9 PM

9.00 **Interior Design Masters with Alan Carr** New edition 2/8. The contestants are sent to Wotton House, a grand hotel in Surrey, where they must each make over a bedroom on a theme of British eccentricity. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Mood** 3/6. Sasha thinks her life is on the up – until she makes a decision she never thought she would. (S1) (S)(R)(AD)
11.25 **Tom Daley's Hell of a Homecoming** The diver takes on an epic challenge for Comic Relief as he rows, cycles, swims and runs his way from the Queen Elizabeth Olympic Park in Stratford to his home town of Plymouth. (S)(R)(AD)
12.25 AM **The Graham Norton Show** The second of two compilations from the recent series. (S)(R)
1.15 **Weather for the Week Ahead** Seven-day forecast. (S)
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Escape to the Country** (S)(R)
7.15 **The Repair Shop** (S)(R)
8.00 **Sign Zone: Gardeners' World** A tree-planting masterclass. (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Ready Steady Cook** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **Put Your Money Where Your Mouth Is** From Colchester. (S)(R)
3.00 **The Heights** (S1) (S)(R)(AD)
3.30 **Murder, Mystery and My Family** Re-investigating the killing of a German woman. (S)(R)(AD)
4.15 **The Real Marigold Hotel** (S)(R)
5.15 **Flog It!** Revisiting some of the locations from the series. (S)(R)
6.00 **Richard Osman's House of Games** New edition (S)
6.30 **Lightning** New edition Quiz show hosted by Zoe Lyons. (S)

6.00 House of Games

7.00 **Doctors** Emma makes a bad impression on someone important. (S)(R)
7.30 **Rick Stein's Cornwall** 1/15. The chef champions the food, history, music, art and culture of the county. (S)(R)(AD)
8.00 **Your Body Uncovered with Kate Garraway** New edition 3/6. Kate meets a singer who has been delaying treatment for a thyroid nodule for fear it may damage her voice, and a woman who has been plagued by gallstone attacks. (S)
9.00 **Great British Menu** New edition Three chefs from the South West present their main courses and desserts, inspired by 100 years of British Broadcasting. (S)
■ Continues tomorrow
10.00 **The Office** 5/6. David Brent is in his element as the staff prove how wacky they can be for Red Nose Day. (S2) (S)(R)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Unspun World with John Simpson** New edition The BBC's World Affairs Editor reflects on the week's major news stories. (S)
11.40 **Rock Till We Drop** (S)(R)
12.40 AM **Sign Zone: Extraordinary Portraits** (S)(R)(AD)
1.10 **Sign Zone: Stanley Tucci: Searching for Italy** (S)(R)(AD)
1.55 **Sign Zone: Great Coastal Railway Journeys** (S)(R)(AD)
2.25 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.40 **Local News** (S)
12.50 LIVE **ITV Racing: Cheltenham Festival** Ed Chamberlin and Francesca Cumani present the second day of the prestigious festival, including feature race the 3.30 Champion Chase, plus races at 1.30, 2.10, 2.50 and 4.10. (S)
4.30 **Tipping Point: Best Ever Finals** New edition Compilation of some of the most dramatic endgames from the arcade-themed quiz show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7.30 **Emmerdale** Dawn is under immense pressure, Manpreet puts on a brave face, and Amelia is left embarrassed. (S)(AD)
8.00 **Coronation Street** Abi awaits the outcome of her baby's operation, Amy is thwarted in her efforts to spend time with Jacob, and Michael confronts Grace with his parents' allegations of blackmail. (S)(AD)
9.00 NEW SERIES **Kate & Koji** 1/6. Return of the comedy starring Brenda Blethyn. *See feature, page12.* (S2) (S)(AD)
9.30 **Bradley & Barney Walsh: Breaking Dad** 1/6. The duo head off on a road trip across Europe. (S)(R)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **Paul Sinha's TV Showdown** Guests Rachel Riley, Stacey Dooley, Nihal Arthanayake and Jon Richardson take part in the TV-themed comedy quiz. (S)(R)
12.25 AM **Shop: Ideal World**
3.00 **Bling** Lydia helps a woman on her way to her wedding day. (S)(SL)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** Ben Shephard hosts the arcade-themed quiz. (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **Countdown** (S)(R)
6.40 **Cheers** 16&17/22. (S1) (S)(R)
7.35 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 9-11/24. (S5) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** From California. (S)(R)
11.25 **News** (S)
11.30 **Coast vs Country** (S)(R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition A visit to the Greyhound Hotel in Cromford, Derbyshire. (S)
5.30 **Fame in the Family** New edition With Neil 'Razor' Ruddock. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Zara and Tony get ready for their debate. (S)(AD)

9.00 Who Made Britain Fat?

7.00 **News** (S)
8.00 **Kirstie and Phil's Love It or List It** Experts Kirstie Allsopp and Phil Spencer meet a couple in Poole, Dorset, who cannot agree whether to sell their four-bedroom chalet bungalow or renovate instead. (S)(R)(AD)
9.00 **Michael Mosley: Who Made Britain Fat?** Series finale 2/2. Michael focuses on the rise in fast food, asking what supermarkets can do to tackle obesity and whether the NHS is getting it right on obesity. (S)(AD)
10.00 **Naked Attraction** New edition Anna Richardson hosts as a 28-year-old nature lover and a 48-year-old building manager each choose a date after seeing what their potential partners have to offer on a purely physical level. (S)(AD)
11.05 **Sex Actually with Alice Levine** 2/3. The world of domination. (S)(R)
12.10 AM **24 Hours in A&E** (S)(R)(AD)
1.05 **Ramsay's Kitchen Nightmares USA** Catch-up edition. (S)(R)
2.00 **The Simpsons** (S)(R)(AD)
2.25 FILM **Area 51** Thriller with Reid Warner. (S) (2015, 15, 95min) ★
4.00 **Location, Location, Location** (S)(R)
4.55 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
5.50 **to 6.00** AM **Find It, Fix It, Flog It**

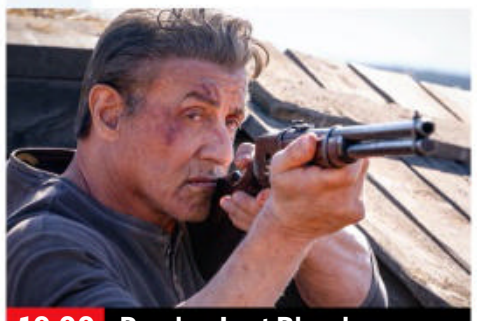
+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Build a New Life in the Country** Property series. (S)(R)
1.10 **News** (S)
1.15 **Home and Away** (S)
1.45 **Neighbours** (S)
2.15 **FILM PREMIERE A Stranger in My Home** Thriller starring Vivica A Fox and Yan-Kay Crystal Lowe. (S) (2020, PG, 105min) ★★
4.00 **Filthy House SOS** Richard and Brennan come to the aid of a single father in Keighley. (S)(R)
5.00 **News** (S)
6.00 **Neighbours** Ned's tryst with Harlow weighs on him and Shannon asks for home schooling assistance. (S)(R)
6.30 **Eggheads** New edition (S)



10.00 Rambo: Last Blood

7.00 **The Gadget Show** New edition 3/6. Ortis Deley tests three commuter bikes, while Georgie Barrat and Jon Bentley try out home cinema set-ups. (S)
7.55 **News** (S)
8.00 **Police Interceptors** New edition 6/15. Dan Machin and Jim Campin manage to track down a suspected drunk driver, who runs at Jim holding a knife and Dan is left with no choice but to use his Taser. (S)
9.00 **NEW SERIES Council House Swap** 1/3. Documentary about tenants in social housing across the UK looking to exchange homes, beginning with a mother-of-four who wants somewhere rural. (S)
10.00 **FILM Rambo: Last Blood** Action thriller sequel starring Sylvester Stallone. John Rambo must confront his past and unearth his ruthless combat skills to exact revenge in one final mission. (S) (2019, 18, 105min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.45 **FILM Rise of the Footsoldier: Marbella** Action comedy with Craig Fairbrass and Emily Wyatt. (S) (2019, 18, 95min) ★
1.20 AM **21.co.uk Live Casino Show**
3.10 **The Queen's Guards: A Year In Service** Rehearsals for the Queen's birthday parade. (S)(R)
4.10 **Get Your Tatts Out: Kavos Ink**
5.00 **Wildlife SOS** (S)(SL)(R)
5.20 **to 5.45** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Wild Tales from the Farm** Documentary series. (S)(R)(AD)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 15/19. (S6) (S)(R)
11.00 **NCIS: New Orleans** (S5) (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **S.W.A.T.** 1/23. (S2) (S)(R)(AD)
3.00 **Modern Family** (S4) (S)(R)
4.00 **Will & Grace** (S4) (S)(R)(AD)
5.00 **The Simpsons** *Gorillas on the Mast:* Lisa sets Springfield's most vicious animals free. (S)(R)
5.30 **The Fresh Prince of Bel Air** 7/24. Ashley seeks relationship advice from Hilary. (S)(R)
6.00 8/24. Will and Carlton head for Las Vegas. (S6) (S)(R)
6.30 **The Simpsons** *Frinkcoin:* With the voice of Jim Parsons. (S)(R)

10.00 Bloods

7.00 **The Simpsons** *Bart the Bad Guy:* Bart accidentally sees a new superhero film before its release date. (S)(R)
7.30 *Screenless:* Marge puts a screen-time limit on the rest of the family. (S)(R)
8.00 **The Simpsons** *Better Off Ned:* Bart starts to bond with Ned, prompting a jealous Homer to start mentoring Nelson. (S)(R)
8.30 *The Incredible Lightness of Being a Baby:* Marge reunites with Hudson. (S)(R)
9.00 **SEAL Team** New episode *What's Past Is Prologue:* 7/14. Bravo return to Afghanistan to continue the fight against the Taliban, and the team reflect on America's involvement in the War on Terror. (S5) (S)
10.00 **NEW SERIES Bloods** 1/10. Return of the comedy starring Jane Horrocks. *See feature, page12.* (S2) (S)
■ Entire series on Sky Box Sets
10.30 **Frayed** New episode 4/6. Fairbank is convinced he has cracked the case. (S2) (S)(AD)
■ Entire series on Sky Box Sets
11.30 **Sex and the City** 17&18/18. Double bill. (S2) (S)(R)
12.35 AM **Road Wars** Thames Valley Police combat vehicle crime. (R)
1.30 **The Force: North East** (R)
2.30 **Road Wars** (R)
3.00 **Hawaii Five-0** (S2) (S)(R)
4.00 **S.W.A.T.** 1/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
2.15pm Politics Scotland **3.00-3.45** Shakespeare & Hathaway – Private Investigators **11.25** Scottish Questions **11.55** Debate Night **12.55am** Tom Daley's Hell of a Homecoming **1.55** The Graham Norton Show **2.45** Weather for the Week Ahead **2.50-6.00am** BBC News

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm Nolan Live New edition **11.35** The Fast and the Farmer-ish New edition **12.05am** Mood **12.55** The Graham Norton Show **1.45-6.00am** BBC News

WALES
Sky **952**, Virgin **864**, Freesat **964**
9.00-10.00pm NEW SERIES Hidden **10.30** BBC Wales Live New edition **11.00** Weather **11.05** Interior Design Masters with Alan Carr New edition **12.05am** Mood **12.50** Tom Daley's Hell of a Homecoming **1.50-6.00am** BBC News

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm Spotlight **11.15** Crime NI **11.55** The Office **12.25am** Unspun World with John Simpson **12.50-1.10am** BBC News

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Sgwrs Dan y Lloer **12.30** Heno **1.00** Anrhegion Melys Richard Holt **1.30** Yn y Fan A'r Lle **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Llanw **4.00** Awr Fawr **5.00** Stwnsh **6.00** Natur Gwyllt Iolo **6.30** Rownd a Rownd **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode **8.25** Y Byd ar Bedwar New edition **8.55** Newyddion S4C a'r Tywydd **9.00** Ty am Ddim New edition **10.00** Y Gyfrinach New episode **10.30** Côr Cymru 2022 **11.30pm-12.05am** Gwely a Brecwast Maggi Noggi

TV&Satellite week
More channels than any other TV magazine

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **MasterChef Australia** New edition Contestants go up against their own professional guest chefs.
7.55 **The Catch Up**
8.00 **NEW Computer Says No** The world of algorithms and computer-automated hiring.
8.50 **Becoming – Nathan Drake** Tom Holland reveals all about taking on the iconic character in *Uncharted*.
9.10 **Gassed Up** New edition 5/6. Mist faces footballer and songwriter Chelcee Grimes
10.00 **The Fast and the Farmer-ish** New edition 6/7. Teams from Northern Ireland and Scotland compete in the semi-final.
10.30 **The Fast and the Farmer-ish** Series finale 7/7. The Grand Final.
11.00 **This Country**
11.45 **Tonight with Target**
12.35 AM **Gassed Up**
1.20 **The Fast and the Farmer-ish**
2.20 **Tonight with Target**
3.10 **to 4.00** AM **This Country**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's World of Steam, Steel and Stone** Fred's love of restoring engines and chimneys.
7.30 **Canal Boat Diaries** New edition 3/4. Robbie Cumming explores the Victorian village of Saltaire.
8.00 **Secret Life of Farm Animals** 1/3. The behaviour of farm animals, beginning by focusing on sheep.
9.00 **Princess Margaret: The Rebel Royal** 1/2. A profile of The Queen's sister.
10.00 **Undercover OAP: The Mole Agent – Storyville** The story of an 83-year-old who went undercover in a Chilean nursing home.
11.25 **Takaya: Lone Wolf** Following seven years in the life of a lone wolf.
12.25 AM **Canal Boat Diaries**
12.55 **Fred Dibnah's World of Steam, Steel and Stone**
1.25 **Secret Life of Farm Animals** As 8.00pm.
2.25 **to 3.25** AM **Princess Margaret: The Rebel Royal**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun**
10.35 **Find It, Fix It, Flog It**
12.35 PM **Heir Hunters**
1.35 **Four in a Bed**
4.15 **The Hotel Fixers** New edition Francis and John Brennan help a newcomer to the industry.
4.50 **Find It, Fix It, Flog It** Restoring a dentist's table and a barber's chair.
5.55 **Car S.O.S** Fuzz and Tim revisit vehicles from the first four series to see how life has changed for the owners.
6.55 **Escape to the Chateau: DIY** Erin and JB launch their chateau business by opening it up to the locals.
7.55 **Devon and Cornwall** 3/8. Jess Harris and Charlotte Whyte welcome diners to their floating restaurant.
9.00 **Secrets of the Royal Gardens** New edition The gardens of private royal houses across Britain, including Sandringham Estate and Dumfries House.
10.00 **24 Hours in Police Custody: Murder in the Woods** 2/2. The police learn who was behind the murder.
11.05 **24 Hours in A&E**
12.05 AM **Secrets of the Royal...**
1.10 **24 Hours in Police Custody: Murder in the...**
2.15 **Location, Location, Location** From Brighton.
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Married at First Sight Australia**
10.30 **The Big Bang Theory**
11.00 **Young Sheldon**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Young Sheldon**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes. (S9&3)
7.00 **Hollyoaks** Zara finds herself in trouble with the law.
7.30 **Married at First Sight Australia** New edition As the latest arrival of newlyweds start on their honeymoons, one last couple are yet to take their vows.
9.00 **Teen First Dates** New edition 4/6. Oasis superfan Aaron meets theatre student Maisie.
10.00 **Celebrity Gogglebox** *Hostile Planet, Big Brother: Best Shows Ever* and *EastEnders* are appraised.
11.05 **Gogglebox**
12.10 AM **First Dates**
1.15 **Married at First Sight Australia** As 7.30pm.
2.45 **Teen First Dates**
3.40 **Below Deck: Mediterranean**
4.30 **Ramsay's Kitchen Nightmares USA**
5.20 **to 6.00** AM **Mike & Molly**

+1 hour 235 | 146 | 30 | 123

Wednesday primetime

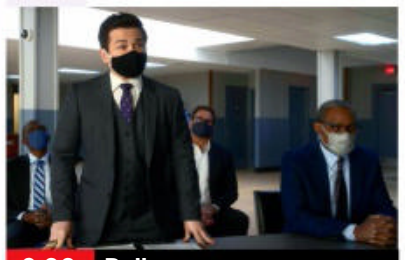
WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **Air Ambulance ER**
11.00 **Law & Order** 18/24. (S15)
12.00 NOON **Bull** 4/22. Jason hires an attorney for a challenge from a former client. (S2)
1.00 PM **Blue Bloods** (S9)
3.00 **Private Eyes** 1/8. Angie hears someone being threatened from her hospital room. (S5)
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**


9.00 Bull

7 PM

7.00 **Air Ambulance ER** The team race to the rescue of an elderly couple who have been involved in serious crash on the A66.

8 PM

8.00 **Blue Bloods** *Blues:* 15/22. Danny is left shaken after an off-duty run-in with a robber forces him to use his gun. (S9)

9 PM

9.00 **Bull** New episode *Truth and Reconciliation:* 11/16. Bull recalls how he started his company. (S5)
■ Entire series on Box Sets

10 PM

10.00 **Transplant** *Orphans:* 11/13. Bash finds himself connecting with a patient, and Mags strives to find balance in her life. (S1)
11.00 **Law & Order: SVU** (S12)
12.00 M'T **The Rookie** 3/20. (S1)
1.00 AM 8/11. (S4)
2.00 **Blue Bloods** 15/16. (S11)
3.00 **Law & Order** 19/24. (S15)
4.00 **Bull** 4/22. (S2)
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **The British**
8.00 **CSI** 8/24. (S6)
9.00 **The Newsroom** 8/9. (S2)
10.05 **The Sopranos** 7&8/13. (S3)
12.25 PM **Game of Thrones** (S6)
1.30 **Babylon Berlin** 1&2/12. (S3)
3.30 **Ray Donovan** 6&7/12. (S4)
5.45 **The Sopranos** 9/13. Tony eyes up a new car and its attractive saleswoman. **6.55** 10/13. A reluctant Bacala dons Pussy's old Santa suit, and Tony visits Dr Melfi with haunting memories of Christmas 1995. (S3)

9.00 Yellowjackets

7.55 **Game of Thrones** *Oathbreaker:* 3/10. While Daenerys meets her future, Bran meets the past. Elsewhere, Tommen confronts the High Sparrow. (S6)

9.00 **Yellowjackets** *The Dollhouse:* 3/10. The Yellowjackets debate the merits of staying put or looking for shelter.

10.05 **Yellowjackets** *Bear Down:* 4/10. The girls play with guns to determine who is the most responsible. (S1)
11.10 **Six Feet Under** 7/13. A Jewish funeral at Fisher & Sons leads Nate to seek spiritual guidance from a female rabbi. (S2)
12.15 AM **Six Feet Under** (S2)
2.25 **Banshee** 2/10. (S3)
3.30 **In Treatment** (S3)
4.00 **to 6.00** AM **The British**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S4)
8.00 **Arrow** 3/22. (S7)
9.00 **DC's Legends of Tomorrow**
10.00 **The Flash** 15/19. (S6)
11.00 **NCIS: New Orleans** (S5)
1.00 PM **Hawaii Five-0** (S2)
2.00 **S.W.A.T.** 1/23. (S2)
3.00 **DC's Legends of Tomorrow**
4.00 **Arrow** 5/22. (S7)
5.00 **The Flash** 15/19. Barry takes on a dangerous new meta named Sunshine. (S6)
6.00 **Stargate SG-1** 8/22. Daniel is captured. (S4)

9.00 SEAL Team

7.00 **Stargate SG-1** *Scorched Earth:* 9/22. The team mediate when two civilisations try to colonise the same planet. (S4)

8.00 **There's Something About Movies** Guests David Tennant, Nish Kumar and Kevin Bridges join the regulars.

9.00 **SEAL Team** New episode *What's Past Is Prologue:* 7/14. Bravo Team return to Afghanistan to fight against the Taliban. (S5)

10.00 **Dating No Filter** Comics observe first dates.
10.30 **Frayed** New episode 4/6. Fairbank is convinced he has cracked the case. (S2)
11.30 **Harlan Coben's The Five** 1&2/10. Thriller starring Sarah Solemani and Lee Ingleby. (S1)
1.30 AM **Road Wars** Police officers combat vehicle crime.
2.00 **Caught on Dashcam**
3.00 **Hawaii Five-0** 13/23. (S2)
4.00 **S.W.A.T.** 1/23. (S2)
5.00 **to 6.00** AM **Stop, Search, Seize**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Dress to Impress**
7.00 **The Ellen DeGeneres Show**
8.00 **You've Been Framed!**
9.00 **Secret Crush**
10.00 **Dress to Impress**
11.00 **Love Bites**
12.00 NOON **Supermarket Sweep**
1.00 PM **Tipping Point: Lucky Stars**
2.00 **Rolling in It**
3.00 **The Ellen DeGeneres Show** New edition Talk show.
4.00 **The Masked Singer US**
5.00 **You've Been Framed!**
6.00 **Celebrity Catchphrase**

6.00 Celebrity Catchphrase

7.00 **Superstore** 10/11. Dina asks for a demotion. **7.30** 11/11. Cheyenne begins to go into labour in the store. (S1)

8.00 **Bob's Burgers** 1/23. Louise gets her bunny ears stolen by a bully. **8.30** 2/23. The kids go trick-or-treating. (S3)

9.00 **Family Guy** 5/12. Part two of two. Lois identifies her would-be killer. **9.30** 12/12. Peter becomes a pirate. (S6)

10.00 **Family Guy** 2/16. Peter becomes obsessed with a hit song from 1963. (S7) **10.30** 18/30. Peter starts a religion. (S4)
11.00 **Family Guy** 28/30. Part one of three. Stewie tries to be nice to the family. (S4)
11.30 **American Dad!** (S12)
12.25 AM **Bob's Burgers** (S3)
1.25 **Superstore** (S2)
2.20 **Hey Tracey!** (S2)
3.10 **to 3.30** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Man About the House**
9.40 **A Touch of Frost**
11.50 **Heartbeat**
2.00 PM **Classic Emmerdale**
3.00 **Classic Coronation Street**
4.05 **Midsomer Murders**
6.00 **Heartbeat** *Primal Instinct:* Nick is seconded to a Scotland Yard team who have arrived in Aidensfield to investigate the fatal shooting of a former policeman.

8.00 Maigret – Dead Man

7.00 **Heartbeat** *Keep on Running:* Nick's relationship with Kate suffers when he is offered a promotion.

8.00 **Maigret – Dead Man** 2/2. The detective is distracted from a string of attacks on three wealthy farms by a series of anonymous phone calls from a man who claims a gang is trying to kill him. (S1)

10.00 **Law & Order: UK** *Survivor:* 5/7. Brooks and Devlin investigate the murder of prison officer Charlie Tyner. (S3)
11.00 **Scott & Bailey** 3/6. A man acquitted of rape and murder is found dead and the prime suspect is a woman who gave evidence for the prosecution in court. (S1)
12.00 M'T **A Touch of Frost**
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Getaways** Holly Hamilton and JJ Chalmers visit Prague and Brno.
7.30 **Style Fixers** Alannah Carson tries to bring out the folk-punk side of Callum's wardrobe.
8.00 **This Farming Life** Series finale 12/12. The Frasers experience teething problems with their new farm shop.
9.00 **The Nine**
10.00 **The Scotts** 4/5. Henry has an accident at work and is ordered to rest at home. (S1)
10.30 **Debate Night** Topical debate on the big issues affecting Scotland and beyond.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files** The criminologist examines spree and mass killings.

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Parks and Recreation** (S6)
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S6)
11.30 **The Office (US)** (S9)
12.00 NOON **The Mindy Project**
1.00 PM **Miracle Workers**
2.00 **A.P. Bio** 5&6/13 (S1)
3.00 **Modern Family** (S4)
4.00 **Will & Grace** (S4)
5.00 **The Office (US)** (S9)
5.30 **Fresh Prince of Bel Air**
6.30 **Will & Grace**. (S6)
8.00 **Parks and Recreation**
9.00 **Code 404** 1&2/6. (S1)
10.00 NEW SERIES **Bloods** *See feature, page12.* (S2)
■ Entire series available on Sky Box Sets
10.30 **Yonderland** (S2)
11.30 **Sex and the City** (S2)
12.45 AM **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
1.45 **The Late Late Show with James Corden** New edition Chat show.
2.45 **SMILF** 3&4/8. (S1)
4.00 **to 5.00** AM **Highlights**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Arts Uncovered**
6.10 **The Barber of Seville**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **Cézanne: Portraits of a Life**
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Rodin: In His Time**
4.00 **Boswell & Johnson's Scottish Road Trip**
5.00 **Tales of the Unexpected**
6.00 **Discovering**
7.00 **Portrait Artist 2018**
8.00 **Discovering**
9.00 **Audrey** Documentary.
10.55 **The Directors**
11.55 **The Undiscovered Peter Sellers**
12.55 AM **The Painter and the Thief** Documentary.
2.55 **Charles Dickens and Hans Christian Andersen: Urban Myths**
3.20 **Joan Collins: Urban Myths**
4.15 **The South Bank Show**
5.10 **to 6.00** AM **The Art of Architecture**

Pick

159 156 | 36 | 144

7.00 AM **America's Front Line**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Highway Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Border Patrol**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S2)
5.00 **Star Trek: The Next Generation** 21/26. (S3)
6.00 **Quantum Leap** (S5)
7.00 **Hawaii Five-0** (S1)
8.00 **Killer in My Village**
9.00 **S.W.A.T.** 20/23. (S2)
10.00 **Grimm** 6/22. (S2)
11.00 **Killer Families**
12.00 M'T **Britain's Most Evil Killers** Dale Cregan.
1.00 AM **The Force: North East** Documentary.
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Will & Grace**
9.00 **My Wife and Kids**
11.00 **Younger** (S5)
1.00 PM **Friends** (S6&7)
7.00 **Friends** 2/24. Monica makes wedding plans. **7.30** 3/24. Chandler plays racquetball with Monica's father. **8.00** 4/24. Rachel wrestles with a dilemma. **8.30** 5/24. Joey takes Tag out on the town. (S7)
9.00 **Michael McIntyre: Live & Laughing**
10.00 **Kevin Bridges Live: The Story Continues**
11.00 **Al Murray's Great British Pub Quiz**
12.00 M'T **Rhod Gilbert's Growing Pains**
1.00 AM **Ricky Gervais Show**
2.00 **The Alternative Comedy Experience**
3.05 **South Park** (S11)
3.35 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **The Real Housewives of Potomac**
1.25 **The Real Housewives of Cheshire**
2.25 **The Only Way Is Essex**
3.10 **Little Women: LA**
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Orange County**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched: Most Outrageous Patients**
9.30 **Botched: Most Outrageous Rejects**
10.00 **Botched**
11.00 **Bridezillas**
11.55 **The Only Way Is Essex**
12.45 **to 1.00** AM **Unwind with ITV**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **The Best of the 70s**
6.10 **Cadfael**
7.35 **Dempsey and Makepeace**
8.25 **The Protectors**
9.00 **ITV Racing: Opening Show**
10.05 **Great Racehorses**
10.25 **River Monsters**
10.55 **Made in Britain**
11.55 **The Champions**
12.55 PM **Cadfael**
2.35 **Dempsey and Makepeace**
3.40 **The Professionals**
4.45 **Minder**
5.50 **Made in Britain**

9.00 Bullitt

6.55 **The Chase Celebrity Special** Simon Gregson, Victoria Ekanoye, Lucy Fallon and Andrew Whyment take part.

8.00 **The Great British Treasure Hunt** New edition 3/5. Round three of the series from Somerleyton in Suffolk.

9.00 FILM **Bullitt** Police action thriller starring Steve McQueen as a San Francisco detective hunting the killer of an important witness. With Jacqueline Bisset and Robert Vaughn. (1968, 15, 109min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 FILM **Collateral** Thriller starring Tom Cruise and Jamie Foxx. A ruthless contract killer chooses an unwilling LA taxi driver to act as his chauffeur. (2004, 15, 120min) ★★★★
1.45 AM **Dempsey and Makepeace**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

6.00 AM **Quantum Leap** (S2)
7.00 **Star Trek: Enterprise** (S4)
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S2)
12.00 NOON **Stargate Atlantis**
1.00 PM **The Librarians** (S2)
2.00 **V** 5/19. (S3)
3.00 **Fringe** As 8.00pm.
5.00 **Stargate SG-1** 9/22. The team encounter soldiers engaged in a deadly war game. (S3)
6.00 **Star Trek: Enterprise** 6/22. Part three of three. Malik organises a mutiny. (S4)

10.00 Intergalactic

7.00 **Quantum Leap** *Thou Shalt Not:* 7/22. Sam becomes embroiled in a struggle to prevent the break-up of a family. (S2)

8.00 **Fringe** *Wallflower*: 7/22. The team investigate when a man's body turns ghostly white following his death, but a search for the culprit becomes difficult when the force responsible turns out to be invisible. (S4)

10.00 **Intergalactic** 1/8. First episode of the sci-fi drama starring Savannah Steyn, Natasha O'Keeffe and Parminder Nagra. (S1)
11.00 **Fortitude** 2&3/11. Double bill of the thriller starring Stanley Tucci and Richard Dormer. (S1)
1.00 AM **Stargate SG-1** (S3)
2.00 **Stargate Atlantis** (S3)
3.00 **Star Trek: Enterprise** (S4)
4.00 **Star Trek: Voyager** (S2)
5.00 **to 7.00** AM **Fringe**

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries**
9.00 **Unforgettable** 3/13. (S2)
10.00 **Major Crimes** 19/19. (S3)
11.00 **Rizzoli & Isles** 8/16. (S4)
12.00 NOON **Hudson & Rex** (S3)
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S9)
4.00 **Unforgettable** 4/13. (S2)
5.00 **Major Crimes** 1/23. The squad investigate two homicides. (S4)
6.00 **Hudson & Rex** 16/16. Charlie and Rex witness an armed robbery taking place during a trip to the bank. (S3)

9.00 Pretty Hard Cases

7.00 **Rizzoli & Isles** *Cold As Ice:* 8/16. Frankie Jr helps with a case involving the death of a woman after an ice-hockey match. (S4)

8.00 **Father Brown** *The Face of the Enemy:* The Roman Catholic priest spies trouble when Lady Felicia returns to Kembleford.

9.00 **Pretty Hard Cases** New episode *Gliders:* 9/10. Sam and Kelly embark on a border-crossing mission. (S1)

10.00 **Deception** *Getting Away Clean:* 9/13. Gunter makes a discovery that will change the lives of the team members. (S1)
11.00 **Rizzoli & Isles** 10/13. The team investigate a murder connected to a financial confidence trickster. (S7)
12.00 M'T **Why Women Kill** (S2)
1.00 AM **Evil** 13/13. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.35 AM **Highlights**
8.45 **Hi-de-Hi!**
9.25 **Last of the Summer Wine**
10.45 **The Green Green Grass**
11.25 **Dad's Army**
12.40 PM **Chef!**
1.20 **Hi-de-Hi!**
2.00 **Desmond's**
2.35 **The Green Green Grass**
3.20 **Fawlty Towers**
4.00 **Last of the Summer Wine**
5.20 **dinnerladies**
6.00 **Desmond's**
6.35 **Hi-de-Hi!**

7.15 The Green Green Grass

7.15 **The Green Green Grass** Llewellyn tries to boost his fortunes by challenging Boycie to a pub quiz.

8.00 **Dad's Army** Captain Mainwaring lets Frazer take charge of the platoon. **8.40** Mainwaring orders his blundering platoon to guard the bank's money.

9.20 **The Good Life** Tom plans to diversify into pig farming, but Margo strongly opposes his idea.

10.00 **Men Behaving Badly** A jealous Gary suspects Dorothy is having an affair.
10.40 **Not Going Out** Lee imagines life with Lucy.
11.20 **Peep Show** Mark has crippling doubts about being engaged. **11.55** Mark is promoted.
12.30 AM **French and Saunders**
1.10 **Chef!**
1.50 **Men Behaving Badly**
2.25 **Not Going Out**
3.00 **to 4.00** AM **Peep Show**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.10 AM **Sin City Motors**
8.00 **Timber Kings**
9.00 **Storage Hunters UK**
10.00 **Top Gear**
11.00 **World's Most Dangerous Roads** The Peruvian Andes.
12.00 **Red Bull Soapbox Race**
1.00 PM **Border Force: America's Gatekeepers**
2.00 **World's Most Dangerous...**
3.00 **Rick Stein's Secret France**
4.00 **Red Bull Soapbox Race**
5.00 **Rick Stein's Secret France**
6.00 **Taskmaster** With Phil Wang.

10.00 Outsiders

7.00 **Richard Osman's House of Games** With John Robins and Dom Joly.
7.40 **Room 101** With Claudia Winkleman, Russell Kane and John Humphrys.

7 PM

8.20 **Would I Lie to You?** With Claudia Winkleman, Clive Anderson, Miranda Hart and Jason Manford.

8 PM

9.00 **QI** Sandi Toksvig quizzes Alan Davies, Gyles Brandreth, Susan Calman and Jessica Fostekew on a few revolutionary ideas.

9 PM

10.00 **Outsiders** It's the Outsiders' last day living in the wild, and the teams go all out to prove they can survive post-apocalypse.
11.00 **Have I Got a Bit More 2019 News for You** Extended compilation of the news quiz..
12.00 M'T **Hypothetical**
12.40 AM **QI** With Jason Manford.
1.20 **Would I Lie to You?**
2.00 **Live at the Apollo**
2.45 **to 4.00** AM **This Country**

10 PM

+1 hour 211 131 25

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 FILM **The Birthday Wish** Romantic drama. (2017, PG, 84min) ★★
11.50 **GREAT! Movie News**
12.00 NOON **Sue Thomas: F.B.Eye** 11/19. (S3)
1.00 PM **Perception** (S2)
2.00 **Body of Proof** 9/9. (S1)
3.00 **Castle** 10/22. (S8)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **7.30** 21/26. The unit evacuate the camp. **8.00** 22/26. Colonel Flagg spies on Hawkeye. **8.30** 23/26. Hawkeye takes drastic action. (S7)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H** (S7)
3.00 **Hart to Hart** (S2)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me**
10.30 **A New Life in the Sun: Where Are They Now?**
11.30 **A Place in the Sun: Home or Away**
12.30 PM **A Place in the Sun**
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun**
7.00 **A Place in the Sun: Home or Away**
8.00 **Ugly House to Lovely House with George Clarke** Transforming a 1970s home in Wales.
9.00 **24 Hours in A&E** A man is rushed in after collapsing in his garage. **10.00** A former lollipop lady arrives after being attacked by a cat.
11.05 **Jeremy Kyle Show: Death on Daytime**
1.40 AM **Gogglebox**
3.45 **to 4.45** AM **Jimmy Carr's I Literally Just Told You**

5USA

141 141 153 21 129

9.00 AM **NCIS** 7-9/24. (S7)
11.55 **Entertainment News**
12.00 NOON **Law & Order**
1.55 PM **Entertainment News**
2.00 **Law & Order** (S17)
3.55 **Entertainment News**
4.00 **Law & Order** (S17)
6.00 **NCIS** (S7&8)
9.00 **Crossing Lines** *In Loco Parentis:* 3/12. The team tackle a hostage situation in a school. (S3)
10.00 **Law & Order: Special Victims Unit** *Bombshell:* 19/24. A businessman is stabbed. **11.00** *Totem:* 20/24. A girl's body is found. **11.55** *Trophy:* 7/24. A body is discovered at an industrial laundry. **12.55** AM *Penetration:* 8/24. An FBI agent claims that she has been raped. (S12)
1.50 **Private Eyes** (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Last Man Standing**
8.20 **Shoplifters & Scammers: At War with the Law**
9.10 **Filthy House SOS**
10.10 **Judge Judy**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **Babies 24/7: The Maternity Ward** A first-time mum arrives in considerable pain.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition**
10.00 **Ambulance: Code Red**
11.00 **A&E After Dark**
12.00 M'T **Skin A&E**
1.00 AM **Don't Tell the Doctor** Extreme acne.
2.00 **Sex Pod**
3.05 **Judge Judy**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.10 AM **MasterChef Australia** The hopefuls cater for 50 diners.
7.00 **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **MasterChef Canada** New edition The home cooks learn whether taking a risk is really worth the reward.
8.00 **Cops on the Rock**
9.00 **The Undateables**
10.00 **One Born Every Minute** Documentary..
11.00 **Cops on the Rock**
12.00 M'T **Should I Go Under the Knife?**
1.00 AM **Extreme Food Phobics** A woman with a fruit and veg phobia.
2.00 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 190

Drama

143 130 20 158

7.00 AM **Brush Strokes**
7.40 **Hetty Wainthropp Investigates**
8.35 **The Bill**
9.35 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **Hetty Wainthropp Investigates**
3.20 **Lovejoy**
4.20 **Peak Practice**
5.20 **Brush Strokes**
6.00 **Are You Being Served?**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Last Detective** *Towpaths of Glory:* 2/4. A former soldier is found murdered. (S3)
9.40 **New Tricks** *Powerhouse:* The team reopen the case of the murder of a young clerk.
11.00 **Silent Witness**
1.15 AM **Kavanagh QC**
2.45 **to 4.00** AM **Monarch of the Glen**

+1 hour 243 226 74

WEDNESDAY

Documentaries

Wednesday

CBS Drama

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 21/22. (S5)
12.00 NOON **Medium** (S3)
1.00 PM **JAG** 21&22/25. (S5)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *No One to Watch Over Me:* 19/22. Joe returns to the office for the first time since the hostage ordeal, and Allison has a dream that reveals the killer of a girl whose body was found in the snow. (S3)
10.00 **Unsolved Mysteries** A man who had visions of a stranger's life. **11.00** Examining strange happenings, including Elvis Presley's mysterious death.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **Something's Killing Me**
4.55 **to 6.00** AM **Matlock**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 4&5/25. (S7)
3.00 **CSI: Miami** 6/24. (S3)
4.00 **NCIS** 5/24. (S10)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger** *Tall Cotton:* 6/25. Sydney tracks down Gage's sister. **8.00** *Lynn Sisters:* 7/25. Bootleggers kidnap two country musicians. (S7)
9.00 **CSI: Miami** *Hell Night:* 6/24. A baseball player is charged murder. (S3)
10.00 **NCIS** *The Namesake:* 5/24. A petty officer is gunned down. (S10)
11.00 **Diagnosis Murder**
1.00 AM **Walker, Texas Ranger** 6&7/25. (S7)
2.55 **JAG** 14/15. (S2)
3.55 **Click for Murder**
4.45 **to 6.00** AM **Medical Detectives**

Challenge

160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **The Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Blankety Blank**
5.00 **Bullseye** Double bill.
6.00 **Tenable** Five friends from Wales take part in the quiz show, hosted by Warwick Davis.
7.00 **Pointless Celebrities** Alexander Armstrong and Richard Osman host a celebrity version of the quiz show.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Classic Who Wants to Be a Millionaire?** A classic edition of the award-winning quiz.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!

151 151 835 164 163

7.00 AM **Kourtney and Khloe Take the Hamptons**
8.00 **Keeping Up with the Kardashians** Double bill.
10.00 **News: Daily Pop**
11.00 **Total Bellas**
12.00 NOON **Keeping Up with the Kardashians**
7.00 PM **Botched** Medic Paul Nassif takes on a patient with a hole in her nose. **8.00** A woman with a mutated backside. **9.00** Help for a couple on the brink of divorce.
10.00 **Nightly Pop**
10.30 **The Bradshaw Bunch** Terry is invited to Washington D.C. to sing.
11.00 **Dr 90210**
12.00 M'T **Total Bellas**
1.00 AM **Kourtney and Khloe Take the Hamptons**
2.00 **Teleshopping**
3.00 **Rich Kids of Beverly Hills**
4.00 **to 5.00** AM **Famously Single**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Reopening Night**
7.40 **My Icon**
8.00 **The Guest Wing**
9.00 **Discovering**
10.00 **The Directors**
11.00 **The Story of Late Night**
12.00 NOON **The Eighties**
1.00 PM **JFK: Destiny Betrayed** Documentary.
2.00 **Crime of the Century**
4.10 **Discovering**
5.00 **The Directors**
6.00 **The Story of Late Night**
7.00 **The Eighties**
8.00 **JFK: Destiny Betrayed** 3/4. Documentary.
9.00 **Wework: How to Lose $30b in Two Weeks**
11.00 **Bright Lights: Starring Carrie Fisher and Debbie Reynolds**
12.50 AM **Children of Shanghai** Documentary.
2.05 NEW **Phoenix Rising**
3.40 **My Icon**
4.00 **Discovering**
5.00 **to 6.00** AM **The Guest Wing**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Micro Monsters with David Attenborough**
7.00 **Monkey Life**
8.00 **Wild Tales from the Farm** The sheep escape.
9.00 **Undiscovered Vistas**
10.00 **Waterworld Africa**
11.00 **Deadly Australians**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Wild Tales from the Farm** The sheep escape.
3.00 **Undiscovered Vistas**
4.00 **Waterworld Africa**
5.00 **Deadly Australians**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Africa's Wild Horizons**
9.00 **Ocean Parks**
10.00 **Deadly Australians**
11.00 **Hope for Wildlife**
12.00 M'T **Arabian Seas**
1.00 AM **Great Parks of Africa**
2.00 **Africa's Wild Horizons**
3.00 **Ocean Parks**
4.00 **Wild Tales from the...**
5.00 **to 6.00** AM **Undiscovered Vistas**

HGTV

158 286 44 166

7.00 AM **Homes Under...**
8.00 **Fantasy Homes by the Sea** In Cesme, Turkey.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer Upper**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **DIY SOS**
5.00 **Homes Under the Hammer** From Cumbria.
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **Love Your Garden**
9.00 **My Lottery Dream Home** Double bill.
10.00 **Good Bones** New edition A dilapidated property.
11.00 **Fixer Upper**
12.00 M'T **Escape to the Country** In Cornwall.
1.00 AM **DIY SOS**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **Mexico Life**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Highlights**
8.00 **Guy's Grocery Games** New edition
9.00 **Bikers' Best of British**
10.00 **Tom's American Feast**
11.00 **Mediterranean Feast**
12.00 NOON **Great British...**
1.00 PM **Friday Night Feast**
2.00 **James Martin's United Cakes of America**
3.00 **Rachel Allen: Bake!**
4.00 **Tom's American Feast**
5.00 **The Pioneer Woman** New edition
5.30 **Delicious Miss Brown** New edition
6.00 **Barefoot Contessa** New edition
6.30 **Girl Meets Farm** New edition
7.00 **Great British Bake Off**
8.00 **Bikers' Best of British**
9.00 **Tom Kerridge's Best Ever Dishes**
10.00 **Mediterranean Feast**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery...**
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 38 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Treehouse Masters**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Life Below Zero**
12.00 NOON **Ice Lake Rebels**
1.00 PM **Edge of Alaska**
2.00 **Lone Star Law**
3.00 **Helicopter ER**
4.00 **Disasters at Sea**
5.00 **Alaskan Bush People**
6.00 **Outback Truckers**
7.00 **Deadliest Catch**
9.00 **Jade Fever** New edition
10.00 **Gold Divers** Shawn extends his sluice.
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid XL**
2.00 **Kindig Customs**
3.00 **Bear Grylls: Born Survivor**
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **999: Criminals Caught on Camera**
9.30 **Traffic Cops**
11.30 **Florida's Mega Sinkholes** Documentary.
12.30 PM FILM **The Yellow Mountain** Western. (1954, U, 77min) ★★
2.10 FILM **Dawn at Socorro** Western drama. (1954, 15, 79min) ★★
4.00 **Sinkholes: Buried Underground**
5.00 **Traffic Cops**
7.00 **Police Interceptors**
9.00 **Treadstone** New episode 9/10. Bentley finds himself imprisoned again. (S1)
10.00 FILM **The Way of the Gun** Crime thriller starring Ryan Phillippe and Benicio Del Toro. (2000, 18, 119min) ★★
12.25 AM **Fights, Camera, Action!** Double bill.
2.25 **Hijacked**
3.25 **to 5.00** AM **Car Crash TV**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Highlights**
8.30 **Road Wars**
9.00 **Nothing to Declare**
10.00 **Frontline Crime UK**
11.00 **Road Wars**
12.00 NOON **When Life Means Life** John Cooper.
1.00 PM **Britain's Most Evil Killers** Jason Marshall.
2.00 **How I Caught the Killer**
3.00 **World's Most Evil Killers**
4.00 **Killer in My Village**
5.00 **Killer Colleagues**
6.00 **World's Most Evil Killers**
7.00 **How I Caught the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Murdered at First Sight**
10.00 **Snapped**
11.00 **Death on the Beach**
12.00 M'T **World's Most Evil Killers** Daniel Lee Siebert.
1.00 AM **Mark of a Serial Killer** Documentary.
2.00 **Snapped**
3.00 **How I Caught the Killer**
4.00 **to 6.00** AM **Highlights**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A woman appeals against a conviction for killing her mother. **7.30** A murderer sends his victim's family her last will and testament.
8.00 **Written In Blood**
9.00 **Murder By the Sea** Deadly tales from the coastlines of the United Kingdom.
10.00 **Injustice with Nancy Grace** New edition A family man is murdered.
11.00 **Fatal Vows**
12.00 M'T **The Mind of a Murderer** Documentary.
1.00 AM **Murder By the Sea**
2.00 **Injustice with Nancy Grace** As 10.00pm.
3.00 **Written In Blood**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Celebrity Damage Control**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In Spain.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** From Surrey.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Phoenix**
4.00 **Pit Bulls & Parolees**
5.00 **Ambulance**
6.00 **Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **It's Me or the Dog UK** New editions Trying to stop a one-year-old German Shepherd's non-stop barking. **9.30** A Cocker spaniel that is terrified of thunderstorms.
10.00 **Dr Pimple Popper**
11.00 **Ghost Adventures**
1.00 AM **Kindred Spirits**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Phoenix**

Blaze

164 216 64 162

6.00 AM **Hardcore Pawn**
7.25 **The Liquidator**
7.55 **American Restoration**
8.25 **Ancient Aliens**
10.20 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
3.30 **The Liquidator**
4.00 **Ancient Aliens**
5.00 **Ancient Aliens: Stranger Theories**
6.00 **The Curse of Oak Island**
7.00 **Dickinson's Real Deal**
9.00 **Paranormal: Caught on Camera** New edition
10.00 **William Shatner's Weird or What?**
11.00 **Believers: Extreme Hauntings**
12.00 M'T **The Liquidator**
12.30 AM **Storage Wars**
1.00 **Storage Wars Canada**
2.00 **Mountain Men**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Extreme Cheapskates**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Good Bones**
2.00 **Sister Wives**
3.00 **Nate & Jeremiah by...**
4.00 **Dr Pimple Popper**
5.00 **So Freakin Cheap**
6.00 **Love After Lockup**
7.00 **Life After Lockup**
8.00 **The World's Smallest Woman: Meet Jyoti**
9.00 **1000lb Sisters**
10.00 **Temptation Island** New edition
11.00 **Hoarding: Buried Alive**
12.00 M'T **The World's Smallest Woman: Meet Jyoti**
1.00 AM **1000lb Sisters**
2.00 **Temptation Island**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Documentary.
10.00 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **The Yorkshire Vet**
7.00 **Secrets of the Bermuda Triangle**
8.00 **Doomsday Volcano: The Next Pompeii** The history behind the supervolcano hidden beneath Yellowstone National Park.
9.30 **Dinosaurs from the Deep: Drain the Oceans** The secrets on the sea bed in the Gulf of Mexico.
10.35 **The City Under the Sea: Drain the Oceans**
11.40 **The Dambusters**
2.40 AM **Digging Up Britain's Past**
3.35 **to 4.00** AM **The Yorkshire Vet**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Dream Builds on Wheels**
8.00 **The Repair Shop**
9.00 **Combat Dealers**
10.00 **Chasing Classic Cars**
11.00 **Fantomworks**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **The Repair Shop**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters** **9.00** New edition
10.00 **Billy Buys Brooklyn**
10.30 **EFL on Quest**
12.00 M'T **Wheeler Dealers**
1.00 AM **Arctic Ice Railroad**
2.00 **Iron Resurrection**
3.00 **Fantomworks**
4.00 **World's Biggest Shipbuilders**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes... UK**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **My Cat from Hell**
9.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Perfect Murder**
2.00 **Disappeared**
3.00 **Forbidden: Dying for Love** Documentary.
4.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr Pimple Popper**
9.00 **Who Do You Think You Are?** Ruby Wax.
10.00 **Charlotte Church's Dream Build**
11.00 **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Phoenix**
4.40 **Guardians of Rescue**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Gold Rush: White Water**
3.00 **Rise of the Machines**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers** The group are excited when a 1991 Toyota MR2 Turbo is found.
6.00 **Fast N' Loud**

8.00 Gold Divers

7.00 **Outback Truckers** Sharon risks crocodile-infested water in a race to feed starving cattle.

8.00 **Gold Divers** New edition Following a team of dredgers based in Nome, Alaska, trying to collect gold from the Bering Sea.

9.00 **Gold Divers** New edition Documentary following a team of dredgers based in Nome, Alaska.

10.00 **Moonshiners** New edition Following the efforts of illegal whiskey brewers, providing an insight into their lifestyles.

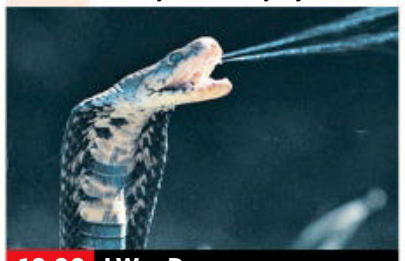
11.00 **Gold Rush** Rick finally hits the rich pay layer in Rally Valley and accelerates his plans.
12.00 M'T **Moonshiners**
1.00 AM **Gold Divers**
3.00 **Moonshiners**
4.00 **Fast N' Loud**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Dogs 101: Specials**
10.00 **Animal Precinct**
11.00 **Extinct or Alive**
12.00 NOON **Coyote Peterson: Brave the Wild** Double bill.
1.00 PM **Alaska: Homestead Rescue** A treehouse cabin.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **Bad Dog!**
5.00 **Animal Precinct**
6.00 **Crikey! It's the Irwins** A wallaby is severely injured.



10.00 I Was Prey

7.00 **How Do Animals Do That?** How hyenas can eat pretty much anything. **7.30** An alligators' fondness for music.

8.00 **Cuba's Secret Shark Lair** Researchers seek out huge hammerhead and great white sharks in Cuban waters.

9.00 **Shark Alley: Legend of Dynamite** Documentary tracing a juvenile great white shark as it progresses toward maturity.

10.00 **I Was Prey** A woman whose holiday in Cancun, Mexico, took a nasty turn when she was attacked by a shark.

11.00 **Treehouse Masters** An arborist pushes Pete Nelson and his team to the limit.
12.00 M'T **Finding Bigfoot** The four experts travel to Idaho.
1.00 AM **How Do Animals Do That?**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **to 5.00** AM **Bad Dog!**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Secrets of the Pyramids**
9.00 **Time Scanners**
10.00 **Ancient X Files**
11.00 **Secrets of the Spanish Armada: Drain the Oceans**
12.00 NOON **Inside the SS**
1.00 PM **World War II: The Apocalypse**
2.00 **Nazi Megastructures**
3.00 **Air Crash Investigation**
5.00 **To Catch a Smuggler** HSI stake out a house during a controlled delivery of meth.
6.00 **Car S.O.S** A 1929 Rolls-Royce Doctors Coupe.

8.00 Colossal Machines

7.00 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a 1997 Lotus Elise belonging to a cancer patient.

8.00 **NEW SERIES Colossal Machines** Gigantic machines used in space exploration, including the NASA space shuttle.

9.00 **Air Crash Investigation** The death of basketball legend Kobe Bryant killed in a helicopter crash in Los Angeles.

10.00 **Car S.O.S** Tim and Fuzz take on a neglected 1988 Fiat Uno Turbo belonging to a man who has been struck down with ill health.

11.00 **Air Crash Investigation**
12.00 M'T **Alaska: Next Generation**
1.00 AM **Ice Road Rescue...**
2.00 **Lawless Island**
3.00 **Dinosaurs from the Deep: Drain the Ocean**
4.00 **to 5.00** AM **Drain the Oceans: Lost Worlds of the Mediterranean**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **The UnXplained with William Shatner**
8.00 **Pawn Stars**
9.00 **American Pickers: Lost Tapes**
11.00 **Roswell: The First Witness**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire Armed Forces Tournament**
2.00 **American Pickers**
4.00 **The UnXplained with William Shatner**
6.00 **Pawn Stars** A guitar owned by music legend Stephen Stills. **6.30** An autographed Harlem Globetrotters basketball.

10.00 Great Escapes

7.00 **Forged in Fire Armed Forces Tournament** Four US Navy officers work to forge a naval Mark 3 dive knife.

8.00 **World's Greatest Treasure Mysteries** Oak Island's Rick and Marty Lagina look at the gold accrued in the Wild West.

9.00 **The Curse of Oak Island** New edition The team uncover an ancient artefact while preparing for a drilling project.

10.00 **Great Escapes with Morgan Freeman** New edition Pittsburgh State Penitentiary.
■ Entire series on Box Sets

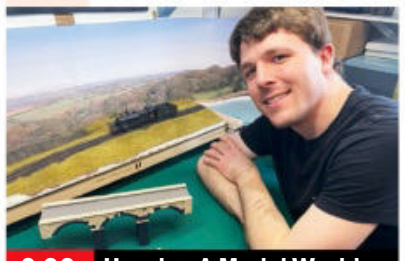
11.00 **Mafia Killers**
12.00 M'T **Forged in Fire**
1.00 AM **World's Greatest Treasure Mysteries** As 8pm.
2.00 **Forged in Fire Armed Forces Tournament** As 7pm.
3.00 **Mafia Killers**
4.00 **River Hunters**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Antiques Roadshow**
8.00 **Forbidden History**
9.00 **Abandoned Engineering**
11.00 **Himalaya with Michael Palin**
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Abandoned Engineering**
4.00 **The Buildings That Fought Hitler** Reigate Fort, which was repurposed to block the Nazis from getting to London.
5.00 **World War Weird**
6.00 **Brazil** Michael Palin's journey starts in the north east, where modern Brazil was born.



9.00 Hornby: A Model World

7.00 **Great British Railway Journeys** A miniature railway beneath London. **7.30** Michael Portillo travels to Didcot.

8.00 **The Architecture The Railways Built** Tim Dunn explores the engineering marvel that is Blackfriars station in central London.

9.00 **Hornby: A Model World** A replica of a 1940s Merchant Navy steam locomotive is the latest task for the design team.

10.00 **Full Steam Ahead** Ruth Goodman finds out about the dangers involved in working on the Victorian railways.

11.00 **Bangers and Cash** Mathewsons agree to sell a threshing machine and large collection of tractors.
12.00 M'T **Abandoned Engineering** Grand coastal defences in Ghana reveal a tortured past.
1.00 **to 3.00** AM **Antiques Roadshow**

+1 hour 255 200 75

Wednesday

7 PM

8 PM

9 PM

10 PM

Disc. History

177 257

6.00 AM **Edge of War**
7.00 **Codes and Conspiracies**
8.00 **Devonport: Inside...**
9.00 **Killers of the Cosmos**
10.00 **Mighty Ships**
11.00 **Codes and Conspiracies**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Wings of War**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** Documentary.
5.00 **Devonport: Inside the Royal Navy**
6.00 **Killers of the Cosmos**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **UFOs: Lost Evidence**
10.00 **NASA's Unexplained...**
11.00 **Edge of War**
12.00 M'T **Combat Dealers**
2.00 AM **NASA's Unexplained Files**
3.00 **Edge of War**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Frontier Borneo**
10.00 **Life on Earth**
11.00 **The Hidden River**
12.00 NOON **Gordon Buchanan: Elephant Family & Me**
1.00 PM **Gorilla Family and Me** Grauer's gorillas.
2.00 **Frontier Borneo**
3.00 **The Ganges with Sue Perkins** Double bill.
5.00 **The Hidden River**
6.00 **Life on Earth**
7.00 **Gorilla Family and Me**
8.00 **Frontier Borneo**
9.00 **The Ganges with Sue Perkins** In Kolkata.
10.00 **Gorilla Family and Me**
11.00 **The Hidden River**
12.00 M'T **Frontier Borneo**
1.00 AM **The Ganges with Sue Perkins**
2.00 **The Hidden River**
3.00 **Bahama Blue**
4.40 **Animal Social Network**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Cesar Millan: Better Human Better Dog**
9.00 **Yukon Vet**
10.00 **Exotic Animal ER**
11.00 **Bizarre Animal Friends**
12.00 NOON **Snakes in the City** A black mamba.
1.00 PM **China's Wild Side**
3.00 **Siberia's Wild Year**
4.00 **Baby Elephant Rescue**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Animal Fight Club**
8.00 **Man, Woman, Dog** New edition A new character finds freedom on the open road.
9.00 **Unknown Waters with Jeremy Wade** The Amazon bull shark.
10.00 **Wonders of the Ocean**
11.00 **Caught in the Act**
12.00 M'T **Swamp Men**
1.00 AM **Animals Gone Wild**
2.00 **Bizarre Animal Friends**
3.00 **Snakes in the City**
4.00 **to 5.00** AM **China's Wild Side**

Sky History 2

163 163 840 272

8.00 AM **Lost Worlds**
9.00 **Mythical Beasts**
10.00 **The Colour of War**
11.00 **Dogfights**
12.00 NOON **Ancient Aliens**
3.00 PM **Top Secret UFO Projects Declassified**
4.00 **Hitler's War**
5.00 **Combat Machines**
6.00 **Deep Sea Detectives**
7.00 **Top Secret UFO Projects Declassified**
8.00 **Strangest Things**
9.00 **Secret History of Comics** The rise and fall of the African-American Milestone Comics.
10.00 **History's Greatest Aircraft** Examining the Supermarine Spitfire.
11.00 **Ancient Aliens**
1.00 AM **Deep Sea Detectives**
2.00 **Secret History of...**
3.00 **History's Greatest ...**
4.00 **Strangest Things**
5.00 **to 6.00** AM **Top Secret UFO Projects Declassified**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.35 **Surrender on the...**
9.45 **Hitler's Circle of Evil**
10.55 **Plane Crash Recreated** New edition The story of a routine flight that ended in tragedy.
11.55 **Born in the Wild: Orangutan**
1.00 PM **The Silk Road**
2.15 **Surrender on the...**
3.30 **Hitler's Circle of Evil**
4.35 **Plane Crash Recreated**
5.40 **Beautiful Serengeti**
6.15 **The Silk Road**
7.30 **Surrender on the USS Missouri**
8.40 **Hitler's Circle of Evil** The demise of Nazi militant Ernst Rohm.
9.55 **Plane Crash Recreated**
11.00 **The Silk Road**
12.20 AM **Surrender on the...**
1.35 **Hitler's Circle of Evil**
2.40 **Plane Crash Recreated**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 837 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **Killer in Plain Sight**
12.00 NOON **Homicide Hunter**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** Rolf Harris.
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Meet, Marry, Murder**
9.00 **Criminal Confessions**
10.00 **Murder for Hire**
11.00 **Court Cam**
12.00 M'T **Snapped**
1.00 AM **Crimes That Shook Britain** Rolf Harris.
2.00 **Nightmare in Suburbia**
3.00 **Unusual Suspects**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **Snapped**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

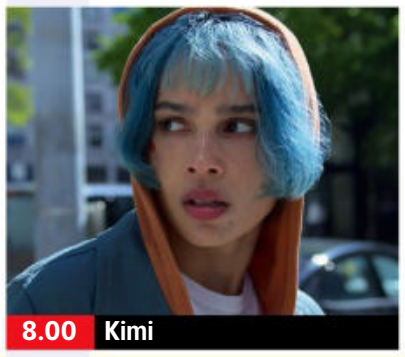
WEDNESDAY Films

Wednesday

Sky Cinema Premiere

301 301 848 401 501 515

6.55 AM **Pil's Adventures** (2021)
8.45 **The Desperate Hour** (2021)
10.25 **Old Henry** Western thriller starring Tim Blake Nelson. (2021, 15, 99min) ★★★★
12.15 PM **Kimi** As 8.00pm.
2.00 **Fast & Furious 9** As 9.45pm.
4.30 **The Desperate Hour** Thriller starring Naomi Watts. (2021, 12, 84min) ★★★★
6.10 **North Hollywood** Comedy drama with Ryder McLaughlin. (2021, 15, 93min) ★★★


8.00 Kimi

8 PM

8.00 **Kimi** Crime thriller starring Zoë Kravitz. During the COVID-19 pandemic in Seattle, an agoraphobic tech worker discovers evidence of a violent crime. (2022, 15, 87min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 **Fast & Furious 9** Action sequel starring Vin Diesel, Jordana Brewster, John Cena and Michelle Rodriguez. The crew must take on an international terrorist, who turns out to be Dom and Mia's estranged brother. (2021, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

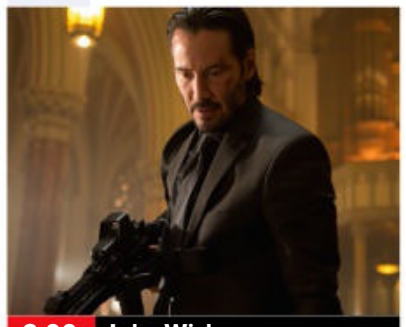
12.25 AM **Malignant** Horror thriller starring Annabelle Wallis. (2021, 18, 111min) ★★★★
2.30 **North Hollywood** As 6.10pm.
4.20 **Sky Cinema Preview**
5.20 **to 7.10** AM **Pil's Adventures** Animation. (2021, U) ★★

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

7.20 AM **Cranston Academy: Monster Zone** As 4.20am.
8.50 **Jungleland** As 3.50pm.
10.30 **Captive State** As 2.20am.
12.30 PM **The Burnt Orange Heresy** Action thriller. (2019, 15, 99min) ★★★
2.15 **The Transporter** As 12.35am.
3.50 **Jungleland** Action drama. (2020, 15, 90min) ★★★★
5.25 **Tenet** Action thriller starring John David Washington. (2020, 12, 150min) ★★★★★


8.00 John Wick

8.00 **John Wick** Action thriller starring Keanu Reeves and Willem Dafoe. A former assassin who has turned his back on violence is provoked into a murderous rage when a criminal kills his dog. With Michael Nyqvist. (2014, 15, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Raid 2** Action thriller sequel starring Iko Uwais and Arifin Putra. (2014, 18, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Transporter** Action thriller starring Jason Statham, Shu Qi and Matt Schulze. (2002, 15, 88min) ★★★
2.20 **Captive State** Sci-fi thriller with John Goodman, Ashton Sanders and Jonathan Majors. (2019, 15, 109min) ★★★
4.20 **to 6.00** AM **Cranston Academy: Monster Zone** Animated adventure featuring the voice of Jamie Bell. (2020, PG, 85min) ★★★

Sky Cinema Family

306 306 850 406 506 520

6.40 AM **The Amazing Mr Blunden**
8.35 **Muppets from Space** (1999)
10.20 **The Muppets Take Manhattan**
12.10 PM **Marmaduke** Comedy. (2010, U, 88min) ★★
1.45 **Zathura: A Space Adventure** Fantasy. (2005, PG) ★★★★
3.30 **Stuart Little** Adventure. (1999, U, 84min) ★★★★★
5.00 **Hop** Partly-animated comedy. (2011, U, 94min) ★★★
6.40 **Peter Rabbit** Family comedy. (2018, PG, 95min) ★★★

5.00 Hop

8.20 **Peter Rabbit 2** Family comedy sequel featuring the voice of James Corden. Bored of life in the garden, Peter goes to the big city, where he encounters some shady characters. (2020, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Casper** Fantasy comedy starring Christina Ricci and Bill Pullman. (1995, PG, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Muppets from Space** Sci-fi comedy with Andie MacDowell. (1999, U, 85min) ★★★
1.30 AM **The Muppets Take Manhattan** Musical comedy. (1984, U, 94min) ★★★★
3.15 **The Amazing Mr Blunden** Period ghost story starring Laurence Naismith. (1972, U, 95min) ★★★★
5.05 **to 6.55** AM **FairyTale: A True Story** Fantasy drama. (1997, U, 98min) ★★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Hulk** (2003, 12) ★★
8.20 **The Losers** (2010, 12) ★★
10.00 **Limitless** Action thriller. (2011, 15, 104min) ★★★★
11.50 **xXx: State of the Union** Action sequel. (2005, 12) ★★
1.35 PM **The Three Musketeers** Adventure. (2011, 12) ★★★
3.30 **Sherlock Holmes** Adventure. (2009, 12, 128min) ★★★★
5.45 **Sherlock Holmes: A Game of Shadows** Adventure sequel. (2011, 12, 128min) ★★★

10.00 48 Hours

8.00 **Daredevil** Comic-book adventure starring Ben Affleck. A man blinded in childhood by toxic waste becomes a secret crime-fighting superhero, putting his remaining, extra-sharp senses to good use. (2003, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **48 Hrs** Action comedy thriller with Eddie Murphy and Nick Nolte. (1982, 15, 97min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Another 48 Hrs** Action comedy sequel starring Nick Nolte and Eddie Murphy. Police detective Jack Cates teams up with convict Reggie Hammond to nail a murderous criminal. (1990, 18, 95min) ★
1.20 AM **The Last Man** Drama starring Hayden Christensen. (2019, 15, 100min) ★★
3.10 **The Three Musketeers**
5.10 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 852 408 508 522

7.05 AM **Happiest Season** As 5am.
9.05 **Away We Go** As 4.30pm.
10.50 **Dad's Army** As 6.15pm.
12.40 PM **Grown Ups 2** As 8.00pm.
2.30 **Hitch** As shown at 9.45pm.
4.30 **Away We Go** Comedy starring John Krasinski, Maya Rudolph and Maggie Gyllenhaal. (2009, 15, 97min) ★★★★
6.15 **Dad's Army** Wartime comedy starring Toby Jones, Bill Nighy and Catherine Zeta-Jones. (2016, PG, 98min) ★★★

6.15 Dad's Army

8.00 **Grown Ups 2** Comedy sequel starring Adam Sandler. Four former childhood friends enjoy a 1980s-themed summer party in their New England hometown. (2013, 12, 99min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Hitch** Romantic comedy starring Will Smith. A professional 'date doctor', discovers his expertise counts for nothing when he falls in love. (2005, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Sex Drive** Teen comedy starring Josh Zuckerman. (2008, 15, 104min) ★
1.40 AM **Reboot Camp** Comedy starring David Lipper and Keli Price. (2020, 15, 97min) ★★★
3.20 **Carry On Cruising** Comedy starring Sidney James. (1962, U, 85min) ★★
5.00 **to 6.45** AM **Happiest Season** Festive romantic comedy starring Kristen Stewart. (2020, 12, 105min) ★★★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

7.10 AM **Miracle on 34th Street**
9.15 **Zulu** As shown at 5.40pm.
11.35 **Oblivion** As shown at 8.00pm.
1.45 PM **Shirley Valentine** Romantic comedy starring Pauline Collins. (1989, 15, 108min) ★★★★
3.40 **The Way We Were** Romantic drama starring Barbra Streisand. (1973, PG, 118min) ★★★
5.40 **Zulu** Epic historical adventure. (1963, PG, 138min) ★★★★★

8.00 **Oblivion** Epic sci-fi adventure starring Tom Cruise, Olga Kurylenko and Andrea Riseborough. A solitary drone repairman on a post-apocalyptic future Earth discovers that his world isn't what is seems. (2013, 12, 124min) ★★★★★
10.10 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. (2003, 15, 147min) ★★★

12.40 AM **Lawrence of Arabia** David Lean's epic biopic starring Peter O'Toole and Alec Guinness. (1962, PG, 221min) ★★★★★
4.20 **to 6.20** AM **Miracle on 34th Street** Festive fantasy remake starring Richard Attenborough. (1994, U, 114min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Hey Arnold! The Movie**
7.25 **Scoob!** (2020, PG) ★★★
9.05 **Happy Feet Two** As 5.00pm.
10.50 **Curious George** Animation. (2006, U, 87min) ★★★★
12.30 PM **Curious George 2: Follow That Monkey!** Animated sequel. (2009, U, 77min) ★★
2.05 **Curious George 3: Back to the Jungle** Animated adventure sequel. (2015, U, 81min) ★★

3.30 **Curious George: Royal Monkey** Animated adventure. (2019, U, 86min) ★★
5.00 **Happy Feet Two** Animated musical comedy sequel. (2011, U, 100min) ★★★
6.45 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★★
8.15 **Hey Arnold! The Movie** Animated spin-off from the TV series. (2002, U, 76min) ★★
9.35 **Curious George: Go West, Go Wild** Animated adventure. (2020, U, 85min) ★★★

11.05 **Daisy Quokka: World's Scariest Animal** (2020, U) ★★★
12.40 AM **Brightheart** (2020, U) ★★
2.10 **Space Dogs: Return To Earth** Animation. (2020, U) ★★
3.35 **Captain Sabertooth** (2019) ★★
5.00 **to 6.30** AM **The Little Dragon** Animation. (2019, U, 87min) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.45 **Off Set** With Jamie Cullum.
7.55 **The Secret Ways** Cold War thriller. (1961, PG, 107min) ★★
10.15 **Cow Country** (1953, b/w, U) ★★
12.00 NOON **Gunmen from Laredo** Western. (1959, 12, 67min) ★★
1.30 PM **Cromwell** Historical epic. (1970, PG, 141min) ★★★
4.25 **Murder Most Foul** Mystery. (1964, b/w, U, 91min) ★★★

6.25 **Off Set** With Jamie Cullum.
6.40 **The Goonies** Adventure starring Sean Astin and Corey Feldman. (1985, 12, 111min) ★★★★
9.00 **V for Vendetta** Action thriller with Natalie Portman and Hugo Weaving. In a futuristic Britain, a masked avenger incites revolt against the fascist regime. (2005, 15, 132min) ★★★
11.45 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama starring Matthew Modine. (1987, 15, 115min) ★★★★★

2.10 AM **Casablanca** Classic romance with Humphrey Bogart. (1942, b/w, U, 102min) ★★★★★
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **The Ace of Spades** Crime drama. (1935, U, 66min) ★★
7.20 **Mother Riley Meets the Vampire** (1952, b/w, U) ★★
8.50 **Talking Pictures TV with Amanda Barrie**
9.30 **Enemy at the Door** 1/13. (S2)
10.30 **Three Silent Men** Crime drama. (1940, b/w, PG, 72min) ★★
11.55 **Christopher Columbus** Drama. (1948, PG, 104min) ★★

2.00 PM **Secret Army** 8/13. (S2)
3.05 **Blow Your Own Trumpet** Drama. (1958, b/w, U) ★★
3.55 **Dragonwyck** Period chiller. (1946, b/w, PG, 103min) ★★★
6.00 **For the Love of Ada** 1/7. (S4)
6.30 **Look at Life** Documentary.
6.50 **Edgar Wallace Mystery Theatre**
8.00 **Rumpole of the Bailey** (S4)
9.05 **Hostile Witness** Thriller starring Ray Milland and Sylvia Syms. A barrister finds himself in the dock, accused of murder. (1968, PG, 101min) ★★★

11.10 **Timeslip** Sci-fi action thriller. (1955, b/w, 12, 93min) ★★★
1.00 AM **The Girl in the Picture** Romance. (1985, 15, 85min) ★★
2.50 **Double X: The Name of the Game** Thriller. (1991, 15) ★
4.50 **to 6.00** AM **The Breaking Point** Thriller. (1960, U) ★★

Horror

317 149 69 138

8.00 AM **First Wave** 8/22. (S1)
9.00 **Battlestar Galactica** 7/24. (S1)
10.00 **The Prisoner** 4/17. (S1)
11.00 **Hawk the Slayer** (1980, PG) ★
1.00 PM **The 7 Adventures of Sinbad** Fantasy. (2010, PG) ★★
3.00 **Andromeda** 13/22. (S5)
4.00 **The Exterminators** Sci-fi adventure. (2013, 15, 90min) ★
5.35 **Tales from the Darkside**
6.00 **The Prisoner** 5/17. (S1)

7.00 **Battlestar Galactica** *The Gun on Ice Planet Zero – Part One:* 8/24. The crew encounter a Cylon garrison manning the most powerful weapon ever built. (S1)
8.00 **Star Trek** *By Any Other Name:* 22/26. Alien invaders take over the *Enterprise*. (S2)
9.00 **Evil Dead 2** Cult director Sam Raimi's tongue-in-cheek horror sequel, starring Bruce Campbell and Sarah Berry. Once again, Ash does battle with demonic forces. (1987, 18, 85min) ★★★

10.40 **Doomsday** Thriller with Rhona Mitra. (2008, 18, 105min) ★★
12.50 AM **Knuckleball** Thriller. (2018, 15, 89min) ★★★★
2.35 **to 4.30** AM **Let Her Out** Horror. (2016, 15, 89min) ★★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.00 AM **Stray Dolls** Crime thriller. (2019, 15, 97min) ★★★
7.45 **Dreamland** (2019, 15) ★★★★
9.30 **Those Who Wish Me Dead** Drama. (2021, 15, 100min) ★★
11.15 **The Dry** As shown at 3.55am.
1.15 PM **Echo Boomers** Drama. (2020, 15, 94min) ★★★
3.00 **Pixie** (2020, 15) ★★★★
4.45 **Angels & Demons** Mystery. (2009, 12, 138min) ★★
7.15 **Naked Singularity** Crime comedy. (2021, 15) ★★★

3.00 Pixie

Naked Singularity (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Green Mile** Supernatural prison drama based on a novel by Stephen King, starring Tom Hanks and Michael Clarke Duncan. A Depression-era prison guard encounters a death-row inmate who possesses a magical gift. With David Morse. (1999, 18, 189min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Locke** Psychological thriller starring Tom Hardy, with the voices of Olivia Colman and Andrew Scott. (2013, 15, 83min) ★★★★
1.55 **Repression** Mystery thriller starring Thekla Reuten. (2019, 15, 112min) ★★★
3.55 **to 6.00** AM **The Dry** Crime drama starring Eric Bana. (2020, 15, 117min) ★★★★

Sky Cinema Drama

310 310 854 410 510 524

6.25 AM **Once Upon a River**
8.00 **Land** Robin Wright's drama. (2021, 12, 89min) ★★★★
9.40 **The Man Who Killed Don Quixote** As shown at 4.20am.
11.55 **Finding the Way Back** Drama. (2020, 15, 108min) ★★★★
1.55 PM **Summerland** Romance. (2020, 12, 99min) ★★★
3.45 **Mass** Drama with Jason Isaacs. (2021, 12, 111min) ★★★★★
5.45 **Milk** Biopic with Sean Penn. (2008, 15, 128min) ★★★★

5.45 Milk

8.00 **Enemy at the Gates** World War Two military drama starring Jude Law and Joseph Fiennes. During the Battle of Stalingrad, the Russian army search for a hero to inspire their demoralised army in their struggle against the Germans. (2001, 15, 131min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Goodfellas** Martin Scorsese's gangster drama based on the memoirs of a real-life Mafia hood. Stars Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **St Elmo's Fire** Drama. (1985, 15, 108min) ★★★
2.45 **Once Upon a River** Drama. (2019, 15, 92min) ★★★
4.20 **to 6.35** AM **The Man Who Killed Don Quixote** Comedy drama starring Adam Driver. (2018, 15, 132min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.20 AM **Willy's Wonderland**
8.00 **I, Robot** As 10.00pm.
10.00 **Blade: Trinity** Adventure sequel. (2004, 15, 113min) ★★
12.00 NOON **Rent-a-Pal** Horror. (2020, 15, 108min) ★★★
2.00 PM **The Matrix** As 12.00m't.
4.20 **Omen IV: The Awakening** Horror sequel starring Faye Grant. (1991, 15, 97min) ★
6.00 **Star Trek: Nemesis** Sci-fi adventure with Patrick Stewart. (2002, 12, 116min) ★★★

10.00 I, Robot

8.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise and Emily Blunt. A soldier fighting against an alien army is repeatedly killed and brought back to life to relive the same battle. With Brendan Gleeson. (2014, 12, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **I, Robot** Sci-fi crime thriller starring Will Smith. A maverick cop investigates when a robot gets blamed for the death of a scientist. (2004, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Matrix** Sci-fi action thriller starring Keanu Reeves. (1999, 15, 136min) ★★★★
2.25 AM **Omen IV: The Awakening** As 4.20pm.
4.15 **to 6.00** AM **Willy's Wonderland** Horror comedy. starring Nicolas Cage. (2021, 15, 88min) ★★★★

Sky Cinema Oscars

302 302 856 402 502 516

7.00 AM **Ben-Hur** As 3.05am.
10.40 **The Godfather** Francis Ford Coppola's epic gangster drama. (1971, 15, 167min) ★★★★★
1.40 PM **The Godfather Part II** Francis Ford Coppola's epic gangster drama sequel. (1974, 18, 200min) ★★★★★
5.05 **The Godfather Part III** Concluding chapter of Francis Ford Coppola's grand gangster epic starring Al Pacino. (1990, 15, 162min) ★★★

10.50 The Theory of Everything

8.00 **Interstellar** Sci-fi drama starring Matthew McConaughey and Anne Hathaway. A spacecraft goes in search of a new home for the human race before a devastated Earth becomes uninhabitable. With Michael Caine and Jessica Chastain. (2014, 12, 166min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

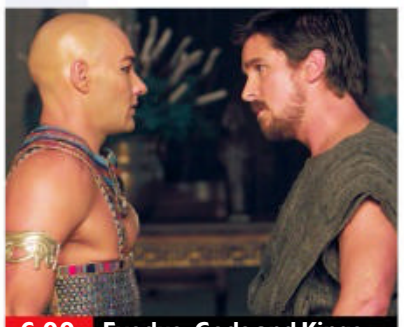
10.50 **The Theory of Everything** Biopic of Stephen Hawking, starring Eddie Redmayne and Felicity Jones. (2014, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **The United States vs. Billie Holiday** Biographical drama starring Andra Day. (2021, 15, 130min) ★★★
3.05 **to 6.45** AM **Ben-Hur** Multi-Oscar-winning epic. (1959, PG, 212min) ★★★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Border River** Western. (1954, PG, 80min) ★★
12.40 PM **Donovan's Reef** Comedy. (1963, U, 104min) ★★★
2.50 **Gunsmoke!** Western. (1953, U, 79min) ★★
4.25 **The Tall T** Western. (1957, PG, 78min) ★★
6.00 **Exodus: Gods and Kings** Biblical epic starring Christian Bale and Joel Edgerton. (2014, 12, 147min) ★★★


6.00 Exodus: Gods and Kings

Exodus: Gods and Kings (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **RED** Action comedy thriller starring Bruce Willis, Morgan Freeman and Helen Mirren. A retired CIA agent sets out to re-assemble his former team to find out why he is being targeted for assassination. (2010, 12, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 NEW **The Future Isn't What It Used To Be** Sci-fi drama.
11.35 **Four Weddings and a Funeral** Romantic comedy drama starring Hugh Grant and Andie MacDowell. (1994, 15, 117min) ★★★★
1.55 **to 4.00** AM **The Woman in Black 2: Angel of Death** Horror sequel starring Helen McCrory. (2014, 15) ★★★

11 PM

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **The Traitors** Spy drama. (1962, b/w, PG, 70min) ★★★
7.25 **Hotel Reserve** (1944, b/w) ★★
9.10 **Midnight in Saint Petersburg** Thriller sequel. (1995, 15) ★★
10.55 **The Running Man** Thriller. (1963, PG, 101min) ★★★
1.05 PM **The Caine Mutiny** Naval drama. (1954, U, 119min) ★★★★
3.35 **Don't Panic Chaps** Comedy. (1959, b/w, PG, 84min) ★★★

5.20 **The Detective** Comedy thriller starring Alec Guinness. (1954, b/w, U, 90min) ★★★
7.10 **What a Carve Up!** Comedy chiller starring Sidney James, Kenneth Connor and Shirley Eaton. (1961, b/w, U, 88min) ★★
9.00 **The Wackiest Ship in the Army** World War Two comedy starring Jack Lemmon and Ricky Nelson. (1960, U, 95min) ★★★
11.05 **Roxanne** Steve Martin's romantic comedy, with Daryl Hannah. (1987, PG, 102min) ★★★★

1.10 AM **A Bullet for the General** Western. (1966, 18, 115min) ★★
3.20 **Candlelight in Algeria** Thriller. (1943, b/w, PG, 85min) ★★★
4.45 **to 6.00** AM **Operation Dames** War drama. (1959, b/w, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Garage Sale Mystery: Pandora's Box** Crime drama. (2018, PG, 90min) ★★
11.00 **Cradle of Lies** Mystery thriller. (2015, PG, 90min) ★
1.00 PM **Garage Sale Mystery** Crime drama. (2013, PG, 90min) ★★
2.50 **Murder Unresolved** Thriller. (2015, PG, 85min) ★★
4.35 **The Swimmer** Offbeat drama. (1967, PG, 94min) ★★★★★

6.30 **Legends of the Fall** Drama set in early 20th-century Montana starring Brad Pitt, Anthony Hopkins and Aidan Quinn. The three sons of a retired colonel come into conflict when they meet a beautiful woman. (1994, 15, 133min) ★★★★
9.00 **Joe** Drama starring Nicolas Cage and Tye Sheridan. An ex-convict develops a bond with a teenager working for him and protects him from his violent father. (2013, 15, 117min) ★★★★

11.20 **Dog Eat Dog** Crime thriller. (2015, 18, 93min) ★★
1.15 AM **A Most Violent Year** Thriller. (2014, 15, 120min) ★★★★★
4.00 **to 6.00** AM **Paul Blart: Mall Cop** Comedy. (2009, PG) ★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Fort Ti** Western drama. (1953, U, 73min) ★★
7.30 **Candlelight in Algeria** Thriller. (1943, b/w, PG, 85min) ★★★
9.10 **King Rat** War drama. (1965, b/w, PG, 134min) ★★★★
11.55 **The Deadly Companions** Western. (1961, PG) ★★★
1.50 PM **Brave Warrior** Western. (1952, U, 73min) ★★
3.25 **Fighter Aces** Documentary.

4.40 **The Wind and the Lion** Adventure with Sean Connery. (1975, PG, 119min) ★★★★
7.05 **The Apocalypse** Adventure starring Rhett Giles and Jill Stapley. (2007, PG, 94min) ★★
9.00 PREMIERE **Prison Riot** Thriller starring Dolph Lundgren. A cop deliberately stages a bank robbery so he can be jailed alongside a notorious Russian crime boss who is controlling the police force from behind bars. (2015, 15, 90min) ★★

10.50 **Men of War** Action drama. (1994, 18, 99min) ★★
12.50 AM **Sniper: Legacy** Thriller sequel. (2014, 15, 94min) ★★
2.50 **to 4.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **The Baker's Son** As 7pm.
9.00 **A Little Daytime Drama**
11.00 **Redemption in Cherry Springs**
1.00 PM **Paris, Wine and Romance**
3.00 **A Game of Cat and Mouse: An Aurora Teagarden Mystery** Drama with Candace Cameron Bure. (2019, PG, 88min) ★★
5.00 **The Sauce of Love** Romantic drama starring Rachel Bles. (2020, PG, 85min) ★★

7.00 **The Baker's Son** Romantic fantasy starring Eloise Mumford, Brant Daugherty and Maude Green. (2021, PG, 84min) ★★
9.00 **A Little Daytime Drama** Romantic comedy starring Jen Lilley and Ryan Paevey. The head writer of a daytime soap must persuade her ex-boyfriend to reprise his role on the show to avoid cancellation. (2021, PG, 90min) ★★
11.00 **Redemption in Cherry Springs** Mystery. (2021, PG, 84min) ★★

1.00 AM **Paris, Wine and Romance** Romantic drama starring Jen Lilley. (2019, PG, 84min) ★★
3.00 **to 5.00** AM **A Game of Cat and Mouse: An Aurora Teagarden Mystery** As 3pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TLL LATE

Nightmare Alley *Disney+* Drama starring Bradley Cooper. ★★★★
9.00 PM **Bullitt** *ITV4* Police action thriller starring Steve McQueen as a San Francisco detective hunting the killer of an important witness. With Jacqueline Bisset. ★★★★★
10.00 **Rambo: Last Blood** *Channel 5* Action thriller sequel starring Sylvester Stallone and Paz Vega. John Rambo must confront his past and unearth his ruthless combat skills to exact revenge in one final mission. ★★
10.00 **The Way of the Gun** *5Action* Thriller starring Ryan Phillippe and Benicio Del Toro. ★★
11.20 **Collateral** *ITV4* Thriller starring Tom Cruise and Jamie Foxx. A ruthless contract killer chooses an unwilling LA taxi driver to act as his chauffeur while he performs five hits in a single night for a drugs cartel. ★★★★
11.45 **Rise of the Footsoldier: Marbella** *Channel 5* Action comedy starring Craig Fairbrass and Emily Wyatt. ★
2.25 AM **Area 51** *Channel 4* Found-footage sci-fi thriller starring Reid Warner. ★

WEDNESDAY Sport 16 March

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **LIVE ICC Women's World Cup England v India.** Coverage of the group match from Bay Oval in Mount Maunganui, New Zealand.
8.05 **My Icon** Ebony Rainford-Brent discusses the individuals that have inspired her in her life and career.
8.20 **LIVE Test Cricket India v Sri Lanka.** The fifth and final day of the second Test in the two-match series staged at M.Chinnaswamy Stadium in Bangalore.
4.00 PM **Sky Sports News**
7.00 **Gillette Soccer Special** Julian Warren keeps viewers up to date on all of tonight's games.
7.30 **LIVE Premier League Arsenal v Liverpool.** The top-flight clash from the Emirates Stadium. Kick-off is at **8.15pm**.
10.30 **Duel: Hamilton v Verstappen** 1&2/2. A look at the rivalry between Lewis Hamilton and Max Verstappen, which culminated in a nail-biting end to the 2021 season.
12.30 **to 6.00** AM **LIVE ICC Women's World Cup New Zealand v South Africa.** Coverage from Seddon Park in Hamilton, New Zealand.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **PL Legends**
8.00 **Best PL Goals: North London Derby** Memorable strikes.
8.30 **Best PL Goals: Tottenham v Chelsea** Memorable strikes.
9.00 **Premier League Review**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Thierry Henry.
12.30 PM **Gary Neville's Soccerbox**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 03/04**
5.00 **Premier League 100 Club**
6.00 **Premier League Review**
7.00 **Premier League World**
7.30 **LIVE Premier League Arsenal v Liverpool.** The top-flight clash from the Emirates Stadium. Kick-off is at **8.15pm**.
10.30 **Premier League**
12.15 AM **Premier League**
2.00 **Premier League World**
2.30 **Premier League Icons**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 09/10**
5.00 **Best PL Goals: Merseyside Derby** Memorable strikes.
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **Football's Greatest Players**
6.30 **Football Countdowns**
7.00 **Football Years**
7.30 **EFL Greatest Games**
8.15 **SPFL Greatest Games**
9.00 **Bundesliga Highlights Show**
10.00 **EFL Highlights**
10.30 **SPFL Greatest Games**
11.00 **EFL Cup Retro**
1.00 PM **Retro L1 PO 15**
3.00 **Championship Season Review 15/16** A look back at the season.
4.00 **EFL Play Off Finals C'Ship 08/09**
5.00 **EFL Greatest Games**
5.45 **SPFL Greatest Games**
6.00 **EFL Highlights**
6.30 **EFL Goals: Leagues 1 & 2**
7.00 **EFL Highlights**
7.30 **LIVE EFL Millwall v Huddersfield Town.** Coverage from The Den. Kick-off **7.45pm**.
10.15 **EFL Highlights**
10.30 **EFL Goals: Leagues 1 & 2**
11.00 **EFL Greatest Games**
12.00 M'T **Retro C'Ship 00**
2.00 AM **Championship Season Review 13/14**
3.00 **EFL Cup Retro 16**
4.00 **EFL Cup Final 17 & 18**
5.30 **to 6.00** AM **Best Championship Goals 2017/18**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

6.00 AM **LIVE ICC Women's World Cup England v India.** Coverage of the group match from Bay Oval in Mount Maunganui, New Zealand.
8.05 **My Icon**
8.20 **LIVE Test Cricket India v Sri Lanka.** The fifth day of the second Test in the two-match series at M.Chinnaswamy Stadium in Bangalore.
4.00 PM **ICC Women's World Cup**
7.00 **Test Cricket** Pakistan v Australia: Action from the fifth and final day's play of the second Test at National Stadium in Karachi.
8.00 **Test Cricket** India v Sri Lanka: Action from the fifth and final day of the second Test at M. Chinnaswamy Stadium, Bangalore.
9.00 **ICC Women's World Cup**
10.00 **Best of the Women's World T20** Highlights of England v New Zealand in the 2009 final.
10.15 **Best of the ICC Women's World Cup** Action from 2013.
10.30 **Test Cricket**
12.30 **to 6.00** AM **LIVE ICC Women's World Cup New Zealand v South Africa.** Coverage of the group match from Seddon Park in Hamilton, New Zealand.

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **PGA Tour Classic**
8.00 **PGA Tour Golf**
11.00 **The Players Championship**
12.00 NOON **DP World Tour Golf**
1.00 PM **St Andrews – 150th Open Film** A commemorative film created to mark The 150th Open.
3.00 **The Players Championship Official Film** The story of the 2015 tournament.
4.00 **PGA Champs Official Film 2012** The story of the PGA Championship from the Kiawah Island Golf Resort, South Carolina.
5.00 **US Open Official Films**
6.00 **The Open Films: Faldo 1992** Action from the 1992 Open Championship at Muirfield.
7.00 **PGA Tour: The Cut**
7.30 **European Challenge Tour Golf** Highlights of this year's SDC Open Hosted By Sun City.
8.00 **DP World Tour Golf** Highlights of the Pecanwood Classic.
9.00 **The Players Championship**
10.00 **DP World Tour Golf**
11.00 **PGA Tour: The Cut**
11.30 **European Challenge Tour Golf**
12.00 M'T **DP World Tour Golf**
1.00 AM **PGA Tour Classic**
3.00 **to 6.00** AM **PGA Tour Golf**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **Premier League Review** A look back at recent action from the Premier League.
7.00 **Inside AFL** The latest news.
7.30 **The Aussie Rules Show** News and action with Ollie Geale.
8.00 **LIVE AFL Melbourne Demons v Western Bulldogs.** Coverage of the match from Melbourne Cricket Ground. Bounce-up **8.10am**.
11.00 **Test Cricket Highlights** A look back at the best action from the first Test between West Indies and England.
1.00 PM **LIVE Test Cricket West Indies v England.** Coverage of the first day of the second Test in the three-match series held at Kensington Oval in Barbados.
10.00 **WWE NXT** The next generation of stars showcase their talents.
11.45 **WWE NXT UK** The next generation of wrestling stars showcase their talents.
12.45 AM **WWE Raw Highlights** Wrestling action from America.
1.45 **AFL** Highlights of Melbourne Demons v Western Bulldogs.
3.45 **BT Sport Goals Reload**
4.00 **to 6.00** AM **BT Sport Fight Night**

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **Fishing: On the Bank**
7.00 **WWE Monday Night Raw**
9.30 **Premier League Reload**
9.45 **BT Sport Goals Reload**
10.00 **Isuzu UTE A-League** Melbourne City v Melbourne Victory. **12.00** NOON Macarthur FC v Western Sydney Wanderers.
1.00 PM **Rugby Tonight**
1.45 **V8 Supercars Highlights**
3.45 **Premier League Reload**
4.00 **WWE SmackDown Highlights**
5.00 **WWE Raw Highlights**
6.00 **BT Sport Reload**
6.30 **ESPN FC** Football news.
7.00 **LIVE UEFA Champions League Lille v Chelsea.** Coverage of the last-16 second-leg clash from Stade Pierre-Mauroy. Kick-off **8.00pm**.
10.30 **UEFA Champions League Tonight** A look at the key talking points from tonight's UEFA Champions League fixtures.
11.30 **The Football's On** A humorous look at the week's football stories.
12.30 AM **Serie A – Full Impact**
1.00 **Vanarama National League**
3.00 **Fishing: On the Bank**
4.00 **UFC Unleashed**
5.00 **to 6.00** AM **Ligue 1 Highlights**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **UEFA Champions League**
8.00 **UEFA Europa League Magazine**
9.00 **Primeira Liga**
10.00 **UEFA Champions League**
12.00 NOON **UEFA Europa League**
1.00 PM **BT Sport Goals Reload**
1.30 **UEFA Champions League** Manchester Utd v Atletico Madrid. **2.30** Highlights of Ajax v Benfica.
3.30 **AFL** Action from Melbourne Demons v Western Bulldogs.
5.30 **UEFA Champions League** Highlights of Chelsea v Lille. **6.30** Villarreal v Juventus.
7.30 **LIVE UEFA Champions League Juventus v Villarreal.** Coverage of the last-16 second-leg clash from the Allianz Stadium. Kick-off **8.00pm**.
10.15 **The Football's On**
11.15 **Premier League World**
11.45 **BT Sport Goals Reload**
12.00 M'T **UEFA Champions League**
2.00 AM **A-League Highlights**
3.00 **Serie A – Full Impact**
3.30 **Vanarama National League Highlights** The latest action.
4.00 **Gallagher Premiership Rugby Highlights** Recent action.
5.30 **to 6.00** AM **BT Sport Goals Reload**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **NFL: America's Game**
7.00 **Top Rank Boxing Archive** Sugar Ray Leonard v Roberto Duran from 1980. **8.30** Ayub Kalule v Sugar Ray Leonard from 1981. **9.30** Action from Marvin Hagler v Thomas Hearns from 1985.
10.00 **NFL Highlights** Tampa Bay Buccaneers v Chicago Bears.
11.00 **Good Morning Football**
2.00 PM **NFL Highlights** Tampa Bay Buccaneers v Philadelphia Eagles.
3.00 **Fight Night International** Vasyl Lomachenko v Masayoshi Nakatani. **4.00** Highlights of Vasiliy Lomachenko v Richard Commey.
5.00 **NBC's Pro-Football Talk**
7.00 **Premier League Darts** The fifth night from the Brighton Centre.
10.30 **NFL Bitesize Highlights** Action from Carolina Panthers v Tampa Bay Buccaneers. **10.45** Action from Detroit Lions v Tampa Bay Buccaneers.
11.00 **NFL: America's Game**
12.00 M'T **Total Access**
1.00 AM **The Super Bowl That Wasn't**
2.00 **NFL Highlights**
4.00 **to 6.00** AM **Super Bowl LVI Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **LIVE Test Cricket Pakistan v Australia.** The fifth and final day of the second Test in the three-match series, which takes place at National Stadium in Karachi.
12.30 PM **NBA Hardwood Classic Games** Highlights of the 2016 Slam Dunk Contest.
1.00 **Netball Superleague** A replay of Team Bath v Loughborough Lightning.
3.00 **Fighting Fit 2020**
4.00 **Fit In 5**
4.30 **My Icon** Double bill.
5.00 **Betfred Super League Highlights** Recent action.
7.00 **Premier League Darts** A replay of the fifth night of the 2022 tournament at the Brighton Centre.
10.30 **Premier League World** A round-up of the latest news from the Premier League.
11.00 **Premier League 100 Club** A chance to relive the best of Peter Crouch's goals.
11.30 **Betfred Super League Highlights** Double bill.
12.00 M'T **Netball Superleague** A replay of Team Bath v Loughborough Lightning.
2.00 **to 6.00** AM **NBA Basketball**

BT Sport/ESPN

423 423 876 | 530 | 411 434

6.00 AM **ESPN FC** Football news.
6.30 **ESPN SportsCenter**
6.45 **Around the Horn**
7.15 **Pardon the Interruption**
7.45 **ESPN SportsCenter**
8.00 **ESPN FC** Football news.
8.30 **ESPN SportsCenter: Mascot Mayhem**
9.00 **LIVE Badminton** The All England Badminton Championships.
7.30 PM **NCAA Basketball Tournament** Highlights.
9.15 **ESPN SportsCenter**
9.30 **Around the Horn**
10.00 **Pardon the Interruption**
10.30 **LIVE NCAA Basketball** Coverage of a First Four match of the NCAA Tournament.
1.00 AM **LIVE NCAA Basketball** Coverage of a First Four match of the NCAA Tournament.
3.30 **ESPN SportsCenter**
3.45 **BT Sport Reload**
4.00 **to 6.00** AM **NCAA Championship**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Motocross World Championship** From Argentina.
6.30 **Bennetts British Superbikes**
6.45 **Alpine Skiing**
8.45 **LIVE Alpine Skiing** From France.
12.00 NOON **LIVE Cycling: Nokere Koerse** Coverage of the women's one-day race staged in the Belgian region of Flanders.
1.00 PM **LIVE Cycling: Milano-Torino** The 103rd staging of the annual one-day race.
2.30 **LIVE Cycling: Nokere Koerse** The men's one-day race held in the Belgian region of Flanders.
4.30 **Alpine Skiing**
6.30 **The Cycling Show**
7.00 **Cycling: Milan-Torino**
8.00 **Cycling: Nokere Koerse**
10.00 **Alpine Skiing** From France.
12.00 M'T **Cycling: Nokere Koerse**
2.00 AM **Alpine Skiing**
4.00 **to 6.00** AM **Cycling: Nokere Koerse**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Cycling: Strade Bianche**
8.00 **FIA World Endurance Championship**
10.00 **Motocross World Championship** From Argentina.
11.30 **Freestyle Skiing**
11.50 **Snowboarding**
1.30 PM **Motocross World Championship** From Argentina.
2.00 **Masters Snooker**
4.00 **FIA World Endurance Championship** Double bill.
6.00 **World Superbikes: Race of 2021** A look back at the season.
7.00 **Golf: PGA Tour Weekly**
7.30 **Motocross World Championship** Race one of the MXGP discipline from Argentina..
8.00 **Olympic Games Hall of Fame: Beijing 2022 Ski Jumping**
9.00 **Extreme E: Season Review**
10.00 **Cycling: Nokere Koerse**
12.00 M'T **Alpine Skiing** From France.
2.00 AM **Snooker: European Masters**
4.00 **to 6.00** AM **Alpine Skiing**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Show Jumping**
7.00 **Netball Superleague**
9.00 **NBA Basketball**
11.00 **Show Jumping**
12.00 NOON **Fight Night**
2.00 PM **Fight Night International** Terence Crawford v Shawn Porter.
3.00 **Netball Superleague**
5.00 **Betfred Super League Highlights** Recent action.
6.30 **NRL Try Time**
7.30 **Super League Gold**
7.40 **LIVE EFL Nottingham Forest v Queens Park Rangers.** Coverage of the Championship encounter staged at the City Ground. Kick-off **7.45pm**.
9.45 **Betfred Super League Highlights** Recent action.
10.00 **NRL Try Time**
11.00 **NBA Basketball**
1.00 AM **NRL Try Time**
2.00 **Netball Superleague**
4.00 **Super League's Supermen**
5.00 **to 6.00** AM **NRL Try Time**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Formula One: Best of 2021**
11.00 **Formula 1** Action from Bahrain.
3.20 PM **Box Box Box: Red Bull's First Win** Christian Horner joins Martin Brundle to relive Red Bull Racing's first victory.
3.50 **Martin & Damon in the FW07** A guide of the track in Saudi Arabia.
4.00 **Formula 1** The second testing session of day three from Bahrain.
7.20 **Brazil 2008 Revisited** Martin Brundle speaks with Felipe Massa and Timo Glock about the 2008 Brazilian Grand Prix.
7.30 **The Notebook**
8.00 **Any Driven Monday**
8.30 **The Inside Line**
9.00 **The Weekend Debrief** A review of the news from Formula 1's pre-season testing in Bahrain.
10.00 **The Notebook**
10.30 **Duel: Hamilton v Verstappen**
12.30 AM **The Inside Line**
1.00 **to 6.00** AM **Formula One: Best of 2021**

Thursday

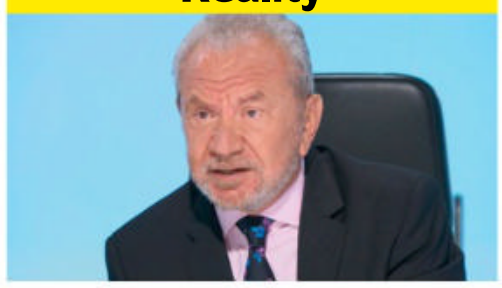
17 March

Evening Planner

Factual

Perfect House, Secret Location
C4 HD, 9pm
Property series with a twist, where the location of potential homes is kept secret

Reality



The Apprentice
BBC1 HD, 9pm
After missing most of the series due to an injury, Claude Littner returns to help Lord Sugar interview the remaining candidates

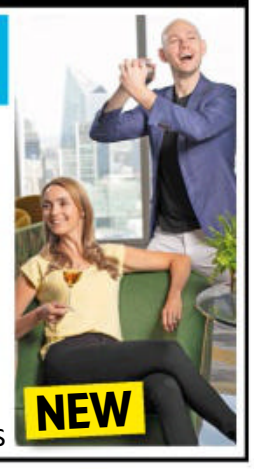
Travelogue

Joanna Lumley's Great Cities of the World
ITV HD, 9pm
The globe-trotting actor explores the secret side of cities, beginning in Paris

OnDemand

prime

The Three Drinkers in Ireland
Available today
Helena Nicklin and Aidy Smith tour the Emerald Isle in search of the finest country pubs



SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Dragons' Den		9.00 The Apprentice		10.00 News; Local News	10.35 Question...
102 BBC2	7.00 Doctors	7.30 Rick Stein's...	8.00 Great British Menu		9.00 Amol Rajan Interviews Sharon White		10.00 Apprentice...	10.30 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale		8.30 Losing Your... †	9.00 Joanna Lumley's Great Cities of the...		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Perfect House, Secret Location		9.00 Extraordinary Escapes with Sandi...		10.00 First Dates	
105 CHANNEL 5	7.00 A Country Life for Half the Price		8.00 The Queen's Guards: A Year In Service		9.00 Strangeways Riot: 25 Days of Mayhem			
106 SKY SHOWCASE	7.00 The Simpsons		8.00 An Idiot Abroad		9.00 Resident Alien		10.00 Ferrari: Race to Immortality	
ENTERTAINMENT								
117 BBC3	7.00 MasterChef Australia		8.15 Glow Up Does Red Nose Day		9.15 Flat Out...	9.45 Zen...	10.00 MOTDx	10.30 Mood
116 BBC4	7.00 Fred Dibnah's...	7.30 Canal Boat...	8.00 Michael Wood's Story of England		9.00 Film: Shakespeare in Love			
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Gordon, Gino & Fred Go Greek			10.15 Shopping with Keith Lemon
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Devon and Cornwall		9.00 Grand Designs		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks	7.30 Teen First Dates		8.30 Married at First Sight Australia			10.00 Street Dance: Against the Odds	
107 SKY WITNESS	7.00 Air Ambulance ER		8.00 Blue Bloods		9.00 The Rookie		10.00 Blue Bloods	
108 SKY ATLANTIC	◂ 6.50 The Sopranos		7.55 Game of Thrones		9.00 My Brilliant Friend			10.05 The Gilded Age
110 GOLD	7.00 The Green Green Grass	7.40 Dad's Army			9.00 Billy Connolly Does..		10.00 Men Behaving Badly	
111 DAVE	7.00 Richard Osman's...	7.35 Room 101		8.20 Would I Lie to You?	9.00 QI XL		10.00 Meet the Richardsons	
119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Law & Order: UK	
120 ITV4	7.00 The Chase Celebrity Special		8.00 The Great British Treasure Hunt		9.00 Film: The Spy Who Loved Me			
112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Guessable?	
152 SYFY	7.00 Quantum Leap		8.00 Fringe		9.00 Grimm		10.00 Film: Arctic Apocalypse	
113 SKY MAX	7.00 Stargate SG-1		8.00 An Idiot Abroad		9.00 Resident Alien		10.00 The Flight Attendant	
132 ALIBI	7.00 Rizzoli & Isles		8.00 Father Brown		9.00 Murdoch Mysteries		10.00 Frankie Drake Mysteries	
130 SKY ARTS	◂ 6.50 Voices of Ireland		8.00 The Directors		9.00 Film: Kind Hearts and Coronets			
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Bad Chad Customs		9.00 Building Off the Grid		10.00 Naked and Afraid	
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Saved By the Barn		9.00 Scaled		10.00 I Was Prey	
129 NAT GEO	7.00 Wicked Tuna: North v South		8.00 Car S.O.S.		9.00 Alaska: The Next Generation		10.00 Primal Survivor	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Cities of the Underworld		9.00 Forged in Fire		10.00 Counting Cars	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Bangers and Cash				10.00 Secrets of the London Underground	
121 SKY DOCS	7.00 The Eighties		8.00 JFK: Destiny Betrayed		9.00 Phoenix Rising			10.30 Ferrari: Race...
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.20 The Desperate Hour		8.00 Fast & Furious 9					10.30 The Forever...
303 HITS	◂ 6.00 District 9		8.00 Baby Driver				10.00 2 Guns	
304 GREATS	7.00 Three Days of the Condor				9.00 Donnie Brasco			
305 ANIMATION	◂ 6.35 Space Chimps		8.00 Space Chimps 2: Zartog Strikes Back			9.35 Bon Voyage, Charlie Brown		
306 FAMILY	◂ 6.40 Paddington			8.20 Mirror Mirror				10.10 Bogus
307 ACTION	7.05 Twister				9.00 Rise of the Planet of the Apes			
308 COMEDY	◂ 6.00 Miss Congeniality 2: Armed and...		8.00 That's My Boy				10.00 Not Another Teen Movie	
309 THRILLER	◂ 5.55 Mission: Impossible II		8.00 Munich					
310 DRAMA	◂ 6.10 Love Happens		8.00 Chef				10.00 The Hundred-Foot Journey	
311 SCI-FI	◂ 6.00 Terminator 3: Rise of the Machines		8.00 Terminator Salvation				10.00 Candyman	
302 OSCARS	◂ 5.35 Apollo 13		8.00 Gravity			9.45 Chinatown		
313 FILM4	◂ 6.20 The Hunger Games: Mockingjay – Part 2				9.00 Black and Blue			
315 TCM MOVIES	◂ 5.50 Cow Country	7.35 Secret of Treasure Mountain			9.00 Ocean's Eleven			
SPORT								
401 MAIN EVENT	◂ 6.00 Golf – Live	7.30 Betfred Super League – Live: Wigan Warriors v Castleford Tigers (Kick-off 8.00)					10.00 ICC Women's World Cup – Live	
402 PREMIER LEAGUE	7.00 PL Matchpack	7.30 PL World	8.00 Inside the WSL	8.30 Gary Neville's...	9.00 PL Matchpack	9.30 PL World	10.00 Inside the WSL	10.30 PL Retro
403 FOOTBALL	7.00 EFL Highlights	7.30 EFL Goals...	8.00 EFL Highlights	8.30 Bundesliga...	9.00 EFL Highlights			
404 WORLD CUP	◂ 6.30 ICC Women's...	7.30 ICC Women's World Cup				9.30 ICC Women's World Cup – Live: Bangladesh v West Indies		
413 BT SPORT 1	◂ 1.30 Test Cricket – Live: West Indies v England						10.00 PL Match Pack	10.30 UFC Fight...
414 BT SPORT 2	7.15 UEFA Europa League – Live: Action from the UEFA Europa League							10.30 UEFA Europa...

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

ONLY 17p AN ISSUE
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/X194
*Terms & conditions: magazinesdirect.com/terms.

Thursday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition From Staffordshire. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **Shakespeare & Hathaway: Private Investigators** (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop** New edition The experts restore an antique banjo and a fairy-tale rag doll. (S)
4.30 **Bridge of Lies** New edition Quiz show hosted by Ross Kemp. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Dragons' Den

7 PM

7.00 **The One Show** Alex Jones co-hosts the live magazine show. (S)
7.30 **EastEnders** Janine takes Mick away from Walford to give him some time to reflect. (S)(AD)

8 PM

8.00 **Dragons' Den** New edition 11/14. A couple pitch their sustainable coffee from Honduras, a fashionista showcases her digital wardrobe app, and a former circus performer looks for investment in her walking stick business. (S)

9 PM

9.00 **The Apprentice** New edition 12/14. The candidates face the scrutiny of Alan Sugar's most trusted advisors, who are primed to pick apart their business plan. (S)
■ *The Apprentice: You're Fired* follows on BBC2

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 **Question Time** Fiona Bruce chairs the topical debate, inviting politicians and other guests to answer questions from the audience. (S)
11.35 **Newscast** Adam Fleming, Laura Kuenssberg and Chris Mason discuss the week's biggest stories at Westminster and beyond. (S)
12.05 AM **This Is My House for Red Nose Day** Celebrity special, with Claudia Winkleman, Chris Eubank, Harry Hill and Nina Wadia. (S)(R)
12.35 **Superman & Lois** *Fail Safe:* 13/15. Superman pays a visit to Morgan Edge. (S1) (S)(R)(AD)
1.20 **Weather for the Week Ahead** (S)
1.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Escape to the Country** (S)(R)
7.15 **The Repair Shop** (S)(R)
8.00 **Sign Zone: Your Garden Made Perfect** From Essex. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Ready Steady Cook** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.15 **Put Your Money Where Your Mouth Is** From Chesterfield. (S)(R)
3.00 **The Heights** (S1) (S)(R)(AD)
3.30 **Murder, Mystery and My Family** A 1907 poisoning case. (S)(R)(AD)
4.15 **The Real Marigold Hotel** (S)(R)
5.15 **Flog It!** From Reading. (S)(R)
6.00 **Richard Osman's House of Games** New edition Jen Brister, Kelvin Fletcher, Ian Moore and Zoe Williams take part. (S)
6.30 **Lightning** New edition Quiz show hosted by Zoe Lyons. (S)

9.00 Amol Rajan Interviews...

7.00 **Doctors** Bear tries to figure out where he is with Princess. (S)(R)(AD)
7.30 **Rick Stein's Cornwall** 2/15. Rick meets a family who make some of the best Gouda cheese in Britain. (S)(R)(AD)
8.00 **Great British Menu** New edition The two highest-scoring chefs from the South West go head-to-head and cook their six-course menus again. Actor and writer Priyanga Burford helps the judging panel decide the winner. (S)
9.00 **Amol Rajan Interviews Sharon White** New edition The BBC's Media Editor speaks to Sharon White, Chair of the John Lewis Partnership, about her upbringing and career. (S)
10.00 **The Apprentice: You're Fired** New edition Tom Allen talks to the show's freshly rejected candidate. (S)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Slammed** Series finale 3/3. The future is looking bright for the Welsh rugby team. (S)
12.15 AM **Sign Zone: Louis Theroux's Forbidden America** (S)(R)(AD)
1.15 **Sign Zone: Your Body Uncovered with Kate Garraway** (S)(R)(AD)
2.15 **Sign Zone: Great Coastal Railway Journeys** (S)(R)(AD)
2.45 **Sign Zone: Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
3.15 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.40 **Local News** (S)
12.50 LIVE **ITV Racing: Cheltenham Festival** Ed Chamberlin and Francesca Cumani present the third day of the prestigious festival, including the 2.50 Ryanair Chase and 3.30 Stayers' Hurdle, plus races at 1.30, 2.10 and 4.10. (S)
4.30 **Tipping Point: Best Ever Finals** New edition Compilation of some of the most dramatic endgames from the arcade-themed quiz show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** Anticipation builds for Meena's plea hearing, Marlon offers Billy some advice, and Manpreet suffers a panic attack. (S)(AD)
8.30 **Losing Your Home – The True Cost: Tonight** New edition Examining the private rental sector. (S)
9.00 NEW SERIES **Joanna Lumley's Great Cities of the World** 1/3. The actor takes a look at the unusual aspects of three of the world's greatest cities, beginning with a trip to Paris. *See feature, page 20.* (S)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Regional Programmes** See Local Variations. (S)
11.10 **The Killing of PC Harper: A Widow's Fight for Justice** The death of Andrew Harper. (S)(R)(AD)
12.15 AM **All Elite Wrestling: Rampage** Hard-hitting wrestling action. (S)
1.05 **Shop: Ideal World**
3.00 **Losing Your Home – The True Cost: Tonight** As 8.30pm. (S)(R)
3.25 **Wonders of Scotland with David Hayman** (S)(SL)(R)(AD)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Tipping Point** (SL)(R)

+1 hour | 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **Countdown** (S)(R)
6.40 **Cheers** 18&19/22. (S1) (S)(R)
7.35 **Everybody Loves Raymond** 9-11/23. Triple bill. (S8) (S)(R)(AD)
9.00 **Frasier** 12-14/24. (S5) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(R)
11.25 **News** (S)
11.30 **Coast vs Country** (S)(R)(AD)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition The Royal Hotel in Clacton-on-Sea. (S)
5.30 **Fame in the Family** New edition With TV chef Rustie Lee. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Zara finds herself in trouble with the law. (S)(AD)

9.00 Extraordinary Escapes

7.00 **News** (S)
8.00 NEW SERIES **Perfect House, Secret Location** 1/4. Steve Jones guides prospective buyers Steffi and Jimmy around a range of dream properties. However, they have no idea where these potential homes are. (S)(AD)
9.00 **Extraordinary Escapes with Sandi Toksvig** New edition Sandi whisks comedian Sara Pascoe away on a trip to the wilds of Scotland's east coast, where they connect with nature and indulge in Sara's love of animals. (S)(AD)
10.00 **First Dates** New edition A look back at some classic moments involving daters invited back for a second shot at finding love. They include confessed 'player' Geo and silver fox Jeremy. (S)(AD)
11.05 **Naked Attraction** A 28-year-old nature lover hopes to find his first ever girlfriend. (S)(R)(AD)
12.10 AM **60 Days with the Gypsies** (R)
2.00 **The Curse** 6/6. (S1) (S)(R)(AD)
2.30 **Ramsay's Kitchen Nightmares USA** From Connecticut. (S)(R)
3.15 **Come Dine with Me** (S)(SL)(R)
4.05 **Location, Location, Location** (R)
5.00 **Moneybags** Quiz show. (S)(SL)(R)
5.50 **to 6.00** AM **Kirstie's House of Craft** (S)(R)

+1 hour | 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.45 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Build a New Life in the Country** Cornwall. (S)(R)
1.10 **News** (S)
1.15 **Home and Away** (S)
1.45 **Neighbours** (S)
2.15 FILM PREMIERE **Stalked: Saving My Daughter** Drama starring Lyndsy Fonseca. (S) (2020, 12, 105min) ★★
4.00 **Filthy House SOS** The cleaners help a single mum who has dedicated her life to caring for her disabled daughter. (S)(R)
5.00 **News** (S)
6.00 **Neighbours** Ned is not sure he wants to be with Amy until she surprises him. (S)(R)(AD)
6.30 **Eggheads** New edition Quiz hosted by Jeremy Vine. (S)

8.00 The Queen's Guards

7.00 **A Country Life for Half the Price with Kate Humble** New edition Kate meets four generations of one family who want to leave Eastbourne for a quieter country life. (S)
7.55 **News** (S)
8.00 **The Queen's Guards: A Year In Service** Series finale 5/5. It is the big day in Windsor, and all eyes are on the Coldstream Guards as they lead the procession for the Queen's Birthday Parade. (S)
9.00 NEW **Strangeways Riot: 25 Days of Mayhem** Documentary retelling the story of the UK's worst prison riot, when inmates seized control of high-security Strangeways prison in Manchester in April 1990. With accounts from staff, prisoners and journalists who were on the scene. (S)
10.55 **Police: Night Shift 999** Police officers are stretched to the limit dealing with a number of fights. (S)(R)
11.55 **Criminals: Caught on Camera** Using CCTV to fight crime. (S)(R)
12.55 AM **Entertainment News** (S)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Entertainment News** (S)
3.10 **World's Most Scenic River Journeys** Buller River. (S)(R)
4.00 **Get Your Tatts Out: Kavos Ink** A love heart tattoo. (S)(SL)(R)
4.45 **Wildlife SOS** (S)(SL)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Wild Tales from the Farm** Documentary series. (S)(R)(AD)
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 16/19. (S6) (S)(R)
11.00 **NCIS: New Orleans** (S5) (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **S.W.A.T.** 2/23. (S2) (S)(R)(AD)
3.00 **Modern Family** (S5) (S)(R)
4.00 **Will & Grace** (S4) (S)(R)(AD)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 9/24. Uncle Phil strains his back, and treats himself and Will to a massage. (S)(R) **6.00** 10/24. Will and Uncle Phil are arrested. (S6) (S)(R)
6.30 **The Simpsons** *Warrin' Priests – Part One:* A charismatic new preacher comes to town. (S)(R)

10.00 Ferrari: Race to Immortality

7.00 **The Simpsons** *Warrin' Priests – Part Two:* Reverend Lovejoy discovers the real reason Bode that came to Springfield. (S)(R) **7.30** *The Hateful Eight-Year Olds:* Homer takes Marge on a romantic cruise. (S)(R)
8.00 **An Idiot Abroad** 3/8. Karl Pilkington stops off in Israel on his way to Petra, Jordan, and is subjected to a mock kidnapping before visiting Bethlehem, the Wailing Wall, and swimming in the Dead Sea. (S)(R)(AD)
9.00 **Resident Alien** New episode *Radio Harry:* 4/8. Asta is concerned when she thinks Harry might be building another bomb and hopes to find out when they go camping on the reservation. (S2)
10.00 **Ferrari: Race to Immortality** Formula One documentary chronicling the early years of the Scuderia Ferrari racing team, founded by the legendary Enzo Ferrari. (S)(R)
11.45 **The Force: North East** Bonfire night brings back-to-back emergency calls. (R)
12.45 AM **Road Wars** (R)
2.05 **Brit Cops: War on Crime** (R)
3.00 **Hawaii Five-0** 14/23. The team investigate the smuggling of passport chips. (S2) (S)(R)
4.00 **S.W.A.T.** 2/23. Hondo makes a distressing discovery. (S2) (R)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.15am Bargain Hunt **12.00noon-1.00pm** Scottish First Minister's Questions
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm The View **11.15** Question Time **12.15am** Newscast **12.50-1.20am** This Is My House for Red Nose Day
WALES
Sky **952**, Virgin **864**, Freesat **964**
7.00-7.30pm Six Nations Sin Bin

BBC2

N. IRELAND
Sky **972**, Freesat **969**
2.15pm The Heights **2.45** LIVE Schools' Cup Final **4.45** Sporting Traditions **5.00-6.00** The Real Marigold Hotel **9.00-10.00** Ceiliúradh Na Féile Pádraig **11.15** Murder in the Badlands **12.15-1.15am** Slammed
WALES
Sky **971**, Freesat **971**
7.00-7.30pm The One Show

ITV

ANGLIA
10.45-11.10pm Anglia Late Edition
BORDER/TYNE TEES
10.45-11.10pm Around the House
LONDON
10.45-11.10pm The Late Debate
CENTRAL
10.45-11.10pm Central Lobby
GRANADA
10.45-11.10pm The Granada Debate
MERIDIAN
10.45-11.10pm The Last Word
WALES
8.30-9.00pm Wales This Week **10.45** Face to Face **11.15** Losing Your Home – The True Cost: Tonight **11.45pm-12.15am** Fishlock's Choice
WEST/WESTCOUNTRY
10.45-11.10pm The Westcountry Debate
YORKSHIRE
10.45-11.10pm Last Orders

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion **12.05pm** Bwyd Bach Shumana a Catrin **12.30** Heno **1.00** Trysorau Cymru: Tir, Tai a Chyfrinachau **1.30** Cymry ar Gynfas **2.00** Newyddion **2.05** Prynhawn Da **3.00** Newyddion **3.05** Ty am Ddim **4.00** Cyw **5.00** Stwnsh **6.00** Celwydd Noeth **6.30** Efaciwîs **7.00** Heno **7.30** Newyddion **8.00** Pobol y Cwm **8.25** Rownd a Rownd **8.55** Newyddion **9.00** Jonathan **10.00** Y Gyfrinach **10.30** 47 Copa: Her Huw Jack Brassington **11.00-11.35pm** Ar Werth

BBC3

117/141/173 | 107/157 | 23 109 | 179 107

BBC3 programmes start at 7.00pm

7.00 PM **MasterChef Australia** New edition Gordon Ramsay judges a three-course dinner for 50 guests.
8.10 **The Catch Up**
8.15 **Glow Up Does Red Nose Day** Lady Leshurr, Nikki Lilly, Roman Kemp, Snoochie Shy and The Vivienne take part in a Comic Relief special.
9.15 **Flat Out Fabulous** Series finale 5/5. Two polar-opposite housemates get a dreamy pastel makeover.
9.45 **Zen Motoring** New edition 5/6. Ogmios takes on the dark world of Shoreditch at night.
10.00 **MOTDx** Football discussion hosted by Jermaine Jenas.
10.30 **Mood** *Hannibal*: 3/6. Sasha makes a big decision. (S1)
11.20 **Computer Says No**
12.10 AM **Rowing Home with Jordan North**
12.40 **Glow Up Does Red...**
1.40 **Flat Out Fabulous**
2.10 **Mood** As 10.30pm.
3.00 **to 3.50** AM **Computer Says No**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's World of Steam, Steel and Stone** Steam-powered engines.
7.30 **Canal Boat Diaries** Series finale 4/4. Robbie Cumming concludes his 170-mile journey across the north of England.
8.00 **Michael Wood's Story of England** 3/6. The effects of famine and the Black Death in the 14th century.
9.00 FILM **Shakespeare in Love** Romantic comedy starring Joseph Fiennes and Gwyneth Paltrow. (1998, 15, 122min) ★★★★
10.55 FILM **Iris** Drama with Judi Dench and Jim Broadbent. (2001, 15, 90min) ★★
12.25 AM **Searching for Sam: Adrian Dunbar on Samuel Beckett** The *Line of Duty* star examines the life and work of the playwright.
1.25 **Canal Boat Diaries**
1.55 **Fred Dibnah's World of Steam, Steel and Stone**
2.25 **to 3.25** AM **Michael Wood's Story of England**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun**
10.35 **Find It, Fix It, Flog It**
12.35 PM **Heir Hunters**
1.35 **Four in a Bed**
4.15 **The Hotel Fixers** New edition Advice for a couple who have taken over a rural business.
4.50 **Find It, Fix It, Flog It** Items include an old cheese press and a 1980s motorbike.
5.55 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a 1997 Lotus Elise belonging to a cancer patient.
6.55 **Escape to the Chateau: DIY** A couple turning their chateau into a family home.
7.55 **Devon and Cornwall** 4/8. Trawlerman Dave Driver sets out from Brixham in search of cuttlefish.
9.00 **Grand Designs** Kevin McCloud follows a couple building their home above a swamp near a West Sussex estuary.
10.00 **24 Hours in A&E** The trauma team at St George's Hospital in south-west London fight to save the life of a young woman involved in a motorbike accident.
11.05 **999: On the Front Line**
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **Grand Designs**
2.15 **Location, Location, Location** From Woking.
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Married at First Sight Australia**
10.30 **The Big Bang Theory**
11.00 **Young Sheldon**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Young Sheldon**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes. (S9&3)
7.00 **Hollyoaks** Warren places himself in the middle of a dangerous situation.
7.30 **Teen First Dates** Student and would-be paramedic Ella meets NHS worker Ryan.
8.30 **Married at First Sight Australia** New edition There is anticipation over the arrival of the new couples.
10.00 **Street Dance: Against the Odds** New edition Two teams practise for the national championships.
11.05 **Gogglebox**
12.10 AM **First Dates**
1.15 **Rick and Morty**
1.50 **Teenage Euthanasia** New episode 5/7. (S1)
2.15 **Married at First Sight Australia** As 8.30pm.
3.35 **Street Dance: Against the Odds** As 10.00pm.
4.30 **Ramsay's Kitchen Nightmares USA**
5.20 **to 6.00** AM **Mike & Molly**

+1 hour 235 | 146 | 30 | 123

Thursday primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **Air Ambulance ER**
11.00 **Law & Order** 20/24. (S15)
12.00 NOON **Bull** 5/22. The legal consultant defends an friend accused of murder on a Native American reservation. (S2)
1.00 PM **Blue Bloods** (S9)
3.00 **Private Eyes** 2/8. Angie takes Shade to a school reunion. (S5)
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

9.00 The Rookie

7 PM

7.00 **Air Ambulance ER** The helicopter battles against bad weather as it tries to provide urgent help to a suspected stroke victim.

8 PM

8.00 **Blue Bloods** *Past Tense:* 16/22. Danny and Baez turn to a murder victim's daughter for help with their investigation. (S9)

9 PM

9.00 **The Rookie** New episode *Breakdown:* 9/11. Wesley manages to break free of his contract. (S4)

10 PM

10.00 **Blue Bloods** *Justifies the Means:* 16/16. The Reagans band together to prevent Joe Hill from being killed. (S11)
11.00 **Law & Order: SVU** (S12)
12.00 M'T **Chicago Med** (S7)
1.00 AM **Chicago Fire** (S10)
2.00 **Chicago PD** (S9)
3.00 **Bull** 5/22. (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **CSI** 9/24. (S6)
9.00 **The Newsroom** 8/9. (S2)
10.05 **The Sopranos** 9&10/13. (S3)
12.25 PM **Game of Thrones** (S6)
1.30 **Babylon Berlin** 3&4/12. (S3)
3.30 **Ray Donovan** 8&9/12. (S4)
5.40 **The Sopranos** 11/13. Christopher and Paulie endure a hellish journey. **6.50** 12/13. Tony's affair with Gloria turns violent, and Jackie Jr tries to prove he is a hardcore criminal. (S3)

9.00 My Brilliant Friend

7.55 **Game of Thrones** *Book of the Stranger:* 4/10. Tyrion strikes a deal, Jorah and Daario undertake a difficult task, while Jaime and Cersei try to improve their situation. (S6)

9.00 **My Brilliant Friend** New episode *La Febbre:* 2/8. Lila sends for Elena, and Pietro meets his future in-laws. Subtitled. (S3)

10.05 **The Gilded Age** *Tucked Up in Newport:* 8/9. George gets his day in court, and Peggy reveals the truth about her past. (S1)
11.10 **Banshee** *A Fixer of Sorts:* 3/10. Lucas is arrested. (S3)
12.15 AM **Banshee** 4/10. (S3)
1.20 **In Treatment** (S3)
2.00 NEW SERIES **Funeral for a Dog** 1&2/8. Drama. (S1)
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S4)
8.00 **Arrow** 5/22. (S7)
9.00 **DC's Legends of Tomorrow**
10.00 **The Flash** 16/19. (S6)
11.00 **NCIS: New Orleans** (S5)
1.00 PM **Hawaii Five-0** (S2)
2.00 **S.W.A.T.** 2/23. (S2)
3.00 **DC's Legends of Tomorrow**
4.00 **Arrow** 7/22. (S7)
5.00 **The Flash** 16/19. Black Hole hires Rag Doll to kill Joe. (S6)
6.00 **Stargate SG-1** 10/22. The team are brainwashed and put to work in mines. (S4)

9.00 Resident Alien

7.00 **Stargate SG-1** *Point of No Return:* 11/22. O'Neill and the team investigate a conspiracy theorist who claims he is an alien. (S4)

8.00 **An Idiot Abroad** Karl Pilkington stops off in Israel on his way to Petra, Jordan, and is subjected to a mock kidnapping.

9.00 **Resident Alien** New episode *Radio Harry:* 4/8. Asta thinks Harry might be building another bomb. (S2)

10.00 **The Flight Attendant** *After Dark:* 6/8. Cassie brings Buckley along for an alcohol-fuelled escapade. (S1)
11.00 **Frayed** 4/6. Fairbank is convinced he has cracked the case and is hot on the heels of the Cooper family. (S2)
12.00 M'T **The Force: North East**
1.00 AM **Arrow** 4/22. (S7)
2.00 **The Blacklist** 14/22. (S8)
3.00 **Hawaii Five-0** 14/23. (S2)
4.00 **S.W.A.T.** 2/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Dress to Impress**
7.00 **The Ellen DeGeneres Show**
8.00 **You've Been Framed!**
9.00 **Secret Crush**
10.00 **Dress to Impress**
11.00 **Love Bites**
12.00 NOON **Supermarket Sweep**
1.00 PM **Tipping Point: Lucky Stars** Game show.
2.00 **Rolling in It**
3.00 **The Ellen DeGeneres Show** New edition Chat show.
4.00 **The Masked Singer US**
6.00 **Celebrity Catchphrase**

9.00 Gordon, Gino & Fred Go...

7.00 **Superstore** 2/22. Glenn's colleagues walk out in protest after he is fired. **7.30** 3/22. Jonah tries to help Dina. (S2)

8.00 **Bob's Burgers** 3/23. The kids are hired by hippies to be 'weed pickers'. **8.30** 4/23. Gene has a crush on a puppet. (S3)

9.00 **Gordon, Gino & Fred Go Greek** 1/2. The trio immerse themselves in the culinary traditions and landscape of Greece.

10.15 **Shopping with Keith Lemon** With Roman Kemp and Emma Bunton.
10.45 **Family Guy** 6/16. Peter returns to third grade. (S7)
11.15 **Family Guy** 1/18. (S5)
11.45 **American Dad!** (S12)
12.40 AM **Bob's Burgers** (S3)
1.35 **Superstore** 4&5/22. (S2)
2.30 **The Stand Up Sketch Show**
2.55 **Totally Bonkers Guinness World Records**
3.20 **to 3.30** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Man About the House**
9.40 **A Touch of Frost**
11.50 **Heartbeat** Double bill.
2.00 PM **Classic Emmerdale**
3.00 **Classic Coronation Street**
4.05 **Midsomer Murders** *Master Class:* A music prodigy witnesses a woman drowning.
6.00 **Heartbeat** *Secrets:* Nick hears of a flasher on the moors, and Kate is confronted by a pregnant village girl.

8.00 Vera

7.00 **Heartbeat** *End of the Line:* Greengrass attempts to turn events to his advantage when a remote farm is raided.

8.00 **Vera** *Cuckoo:* The detective investigates the discovery of an unidentified teenage boy's body in a coastal town's shipyard, and discovers that the quiet community conceals a serious drugs problem. Guest stars Mark Addy.

10.00 **Law & Order: UK** *Masquerade:* 6/7. A library book connects two people to the murder of a student. (S3)
11.00 **Scott & Bailey** 4/6. A porn star is arrested on suspicion of murdering her husband. (S1)
12.00 M'T **A Touch of Frost** *Close Encounters:* An autistic teenager is arrested for the murder of a security guard.
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Great Food Guys** 7/8. Nick Nairn and Dougie Vipond focus on Scottish fish.
7.30 **Grand Tours of Scotland's Lochs** Paul Murton travels from the shores of Loch Hope to the glorious and lonely expanse of Sandwood Bay on the far north west of Scotland.
8.30 **Loggerheads** New edition 5/6. The teams compete on the banks of Loch Goil.
9.00 **The Nine**
10.00 **Scot Squad** 6/6. The police must deal with an expensive drop of whisky. (S4)
10.30 **Mr Brown's Boys** Former Scotland manager Craig Brown reflects on France 98.
11.30 PM **to 12.00** M'T **Loop** With Sally-Ann Provan.

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Parks and Recreation** (S6)
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S6)
11.30 **The Office (US)** (S9)
12.00 NOON **The Mindy Project** 7&8/24. (S1)
1.00 PM **Miracle Workers**
1.30 **Miracle Workers: Dark Ages** 1/10. (S2)
2.00 **A.P. Bio** 7&8/13. (S1)
3.00 **Modern Family** (S5)
4.00 **Will & Grace** (S4)
5.00 **The Office (US)** (S9)
5.30 **Fresh Prince of Bel Air**
6.30 **Will & Grace** (S6&7)
8.05 **Parks and Recreation**
9.00 **Sex and the City** (S1)
10.00 **Russell Howard Live: Dingledodies**
11.15 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.15 AM **The Late Late Show with James Corden** New edition
1.15 **Will & Grace** (S8)
4.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 364

6.00 AM **Alvin Ailey American Dance Theater**
7.45 **Hollywood: Singing and Dancing**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
11.00 **Music Icons: Jazz Rock**
11.30 **Video Killed the Radio Star** Aretha Franklin.
12.00 NOON **Art of Collecting**
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Sunflowers**
4.00 **Inside Art**
4.55 **Tales of the Unexpected**
5.50 **Discovering:**
6.50 **Voices of Ireland**
8.00 **The Directors**
9.00 FILM **Kind Hearts and Coronets** Black comedy. (1949, b/w, U) ★★★★★
11.10 **The Movies** 2/12. (S1)
12.10 AM **Clint Eastwood: A Life in Film**
1.55 **Drew: The Man Behind the Poster**
3.45 **Laura Marling: Live**
5.10 **to 6.00** AM **The Art of Architecture**

Pick

159 | 156 | 36 | 144

7.00 AM **America's Front Line**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Highway Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Border Patrol**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S2)
5.00 **Star Trek: The Next Generation** 22/26. (S3)
6.00 **Brit Cops: Law & Disorder** Documentary.
7.00 **Hawaii Five-0** (S1)
8.00 **Killer in My Village**
9.00 **Agatha Raisin** (S3)
10.00 **Grimm** 7/22. (S2)
11.00 **Killer Families**
12.00 M'T **Britain's Most Evil Killers** John Sweeney.
1.00 AM **Force: North East**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Will & Grace**
9.00 **My Wife and Kids**
11.00 **Younger** (S5)
1.00 PM **Friends** (S6&7)
7.00 **Friends** 12/24. Ross and Joey become trapped. **7.30** 13/24. Phoebe spends a surreal first day at work. **8.00** 14/24. The pals gather to celebrate Rachel's 30th birthday. **8.30** 15/24. Joey tells a fellow cast member that her character is to be killed off. (S7)
9.00 **Michael McIntyre's Big Show** With Tinie Tempah.
10.00 **Guessable?**
11.00 **Joel & Nish vs the World** From Tahiti.
12.00 M'T **Rhod Gilbert's Growing Pains**
1.00 AM **Ricky Gervais Show**
2.00 **South Park**
3.40 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **The Real Housewives of Potomac**
1.25 **The Real Housewives of Cheshire**
2.25 **The Only Way Is Essex**
3.10 **Little Women: LA**
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Orange County**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Totally Unbelievable** The world's most famous celebrity parents and how they raise their kids.
10.00 **Chrisley Knows Best**
11.00 **Vanderpump Rules**
11.55 **The Only Way Is Essex**
12.45 **to 1.00** AM **Unwind with ITV**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 178 26 117

6.00 AM **World of Sport**
6.10 **Cadfael**
7.30 **Dempsey and Makepeace**
8.25 **The Protectors**
9.00 **ITV Racing: Opening Show**
10.00 **The Best of the 80s**
10.15 **River Monsters**
10.45 **Made in Britain**
11.50 **The Champions**
12.55 PM **Cadfael**
2.40 **Dempsey and Makepeace**
3.45 **The Professionals**
4.50 **Minder**
6.00 **Made in Britain**

9.00 The Spy Who Loved Me

7.00 **The Chase Celebrity Special** With *Emmerdale*'s Mark Charnock, Charley Webb, Amy Walsh and Matthew Wolfenden.

8.00 **The Great British Treasure Hunt** New edition 4/5. Henry and the teams are in Hutton in the Forest.

9.00 FILM **The Spy Who Loved Me** James Bond adventure starring Roger Moore. Agent 007 joins forces with a beautiful Russian spy to stop a megalomaniac villain. With Barbara Bach. (1977, PG, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

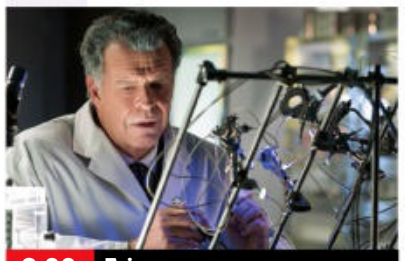
11.40 **Against the Odds** The story of racehorse Desert Orchid.
12.45 AM **The Professionals** *Not a Very Civil Civil Servant*: Corruption is uncovered in the construction industry.
1.45 **Minder**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Syfy

152 152 836 139 138 347 362

7.00 AM **Star Trek: Enterprise**
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S2)
12.00 NOON **Stargate Atlantis**
1.00 PM **The Librarians** (S2)
2.00 **V** 6/19. (S3)
3.00 **Fringe** As 8.00pm.
4.00 **Stargate Atlantis** (S3)
5.00 **Stargate SG-1** 10/22. Daniel Jackson is reunited with his long-lost wife Sha're. (S3)
6.00 **Star Trek: Enterprise** 7/22. Earth's embassy on Vulcan is bombed. (S4)



8.00 Fringe

7.00 **Quantum Leap** *So Help Me God:* 9/22. Sam assumes the body of a lawyer in 1950s Louisiana. (S2)

8.00 **Fringe** *Back to Where You've Never Been:* 8/22. Peter visits the alternate universe as he tries to find his way home. (S4)

9.00 **Grimm** *The Waking Dead:* 21/22. Nick gets back with Juliette before looking into a plan to create an army of zombies. (S2)

10.00 FILM **Arctic Apocalypse** Disaster drama starring Lauren Esposito. (2018, PG, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Stargate SG-1** (S3)
1.00 AM **Stargate Atlantis** 16/20. The team accidentally disturb a previously frozen race. (S3)
2.00 **Star Trek: Enterprise** (S4)
3.00 **Star Trek: Voyager** (S2)
4.00 **Fringe** As 8.00pm.
5.00 **to 6.00** AM **V**

+1 hour 252 229

Alibi

132 132 827 126 212

7.10 AM **Murdoch Mysteries**
9.00 **Unforgettable** 4/13. (S2)
10.00 **Major Crimes** 1/23. (S4)
11.00 **Rizzoli & Isles** 9/16. (S4)
12.00 NOON **Death in Paradise**
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries** (S9)
4.00 **Unforgettable** 5/13. (S2)
5.00 **Major Crimes** 2/23. A body is found in a car boot. (S4)
6.00 **Death in Paradise** 1/8. First episode of the Caribbean-based detective drama starring Ben Miller. (S1)

9.00 Murdoch Mysteries

7.00 **Rizzoli & Isles** *No One Mourns the Wicked:* 9/16. Jane and Maura hunt for a killer while they attend a conference. (S4)

8.00 **Father Brown** *The Devil You Know:* A senior member of the police force is murdered at a local bowls match.

9.00 **Murdoch Mysteries** New episode *Murdoch Knows Best:* 8/12. Murdoch discovers a spy's hidden civilian life. (S15)

10.00 **Frankie Drake Mysteries** *Sweet Justice:* 8/10. Trudy discovers that her new dream home has contaminated water. (S4)

11.00 **Rizzoli & Isles** 11/13. A mortician's body is discovered in one of his own funeral home's caskets. (S7)
12.00 M'T **Why Women Kill** 7&8/10. Double bill. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

GOLD

110/111 110/111 124 343 358

7.05 AM **Highlights**
8.30 **dinnerladies**
9.05 **Hi-de-Hi!**
9.40 **Last of the Summer Wine**
11.00 **The Green Green Grass**
11.40 **Dad's Army**
1.00 PM **Chef!**
1.40 **Hi-de-Hi!**
2.20 **Desmond's**
3.00 **The Green Green Grass**
3.40 **The Good Life**
4.20 **Last of the Summer Wine**
5.40 **Hi-de-Hi!**
6.20 **Desmond's**

9.00 Billy Connolly Does...

7.00 **The Green Green Grass** Marlene's sister decides to pay a visit from Peckham.
7.40 **Dad's Army** The platoon offer to help Godfrey's widowed friend gather in the harvest on her farm. **8.20** Jones misplaces £500 donated to provide a canteen for servicemen.

9.00 **Billy Connolly Does...** New edition 4/7. The comedian talks about his lifelong love of nature.
■ Eps 1-5 on UKTV Play

10.00 **Men Behaving Badly** Gary tries to ruin Dorothy's new relationship.
10.40 **Not Going Out** Tim becomes part of a band.
11.20 **Peep Show** Mark continues to be tormented by doubts about marrying Sophie. **11.55** Mark considers embarking on an illicit affair.
12.30 AM **Britain's Greatest Comedy Character**
3.20 **to 4.00** AM **Not Going Out**

+1 hour 210/211 194

Dave

111/112 127 227 19 157

7.10 AM **Sin City Motors**
8.00 **Timber Kings**
9.00 **Storage Hunters UK**
10.00 **Top Gear**
11.00 **World's Most Dangerous Roads** From Siberia.
12.00 NOON **Red Bull Soapbox Race**
1.00 PM **Border Force: America's Gatekeepers**
2.00 **World's Most Dangerous...**
3.00 **Rick Stein's Secret France**
4.00 **Red Bull Soapbox Race**
5.00 **Rick Stein's Secret France**
6.00 **Taskmaster** With Iain Stirling.

10.00 Meet the Richardsons

7.00 **Richard Osman's House of Games** With Samira Ahmed and John Robins.
7.35 **Room 101** Robert Peston, Greg James and Bridget Christie join Frank Skinner.
8.20 **Would I Lie to You?** With Jack Whitehall, Frankie Boyle, Christine Bleakley and Kelvin MacKenzie.

9.00 **QI XL** Stephen K Amos, Susan Calman and Lou Sanders join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **Meet the Richardsons** New edition Jon and Lucy agree to hamster-sit.
10.40 **Mock the Week** With Josh Widdicombe.
11.20 **Mock the Week** With Ellie Taylor, Josh Widdicombe, Rob Beckett and James Acaster.
12.00 M'T **Hypothetical**
12.40 AM **QI** With Sarah Millican.
1.20 **Would I Lie to You?**
2.00 **Live at the Apollo**
2.45 **to 4.00** AM **This Country**

+1 hour 211 131 25

Thursday

7 PM **8 PM** **9 PM** **10 PM**

GREAT! tv

157 189 50 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 FILM **Love on Ice** Romantic drama. (2017, PG, 84min) ★★
11.50 **GREAT! Movie News**
12.00 NOON **Sue Thomas: F.B.Eye** 12/19. (S3)
1.00 PM **Perception** (S2)
2.00 **Body of Proof Movie: Outbreak**
3.00 **Castle** 11/22. (S8)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 26/26. BJ plans a family reunion. (S7) **8.30** 1/25. A chef joins the 4077th. (S8)
9.00 **Classic Who Wants to Be a Millionaire?** Four editions of the quiz.
1.00 AM **M*A*S*H** (S7&8)
3.00 **Hart to Hart** (S2)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 203 49 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** In Manchester.
10.30 **A New Life in the Sun: Where Are They Now?**
11.30 **A Place in the Sun: Home or Away**
12.30 PM **A Place in the Sun**
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun**
7.00 **Kirstie and Phil's Love It or List It** Helping a couple in Poole, Dorset.
8.00 **Location, Location, Location** House-hunting in Reading, Berkshire.
9.00 **Gogglebox** Double bill.
11.05 **Grand Designs**
12.10 AM **Extraordinary Escapes with Sandi Toksvig** From Scotland.
1.20 **8 Out of 10 Cats Does Countdown**
2.20 **Sex Actually with Alice Levine**
3.25 **Women Who Kill**
4.20 **to 4.50** AM **A Place in the Sun**

5USA

141 141 153 21 129

9.00 AM **NCIS** 10-12/24. (S7)
12.00 NOON **Law & Order**
12.55 PM **Entertainment News**
1.00 **Law & Order** (S17)
2.55 **Entertainment News**
3.00 **Law & Order** (S18)
6.00 **NCIS** 2-4/24. (S8)
9.00 **Law & Order: Special Victims Unit** *Welcome to the Pedo Hotel:* 10/16. A girl goes missing near a building that houses several sex offenders. (S22) **10.00** *Reparations:* 21/24. A woman accuses her flatmate's brother of rape. **10.55** *Bang:* 22/24. A baby is abandoned. **11.50** *Gray:* 9/24. A woman claims to have been raped. (S12)
12.50 AM **Law & Order: Special Victims Unit**
1.50 **Private Eyes** (S2)
3.35 **to 4.00** AM **Criminals Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Last Man Standing**
8.20 **Shoplifters & Scammers: At War with the Law**
9.10 **Filthy House SOS**
10.10 **Judge Judy**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **Filthy House SOS**
8.00 **Hotel Benidorm: Sun, Sea & Sangria**
9.00 **Call the Bailiffs: Time to Pay Up**
10.00 FILM **The Fifth Element** Sci-fi fantasy starring Bruce Willis. (1997, PG, 126min) ★★★★★
12.30 AM FILM **Replicas** Sci-fi thriller. (2018, 12, 107min) ★★★
2.35 **Last Man Standing**
3.25 **Judge Judy**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

109/110 109/110 125 211

6.15 AM **MasterChef Australia** Three hopefuls face an elimination challenge.
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **MasterChef Canada** New edition The home cooks put their knife skills to the test.
8.00 **Cops on the Rock**
9.00 **16 Kids and Counting**
10.00 **Louis Theroux: A Different Brain** Louis meets people recovering from brain injuries.
11.00 **Cops on the Rock**
12.00 M'T **Inside the Ambulance**
1.00 AM **The Shift: Women on the Force**
2.00 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 190

Drama

143 130 20 158

7.05 AM **Brush Strokes**
7.40 **Hetty Wainthropp Investigates**
8.35 **The Bill**
9.35 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Hetty Wainthropp Investigates**
3.20 **Lovejoy**
4.20 **Peak Practice**
5.20 **Brush Strokes**
6.00 **Are You Being Served?**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Jonathan Creek**
9.10 **New Tricks** *Buried Treasure:* A body is found, prompting two people to confess to murder. **10.30** *Father's Pride:* A murder victim's camera is found in a pub toilet.
11.55 **Silent Witness**
2.00 AM **Kavanagh QC**
3.25 **to 4.00** AM **Brush Strokes**

+1 hour 243 226 74

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

THURSDAY

Documentaries

Thursday

CBS Drama
147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 22/22. (S5)
12.00 NOON **Medium** (S3)
1.00 PM **JAG** (S5)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy** Real-life small-claims cases.
9.00 **Medium** *Head Games:* 20/22. Allison receives a message from a woman whose spouse has killed her. (S3)
10.00 **Unsolved Mysteries** The murder of two Texan teenagers who disappeared from a local firework display. **11.00** The stories of a plane crash, an infamous unsolved murder, and the ghost of a hitch hiker.
11.55 **Judge Judy**
2.00 AM **Medium** As 9pm.
3.00 **Evidence of Evil**
4.00 **Something's Killing Me**
4.55 **to 6.00** AM **Matlock**

CBS Justice
148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 6&7/25. (S7)
2.55 **CSI: Miami** 7/24. (S3)
4.05 **NCIS** 6/24. (S10)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger** *Rise to the Occasion:* 8/25. Walker tries to reform a school after a student commits suicide. **8.00** *Full Recovery:* 9/25. The team race to stop a plan to unleash a toxic gas. (S7)
8.55 **CSI: Miami** *Crime Wave:* 7/24. A tsunami threatens the city. (S3)
10.10 **NCIS** 6/24. (S10)
11.05 **Diagnosis Murder**
1.05 AM **Walker, Texas Ranger** 8&9/25. (S7)
2.55 **JAG** 15/15. (S2)
3.55 **Click for Murder**
4.45 **to 6.00** AM **Medical Detectives**

Challenge
160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **The Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Blankety Blank**
5.00 **Bullseye** Double bill.
6.00 **Tenable** Members of an operatic society from Sheffield play the game.
7.00 **Pointless Celebrities** Alexander Armstrong and Richard Osman host a celebrity version of the quiz show seeking the most obscure answers to general knowledge questions.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Who Wants to Be a Millionaire?** Big-prize quiz with Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!
151 151 835 164 163

7.00 AM **Kourtney and Khloe Take the Hamptons**
8.00 **Keeping Up with the Kardashians**
10.00 **News: Daily Pop**
11.00 **Total Bellas**
12.00 NOON **Keeping Up with the Kardashians**
7.00 PM **Botched** Terry Dubrow helps a cancer survivor reconstruct her breasts and abdomen. **8.00** A woman whose face was disfigured in an accident receives help.
9.00 **Hollywood Medium with Tyler Henry** With Stassi Schroeder, Kristen Doute, Johnny Weir and Nancy Grace.
10.00 **Nightly Pop**
10.30 **The Bradshaw Bunch**
11.00 **True Hollywood Story**
12.00 M'T **Total Bellas**
1.00 AM **Kourtney and Khloe Take the Hamptons**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Famously Single**

Sky Documentaries
121 121 819 278 277 352 367

6.00 AM **Midnight Family**
7.40 **My Icon**
8.00 **The Guest Wing**
9.00 **Discovering**
10.00 **The Directors**
11.00 **The Story of Late Night**
12.00 NOON **The Eighties**
1.00 PM **JFK: Destiny Betrayed** Documentary.
2.00 **Wework: How to Lose $30b in Two Weeks**
4.00 **Discovering**
5.00 **The Directors**
6.00 **The Story of Late Night**
7.00 **The Eighties**
8.00 **JFK: Destiny Betrayed** 4/4. Oliver Stone's documentary.
9.00 NEW SERIES **Phoenix Rising**
10.30 **Ferrari: Race to Immortality**
12.20 AM **Veleno: The Town of Lost Children**
1.30 **16 Shots**
3.30 **Heroin: Cape Cod, USA**
5.00 **to 6.00** AM **The Guest Wing**

Sky Nature
124 124 822 280 279 354 369

6.00 AM **Micro Monsters with David Attenborough**
7.00 **Monkey Life**
8.00 **Wild Tales from the Farm** The rams do battle.
9.00 **Undiscovered Vistas**
10.00 **Waterworld Africa**
11.00 **Deadly Australians**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Wild Tales from the...**
3.00 **Undiscovered Vistas**
4.00 **Waterworld Africa**
5.00 **Deadly Australians**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Arabian Seas**
9.00 **Great Parks of Africa**
10.00 **Deadly Australians**
11.00 **Hope for Wildlife**
12.00 M'T **Kenya Wildlife Diaries** Documentary.
1.00 AM **Malawi Wildlife Rescue** Documentary.
2.00 **Arabian Seas**
3.00 **Great Parks of Africa**
4.00 **Wild Tales from the...**
5.00 **to 6.00** AM **Undiscovered Vistas**

HGTV
158 286 44 166

7.00 AM **Homes Under the Hammer** From Kent.
8.00 **Fantasy Homes by the Sea** From Dublin.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer Upper**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **DIY SOS**
5.00 **Homes Under the...**
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **Love Your Garden**
9.00 **My Lottery Dream Home** Double bill.
10.00 **Flipping 101 with Tarek El Moussa** New edition
11.00 **Fixer Upper**
12.00 M'T **Escape to the Country** East Midlands.
1.00 AM **DIY SOS**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **Mexico Life**
+1 hour 258 290

Food Network
140 285 43 148

6.00 AM **Highlights**
8.00 **Guy's Grocery Games** New edition
9.00 **Bikers' Best of British**
10.00 **Best Ever Dishes**
11.00 **Mediterranean Feast**
12.00 NOON **The Great British Bake Off**
1.00 PM **Friday Night Feast**
2.00 **James Martin's United Cakes of America**
3.00 **Cake Diaries**
4.00 **Best Ever Dishes**
5.00 **The Pioneer Woman** New edition
5.30 **Delicious Miss Brown** New edition
6.00 **Barefoot Contessa – Back to Basics** New edition
6.30 **Girl Meets Farm** New edition
7.00 **Great British Bake Off**
8.00 **Bikers' Best of British**
9.00 **Ainsley's Food We Love**
10.00 **Mediterranean Feast**
11.00 **Restaurant: Impossible**
12.00 **to 3.00** AM **Highlights**
+1 hour 240 149

DMAX
172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Treehouse Masters**
9.00 **Yukon Men**
10.00 **Alaska: The Last Frontier**
11.00 **Life Below Zero**
12.00 NOON **Ice Lake Rebels**
1.00 PM **Edge of Alaska**
2.00 **Lone Star Law**
3.00 **Helicopter ER**
4.00 **Disasters at Sea**
5.00 **Alaskan Bush People**
6.00 **Outback Truckers**
7.00 **Deadliest Catch**
9.00 **Barnwood Builders** New edition
10.00 **Maine Cabin Masters** New edition
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid XL**
2.00 **Kindig Customs**
3.00 **Bear Grylls: Born Survivor** In Canada.
3.50 **Tanked**
4.40 **to 6.00** AM **Highlights**
+1 hour 272 214 151

5Action
150 187 150 33 132

9.00 AM **Criminals: Caught on Camera**
9.35 **Traffic Cops**
11.35 **Sinkholes**
12.30 PM FILM **The Kid from Texas** (1949, U) ★★
2.10 FILM **Canyon Passage** Western. (1946, PG, 92min) ★★★
4.00 **Sinkholes**
5.00 **Traffic Cops**
7.00 **Police Interceptors**
8.00 **Traffic Cops**
9.00 **Trucking Hell** New edition A frost in Warwickshire makes a narrow country lane as slippery as an ice rink. **10.00** A trailer rolls over on a busy roundabout.
11.00 **WWE – Raw Highlights**
12.00 M'T **WWE – NXT UK**
1.00 AM **999: Criminals Caught on Camera**
3.05 **World's Wildest Holidays**
3.55 **Seconds from Death: Caught on Camera**
4.50 **to 5.00** AM **Entertainment News**

Sky Crime
122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **Caught Red Handed**
8.30 **Road Wars**
9.00 **Nothing to Declare**
10.00 **Rapid Response**
11.00 **Road Wars**
12.00 **When Life Means Life**
1.00 PM **Britain's Most Evil Killers** Colin Pitchfork.
2.00 **How I Caught the Killer**
3.00 **World's Most Evil Killers**
4.00 **Killer in My Village**
5.00 **Killer Colleagues**
6.00 **World's Most Evil Killers**
7.00 **Killer in My Village**
8.00 **Britain's Most Evil Killers**
9.00 **Mark of a Serial Killer**
10.00 **Snapped**
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil Killers** Documentary.
1.00 AM **New York Homicide**
2.00 **Snapped**
3.00 **How I Caught the Killer**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**
+1 hour 222 207

CBS Reality
146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** Toxicologists try to determine whether a man was poisoned. **7.30** A frozen river could help solve a crime.
8.00 **Written In Blood** The murder of 16-year-old Collette Aram in 1983.
9.00 **Murder By the Sea**
10.00 **Injustice with Nancy Grace** New edition The family of Vanessa Guillen hire a private search team to find her.
11.00 **Fatal Vows**
12.00 M'T **Uncovering the Date Rape Killer**
1.00 AM **Murder By the Sea**
2.00 **Injustice with Nancy Grace** As 10.00pm
3.00 **Written In Blood**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Celebrity Damage Control**
+1 hour 246 201 136

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Cyprus.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** Metal chairs.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Phoenix**
4.00 **Pit Bulls & Parolees**
5.00 **Ambulance**
6.00 **The Yorkshire Auction House** From Fife.
7.00 **Antiques Road Trip**
9.00 **Paranormal: Caught on Camera** New edition A chilling encounter at an abandoned house.
10.00 **Kindred Spirits** New edition Investigating an 1850s manor with a rumoured eyeless entity.
11.00 **Ghost Adventures**
1.00 AM **Kindred Spirits**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Phoenix**

Blaze
164 216 64 162

6.00 AM **Hardcore Pawn**
7.25 **The Liquidator**
7.55 **American Restoration**
8.25 **Ancient Aliens**
9.25 **Ancient Aliens: Stranger Theories**
10.20 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
3.30 **The Liquidator**
4.00 **Ancient Aliens**
6.00 **The Curse of Oak Island**
7.00 **Dickinson's Real Deal**
9.00 **Top Secret UFO Projects Declassified**
10.00 **UFO Europe: The Untold Stories**
11.00 **Curse of Skinwalker Ranch** Documentary.
12.00 M'T **The Liquidator**
12.30 AM **Storage Wars**
1.00 **Storage Wars Canada**
2.00 **Mountain Men**
3.00 **The Curse of Oak Island**
3.45 **Counting Cars**
4.10 **to 6.00** AM **Pawn Stars**
+1 hour 81

TLC
133 133 828 167 323 377

6.00 AM **Say Yes... UK**
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Extreme Cheapskates**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Good Bones**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **So Freakin Cheap**
6.00 **Love After Lock Up**
7.00 **The Bad Skin Clinic**
8.00 **Strange Love**
8.30 **I Didn't Know I Was Pregnant**
9.00 **Dr Pimple Popper: Pop Ups** New edition
10.00 **Dr Pimple Popper** New edition
11.00 **Temptation Island** New edition
12.00 M'T **I Didn't Know I Was Pregnant**
1.00 AM **Dr Pimple... Pop Ups**
2.00 **Dr Pimple Popper**
3.00 **to 6.00** AM **Highlights**
+1 hour 233 172

5SELECT
153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Documentary.
10.00 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **The Yorkshire Vet**
7.00 **Our Yorkshire Farm**
9.00 **Agatha Christie's Crooked House** Adaptation of the novel, starring Max Irons and Terence Stamp. A man returning to London from Cairo investigates the poisoning of his fiancée's grandfather.
11.15 **Sean Connery: The Man & the Movies**
12.50 AM **Great Rivers Then & Now: The Severn**
1.50 **Great Rivers Then & Now: The Avon**
2.50 **Digging Up Britain's Past** Sherwood Forest.
3.35 **to 4.00** AM **The Yorkshire Vet**

Quest
144 144 834 169 12 114 172

6.00 AM **Find It, Fix It, Flog It**
7.00 **EFL on Quest**
8.30 **How It's Made**
9.00 **Nick Knowles Heritage Rescue**
10.00 **Chasing Classic Cars**
11.00 **Fantomworks**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **The Repair Shop**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Vintage Voltage** New edition
10.00 **Chasing Classic Cars**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Arctic Ice Railroad**
2.00 **Iron Resurrection**
3.00 **Fantomworks**
4.00 **Biggest Shipbuilders**
5.00 **to 6.00** AM **How It's Made**
+1 hour 244 213 70 168

Quest Red
149 170 40 169

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **My Cat from Hell**
9.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **The Perfect Murder**
2.00 **Disappeared**
3.00 **Forbidden**
4.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr Pimple Popper**
9.00 **Faking It: Tears of a Crime** Jeremy Bamber.
10.00 **Chaos in Court** New edition
11.00 **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Phoenix**
4.40 **Dog Detectives**
5.30 **to 6.00** AM **Say Yes to the Dress**
+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Gold Rush: White Water**
3.00 **Rise of the Machines**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud** The Monkeys race to drop a Hellcat motor in their 1979 International Scout.

10.00 **Naked and Afraid**

7.00 **Outback Truckers** Scotty is pulled over by transport inspectors, and Mark faces dangerous oncoming traffic.
8.00 **Bad Chad Customs** Chad Hiltz hosts an annual car show in his back yard to promote Green Goblin Customs.
9.00 **Building Off the Grid** New edition A young family plan to build their forever home in Alabama.
10.00 **Naked and Afraid** New edition Shanika and Jeremy try to survive 21 days in the Chiapas rainforest.
11.00 **Combat Dealers** The 75th Anniversary of VE Day.
12.00 M'T **Building Off the Grid**
1.00 AM **Naked and Afraid**
2.00 **Moonshiners**
3.00 **Building Off the Grid**
4.00 **Fast N' Loud**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Dogs 101: Specials**
10.00 **Animal Precinct**
11.00 **Extinct or Alive**
12.00 NOON **The Crocodile Hunter: Best of Steve Irwin**
1.00 PM **Predators Up Close with Joel Lambert**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **Bad Dog!**
5.00 **Animal Precinct**
6.00 **Crocodile Hunter** A colony of Central American crocodiles.

8.00 **Saved By the Barn**

7.00 **How Do Animals Do That?** How swarms of blind bats avoid collision. **7.30** How spiders shed their own skin.
8.00 **Saved By the Barn** Ginger the goat embraces her new prosthetics and two pigs have a tussle.
9.00 **Scaled** Greg and Lucas make a dinosaur-themed enclosure for a couple's new reptile.
10.00 **I Was Prey** A woman struck by a mystery assailant while surfing, and an encounter with a bear in Alaska.
11.00 **Treehouse Masters** The team create a lighthouse treehouse.
12.00 M'T **The Lost Kingdom of the Yeti** Mark Evans follows up on new evidence about the mythical creature.
2.00 AM **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **to 5.00** AM **Bad Dog!**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Lost Treasures of Egypt**
9.00 **Time Scanners**
10.00 **Ancient X Files**
11.00 **Killer U-Boats: Drains the Oceans** Documentary.
12.00 NOON **Inside the SS**
1.00 PM **World War II: The Apocalypse** Documentary.
2.00 **Nazi Megastructures**
3.00 **Air Crash Investigation**
5.00 **To Catch a Smuggler** CBP cracks down on a series of wildlife trafficking crimes.
6.00 **Car S.O.S.** Tim and Fuzz restore a 1997 Peugeot 106 Rallye.

7.00 **Wicked Tuna**

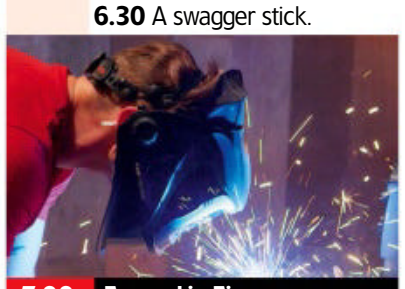
7.00 **Wicked Tuna: North v South** Series finale The closest race for first comes to a head as the season ends abruptly.
8.00 **Car S.O.S.** New edition Tim and Fuzz take on a 1992 Saab 900 Turbo, belonging to a former electrical engineer.
9.00 **Alaska: The Next Generation** New edition Chris and Jessi struggle to find a new fishing area to source winter protein.
10.00 **Primal Survivor** Hazen reveals what it takes to survive in the planet's most extreme environments.
11.00 **Air Crash Investigation**
12.00 M'T **Alaska: Next Generation**
1.00 AM **Ice Road Rescue: Highway Havoc!**
2.00 **Lawless Island**
3.00 **Legends of Atlantis**
4.00 **to 5.00** AM **Sunken Treasures Revealed: Drain the Ocean**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **The UnXplained with William Shatner**
8.00 **Pawn Stars** Double bill.
9.00 **American Pickers**
11.00 **World's Greatest Treasure Mysteries** Documentary.
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire Armed Forces Tournament**
2.00 **American Pickers**
4.00 **The UnXplained with William Shatner**
6.00 **Pawn Stars** An unrestored BSA bike from World War Two. **6.30** A swagger stick.



7.00 **Forged in Fire**

7.00 **Forged in Fire** Four bladesmiths hope to forge their way to a $10,000 bonus with a cavalry sword.
8.00 **Cities of the Underworld** The 10,000 Aztecs who fled Mexico and disappeared somewhere in America.
9.00 **Forged in Fire** New edition The smiths forge a knife before recreating Sergeant Hayden's Sword.
10.00 **Counting Cars** The hunt for classic American cars and motorcycles continues.
11.00 **Counting Cars** Danny Koker turns a 1969 Shelby GT500 rust bucket into a classic.
12.00 M'T **Digging for Britain**
1.00 AM **Cities of the Underworld**
2.00 **Forged in Fire** As 7.00pm.
3.00 **Counting Cars**
4.00 **River Hunters**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Antiques Roadshow**
8.00 **Forbidden History**
9.00 **Abandoned Engineering**
11.00 **Brazil** Documentary.
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Abandoned Engineering**
4.00 **The Buildings That Fought Hitler** Documentary.
5.00 **World War Weird** How swarms of fleas were used to infect a city with the bubonic plague.
6.00 **Brazil** Michael Palin visits indigenous tribes and Henry Ford's ill-fated Fordlandia.

8.00 **Bangers and Cash**

7.00 **Great British Railway Journeys** A visit to Alton, Hampshire. **7.30** A rail works in Eastleigh, Hampshire.
8.00 **Bangers and Cash** New edition A 1967 Aston Martin DB6 could be the most expensive car ever sold at the auction.
9.00 **Bangers and Cash** A couple of very different Ford Capris with long histories go head-to-head at the auction.
10.00 **Secrets of the London Underground** Exploring forgotten stations on the District Line, Whitechapel.
11.00 **Bangers and Cash** A Cold War Soviet classic goes under the hammer.
12.00 M'T **Abandoned Engineering** A look at Cachtice Castle and a mysterious structure on the 38th parallel.
1.00 **to 3.00** AM **Antiques Roadshow**

+1 hour 255 200 75

7 PM **8 PM** **9 PM** **10 PM**

Thursday

Disc. History

177 257

6.00 AM **Edge of War**
7.00 **Codes and Conspiracies**
8.00 **Devonport: Inside...**
9.00 **Killers of the Cosmos**
10.00 **Mighty Ships**
11.00 **Codes and Conspiracies**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Wings of War**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** Documentary.
5.00 **Devonport: Inside the Royal Navy**
6.00 **Killers of the Cosmos**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **UFOs: Lost Evidence**
10.00 **NASA's Files**
11.00 **The Somme: The First 24 Hours**
12.00 M'T **Combat Dealers**
2.00 AM **NASA's Files**
3.00 **The Somme...**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Frontier Borneo**
10.00 **Life on Earth**
11.00 **The Hidden River**
12.00 NOON **Gorilla Family and Me** Double bill.
2.00 PM **Frontier Borneo**
3.00 **The Ganges with Sue Perkins** In Kolkata.
4.00 **Life in the Great Wetlands** Documentary.
5.00 **The Hidden River**
6.00 **Life on Earth**
7.00 **Gorilla Family and Me**
8.00 **Frontier Borneo**
9.00 **Life in the Great Wetlands** Documentary.
10.00 **Gorilla Family and Me**
11.00 **The Hidden River**
12.00 M'T **Frontier Borneo**
1.00 AM **Life on Earth**
2.00 **The Hidden River**
3.00 **Bahama Blue**
3.50 **Costa Rica: The Rise of Nature** Documentary.
4.40 **Animal Social Network**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Cesar Millan: Better Human Better Dog**
9.00 **Yukon Vet**
10.00 **Exotic Animal ER**
11.00 **Unlikely Animal Friends: Puppy Love**
12.00 NOON **Snakes in the City** A black mamba.
1.00 PM **Wild Mongolia: Land of Extremes**
4.00 **Snow Leopard of Afghanistan**
5.00 **Monster Fish**
6.00 **Snakes in the City**
7.00 **Animal Fight Club**
9.00 **Serpents Surprise** Discovering the varied lives of snakes.
10.00 **Legendary Catch**
11.00 **Caught in the Act**
12.00 M'T **Swamp Men**
1.00 AM **Animals Gone Wild**
2.00 **Unlikely Animal Friends: Puppy Love**
3.00 **Snakes in the City**
4.00 **to 5.00** AM **Wild Mongolia: Land of Extremes**

Sky History 2

163 163 840 272

8.00 AM **Lost Secrets of the Pyramid**
9.00 **Mythical Beasts**
10.00 **The Colour of War**
11.00 **Dogfights**
12.00 NOON **Ancient Aliens**
3.00 PM **Top Secret UFO Projects Declassified**
4.00 **Hitler's War**
5.00 **Combat Machines**
6.00 **Deep Sea Detectives**
7.00 **Top Secret UFO Projects Declassified**
8.00 **Patton 360**
9.00 **Winston Churchill's War**
10.00 **Paranormal: Caught on Camera** UFOs gather over Texas.
11.00 **Ancient Aliens**
1.00 AM **Deep Sea Detectives**
2.00 **Winston Churchill's War**
3.00 **How Sex Changed the World** Documentary.
4.00 **Patton 360**
5.00 **to 6.00** AM **Top Secret UFO Projects Declassified**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.35 **The Tank: Weapon of the 20th Century**
9.40 **Hitler's Circle of Evil**
10.50 **Plane Crash Recreated** New edition
11.55 **Born in the Wild**
1.00 PM **Magellan's Voyage – Search for the Spice Islands** Documentary.
2.10 **The Tank: Weapon...**
3.20 **Hitler's Circle of Evil**
4.35 **Plane Crash Recreated**
5.40 **Beautiful Serengeti**
6.15 **Magellan's Voyage – Search for the...**
7.30 **The Tank: Weapon of the 20th Century**
8.40 **Hitler's Circle of Evil**
9.55 **Plane Crash Recreated**
11.00 **Magellan's Voyage – Search for the...**
12.15 AM **The Tank: Weapon of the 20th Century**
1.30 **Hitler's Circle of Evil**
2.35 **Plane Crash Recreated**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 837 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with Paula Zahn**
11.00 **Killer in Plain Sight**
12.00 NOON **Homicide Hunter**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** April Jones.
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Meet, Marry, Murder**
9.00 **Homicide: Hours to Kill** New edition
10.00 **Homicide's Elite**
11.00 **Court Cam**
12.00 M'T **Snapped**
1.00 AM **Homicide: Hours to Kill** Documentary.
2.00 **Homicide's Elite**
3.00 **Unusual Suspects**
4.00 **On the Case with Paula Zahn**
5.00 **to 6.00** AM **Snapped**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

THURSDAY Films

Thursday

Sky Cinema Premiere

301 301 848 401 501 515

7.10 AM **The Desperate Hour**
8.50 **Pil's Adventures** As 3.50am.
10.40 **Fast & Furious 9** As 8.00pm.
1.10 PM **The Forever Purge**
2.55 **North Hollywood** Comedy drama with Ryder McLaughlin. (2021, 15, 93min) ★★★
4.35 **Old Henry** Western thriller starring Tim Blake Nelson. (2021, 15, 99min) ★★★★
6.20 **The Desperate Hour** Thriller starring Naomi Watts. (2021, 12, 84min) ★★★★

8.00 Fast & Furious 9

8 PM **8.00** **Fast & Furious 9** Action sequel starring Vin Diesel, Jordana Brewster, John Cena and Michelle Rodriguez. The crew must take on an international terrorist, who turns out to be Dom and Mia's estranged brother. (2021, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM **10.30** **The Forever Purge** Horror sequel starring Ana de la Reguera, Josh Lucas and Tenoch Huerta. (2021, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.15 AM **Malignant** Horror starring Annabelle Wallis, Maddie Hasson and George Young. (2021, 18, 111min) ★★★★
2.10 **North Hollywood** As 2.55pm.
3.50 **Pil's Adventures** Animation. (2021, U, 89min) ★★
5.30 **to 7.15** AM **Old Henry** (2021)

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **Minari** As 4.55am.
8.00 **The King of Staten Island** Comedy drama starring Pete Davidson and Marisa Tomei. (2020, 15, 136min) ★★★★
10.25 **District 9** As 6.00pm.
12.25 PM **Baby Driver** As 8.00pm.
2.25 **Transporter 2** As 12.00m't.
4.10 **John Wick** Action thriller. (2014, 15, 101min) ★★★★
6.00 **District 9** Satirical sci-fi action thriller starring Sharlto Copley. (2009, 15, 112min) ★★★★

10.00 2 Guns

8.00 **Baby Driver** Music-themed action thriller starring Ansel Elgort and Kevin Spacey. A young getaway driver finds himself taking part in a heist doomed to fail. With Lily James, Jon Hamm and Jamie Foxx. (2017, 15, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

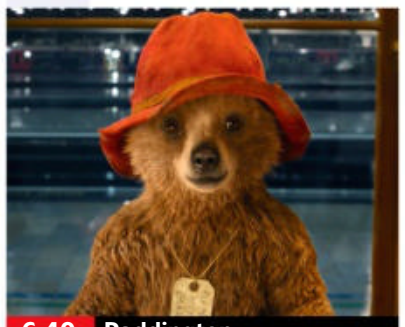
10.00 **2 Guns** Action thriller starring Denzel Washington and Mark Wahlberg. A pair of double-dealing crooks join forces for real after inadvertently stealing $43million from the CIA. (2013, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Transporter 2** Thriller sequel starring Jason Statham. (2005, 15, 88min) ★★★
1.40 AM **Becky** Violent thriller. (2020, 18, 93min) ★★★
3.25 **Real** Drama. (2019, 15) ★★★
4.55 **to 7.00** AM **Minari** Drama. (2020, 12, 115min) ★★★★

Sky Cinema Family

306 306 850 406 506 520

6.55 AM **Mr Magorium's Wonder Emporium** (2007, U) ★★★
8.35 **My Girl** As shown at 12.05am.
10.20 **Casper** (1995, PG) ★★★★
12.05 PM **Hop** (2011, U) ★★★
1.50 **The Borrowers** Adventure. (1997, U, 86min) ★★★★
3.20 **Peter Rabbit** Family comedy. (2018, PG, 95min) ★★★
5.00 **Peter Rabbit 2** Comedy sequel. (2020, U, 93min) ★★★
6.40 **Paddington** Family comedy. (2014, PG, 95min) ★★★★


6.40 Paddington

8.20 **Mirror Mirror** Comedy fantasy starring Julia Roberts, Lily Collins and Armie Hammer. Snow White teams up with a septet of outlaw dwarves to free her realm from her wicked stepmother The Queen. (2012, PG, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Bogus** Fantasy starring Whoopi Goldberg, Gérard Depardieu and Haley Joel Osment. An orphaned boy takes comfort from his imaginary friend, a flamboyant Frenchman. (1996, PG, 107min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **My Girl** Comedy drama. (1991, PG, 105min) ★★
1.50 **A Boy Called Sailboat** Drama. (2017, 12, 92min) ★★★
3.20 **Come Away** Fantasy drama. (2020, PG, 94min) ★★★
5.00 **to 6.55** AM **Four Kids and It** Fantasy. (2020, PG) ★★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Sherlock Holmes** Adventure. (2009, 12) ★★★★
8.10 **Sherlock Holmes: A Game of Shadows** (2011, 12) ★★★
10.20 **Elektra** As shown at 2.20am.
12.00 NOON **Daredevil** Adventure. (2003, 15, 101min) ★★★
1.45 PM **Season of the Witch**
3.25 **The Man from U.N.C.L.E** Spy adventure. (2015, 12) ★★★★
5.25 **Centurion** (2009, 15) ★★★
7.05 **Twister** Disaster movie. (1996, PG, 114min) ★★★

9.00 Rise of the Planet of the...

Twister (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Rise of the Planet of the Apes** Sci-fi thriller starring James Franco. A laboratory ape born with super-intelligence grows up determined to release his fellow apes from bondage. (2011, 12, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy and Judge Reinhold. (1984, 15, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Season of the Witch** Supernatural adventure. (2010, 15, 94min) ★★
2.20 **Elektra** Action adventure. (2005, 12, 97min) ★★
4.00 **to 6.00** AM **Badland** Western. (2019, 12, 120min) ★★

Sky Cinema Comedy

308 308 852 408 508 522

6.45 AM **Then Came You** (2019)
8.35 **This Is the End** Comedy. (2013, 15, 106min) ★★★★
10.25 **Sex Drive** Teen comedy. (2008, 15, 104min) ★
12.20 PM **That's My Boy** As 8pm.
2.20 **Not Another Teen Movie**
4.05 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
6.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel starring Sandra Bullock. (2005, 12, 113min) ★★

10.00 Not Another Teen Movie

8.00 **That's My Boy** Comedy starring Adam Sandler and Andy Samberg. An irresponsible man accused of tax evasion tracks down his estranged son to avoid prison. With Leighton Meester. (2012, 15, 112min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Not Another Teen Movie** Spoof comedy with Chyler Leigh and Chris Evans. (2001, 15, 89min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Pineapple Express** Comedy thriller starring Seth Rogen, James Franco and Gary Cole. (2008, 18, 111min) ★★★★
1.45 AM **Poster Boys** Comedy drama with Trevor O'Connell. (2020, 12, 87min) ★★
3.25 **Carry On Spying** James Bond spoof with Kenneth Williams. (1964, b/w, U, 84min) ★★★★
5.05 **to 6.50** AM **Then Came You** Romantic comedy drama. (2019, 12, 97min) ★★★

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.20 AM **Speed 2: Cruise Control**
8.30 **Three Days of the Condor**
10.30 **The Way We Were** Romantic drama starring Barbra Streisand. (1973, PG, 118min) ★★★
12.35 PM **The Guns of Navarone** World War Two adventure. (1961, PG, 150min) ★★★★
3.20 **Lawrence of Arabia** Epic biopic starring Peter O'Toole. (1962, PG, 221min) ★★★★★

7.00 **Three Days of the Condor** Thriller starring Robert Redford and Faye Dunaway. A bookish CIA researcher on the run from rogue agents kidnaps a photographer to stay alive. (1975, 15, 118min) ★★★★
9.00 **Donnie Brasco** Fact-based crime drama starring Al Pacino and Johnny Depp. An ageing gangster takes a young man under his wing, unaware that he is an undercover FBI agent. (1997, 18, 126min) ★★★★
11.10 **Carlito's Way** Crime thriller with Al Pacino and Sean Penn. (1993, 18, 145min) ★★★★
1.40 AM **Whiplash** Music drama. (2014, 15, 104min) ★★★★★
3.40 **to 6.00** AM **Speed 2: Cruise Control** Action thriller sequel. (1997, PG, 125min) ★★

Sky Cinema Animation

305 305 412 500 514

6.30 AM **Bon Voyage, Charlie Brown**
7.50 **Curious George** Animation. (2006, U, 87min) ★★★★
9.20 **Curious George 2: Follow That Monkey!** (2009, U) ★★
10.45 **Curious George 3: Back to the Jungle** Animated adventure sequel. (2015, U, 81min) ★★
12.15 PM **Curious George: Royal Monkey** Animated adventure. (2019, U, 86min) ★★

1.45 **Gnomeo & Juliet** Animated comedy. (2011, U, 83min) ★★★
3.25 **Duck Duck Goose** Animation. (2018, 15, 91min) ★★
5.00 **The Road to El Dorado** Animated comedy adventure. (2000, U, 89min) ★★
6.35 **Space Chimps** Animated sci-fi adventure. (2008, U, 81min) ★★
8.00 **Space Chimps 2: Zartog Strikes Back** Animated sci-fi sequel. (2010, U, 72min) ★
9.35 **Bon Voyage, Charlie Brown** Animation. (1980, U, 70min) ★★

11.05 **Okko's Inn** Animated fantasy. (2018, PG, 94min) ★★★
12.55 AM **Brightheart 2: Firefly Action Brigade** (2020, U) ★★
2.40 **The Fairy Princess & the Unicorn** (2019, U) ★★
4.20 **to 6.00** AM **Asterix: Mansions of the Gods** (2014, PG) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **Off Set** With Ben Miller.
7.30 **Lightning Guns** Western. (1950, b/w, U, 55min) ★★
8.40 **The China Syndrome** Thriller. (1979, PG, 122min) ★★★★
11.15 **Chuka** Western. (1967, PG) ★★
1.30 PM **Streets of Ghost Town** Western. (1950, b/w, U) ★★
2.40 **The Walking Hills** Western. (1949, b/w, PG, 78min) ★★

4.20 **Badman's Country** Western. (1958, b/w, PG, 85min) ★★
5.50 **Cow Country** Western. (1953, b/w, U, 81min) ★★
7.35 **Secret of Treasure Mountain** Western starring Valerie French. (1956, b/w, U, 68min) ★★
9.00 **Ocean's Eleven** Caper thriller with George Clooney, Brad Pitt, Julia Roberts and Matt Damon. (2001, 12, 116min) ★★★★
11.20 **Out for Justice** Martial arts action thriller starring Steven Seagal. (1991, 18, 91min) ★
1.15 AM **Marnie** Hitchcock thriller. (1964, 15, 130min) ★★★
3.40 **Off Set** With Jamie Cullum.
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **The Six Men** Crime drama. (1951, b/w, PG, 66min) ★★
7.20 **Talking Pictures with Freddie Davies**
7.55 **Crackerjack** (1938, b/w, U) ★★
9.30 **Stop Press Girl** Comedy. (1949, b/w, U, 78min) ★★
11.05 **Moss Rose** Period thriller. (1947, b/w, PG, 83min) ★★
12.45 PM **The Stars Look Down** Drama. (1939, b/w, PG) ★★★

2.40 **The Keys of the Kingdom** Drama starring Gregory Peck. (1944, b/w, PG, 137min) ★★
5.25 **Anna and the King of Siam** Period drama starring Rex Harrison and Irene Dunne. (1946, b/w, 12, 128min) ★★★★
8.00 **Justice** *Duty of Care:* 3/13. (S3)
9.00 **Steptoe & Son Ride Again** Spin-off from the popular TV comedy series, starring Wilfrid Brambell and Harry H Corbett as father and son rag-and-bone men. (1973, PG, 98min) ★★★
11.00 **The Outsiders** Drama. (1983, 12, 91min) ★★★
12.55 AM **Water** Comedy with Michael Caine. (1985, 15, 100min) ★★
2.55 **Resurrected** Wartime drama. (1989, 15, 85min) ★★
4.45 **The Blacksmith at Work**
5.00 **to 6.00** AM **Burke's Law**

Horror

317 149 69 138

8.00 AM **First Wave** 9/22. (S1)
9.00 **Battlestar Galactica** 8/24. (S1)
10.00 **The Prisoner** 5/17. (S1)
11.00 **The Exterminators** (2013, 15) ★
12.35 PM **Tales from the Darkside**
1.00 **AE: Apocalypse Earth** Thriller. (2013, PG, 87min) ★★
3.00 **Andromeda** 14/22. (S5)
4.00 **King Arthur's Sword** Fantasy. (2017, PG, 85min) ★★
6.00 **The Prisoner** 6/17. (S1)

7.00 **Battlestar Galactica** *The Gun on Ice Planet Zero – Part Two:* 9/24. Apollo leads a group of prisoners through icy wastelands. (S1)
8.00 **Star Trek** *The Omega Glory:* 23/26. The team encounter a crewless starship. (S2)
9.00 **Wolves** Horror starring Lucas Till and Stephen McHattie. A teenager discovers he is a werewolf and joins a community of the monsters, but forms a deadly rivalry with the pack leader. (2014, 15, 91min) ★★
10.50 **Await Further Instructions** Horror. (2018, 15, 91min) ★★
12.40 AM **Pet** Thriller. (2016, 18) ★★★
2.30 **to 4.30** AM **Urban Legends: Bloody Mary** Horror thriller sequel. (2005, 15, 93min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.00 AM **Grand Isle** Action thriller. (2019, 15, 97min) ★★
7.45 **Angels & Demons** Mystery. (2009, 12, 138min) ★★
10.05 **The Little Things** As 12.15am.
12.15 PM **Naked Singularity** Crime comedy. (2021, 15) ★★★
2.00 **Red Lights** (2012, 15) ★★★
4.00 **Mission: Impossible** Thriller. (1996, PG, 110min) ★★★
5.55 **Mission: Impossible II** Thriller sequel starring Tom Cruise. (2000, 15, 124min) ★★★★

4.00 Mission: Impossible

8.00 **Munich** Steven Spielberg's political thriller starring Eric Bana, Daniel Craig and Geoffrey Rush. A Mossad hit squad get caught in a spiral of violence when they target Palestinian terrorists responsible for the massacre of Israeli athletes at the 1972 Munich Olympics. (2005, 15, 164min) ★★★★
SEX ●○○ VIOLENCE ●●○ LANG ●○○

10.45 **Crank** Action thriller starring Jason Statham and Amy Smart. (2006, 18, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Little Things** Crime drama starring Denzel Washington and Rami Malek. (2021, 15, 128min) ★★★★
2.25 **Revolver** Guy Ritchie's crime thriller starring Jason Statham. (2005, 15, 115min) ★
4.25 **to 6.00** AM **Coyote Lake** Thriller. (2018, 15, 93min) ★★

Sky Cinema Drama

310 310 854 410 510 524

6.35 AM **Driveways** Drama. (2019, 12, 83min) ★★★★
8.10 **From The Vine** As 2.10am.
9.50 **Critical Thinking** As 3.55am.
11.50 **Milk** Biopic with Sean Penn. (2008, 15, 128min) ★★★★
2.05 PM **St Elmo's Fire** Drama. (1985, 15, 108min) ★★★
3.55 **Enemy at the Gates** World War Two military drama. (2001, 15, 131min) ★★★★
6.10 **Love Happens** Comedy drama. (2009, 12, 108min) ★★★

6.10 Love Happens

8.00 **Chef** Comedy directed by and starring Jon Favreau. A man quits his job at a restaurant and teams up with his ex-wife, his friend and his son to launch a food truck in Miami. With Robert Downey Jr and Scarlett Johansson. (2014, 15, 114min) ★★★★
SEX ●○○ VIOLENCE ●○○ LANG ●●●

10.00 **The Hundred-Foot Journey** Comedy drama starring Helen Mirren and Om Puri. An Indian family emigrate to France to open a restaurant, leading to a feud with the proprietor of a local establishment. (2014, PG, 119min) ★★★
SEX ●○○ VIOLENCE ●○○ LANG ●○○

12.05 AM **Let Him Go** Crime drama. (2020, 15, 113min) ★★★
2.10 **From The Vine** Drama. (2019, 12, 97min) ★★★
3.55 **to 6.00** AM **Critical Thinking** Drama with John Leguizamo. (2020, 15, 117min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **Archive** Sci-fi drama. (2020, 15, 109min) ★★★
7.55 **The Dark** As 4.10am.
9.30 **Star Trek: Nemesis** Adventure. (2002, 12, 116min) ★★★
11.30 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
1.30 PM **The Matrix Reloaded**
4.00 **The Omen** Horror remake. (2006, 15, 110min) ★★
6.00 **Terminator 3: Rise of the Machines** Sci-fi thriller sequel. (2003, 12, 109min) ★★★

4.00 The Omen

8.00 **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale, Sam Worthington and Anton Yelchin. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★
SEX ●○○ VIOLENCE ●○○ LANG ●○○

10.00 **Candyman** Horror chiller starring Virginia Madsen and Tony Todd. (1992, 18, 97min) ★★★★
SEX ●●○ VIOLENCE ●●○ LANG ●●○

11.45 **The Matrix Reloaded** Sci-fi thriller sequel starring Keanu Reeves. With only 36 hours to go before a machine army overwhelm the underground city of Zion, hope rests on the messiah-like Neo to save humanity from the Matrix. (2003, 15, 137min) ★★★★
2.10 AM **The Omen** As 4.00pm.
4.10 **to 6.00** AM **The Dark** Chiller starring Maria Bello and Sean Bean. (2005, 15, 93min) ★★

Sky Cinema Oscars

302 302 856 402 502 516

6.45 AM **The Ten Commandments**
10.35 **On the Waterfront** Classic Oscar-winning drama. (1954, b/w, PG, 108min) ★★★★★
12.35 PM **The Theory of Everything** Biopic of Stephen Hawking, starring Eddie Redmayne. (2014, 12, 120min) ★★★★
2.45 **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
5.35 **Apollo 13** Fact-based drama starring Tom Hanks. (1995, PG, 140min) ★★★★

8.00 Gravity

8.00 **Gravity** Space thriller starring Sandra Bullock and George Clooney. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★★★★
SEX ●○○ VIOLENCE ●○○ LANG ●○○

9.45 **Chinatown** Roman Polanski's thriller starring Jack Nicholson and Faye Dunaway. A private investigator takes a routine matrimonial case and stumbles into a web of deceit and murder. (1974, 15, 131min) ★★★★★
SEX ●○○ VIOLENCE ●●○ LANG ●●○

12.05 AM **Suicide Squad** Fantasy adventure based on the DC Comics, starring Will Smith, Margot Robbie and Jared Leto. (2016, 15, 123min) ★★★
2.15 **to 6.00** AM **The Ten Commandments** Cecil B DeMille's epic biblical drama starring Charlton Heston. (1956, U, 219min) ★★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Santa Fe Passage** Western. (1955, U) ★★★
12.50 PM **The Admirable Crichton** Comedy. (1957, U) ★★★
2.40 **Appointment with Danger** Thriller. (1949, b/w, PG) ★★
4.30 **Kansas Raiders** Western. (1950, PG, 80min) ★★
6.20 **The Hunger Games: Mockingjay – Part 2** Sci-fi adventure sequel. (2015, 12, 134min) ★★★★

9.00 Black and Blue

8 PM **The Hunger Games: Mockingjay – Part 2** (film started at 6.20pm)
SEX ●○○ VIOLENCE ●○○ LANG ●○○

9 PM **9.00** **Black and Blue** Crime drama starring Naomie Harris and Tyrese Gibson. A rookie cop finds herself targeted by corrupt police and gangsters when she witnesses a drug dealer's murder. With Frank Grillo. (2019, 15, 108min) ★★★
SEX ●○○ VIOLENCE ●●○ LANG ●●○

10 PM **11.10** NEW **Twice As Good** Drama starring Joan Iyiola.
11.25 **Raw Deal** Action thriller with Arnold Schwarzenegger as an ex-FBI agent sent to infiltrate the Chicago underworld. (1986, 18, 106min) ★★
1.35 **to 3.50** AM **Cold Skin** Fantasy horror starring Ray Stevenson and David Oakes. (2017, 15, 108min) ★★★

11 PM

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Woman on the Beach** Thriller. (1947, PG, 71min) ★★
7.25 **Angel Face** (1952, b/w) ★★★
9.10 **She Played With Fire** Drama. (1957, b/w, PG, 95min) ★★
11.00 **84 Charing Cross Road** Drama. (1986, U, 97min) ★★★★
1.05 PM **Operation Dames** Drama. (1959, b/w, PG, 74min) ★★
2.45 **We'll Meet Again** Musical. (1943, b/w, U, 83min) ★★
4.30 **Every Time We Say Goodbye** Romantic drama starring Tom Hanks. (1986, 15, 98min) ★★
6.25 **The Odessa File** Suspense thriller starring Jon Voight. (1974, PG, 129min) ★★★
9.00 **Waterloo** Historical drama chronicling the events leading up to the 1815 battle, starring Rod Steiger, Christopher Plummer and Orson Welles. (1970, U, 132min) ★★★
11.40 **Sirocco** Romantic thriller. (1951, b/w, PG, 98min) ★★
1.40 AM **Hellgate** Western. (1952, b/w, PG, 87min) ★★
3.25 **Machine-Gun Kelly** Crime drama. (1958, b/w, 15) ★★
4.50 **to 6.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **A Case of Murder: Garage Sale Mystery** (2017, PG) ★★
11.00 **Missing Daughter** Thriller. (2017, 12, 93min) ★★
1.00 PM **Garage Sale Mystery: All That Glitters** (2014, PG) ★
2.50 **Under Fire** Suspense thriller. (2016, PG, 95min) ★★
4.35 **The Wackiest Ship in the Army** World War Two comedy. (1960, U, 95min) ★★★
6.40 **Vertical Limit** Thriller starring Chris O'Donnell, Bill Paxton and Robin Tunney. A nature photographer leads a perilous rescue mission to save a group of stranded mountaineers. (2000, 12, 124min) ★★
9.00 **Inferno** Thriller starring Tom Hanks and Felicity Jones. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions. With Irrfan Khan. (2016, 12, 121min) ★★★
11.25 **The Guest** Darkly comic thriller. (2014, 15, 100min) ★★★★
1.30 AM **Killerman** Action drama. (2018, 15, 112min) ★★★
3.45 **to 6.00** AM **The Little Vampire** Horror comedy. (2000, U) ★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Last of the Badmen** Western. (1957, PG, 75min) ★★
7.50 **Hijack** Thriller. (1999, 15) ★★
9.35 **Queen of the Desert** Biopic. (2015, PG, 128min) ★★
11.55 **Man in the Saddle** Western. (1951, PG, 87min) ★★★
1.45 PM **Indian Uprising** Western. (1951, U, 75min) ★★★
3.25 **The Blitz on Cologne** The Allied bombing raids on the city.
4.40 **The Key** World War Two melodrama with William Holden. (1958, b/w, 12, 134min) ★★★
7.10 **Seattle Superstorm** Disaster movie starring Esai Morales. (2012, PG, 95min) ★★
9.00 **The Hard Corps** Action thriller starring Jean-Claude Van Damme. A troubled combat veteran is hired as a bodyguard by a former boxing champion to protect him and his family from a vengeful music mogul. (2006, 15, 110min) ★★★
11.15 **Area of Conflict** Crime drama. (2017, 15, 94min) ★★
1.00 AM **A Time for Killing** Western. (1968, 15, 83min) ★★
2.45 **to 4.00** AM **Operation Dames** War drama. (1959, b/w, PG) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **You Had Me at Aloha**
9.00 **South Beach Love** As 9.00pm.
11.00 **Love in Harmony Valley**
1.00 PM **Love, Alaska** As 1.00am.
3.00 **Designed with Love** Romantic drama starring Kelly Van Der Burg. (2020, PG, 85min) ★★
5.00 **Love in Full Swing** Drama with Sarah Smyth, Andrew Dunbar and Matthew Kevin Anderson. (2020, PG, 90min) ★★
7.00 **You Had Me at Aloha** Romantic drama starring Pascale Hutton and Kavan Smith. Two TV presenters are thrown together as the co-hosts of a popular travel show filmed in Hawaii. (2021, PG, 84min) ★★
9.00 **South Beach Love** Romantic comedy starring William Levy and Taylor Cole. Two chefs whose relationship was ended by their career plans are reunited while catering rival parties. (2021, PG, 83min) ★★
11.00 **Love in Harmony Valley** Drama. (2020, PG, 88min) ★★
1.00 AM **Love, Alaska** Romantic comedy. (2019, PG, 95min) ★★
3.00 **to 5.00** AM **Designed with Love** As shown at 3.00pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **The Spy Who Loved Me** *ITV4* James Bond adventure starring Roger Moore. Agent 007 joins forces with a beautiful Russian spy to stop a megalomaniac villain. With Barbara Bach. ★★★
9.00 **Shakespeare in Love** *BBC4* Oscar-winning romantic comedy starring Joseph Fiennes and Gwyneth Paltrow. Struggling playwright William Shakespeare is inspired to write *Romeo and Juliet* by a headstrong young lady who yearns to act. ★★★★★
10.00 **The Fifth Element** *5STAR* Sci-fi fantasy adventure starring Bruce Willis and Milla Jovovich. A 23rd-century New York taxi driver and an enigmatic young woman race to save the planet from an evil force. ★★★★★
10.00 **Arctic Apocalypse** *Syfy* Disaster movie starring Lauren Esposito and Eric Paul Erickson. ★★
10.55 **Iris** *BBC4* Drama starring Judi Dench and Jim Broadbent. ★★
12.30 AM **Replicas** *5STAR* Sci-fi thriller, starring Keanu Reeves and Alice Eve. ★★★

THURSDAY Sport

17 March

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

- **6.00** AM **LIVE ICC Women's World Cup New Zealand v South Africa.** Coverage of the group match taking place at Seddon Park in Hamilton, New Zealand.
- **8.05** **Good Morning Sports Fans**
- **9.00** **LIVE NRL Melbourne Storm v South Sydney Rabbitohs.** Coverage of the match staged at AAMI Park. Kick-off **9.05am**.
- **11.00** **LIVE DP World Tour Golf** Coverage of the opening day of the Steyn City Championship from The Club at Steyn City in Johannesburg, South Africa.
- **3.30** PM **LIVE PGA Tour Golf** Coverage of the opening day of the Valspar Championship which is taking place at the Innisbrook Resort in Palm Harbour, Florida.
- **7.30** **LIVE Betfred Super League Wigan Warriors v Castleford Tigers.** The top-flight match from DW Stadium. Kick-off **8.00pm**.
- **10.00** **LIVE ICC Women's World Cup Bangladesh v West Indies.** Coverage of the group match staged at Bay Oval in Mount Maunganui, New Zealand.
- **5.05** **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

- **6.00** AM **PL Greatest Games**
- **6.30** **Premier League** Brighton & Hove Albion v Tottenham Hotspur.
- **8.15** **Premier League** Another chance to see Arsenal v Liverpool.
- **10.00** **The Football Show**
- **12.00** NOON **Gary Neville's Soccerbox** Triple bill.
- **1.30** PM **Premier League** Brighton & Hove Albion v Tottenham Hotspur.
- **3.15** **Premier League** Another chance to see Arsenal v Liverpool.
- **5.00** **Premier League 100 Club**
- **6.00** **Premier League World**
- **6.30** **Inside the WSL** The latest news.
- **7.00** **Premier League Matchpack**
- **7.30** **Premier League World** A round-up of the latest headlines.
- **8.00** **Inside the WSL** The latest news.
- **8.30** **Gary Neville's Soccerbox**
- **9.00** **Premier League Matchpack**
- **9.30** **Premier League World**
- **10.00** **Inside the WSL** The latest news.
- **10.30** **PL Retro** Manchester United v Liverpool from the 08/09 season.
- **12.30** AM **Premier League Icons**
- **1.00** **Premier League Years**
- **3.00** **PL Greatest Games**
- **4.00** **PL Best Goals** Double bill.
- **5.30** **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

- **6.00** AM **Football's Greatest Players**
- **6.30** **Football Countdowns**
- **7.00** **Football Years**
- **7.30** **EFL Greatest Games**
- **8.15** **SPFL Greatest Games**
- **9.00** **EFL Goals: Leagues 1 & 2**
- **9.30** **EFL Highlights**
- **10.30** **SPFL Greatest Games**
- **11.00** **EFL Cup Retro 16**
- **1.45** PM **Retro L1 Final 19**
- **3.45** **EFL Play Off Finals C'Ship 09/10** Blackpool v Cardiff City.
- **5.15** **EFL Greatest Games**
- **5.45** **SPFL Greatest Games**
- **6.00** **EFL Rivalries: East Anglian Derby** Norwich City v Ipswich Town.
- **6.30** **Bundesliga Weekly**
- **7.00** **EFL Highlights**
- **7.30** **EFL Goals: Leagues 1 & 2**
- **8.00** **EFL Highlights**
- **8.30** **Bundesliga Weekly** A preview ahead of the weekend's action.
- **9.00** **EFL Highlights**
- **11.00** **EFL Greatest Games**
- **12.00** M'T **Retro Championship Playoff Final 2010**
- **2.00** AM **Championship Season Review 14/15**
- **3.00** **EFL Cup Final 19**
- **4.00** **EFL Cup Final 20**
- **5.00** **to 6.00** AM **EFL Cup Highlights**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

- **6.00** AM **LIVE ICC Women's World Cup New Zealand v South Africa.** Coverage of the group match at Seddon Park in Hamilton.
- **8.05** **Test Cricket** India v Sri Lanka.
- **10.00** **Best of the Women's World T20** England v New Zealand.
- **10.15** **Best of the ICC Women's World Cup** Action from 2013.
- **11.00** **Great Women: Stars of ODI Cricket** A profile of top players.
- **12.00** NOON **ICC Women's World Cup** Double bill.
- **2.00** PM **Great Women: Stars of ODI Cricket** A player profile.
- **3.00** **ICC Women's World Cup**
- **6.00** **Women's World T20 Classics**
- **6.30** **ICC Women's World Cup** Highlights of England v India.
- **7.30** **ICC Women's World Cup** New Zealand v South Africa.
- **8.30** **ICC Women's World Cup** Highlights of England v India.
- **9.30** **LIVE ICC Women's World Cup Bangladesh v West Indies.** Coverage of the group match taking place at Bay Oval.
- **5.05** AM **Women's World T20 Classics** England v Australia.
- **5.25** **to 6.00** AM **ICC Women's World Cup 2017**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

- **6.00** AM **PGA Tour: The Cut**
- **6.30** **European Challenge Tour Golf**
- **7.00** **PGA Tour Golf**
- **8.00** **DP World Tour Golf** Highlights of the Pecanwood Classic.
- **9.00** **PGA Tour: The Cut**
- **9.30** **European Challenge Tour Golf** Highlights of the SDC Open.
- **10.00** **LIVE Ladies European Tour Golf** Coverage of the opening day of the Aramco Saudi Ladies International taking place at the Royal Greens Golf & Country Club.
- **10.30** **LIVE DP World Tour Golf** Coverage of the opening day of the Steyn City Championship from The Club at Steyn City in Johannesburg, South Africa.
- **3.30** PM **LIVE PGA Tour Golf** The opening day of the Valspar Championship at the Innisbrook Resort in Palm Harbour, Florida.
- **10.00** **Ladies European Tour Golf** The opening day of the Aramco Saudi Ladies International Classic.
- **2.00** AM **St Andrews – 150th Open Film** A commemorative film.
- **4.00** **PGA Tour Classic**
- **5.00** **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 870 | 527 | 408 430

- **6.00** AM **Fishing: On the Bank**
- **7.00** **Test Cricket Highlights** Action from day one of the second Test between New Zealand and Bangladesh at Hagley Oval.
- **8.00** **LIVE AFL Carlton v Richmond.** Coverage of the match taking place at Melbourne Cricket Ground. Bounce-up **8.25am**.
- **11.00** **The Football's On** A humorous look at the week's football stories.
- **12.00** NOON **Premier League World**
- **12.30** PM **Test Cricket Highlights** Action from day one of the second Test between New Zealand and Bangladesh at Hagley Oval.
- **1.30** **LIVE Test Cricket West Indies v England.** Coverage of the second day of the second Test in the three-match series, staged at Kensington Oval in Barbados.
- **10.00** **Premier League Match Pack** A preview of this weekend's action.
- **10.30** **UFC Fight Camp**
- **11.00** **LIVE NCAA Championship** An NCAA Wrestling Championships second round match-up.
- **2.30** AM **AFL** A replay of Carlton Blues v Richmond Tigers.
- **4.30** **to 6.00** AM **Gallagher Premiership Rugby**

BT Sport 2

414 414 871 | 528 | 409 431

- **6.00** AM **Primeira Liga**
- **7.00** **Premier League Reload**
- **7.15** **WWE NXT** Wrestling action.
- **9.00** **ESPN FC** Football news.
- **9.30** **Test Cricket Highlights**
- **10.30** **Badminton Unlimited**
- **11.00** **LIVE Badminton** Coverage of the Yonex All England Badminton Championships, taking place at the Utilita Arena Birmingham.
- **5.00** PM **UFC** A preview at The O2.
- **6.00** **BT Sport United**
- **6.15** **Rugby Walks** Brian O'Driscoll.
- **7.15** **LIVE UEFA Europa League** Coverage of a match in the UEFA Europa League.
- **10.30** **UEFA Europa League Highlights** Tonight's action.
- **11.45** **The Football's On** A humorous look at the week's football stories.
- **12.45** AM **BT Sport Goals Reload**
- **1.00** **LIVE MotoGP** Coverage of FP1 at the Grand Prix of Indonesia.
- **3.45** **FIM SuperEnduro World Championship**
- **4.15** **FIM X-Trial World Championship Highlights**
- **5.15** **to 6.00** AM **LIVE MotoGP** Coverage of FP2 at the Grand Prix of Indonesia.

BT Sport 3

417 417 874 | 529 | 410 432

- **6.00** AM **UEFA Champions League**
- **8.00** **UEFA Champions League Tonight** The latest action.
- **9.00** **Europa League Magazine**
- **10.00** **Premier League Reload**
- **10.15** **BT Sport Goals Reload**
- **10.30** **Primeira Liga**
- **11.30** **Serie A – Full Impact**
- **12.00** NOON **UEFA Champions League** Double bill.
- **2.00** PM **UEFA Champions League Tonight** The latest action.
- **3.00** **Ligue 1 Show**
- **3.30** **WWE Friday Night SmackDown**
- **5.00** **UEFA Europa League Goals Reload** Memorable strikes.
- **5.00** **LIVE UEFA Europa League Red Star Belgrade v Rangers.** The last-16 second-leg at Rajko Mitic Stadium. Kick-off 5.45pm.
- **8.15** **LIVE UEFA Europa League Eintracht Frankfurt v Real Betis.** The last-16 second-leg from Deutsche Bank Park.
- **10.00** **WWE NXT Highlights**
- **11.00** **AFL** Blues v Tigers.
- **1.30** AM **UEFA Europa League**
- **3.30** **UEFA Europa Conference League** Recent action.
- **4.30** **Premier League Match Pack**
- **5.00** **to 6.00** AM **A-League**

Sky Sports Action

407 407 865 | 517 507 | 426 446

- **6.00** AM **NFL: America's Game**
- **7.00** **NFL Bitesize Highlights**
- **7.30** **Premier League Darts**
- **11.00** **Good Morning Football**
- **2.00** PM **NFL Bitesize Highlights** Tampa Bay Buccaneers v Philadelphia Eagles.
- **2.15** **NFL Bitesize Highlights** Dallas Cowboys v San Francisco 49ers.
- **2.30** **NFL Bitesize Highlights** Kansas City Chiefs v Pittsburgh Steelers.
- **2.45** **NFL Bitesize Highlights** Los Angeles Rams v Arizona Cardinals.
- **3.00** **Fight Night**
- **5.00** **NBC's Pro-Football Talk**
- **7.00** **LIVE Premier League Darts** Coverage of the sixth night of the tournament at Motorpoint Arena Nottingham, including Michael van Gerwen v Gerwyn Price, and Joe Cullen v Peter Wright.
- **10.30** **Legends of Darts** A profile of ex-world champion Eric Bristow.
- **10.45** **Legends of Darts** A profile of ex-world champion Jocky Wilson.
- **11.00** **Fight Night** Action from Amir Khan v Kell Brook.
- **12.00** M'T **Total Access**
- **1.00** AM **NFL Bitesize Highlights**
- **2.00** **Premier League Darts**
- **5.30** **to 6.00** AM **Darts Gold**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

- **6.00** AM **Fighting Fit 2020**
- **7.00** **Fit In 5**
- **7.30** **My Icon**
- **8.00** **Super League Highlights**
- **10.00** **LIVE Ladies European Tour Golf** Coverage of day one of the Aramco Saudi Ladies International which is taking place at the Royal Greens Golf & Country Club.
- **2.00** PM **Show Jumping** A replay of the Dutch Masters.
- **3.00** **Fighting Fit 2020**
- **4.00** **Netball Superleague** Team Bath v Loughborough Lightning.
- **6.00** **Super Bowl LVI** Extended highlights of Cincinnati Bengals v Los Angeles Rams.
- **8.00** **NBA Classics** Game six of the 2014 Western Conference Final between Oklahoma City Thunder and San Antonio Spurs.
- **9.00** **NBA Heatcheck** Jaydee Dyer is joined by BJ Armstrong, Ovie Soko and Mo Mooncey.
- **9.30** **NBA Action** A round-up of the latest matches and news from this week in the NBA season.
- **10.00** **Top Rank Boxing Archive**
- **2.00** AM **Premier League Darts** Night six from Nottingham.
- **5.30** **to 6.00** AM **Darts Gold**

BT Sport/ESPN

423 423 876 | 530 | 411 434

- **6.30** AM **ESPN SportsCenter**
- **6.45** **Around the Horn**
- **7.15** **Pardon the Interruption**
- **7.45** **ESPN SportsCenter**
- **8.00** **ESPN FC** Football news.
- **8.30** **NCAA Basketball Tournament**
- **12.00** NOON **ESPN FC** Football news.
- **12.30** PM **NCAA Basketball**
- **4.00** **Pardon the Interruption**
- **4.30** **ESPN SportsCenter**
- **4.45** **ESPN FC Presents: Gab & Juls**
- **5.15** **LIVE UEFA Europa League Rennes v Leicester City.** The last-16 second-leg match at Roazhon Park. Kick-off **5.45pm**.
- **8.15** **LIVE UEFA Europa League AS Roma v Vitesse.** Coverage of the last-16 second-leg match staged at Stadio Olimpico.
- **10.00** **LIVE NCAA Basketball** Coverage of matches in the first round of March Madness.
- **4.30** **Around the Horn**
- **5.00** **Pardon the Interruption**
- **5.30** **to 6.00** AM **ESPN FC Presents**

Eurosport 1

410 410 868 | 521 | 412 435

- **6.00** AM **Motocross World Championship**
- **6.30** **Bennetts British Superbikes**
- **6.45** **Alpine Skiing**
- **8.45** **LIVE Alpine Skiing** Coverage from Courchevel, France.
- **12.00** NOON **Alpine Skiing**
- **2.35** PM **LIVE Biathlon** Coverage of the World Cup meeting from Holmenkollen in Norway.
- **4.05** **Snowboarding: Charlotte Bankes**
- **4.20** **Alpine Skiing: Dave Ryding**
- **4.30** **Alpine Skiing**
- **6.30** **Golf: PGA Tour Weekly**
- **7.00** **Cycling: Nokere Koerse**
- **8.00** **Cycling: Grand Prix de Denain**
- **9.00** **Cycling: Milan-Torino**
- **10.00** **Alpine Skiing**
- **12.00** **Cycling: Grand Prix de Denain**
- **1.00** AM **Cycling: Milan-Torino**
- **2.00** **Alpine Skiing**
- **4.00** **Cycling: Grand Prix de Denain**
- **5.00** **to 6.00** AM **Cycling: Milan-San Remo**

Eurosport 2

411 411 869 | 522 | 413 436

- **6.00** AM **Cycling: Nokere Koerse**
- **8.00** **FIA World Endurance Championship**
- **10.00** **Motocross World Championship**
- **11.00** **Cycling: Milan-Torino**
- **12.00** NOON **Cycling: Nokere Koerse**
- **1.00** PM **LIVE Cycling: Grand Prix de Denain** Coverage of the annual event, as riders tackle a 200.3km course starting and ending in Denain, France.
- **3.00** **Snooker: Gibraltar Open Final**
- **4.00** **FIA World Endurance Championship**
- **6.00** **British Superbikes: Race of 2021** The race of the season.
- **7.00** **Alpine Skiing**
- **8.00** **Olympic Games Hall Of Fame**
- **9.00** **FIA World Endurance Championship**
- **10.00** **Cycling: Grand Prix de Denain**
- **11.00** **Cycling: Milan-Torino**
- **12.00** M'T **Alpine Skiing**
- **2.00** AM **Masters Snooker**
- **4.00** **to 6.00** AM **Alpine Skiing**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

- **6.00** AM **Rugby League Retro**
- **8.00** **NRL Try Time**
- **9.00** **LIVE NRL Melbourne Storm v South Sydney Rabbitohs.** From AAMI Park. Kick-off **9.05am**.
- **11.00** **Super League Highlights**
- **12.00** NOON **Top Rank Boxing Archive**
- **3.00** PM **NBA: The Way We Ball**
- **4.30** **NBA Basketball**
- **6.30** **NBA GameTime**
- **7.00** **Super League Highlights**
- **7.30** **LIVE Betfred Super League Wigan Warriors v Castleford Tigers.** Coverage from DW Stadium. Kick-off **8.00pm**.
- **10.15** **Super League Highlights**
- **10.30** **TNT Pre-Game Show**
- **11.00** **LIVE NBA Basketball Detroit Pistons v Orlando Magic.** At Amway Centre. Tip-off **11.00pm**.
- **1.30** AM **Inside the NBA**
- **2.30** **NBA Heatcheck**
- **3.00** **NBA Action**
- **3.30** **Super League Highlights**
- **4.00** **to 6.00** AM **Rugby League Retro**

Sky Sports F1

406 406 864 | 516 506 | 425 445

- **6.00** AM **Formula One: Best of 2021**
- **10.00** **The Weekend Debrief**
- **11.00** **Reliving 2019**
- **12.00** NOON **Formula 1** Action from the 2020 Bahrain Grand Prix.
- **2.30** PM **The Weekend Debrief**
- **3.30** **Formula 1** Action from the 2021 Bahrain Grand Prix.
- **5.45** **Daniel Ricciardo's NASCAR Run**
- **5.55** **Data in F1**
- **6.00** **The Weekend Debrief**
- **7.00** **The Notebook**
- **7.30** **Any Driven Monday**
- **8.00** **Duel: Hamilton v Verstappen**
- **10.00** **Any Driven Monday**
- **10.30** **The Weekend Debrief**
- **11.30** **Formula 1** Action from the 2020 Bahrain Grand Prix at the Bahrain International Circuit.
- **12.30** AM **Formula 1** Highlighs from the 2021 Bahrain Grand Prix.
- **1.30** **Mick Schumacher Drives The Jordan**
- **1.45** **to 6.00** AM **Formula One: Best of 2021**

SKY HD SD | VIRGIN HD | BT HD

Friday

18 March

Evening Planner

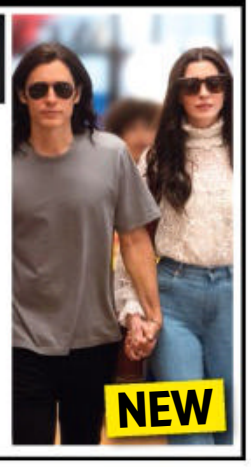
Entertainment

Comic Relief
BBC1 HD & BBC 2 HD, from 7pm
Sir Lenny Henry oversees this evening's proceedings. Among the highlights is Kylie Minogue starring in comedy *Ghosts*

OnDemand

tv+

WeCrashed
Available today
Jared Leto and Anne Hathaway star in this fact-based drama about the rise and fall of the valuable internet startup



OnDemand

NETFLIX

Top Boy
Available today
A new series of the Netflix-revived drama kicks off with drug kingpin Dushane (Ashley Walters) going international

OnDemand

prime

Deep Water
Available today
Psychological thriller starring Ben Affleck as a husband under suspicion when his wife's lover disappears

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Comic Relief						10.00 News; Local News	10.35 Comic...
102 BBC2	7.00 MOTDx	7.30 Inside Culture...	8.00 Gardeners' World		9.00 Earth's Great Rivers II		10.00 Comic Relief at...	10.35 Newsnight
103 ITV	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Grantchester		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Grayson's Art Club		9.00 Gogglebox		10.00 The Last Leg	
105 CHANNEL 5	7.00 World's Most Scenic River Journeys		8.00 Submarine: Life Under the Waves		9.00 Inside Chernobyl with Ben Fogle			10.30 Film: The Hunt...
106 SKY SHOWCASE	7.00 The Simpsons			8.30 Modern Family	9.00 Rob & Romesh vs Team GB: Part 2		10.00 Dating No Filter	10.30 The Late Late...
ENTERTAINMENT								
117 BBC3	7.00 Athletics: World Indoor Championships – Live			8.20 MasterChef Australia	9.15 Film: Lady Bird			
116 BBC4	7.00 Dusty		8.00 TOTP: 1992		9.00 St Patrick's Day at the BBC		10.00 Ireland's Greatest Small Music...	
118 ITV2	7.00 Superstore		8.00 Bob's Burgers		9.00 Gordon, Gino & Fred Go Greek			10.15 Family Guy
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Devon and Cornwall		9.00 24 Hours in A&E			
135 E4	7.00 Hollyoaks	7.30 Teen First Dates		8.35 The Big...	9.00 Film: Hitman: Agent 47			
107 SKY WITNESS	7.00 Air Ambulance ER		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
108 SKY ATLANTIC	◂ 6.50 The Sopranos		7.55 Game of Thrones		9.00 Funeral for a Dog			
110 GOLD		7.20 The Green Green Grass	8.00 Dad's Army			9.20 The Good Life	10.00 All Round to Mrs Brown's	
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?	9.00 QI			10.40 Mock...
119 ITV3	7.00 Heartbeat		8.00 Doc Martin				10.05 Law & Order: UK	
120 ITV4	7.00 The Chase Celebrity Special		8.00 The Great British Treasure Hunt		9.00 Film: Mad Max			
112 COMEDY CENTRAL	7.00 Friends				9.00 Chris Ramsey: Approval Needed		10.00 South Park	
152 SYFY	7.00 Quantum Leap		8.00 Fringe		9.00 Grimm		10.00 Film: Monster Hunters	
113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own		9.00 Rob & Romesh vs Team GB: Part 2		10.00 Dating No Filter	10.30 Brassic
132 ALIBI	7.00 Rizzoli & Isles		8.00 Father Brown		9.00 My Life Is Murder		10.00 Whiskey Cavalier	
130 SKY ARTS	7.00 Johnny Cash – Behind Prison Walls		8.00 Johnny Cash: Song by Song		9.00 Noel Gallagher: Out of the Now			10.30 Oasis Live at...
DOCUMENTARY								
125 DISCOVERY	7.00 Outback Truckers		8.00 Gold Rush		9.00 Conspiracies Decoded		10.00 Legendary Locations	
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Restoration Wild		9.00 Born Mucky: Life on the Farm		10.00 I Was Prey	
129 NAT GEO	7.00 Car S.O.S.		8.00 Dutch Caribbean Coastguards		9.00 Car S.O.S.		10.00 Colossal Machines	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Curse of the Ancients		9.00 Digging for Britain		10.00 Britain's Most Historic Towns	
155 YESTERDAY	7.00 Great British Railway Journeys		8.00 Abandoned Engineering		9.00 Bangers and Cash		10.00 Secrets of the Transport Museum	
121 SKY DOCS	7.00 The Eighties		8.00 First Ladies		9.00 Phoenix Rising			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.20 Escape Room: Tournament of...		8.00 Reminiscence				10.00 Fast & Furious 9	
303 HITS	◂ 6.05 2 Guns		8.00 Mad Max: Fury Road				10.05 The Conjuring: The Devil Made...	
304 GODFATHER	◂ 6.40 The Godfather Part II						10.00 The Godfather Part III	
305 ANIMATION	◂ 6.40 The Prince of Egypt			8.20 The Giant Pear		9.45 The Red Turtle		
306 FAMILY	◂ 6.45 Paddington 2			8.30 The Tiger Rising			10.10 Think Like a Dog	
307 ACTION	◂ 6.30 Monster Hunter		8.15 Wonder Woman 1984					
308 COMEDY	◂ 6.20 Mean Girls		8.00 Liar Liar			9.30 The Other Guys		
309 THRILLER	◂ 5.10 Vanilla Sky	7.30 Flight					10.00 The Birthday Cake	
310 DRAMA	◂ 6.00 How to Lose a Guy in 10 Days		8.00 Eat Pray Love					10.25 Away We Go
311 SCI-FI	◂ 6.30 Cloverfield		8.00 The Unholy			9.50 Event Horizon		
302 OSCARS	◂ 5.40 Inception			8.10 The Fighter			10.10 Warrior	
313 FILM4	◂ 6.50 Super 8				9.00 Mission: Impossible III			
315 TCM MOVIES	◂ 6.55 Separate Tables				9.00 Ocean's Twelve			
SPORT								
401 MAIN EVENT	7.00 FNF – Live: Wolverhampton Wanderers v Leeds United (Kick-off 8.00)							10.30 News
402 PREMIER LEAGUE	7.00 FNF – Live: Wolverhampton Wanderers v Leeds United (Kick-off 8.00)							10.30 PL Matchpack
403 FOOTBALL	7.00 EFL...	7.20 Bundesliga – Live: VfL Bochum v Borussia Monchengladbach (Kick-off 7.30)				9.30 Scotland: Whatever It Takes		10.30 EFL Goals...
404 WORLD CUP	7.00 ICC Women's World Cup				9.00 One-Day International Cricket		10.00 Best of the...	10.30 One-Day...
413 BT SPORT 1	◂ 1.30 Test Cricket – Live: West Indies v England						10.00 WWE NXT UK	
414 BT SPORT 2	7.00 PL Preview	7.30 Premiership Rugby Cup – Live: Newcastle Falcons v Leicester Tigers (Kick-off 7.45)					10.00 Rugby Stories	10.30 UEFA...

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

ONLY 17p AN ISSUE
SUBSCRIPTION OFFER: 6 ISSUES FOR £1*
Simply visit: www.tvandsatsubs.com/X194
*Terms & conditions: magazinesdirect.com/terms.

Friday

BBC1

101 101/115 801 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Crimewatch Live** New edition (S)
10.45 **Caught Red Handed** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Eccleston, Lancashire. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Shakespeare & Hathaway: Private Investigators** (S)(R)(AD)
2.30 **Money for Nothing** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop** New edition Items being restored include a custom-made model boat. (S)
4.30 **Bridge of Lies** New edition Quiz show hosted by Ross Kemp. (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

4.30 Bridge of Lies

7 PM

7.00 NEW **Comic Relief** Sir Lenny Henry, Alesha Dixon, Paddy McGuinness, David Tennant and Zoe Ball head this comedy special from Media City UK, Salford, entertaining the nation with sketches, live performances, big surprises and musical acts. Highlights include a special edition of *The Repair Shop* with Dawn French, Jennifer Saunders and Judi Dench, Kylie Minogue joining forces with the cast of hit BBC sitcom *Ghosts*, Jack Whitehall participating in a game of mini golf with footballers Declan Rice and Mason Mount, and star-studded, adults-only bedtime stories featuring Stephen Fry, Sue Perkins, Alex Brooker and others. Plus, the cast of the West End hit musical *&Juliet* take to the stage to perform two songs. (S)
■ Continues on BBC2

8 PM

9 PM

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.35 NEW **Comic Relief** Further fun and games, with the return of The Great Comic Relief Prizeathon, hosted by AJ Odudu and Joel Dommett. (S)
11.35 **Six Nations Sin Bin** Series finale 5/5. Ahead of the weekend's Six Nations finale, hosts Gabby Logan and Gareth Thomas are joined by actor Ross Kemp. (S)
12.05 AM **FILM Boyz N the Hood** Urban drama starring Larry Fishburne and Cuba Gooding Jr as a father and son confronting violence and racism in South Central LA. (S) (1991, 15, 110min) ★★★★★
1.55 **Weather for the Week Ahead** (S)
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Sign Zone: The Repair Shop** Restoring a drum kit. (S)(R)(AD)
7.30 **Politics UK** (S)
8.15 LIVE **Athletics: World Indoor Championships** Coverage of the morning session on the opening day from Stark Arena in Belgrade, Serbia. *See feature, page 28.* (S)
1.15 PM **FILM School for Scoundrels** Comedy based on the writings of Stephen Potter, with Ian Carmichael. (S) (1959, b/w, U, 90min) ★★★★
2.45 **The Heights** (S1) (S)(R)(AD)
3.15 **Put Your Money Where Your Mouth Is** The week's finale. (S)(R)
4.00 **The Wonder of Animals** (S)(R)
4.30 LIVE **Athletics: World Indoor Championships** The second session on the opening day from Stark Arena in Belgrade, Serbia. (S)
■ Coverage continues on BBC3

8.00 Gardeners' World

7.00 **MOTDx** Football discussion. (S)
7.30 **Inside Culture with Shahidha Bari** New edition 4/5. The role that the arts can play in exploring the climate emergency. (S)
8.00 **Gardeners' World** New edition Monty Don makes a start on his bog garden and demonstrates how to divide perennials and get plants for free, while Arit Anderson plants up a seasonal container inspired by the colours of spring. (S)
9.00 NEW SERIES **Earth's Great Rivers II** 1/4. Documentary revealing the extraordinary animals, astonishing landscapes and remarkable people who live alongside major waterways. (S)
10.00 NEW **Comic Relief at the Movies** A celebration of Comic Relief parodies of movie favourites. (S)
■ Continues on BBC1
10.35 **Newsnight** (S)
11.05 **Weather** (S)
11.10 **The Real Peaky Blinders** 2/2. Historian Carl Chinn explores the evolution of the gang from a mass movement interested in territory and fighting into the first organised crime group in Britain. (S)(R)(AD)
12.10 AM **Sign Zone: Panorama** (S)(R)
12.40 **Sign Zone: Marcus Wareing's Tales from a Kitchen Garden** 2/10. Marcus explore the grand kitchen garden at Gravetye Manor. (S)(R)
1.10 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.40 **Local News** (S)
12.50 LIVE **ITV Racing: Cheltenham Festival** Ed Chamberlin and Francesca Cumani present the fourth day of the festival, including feature race the 3.30 Boodles Cheltenham Gold Cup, plus races at 1.30, 2.10, 2.50 and 4.10. (S)
4.30 **Tipping Point: Best Ever Finals** New edition Compilation of some of the most dramatic endgames from the arcade-themed quiz show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Grantchester

7.30 **Emmerdale** Concern surrounding Manpreet continues to grow, while Ethan and Marcus get to know more about each other. (S)(AD)
8.00 **Coronation Street** Amy shocks Steve and Tracy by bringing Jacob to their family lunch, Maria's election rival gatecrashes her photo shoot, while Carla advises Sarah not to blindly trust Lydia over Adam. (S)(AD)
9.00 **Grantchester** New episode 2/6. Will and Geordie investigate when Lester Carmichael, part of the husband-and-wife team who own the Carmichael's cleaning goods brand, is found dead with a neck wound. (S7) (S)(AD)
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **Rocky V** Boxing drama sequel starring Sylvester Stallone and Talia Shire. Rocky Balboa returns to his roots in the slums of Philadelphia to train a young fighter. With Burt Young, Sage Stallone and Burgess Meredith. (S)(AD) (1990, PG, 120min) ★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM **Shop: Ideal World**
3.00 **Winning Combination** Quiz show hosted by Omid Djalili. (S)(SL)(R)
3.50 **Unwind with ITV**
5.05 **to 6.00** AM **Cash Trapped** Quiz hosted by Bradley Walsh. (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104/108 104/138 | 104 104/141 | 4 104 | 104

6.00 AM **Countdown** (S)(R)
6.40 **Cheers** 20&21/22. (S1) (S)(R)
7.35 **Everybody Loves Raymond** 12-14/23. (S8) (S)(R)(AD)
9.00 **Frasier** 15-17/24. (S5) (S)(R)(AD)
10.30 **Ramsay's Kitchen Nightmares USA** From Austin, Texas. (S)(R)
11.25 **News** (S)
11.30 **Coast vs Country** (S)(R)(AD)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition The hosts settle some scores. (S)
5.30 **Fame in the Family** New edition With pop star Kerry Katona. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Martine gets a package that puts her on edge. (S)(AD)

8.00 Grayson's Art Club

7.00 **News** (S)
8.00 NEW SERIES **Grayson's Art Club** Grayson Perry selects his favourite public submissions on the theme of love and chats with entertainer Bill Bailey and fellow artist Ai Weiwei. (S)(AD)
9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)
10.00 **The Last Leg** New edition Adam Hills, Josh Widdicombe and Alex Brooker are joined by celebrity guests for a comic review of the significant moments from the past seven days. (S)
11.05 **8 Out of 10 Cats Does Countdown** With Kerry Godliman and Joe Wilkinson. (S)(R)
12.10 AM FILM **Why Him?** Comedy with Bryan Cranston and James Franco. (S)(AD) (2016, 15, 110min) ★★★
2.00 **Ramsay's Kitchen Nightmares USA** From New York. (S)(R)
2.50 **Come Dine with Me** (S)(R)
5.00 **Moneybags** Quiz show. (S)(SL)(R)
5.50 **to 6.05** AM **Kirstie's House of Craft** (S)(R)

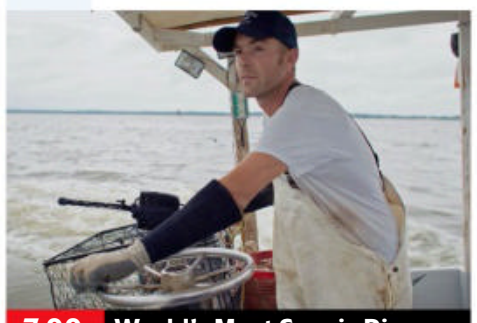
+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.15 PM **Build a New Life in the Country** The Cotswolds. (S)(R)
1.10 **News** (S)
1.15 **Home and Away** (S)
1.45 **Neighbours** (S)
2.15 FILM PREMIERE **My Deadly Ex** Thriller, starring Vivica A Fox. (S) (2020, PG, 105min) ★★
4.00 **Filthy House SOS** In Oldham, Richard and Brennan come to the aid of 70-year-old part-time DJ Olly. (S)(R)
5.00 **News** (S)
6.00 **Neighbours** David confronts Dean, furious that he told their secret. Glen's mind is still on Kiri, and he finally confesses the truth to Terese. (S)(R)
6.30 **Eggheads** New edition Quiz. (S)


7.00 World's Most Scenic River...

7.00 **World's Most Scenic River Journeys** New edition Cameras travel down the Potomac in the Mid-Atlantic region of the US. Bill Nighy narrates. (S)
7.55 **News** (S)
8.00 **Submarine: Life Under the Waves** New edition 1/2. On board nuclear submarine *HMS Trenchant* on its four-month tour of duty to the mid-Atlantic, uncovering the reality of life at sea. (S)
9.00 **Inside Chernobyl with Ben Fogle** The presenter spends a week living alone inside the Chernobyl exclusion zone. He ventures inside the ruins of a hospital and explores a nearby ghost town. (S)(R)
10.30 FILM **The Hunt for Red October** Cold War thriller set on a nuclear-powered submarine, starring Sean Connery, Alec Baldwin and Scott Glenn. (S) (1990, PG, 155min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.05 AM **21.co.uk Live Casino Show**
3.05 **Entertainment News** (S)
3.10 **1994: Britain's Biggest Hits** A countdown of the biggest-selling singles of the year, including Take That, Boyzone and Celine Dion. (S)(R)
4.20 **Casualty 24/7: Every Second Counts** Documentary. (S)(R)
5.10 **to 5.35** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 110 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Sky News Breakfast**
8.00 **Beth Rigby Interviews**
9.00 **Nothing to Declare** (S)(R)
10.00 **The Flash** 16/19. (S6) (S)(R)
11.00 **NCIS: New Orleans** (S5) (S)(R)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **S.W.A.T.** 3/23. (S2) (S)(R)(AD)
3.00 **Modern Family** (S5) (S)(R)
4.00 **Will & Grace** (S4) (S)(R)(AD)
5.00 **The Simpsons** *Livin La Pura Vida:* The family are invited on a trip to Costa Rica. (S)(R)
5.30 **The Fresh Prince of Bel Air** 11/24. Hilary's chat show is shown on national TV. (S)(R) **6.00** 12/24. The Banks family join a health club. (S6) (S)(R)
6.30 **The Simpsons** *The Way of the Dog:* The family explore Santa's Little Helper past. (S)(R)

10.00 Dating No Filter

7.00 **The Simpsons** *Brother, Can You Spare Two Dimes?* Homer's half-brother Herb turns up. With the voice of Danny DeVito. (R) **7.30** *Kamp Krusty:* Bart and Lisa spend the summer at Kamp Krusty. (S)(R)
8.00 **The Simpsons** *Mothers and Other Strangers:* A teenage Homer searches for his mother. (S)(R)
8.30 **Modern Family** 14/24. Claire is made to feel inadequate. (S1) (S)(R)
9.00 **Rob & Romesh vs Team GB: Part 2** Rob and Romesh continue their Olympic adventure as they try clay pigeon shooting, gymnastics and athletics, with help from special teachers. (S)(R)(AD)
10.00 **Dating No Filter** Series finale Two singletons go on a baseball date. (S)
10.30 **The Late Late Show with James Corden: Best of the Week** New edition Highlights.
11.30 **Bloods** 1/10. Paramedics Wendy and Maleek are involved in a malpractice investigation. (S2) (S)(R)
12.00 M'T **Sex and the City** 1&2/18. Double bill. (S3) (S)(R)
1.00 AM **The Force: North East** (R)
2.00 **Brit Cops: War on Crime** (R)
3.00 **Hawaii Five-0** (S2) (S)(R)
4.00 **S.W.A.T.** 3/23. (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.35pm A View from the Terrace (S)(R) **12.35am** Six Nations Sin Bin Series finale (S) **1.05** FILM Boyz N the Hood (S) (1991, 15, 110min) ★★★★★ **2.55** Weather for the Week Ahead (S) **3.00-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
11.10pm-12.10am NEW Amol Rajan Interviews Sharon White (S)

WALES
Sky **971**, Freesat **971**
4.30pm Doctors (S)(R) **5.00** LIVE Scrum V **7.15-7.30** Weatherman Walking (S)(R) **11.10** MOTDx (S) **11.40pm-12.40am** The Real Peaky Blinders (S)(R)(AD)

ITV

As main ITV except:

WALES
7.00-7.30pm Coast & Country New edition (S) **10.45** Rachael Blackmore: A Grand Year New edition (S) **11.45pm-12.45am** Against the Odds (S)(R)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Adre **12.30** Heno **1.00** Codi Hwyl (AD) **1.30** Dau Gi Bach (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Gerddi Cymru **6.30** Anrhegion Melys Richard Holt (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** NEW Dathlu Dewrder 2022 **8.55** Newyddion S4C a'r Tywydd **9.00** Trysorau Gareth Edwards **10.00** Yn y Fan A'r Lle (AD) **10.30-11.35pm** Stad (AD)

TV&Satellite week
New issue on sale now

BBC3

117/141/173 | 107/157 | 23 109 | 179 107

BBC3 programmes start at 7.00pm

7.00 PM LIVE **Athletics: World Indoor Championships** The second session on the opening day from Stark Arena in Belgrade, Serbia.
8.15 **The Catch Up**
8.20 **MasterChef Australia** New edition The contestants face an elimination pressure test in which they must recreate a dish prepared by guest chef Matt Abe.
9.15 FILM **Lady Bird** Comedy drama starring Saoirse Ronan and Laurie Metcalf. An artistic teenager endures a difficult relationship with her mother while growing up in California. (2017, 15, 94min) ★★★★★
10.45 **Starstruck** 1-6/6. Another chance to see the second series of the comedy starring Rose Matafeo. (S2)
1.00 AM **Rose Matafeo: Horndog** Award-winning stand-up comedy show.
2.00 **Gassed Up**
2.50 **to 3.50** AM **Glow Up Does Red Nose Day**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Dusty** With vocal quartet The Four Freshmen. **7.25** With Senor Wences.
7.50 **Sounds of the 60s** Music by The Rolling Stones, The Shadows and The Springfields.
8.00 **TOTP: 1992** With Take That, Annie Lennox and Snap. **8.30** Featuring KWS, Paul Weller and Michael Jackson.
9.00 **St Patrick's Day at the BBC** Performances from the BBC archives to celebrate St Patrick's Day, including U2, Van Morrison and Westlife.
10.00 NEW **Ireland's Greatest Small Music Festival: Other Voices** Sam Fender, Sigrid, Villagers and others play at Other Voices Festival.
11.00 **TOTP2: St Patrick's Day Special** Featuring The Corrs and The Boomtown Rats.
11.45 **Crock of Gold: A Few Rounds with Shane MacGowan** The life of Irish punk poet Shane MacGowan.
1.50 AM **TOTP: 1992**
2.50 **to 3.50** AM **St Patrick's Day at the BBC**

MORE4

136 136 831 | 147 195 | 18 | 124

8.55 AM **A Place in the Sun**
10.35 **Find It, Fix It, Flog It**
12.35 PM **Heir Hunters**
1.35 **Four in a Bed**
4.15 **The Hotel Fixers** John and Francis Brennan help Ballyhannon House Riding School in Quin, Co Clare.
4.50 **Find It, Fix It, Flog It** Finding value in a crop sprayer, a fire guard and some wooden clamps.
5.55 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a rare French classic car.
6.55 **Escape to the Chateau: DIY** Dick visits Stephanie to help get the original chateau pizza oven working.
7.55 **Devon and Cornwall** 5/8 Fisherman Stephen Perham prepares for his most lucrative day of the year – the Clovelly Lobster Festival..
9.00 **24 Hours in A&E** The medics treat accidents on two wheels, including a 19-year-old who has suffered multiple spinal injuries in a motocross race. **10.00** A tree surgeon is rushed in after a fall, and doctors are concerned he may have injured his spine.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **8 Out of 10 Cats Does Countdown**
2.15 **Location, Location, Location** From Swindon.
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

E4

135 135 830 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **Married at First Sight Australia**
10.30 **The Big Bang Theory**
11.00 **Young Sheldon**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Young Sheldon**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory** Four episodes. (S9&3)
7.00 **Hollyoaks** Warren continues to abuse his pain medication while juggling his relationship and being a father.
7.30 **Teen First Dates** Student Genevieve is desperate to make a good impression.
8.35 **The Big Bang Theory** 2/24. Leonard undergoes an adjustment period with Sheldon. (S7)
9.00 FILM **Hitman: Agent 47** Action thriller starring Rupert Friend. A genetically engineered assassin fights against a corporation that plans to create an army of superhuman killers. (2015, 15, 92min) ★★
10.55 **Naked Attraction**
1.00 AM **First Dates**
2.05 **Below Deck: Mediterranean**
3.00 **Naked Attraction**
3.55 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hour 235 | 146 | 30 | 123

Friday primetime

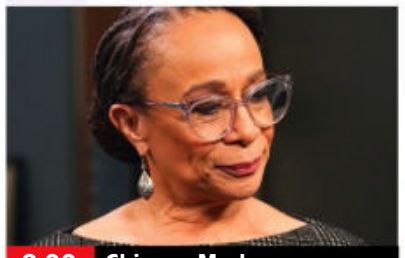
FRIDAY Entertainment

Friday

Sky Witness

107 107 807 | 112 111 | 341 356

6.00 AM **Nothing to Declare**
8.00 **Border Patrol**
9.00 **Stop, Search, Seize**
10.00 **Air Ambulance ER**
11.00 **Law & Order** 21/24. (S15)
12.00 NOON **Bull** 6/22. A small-town lawyer asks Jason to help him pursue a class action suit. (S2)
1.00 PM **Blue Bloods** (S9)
3.00 **Private Eyes** 3/8. Shade and Angie are hired to look into a man's strange behaviour. (S5)
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**


8.00 Chicago Med

7 PM

7.00 **Air Ambulance ER** The crew members are pushed to their limits as they try to save a victim of a sudden cardiac arrest.

8 PM

8.00 **Chicago Med** New episode *No Good Deed Goes Unpunished:* Goodwin clashes with the compliance officer. (S7)

9 PM

9.00 **Chicago Fire** New episode *Back with a Bang:* The team must work together to put a fire out in a tunnel. (S10)

10 PM

10.00 **Chicago PD** New episode *Home Safe:* The team search for a missing child in what turns out to be a complex case. (S9)
11.00 **Law & Order: SVU** (S12)
12.00 M'T **The Rookie** 4/20. (S1)
1.00 AM **9-1-1** 6/18. (S5)
2.00 **Law & Order: SVU** (S9)
3.00 **Bull** 6/22. (S2)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 206

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Storm City** Double bill.
8.00 **CSI** 10/24. (S6)
9.00 **The Newsroom** 1/6. (S3)
10.05 **The Sopranos** (S3)
12.25 PM **Game of Thrones** (S6)
1.30 **Babylon Berlin** 5&6/12. (S3)
3.30 **Ray Donovan** 10/12. Hector reaches breaking point. **4.35** 11/12. Barnes decides to make Ray an offer. (S4)
5.40 **The Sopranos** 13/13. Jackie Jr goes into hiding after his botched armed robbery. (S3) **6.50** 1/13. Carmela frets over the family's finances. (S4)

9.00 Funeral for a Dog

7.55 **Game of Thrones** *The Door:* 5/10. Tyrion seeks a new, strange ally, Brienne goes on a mission, while Arya is given a opportunity to prove herself. (S6)

9.00 **NEW SERIES Funeral for a Dog** *Astroland:* 1/8. German drama starring Friedrich Mücke and Alina Tomnikov.

10.00 **Funeral for a Dog** New episode *Paradiso:* 2/8. A journalist travels to Italy to interview a novelist. Subtitled (S1)
11.00 **Succession** *Hunting:* 3/10. Logan informs the team about his decision to acquire Pierce, a rival media company. (S2)
12.05 AM **True Blood** 10-12/12. Triple bill of the drama. (S2)
3.30 **In Treatment** (S3)
4.00 **to 6.00** AM **Storm City**

+1 hour 208/209

Sky Max

113/114 113/114 | 122 121 | 345 360

6.00 AM **Stargate SG-1** (S4)
8.00 **Arrow** 7/22. (S7)
9.00 **DC's Legends of Tomorrow**
10.00 **The Flash** 17/19. (S6)
11.00 **NCIS: New Orleans** (S5)
1.00 PM **Hawaii Five-0** (S2)
2.00 **S.W.A.T.** 3/23. (S2)
3.00 **DC's Legends of Tomorrow**
4.00 **Arrow** 8/22. (S7)
5.00 **The Flash** 17/19. Eva makes a bold move. (S6)
6.00 **Stargate SG-1** 12/22. The test flight of a Goa'uld death glider goes wrong. (S4)

10.00 Dating No Filter

7.00 **Stargate SG-1** *The Curse:* 13/22. Daniel investigates when one of his former professors dies in strange circumstances. (S4)

8.00 **A League of Their Own** With guests Jonathan Ross, Joe Marler, David Walliams, Joel Dommett and Kelly Somers.

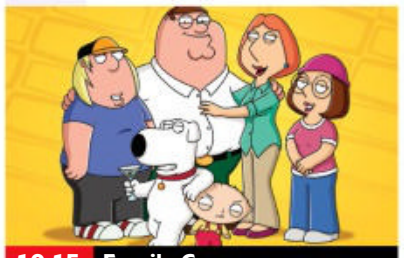
9.00 **Rob & Romesh vs Team GB: Part 2** Rob and Romesh try clay pigeon shooting, gymnastics and athletics.

10.00 **Dating No Filter** Series finale Singletons go on a baseball date.
10.30 **Brassic** 4/8. Vinnie steals three classic cars. (S3)
11.30 **Brassic** 5/8. Ashley wants to track down his father. (S3)
12.30 AM **Road Wars**
1.00 **Arrow** 6/22. A guard is murdered in Slabside. (S7)
2.00 **The Blacklist** 15/22. (S8)
3.00 **Hawaii Five-0** 15/23. (S2)
4.00 **S.W.A.T.** 3/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Dress to Impress**
7.00 **The Ellen DeGeneres Show**
8.00 **You've Been Framed! Gold**
9.00 **Secret Crush**
10.00 **Dress to Impress**
11.00 **Love Bites**
12.00 NOON **Supermarket Sweep**
1.00 PM **Tipping Point: Lucky Stars**
2.00 **Rolling in It**
3.00 **The Ellen DeGeneres Show** New edition Chat show.
4.00 **The Masked Singer US**
5.00 **You've Been Framed!**
6.00 **Celebrity Catchphrase**


10.15 Family Guy

7.00 **Superstore** 4/22. Jonah refuses to sell guns. **7.30** 5/22. Glenn worries about how little he knows his employees. (S2)

8.00 **Bob's Burgers** 5/23. The Belchers pose as Mr Fischoeder's family. **8.30** 6/23. A parody of the movie *Jaws*. (S3)

9.00 **Gordon, Gino & Fred Go Greek** 2/2. The trio head to the Greek capital Athens in a vintage VW campervan.

10.15 **Family Guy** 9/16. Peter becomes friends with OJ Simpson. (S7) **10.45** 2/18. Peter's parents get divorced. (S5)
11.15 **Family Guy** 15/18. Brian goes to obedience classes. (S13)
11.45 **American Dad!** (S12)
12.40 AM **Bob's Burgers** (S3)
1.35 **Superstore** 6&7/22. (S2)
2.30 **Totally Bonkers Guinness World Records**
3.25 **to 3.30** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 177 | 10 | 115

6.00 AM **Classic Coronation Street**
7.00 **Classic Emmerdale**
8.05 **Man About the House**
9.40 **A Touch of Frost**
11.50 **Heartbeat** Double bill.
2.00 PM **Classic Emmerdale**
3.00 **Classic Coronation Street**
4.05 **Midsomer Murders** *The Noble Art:* A boxer's success stirs up hidden passions. Guest stars Phil Daniels.
6.00 **Heartbeat** *Manhunt:* Nick and Greengrass are held hostage in the pub cellar.

10.05 Law & Order: UK

7.00 **Heartbeat** *Bitter Harvest:* The slaughtermen arrive to investigate a case of foot-and-mouth, but receive a hostile reception.

8.00 **Doc Martin** *The Shock of the New:* 2/8. Bert tries to rejuvenate trade at the restaurant, and Louisa has to find a new babysitter.

9.00 **Doc Martin** *It's Good to Talk:* 3/8. The irascible medic moves out of the surgery, and PC Penhale helps Janice babysit. (S7)

10.05 **Law & Order: UK** *Anonymous:* 7/7. A cyberstalking case becomes a murder investigation. (S3)
11.05 **Scott & Bailey** 5/6. Janet moves a step closer to tracking down Veronica's killer while investigating a recent murder that bears similarities to the case. (S1)
12.05 AM **A Touch of Frost**
2.10 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 194 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.30 **LIVE Sportscene: Friday Night Football** Dunfermline Athletic v Greenock Morton: Coverage of the Championship encounter at East End Park. Kick-off is at 7.45.
10.00 **Still Game** *All the Best:* 5/6. Jack and Victor are determined to prove they're still young at heart on a stag night – but end up ruining the wedding itself. (S5)
10.30 **A View from the Terrace** New edition Craig G Telfer, Craig Fowler, Shaughan McGuigan and Joel Sked present a sideways look at Scottish football.
11.30 PM **to 12.00** M'T **The Scotts** 4/5. Henry is told to rest at home after an accident at work. (S1)

Sky Comedy

114/115 135 123 | 346 361

8.00 AM **Parks and Recreation** (S6)
9.00 **Fresh Prince of Bel Air**
10.00 **Will & Grace** (S6&7)
11.35 **The Office (US)** (S9)
12.00 NOON **Mindy Project**
1.00 PM **Miracle Workers: Dark Ages** (S2)
2.00 **A.P. Bio** 9&10/13. (S1)
3.00 **Modern Family** (S5)
4.00 **Will & Grace** (S4)
5.00 **The Office (US)** (S9)
5.30 **Fresh Prince of Bel Air**
6.30 **Saturday Night Live**
8.00 **Parks and Recreation**
9.00 **Girls** 3&4/10. (S1)
10.15 **The Late Late Show with James Corden: Best of the Week** New edition Highlights.
11.15 **Bloods** (S2)
11.45 **Sex and the City** (S3)
1.00 AM **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
2.00 **Will & Grace** (S8)
3.00 **Sick of It** (S2)
4.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 165 140 | 11 | 147 363

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
11.00 **Music Icons: Soft Rock**
11.30 **Video Killed the Radio Star** Billy Joel.
12.00 NOON **Vermeer from the National Gallery**
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Big Design Challenge**
4.30 **Inside Art**
5.00 **Tales of the Unexpected**
6.00 **Discovering**
7.00 **Johnny Cash: Behind Prison Walls** From 1977.
8.00 **Johnny Cash: Song by Song** Double bill.
9.00 **Noel Gallagher: Out of the Now**
10.30 **Oasis Live at Barrowlands**
11.50 **Discovering**
12.20 AM **Isle of Wight Festival Greatest Hits**
1.20 **Foo Fighters: Austin City Limits**
2.35 **Lauryn Hill: Live**
4.00 **to 6.00** AM **Highlights**

Pick

159 | 156 | 36 | 144

7.00 AM **America's Front Line**
8.00 **Motorway Patrol**
9.00 **Police Force: Australia**
10.00 **Police Ten 7**
11.00 **Highway Cops**
12.00 NOON **Highway Patrol**
1.00 PM **Border Patrol**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Stargate SG-1** (S3)
5.00 **Star Trek: The Next Generation** 23/26. (S3)
6.00 **Brit Cops: Law & Disorder** Documentary.
7.00 **Hawaii Five-0** (S1)
8.00 **Killer in My Village**
9.00 **Killer Colleagues**
10.00 **Grimm** 8/22. (S2)
11.00 **Killer Families**
12.00 M'T **Britain's Most Evil Killers** Arthur Hutchinson.
1.00 AM **Force: North East**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Police Force: Australia**

+1 hour 259 145

Comedy Central

112/113 181 132 | 344 370

8.00 AM **Will & Grace**
9.00 **My Wife and Kids**
11.00 **Younger** (S5&6)
1.00 PM **Friends** (S7)
7.00 **Friends** 22/24. Chandler visits his father. **7.30** 23/24. Chandler goes missing. **8.00** 24/24. The search continues. (S7) **8.30** 1/24. Rachel contemplates her next move. (S8)
9.00 **Chris Ramsey: Approval Needed**
10.00 **South Park** New episode Satirical animation. (S25) **10.30** 2/14. (S14)
11.00 **Ricky Gervais Show**
1.00 AM **Al Murray's Great British Pub Quiz**
2.00 **Joel & Nish vs the World** From Tahiti.
2.55 **Grouchy Young Men**
3.40 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 179 | 28 | 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Best Cake Wins**
12.30 PM **The Real Housewives of Potomac**
1.25 **The Real Housewives of Cheshire**
2.25 **The Only Way Is Essex**
3.10 **Little Women: LA**
4.05 **The Real Housewives of Beverly Hills**
5.00 **The Real Housewives of Orange County**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched** An ex-*Playboy* model wants her neck and nose fixed. **10.00** A fitness enthusiast asks Paul Nassif to fix her nose.
11.00 **Atlanta Plastic**
11.55 **The Only Way Is Essex**
12.40 **to 1.00** AM **Unwind with ITV**

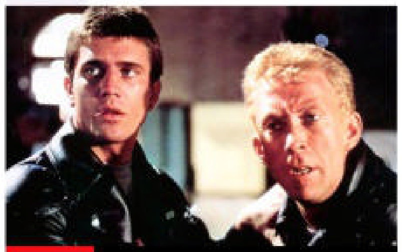
+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 | 118 178 | 26 | 117

6.00 AM **Derby Through the Years**
6.15 **Cadfael**
7.35 **Dempsey and Makepeace**
8.25 **The Protectors**
9.00 **ITV Racing: Opening Show**
10.00 **World of Sport**
10.20 **River Monsters**
10.50 **Made in Britain**
11.55 **The Champions**
1.00 PM **Cadfael**
2.40 **Dempsey and Makepeace**
3.45 **The Professionals**
4.55 **Minder**
6.00 **Made in Britain**



9.00 Mad Max

7.00 **The Chase Celebrity Special** Jennie McAlpine, Iain Lee, Stanley Johnson and Shappi Khorsandi take part in the quiz.

8.00 **The Great British Treasure Hunt** Series finale 5/5. The final at Stowe School in Buckinghamshire.

9.00 FILM **Mad Max** Cult action thriller set in a desolate near future, starring Mel Gibson as a tough cop seeking revenge on the crazed bikers who murdered his wife and child. (1979, 18, 93min) ★★★★★
SEX ●○○ VIOLENCE ●●○ LANG ●○○

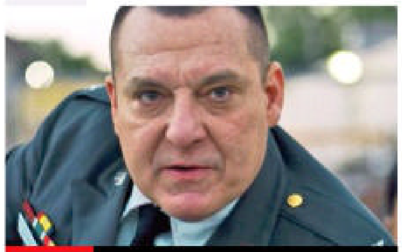
11.00 **All Elite Wrestling: Dynamite** Hard-hitting action from the world of All Elite Wrestling.
1.00 AM **The Professionals** *A Stirring of Dust:* The team assist the Russian authorities in tracking down an ex-spy.
2.05 **to 3.00** AM **Minder**

+1 hour 220 | 175 | 60 | 118

Syfy

152 152 836 | 139 138 | 346 361

6.00 AM **Quantum Leap** (S2)
7.00 **Star Trek: Enterprise** (S4)
8.00 **Teleshopping**
11.00 **Star Trek: Voyager** (S2)
12.00 NOON **Stargate Atlantis** (S3)
1.00 PM **The Librarians** 7/10. (S2)
2.00 **V** 7/19. (S3)
3.00 **Fringe** As 8.00pm.
4.00 **Stargate Atlantis** 17/20. (S3)
5.00 **Stargate SG-1** 11/22. (S3)
6.00 **Star Trek: Enterprise** 8/22. Part two of three. Archer and T'Pol encounter radical group the Syrranites. (S4)



10.00 Monster Hunters

7.00 **Quantum Leap** *Catch a Falling Star:* 10/22. Sam occupies the body of an understudy in a top theatre production. (S2)

8.00 **Fringe** *Enemy of My Enemy:* 9/22. Peter's visit to the parallel universe takes a bad turn. Guest stars Jared Harris. (S4)

9.00 **Grimm** *Goodnight, Sweet Grimm:* 22/22. Nick and Juliette's romantic reunion is cut short by a horde of zombies. (S2)

10.00 FILM **Monster Hunters** Thriller with Tom Sizemore and Anthony Jensen. (2020, 15, 88min) ★
SEX ○○○ VIOLENCE ●○○ LANG ○○○

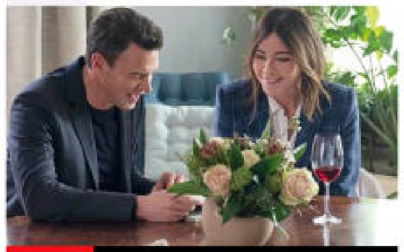
12.00 M'T **Stargate SG-1** 11/22. The team attempt to find a cure for amnesia. (S3)
1.00 AM **Stargate Atlantis** (S3)
2.00 **Star Trek: Enterprise** (S4)
3.00 **Star Trek: Voyager** (S2)
4.00 **Fringe** As 8.00pm.
5.00 **to 6.00** AM **V**

+1 hour 252 | 229

Alibi

132 132 827 | 126 212

7.10 AM **Murdoch Mysteries**
9.00 **Unforgettable** 5/13. (S2)
10.00 **Major Crimes** 2/23. (S4)
11.00 **Rizzoli & Isles** 10/16. (S4)
12.00 NOON **Death in Paradise**
1.00 PM **Father Brown**
2.00 **Murdoch Mysteries**
4.00 **Unforgettable** 6/13. (S2)
5.00 **Major Crimes** 3/23. The squad investigate after a supermodel is murdered. (S4)
6.00 **Death in Paradise** 2/8. A bride is shot with a spear gun on her wedding day. (S1)



10.00 Whiskey Cavalier

7.00 **Rizzoli & Isles** *Built for Speed:* 10/16. A late-night amateur drag race turns deadly. (S4)

8.00 **Father Brown** *The Dance of Death:* A dark secret is uncovered when a contestant is murdered at a dancing competition.

9.00 **My Life Is Murder** *Mirror, Mirror:* 10/10. A plastic surgeon dies after self-administering an anti-wrinkle drug. (S1)

10.00 **Whiskey Cavalier** *Two of a Kind:* 12/13. Frankie is reunited with a former guardian. (S1)

11.00 **Rizzoli & Isles** 12/13. Jane gets a surprise visit, and Maura receives upsetting feedback on her novel. (S7)
12.00 M'T **Why Women Kill** 9&10/10. Double bill. (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 | 191

GOLD

110/111 110/111 | 124 | 343 358

7.30 AM **Highlights**
8.45 **Hi-de-Hi!**
9.25 **Last of the Summer Wine**
10.35 **The Green Green Grass**
11.20 **Dad's Army**
12.40 PM **Chef!**
1.20 **Dad's Army**
2.00 **Desmond's**
2.35 **The Green Green Grass**
3.20 **Dad's Army**
4.00 **Last of the Summer Wine**
5.20 **dinnerladies**
6.00 **Desmond's**
6.35 **Hi-de-Hi!**

10.00 All Round to Mrs Brown's

7.20 **The Green Green Grass** Elgin moves into Bryan's caravan after being thrown out by his wife.

8.00 **Dad's Army** The platoon dress as firemen for an initiative exercise. **8.40** Mainwaring is accused of leaving a light burning during a blackout.

9.20 **The Good Life** Tom draws on every resource in his efforts to practise true self-sufficiency.

10.00 **All Round to Mrs Brown's** Agnes is joined by Jake Wood, Nicola Adams and Lorraine Kelly. Plus, music from Westlife.

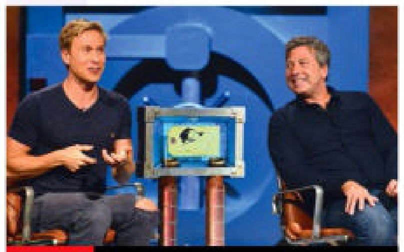
11.15 **Peep Show** Jeremy organises Mark's stag weekend. **11.50** Mark and Sophie's wedding day arrives.
12.25 AM **French and Saunders**
1.05 **Chef!**
1.45 **You, Me &**
3.05 **to 4.00** AM **Peep Show**

+1 hour 210/211 | 194

Dave

111/112 | 127 227 | 19 | 157

7.10 AM **Sin City Motors**
8.00 **Timber Kings**
9.00 **Storage Hunters UK**
10.00 **Top Gear**
11.00 **World's Most Dangerous Roads** From Southeast Asia.
12.00 NOON **Red Bull Soapbox Race**
1.00 PM **Border Force: America's Gatekeepers**
2.00 **World's Most Dangerous...**
3.00 **Rick Stein's Secret France**
4.00 **Red Bull Soapbox: Mumbai**
5.00 **Rick Stein's Secret France**
6.00 **Taskmaster** With Lou Sanders.



7.40 Room 101

7.00 **Richard Osman's House of Games** With Samira Ahmed and Dom Joly.

7.40 **Room 101** With John Torode, Russell Howard and Katherine Parkinson.

8.20 **Would I Lie to You?** With Dave Gorman, Omid Djalili, Davina McCall and Janet Street-Porter.

9.00 **QI** Josh Widdicombe, Benjamin Zephaniah and Sara Pascoe join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **QI** Christmas special from 2009, with Bill Bailey, Lee Mack and David Tennant.

10.40 **Mock the Week** With Romesh Ranganathan.

11.20 **Meet the Richardsons** Jon and Lucy agree to hamster-sit.
12.00 M'T **Hypothetical** With guests Johnny Vegas and Zoe Lyons.
12.40 AM **QI** With Sarah Millican.
1.20 **Would I Lie to You?**
2.00 **Live at the Apollo**
2.45 **to 4.00** AM **This Country**

+1 hour 211 | 131 | 25

7 PM

8 PM

9 PM

10 PM

Friday

GREAT! tv

157 | 189 | 50 | 142

6.00 AM **Charlie's Angels**
7.00 **Crazy Like a Fox** (S2)
8.00 **Highway to Heaven**
10.00 FILM **Frozen in Love** Romantic drama. (2018, PG, 84min) ★★
11.50 **GREAT! Movie News**
12.00 NOON **Sue Thomas: F.B.Eye** 13/19. (S3)
1.00 PM **Perception** (S2)
2.00 **Body of Proof** (S2)
3.00 **Castle** 12/22. (S8)
4.00 **Murder, She Wrote**
7.00 **M*A*S*H** Four episodes of the series, including at: **8.00** 4/25. Part one of two. Klinger has to stand in for Radar. **8.30** 5/25. Part two of two. Radar prepares to leave the unit. (S8)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H** (S8)
3.00 **Hart to Hart** (S2)
3.45 **Crazy Like a Fox** (S2)
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 | 220 | 62 | 143

4seven

137 | 143 203 | 49 | 127

9.00 AM **Four in a Bed**
9.30 **Couples Come Dine with Me** In Manchester.
10.30 **A New Life in the Sun**
11.30 **A Place in the Sun**
2.30 PM **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **A New Life in the Sun**
7.00 **Ugly House to Lovely House with George Clarke** Transforming a 1970s home in Wales.
8.00 **George Clarke's Old House, New Home** The host unlocks the potential of old houses.
9.00 **Extraordinary Escapes with Sandi Toksvig** Sara Pascoe joins the host on a trip to the wilds of Scotland's east coast.
10.00 **Grand Designs** A home on the Isle of Wight.
11.05 **Gogglebox**
1.15 AM **Naked Attraction**
2.20 **60 Days with the Gypsies** Double bill.
4.20 **to 4.50** AM **A Place in the Sun**

5USA

141 141 | 153 | 21 | 129

9.00 AM **NCIS** 13-15/24. (S7)
11.55 **Entertainment News**
12.00 NOON **Law & Order**
2.55 PM **Entertainment News**
3.00 **Law & Order** (S18)
6.00 **NCIS** 5-8/24. Four episodes of the American drama. (S8)
10.00 **Law & Order: Special Victims Unit** *Delinquent:* 23/24. A teenage boy accuses Stabler of molesting him. **10.55** *Smoked:* 24/24. A woman due to testify in a high-profile rape case is murdered. **11.55** *Pop:* 11/24. A teenager is found beaten to death on an amusement park ride. **12.50** AM *Possessed:* 12/24. The team uncover evidence of a paedophile ring. (S12)
1.50 **Private Eyes** (S2)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 | 185 | 130

5STAR

128 | 151 | 32 | 131

8.00 AM **Last Man Standing**
8.20 **Shoplifters & Scammers: At War with the Law**
9.10 **Filthy House SOS**
10.10 **Judge Judy**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **The World's Most Expensive Cruise Ships**
8.00 **Million Pound Motorhomes**
9.00 FILM **28 Days Later...** Horror thriller starring Cillian Murphy. (2002, 18, 113min) ★★★★
11.15 FILM **Alien Resurrection** Sci-fi horror starring Sigourney Weaver. (1997, 15, 110min) ★★★★
1.25 AM **Adults Only: Kinky for Cash**
2.25 **Last Man Standing**
3.15 **to 4.00** AM **Judge Judy**

+1 hour 228 | 186 | 141

W

109/110 109/110 | 125 211

6.10 AM **MasterChef Australia** The top six arrive for finals week.
7.30 **Inside the Ambulance**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **Property Brothers: Forever Homes**
7.00 **MasterChef Canada** New edition The home cooks compete in a Restaurant Takeover.
8.00 **Cops on the Rock**
9.00 **999 Rescue Squad**
10.00 **Miranda** Penny threatens to cancel Christmas. **10.40** Gary decides to join the dating scene. **11.20** Miranda hosts a dinner party.
12.00 M'T **Cops on the Rock**
1.00 AM **The Shift: Women on the Force**
2.00 **to 3.00** AM **One Born Every Minute**

+1 hour 209/210 | 190

Drama

143 | 130 | 20 | 158

7.00 AM **Brush Strokes**
7.40 **Hetty Wainthropp Investigates**
8.35 **The Bill**
9.35 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Hetty Wainthropp Investigates**
3.20 **Lovejoy**
4.20 **Pie in the Sky**
5.20 **Brush Strokes**
6.00 **Are You Being Served?**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown**
9.00 **Sister Boniface Mysteries** New episode *Lights, Camera, Murder!* 2/10. A live gun is fired instead of a replica on a film set. (S1)
10.00 **New Tricks** *Big Topped.*
11.20 **Silent Witness**
1.35 AM **Kavanagh QC**
2.55 **to 4.00** AM **Monarch of the Glen**

+1 hour 243 | 226 | 74

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBS Drama

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** 1/22. (S6)
12.05 PM **Medium** (S3)
1.00 **JAG** (S5&6)
3.00 **Perry Mason**
5.00 **Unsolved Mysteries**
6.55 **Judge Judy**
9.00 **Medium** *Heads Will Roll:* 21/22. Allison continues to help Devalos and Scanlon search for the serial killer, and is disturbed to discover her new friend is to be the next victim. (S3)
10.00 **Unsolved Mysteries** The Roswell UFO sighting is investigated, while an agoraphobic is missing **11.00** A police officer disappears after his car is torched. Plus, an inmate makes a miracle escape from a prison.
11.55 **Judge Judy**
2.00 **Medium** As 9.00pm.
3.00 **Evidence of Evil**
4.00 **Something's Killing Me**
4.55 **to 6.00** AM **Matlock**

CBS Justice

148 192 41 137

9.00 AM **Diagnosis Murder**
11.00 **The Fugitive** (S3)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 8&9/25. (S7)
3.00 **CSI: Miami** 8/24. (S3)
4.00 **NCIS** 7/24. (S10)
5.00 **The Fugitive** (S3)
6.00 **Perry Mason**
7.05 **Walker, Texas Ranger**
9.00 **CSI: Miami** *Speed Kills:* 8/24. Horatio and Tripp investigate the murder of a man bludgeoned to death the morning after he attended a speed-dating night. (S3)
10.00 **NCIS** *Shell Shock – Part Two:* 7/24. Abby creates a computer model of the attack on Joe Westcott. (S10)
11.00 **Diagnosis Murder**
1.00 AM **Walker, Texas Ranger** 10&12/25. (S7)
2.55 **JAG** 1/24. (S3)
3.55 **Click for Murder**
4.45 **to 6.00** AM **Medical Detectives**

Challenge

160 160 48 146

7.00 AM **The Chase**
10.00 **Play Your Cards Right**
11.00 **The Price Is Right**
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Family Fortunes**
3.00 **Blankety Blank**
5.00 **Bullseye** Double bill of the darts-based quiz.
6.00 **Tenable** A team of five from Scotland and the north west of England play the game show.
7.00 **Pointless Celebrities** Alexander Armstrong and Richard Osman host a celebrity version of the quiz show.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
5.00 **to 6.00** AM **Bullseye**

E!

151 151 835 164 163

7.00 AM **Kourtney and Khloe Take the Hamptons**
8.00 **Keeping Up with the Kardashians**
10.00 **News: Daily Pop**
11.00 **Total Bellas**
1.00 PM **Keeping Up with the Kardashians** Six editions of the series.
7.00 **Botched** Terry Dubrow and Paul Nassif salvage a man's dog bitten nose. **8.00** A fire-breathing DJ wants heel implants so he appears taller.
9.00 **Hollywood Medium with Tyler Henry** Tyler helps Jenna Dewan Tatum solve a mystery.
10.00 **Nightly Pop**
10.30 **The Bradshaw Bunch**
11.00 **Botched** A couple on the brink of divorce.
12.00 M'T **Total Bellas**
1.00 AM **Kourtney and Khloe Take the Hamptons**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Famously Single**

Sky Documentaries

121 121 819 278 277 352 367

6.00 AM **Everton: Howard's Way** Documentary.
8.00 **The Guest Wing**
9.00 **Discovering**
10.00 **The Directors**
11.00 **Rolling Stone: Stories from the Edge**
12.00 NOON **The Eighties**
1.00 PM **First Ladies**
2.00 **Framing John DeLorean**
4.00 **Discovering**
5.00 **The Directors**
6.00 **Rolling Stone: Stories from the Edge**
7.00 **The Eighties**
8.00 **First Ladies**
9.00 **Phoenix Rising**
10.45 **Jealous Guy: The Assassination of John Lennon** Documentary.
12.30 AM **FILM I Am Evidence** Documentary. (2017, 12, 89min) ★★★★
2.10 **Reopening Night**
3.45 **My Icon**
4.00 **Discovering**
5.00 **to 6.00** AM **The Guest Wing**

Sky Nature

124 124 822 280 279 354 369

6.00 AM **Micro Monsters with David Attenborough**
7.00 **Monkey Life**
8.00 **Undercover in the Jungle** The Amazon.
9.00 **Undiscovered Vistas**
10.00 **Waterworld Africa**
11.00 **Deadly Australians**
12.00 NOON **Hope for Wildlife** Deer release.
1.00 PM **Monkey Life**
2.00 **Undercover in the...**
3.00 **Undiscovered Vistas**
4.00 **Waterworld Africa**
5.00 **Deadly Australians**
6.00 **Hope for Wildlife**
7.00 **Monkey Life** Double bill.
8.00 **Kenya Wildlife Diaries**
9.00 **Malawi Wildlife Rescue**
10.00 **Deadly Australians**
11.00 **Hope for Wildlife**
12.00 M'T **Rewilding**
1.00 AM **Wild Pacific Rescue**
2.00 **Kenya Wildlife Diaries**
3.00 **Malawi Wildlife Rescue**
4.00 **Undercover in the...**
5.00 **to 6.00** AM **Undiscovered Vistas**

HGTV

158 286 44 166

7.00 AM **Homes Under the Hammer** In Derbyshire.
8.00 **Fantasy Homes by the Sea** From Donegal.
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Fixer Upper**
2.00 **A Place in the Sun**
3.00 **Fantasy Homes by...**
4.00 **DIY SOS** Double bill.
5.00 **Homes Under the Hammer** In Derbyshire.
6.00 **A Place in the Sun**
7.00 **Escape to the Country**
8.00 **Love Your Garden**
9.00 **My Lottery Dream Home** Property series.
10.00 **Mortgage Free Home**
11.00 **Fixer Upper**
12.00 M'T **Escape to the Country** From Dorset.
1.00 AM **DIY SOS**
2.00 **Homes Under the...**
3.00 **to 4.00** AM **Beach Hunters**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Highlights**
8.00 **Guy's Grocery Games** New edition
9.00 **Friday Night Feast**
10.00 **Ainsley's Food We Love**
11.00 **Mediterranean Feast**
12.00 NOON **The Great British Bake Off**
1.00 PM **Friday Night Feast**
2.00 **United Cakes of America**
3.00 **Cake Diaries**
4.00 **Ainsley's Food We Love**
5.00 **The Pioneer Woman** New edition
5.30 **Delicious Miss Brown** New edition
6.00 **Barefoot Contessa** New edition
6.30 **Girl Meets Farm** New edition
7.00 **Great British Bake Off**
8.00 **Chopped** New edition
9.00 **Friday Night Feast**
10.00 **Mediterranean Feast**
11.00 **Restaurant: Impossible**
12.00 M'T **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Building Off the Grid**
8.00 **Treehouse Masters**
9.00 **Yukon Men**
10.00 **Alaska: Last Frontier**
11.00 **Life Below Zero**
12.00 NOON **Last Alaskans**
1.00 PM **Edge of Alaska**
2.00 **Lone Star Law**
3.00 **Helicopter ER**
4.00 **Disasters at Sea**
5.00 **Alaskan Bush People**
6.00 **Outback Truckers**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **Kindig Customs**
10.00 **G.A.S. Extreme Customs**
11.00 **Life Below Zero**
12.00 M'T **Edge of Alaska**
1.00 AM **Naked and Afraid XL**
2.00 **Kindig Customs**
3.00 **Born Survivor**
3.50 **Tanked**
4.40 **Maine Cabin Masters**
5.30 **to 6.00** AM **Salvage Dawgs**

+1 hour 272 214 151

5Action

150 187 150 33 132

9.00 AM **Traffic Cops**
9.10 **Criminals: Caught on Camera**
9.40 **Traffic Cops**
11.45 **FILM They Came to Cordura** (1959) ★★★
2.15 PM **FILM Good Day For A Hanging** Western. (1958, U, 85min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
7.00 **Police Interceptors: Lethal Weapons**
8.00 **Police Interceptors**
9.00 **Traffic Cops**
10.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
11.00 **Police: Hour of Duty**
12.00 M'T **Fights, Camera, Action!** St Patrick's Day revellers take a wild turn.
1.00 AM **999: Criminals Caught on Camera**
3.00 **Banged Up Abroad**
3.55 **Doomsday: Caught on Camera**
4.35 **to 5.00** AM **Criminals: Caught on Camera**

Sky Crime

122 122 820 137 136 348 363

6.00 AM **Highway Patrol**
7.00 **Caught Red Handed**
8.30 **Road Wars**
9.00 **Nothing to Declare**
10.00 **Brit Cops** Documentary.
11.00 **Road Wars** Vehicle crime.
12.00 NOON **When Life Means Life** Andrew Dawson.
1.00 PM **Most Evil Killers**
2.00 **How I Caught the Killer**
3.00 **World's Most Evil Killers**
4.00 **Killer in My Village**
5.00 **Killer Colleagues**
6.00 **World's Most Evil Killers**
7.00 **Killer in My Village**
8.00 **Britain's Most Evil Killers**
9.00 **New York Homicide**
10.00 **Death on the Beach**
11.00 **Murdered at First Sight**
12.00 M'T **Most Evil Killers**
1.00 AM **Real Manhunter**
2.00 **Snapped** Documentary.
3.00 **How I Caught the Killer**
4.00 **Brit Cops** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 207

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
7.00 PM **Medical Detectives** A trail of stolen goods helps solve a murder. **7.30** An estate agent is brutally murdered.
8.00 **Uncovering Melanie's Murderer** How DNA profiling can enhance investigative techniques.
9.00 **Murder By the Sea** Deadly tales from the coastlines of the UK.
10.00 **Evidence of Evil** The mutilated bodies of two women sparks a massive police manhunt.
11.00 **Fatal Vows**
12.00 M'T **Uncovering Intimate Partner Abuse** Domestic abuse.
1.00 AM **Murder By the Sea**
2.00 **Evidence of Evil**
3.00 **Evil Twins** True crime.
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Celebrity Damage Control**

+1 hour 246 201 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From France.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** Old drawers.
1.00 PM **A Place in the Sun**
2.00 **It's Me or the Dog UK**
3.00 **Animal Cops Phoenix**
4.00 **Pit Bulls & Parolees**
5.00 **Ambulance**
6.00 **The Yorkshire Auction House** From Coventry.
7.00 **Antiques Road Trip**
9.00 **Fright Club** New edition Footage of a possessed doll.
10.00 **Ghost Adventures** New edition A mansion in Montecito, California.
11.00 **Ghost Adventures**
1.00 AM **Kindred Spirits**
2.00 **Teleshopping**
4.00 **Animal Cops Phoenix**
5.00 **to 6.00** AM **Pit Bulls & Parolees**

Blaze

164 216 64 162

6.00 AM **Hardcore Pawn**
7.25 **The Liquidator**
7.55 **American Restoration**
8.25 **Ancient Aliens**
10.20 **Storage Wars Canada**
11.15 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
3.30 **The Liquidator**
4.00 **Ancient Aliens**
6.00 **Curse of Oak Island**
7.00 **Dickinson's Real Deal**
9.00 **Strangest Things**
10.00 **Ancient Superstructures**
11.00 **Cities of the Underworld**
12.00 M'T **The Liquidator**
12.30 AM **Storage Wars**
1.00 **Storage Wars Canada**
2.00 **Mountain Men**
3.00 **Curse of Oak Island**
3.45 **Counting Cars**
4.10 **Search for Lost Giants**
5.00 **to 6.00** AM **Alaska: Mysteries Unsolved**

+1 hour 81

TLC

133 133 828 167 323 377

6.00 AM **Say Yes to the Dress: UK** Four editions.
8.00 **Say Yes... Lancashire**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Extreme Couponing**
12.00 NOON **Nate & Jeremiah by Design**
1.00 PM **Good Bones**
2.00 **Sister Wives**
4.00 **Dr Pimple Popper**
5.00 **So Freakin Cheap**
6.00 **Love After Lock Up**
7.00 **Say Yes to the Dress: Lancashire**
8.00 **Celebrity IOU**
10.00 **Temptation Island** New edition Corey and Erin decide whether they want to leave the island together.
11.00 **Heartbreak Island**
1.00 AM **Celebrity IOU**
2.00 **Temptation Island**
3.00 **Say Yes... UK**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Documentary.
10.00 **The Yorkshire Vet**
12.00 NOON **The Dog Rescuers with Alan Davies** Double bill.
2.00 PM **GPs: Behind Closed Doors** Triple bill.
5.00 **The Yorkshire Vet**
7.00 **Lighthouses: Building the Impossible** Rob Bell uncovers the incredible stories behind Scotland's Bell Rock lighthouse.
8.00 **How the Victorians Built Britain** Revelations about how Britain was transformed during the Victorian era.
9.55 **Billy Connolly: In His Own Words** A profile of the comedian and actor.
11.30 **When Classic Comedy Goes Horribly Wrong** A collection of clangers.
2.00 AM **Ben Fogle: New Lives in the Wild**
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Dream Builds on Wheels**
8.00 **The Repair Shop**
9.00 **Heritage Rescue**
10.00 **Chasing Classic Cars**
11.00 **Fantomworks**
12.00 NOON **Wheeler Dealers**
1.00 PM **Antiques Road Trip**
2.00 **The Repair Shop**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **The Unexplained Files**
10.00 **Aliens In Alaska**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Arctic Ice Railroad**
2.00 **Iron Resurrection**
3.00 **Fantomworks**
4.00 **Biggest Shipbuilders**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress: UK** Double bill.
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **My Cat from Hell**
9.00 **Animal Cops Houston**
10.00 **Hoarding: Buried Alive**
11.00 **Forensic Detectives**
1.00 PM **Perfect Murder**
2.00 **Disappeared**
3.00 **Forbidden: Dying for Love** Two teenagers.
4.00 **Say Yes to the Dress**
7.00 **Long Lost Family**
8.00 **Dr Pimple Popper**
9.00 **Atlanta Justice** New edition
10.00 **Jodi Arias: Her Friends Speak** New edition
12.00 M'T **Forensic Detectives**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files** A crime ring.
3.50 **Animal Cops Phoenix**
4.40 **Dog Detectives**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 71 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 322 376

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Alaska: The Last Frontier**
10.00 **Combat Dealers**
11.00 **Wheeler Dealers**
12.00 NOON **Railroad Alaska**
1.00 PM **Gold Rush: White Water**
3.00 **Rise of the Machines**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud** Richard decides to restore his 1937 Buick Racer to its Indy 500 roots.

10.00 Legendary Locations

7.00 **Outback Truckers** Chaz Butt embarks on a mission to help farmers with supplies in drought-ravaged New South Wales.
8.00 **Gold Rush** Rick hits the rich pay layer in Rally Valley and accelerates his plans, while Tony prospects new ground.
9.00 **Conspiracies Decoded** New edition Declassified documents point to a Cold War cover-up in the wreckage of a submarine.
10.00 **Legendary Locations** New edition Exploring a cave in Puerto Rico that might hold the 'Fountain of Youth'.
11.00 **Combat Dealers** Selling World War Two military gear.
12.00 M'T **Conspiracies Decoded**
1.00 AM **Legendary Locations**
2.00 **Moonshiners**
3.00 **Gold Rush**
4.00 **Gold Rush: White Water**
4.50 **Wheeler Dealers**
5.40 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 251 325 378

8.00 AM **The Zoo**
9.00 **Bad Dog!**
10.00 **Animal Precinct**
11.00 **How Do Animals Do That?**
12.00 NOON **How Sharks Hunt**
1.00 PM **Shark Week Immersion**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **Bad Dog!**
5.00 **Animal Precinct** A junkyard dog in need of medical attention.
6.00 **Alaska Monsters** The team investigate reports of a supposedly massive wolf.

8.00 Restoration Wild

7.00 **How Do Animals Do That?** Investigating how smart wolves are. **7.30** If woodpeckers get headaches.
8.00 **Restoration Wild** Jay heads to Caribou Ranch to transform a 1940s bus into a mountainside wildlife retreat.
9.00 **Born Mucky: Life on the Farm** Mechanical failure and a mini twister hit Ally as he tries to bale a £10,000 grass harvest.
10.00 **I Was Prey** A woman is attacked by a black bear on her ranch, and a man comes face to face with a crocodile.
11.00 **Treehouse Masters** The team design a recording studio.
12.00 M'T **In Search of Monsters** A monster in New Jersey.
1.00 AM **How Do Animals Do That?** Double bill.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo**
4.00 **to 5.00** AM **Bad Dog!**

+1 hour 262 259

Nat Geographic

129 129 825 266 268 351 366

8.00 AM **Lost Treasures of Egypt**
9.00 **Time Scanners**
10.00 **Lost Treasures of the Maya**
11.00 **Drain the Oceans**
12.00 NOON **Hitler's Death Army: Das Reich**
1.00 PM **Apocalypse: Hitler Takes on the West**
2.00 **Nazi Megastructures**
3.00 **Mayday** A Boeing 737.
4.00 **Air Crash Investigation**
5.00 **To Catch a Smuggler**
6.00 **Car S.O.S.** Working on a 1972 Renault Alpine 110.

9.00 Car S.O.S.

7.00 **Car S.O.S.** Tim and Fuzz plan a surprise restoration of a rare French classic car in need of a major overhaul.
8.00 **Dutch Caribbean Coastguards** A difficult interception with a drug boat challenges the crew of *HNLMS Holland*.
9.00 **Car S.O.S.** Tim and Fuzz take on a 1992 Saab 900 Turbo, belonging to an electrical engineer who has recently fallen ill.
10.00 **Colossal Machines** Vehicles used in space exploration, including the space shuttle and the vehicle that transported it.
11.00 **Air Crash Investigation** The crash that killed Kobe Bryant.
12.00 M'T **Alaska: Next Generation**
1.00 AM **Ice Road Rescue: Highway Havoc!**
2.00 **Lawless Island**
3.00 **World's Biggest Battleship**
4.00 **to 5.00** AM **Drain the Ocean: Egypt's Lost Wonders**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **The UnXplained with William Shatner**
8.00 **Pawn Stars**
9.00 **American Pickers**
11.00 **Cities of the Underworld**
12.00 NOON **River Hunters**
1.00 PM **Forged in Fire** Four bladesmiths forge their way to a $10,000 Christmas bonus.
2.00 **American Pickers**
4.00 **The UnXplained with William Shatner**
6.00 **Pawn Stars** The guys check out two antique telephones. **6.30** A 1969 Gibson Les Paul.

10.00 Britain's Most Historic...

7.00 **Forged in Fire** Four bladesmiths square off in a battle to make throwing knives, before creating a nine-ringed broadsword.
8.00 **Curse of the Ancients** Professor Alice Roberts explores cataclysmic events to dispel the myths of family curses.
9.00 **Digging for Britain** Alice Roberts visits a secret location in the Cotswolds, which appears to be an Anglo Saxon cemetery.
10.00 **Britain's Most Historic Towns** Alice Roberts explores the Plantagenet era through the history of the city of Canterbury.
11.00 **How Sex Changed the World** A Roman empress who turned to prostitution for fun.
12.00 M'T **Curse of the Ancients**
1.00 AM **Lost Relic Hunters**
2.00 **Forged in Fire** As 7.00pm.
3.00 **How Sex Changed the World**
4.00 **River Hunters**
5.00 **to 6.00** AM **Pawn Stars**

+1 hour 223 271

Yesterday

155 129 27 159

6.00 AM **Antiques Roadshow**
8.00 **Forbidden History**
9.00 **Abandoned Engineering**
11.00 **Brazil** Henry Ford's Fordlandia.
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 **Abandoned Engineering**
4.00 **The Buildings That Fought Hitler** Chatham Docks.
5.00 **World War Weird** A World War One story in which German soldiers retreated from angels.
6.00 **Brazil** Michael Palin explores Minas Gerais, the source of Brazil's great mineral wealth.

8.00 Abandoned Engineering

7.00 **Great British Railway Journeys** A trip from Wareham to Portland. **7.30** A journey from Oxford to south Wales.
8.00 **Abandoned Engineering** Examining a ghost island once belonging to a secretive country on the fringes of Europe.
9.00 **Bangers and Cash** A 1967 Aston Martin DB6 arrives could be the most expensive car ever sold at the auction.
10.00 **Secrets of the Transport Museum** The volunteers prepare for the Brooklands Motorcycle day event.
11.00 **Bangers and Cash** A couple are reunited with their Volvo breakdown truck.
12.00 M'T **Abandoned Engineering** A juggernaut of Soviet engineering which was crucial to the international space race.
1.00 **to 3.00** AM **Antiques Roadshow**

+1 hour 255 200 75

Friday

7 PM
8 PM
9 PM
10 PM

Disc. History

177 257

6.00 AM **Edge of War**
7.00 **Codes and Conspiracies**
8.00 **Devonport: Inside the Royal Navy**
9.00 **Killers of the Cosmos**
10.00 **Engineering Mistakes**
11.00 **Codes and Conspiracies**
12.00 NOON **Combat Dealers**
1.00 PM **Expedition Unknown**
2.00 **Wings of War**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum**
5.00 **Devonport: Inside...**
6.00 **Killers of the Cosmos**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **UFOs: Lost Evidence**
10.00 **NASA's Unexplained...**
11.00 **Tony Robinson's VE Day**
12.00 M'T **Combat Dealers**
2.00 AM **Unexplained Files**
3.00 **Tony Robinson's VE Day**
4.00 **Blowing Up History**
5.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 277 261

Eden

166 245 247

9.00 AM **Frontier Borneo**
9.30 **The Zoo** A two-toed sloth.
10.00 **Life in the Undergrowth**
11.00 **Whale Wisdom**
12.00 **Gorilla Family and Me**
1.00 PM **Blue Planet II**
2.00 **Frontier Borneo**
2.30 **The Zoo** A two-toed sloth.
3.00 **Life in Great Wetlands**
5.00 **Whale Wisdom**
6.00 **Life in the Undergrowth**
7.00 **Blue Planet II**
8.00 **Frontier Borneo**
8.30 **The Zoo** A two-toed sloth.
9.00 **Life in the Great Wetlands** In Malaysia.
10.00 **Blue Planet II**
11.00 **Whale Wisdom**
12.00 M'T **Frontier Borneo**
1.00 AM **Life on Earth**
2.00 **The Hidden River**
3.00 **Bahama Blue**
3.50 **Fascinating New Zealand**
4.40 **Whale Wisdom**
5.30 **to 6.00** AM **Collar of Duty**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Cesar Millan: Better Human Better Dog**
9.00 **Yukon Vet**
10.00 **Exotic Animal ER**
11.00 **Unlikely Animal Friends: Puppy Love**
12.00 NOON **Snakes in the City** A black mamba.
1.00 PM **Island of the Monsoon** Four editions.
5.00 **Monster Fish**
6.00 **Snakes in the City** Hunting a cobra.
7.00 **Animal Fight Club** Animals risk everything to protect their young.
8.00 **Savage Kingdom**
9.00 **Jane Goodall: The Hope** The primatologist's conservation work.
11.00 **Caught in the Act**
12.00 M'T **Swamp Men**
1.00 AM **Animals Gone Wild**
2.00 **Unlikely Animal Friends: Puppy Love**
3.00 **Snakes in the City**
4.00 **to 5.00** AM **Island of the Monsoon**

Sky History 2

163 163 840 272

8.00 AM **Lost Secrets of the Pyramid**
9.00 **Mythical Beasts**
10.00 **The Colour of War**
11.00 **Combat Machines**
12.00 NOON **Ancient Aliens**
3.00 PM **Top Secret UFO Projects Declassified**
4.00 **Hitler's War**
5.00 **Combat Machines**
6.00 **Deep Sea Detectives**
7.00 **Top Secret UFO Projects Declassified**
8.00 **Lost Worlds** Grave robbers in Edinburgh. **9.00** The preserved city of Aphrodisias.
10.00 **Heroes Under Fire** US Rangers' 1945 mission.
11.00 **Ancient Aliens**
1.00 AM **Deep Sea Detectives**
2.00 **Lost Worlds**
3.00 **Heroes Under Fire**
4.00 **Lost Worlds**
5.00 **to 6.00** AM **Top Secret UFO Projects Declassified**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.35 **The Tank: Weapon of the 20th Century**
9.40 **Hitler's Circle of Evil**
10.50 **Plane Crash Recreated** New edition United Airlines Flight 232.
11.55 **Aging in the Wild**
1.00 PM **The Catacomb Mystery** The Vatican.
2.15 **The Tank: Weapon of the 20th Century**
3.20 **Hitler's Circle of Evil**
4.30 **Plane Crash Recreated**
5.40 **Beautiful Serengeti**
6.15 **The Catacomb Mystery**
7.30 **The Tank: Weapon of the 20th Century**
8.40 **Hitler's Circle of Evil**
9.55 **Plane Crash Recreated**
11.00 **The Catacomb Mystery**
12.15 AM **The Tank: Weapon of the 20th Century**
1.30 **Hitler's Circle of Evil**
2.35 **Plane Crash Recreated**
3.35 **to 4.00** AM **Beautiful Serengeti**

+1 hour 87

CI

156 156 837 209

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **On the Case with...**
11.00 **Killer in Plain Sight**
12.00 NOON **Homicide Hunter**
1.00 PM **Meet, Marry, Murder**
2.00 **Homicide: Hours to Kill**
3.00 **Unusual Suspects**
4.00 **Crimes That Shook Britain** Dale Cregan.
5.00 **Nightmare in Suburbia**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Meet, Marry, Murder**
9.00 **Court Cam: Under Oath** New edition
10.00 **I Survived a Serial Killer** New edition
11.00 **Court Cam**
12.00 M'T **Snapped**
1.00 AM **I Survived a Serial Killer** Fast food killer.
2.00 **Court Cam: Under Oath**
3.00 **Unusual Suspects**
4.00 **On the Case with...**
5.00 **to 6.00** AM **Snapped**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY Films

Friday

8 PM

9 PM

10 PM

11 PM

primetime

Sky Cinema Premiere

301 301 848 401 501 515

7.15 AM **Pil's Adventures** Animation. (2021, U, 89min) ★★
8.55 **Escape Room: Tournament of Champions** As 6.20pm.
10.35 **Fast & Furious 9** As 10pm.
1.05 PM **PREMIERE Reminiscence**
3.05 **Kimi** As shown at 12.30am.
4.45 **The Desperate Hour** Thriller. (2021, 12, 84min) ★★★★
6.20 **Escape Room: Tournament of Champions** Horror thriller sequel starring Taylor Russell. (2021, 15, 88min) ★★

8.00 Reminiscence

8.00 **PREMIERE Reminiscence** Sci-fi romance with Hugh Jackman and Rebecca Ferguson. A private investigator of the mind navigates the alluring world of the past when his life is changed by a new client. (2021, 12, 116min) ★★★ *See review, page 22.*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Fast & Furious 9** Action sequel starring Vin Diesel, Jordana Brewster, John Cena and Michelle Rodriguez. The crew must take on an international terrorist, who turns out to be Dom and Mia's estranged brother. (2021, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Kimi** Crime thriller starring Zoë Kravitz and Rita Wilson. (2022, 15, 87min) ★★★★
2.15 **to 4.15** AM **Malignant** Horror. (2021, 18, 111min) ★★★★

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

7.00 AM **Weathering With You**
9.00 **The Croods** As 4.20pm.
10.50 **Max Winslow and the House of Secrets** Sci-fi thriller. (2019, 12, 98min) ★
12.35 PM **Synchronic** As 12.05am.
2.25 **Mass** Drama starring Jason Isaacs and Martha Plimpton. (2021, 12, 111min) ★★★★★
4.20 **The Croods** Animated comedy. (2013, U, 98min) ★★★★
6.05 **2 Guns** Action thriller. (2013, 15, 104min) ★★★

10.05 The Conjuring: The Devil...

8.00 **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy and Charlize Theron. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. With Nicholas Hoult. (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Conjuring: The Devil Made Me Do It** Horror sequel starring Patrick Wilson and Vera Farmiga. Paranormal investigators Ed and Lorraine Warren look into a murder that may be linked to a demonic possession. (2021, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Synchronic** Sci-fi thriller starring Anthony Mackie. (2020, 15, 102min) ★★★★
2.00 **Mass** As shown at 2.25pm.
4.00 **to 6.00** AM **Weathering With You** Animated fantasy. (2019, 12, 112min) ★★★★

Sky Cinema Family

306 306 850 406 506 520

6.55 AM **Bogus** (1996, PG) ★★
8.50 **My Girl 2** As 11.50pm.
10.35 **The Borrowers** (1997) ★★★★
12.05 PM **Paddington** Comedy. (2014, PG, 95min) ★★★★
1.45 **Mirror Mirror** Comedy fantasy. (2012, PG, 101min) ★★★
3.35 **James and the Giant Peach** Fantasy. (1996, U) ★★★★
5.00 **The Addams Family** Comedy. (1991, PG, 95min) ★★★★
6.45 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★

8.30 The Tiger Rising

8.30 **The Tiger Rising** Family drama starring Dennis Quaid and Queen Latifah. When a 12-year-old boy discovers a caged tiger in the woods near his home, his imagination runs wild. (2022, PG, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Think Like a Dog** Family comedy drama starring Josh Duhamel. (2020, PG, 91min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **My Girl 2** Family drama sequel with Anna Chlumsky, Dan Aykroyd and Jamie Lee Curtis. (1994, PG, 99min) ★★
1.45 AM **Pinocchio** Italian adaptation of the classic tale, starring Federico Ielapi and Roberto Benigni. Subtitled. (2019, PG, 125min) ★★★★
4.05 **to 6.20** AM **Proximity** Sci-fi drama starring Ryan Masson and Highdee Kuan. (2020, PG, 119min) ★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **The Paper Tigers** Comedy. (2020, 12, 108min) ★★★
7.55 **Crouching Tiger, Hidden...**
10.00 **Centurion** (2009, 15) ★★★
11.40 **Twister** (1996, PG) ★★★
1.35 PM **Beverly Hills Cop** Comedy thriller. (1984, 15) ★★★★★
3.25 **The Transporter** Thriller. (2002, 15, 88min) ★★★
5.00 **Transporter 2** Thriller sequel. (2005, 15, 88min) ★★★
6.30 **Monster Hunter** Fantasy. (2020, 12, 103min) ★★

6.30 Monster Hunter

8.15 **Wonder Woman 1984** Superhero action sequel starring Gal Gadot, Chris Pine and Pedro Pascal. Diana Prince must contend with Maxwell Lord, whose desire for extreme wealth sends the world down a path of destruction. (2020, 12, 151min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Pain & Gain** Fact-based crime comedy starring Mark Wahlberg. (2013, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Crouching Tiger, Hidden Dragon** Ang Lee's romantic period adventure. Subtitled. (2000, 12, 120min) ★★★★★
3.00 **American Fighter** Thriller. (2020, 15, 98min) ★★★
4.40 **to 6.00** AM **Wonder Woman** Animated action adventure. (2009, PG, 74min) ★★★

Sky Cinema Comedy

308 308 852 408 508 522

6.50 AM **An American Pickle** Comedy starring Seth Rogen. (2020, 12, 88min) ★★★
8.35 **The Last Shift** As 5.05am.
10.20 **Friends with Benefits** (2011)
12.20 PM **The Other Guys** (2010)
2.20 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
4.20 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
6.20 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★

6.20 Mean Girls

8.00 **Liar Liar** Comedy starring Jim Carrey. A lawyer is forced to tell the truth for one day after his five-year-old son is granted his birthday wish. (1997, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **The Other Guys** Crime comedy with Will Ferrell and Mark Wahlberg. A pair of desk-bound New York cops finally see action after they uncover a financial conspiracy. (2010, 12, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **That Awkward Moment** Romantic comedy with Zac Efron. (2014, 15, 92min) ★★
1.15 AM **Friends with Benefits** Romantic comedy starring Justin Timberlake and Mila Kunis. (2011, 15, 109min) ★★★
3.15 **Carry On Cleo** Comedy starring Sidney James. (1964, PG, 90min) ★★★★
5.05 **to 6.50** AM **The Last Shift** Drama with Richard Jenkins. (2020, 15, 90min) ★★★★

Sky Cinema Godfather

304 304 849 404 504 518

6.00 AM **The Godfather** As 3.40pm.
9.10 **The Godfather Part II** (1974)
12.40 PM **The Godfather Part III**
3.40 **The Godfather** Francis Ford Coppola's classic gangster saga of a Mafia family engaged in bloody war with rival crime families. Stars Marlon Brando, Al Pacino, James Caan, Robert Duvall and Diane Keaton. (1971, 15, 167min) ★★★★★

6.40 **The Godfather Part II** Francis Ford Coppola's epic gangster sequel starring Al Pacino and Robert De Niro. Having escaped to America following his mother's murder by a Mafia don, Sicilian Vito Corleone rises to prominence as a feared gangster. Fifty years later, his son Michael consolidates his position as the head of his late father's empire. With Robert Duvall and Diane Keaton. (1974, 18, 200min) ★★★★★

10.00 **The Godfather Part III** Concluding chapter of Francis Ford Coppola's grand gangster epic starring Al Pacino. (1990, 15, 162min) ★★★
1.00 AM **The Godfather** As 3.40pm.
4.10 **to 7.40** AM **The Godfather Part II** As shown at 6.40pm.

Sky Cinema Animation

305 305 412 500 514

6.00 AM **The Giant Pear** As 8.20pm.
7.25 **The Red Turtle** As 9.45pm.
9.00 **Duck Duck Goose** Animation. (2018, 15, 91min) ★★
10.35 **Space Chimps** Animated sci-fi adventure. (2008, U, 81min) ★★
12.10 PM **Space Chimps 2: Zartog Strikes Back** Animated sci-fi sequel. (2010, U, 72min) ★
1.40 **The Road to El Dorado** Animation. (2000, U) ★★

3.25 **Early Man** Animation. (2018, PG, 87min) ★★★★
5.00 **The Boxtrolls** Stop-motion animated fantasy adventure. (2014, PG, 97min) ★★★★
6.40 **The Prince of Egypt** Animated epic. (1998, U, 99min) ★★★★
8.20 **The Giant Pear** Animation. (2017, U, 79min) ★★
9.45 **The Red Turtle** Animation. (2016, PG, 80min) ★★★★
11.10 **The Fairy Princess & the Unicorn** Animated adventure. (2019, U, 85min) ★★

12.40 AM **Henchmen** Animation. (2018, PG, 89min) ★★
2.05 **The Wacky Hen** Animation. (2019, U, 80min) ★★
3.30 **Combat Wombat** Animation. (2020, U, 90min) ★★★
5.00 **to 6.30** AM **Leo Da Vinci: Mission Mona Lisa** (2018, U) ★★

TCM Movies

315 415 416

6.00 AM **Hollywood's Best Directors**
7.10 **Off Set** With Jamie Cullum.
7.20 **Easter Parade** Musical. (1948, U, 99min) ★★★★★
9.25 **The VIPs** Glossy melodrama. (1963, PG, 117min) ★★★
11.55 **Colt .45** (1950, U) ★★★
1.30 PM **The Raiders** Western. (1963, U, 75min) ★★
3.10 **Bullitt** Police action thriller. (1968, 15, 109min) ★★★★★

5.30 **Jesse James vs the Daltons** Western. (1954, U, 65min) ★★
6.55 **Separate Tables** Romantic drama starring Burt Lancaster. (1958, b/w, PG, 98min) ★★★★
9.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney and Brad Pitt. Charismatic thief Danny Ocean and his gang try to steal $160million in Europe. (2004, 12, 125min) ★★★★
11.35 **Get Carter** Gangster thriller starring Michael Caine. (1971, 18, 112min) ★★★★★

1.50 AM **Dial M for Murder** Thriller. (1954, PG, 101min) ★★★★
3.45 **Off Set** With Ben Miller.
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Rose of Cimarron** Revenge Western. (1952, U, 73min) ★★
7.35 **Streamline Express** Comedy. (1935, b/w, PG, 72min) ★★
8.45 **The Ghost Camera** (1933) ★
10.05 **Piccadilly Third Stop** Thriller. (1960, b/w, PG, 90min) ★★
11.50 **The Bad Lord Byron** Period drama. (1948, PG, 85min) ★★
1.30 PM **The Perfect Woman** Comedy. (1949, b/w, U) ★★

3.15 **Flame of the Islands** Drama. (1955, PG, 90min) ★★
5.00 **Upstairs, Downstairs** (S5)
6.00 **Look at Life** Documentary.
6.15 **Ring of Spies** Spy thriller. (1963, b/w, PG, 90min) ★★
8.00 **The Outer Limits** (S1)
9.00 **Cellar Club with Caroline Munro**
9.10 **The Vampire Lovers** Horror with Ingrid Pitt and Peter Cushing. (1970, 18, 91min) ★★★
11.00 **Cellar Club with Caroline Munro**
11.05 **Squirm** Horror thriller. (1976, 18, 92min) ★★★

12.55 AM **Cellar Club with Caroline...**
1.00 **Gas-s-s-s** Sci-fi spoof. (1970, PG, 79min) ★★
2.35 **Cellar Club with Caroline Munro**
2.40 **Downhill Racer** Sports drama. (1969, PG, 101min) ★★★
4.40 **to 6.00** AM **Tinker** Documentary. (1949, b/w, U) ★★

Horror

317 149 69 138

8.00 AM **First Wave** 10/22. (S1)
9.00 **Battlestar Galactica** 9/24. (S1)
10.00 **The Prisoner** 6/17. (S1)
11.00 **King Arthur's Sword** Fantasy. (2017, PG, 85min) ★★
1.00 PM **Princess of Mars** Adventure. (2009, 12, 90min) ★★
3.00 **Andromeda** 15/22. (S5)
4.00 **Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
6.00 **The Prisoner** 7/17. (S1)

7.00 **Battlestar Galactica** *The Magnificent Warriors:* 10/24. Adama struggles to save the fleet from starvation. (S1)
8.00 **Star Trek** *The Ultimate Computer:* 24/26. The *Enterprise* tests a new computer. (S2)
9.00 **The Last Days on Mars** Sci-fi horror starring Liev Schreiber and Elias Koteas. Astronauts on a mission to Mars find evidence of life on the red planet, but the discovery threatens all their lives. (2013, 15, 98min) ★★

10.55 **Castle Freak** Horror thriller. (2020, 15, 106min) ★★
1.05 AM **Killer Mermaids** Serbian horror. (2014, 94min) ★★
2.55 **to 4.30** AM **Redwood** Horror thriller. (2017, 15, 80min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.00 AM **Mission: Impossible** Thriller. (1996, PG) ★★★
7.55 **Mission: Impossible II** Thriller sequel. (2000, 15) ★★★★
10.00 **Red Lights** (2012, 15) ★★★
11.55 **Munich** Political thriller. (2005, 15, 164min) ★★★★
2.40 PM **Tenet** Action thriller. (2020, 12, 150min) ★★★★★
5.10 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
7.30 **Flight** Drama starring Denzel Washington. (2012, 15) ★★★★

10.00 The Birthday Cake

Flight (film started at 7.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

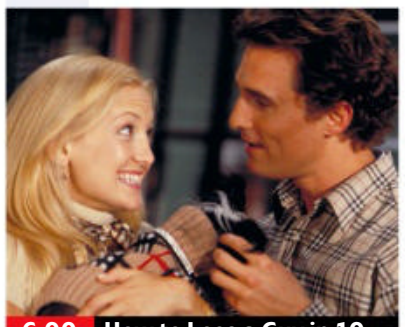
10.00 **The Birthday Cake** Thriller starring Shiloh Fernandez and Val Kilmer. (2021, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Dragged Across Concrete** Crime drama starring Mel Gibson and Vince Vaughn. Two cops get suspended from the force when a video of their strong-arm tactics is leaked. (2018, 18, 158min) ★★★★
2.15 AM **Manhunter** Psychological thriller starring Brian Cox. (1986, 18, 118min) ★★★★
4.20 **to 6.05** AM **Kindred** Horror starring Tamara Lawrance. (2021, 15, 101min) ★★★

Sky Cinema Drama

310 310 854 410 510 524

6.00 AM **Good Posture** (2019)
7.50 **The Public** As 3.50am.
9.55 **State Like Sleep** Mystery drama. (2018, 15, 104min) ★★
11.55 **Love Happens** Comedy drama. (2009, 12, 108min) ★★★
1.55 PM **The Hundred-Foot Journey** Comedy drama. (2014, PG, 119min) ★★★
4.00 **Chef** Jon Favreau's comedy. (2014, 15, 114min) ★★★★
6.00 **How to Lose a Guy in 10 Days** Comedy. (2003, 12) ★★★


6.00 How to Lose a Guy in 10...

8.00 **Eat Pray Love** Romantic drama based on Elizabeth Gilbert's best-selling memoir, starring Julia Roberts. A frustrated New Yorker sets off on a year-long journey of self-discovery to Rome, India and Bali. With Javier Bardem and Richard Jenkins. (2010, PG, 139min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

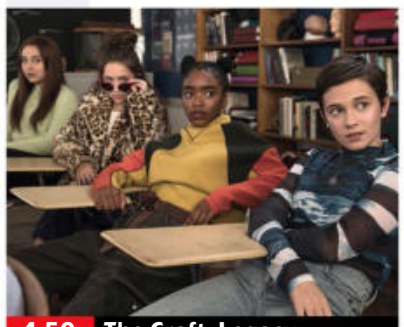
10.25 **Away We Go** Comedy drama starring John Krasinski, Maya Rudolph and Maggie Gyllenhaal. (2009, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Finding the Way Back** Sports drama starring Ben Affleck and Al Madrigal. (2020, 15, 108min) ★★★★
2.05 **Good Posture** Comedy drama with Grace Van Patten. (2019, 15, 91min) ★★★★
3.50 **to 6.00** AM **The Public** Drama starring Alec Baldwin. (2017, 15, 119min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **The Head Hunter** Horror. (2018, 15, 72min) ★★★★
7.20 **Terminator 3: Rise of the Machines** (2003, 12) ★★★
9.10 **Terminator Salvation** Thriller sequel. (2009, 12) ★★★
11.10 **Final Destination** As 1.40am.
12.50 PM **Candyman** (1992) ★★★★
2.35 **The Matrix Revolutions**
4.50 **The Craft: Legacy** Horror. (2020, 15, 97min) ★★★★
6.30 **Cloverfield** Disaster movie. (2007, 15, 81min) ★★★


4.50 The Craft: Legacy

8.00 **The Unholy** Horror starring Jeffrey Dean Morgan. A hearing-impaired girl is visited by the Virgin Mary and can suddenly hear, speak and heal the sick, but terrifying events soon unfold. (2021, 15, 99min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

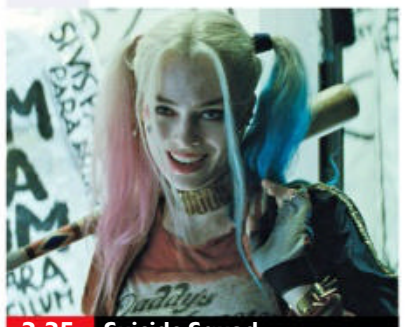
9.50 **Event Horizon** Sci-fi horror starring Laurence Fishburne, Sam Neill and Kathleen Quinlan. (1997, 18, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Matrix Revolutions** Sci-fi action thriller starring Keanu Reeves, Laurence Fishburne and Carrie-Anne Moss. (2003, 15, 129min) ★★★
1.40 AM **Final Destination** Horror thriller starring Devon Sawa, Ali Larter and Kerr Smith. (2000, 15, 97min) ★★★★
3.20 **The Craft: Legacy** As shown at 4.50pm.
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Oscars

302 302 856 402 502 516

6.00 AM **Lawrence of Arabia**
9.40 **The Way We Were** Romantic drama with Barbra Streisand. (1973, PG, 118min) ★★★
11.40 **Apollo 13** Fact-based drama. (1995, PG, 140min) ★★★★
2.00 PM **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
3.35 **Suicide Squad** Fantasy. (2016, 15, 123min) ★★★
5.40 **Inception** Sci-fi thriller starring Leonardo DiCaprio. (2010, 12, 149min) ★★★★★


3.35 Suicide Squad

8.10 **The Fighter** Fact-based Oscar-winning boxing drama starring Mark Wahlberg, Christian Bale and Amy Adams. American boxer 'Irish' Micky Ward struggles to break free of his dysfunctional family and get a shot at success. (2010, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Warrior** Action drama starring Joel Edgerton and Tom Hardy. Two bitterly estranged brothers enter a $5million winner-takes-all Mixed Martial Arts tournament in Atlantic City. (2011, 12, 139min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Norbit** Comedy with Eddie Murphy and Thandie Newton. (2007, 12, 101min) ★★
2.35 **to 6.20** AM **Lawrence of Arabia** David Lean's epic biopic starring Peter O'Toole. (1962, PG, 221min) ★★★★★

Film4

313 313 855 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Black Shield of Falworth** Medieval adventure. (1954, U, 99min) ★★
1.05 PM **The Million Pound Note** Comedy. (1953, U) ★★★★
2.55 **Distant Drums** Western. (1951, U, 99min) ★★
5.00 **Carry On Regardless** Comedy. (1961, b/w, PG, 85min) ★★★
6.50 **Super 8** Sci-fi mystery with Joel Courtney and Elle Fanning. (2011, 12, 111min) ★★★★

6.50 Super 8

Super 8 (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Mission: Impossible III** Action spy thriller starring Tom Cruise and Philip Seymour Hoffman. Secret agent Ethan Hunt tries to free his kidnapped wife from the clutches of an international arms dealer. (2005, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.25 NEW **Digging** Drama starring Bradley Banton.
11.40 **Midnight Run** Comedy thriller with Robert De Niro, Charles Grodin and Yaphet Kotto. (1988, 18, 122min) ★★★★
2.15 **to 3.55** AM **The Devil's Doorway** Horror thriller starring Lalor Roddy, Ciaran Flynn and Helena Bereen. (2018, 15, 76min) ★★★

11 PM

+1 hour 314 430 47 301

GREAT! movies classic

319 424 52 303

6.00 AM **Ladies Who Do** Comedy. (1963, b/w, U, 85min) ★★
7.45 **Lady Luck** (1946, PG) ★★★
9.35 **Ladies of the Chorus** Musical. (1948, b/w, U, 60min) ★★★
10.50 **The End of the Affair** Romantic drama. (1955, PG, 106min) ★★
1.00 PM **Loss of Innocence** Drama. (1961, PG, 97min) ★★
3.05 **The Way We Were** Romance. (1973, PG, 118min) ★★★

5.30 **The Reckless Moment** Film noir thriller starring Joan Bennett and James Mason. (1949, b/w, 12, 79min) ★★★
7.15 **The Raiders of Leyte Gulf** World War Two drama starring Jennings Sturgeon and Michael Parsons. (1963, 12, 80min) ★★
9.00 **The Bunker** Drama starring Anthony Hopkins and Richard Jordan. (1981, PG, 150min) ★★
12.05 AM **Tank Commandos** Action drama starring Robert Barron. (1959, b/w, PG, 81min) ★★

1.40 **The Ravagers** Adventure. (1965, b/w, PG, 88min) ★★
3.20 **Tomorrow We Live** War drama. (1942, b/w, U, 87min) ★★
4.45 **to 6.00** AM **Operation Dames** War drama. (1959, b/w, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Murder by Text: Garage Sale Mystery** (2017, PG) ★★
11.00 **Nightmare Nurse** Thriller. (2016, PG, 90min) ★★
1.00 PM **The Deadly Room: Garage Sale Mystery III** Crime drama. (2015, 12, 90min) ★★
2.50 **Mother's Crime** Drama. (2017, PG, 105min) ★★
4.35 **Hannah's Law** Western. (2012, PG, 88min) ★★

6.20 **First Knight** Romantic drama starring Sean Connery, Richard Gere and Julia Ormond. Lady Guinevere finds her emotions torn between King Arthur and wandering knight Lancelot. (1995, PG, 134min) ★★
9.00 **The Terminal** Steven Spielberg's comedy drama starring Tom Hanks as a traveller from Eastern Europe who becomes stranded in New York's JFK airport terminal by a coup back home. (2004, 12, 129min) ★★★★

11.35 **Donnie Brasco** Crime drama. (1997, 18, 126min) ★★★★
2.10 AM **The Hatton Garden Job** Crime drama. (2017, 15) ★★
4.00 **to 6.00** AM **Abducted Love** Thriller. (2016, PG, 86min) ★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Rachel and the Stranger** Western. (1948, b/w, PG) ★★★
7.50 **Final Voyage** Action adventure. (1999, 15, 91min) ★★
9.35 **Air Collision** (2012, PG) ★
11.30 **Major Dundee** Western. (1964, PG, 117min) ★★★
1.55 PM **Cripple Creek** Western. (1952, U, 77min) ★★
3.35 **Sealed Cargo** Adventure. (1951, b/w, PG, 90min) ★★★

5.25 **Field Punishment No. 1** World War One drama starring Fraser Brown. (2014, 12, 90min) ★★★
7.10 **Super Eruption** Disaster movie starring Richard Burgi and Juliet Aubrey. (2011, 15, 89min) ★★
9.00 PREMIERE **The Recall** Sci-fi thriller starring Wesley Snipes. When aliens invade the planet, a group of friends form an unlikely alliance with a mysterious hunter in order to survive. With Laura Bilgeri. (2017, 15, 90min) ★★

10.55 **Drive** Stylish film-noir thriller. (2011, 18, 100min) ★★★★★
12.55 AM **Assassination Games** Thriller. (2010, 18, 95min) ★★
2.55 **to 4.00** AM **Hell Squad** War drama. (1958, b/w, PG) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Our Christmas Love Song**
9.00 **Love in the Sun** As 9pm.
11.00 **Love Takes Flight** As 11pm.
1.00 PM **Love to the Rescue** As 1am.
3.00 **Love at Daisy Hills** Romantic drama starring Cindy Busby. (2020, PG, 90min) ★★
5.00 **Love at Sky Gardens** Romantic comedy starring Jenny Raven, Andrew Bushell and Joey Belfiore. (2021, PG, 84min) ★★

7.00 **Our Christmas Love Song** Romantic comedy starring Alicia Witt. A Country star gets accused of plagiarising her holiday single, returns home and bumps into an old flame (2019, U, 100min) ★★
9.00 **Love in the Sun** Drama starring Emeraude Toubia. A dating app creator finds her views on love challenged when she returns home to Florida and reconnects with her high-school sweetheart. (2019, PG, 90min) ★★

11.00 **Love Takes Flight** Romantic drama. (2019, PG, 87min) ★★
1.00 AM **Love to the Rescue** Romantic drama starring Nikki Deloach. (2019, PG, 84min) ★★
3.00 **to 5.00** AM **Love at Daisy Hills**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

Master *Prime Video* Action thriller starring Thalapathy Vijay. ★★★★
9.00 PM **Mad Max** *ITV4* Cult action thriller starring Mel Gibson and Joanne Samuel. ★★★★★
9.00 **Hitman: Agent 47** *E4* Thriller starring Rupert Friend. ★★
9.00 **28 Days Later...** *5STAR* Horror thriller starring Cillian Murphy and Naomie Harris. ★★★★
9.15 **Lady Bird** *BBC3* Comedy drama starring Saoirse Ronan and Laurie Metcalf. ★★★★★
10.00 **Monster Hunters** *Syfy* Thriller starring Tom Sizemore. ★
10.30 **The Hunt for Red October** *Channel 5* Cold War thriller starring Sean Connery. ★★★★
10.45 **Rocky V** *ITV (Not ITV Wales, Ulster)* Boxing drama sequel starring Sylvester Stallone. ★
11.15 **Alien Resurrection** *5STAR* Sci-fi horror thriller starring Sigourney Weaver. ★★★★
12.05 AM **Boyz N the Hood** *BBC1 (Scot 1.05am)* Oscar-nominated urban drama. ★★★★★
12.10 **Why Him?** *Channel 4* Comedy starring Bryan Cranston. ★★★
12.30 **I Am Evidence** *Sky Documentaries* ★★★★

Friday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

- 6.00 AM **Sky Sports News**
- 7.00 **Good Morning Sports Fans**
- 7.30 **Early Kick-Off**
- 8.00 **The Inside Line**
- 8.25 LIVE **Formula 3** The first practice session from Bahrain.
- 9.10 **F1 Features**
- 9.35 LIVE **Formula 2** The practice session from Bahrain.
- 10.20 **Martin & Damon in the FW07**
- 10.30 **The Football Show**
- 11.30 LIVE **Formula 1** The Bahrain Grand Prix first practice session.
- 1.20 PM LIVE **Formula 3** The qualifying session from Bahrain.
- 2.00 **F1 Features**
- 2.45 LIVE **Formula 1** The Bahrain Grand Prix second practice.
- 4.20 LIVE **Formula 2** The qualifying session from Bahrain.
- 5.00 **The F1 Show**
- 6.00 **Sky Sports News**
- 7.00 LIVE **FNF Wolverhampton Wanderers v Leeds United.** The Premier League match from Molineux. Kick-off is at **8.00pm**.
- 10.30 **Sky Sports News**
- 12.30 **to 8.05** AM LIVE **ICC Women's World Cup India v Australia.** From Eden Park.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

- 6.00 AM **PL Greatest Games**
- 7.00 **PL Legends: Paolo Di Canio**
- 8.00 **Best PL Goals: Man United v Everton**
- 8.30 **Best PL Goals: Chelsea v Arsenal**
- 9.00 **Premier League 100 Club**
- 10.00 **The Football Show**
- 12.00 NOON **Gary Neville's Soccerbox** Double bill.
- 1.00 PM **Premier League Years**
- 3.00 **PL Greatest Games**
- 4.00 **Best PL Goals 06/07**
- 5.00 **Premier League 100 Club**
- 5.30 **Premier League Matchpack**
- 6.00 **Inside the WSL** The latest news.
- 6.30 **Premier League Preview**
- 7.00 LIVE **FNF Wolverhampton Wanderers v Leeds United.** The Premier League match from Molineux. Kick-off **8.00pm**.
- 10.30 **Premier League Matchpack**
- 11.00 **Inside the WSL** The latest news.
- 11.30 **Premier League 100 Club**
- 12.00 M'T **FNF** Wolverhampton Wanderers v Leeds United.
- 1.45 AM **Premier League Years**
- 3.45 **PL Greatest Games**
- 4.00 **Best PL Goals** Double bill.
- 5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

- 6.00 AM **Football's Greatest Players**
- 6.30 **Football Countdowns**
- 7.00 **Football Years**
- 7.30 **Greatest Games**
- 9.00 **Bundesliga Weekly**
- 9.30 **EFL Highlights**
- 10.30 **SPFL Greatest Games**
- 11.00 **EFL Cup Retro 17**
- 1.00 PM **Retro C'Ship SF 19**
- 3.00 **EFL Championship Season Review 16/17**
- 4.00 **EFL Final C'Ship 10/11**
- 5.00 **Greatest Games**
- 6.00 **Bundesliga Weekly**
- 6.30 **EFL Highlights**
- 7.15 **MLS** Wayne Rooney's top goals.
- 7.20 LIVE **Bundesliga VfL Bochum v Borussia Monchengladbach.** Coverage of the top-flight German match at Vonovia-Ruhrstadion. Kick-off **7.30pm**.
- 9.30 **Scotland: Whatever It Takes**
- 10.30 **EFL Goals: Leagues 1 & 2**
- 11.00 **EFL Greatest Games**
- 12.00 M'T **Retro C'Ship 10**
- 2.30 AM **Best C'Ship Goals 17/18**
- 3.00 **EFL Play-Off Final C'Ship 12/13**
- 4.00 **EFL Play Off Finals League 1 12/13** Brentford v Yeovil Town.
- 5.00 **to 6.00** AM **EFL Play Off Finals League 2 12/13**

Sky Sports World Cup

404 404 862 | 514 504 | 423 443

- 6.00 AM **Women's World T20 Classics** England v Australia 2007.
- 6.30 **ICC Women's World Cup**
- 10.30 LIVE **One-Day International Cricket South Africa v Bangladesh.** Coverage of the first ODI in the three-match series, staged at SuperSport Park.
- 7.00 PM **ICC Women's World Cup** Bangladesh v West Indies.
- 8.00 **ICC Women's World Cup** Highlights of England v India.
- 9.00 **One-Day International Cricket** South Africa v Bangladesh.
- 10.00 **Best of the Women's World T20** Action from the 2009 final.
- 10.15 **Best of the ICC Women's World Cup** Archive action from England v Sri Lanka from 2013.
- 10.30 **One-Day International Cricket** South Africa v Bangladesh: Highlights of the first ODI in the three-match series, staged at SuperSport Park, Centurion
- 11.30 **ICC Women's World Cup** Bangladesh v West Indies.
- 12.30 **to 8.05** AM LIVE **ICC Women's World Cup India v Australia.** Coverage of the group match taking place at Eden Park in Auckland, New Zealand.

Sky Sports Golf

405 405 863 | 515 505 | 424 444

- 6.00 AM **Ladies European Tour Golf**
- 10.00 LIVE **Ladies European Tour Golf** Coverage of day two of the Aramco Saudi Ladies International, taking place at the Royal Greens Golf & Country Club.
- 10.30 LIVE **DP World Tour Golf** Coverage of the second day of the Steyn City Championship, taking place at The Club at Steyn City in Johannesburg, South Africa.
- 3.30 PM LIVE **PGA Tour Golf** Coverage of the second day's play of the Valspar Championship from the Innisbrook Resort in Palm Harbour, Florida.
- 10.00 **Ladies European Tour Golf** The second day of the Aramco Saudi Ladies International Classic.
- 2.00 AM **Miracle in Medinah – The Story of the 2012 Ryder Cup** A look back at the 39th staging of the event, which took place between the USA and Europe at the Medinah Country Club, Illinois.
- 4.00 **PGA Tour Golf** Action from all four days of the 2015 Valspar Championship from Florida.
- 5.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 870 | 527 | 408 430

- 6.00 AM **Ligue 1 Show**
- 6.30 **Premier League Reload**
- 6.45 **Premier League Match Pack**
- 7.15 **ESPN FC** Football news.
- 7.45 **Test Cricket Highlights**
- 8.45 LIVE **Isuzu UTE A-League Newcastle Jets v Wellington Phoenix.** The top-flight Australian match at McDonald Jones Stadium. Kick-off **8.45am**.
- 10.45 **ESPN FC** Football news.
- 11.15 **BT Sport Reload**
- 11.30 **Test Cricket Highlights**
- 12.30 PM **Rugby Walks**
- 1.30 LIVE **Test Cricket West Indies v England.** The third day of the second Test in the three-match series held at Kensington Oval.
- 10.00 **WWE NXT UK**
- 11.00 **WWE SmackDown Highlights**
- 12.00 M'T LIVE **WWE Friday Night SmackDown** Wrestling action.
- 2.00 AM **WWE NXT Highlights**
- 3.00 **UFC Fight Camp**
- 3.30 **Scottish Football Extra**
- 4.00 **Premier League Preview**
- 4.30 **FIM SuperEnduro Championship**
- 5.00 **UEFA Champions League Magazine** News and action.
- 5.30 **to 6.00** AM **Scottish Football Extra**

BT Sport 2

414 414 871 | 528 | 409 431

- 6.00 AM LIVE **MotoGP** The FP2 at the Grand Prix of Indonesia.
- 8.00 **FIM SuperEnduro Championship**
- 8.30 LIVE **AFL St Kilda v Collingwood.** Bounce-up **8.50am**.
- 11.30 **UEFA Europa League**
- 1.00 PM **UEFA Europa Conference League** Double bill.
- 2.00 **UEFA Europa League**
- 2.30 **Ligue 1 Show**
- 3.00 LIVE **NCAA Championship** Coverage of the NCAA Wrestling Championships quarter-finals.
- 6.00 **Inside Serie A**
- 6.30 **Scottish Football Extra**
- 7.00 **Premier League Preview**
- 7.30 LIVE **Premiership Rugby Cup Newcastle Falcons v Leicester Tigers.** Coverage from Kingston Park. Kick-off **7.45pm**.
- 10.00 **Rugby Stories**
- 10.30 **Champions League Magazine**
- 11.00 **UEFA Europa League Highlights Show**
- 12.00 M'T **Ligue 1**
- 1.00 AM LIVE **MotoGP** The FP3 at the Grand Prix of Indonesia.
- 3.45 **BT Sport Reload**
- 4.00 **to 8.00** AM LIVE **MotoGP** The GP of Indonesia qualifying.

BT Sport 3

417 417 874 | 529 | 410 432

- 6.00 AM **BT Sport Reload**
- 6.30 **Badminton Unlimited**
- 7.00 **WWE Raw Highlights**
- 8.00 **WWE NXT Highlights**
- 9.00 **UEFA Europa League Highlights Show**
- 10.00 LIVE **Badminton** Coverage of the Yonex All England Badminton Championships which takes place at Utilita Arena Birmingham.
- 3.30 PM **MotoGP: ICYMI**
- 3.45 **The Football's On** A humorous look at the week's football stories.
- 4.45 **MotoGP: ICYMI**
- 5.00 LIVE **Badminton** Coverage of the Yonex All England Badminton Championships which takes place at Utilita Arena Birmingham.
- 10.30 **MotoGP: ICYMI** Action from Grand Prix of Indonesia.
- 10.45 **UFC Unleashed**
- 11.45 **MotoGP: ICYMI**
- 12.00 M'T LIVE **NCAA Championship** Coverage of the NCAA Wrestling Championships semi-finals.
- 3.00 AM **Premiership Rugby Cup**
- 4.00 **UEFA Europa League Highlights Show**
- 5.00 **Premier League Match Pack**
- 5.30 **to 6.00** AM **Premier League Preview**

Sky Sports Action

407 407 865 | 517 507 | 426 446

- 6.00 AM **NFL: America's Game**
- 7.00 **Premier League Darts** A replay of the sixth night of the 2022 tournament from Nottingham.
- 10.30 **NFL Bitesize Highlights**
- 11.00 **Good Morning Football**
- 2.00 PM **NFL Highlights** Kansas City Chiefs v Cincinnati Bengals in the AFC Championship Game.
- 3.00 **Premier League Darts** A replay of the sixth night of the tournament from Nottingham.
- 6.30 **NFL Bitesize Highlights** Kansas City Chiefs v Cincinnati Bengals in the AFC Championship Game.
- 6.45 **NFL Bitesize Highlights** Los Angeles Rams v San Francisco 49ers in the NFC Championship.
- 7.00 **NBC's Pro-Football Talk**
- 9.00 **Top Rank Boxing Archive** Marvin Hagler v Sugar Ray Leonard from 1987.
- 10.15 **Top Rank Boxing Archive** Action from Sugar Ray Leonard v Thomas Hearns from 1989.
- 11.30 **Top Rank Boxing Archive** Action from George Foreman v Gerry Cooney from 1990.
- 12.00 M'T **Total Access**
- 1.00 AM **NFL: America's Game**
- 2.00 **to 6.00** AM **NFL Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

- 6.00 AM **Fighting Fit 2020**
- 7.00 **Fit In 5**
- 7.30 **My Icon**
- 8.00 **Netball Superleague**
- 10.00 LIVE **Ladies European Tour Golf** Coverage of day two of the Aramco Saudi Ladies International which is taking place at the Royal Greens Golf & Country Club.
- 2.00 PM **Show Jumping** A replay of the Dutch Masters.
- 3.00 **Fighting Fit 2020**
- 4.00 **Fit In 5**
- 4.30 **Inside the WSL**
- 5.00 **NBA Basketball** A replay of Orlando Magic v Detroit Pistons.
- 7.00 **British Basketball** Newcastle Eagles v Manchester Giants.
- 9.30 **NBA Heatcheck** Jaydee Dyer is joined by BJ Armstrong, Ovie Soko and Mo Mooncey.
- 10.00 **NBA Basketball** A replay of Orlando Magic v Detroit Pistons.
- 12.00 M'T **NFL Highlights** Kansas City Chiefs v Cincinnati Bengals in the AFC Championship Game.
- 1.00 AM **Premier League Darts** A replay of the sixth night of the tournament from Nottingham.
- 4.30 **to 6.00** AM **Betfred Super League Highlights**

BT Sport/ESPN

423 423 876 | 530 | 411 434

- 6.30 AM **ESPN SportsCenter**
- 6.45 **Freeride World Tour**
- 7.45 **ESPN FC Presents: Gab & Juls**
- 8.15 **ESPN FC** Football news.
- 8.45 LIVE **Isuzu UTE A-League Newcastle Jets v Wellington Phoenix.** The top-flight Australian match at McDonald Jones Stadium. Kick-off **8.45am**.
- 10.45 **ESPN SportsCenter**
- 11.00 **Freeride World Tour**
- 12.00 NOON **ESPN FC** Football news.
- 12.30 PM **ESPN SportsCenter**
- 12.45 **NCAA Championship**
- 3.45 **ESPN SportsCenter**
- 4.00 LIVE **NCAA Basketball** The First Round of March Madness.
- 7.30 LIVE **PSA Squash** The Canary Wharf Classic Men's Finals.
- 9.00 LIVE **NCAA Basketball** The First Round of March Madness.
- 4.30 AM **BT Sport Reload**
- 5.00 **to 6.00** AM **Freeride World Tour**

Eurosport 1

410 410 868 | 521 | 412 435

- 6.00 AM **Motocross World Championship**
- 6.30 **Bennetts British Superbikes**
- 6.45 **Olympic Games Hall of Fame**
- 9.45 **Alpine Skiing**
- 10.45 LIVE **Alpine Skiing** World Cup meeting from Courchevel, France.
- 12.45 PM LIVE **Cross-Country Skiing** From Tyumen, Russia.
- 2.40 LIVE **Biathlon** In Holmenkollen.
- 4.10 LIVE **Ski Jumping** In Germany.
- 5.15 **Cycling: Bredene Koksijde**
- 5.45 **Rally: Racing Minds**
- 6.00 LIVE **FIA World Endurance Championship** Coverage of the 1000 Miles of Sebring.
- 11.30 **Golf: PGA Tour Weekly**
- 12.00 M'T **Cycling: Bredene Koksijde**
- 1.00 AM **Cycling: Milan-San Remo**
- 2.00 **Alpine Skiing**
- 4.00 **Cycling: Milan-San Remo**
- 5.00 **The Cycling Show**
- 5.30 **Cycling: Tour of Flanders**
- 5.45 **to 6.45** AM **Alpine Skiing**

Eurosport 2

411 411 869 | 522 | 413 436

- 6.00 AM **Cycling: GP de Denain**
- 7.00 **Cycling: Milan-Torino**
- 8.00 **FIA World Endurance Championship**
- 10.00 **British Speedway**
- 11.00 **Cycling: Grand Prix de Denain**
- 12.00 NOON **Cycling: Milan-Torino**
- 1.00 PM **Cycling: Nokere Koerse**
- 2.00 LIVE **Cycling: Bredene Koksijde** Coverage of the one-day cycling race in the Flanders region of Belgium.
- 4.00 **Alpine Skiing**
- 4.50 LIVE **Freestyle Skiing** Coverage from Megeve in France.
- 6.15 **Alpine Skiing**
- 7.15 **Snowboarding** Charlotte Bankes
- 7.30 **Golf: PGA Tour Weekly**
- 8.00 **Cycling: Bredene Koksijde**
- 9.00 **Alpine Skiing**
- 10.00 **Cycling: Milan-San Remo**
- 11.00 **Cycling: Bredene Koksijde**
- 12.00 M'T **Alpine Skiing**
- 2.00 AM **Snooker: Shoot-Out**
- 4.00 **to 6.00** AM **Alpine Skiing**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

- 6.00 AM **British Basketball**
- 8.30 **Super League Highlights**
- 9.00 LIVE **NRL South Sydney Roosters v Manly-Warringah Sea Eagles.** Coverage of the match staged at Sydney Cricket Ground. Kick-off **9.05am**.
- 11.00 **Super League Highlights**
- 12.00 NOON **Top Rank Boxing Archive**
- 3.00 PM **Super League Highlights**
- 4.00 **NBA Action**
- 4.30 **NBA Basketball**
- 6.30 **Super League Highlights**
- 7.30 LIVE **Betfred Super League Salford Red Devils v Leeds Rhinos.** The top-flight match at AJ Bell Stadium. Kick-off **8.00pm**.
- 10.15 **Super League Highlights**
- 10.30 **NBA Basketball**
- 12.30 AM **Super League Highlights**
- 1.00 **Show Jumping** Dutch Masters.
- 2.00 **NBA Basketball**
- 4.00 **NBA Heatcheck**
- 4.30 **to 6.00** AM **Betfred Super League Highlights**

Sky Sports F1

406 406 864 | 516 506 | 425 445

- 6.00 AM **F1 Features**
- 8.25 LIVE **Formula 3** The first practice session from Bahrain.
- 9.10 **Murray Walker Remembered**
- 9.25 **Golf With Carlos & Lando**
- 9.35 LIVE **Formula 2** Coverage of the practice session from Bahrain.
- 10.20 **F1 Features**
- 11.30 LIVE **Formula 1** The Bahrain Grand Prix first practice session.
- 1.20 PM LIVE **Formula 3** The qualifying session from Bahrain.
- 2.00 **F1 Features**
- 2.45 LIVE **Formula 1** The Bahrain Grand Prix second practice session.
- 4.20 LIVE **Formula 2** The qualifying session from Bahrain.
- 5.00 **The F1 Show**
- 6.00 **Formula 1**
- 8.30 **The F1 Show**
- 9.30 **Formula 2**
- 10.55 **Data in F1**
- 11.00 **Formula 3**
- 12.25 **to 6.00** AM **Highlights**

SKY HD SD | VIRGIN HD | BT HD

Kids' Weekly TV Guide

12-18 March

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBBC

607 607 643 | 701 | 201 | 204 | 607 | 600

SATURDAY **7.00am** Shaun the Sheep **7.05** Danger Mouse **7.30** Boy Girl Dog Cat Mouse Cheese **7.40** Newsround **7.50** Odd Squad **8.05** Dennis & Gnasher Unleashed! **8.15** Pokemon: Diamond & Pearl New episode Japanese animation. **9.00** Saturday Mash-Up! New episode **11.30** Blue Peter **12.00noon** Dennis & Gnasher Unleashed! **12.30pm** Boy Girl Dog Cat Mouse Cheese **1.05** Danger Mouse **1.55** Horrible Histories **2.20** So Awkward **2.50** All at Sea **3.20** Princess Mirror-Belle **3.40** Odd Squad **4.05** Ninja Express **4.25** Danger Mouse **4.50** Little Big Awesome **5.15** Summer Camp Island **5.25-7.00pm** Jacqueline Wilson's Katy

SUNDAY As Saturday except: **7.05-7.10am** Sketchy Comedy **8.30** Marrying Mum and Dad **9.00** Blue Peter **9.30** The Ultimate Playlist New episode **9.55** FILM Wallace & Gromit in The Curse of the Were-Rabbit: Animated comedy adventure. **11.10** Nine Minute Ninja **11.20** Danger Mouse **12.20pm** Deadly 60 **1.15** Horrible Histories: Gruesome events and characters from the past. **2.45** The Dengineers **3.40** Operation Ouch! **4.40** Malory Towers **5.05** Silverpoint New episode **5.30** Dodger New episode **6.15** Horrible Histories **6.45-7.00pm** Shrek: The Ghost of Lord Farquaad

MONDAY **7.00am** Danger Mouse **7.20** Dennis & Gnasher Unleashed! **7.35** Boy Girl Dog Cat Mouse Cheese **7.45** Newsround **7.55** Ninja Express New episode **8.10** Odd Squad **8.20** Horrible Histories **8.50** Hey You What If? **9.00** Bitesize: 9-11 Year Olds New episode **9.20** Deadly 60 **9.45** Fierce Earth **10.15** Nine Minute Ninja **10.25** Horrible Histories **10.50** Operation Ouch! **11.00** Newsround New episode **11.30** Class Dismissed: Following four year 8 pupils as they grapple with everyday life. **11.45** Shaun the Sheep **11.55** Danger Mouse **12.20pm** Boy Girl Dog Cat Mouse Cheese **12.40** Dennis & Gnasher Unleashed! **1.05** The Pets Factor **1.25** Got What It Takes? **2.00** Gym Stars **2.20** Andy and the Band **2.55** Horrible Histories **3.25** Dennis & Gnasher Unleashed! **3.50** Boy Girl Dog Cat Mouse Cheese **4.00** Ninja Express **4.15** Danger Mouse **4.40** Odd Squad **5.05** We Bare Bears **5.30** Summer Camp Island **5.40** One Zoo Three **6.00** Operation Ouch! New episode Series about the human body. **6.30** Lifebabble **6.35-7.00pm** The Next Step

TUESDAY As Monday except: **9.00-9.20am** Bitesize Daily: 10-11 Year Olds: Music New episode **10.25** Horrible Histories: Rotten Rulers Special: A selection of monarchs, emperors and political leaders. **10.55-11.25** Operation Ouch! **11.55am-12.20pm** Danger Mouse: Dark Side of the Mouse **2.00** Blue Peter **2.30** Andy and the Band **2.45-2.55** Nikki Lilly Meets **6.30-6.35pm** Operation Ouch! Snips

WEDNESDAY As Monday except: **9.00-9.20am** Bitesize Daily: 9-10 Year Olds: Music New episode **10.25** Horrible Histories: It's a Wicked World Special: Characters from around the globe. **10.55-11.25** Operation Ouch! **6.30-6.35pm** Operation Ouch! Snips

THURSDAY As Monday except: **9.00-9.20am** Bitesize Daily: 10-11 Year Olds: Music New episode **10.55** Operation Ouch! **11.20** Class Dismissed **11.35-11.50** Shaun the Sheep **2.10pm** Gym Stars **2.35** Andy and the Band **2.50-3.00** Nikki Lilly Bakes **3.40-3.50** Shaun the Sheep **5.40** Horrible Histories **6.00-6.35pm** My Life New episode

FRIDAY As Monday except: **9.00-9.20am** Bitesize Daily: 5-6 Year Olds: Art New episode **10.55-11.25** Operation Ouch! **11.40-11.45** OOglies Funsize **2.20pm** Britain's Best Young Artist **2.50-3.00** Nikki Lilly **5.00** Blue Peter New episode **5.30** Horrible Histories **6.00-6.30pm** The Dumping Ground New episode

CBEEBIES

608 608 644 | 702 | 202 205 | 608 601

SATURDAY **6.00am** Baby Jake **6.10** Bing **6.20** Tiny Wonders **6.25** Love Monster **6.30** Tish Tash **6.35** Go Jetters **6.50** Raa Raa the Noisy Lion **7.00** Postman Pat: SDS **7.15** Bing **7.30** Hey Duggee **7.45** Go Jetters **8.00** Peter Rabbit **8.10** Octonauts **8.25** Chuggington **8.35** Bitz & Bob **8.45** The Furchester Hotel **9.00** Something Special: We're All Friends **9.20** Bluey **9.35** CBeebies Three Little Pigs **10.15** Go Jetters **10.25** Nick Cope's Popcast **10.30** Justin's House **10.55** Oti's Boogie Beebies **11.00** Andy and the Band **11.15** Go Jetters **11.40** Waffle the Wonder Dog **11.50** Biff and Chip **12.00noon** My World Kitchen **12.15pm** JoJo & Gran Gran **12.25** Hey Duggee **12.40** Bitz & Bob **1.10** Love Monster **1.25** Go Jetters **1.50** Dog Loves Books **1.55** Timmy Time **2.00** Something Special: We're All Friends **2.20** Grace's Amazing Machines **2.35** Tish Tash **2.40** Tee and Mo **2.50** Love Monster **2.55** Bitz & Bob **3.05** School of Roars **3.15** Messy Goes to OKIDO **3.25** Teeny Tiny Creatures **3.40** Andy's Prehistoric Adventures **3.55** Gigglebiz **4.10** Magic Hands **4.20** Treasure Champs **4.40** Timmy Time **4.45** Bluey **4.50** Andy and the Band **5.05** Maddie's Do You Know? **5.20** Biff and Chip **5.35** JoJo & Gran Gran **5.45** Sarah & Duck **5.55** Colours **6.00** Tee and Mo **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

SUNDAY As Saturday except: **9.35am** Octonauts Special: The Mariana Trench Adventure **10.00** Go Jetters **10.20-10.25am** Hey Duggee: Top of the Pups

MONDAY & TUESDAY **6.00am** Raa Raa the Noisy Lion **6.10** Bing **6.15** Teletubbies **6.30** Love Monster **6.40** Chuggington **6.50** Tish Tash New episode **6.55** Small Potatoes **7.00** Bing **7.10** Hey Duggee **7.25** Bluey **7.40** Go Jetters **7.50** Peter Rabbit **8.05** Octonauts **8.15** Numberblocks **8.20** Love Monster **8.30** Nick Cope's Popcast New episode **8.35** Justin's House **9.00** Bing **9.05** Colours New episode **9.10** Yakka Dee! **9.15** Dog Loves Books **9.25** Love Monster **9.30** Twirlywoos **9.40** Our Family Extras New episode **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** The Baby Club **10.35** Hey Duggee **10.40** Garden Tales **10.50** Kiri & Lou **10.55** Love Monster **11.10** Let's Go for a Walk **11.25** Tiny Wonders **11.30** My Very First **11.40** Our Family **11.50** Woolly & Tig **12.00noon** My World Kitchen: Children from all over the world show off their favourite recipes. **12.10pm** Andy's Safari Adventures **12.25** Waffle the Wonder Dog **12.35** Bitz & Bob **12.45** Go Jetters **1.00** Yakka Dee! **1.10** Numberblocks **1.15** Alphablocks **1.20** Mister Maker's Arty Party **1.40** Nick Cope's Popcast **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Bing **2.25** Go Jetters **2.40** Timmy Time **2.45** Grace's Amazing Machines **3.00** Teeny Tiny Creatures **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Peter Rabbit **4.00** Maddie's Do You Know? **4.15** Let's Dance New episode **4.20** Love Monster **4.30** Bluey **4.35** Timmy Time **4.45** Big Cook Little Cook New episode Culinary fun for children. **5.05** Waffle the Wonder Dog **5.15** Go Jetters **5.25** NEW JoJo & Gran Gran. Return of the animation. **5.40** Sarah & Duck **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories New episode

WEDNESDAY As Monday except: **11.40am** My First Festival: Purim **11.55am-12.00noon** Small Potatoes

THURSDAY As Monday except: **11.40am** My First Festival: St Patrick's Day **11.55am-12.00noon** Small Potatoes

FRIDAY As Monday except: **11.40am** My First Festival: Holi **11.55am-12.00noon** Small Potatoes: Animation.

CITV

612 | 734 711 | 203 | 602

SATURDAY **6.00am** The Rubbish World of Dave Spud **6.35** Thunderbirds Are Go **7.00** Dare Master @Home **7.05** Mr Bean: The Animated Series **7.30** Mr Magoo **8.00** Inspector Gadget **8.30** Be Cool, Scooby-Doo! **8.55** Ted's Top Ten **9.25** Mr Magoo **9.55** Hotel Transylvania **10.25** The Rubbish World of Dave Spud **11.05** Scooby-Doo and Guess Who? **11.35** Be Cool, Scooby-Doo! **12.25pm** Inspector Gadget **1.25** How **1.55** Mr Bean: The Animated Series **2.55** Mighty Mike **3.10** Teen Titans **4.25** Hotel Transylvania **4.55** Mr Magoo **5.25** Makeaway Takeaway **5.50** Mini Movies **6.20** Thunderbirds **6.45** The Rubbish World of Dave Spud **7.35** Don't Unleash the Beast **7.55** Spy School **8.25** Project Z **8.55-9.00pm** Dare Master @Home

SUNDAY As Saturday except: **7.05am** Mighty Mike **7.30** Captain Underpants **8.00** Mr Bean: The Animated Series **8.30** The Rubbish World of Dave Spud **8.55** Mini Movies **9.25-9.55** How **10.55** Be Cool, Scooby-Doo! **11.55am-1.25pm** Inspector Gadget **1.55** Mini Movies **2.25-2.55** Mr Bean: The Animated Series **4.25** Captain Underpants **4.55-5.25** Hotel Transylvania **5.50-6.20pm** How

MONDAY-THURSDAY **6.00am** Gormiti 3D: The Herald of Gorm **6.30** Thunderbirds Are Go **6.55** Inspector Gadget **7.25** Teen Titans Go! **7.55** Dare Master @Home **8.00** Be Cool, Scooby-Doo! **8.30** Scooby-Doo! Mystery Incorporated **9.00** Shaggy & Scooby-Doo Get a Clue! **9.25** Buck and Buddy **9.30** The Tom and Jerry Show **10.00** Mr Bean: The Animated Series **10.30** The Rubbish World of Dave Spud **11.00** Teen Titans Go! **11.30** Mr Magoo **12.15pm** Makeaway Takeaway **12.40** Don't Unleash the Beast **1.10** Drop Dead Weird **1.35** Gormiti 3D: The Herald of Gorm **2.00** Thunderbirds Are Go **2.30** Captain Underpants **3.00** The Tom and Jerry Show **3.30** Scooby-Doo! Mystery Incorporated **4.00** Be Cool, Scooby-Doo! **4.30** Inspector Gadget **5.00** The Rubbish World of Dave Spud **5.30** Jurassic World Camp Cretaceous **6.00** Don't Unleash the Beast **6.30** Teen Titans Go! **7.00** Captain Underpants **7.25** Scooby-Doo! Mystery Incorporated **7.55** Jurassic World Camp Cretaceous **8.25** Makeaway Takeaway **8.55-9.00pm** Dare Master @Home

FRIDAY As Monday except: **8.20-8.55pm** Mr Bean: The Animated Series

NICK JR

606 648 | 715 | 470 476

SATURDAY **6.00am** Blue's Clues & You **6.30** Paw Patrol **7.30** Bubble Guppies **8.00** Paw Patrol **8.30** Baby Shark's Big Show! **9.00** Paw Patrol **9.30** Blaze and the Monster Machines **10.30** Paw Patrol **11.15** Deer Squad **11.30** Ryan's Mystery Playdate **12.00noon** Paw Patrol **2.30pm** Deer Squad **3.00** Ben and Holly's Little Kingdom **4.00** Bubble Guppies **4.30** Blaze and the Monster Machines **5.30** Floogals **5.45** Paw Patrol **6.30** Kangaroo Beach **7.00** Peppa Pig **9.00** Ben and Holly's Little Kingdom **10.00** Paw Patrol **11.30** Ben and Holly's Little Kingdom **12.30am** Peppa Pig **3.00** Blaze and the Monster Machines **3.30** Blue's Clues & You **4.30-6.00am** Paw Patrol

SUNDAY As Saturday except: **3.30am** Ryan's Mystery Playdate **4.00-4.30am** Blue's Clues & You

MONDAY **6.00am** Blue's Clues & You **6.30** Paw Patrol **7.15** Paddington **7.30** Baby Shark's Big Show! **7.45** Paw Patrol **8.30** My Nick Jr Adventure **8.35** Blue's Clues & You **9.00** Blaze and the Monster Machines **9.30** Paw Patrol **10.30** Peppa Pig **11.00** Ben and Holly's Little Kingdom **11.30** Paddington **12.00noon** Blaze and the Monster Machines **12.30pm** Paw Patrol **1.30** Deer Squad **1.45** Paw Patrol **3.00** Deer Squad **3.15** Paw Patrol **3.30** Peppa Pig **4.30** Blue's Clues & You **5.00** Paddington **5.30** Paw Patrol **6.00** Baby Shark's Big Show! **6.30** Blaze and the Monster Machines **7.00** Santiago of the Seas: The Stone of Life **7.15** Paw Patrol **8.00** Peppa Pig **9.00** Paddington **9.30** Paw Patrol **11.30** Ben and Holly's Little Kingdom **12.30am** Peppa Pig **3.00** Blaze and the Monster Machines **3.30** Santiago of the Seas **4.30-6.00am** Paw Patrol

TUESDAY As Monday except: **7.00-7.15pm** Santiago of the Seas

WEDNESDAY As Monday except: **7.00-7.15pm** Santiago of the Seas **3.30am** Paw Patrol **4.00-4.30am** Blue's Clues & You

THURSDAY As Monday except: **7.00-7.15pm** Santiago of the Seas **3.30-4.30am** Blue's Clues & You

FRIDAY As Monday except: **7.00-7.15pm** Santiago of the Seas: Animated adventures. **9.45** Paw Patrol: Mighty Pups **10.00-11.30** Paw Patrol **3.30am** Paw Patrol **4.00-4.30am** Blue's Clues & You

+1 hour 628

Highlights

JoJo & Gran Gran

Weekdays, CBeebies HD, 5.25pm

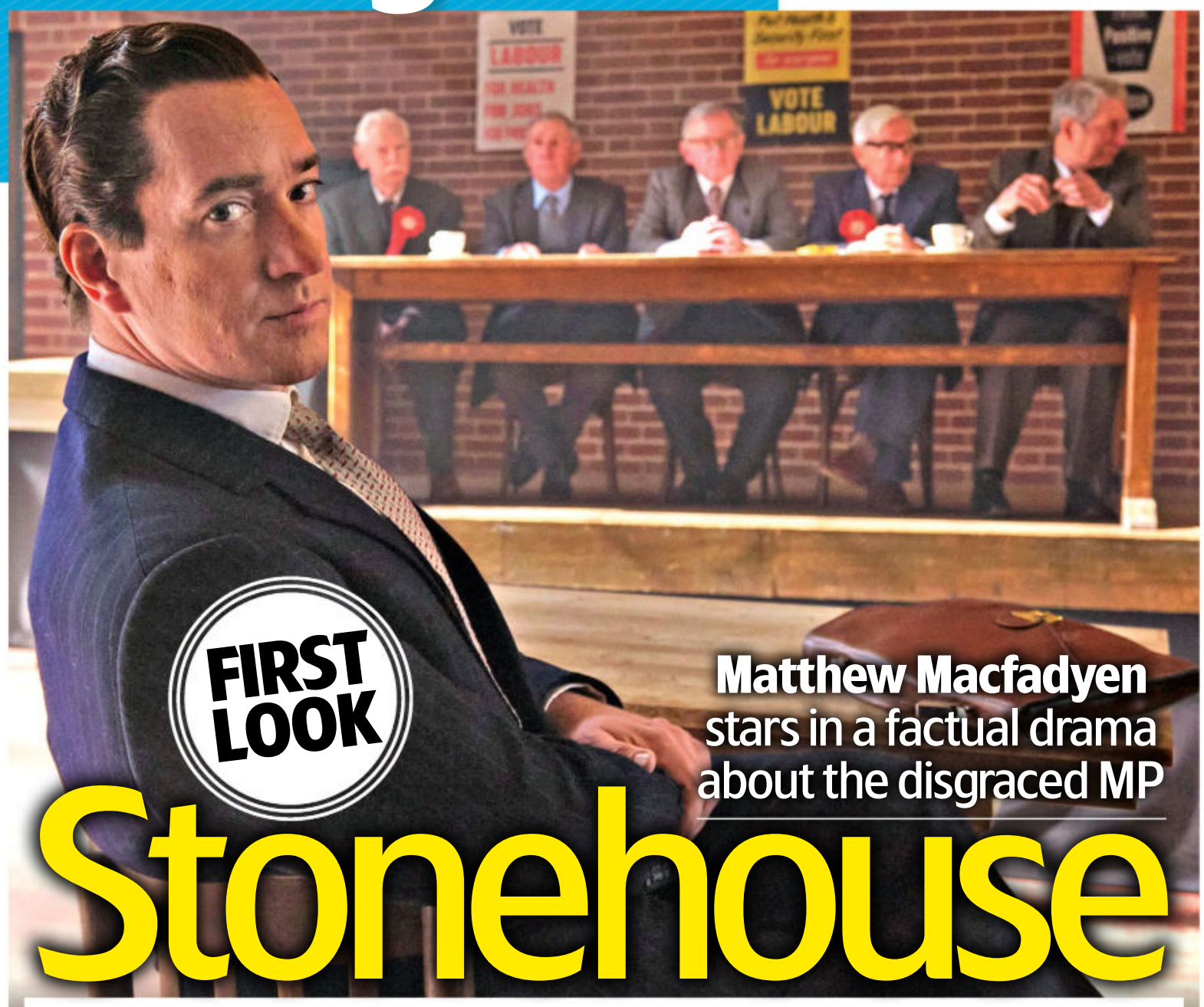
Brand new episodes begin tonight with young JoJo spotting a rainbow in the park, so Gran Gran decides to create their own rainbow at home!

Summer Camp Island

Weekdays, Cartoon Network, 7.15pm (Sky 601; Virgin 704; BT TV 486)

Max, Alexa and the youngsters return to camp, with their witch counsellors, for a fifth season of the cartoon.

Coming soon



FIRST LOOK

Matthew Macfadyen stars in a factual drama about the disgraced MP

Stonehouse

This enticing shot is from ITV's upcoming true-life drama *Stonehouse*, which will explore the infamous scandal that engulfed politician John Stonehouse, played by Matthew Macfadyen, in the 1970s.

The three-part series, penned by John Preston, follows the MP's time as an ambitious minister in the Labour government of Prime Minister Harold Wilson (Kevin McNally). But it goes on to reveal how he shockingly faked his own death in 1974 by swimming out to sea in Florida and leaving a pile of clothes on the beach.

Stonehouse was married to Barbara – played in the drama by Macfadyen's real-life spouse Keeley Hawes – with whom he had three children. But, as personal problems threatened to overwhelm him, he decided to steal the identity of one of his dead constituents and start a new life in Australia with his secretary Sheila Buckley (Emer Heatley).

FOUND OUT

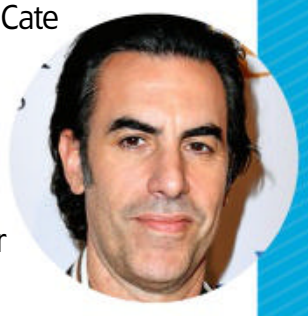
Following his disappearance, he was soon arrested by the Australian police, who mistakenly believed he was the missing murder suspect Lord Lucan. But when the truth came to light and Stonehouse was brought back to the UK, he still had a role to play in trying to keep Wilson's fragile government in power…

'What happened to John Stonehouse is the stuff of legend,' says *Succession* and *Quiz* star Macfadyen. 'I've always been intrigued by what motivated him to fake his own death, and leave behind the family he loved and doted upon and a promising political career. John Preston's script truly captures the man and his colourful life.'

WHAT'S NEXT FOR…

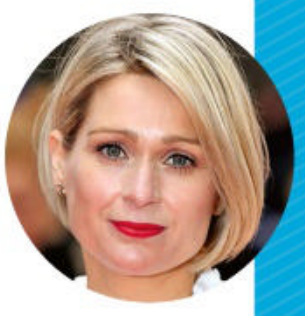
Sacha Baron Cohen

The actor is in line to join the cast of Apple TV+'s thriller **Disclaimer**, about a journalist (Cate Blanchett) who is shocked to learn her secret past is exposed in a novel by a mysterious widower (Kevin Kline).



Sian Brooke

BBC1's new crime drama **Blue Lights** will see the *No Return* actor star as a one-time social worker who becomes a rookie cop tackling dangerous cases in Belfast. Richard Dormer and John Lynch co-star.



Melanie Brown

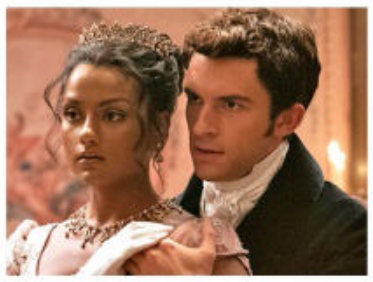
In BBC2's three-part travelogue **Trailblazers**, the Spice Girl will join Ruby Wax and Emily Atack to re-create an epic journey that pioneering traveller Isabella Bird made through the Rocky Mountains in 1873.

Coming Back

BBC1 comedy **Here We Go**, starring Alison Steadman, Katherine Parkinson and Jim Howick as members of the bickering but loving Jessop family, will return for a six-part run, which follows on from a 2020 pilot.

Next week

On sale Tuesday 15 March



Bridgerton

Netflix's addictive period saga is back as Anthony (Jonathan Bailey) takes centre stage.

Dynasties II

As BBC1's wildlife series returns, cheetahs, elephants, pumas and hyenas are in the spotlight.

The Great Celebrity Bake Off

Paul Hollywood and Dame Prue Leith are back in the tent on C4.

Formula 1

As the new season starts on Sky Sports F1, Sir Lewis Hamilton and Max Verstappen do battle.

Standard Subscription rates (1 year): UK £149.75, Europe/Eire 341.40 Euros, USA $398.30, Rest of World £284.50. For inquiries, contact *TV&Satellite Week* Subscriptions, FREEPOST Future Plc, or email help@magazinesdirect.com. If you require any other issue/s of Future Plc magazines, these are available online at magazinesdirect.com, or call +44(0)330 333 1113. **Subscription delays** Disruption remains within UK and international delivery networks. Please allow 1-2 days before contacting us about a late delivery at help@magazinesdirect.com

WORDS: CAREN CLARK. PHOTOS: ALAMY, BBC, C4, GETTY, ITV, NETFLIX

TV&Satellite week
121-141 Westbourne Terrace, London W2 6JR
Tel 0330 390 3728
Email tvsatweek@futurenet.com
For subscriptions inquiries, email help@magazinesdirect.com
Printed by Walstead UK Ltd
International Licensing and Syndication
TV&Satellite Week is available for licensing and syndication. Contact us at **licensing@futurenet.com** or view our available content at **futurecontenthub.com**
Head of Print Licensing
Rachel Shaw **licensing@futurenet.com**

FUTURE
Connectors. Creators. Experience Makers.

Future plc is a public company quoted on the London Stock Exchange (symbol: FUTR)
www.futureplc.com

Chief executive **Zillah Byng-Thorne**
Non-executive chairman **Richard Huntingford**
Chief financial officer **Penny Ladkin-Brand**
Tel +44 (0)1225 442 244

ipso. Regulated

Editorial Complaints We work hard to achieve the highest standards of editorial content, and we are committed to complying with the Editors' Code of Practice (https://www.ipso.co.uk/IPSO/cop.html) as enforced by IPSO. If you have a complaint about our editorial content, you can email us at tvsatweek@futurenet.com or write to The Editor, *TV&Satellite Week*, 121-141 Westbourne Terrace, London W2 6JR. Please provide details of the material you are complaining about and explain your complaint by reference to the Editors' Code. We will endeavour to acknowledge your complaint within 5 working days and we aim to correct substantial errors as soon as possible.

Recycle

We are committed to only using magazine paper that is derived from responsibly managed, certified forestry and chlorine-free manufacture. The paper in this magazine was sourced and produced from sustainable managed forests, conforming to strict environmental and socioeconomic standards. The manufacturing paper mill and printer hold full FSC and PEFC certification and accreditation.

Spirit Of The Wilderness

Ladies' Aurora Borealis Sherpa Fleece Jacket

Crafted of soft, cream-toned lightweight sherpa fleece with blue jersey knit lining

Wolf art by James Meger

A symbol of strength and wonder, the wild wolf is captured in its mysterious world against the shimmering tones of the of the aurora borealis on the *'Spirit Of The Wilderness' Wolf Sherpa Fleece Jacket*, only from The Bradford Exchange.

Handcrafted cream-toned fleece with fully-printed art by James Meger

Expertly handcrafted, this warm jacket is crafted of soft Sherpa in a cream colour that's lined in a co-ordinating blue jersey knit. The edition showcases embroidered fully-printed artwork by James Meger on both the front and back, capturing majestic wolves set against the tones of the Aurora Borealis that fill the dark sky. Also depicted on the apparel front is the sentiment: *'Spirit of the Wilderness'*. With cosy hooded warmth and a casual fit, this lightweight jacket is completed by two front hip pockets and a front zipper.

'Don't miss out – order your ladies' jacket now!

Not available on the high street and accompanied by both a Certificate of Authenticity and our famous 120-day money-back guarantee, this edition will be available in sizes M to XXL – subject to production commencing. It will be available for just 5 interest-free instalments of £27.99 – that's only £139.95 (plus £9.99 S&S)*. There is nothing to pay now – complete and return your Priority Order Form today! Production dependent on total reservations received. We will notify you should production not proceed within 60 days.

Available in ladies' sizes:

M (14-16) | L (18-20) | XL (22) | XXL (24)

© James Meger 2022 | © The Bradford Exchange. * S&S - Shipping & Service. A credit check may be carried out by a licensed Credit Reference Agency. Offer applies to UK only. Production dependent on total reservations received. We will notify you should production not proceed within 60 days. No payment requested until product is ready for delivery. VU22-010.01

FASTEST WAY TO ORDER

www.bradford.co.uk/wolffleece

***Or call our 24hr hotline on* 0333 003 0019**

and quote reference code 414782

PAY NOTHING NOW

ORDER FORM

Please Respond Promptly

To: The Bradford Exchange, PO Box 653, Stoke-on-Trent ST4 4RA

YES! Please order __ (Qty) of the **'SPIRIT OF THE WILDERNESS' WOLF SHERPA FLEECE JACKET** for me as described in this advertisement.

Complete today or Call 0333 003 0019

Please tick the size(s) required:

M ☐ (14-16) L ☐ (18-20) XL ☐ (22) XXL ☐ (24)

Name (Mr/Mrs/Miss/Ms) ..... (PLEASE PRINT)

Address .....

.....

Postcode ..... Telephone .....

Mobile .....

Email Address .....

The Bradford Exchange - Since 1973 -

Applicants must be aged 18 or over. Please note, we may contact you via mail, email and mobile with information about your reservation. For details of our privacy policy, please go to www.bradford.co.uk/privacypolicy or contact us at the above address or phone number.

VU22-010.01 **Order Ref:414782**

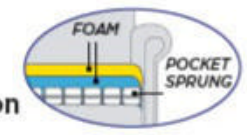
THE MOBILITY FURNITURE COMPANY

SALE!

TRULY MADE-TO-MEASURE RISE & RECLINE CHAIRS AND ADJUSTABLE BEDS

RISE & RECLINE CHAIRS

Ultra comfort pocket sprung AERO-seat option



Choose from our extensive range of chairs and selection of 400 fabrics & upholsteries

NEW ELECTRIC SOFA BED

BOTH SEATS RISE & RECLINE

Kent two-seater single motor rise and recline settee (one size only)

✔ CHOICE OF **WIDTH** ✔ CHOICE OF **DEPTH** ✔ CHOICE OF **HEIGHT**

ADJUSTABLE BEDS

DRAWERS FOR EXTRA STORAGE

- **FREE** home demonstration
- **FREE** home delivery and set up
- **FREE** nation wide service
- **NO** cold calling
- **FREE** removal of old furniture

"Key benefits of elevating the legs include less swelling, enhanced healing, improved mobility... better quality of life"
Dr Rob Hicks

£300 Part exchange for your old furniture **OFF** THE 1ST ITEM

+

50% OFF THE 2ND ITEM*

5 YEAR WARRANTY INCLUDED FREE WITH EVERY MECHANISED ITEM

Flexible finance packages available

BHTA British Healthcare Trades Association

tsi APPROVED CODE TRADINGSTANDARDS.UK

ssafa the Armed Forces charity

*The 50% offer is taken from the least expensive item and must be ordered at the same time.

Call **FREE** today for a **FREE** brochure & home demonstration

0800 810 8574

www.mobilityfurniturecompany.co.uk/sale

HANDCRAFTED IN GREAT BRITAIN